



bedford twenty by 2020

PLEDGE 20 STEPS FOR *twenty* by 2020:

1. Change five bulbs in my home home to CFL / Energy Star bulbs.
2. Choose Energy Star rated appliances when replacing old appliances.
3. Turn off lights when not in a room.
4. Reuse and recycle.
5. Rethink using bottled water.
6. Turn down the thermostat in my home two degees in winter and up two degrees in summer.
7. Turn off all computers at night and unplug cell phones and other chargers when not in use or use a central “turn off” point when I am done using equipment.
8. Not allow my car to idle for more than ten seconds before turning it off and to simply drive slower to save fuel.
9. Bike and walk more and support efforts to establish a more walkable and bikable Bedford.
10. Replace the energy my home uses with power supplied by clean, renewable sources.
11. Support and shop at local businesses that are partners in the **Bedford *twenty* by 2020 Business Alliance**.
12. Obtain an energy audit.
13. Build and renovate to LEEDs certified standards when renovating or building.
14. Install an Energy Star furnace or air conditioning system when replacing my old system.
15. Use a clothesline or indoor laundry rack instead of a dryer whenever possible.
16. Wash my clothes in cold water instead of hot.
17. Measure my carbon footprint.
18. Make school lunches in reusable containers
19. Feed my family at least one meal—breakfast, lunch, or dinner—per week of locally produced, organic food.
20. Tell a friend about the **Bedford *twenty* by 2020** campaign.

Name _____ Email _____

Address _____