

# TOWN *of* BEDFORD

RECREATION AND PARKS DEPARTMENT

Registration begins  
Wednesday, Sept. 4  
[www.bedfordny.gov](http://www.bedfordny.gov)



2013  
fall  
BROCHURE

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registration **information** is on page 34

Visit the Town of Bedford's Website at [www.bedfordny.gov](http://www.bedfordny.gov) for up-to-date information, including Recreation & Parks information about the Pools, Programs, Special Events, seasonal employment opportunities and meetings. You can e-mail the Parks & Recreation Department at [Recreation@BedfordNY.gov](mailto:Recreation@BedfordNY.gov) or call 666-7004.

## RECREATION & PARKS DEPARTMENT OFFICE LOCATION & HOURS

425 Cherry St., 1st Floor, Bedford Hills, NY 10507  
Office Hours.....Mon. thru Fri., 8:30am to 4:30pm  
Registration Walk-in Hours.....Mon. thru Fri., 9:00am to 4:00pm

## RECREATION & PARKS STAFF

William F. Heidepriem.....Superintendent of Recreation & Parks  
Daryl Ann Sudlow...Assistant Superintendent of Recreation & Parks  
James Whiting.....Recreation Supervisor  
Kimberly O'Brien.....Senior Recreation Leader  
Suzanne Carpentier.....Senior Office Assistant  
Susan DeFonce.....Office Assistant  
Tom Megna.....Parks Foreman  
Mark Morin.....Assistant Parks Foreman  
Richard Pochintesta.....Automotive Mechanic  
John Goodman.....Parks Maintenance  
Pete Welch.....Parks Maintenance  
Matt Halpin.....Parks Maintenance  
Matt Van Dorn.....Parks Maintenance

## TOWN BOARD (Meets every 1st & 3rd Tuesday at 8:00 p.m. – Town House, 321 Bedford Rd., Bedford Hills)

Lee V. A. Roberts.....Town Supervisor  
Peter A. Chryssos.....Councilman, Deputy Supervisor  
Francis T. Corcoran.....Councilman  
Chris Burdick.....Councilman  
David Gabrielson.....Councilman

William Hayes.....Police Chief  
Boo Fumagalli.....Town Clerk  
Kevin Winn P.E.....Commissioner of Public Works

## RECREATION & PARKS ADVISORY COMMITTEE

(Meets the 2nd Wednesday at 8:00 p.m. – Recreation  
Office Conference Room, 425 Cherry St., Bedford Hills)

|                        |   |
|------------------------|---|
| Brain McCabe, Chairman | John McMahon                            |
| Nancy Bellini          | Aldo Sammarco                           |
| Wayne Grossman         | Besty Smith                             |
| Steve Lancia           | Luke Vander Linden                      |
| Cristina Magidson      | David Gabrielson,<br>Town Board Liaison |

## PHONE NUMBERS

**Recreation & Parks Office.....666-7004**  
**Recreation & Parks Fax.....666-3863**  
**Senior Adults.....666-7203**  
**Recreation Hotline.....864-3777**

Assessor.....666-5149  
Building Inspector.....666-8040  
Court Clerk.....666-6965  
Dog Control.....666-4855  
**Emergency.....911**  
Finance.....666-8283  
Highway.....666-7669  
Historian.....666-4745  
Parking Bureau.....666-8097  
Planning.....666-4434  
Police.....241-3111  
Recycling.....241-2671  
Tax Receiver.....666-4475  
Town Clerk.....666-4534  
Town Supervisor.....666-6530  
Water.....666-7855  
Wetlands.....666-5140  
Zoning.....666-4585



## HAUNTED GRAVEYARD AT LAKE COMPOUNCE

Program Supervisor: Kim O'Brien

Creatures in the night, spooks in the air, come and enjoy this fun suspenseful night in the Haunted Graveyard at Lake Componce. Enjoy the rides and attractions as well as a haunted walk. All attending must walk through the haunted graveyard.

FOR: GRADES 6 – 9  
DAY/DATE: SATURDAY, OCTOBER 26  
TIME: 4:00 – 11:00pm  
FEE: \$50.00  
ACTIVITY #: 380600

## PUMPKIN CARVING

Program Supervisor: Kim O'Brien

READY, SET, CARVE!! Participants will have an opportunity to transform an ordinary pumpkin into their very own masterpiece. Pick your pumpkin from our pumpkin patch and carve it into a spooky Jack-o-Lantern. A safety carving set will be supplied. Pizza and Ghoulish goodies will be served.

FOR: GRADES 4 – 8  
LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
DAY/DATE: WEDNESDAY, OCT. 30  
TIME: 6:00 – 8:00pm  
FEE: \$25.00  
ACTIVITY #: 378608



## BUILD A GINGERBREAD HOUSE

Program Supervisor: Kim O'Brien and Staff

Gingerbread, candy, icing and more. Come and construct you own Gingerbread House! We will put together and decorate a unique home decorated and created by you. Lunch will be served.

FOR: GRADES 2 – 6  
LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
DAY/DATE: SATURDAY, DEC. 14  
TIME: 12:30 – 2:30pm  
FEE: \$25.00  
ACTIVITY #: 478607

save the date



## Fall Fundraiser Bash

Oct 5, 2013

RE-BOUND  
RE-INVENT  
RE-PURPOSE  
RE-UNION

To support all our projects for Bedford youth, including a new basketball court.



For more information please contact: [contact@chowderandmarching.org](mailto:contact@chowderandmarching.org)

## ICE SKATING AT THE HARVEY SCHOOL

Program Supervisor: Jim Whiting and staff

In cooperation with the Harvey School the department is offering public recreational skating for all ages, 12:45 – 2:45pm on the following dates:

FRIDAY, NOVEMBER 29 – **FRIDAY AFTER THANKSGIVING**  
 FRIDAY, DECEMBER 27 – **FRIDAY AFTER CHRISTMAS**  
 MONDAY, JANUARY 20 – **MARTIN LUTHER KING BIRTHDAY \***  
 MONDAY, FEBRUARY 17 – **PRESIDENTS DAY \***

\*These dates are contingent on 2014 budget

**A D.J.  
 WILL BE ON  
 HAND SPINNING  
 FAVORITES AND  
 REQUESTS FOR TWO  
 HOURS OF OPEN  
 SKATING!**

**ADMISSION FEE:  
 \$5.00 PER PERSON**

You must supply your own skates. No hockey playing permitted.



## BREAKFAST FUN WITH FROSTY & FRIENDS

Thumpity, thump, thump, thumpity, thump thump come meet Frosty the Snowman. Frosty is stopping by the Bedford Hills Community House for a visit. Don't miss this opportunity for photos. Join us for breakfast and enjoy a special show with our winter friends.

Donuts, pancakes, cold cereal and juice/milk will be served. Coffee will be available for the adults.

**SIGN-UP:** Pre-registration is required at the Recreation Office. Registration is limited.

All registrations will be accepted on a first come, first served basis. **Don't forget your camera/camcorder!**

**FOR:** CHILDREN AGES 8 AND UNDER.  
 (Children age 1 and older must pay)  
 Children must be accompanied by a parent or guardian.

**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE

**DATE:** SATURDAY, DECEMBER 14

**TIME:** 8:30am – BREAKFAST  
 9:00am – ENTERTAINMENT

**FEE:** \$6.00 PER PERSON  
 \$10.00 AT THE DOOR IF SPACE AVAILABLE

**ACTIVITY #:** 488600

# 2013 bedford turkey trot

SATURDAY  
NOVEMBER 30<sup>TH</sup>



[www.bedfordturkeytrot.org](http://www.bedfordturkeytrot.org)



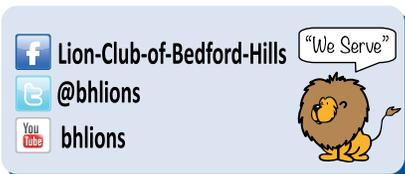
## The Lions Club of Bedford Hills

The Lions Club of Bedford Hills was founded in 1939 with one goal – **COMMUNITY SERVICE...**

Since then, we have supported dozens of projects and causes *that give back to our local community*, including the **Bedford Hills Free Library**, **Bedford Recreation and Parks programs**, **Citizenship Awards** at Bedford Hills Elementary and **College Scholarships** for Fox Lane graduates.

We also sponsor exciting events throughout the year including our scrumptious **PANGAKE BREAKFASTS** and our signature **CLASSIC CAR SHOW!**

Go to [www.bedfordhillslions.org](http://www.bedfordhillslions.org)  
for our upcoming events!



We meet twice each month on the **1st and 3rd Wednesday** at 7 pm at the **Bedford Hills Community House**.

We always welcome men and women who share our spirit of fellowship & community service - come see what we're all about!

**Join us!**

Can you imagine fairies, gnomes, magical creatures, and more in our Bedford woods? Join us in creating the

## Enchanted forest

at Westmoreland Sanctuary

Weekend of Enchantment Festival

OCTOBER 18-19

A special weekend highlighting the projects, with food, entertainment and evening walks.



Image courtesy of www.valerielife.com

- Adopt a tree or site along the Enchanted Trail.
- Decorate it with all-natural materials.
- Visitors will enjoy the trail all of October.
- An extra "Spooky Loop" for the older, braver souls.
- Special workshops available at the Katonah Art Center.
- Prizes awarded for best display in each category.



**Westmoreland Sanctuary**  
NATURE CENTER & WILDLIFE PRESERVE

Only \$25/site for individuals/families; \$75/corporate.  
More info at [www.westmorelandsanctuary.org](http://www.westmorelandsanctuary.org).

**NORTHEAST WESTCHESTER ROTARY CLUB**

**ANNUAL**

## Christmas Tree Sale

**November 30th through December 24th**

**BEDFORD HILLS PARK**

**Weekends 9am to 7pm**

*We gratefully thank the Town of Bedford for graciously allowing the use of the park! Proceeds go towards Rotary International in eradicating polio worldwide, and our club also provides scholarships to local high school seniors and supports the Community Center of Northern Westchester.*



## KIDDY KORNER JAMBOREE

**Co-Directors: Sylvia Rossi & Jennifer Jordan**

This very popular pre-school program features a variety of favorite children's activities, games, music, story time, art and more.

**FOR:** AGES 3 – 4 (**NOTE: To be eligible participant must be age 3 by December 31, 2013 – NO EXCEPTIONS.**)

**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE

**DAYS:** MONDAY, TUESDAY & THURSDAY

**TIME:** 9:30am –12:30pm

### FALL REGISTRATION OPTIONS:

3 DAYS – \$486.00 (36 SESSIONS)

2 DAYS – \$348.00 (24 SESSIONS)

1 DAY – \$180.00 (12 SESSIONS)

*\*Special Note: Registrations for a single day will not be accepted until one week prior to the start of the program.*

### FALL PROGRAM DATES:

**MONDAYS** – September 16, 23, 30, October 7, 21, 28, November 4, 18, 25, December 2, 9, 16

**WEDNESDAYS** – September 18, 25, October 2, 9, 16, 23, 30, November 6, 13, 20, December 4, 11

**THURSDAYS** – September 19, 26, October 3, 10, 17, 24, 31, November 7, 14, 21, December 5, 12

**K.K.J. WILL NOT MEET ON 10/14, 11/11, 11/27, 11/28**



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## VIOLIN LESSONS

**Instructor: Scarsdale Strings**

Parent and Child come to class together to explore the fundamentals of violin playing, using the Suzuki Method. Enjoy life through music and the pleasure of learning violin with your child. Trained teachers will work with you and your child in small groups to enable you both to take advantage of the wonderful world of violin music. Class size is limited. There is an additional fee for renting the instrument during the 8 week class.

**FOR:** AGES 3 – 5 (w/ parent or guardian)

**DAY:** MONDAYS

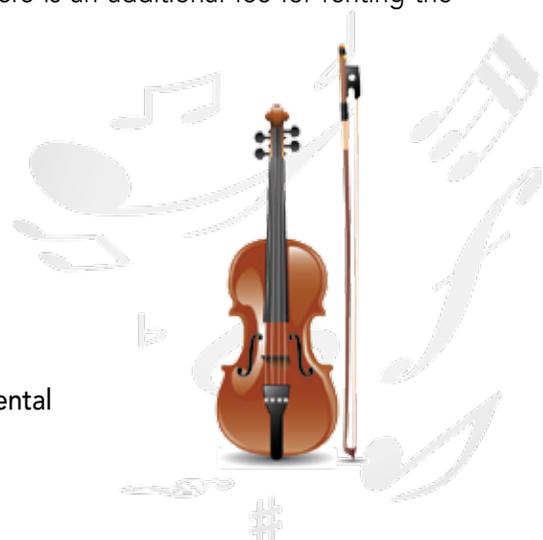
**DATES:** SEPT. 23, 30, OCT. 7, 21, 28, NOV. 4, 18, 25  
(NO CLASS OCT. 14 OR NOV. 11)

**TIME:** 1:30 – 2:30pm

**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE

**ACTIVITY #:** 338101

**FEE:** \$190.00 paid to Town of Bedford  
\$ 37.58 paid to Scarsdale Strings for Violin Rental

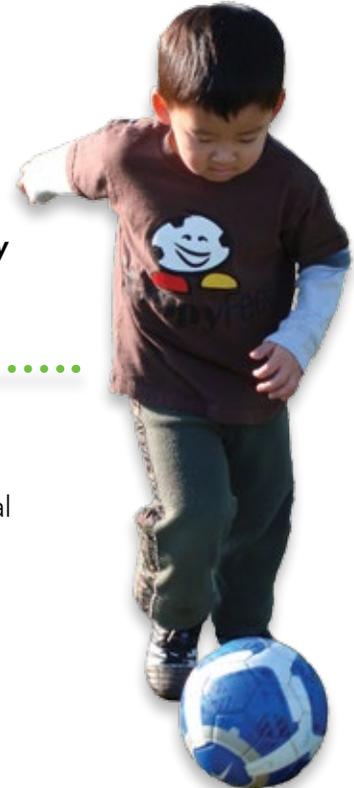


## SOCCER SQUIRTS – PARENT & ME

**Conducted by: U.S. Sports Institute**

This program introduces soccer to children ages 2 – 3, with a parent participating by their side. Kids will have fun learning the fundamental skills of soccer through a variety of structured activities, fun-based games and scrimmages. Each class will provide an opportunity for you to spend quality time easing your child into social situations with support and direction from our coaches.

FOR: AGES 2 – 3  
 DAY: MONDAYS  
 DATES: SEPT. 16, 23, 30, OCT. 7, 21, 28, NOV. 4  
 TIME: 11:30am – 12:15pm  
 LOCATION: BEDFORD HILLS MEMORIAL PARK  
 FEE: \$95.00 **NOTE: Registration for this program is done directly through U.S. Sports Institute. Register Online: [www.ussportsinstitute.com](http://www.ussportsinstitute.com) Or call (866) 345-BALL**



## SOCCER SQUIRTS

**Conducted by: U.S. Sports Institute**

This program focuses on maximizing participation and learning the fundamental skills of soccer through a variety of fun, structured activities, all designed to stimulate a child's imagination and develop motor skills.

FOR: AGES 3 – 5  
 DAY: MONDAYS  
 DATES: SEPT. 16, 23, 30, OCT. 7, 21, 28, NOV. 4  
 TIME: 1:00 – 2:00pm  
 LOCATION: BEDFORD VILLAGE MEMORIAL PARK  
 FEE: \$125.00 **NOTE: Registration for this program is done directly through U.S. Sports Institute. Register Online: [www.ussportsinstitute.com](http://www.ussportsinstitute.com) Or call (866) 345-BALL**

## TOTAL SPORTS SQUIRTS – PARENT & ME

**Conducted by: U.S. Sports Institute**

This program introduces youngsters aged 2 – 3 to new sports in each session, with a helping hand from Mom or Dad! Children have the opportunity to try lacrosse, t-ball, basketball, soccer, floor hockey, parachute games and more in a safe and structured environment. The Total Sports Squirts program is ideal for any child just starting out in the world of sport.

FOR: AGES 2 – 3  
 DAY: TUESDAYS  
 DATES: SEPT. 17, 24, OCT. 1, 8, 15, 22, 29  
 TIME: 12:00 – 12:45pm  
 LOCATION: BEDFORD VILLAGE MEMORIAL PARK  
 FEE: \$95.00 **NOTE: Registration for this program is done directly through U.S. Sports Institute. Register Online: [www.ussportsinstitute.com](http://www.ussportsinstitute.com) Or call (866) 345-BALL**

## SPORTS SQUIRTS

**Conducted by:** U.S. Sports Institute

This fun program introduces youngsters to a variety of sports including lacrosse, t-ball, basketball, soccer, hockey, parachute games and more all conducted in a safe and structured environment. All activities promote hand-eye coordination, balance, movement and fun.

**FOR:** AGES 3 – 5  
**DAY:** TUESDAYS  
**DATES:** SEPT. 17, 24, OCT. 1, 8, 15, 22, 29  
**TIME:** 1:00 – 2:00pm  
**LOCATION:** BEDFORD VILLAGE MEMORIAL PARK  
**FEE:** \$125.00

**NOTE:** *Registration for this program is done directly through U.S. Sports Institute. Register Online: [www.ussportsinstitute.com](http://www.ussportsinstitute.com) Or call (866) 345-BALL*



## NATURE ADVENTURES

**Conducted by:** Westmoreland Sanctuary

Come experience the unique joys of nature in the Fall as our woods get ready for their winter sleep. Learn why (most) trees lose their leaves, where the birds go, and what the other animals are doing to prepare for the changing season. Use all your senses and discover something new each week. **NOTE: Classes are held outdoors, so please be sure to dress for the weather. Indoor projects available for inclement weather. A bottle of water is also a good idea to bring along. (Children must turn 3 prior to the start of class.)**

**FOR:** AGES 3 – 5 (w/parent or guardian)  
**DAY:** TUESDAYS  
**DATES:** SEPT. 17, 24, OCT. 1, 8, 15, 22  
**TIME:** 1:30 – 2:15pm  
**LOCATION:** WESTMORELAND SANCTUARY  
**ACTIVITY #:** 336001  
**FEE:** \$80.00

## LEARN, BUILD, PLAY WITH...DUPLO® BRICKS NEW

**Conducted by:** Bricks 4 Kidz®

Watch their eyes light up as they dig into a pile of brightly colored DUPLO® bricks to create fun, simple sculptures based on the ABC's. Kids gain greater awareness of the world around them as they talk about topics like fish, gardens, keys and other everyday objects. Introduce your pre-schoolers to the fun of learning, building and playing the Bricks 4 Kidz way.

**FOR:** AGES 4 – 5  
**DAY:** WEDNESDAYS  
**DATE:** SEPT. 25, OCT. 2, 9, 16, 23, 30, NOV. 6, 13  
**TIME:** 1:30 – 2:15pm  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 336002  
**FEE:** \$140.00



## ZUM KIDS

NEW

**Conducted by:** Leapsmart

Join us for a Zumba inspired class that is perfect for kids with energy! Zumba is a new dance/fitness program that is an exciting way to exercise while helping kids develop coordination, stamina, balance, discipline, memory, creativity and teamwork! Each class is like a party with great music, colorful props, challenging routines and lots of fun!

FOR: AGES 3 – 5  
 DAY: THURSDAYS  
 DATES: SEPT. 19, 26, OCT. 3, 10, 17, 24, 31, NOV. 7, 14, 21  
 TIME: 11:00 – 11:45am  
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
 ACTIVITY #: 313800  
 FEE: \$180.00

**NOTE:** A waiver will need to be signed for all participants prior to the first day of the program.



## TINY DRAGONS

**Conducted by:** WMAAF

The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to martial arts. Here they are taught basic martial arts in a fun and friendly environment. Students will receive a Karate uniform. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

FOR: AGES 3 – 4  
 DAY: THURSDAYS  
 DATE: SEPT. 19, 26, OCT. 3, 10, 17, 24, NOV. 7, 14 (NO CLASS OCT. 31)  
 TIME: 1:30 – 2:00pm  
 LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS (333 North Bedford Road, Mt. Kisco)  
 ACTIVITY #: 330180  
 FEE: \$150.00

## SUPERSTAR TUMBLERS

NEW

**Conducted by:** Leapsmart

A gymnastic class especially for preschoolers! Your children will learn basic gymnastic skills, progressions, circuits and vocabulary while improving their strength, flexibility, balance, coordination and confidence. Children also will practice important listening and safety skills while working on a variety of exciting preschool gymnastics equipment.

FOR: AGES 3 – 5  
 DAY: FRIDAYS  
 DATES: SEPT. 20, 27, OCT. 4, 11, 18, 25, NOV. 1, 8, 15, 22  
 TIME: 2:00 – 2:45pm  
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
 ACTIVITY #: 318611  
 FEE: \$180.00

**NOTE:** A waiver will need to be signed for all participants prior to the first day of the program.

## BEGINNER VIOLIN NEW

**Instructor:** Scarsdale Strings Instructor

This class will include music appreciation, technical training one would receive in a private lesson, and music themed games to help students learn how to perform and cooperate with others. There will be an additional fee for renting the instrument during the 8 week class.

**FOR:** GRADES K – 4  
**DAY:** MONDAYS  
**DATES:** SEPT. 23, 30, OCT. 7, 21, 28, NOV. 4, 18, 25 (NO CLASS OCT. 14 OR NOV. 11)  
**TIME:** 4:30 – 5:30pm  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 368602  
**FEE:** \$190.00 paid to Town of Bedford  
 \$ 37.58 paid to Scarsdale Strings for rental fees

## BEGINNER DRUMS NEW

**Instructor:** Scarsdale Strings Instructor

In beginner drum class, children will have the opportunity to explore their musical ability, as well as increase their motor coordination. This class offers the essentials needed to build a solid foundation in drumming. Through hands on learning, children will cover such fundamentals as hand technique, rudiments, reading and basic rhythms. Games will be used to grab their attention and never let it go. There will be an additional fee for renting the drum pad and sticks during the 8 week class.

**FOR:** GRADES 1 – 5  
**DAY:** MONDAYS  
**DATES:** SEPT. 23, 30, OCT. 7, 21, 28, NOV. 4, 18, 25 (NO CLASS OCT. 14 OR NOV. 11)  
**TIME:** 5:45 – 6:45pm  
**ACTIVITY #:** 368605

**FOR:** GRADES 4 – 7  
**DAY:** WEDNESDAYS  
**DATES:** SEPT. 25, OCT. 2, 9, 16, 23, 30 NOV. 6, 13  
**TIME:** 5:45 – 6:45pm  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 368604  
**FEE:** \$190.00 paid to Town of Bedford  
 \$ 37.58 paid to Scarsdale Strings for rental fees

## BEGINNER GUITAR NEW

**Instructor:** Scarsdale Strings Instructor

If you ever dreamed of being a real guitar hero, this class is for you! Listening skills, as well as physical coordination, are developed and improved with daily performance. As the student develops basic motor skills and critical listening, work begins on learning segments of classic songs. There will be an additional fee for renting the instrument during the 8 week class.

**FOR:** GRADES 5 – 8  
**DAY:** MONDAYS  
**DATES:** SEPT. 23, 30, OCT. 7, 21, 28, NOV. 4, 18, 25 (NO CLASS OCT. 14 OR NOV. 11)  
**TIME:** 7:00 – 8:00pm  
**ACTIVITY #:** 368104

**FOR:** GRADES K – 4  
**DAY:** WEDNESDAYS  
**DATES:** SEPT. 25, OCT. 2, 9, 16, 23, 30 NOV. 6, 13  
**TIME:** 4:30 – 5:30pm  
**ACTIVITY #:** 368105  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**FEE:** \$190.00 paid to Town of Bedford  
 \$ 45.00 paid to Scarsdale Strings for rental fees



## AIR, LAND & SEA -

### LEGO® Building

Conducted by: Bricks 4 Kidz®

Step aboard to build with a partner some exciting ways to get from here to there. Take to the sky in our Bricks 4 Kidz® helicopter model, race across the beach in an ingenious land sail, or zoom through the water on a jet ski. Kids will learn what makes each machine unique and how it moves, exploring concepts such as buoyancy, propulsion, lift and g-forces! What other ways will you invent to travel through air, land and sea? Whether you're a high-speed thrill-seeker, or just curious about how things work, this unit offers something for everyone.

FOR: GRADES 1 – 5  
 DAY: TUESDAYS  
 DATE: SEPT. 24, OCT. 1, 8, 15, 22, 29,  
 NOV. 12, 19  
 TIME: 4:30 – 5:30pm  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 368601  
 FEE: \$140.00



## COOKING CREATIONS

Instructor: Kimberly O'Brien

This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation. Each week the children will prepare and enjoy their own tasty treats.

FOR: GRADES 2 – 6  
 DAY: THURSDAYS  
 DATE: SEPT. 19, 26, OCT. 3, 17, 24,  
 NOV. 7, 14, 21  
 (NO CLASS OCT. 10 OR OCT. 31)  
 TIME: 4:15 – 6:00pm  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 368603  
 FEE: \$150.00



## KNITTING FOR FUN

Instructor:  
Susie Lodge

Learn to knit in this hands on class. Participants will use the four basic stitches (knit, purl, cast on, cast off) to knit a project. Whether it be a scarf, hat or socks we will learn the basics skills. We can offer other projects for more advanced learners. Beginners will receive needles and yarn.

FOR: GRADES 5 – 8  
 DAY: WEDNESDAYS  
 DATE: OCT. 2, 9, 16, 23, 30, NOV. 6  
 TIME: 4:30 – 5:30pm  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 378161  
 FEE: \$110.00

## EXTREME HOOPING

NEW

Conducted by: Leapsmart

Hooping is making a comeback! Expert hooper, Rosa will teach your children advanced hooping skills and challenging hoop games. Enjoy great music while practicing the latest hooping techniques. Hooping has never been this much fun!

FOR: GRADES K – 4  
 DAY: FRIDAYS  
 DATE: SEPT. 20, 27, OCT. 4, 11, 18, 25,  
 NOV. 1, 8, 15, 22  
 TIME: 4:30 – 5:15pm  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 318603  
 FEE: \$180.00

**NOTE:** *A waiver will need to be signed for all participants prior to the first day of the program.*



## GIRLS FALL FIELD HOCKEY Grades 2 - 3 & 4 - 8

**Sponsored by: The Town of Bedford Recreation and Parks Department**

This is a skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. Emphasis will be on physical conditioning, stick work, team dynamics and rules of the game. There will be several scrimmages planned against local recreation teams. Players must provide their own stick, shin guards, mouth guard and eye guard.

|            |  |               |                                   |
|------------|--|---------------|-----------------------------------|
| FOR:       | GIRLS ENTERING GRADES 2 – 8 IN THE FALL  |               |                                   |
| DAY/TIME:  | GRADES 2 & 3 – SATURDAYS, 9:00am – 10:00am<br>GRADES 4 to 8 – FRIDAYS, 5:00pm – 6:30pm (light dependent) AND<br>SATURDAYS, 10:15 – 11:45am |               |                                   |
| SATURDAYS: | SEPT. 7, 21, 28, OCT. 5, 12, 19, 26 NOV. 2 (NO FIELD HOCKEY ON SEPT. 14TH)   |               |                                   |
| FRIDAYS:   | SEPT. 20, 27 OCT. 4, 11, 18, 25  |               |                                   |
| MAKE UP:   | NOV. 9   |               |                                   |
| LOCATION:  | KATONAH MEMORIAL PARK FIELD - LOCATED BEHIND THE POOL  |               |                                   |
| FEES:      | ACTIVITY #326162   | GRADES: 2 – 3 | \$ 80.00 (includes a mesh jersey) |
|            | ACTIVITY #326161   | GRADES: 4 – 8 | \$140.00 (includes a mesh jersey) |

### COACHES:

**Ridgely Biddle:** Is a Katonah resident, MAT in PE, JV Field Hockey Coach for Convent of the Sacred Heart, former player at Boston University and rated field hockey and lacrosse official.

**Cathy Cousin:** Varsity Field Hockey coach at Ossining High School 1986-1994, Played for SUNY Cortland 1982-86 and is in her fifth season with the program.

**Debbi Walsh:** Is a former field hockey player at Fairfield University, is a JJMS modified Field Hockey Coach and has been a coach in the field hockey program for three years.

**David Leech:** 30+ years of field hockey experience in England and the US and has been with the program for five years.

**MOUTHGUARDS:** Must be provided by the players

**NOTE:** High School players (paid positions or community service credits) will be assisting with the program. Parent volunteers will be needed. If interested please contact Coach Biddle.

**QUESTIONS:** Please contact the Recreation Office at 666 – 7004 or email Coach Biddle at [Ridgelybiddle@bedfordfieldhockey.org](mailto:Ridgelybiddle@bedfordfieldhockey.org) The field hockey website is [www.bedfordfieldhockey.org](http://www.bedfordfieldhockey.org)

**NOTE:** For girls in the Bedford Central School District or Katonah / Lewisboro School District.



## FLAG FOOTBALL Grades 3 & 4 (afterschool program)

Coordinator: Jim Whiting

This fun filled action-oriented program is designed to be an introduction to football for young athletes. Each session will consist of rules instruction, skill development and scrimmage games. **This is a non-contact program.** Please dress in layers and bring a water bottle.

FOR: GRADE 3 – 4  
 DAY: WEDNESDAYS  
 DATES: SEPT. 25, OCT. 2, 9, 16, 23, 30  
 (RAIN DATE: NOV. 6)  
 TIME: 4:30 – 5:45pm  
 LOCATION: BEDFORD HILLS  
 MEMORIAL PARK  
 ACTIVITY #: 325600  
 FEE: \$75.00 PER PERSON  
 (includes a game jersey)

## FLAG FOOTBALL Grades 5 & 6 (evening program)

Coordinator: Jim Whiting

This evening program will be played under the lights and is designed to provide "league-style" competition for participants. Instruction & skills will be emphasized, games will be played weekly. **This is a non-contact program.** Please dress in layers and bring a water bottle.

FOR: GRADE 5 – 6 (combined)  
 DAY: WEDNESDAYS  
 DATES: SEPT. 25, OCT. 2, 9, 16, 23, 30  
 (RAIN DATE: NOV. 6)  
 TIME: 6:45 – 8:00pm  
 LOCATION: BEDFORD HILLS  
 MEMORIAL PARK  
 ACTIVITY #: 325606  
 FEE: \$75.00 PER PERSON  
 (includes a game jersey)

## BEDFORD BEARS HOCKEY



The Bedford Bears Youth Hockey Association is a nonprofit organization comprised of approximately 120 players between the ages of 4 and 18.

The Bears have adopted USA Hockey's ADM Model, which focusses on small area games and increased touches of the puck along with station-based practices.

This model increases the ice time for each player while also allowing for more drill repetitions and touches of the puck within the structure of a highly organized practice.

Players are grouped by age and ability, which promotes healthy competition and an excellent learning environment.

The Bears have recently added some of the best area coaches because they understand the advantage their children get when USA Hockey's ADM Model is followed.

Last season, the Bears sent five teams to the league playoffs. The Squirt A team boasts having made it to the NY State Semi-Final game.

The Bedford Bears program, has been a training ground for local high school standouts. Several of the top players from John Jay, Fox Lane, and Horace Greeley sharpened their skills with the Bears.

For more information or to register go to  
[www.bedfordbearshockey.com](http://www.bedfordbearshockey.com)



## MARTIAL ARTS

**Conducted by: WMMAF**

Westchester Mixed Martial Arts and Fitness offers an entry level Program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skill drills as a learning tool. Taught by their expert Instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow. Gear package is included in the price of the class (uniform, gloves & shins).

**DAY:** THURSDAYS

**DATE:** SEPT. 19, 26, OCT. 3, 10, 17, 24, NOV. 7, 14 (NO CLASS OCT. 31)

**LOCATION:** WESTCHESTER MIXED MARTIAL ARTS & FITNESS (333 North Bedford Road, Mt. Kisco)

**FOR:** AGES 5 – 7 LITTLE CHAMPS

**TIME:** 4:15 – 5:00pm

**ACTIVITY #:** 318610

**FEE:** \$180.00

**FOR:** AGES 8 – 12 YOUTH

**TIME:** 5:15 – 6:00pm

**ACTIVITY #:** 310160

**FEE:** \$180.00

## BASKETBALL BASICS

**Coordinator:**

**Jim Whiting**

This program is an introduction to basketball.

Fun drills and exciting activities are combined to teach children fundamentals.

The basic skills of dribbling, rebounding and shooting will be stressed each week as players move closer to experiencing game situations through scrimmages.

*NOTE: The 4th grade program will place more emphasis on scrimmaging and understanding game situations.*

**FOR:** BOYS & GIRLS GRADES 2, 3 & 4

**DAY/DATES:** SATURDAYS, DEC. 7, 14, 21, JAN. 4, 11, 18, 25, FEB. 1, 8

**LOCATION:** KATONAH ELEMENTARY SCHOOL

**ACTIVITY#:** 320601 GRADE 2 – 9:00am

**ACTIVITY#:** 320602 GRADE 3 – 10:00am

**ACTIVITY#:** 320603 GRADE 4 – 11:00am

**FEE:** \$80.00 per person includes BASKETBALL & T-SHIRT

The logo for the Bedford Pound Ridge Baseball Association. It features a white baseball with red stitching in the center, flanked by two crossed baseball bats. The word "BEDFORD" is written in white on a black curved banner above the baseball, and "POUND RIDGE" is written in white on a black curved banner below it. Below the logo, the text "BASEBALL ASSOCIATION" is written in bold black letters. Further down, the text "Please visit our website in November for 2014 registration details." is written in blue. At the bottom, the website address "www.eteamz.com/bprba" is written in red on a blue background.

**BASEBALL ASSOCIATION**

Please visit our website in November for 2014 registration details.

[www.eteamz.com/bprba](http://www.eteamz.com/bprba)

## YOUTH LEAGUE BASKETBALL

**Coordinator: Jim Whiting**

This program is designed to introduce youngsters to the game of basketball in an organized league setting. Learning fundamental skills and game strategies while having fun is the league's main focus.

FOR: BOYS IN 5, 6, 7 & 8 GRADES  
 LOCATION: KATONAH ELEMENTARY SCHOOL  
 ACTIVITY #: 320604 – GRADE 5  
 ACTIVITY #: 320610 – GRADE 6  
 ACTIVITY #: 320605 – GRADE 7 & 8  
 FEE: \$95.00 per person

**EVALUATIONS (must attend one)**



**GRADE 5:**  
 SATURDAY, NOV. 16, 10:00 – 11:00am  
 MONDAY, NOV. 18, 6:30 – 7:30pm

**GRADE 6:**  
 SATURDAY, NOV. 16, 11:00 – 12:00pm  
 MONDAY, NOV. 18, 7:30 – 8:30pm

**GRADES 7/8:**  
 SATURDAY, NOV. 16, 12:00 – 1:00pm only

**PRACTICES:** ONCE PER WEEK (MON., WED. OR FRI.) BEGINNING DEC. 2

**GAMES:** ONCE PER WEEK (SATURDAYS) BEGINNING IN JAN.



### THE LEAGUE FOR GIRLS, THAT'S ABOUT GIRLS!

**STEP RIGHT UP AND TAKE A SWING AT GIRLS SOFTBALL THIS FALL!** Katonah Bedford Girls Softball is happy to announce another season of fall softball for girl's grades 1-9. Fall ball will begin after Labor Day in September and run through October with a scrimmage game each weekend and one practice a week. This is an awesome opportunity for the girls to learn in a relaxed environment with a dedicated focus on growth and development at a most beautiful time of the year.

**YOU'LL BE ABLE TO GET IN THE GAME BY SIGNING UP AT:**  
<http://www.kbgs.com.leag1.com> and following the prompts for registration.

**League Details:**

- \$125.00 per child (\$25 discounts per child will be given for families enrolling 2 or more children)
- League will provide Fall Ball shirts
- Games will be each weekend at Rasor Field in Katonah
- Every team will be given a field to host one practice a week in the afternoon/evenings (pending availability)
- Emphasis will be on teaching not only during the practice sessions but during the games as well
- These are strictly scrimmages so score will not be counted
- Coaches will pitch at the 1-2 level
- Players will pitch the entire game in two inning intervals beginning at the 3-4 level (coach assist as needed)
- Umpires will be present for all games
- Pitching clinics will be available to all teams (details to be determined)

*KBGS is an independent girl's only softball league that runs programs all year long. KBGS Serves, Bedford, Katonah, Lewisboro, Pound Ridge and Mount Kisco.*



**KATONAH  
 5K ROAD & TRAIL RACE  
 SEPTEMBER 7, 2013**

**At: Katonah Elementary School  
 "Runners for Reading"**

**Kids' One Miler  
 Tots' Races**

**Register at: [www.RaceIt.com](http://www.RaceIt.com)**

## SAFE ON MY OWN

**Instructor: Diane Stonis, Certified Red Cross Instructor**

Safe On My Own is a program for children in grades 3 thru 5 who would like to learn the safety measures of what to do when they find that they are alone on their own. Some topics to be discussed include, what to say on the phone when home alone, what to do if someone comes to your home while you are alone, stranger danger when you are outside your home, how to call 911, and what to do in an emergency.

FOR: GRADES 3 – 5  
DATE: TUESDAY, OCT. 1  
TIME: 4:30 – 6:30pm  
LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
ACTIVITY #: 358691  
FEE: \$20.00 – RESIDENTS  
\$25.00 – NON-RESIDENTS

**NOTE:** *Includes a Safe On My Own take home pamphlet.*



## BABYSITTING TRAINING COURSE

**Instructor: Diane Stonis, Certified Red Cross Instructor**

The Babysitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

### 3 DAY PROGRAM

FOR: AGES 11 – 15  
DAY: THURSDAYS  
DATES: OCT. 24, 31, NOV. 7  
TIME: 4:00 – 6:15pm  
ACTIVITY#: 305606

**OR**

### 1 DAY PROGRAM

DAY: SATURDAY  
DATE: DEC. 7  
TIME: 9:00am – 5:00pm  
(bring lunch/snacks/baby doll)  
ACTIVITY#: 305607  
LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
FEE: \$75.00 – RESIDENTS  
\$94.00 – NON-RESIDENTS

**NOTE:** *Must be 11 by the first class & attend all classes. Bring a pen/notebook each week.*



## DINNER AND A CRAFT

**Instructor:** Kimberly O'Brien

Show off your creative side. Join us for a creative night, completing a holiday project and enjoy a pizza dinner. Each night participants will create a project relating to an upcoming holiday.

**FOR:** GRADES 1 – 6

**DAY:** FRIDAYS

**TIME:** 6:00 – 8:00pm

**LOCATION:** BEDFORD HILLS  
COMMUNITY HOUSE

**FEE:** \$25.00 PER SESSION

**HALLOWEEN:** OCT. 4

**ACTIVITY #:** 378609

**THANKSGIVING:** NOV. 15

**ACTIVITY #:** 378610

**WINTER:** DEC. 6

**ACTIVITY #:** 378611



## HOOK RUG

**Instructor:** Kimberly O'Brien and Staff

Learn this old style of making homemade rugs in the Latch Hooking Class. Each participant will have their own 12 X 12 canvas to hook into a great design. During each class we will work on your canvas to create a wall hanging or a pillow to take home.

**FOR:** GRADES 3 – 8

**DATE:** TUESDAYS

**DATES:** NOV. 12, 19, 26, DEC. 3

**TIME:** 4:30 – 5:30pm

**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE

**ACTIVITY #:** 378162

**FEE:** \$50.00



## DOG TRAINING

### Beginner, Advanced Beginner & Advanced Classes

**Instructor: Kate Connick**

Kate Connick is currently a canine instructor in Ardsley and Mamaroneck and has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Masters degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun. For questions contact Kate Connick at [KConnick@aol.com](mailto:KConnick@aol.com)

**FOR:** TOWN OF BEDFORD RESIDENTS  
(Dogs **MUST** have a current New York State license that are issued through the Town Clerk's Office located at 321 Bedford Road)

**DAY:** SATURDAYS

**DATE:** SEPT. 21, 28 OCT. 5, 12, 19

**MAKE-UP DATE:** OCT. 26

**TIMES/ACTIVITY #:**

**ACT. # 367100 BEGINNER CLASS**

3:45 – 4:45pm

Prerequisite: Basic obedience & control around other dogs

**ACT. # 367101 ADVANCED BEGINNER CLASS**

2:30 – 3:30pm

Prerequisite: Instructor Approval required

**ACT. # 367102 ADVANCED CLASS**

5:00 – 6:00pm

Prerequisite: Instructor Approval required

**LOCATION:** CANINE COMMONS AGILITY AREA located at Beaver Dam Park

**FEE:** \$63.00 per participant (owner and dog) – 5 SESSIONS

If space is available one week prior to the start of the program non-residents can enroll in the course at a 25% higher rate (\$79.00) - Dogs **MUST** have a valid NYS license!



## LADIES BINGO!

**Supervisors: Daryl Sudlow, Kimberly O'Brien, and Angela Brown**

0-67 Bingo! Come on out and mingle with friends, have fun, enjoy refreshments and light snacks. Who knows, you may even win one of many great prizes. Everyone will be given two cards each and it should make for an exciting and enjoyable evening! Don't miss out on this ladies only evening. Preregistration is required.

**FOR:** LADIES 21+

**DAY/DATE:** FRIDAY, OCT. 25

**TIME:** 7:00 – 9:30pm

**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE

**ACTIVITY #:** 398700

**FEE:** \$20.00

\$25.00 AT THE DOOR

## LUNCHTIME WORKOUT

**Instructor:** Karla Diamond

Designed to keep you moving and fit. This class includes a fun dance aerobic workout followed by strength and balance exercises. Top it off with gentle stretches that can be done on a chair or on the floor and a 5 minute relaxation. You'll feel ready to charge into the rest of your day! This class is open to all ages and abilities. All of the exercises can be modified so that you can go at your own pace. Bring a mat or large towel and hand weights.



- FOR:** ADULTS 18+  
**DAY:** MONDAYS & THURSDAYS  
**TIME:** 12:00 – 1:00pm  
**LOCATION:** BEDFORD HILLS  
 COMMUNITY HOUSE  
**FEE:** \$98.00: 14 SESSIONS  
 FALL I AND/OR II  
 \$77.00: 11 SESSIONS  
 WINTER I AND/OR II  
**ACT. # 318703 FALL SESSION I (14 SESSIONS)**  
 SEPT. 9, 12, 16, 19, 23, 26, 30  
 OCT. 3, 7, 10, 17, 21, 24, 28  
**ACT. # 318704 FALL SESSION II (14 SESSIONS)**  
 OCT. 31, NOV. 4, 7, 14, 18, 21, 25  
 DEC. 2, 5, 9, 12, 16, 19, 23  
**ACT. # 418702 WINTER SESSION I (11 SESSIONS)**  
 JAN. 2, 6, 9, 13, 16, 23, 27, 30  
 FEB. 3, 6, 10  
**ACT. # 418703 WINTER SESSION II (11 SESSIONS)**  
 FEB. 13, 20, 24, 27  
 MAR. 3, 6, 10, 13, 17, 20, 24  
**NOTE:** *There is no senior discount*

## AEROBICS WORKOUT

**Instructor:** Paula DiJulio

Join Paula whose 47 years of experience will ensure that you enjoy this easy to follow aerobic workout. The class is great for the heart and sculpting your body into shape using a repetitive combination of fitness moves set to Latin international, pop and oldies music that provides a fun workout that's guaranteed to work your core, your brain, help you tone, and burn calories. The emphasis is placed on total body fitness with a combination of warm-up and stretch, cardiovascular exercises and muscular strengthening for the lower and upper body which includes a large range of motion exercises. Light weights and a mat are recommended.

- FOR:** ADULTS 18+  
**DAY:** MONDAY & WEDNESDAYS  
**DATE:** SEPT. 23, 25, 30, OCT. 2, 7, 9,  
 16, 21, 23, 28, 30, NOV. 4, 6, 13,  
 18, 20, 25, DEC. 2, 4  
 (NO CLASS: OCT. 14; NOV. 11, 27)  
**TIME:** 7:00 – 8:00pm  
**LOCATION:** BEDFORD HILLS  
 ELEMENTARY SCHOOL  
**ACTIVITY #:** 310713 (BOTH MON. & WED.)  
**ACTIVITY #:** 310714 (MONDAYS ONLY)  
**ACTIVITY #:** 310715 (WEDNESDAY ONLY)  
**FEE CLASSES/2 DAYS WEEK:**  
 \$160.00 – Residents  
**\$ 80.00 – Resident Seniors (65+)**  
 \$200.00 – Non-Residents  
**FEE CLASSES/1 DAY WEEK:**  
 \$ 80.00 – Residents  
**\$ 40.00 – Resident Seniors (65+)**  
 \$100.00 – Non-Residents  
**NOTE:** *Maximum 30 participants  
 Hand weights are optional*

## DEFENSIVE DRIVING

**Instructor: Bedford Police**

Learn to drive defensively! After completing this course, motorists will be eligible for a reduction in their auto insurance premiums and up to a 4 point reduction on their driving record. Participants must be on time and complete the full 6-hours of instruction to satisfactorily complete the class. **Residents must provide two (2) checks with their registration. One to the "National Safety Council" for \$11.00 and the second to the "Town of Bedford" for \$19.00.**

FOR: AGES 16 AND OLDER  
 DAYS: MONDAY & TUESDAY  
 DATE: NOV. 18 & 19  
 TIME: 7:00 – 10:00pm  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 366000  
 FEE: \$30.00 per person

## TOTAL BODY WORKOUT

**Instructor: Anne-Marie Pasquale**

Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 20 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

FOR: ADULTS 18+  
 DAY: TUESDAYS  
 DATE: SEPT. 24, OCT. 1, 8, 15, 22, 29,  
 NOV. 5, 12, 19, 26, DEC. 3, 10  
 TIME: 7:00 – 8:00pm  
 LOCATION: BEDFORD HILLS ELEMENTARY  
 SCHOOL  
 ACTIVITY #: 319701  
 FEE: \$102.00 – Residents  
**\$ 51.00 – Resident Seniors (65+)**  
 \$127.00 – Non-Residents  
**NOTE: Maximum 30 participants**



**Instructor: Ibeth Gomez, Certified Zumba Instructor**  
 The hottest fitness craze is here!! Dance off those calories, burn that fat, tone and sculpt that body. Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise creating a dynamic, exciting and effective fitness workout for all fitness levels. Move at your own pace. Guaranteed to energize...It's easy to learn so come join the fun!

FOR: ADULTS 18+  
 DAY: TUESDAYS & THURSDAYS  
 DATE: (TUES.) SEPT. 17, 24 OCTOBER 1, 8  
 (THURS.) SEPT. 19, 26 OCTOBER 3, 10  
 TIME: 9:30 – 10:30am  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 317001 (TUESDAYS ONLY)  
 ACTIVITY #: 317002 (THURSDAYS ONLY)  
 ACTIVITY #: 317003 (BOTH TUES. & THURS.)

### FEE CLASSES/1 DAY WEEK:

\$ 40.00 – Residents  
**\$ 30.00 – Resident Seniors (65+)**  
 \$ 50.00 – Non-Residents

### FEE CLASSES/2 DAYS WEEK:

\$ 80.00 – Residents  
**\$ 60.00 – Resident Seniors (65+)**  
 \$100.00 – Non-Residents

## YOGA

**Instructor: Kim Jones, MPH Certified Yoga Instructor**

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and holds a Master of Public Health Degree from Southern Connecticut State University.



**FOR:** ADULTS 18+  
**DAY:** THURSDAYS  
**DATE:** SEPT. 26, OCT. 3, 10, 17, 24, 31, NOV. 7, 14, 21, DEC. 5  
**TIME:** 7:00 – 8:15pm  
**LOCATION:** BEDFORD HILLS ELEMENTARY SCHOOL  
**ACTIVITY #:** 318700  
**FEE:** \$ 85.00 – Residents  
 \$106.00 – Non-Residents  
**NOTE:**

- *There is no senior discount*
- *Wear comfortable clothes*
- *Please bring a mat*

## YOGA

**Instructor: Susan Lara Safranek, Certified Yoga Instructor**

Yoga is an ancient practice that strengthens and tones the body, balances and calms the mind, and refreshes and renews the spirit. In this class we will explore a bit of the history and philosophy of Yoga, while learning Yoga postures, breathing techniques, and meditation, all in a safe, supportive and non-competitive atmosphere. All levels of experience (and flexibility) are welcome.

**FOR:** ADULTS 18+  
**DAY:** FRIDAYS  
**DATE:** SEPT. 27, OCT. 4, 11, 18, 25, NOV. 1, 8, 15, 22, DEC. 6  
 (10 CLASSES)  
**TIME:** 10:00 – 11:00am  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 310720  
**FEE:** \$ 85.00 – Residents  
 \$106.00 – Non-Residents  
**NOTE:**

- *There is no senior discount*
- *Wear comfortable clothes*
- *Come on an empty stomach*
- *Please bring a mat*

## PILATES "FLOW in the FALL"

**Instructor: Rachel Greenfield, Apogee Instructor**  
 Bedford Recreation is happy to begin a new partnership with APOGEE Fitness & Wellness of Bedford Hills to bring you Pilates this fall! Voted Best of Westchester - Pilates 2012! This special 10 week Pilates Series will highlight Power Pilates in the form of an Open Mat class. You will be empowered to discover your inner strength, transform your mind and body, increase your stamina, improve your health and achieve a new and exciting physical well being. Space is limited so reserve your spot today.

**NOTE: Maximum 25 participants • This class is for women only • There is no senior discount, • All supplies/mats/other equipment will be provided on location • Please wear clothes that allow for movement**

**FOR:** LADIES 18+  
**DAY:** THURSDAYS  
**DATE:** SEPT. 26, OCT. 3, 10, 17, 24, 31, NOV. 7, 14, 21, DEC. 5 (NO CLASS NOV. 28)  
**TIME:** 7:00 – 8:00pm  
**LOCATION:** APOGEE, 170 Harris Road, Bedford Hills  
**ACTIVITY #:** 310716  
**FEE:** \$ 85.00 – Residents  
 \$106.00 – Non-Residents



## PRIVATE TENNIS LESSONS



**In Partnership with the Saw Mill Club**  
Bedford Hills, Bedford Village and Katonah Tennis Courts – can be scheduled by contacting the Saw Mill Club – Tennis Director Bob Bull at 241-0797 ext 3007 or by email at [bbull@sawmillclub.com](mailto:bbull@sawmillclub.com)

**RATES:** 1/2HR \$45.00  
1 HR \$70.00

### ATTENTION:

Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

## YOUTH FALL 2013 TENNIS LESSONS

Lessons are offered in cooperation with Saw Mill Club

### KATONAH MEMORIAL PARK

**FOR: YOUTH AGES 5,6,7**

**DAY:** WEDNESDAYS  
**DATE:** SEPT. 25, OCT. 2, 9, 16, 23  
**MAKE UP:** FRIDAYS – TBA  
**TIME:** 4:00pm  
**ACTIVITY#:** 326600  
**FEE:** \$110.00

**FOR: YOUTH AGES 8,9,10**

**DAY:** WEDNESDAYS  
**DATE:** SEPT. 25, OCT. 2, 9, 16, 23  
**MAKE UP:** FRIDAYS – TBA  
**TIME:** 5:00pm  
**ACTIVITY#:** 326601  
**FEE:** \$110.00



**EDGE Tennis**  
**AND**  
**EDGE PREP**

Part of  
Saw Mill Club Tennis

**Westchester's**  
**most sought after**  
**tennis plan**  
**for today's**  
**junior players**  
**ages 10 & up.**



Registration information at  
**914.241.0797**

77 Kensico Drive, Mt. Kisco NY 10549  
[www.sawmillclub.com](http://www.sawmillclub.com)

## TENNIS FACILITIES

### BEDFORD HILLS MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located behind the Bedford Hills Little League Field. An access path is located to the rear of the parking area between the baseball/softball fields.

### KATONAH MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located at the end of North Street next to the main parking area.

### BEDFORD VILLAGE MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located on the right side of the main parking lot on Greenwich Road.

## **BEDFORD HILLS MEMORIAL PARK**

**FOR: YOUTH AGES 5,6,7**  
 DAY: TUESDAYS  
 DATE: SEPT. 24, OCT. 1, 8, 15, 22  
 MAKE UP: OCT. 29  
 TIME: 4:00pm  
 ACTIVITY#: 395602  
 FEE: \$110.00

**FOR: YOUTH AGES 8,9,10**  
 DAY: TUESDAYS  
 DATE: SEPT. 24, OCT. 1, 8, 15, 22  
 MAKE UP: OCT. 29  
 TIME: 5:00pm  
 ACTIVITY#: 395604  
 FEE: \$110.00

**FOR: JUNIOR AGES 11-14**  
 DAY: THURSDAYS  
 DATE: SEPT. 26, OCT. 3, 10, 17, 24  
 MAKE UP: OCT. 31  
 TIME: 4:00pm (Beginner)  
 5:00pm (Adv. Beginner)  
 ACTIVITY#: 395605 (Beginner)  
 ACTIVITY#: 395606 (Adv. Beginner)  
 FEE: \$110.00

## **BEDFORD VILLAGE MEMORIAL PARK**

**FOR: YOUTH AGES 5,6,7**  
 DAY: SATURDAYS  
 DATE: SEPT. 21, 28, OCT. 5, 12, 19  
 MAKE UP: OCT. 26  
 TIME: 11:30am  
 ACTIVITY#: 394600  
 FEE: \$110.00

**FOR: YOUTH AGES 8,9,10**  
 DAY: SATURDAYS  
 DATE: SEPT. 21, 28, OCT. 5, 12, 19  
 MAKE UP: OCT. 26  
 TIME: 12:30pm  
 ACTIVITY#: 394601  
 FEE: \$110.00

## **ADULT FALL 2013 TENNIS LESSONS**

Lessons are offered in cooperation with Saw Mill Club

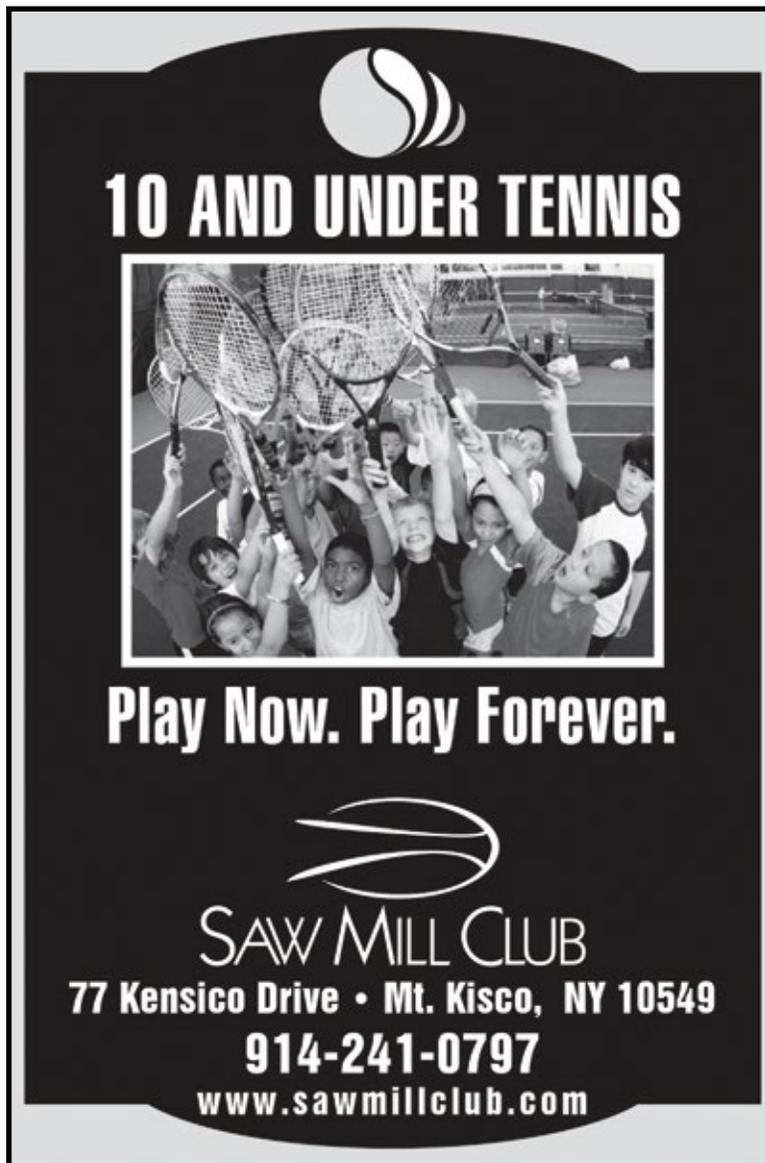
### **KATONAH MEMORIAL PARK**

**FOR: 18+**  
 DAY: WEDNESDAYS  
 DATE: SEPT. 25, OCT. 2, 9, 16, 23  
 MAKE UP: FRIDAYS – TBA  
 TIME: 9:30am (Adv. Beginner)  
 10:30am (Beginner)  
 ACTIVITY#: 326700 (Beginner)  
 ACTIVITY#: 326705 (Adv. Beginner)  
 FEE: \$110.00

### **BEDFORD VILLAGE MEMORIAL PARK**

**FOR: 18+**  
 DAY: SATURDAYS  
 DATE: SEPT. 21, 28, OCT. 5, 12, 19  
 MAKE UP: OCT. 26  
 TIME: 9:30am (Intermediate)  
 10:30am (Beginner)  
 ACTIVITY#: 394720 (Intermediate)  
 ACTIVITY#: 394710 (Beginner)  
 FEE: \$110.00





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914-241-0797  
www.sawmillclub.com

## **WESTCHESTER COUNTY TENNIS LEAGUE - SPRING 2014**

The Bedford Recreation & Parks Department will be conducting a meeting of interest to determine the viability of hosting women's tennis teams in A, B & C divisions in the Westchester County Recreation & Parks Tennis League in the spring of 2014. The League consists of towns in northern and southern sections of the county. This is a competitive yet fun league for the serious and committed tennis player.

|           |                               |
|-----------|-------------------------------|
| FOR:      | RESIDENT WOMAN 18+            |
| DAY/DATE: | TUESDAY SEPT. 24              |
| TIME:     | 7:00pm                        |
| LOCATION: | BEDFORD HILLS COMMUNITY HOUSE |

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## **BEDFORD PLATFORM TENNIS NEWS**

### **KATONAH COURTS**

In the summer of 2012, two new all aluminum courts with new lighting were built with a scheduled opening of late September. Due to super storm Sandy the new electric service to the courts was delayed almost 2 months. In late December the lights were finally energized. The new courts have been re aligned to minimize sun glare in the winter months and a small parking area was created. The new courts have been a wonderful addition to the park and were heavily used throughout last winter and spring.

## BEDFORD VILLAGE COURTS

In the fall of 2012 new energy efficient light fixtures identical to the lights that were installed at the new Katonah courts were installed at the Bedford Village courts. The new lights provide brighter lighting on the court surface. It is anticipated that the 2 court surfaces will be re surfaced in late summer or early fall 2013. Should the work get delayed the resurfacing will be done next summer (2014).

## COME CHECK OUT THE COURTS

The lights to the platform tennis courts at Katonah and Bedford Village will be energized for the season on Monday September 23rd between the hours of 6:00pm and 10:00pm. No group reservations will be made through the office from September 23rd through the end of October. Groups wishing to reserve time can do so by signing up for court time at each site using the sign up sheet posted. All other court use is first come first served basis in October. There will be no fees charged in September or October.

## GROUP USE COURT RESERVATIONS

The Recreation and Parks Department has seen a renewed interest in the great sport of platform tennis in recent years. With this, comes a greater demand for court time. In an effort to provide a more equitable system for reserving court time, the Recreation Office revised the reservation system for the 2012 – 2013 season.

As promised, before any decisions are made for the 2013 – 2014 season, interested players and 2012 – 13 group reservation players are invited to attend an open meeting with the Superintendent of Recreation on **Tuesday September 17th, 7:30pm** at the **Katonah Shelter** located next to the Katonah Platform Courts, Katonah Memorial Park off the Wildwood Road / Valley Road entrance to review the current reservation system for group use reservations and discuss possible modifications for the 2013-14 season for the two facilities. A final decision on how group use reservations will be handled for the 2013-14 season will be made by early October with the new system in place for a **November 2nd** start.

## GROUP LESSON OFFERINGS

The Recreation and Parks Department anticipates offering group platform tennis lessons in December and January. Information regarding the lesson offerings will be available as of November 1st at the Recreation Office, at each platform tennis court, online, through email blasts and will be included in the Winter brochure due out by mid November. For additional information please contact the Recreation Office at 666-7004 and ask for Jim Whiting.



## information

Bedford Senior Adult Directors:  
Angela Brown and Caren Wagner-Roth  
Bedford Senior Bus Driver: Frank Costa  
**BEDFORD SENIOR ADULTS**  
**TELEPHONE LINE: 666-7203**

## SENIOR ADULT NEWSLETTERS

In an effort to provide our senior adults with current information concerning programs, trips and special events, a newsletter/calendar is available. This newsletter will be mailed out every other month. To receive the newsletter, contact the recreation office at 666-7203. We will add your name to the mailing list.

## SEASON HIGHLIGHTS

Our seniors have been enjoying a variety of fun-filled activities, including: bird watching & feeding, planting our herb and vegetable gardens, flower cultivation and arrangements. We have enjoyed crafts, local outings, museums and some very interesting in-house speakers. Watching a movie with our big screen TV helps keep us in on those cold-rainy days. Besides our mall trips, we stop at the Christmas Tree Shop, the Dollar Store and more.

## SHOPPING

The recreation bus runs local shopping trips on Tuesday mornings (ShopRite, CVS and more). Reservations must be made at least one day in advance by calling 666-7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first come first served basis.

## HOME-DELIVERED-MEALS PROGRAM

Homebound residents unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal. Call Jim Whiting at 666-7203 for more information.

## SENIOR ADULTS IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00am – 4:00pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit [www.westchestergov.com](http://www.westchestergov.com).

## SENIOR MEETINGS

There will be weekly meetings offered to all residents ages 60 and older. Meetings will include a variety of social events, informational presentations, crafts, games, exercise, special events and more. Free coffee, tea and light refreshments will be available at all meetings. Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance.

**The Senior Meeting Schedule is as follows:**

### **MONDAYS • Meeting and more**

Bedford Hills Community House  
10:00am-2:00pm

### **WEDNESDAYS • Meeting and more**

Bedford Hills Community House  
10:00am-2:00pm

### **FRIDAYS • Meetings, movies and more**

Bedford Hills Community House  
10:00am-2:00pm

## "Wii" VIDEO GAME SYSTEM FOR SENIORS

This new video game system is being enjoyed by senior citizens all over the country. It is easy to play and amazing fun. We plan to schedule regular days for video play. If you would like to see a demonstration and try your hand at bowling, golf or tennis, please join us at the Bedford Hills Community House. Check your senior calendar for scheduled bowling days.

## NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Avenue. Hot lunches are available daily, Monday through Friday with a \$2.50 contribution. Reservations must be made a day in advance by calling 666-8931.

## AGED PERSON'S PROPERTY TAX EXEMPTION

For information on eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

## SENIOR ADULTS REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Road, Bedford Hills, to purchase discount coupons for trash disposal, Monday- Friday, 8:30am-4:30pm. The program allows for disposal of plastic bagged, no recyclable refuse at Town of Bedford Recycling Center, Adams Street, Bedford Hills, phone 241-2671, Tuesdays, Thursdays and Saturday, 8:00am-3:00pm.

## FLU VACCINE

For seniors in the Town of Bedford.  
DATE/ DAY: THURSDAY, OCT. 17  
TIME: 9:00 – 11:00am  
LOCATION: KATONAH MEMORIAL HOUSE, KATONAH, NY

You must call the Recreation Office for preregistration at 914-666-7203. The fee is \$25.00 unless you have non-managed medicare. No medicare insurance covered by a managed care group will be accepted.

## AARP<sup>SM</sup> DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Bring a copy of your driver's license to class. The cost of the course is \$17.00 for AARP members and \$19.00 for non-members. Participants must be age 50 or older. **Please make checks payable to AARP.**

FOR: AGES 50+  
DATE/ DAY: TUESDAY, OCT. 22  
TIME: 9:00am – 3:30pm  
(Please bring a bag lunch for a 1/2 hour lunch break)  
LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
FEE: \$17.00 AARP Member's  
\$19.00 Non-Members  
**NOTE: You must pre-register at the Town of Bedford Recreation Office or call 666-7004.**

~ANNUAL TOWN OF BEDFORD~

## Senior Adult Holiday Luncheon

Wednesday, December 11  
11:00am – 2:00pm

This annual holiday event is a favorite amongst our senior adults. Good food, good friends and much holiday cheer will prevail as we dine to the accompaniment of great holiday music. Please join us as we usher in the holiday season with this warm and popular get-together.

**There will be a \$5.00 admission fee at the door for this event. To make a reservation you must call Bedford Recreation Senior Line @ (914) 666-7203.**

**You must call in your reservation to attend.**

### HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office at 666-6530.

### SENIOR ADULT..... CHARTER BUS TRIPS

Don't miss the FUN! This is a very popular event so sign up early! **You must submit a trip registration form to reserve your spot.** For additional information or to get a form call the recreation office at 666-7004. Make checks payable to the "Town of Bedford". Register early to reserve your spot! For senior adults and guests.

### BIG "E" COUNTRY FAIR In Sturbridge, Massachusetts

DATE: THURSDAY, SEPT. 26  
TIME: 8:15am (Bus departs  
Katonah Memorial House)  
FEE: \$32.00

### MOHEGAN SUN CASINO

DATE: THURSDAY, OCT. 24  
TIME: 8:00am (Bus departs  
Katonah Memorial House)  
FEE: \$30.00

### WESTCHESTER BROADWAY THEATER Irving Berlin's "White Christmas"

DATE: WEDNESDAY, DEC. 4  
TIME: 10:30am (Bus departs  
Katonah Memorial House)  
FEE: \$70.00

## FREE Computer & Electronics Recycling Collection Site



**Town of Bedford Recycling Center**  
301 Adams Street, Bedford Hills  
Tuesday / Thursday / Saturday 8am - 3pm



Computers and electronics contain hazardous waste elements such as lead, mercury, cadmium and beryllium, and brominated flame retardant in the casing (a carcinogen if leached into the soil).  
CRT Monitors and TVs have 4 to 8 lbs. of lead.  
All electronics are recycled in an environmentally sound manner.  
All hard drives are either sanitized or destroyed  
The New York State Electronic Equipment Recycling & Reuse Act went into effect April 1, 2011. This law mandates recycling of the following covered electronic equipment (CEE) at no charge.

### Electronic waste accepted here:

#### All Televisions

#### Computer Equipment

- Monitors, Terminals
- Computers
- Scanners, Ink Cartridges
- Printers, Fax Machines
- Network Equipment
- Keyboards, mice and
- Computer Accessories

#### Miscellaneous Electronics

- Circuit Boards, Cabling & Wiring
- Typewriters
- Telecommunications Equipment
- Audio/Visual Equipment
- Video Game Systems
- Cell Phones, PDAs, IPODs
- Universal Power Supplies

### NOT ACCEPTED:

Any Liquids/Powders  
Air Conditioners  
Dehumidifiers  
Refrigerators  
Kitchen/Personal Appliances  
Batteries  
Fluorescent Lamps



In cooperation with Regional Computer  
Recycling & Recovery 888-563-1340  
or visit [www.eWASTE.com](http://www.eWASTE.com)

## Bedford Recycling Center Information

### A HANDY GUIDE TO WHAT GOES WHERE

### ADAMS STREET RECYCLING CENTER

### YOUR CARTER

|  | ADAMS STREET RECYCLING CENTER                              | YOUR CARTER  |
|--|--|--|
| <b>PLASTICS</b><br>Numbers 1 through 7. Labels need not be removed. Please, no items such as flower pots, cassettes or furniture.  | <br>(under 18" commingled with glass)                      | <br>(commingled with glass & metal)                      |
| <b>NEWSPAPERS</b><br>Must be tied or in paper bags. Also phonebooks.   |  |  |
| <b>OTHER PAPER GOODS</b><br>Magazines, catalogs, glossy newspaper material, junk mail, magazines, envelopes, color inserts, brochures, school and computer paper. No books.  |  | <br>(disposed of as trash, not recycled)                 |
| <b>GLASS</b><br>Clean food bottles and jars, liquor and wine bottles, medicine containers, soda and beer bottles (No windows, mirrors or drinking glasses, please.)  | <br>(commingled with plastic)                              | <br>(commingled with plastic & metal)                    |
| <b>METALS</b><br>Empty and rinsed clean, lids and labels may be left on: clean aluminum foil, pie plates, trays, aluminum cans, depressurized aerosol cans, metal food, juice and other tin cans (soup, fruit, tuna, vegetable, pet food, etc.) and empty oil and latex paint cans — just leave them open and let the paint residue dry first. If you can lift it, Bedford can recycle it (except air conditioners and refrigerators). | <br>(all metals except air conditioners and refrigerators) | <br>(household metals commingled with glass and plastic) |
| <b>CARDBOARD</b><br>Flattened, with all liners, styrofoam packing, plastic and paper removed.  | <br>(except waxed containers and cereal box interiors)     | <br>(disposed of as trash, not recycled)                 |
| <b>TEXTILES</b><br>Clothes, shoes, curtains, sheets, coats, blankets, pocketbooks, etc. — and they don't have to be clean!   |  | <br>(disposed of as trash)                               |

The Adams Street Recycling Center is open from 8:00 am to 3:00 pm on Tuesdays, Thursdays and Saturdays and is located just north of the Bedford Highway Department

## RECYCLE...IT'S THE LAW!!!

Questions? — Contact the Bedford DPW Highway Division at 666-7669

## What can RESIDENTS DO TO REDUCE phosphorus loads?

### Do Not Use Detergents Containing Phosphate

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from your home. This applies to both clothes and dish detergents.

### Be Smart About Fertilizer Use

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs.

### Phosphorus concerns with grass clippings and leaves

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality. When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizers. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November 15.

**CALL THE BEDFORD DEPARTMENT OF PUBLIC WORKS AT 666-7669 WITH ANY QUESTIONS REGARDING LEAF COLLECTION.**

**TIRED OF WASTING MONEY  
ON YOUR HOME ENERGY BILLS?**



Sign up to get a FREE or reduced cost energy assessment today!

Over 100 of your Bedford neighbors have stopped wasting money and energy with Energize Bedford!

[EnergizeBedford.org](http://EnergizeBedford.org)

914-302-7300



**BEDFORD**  
community theatre

**BEDFORD COMMUNITY THEATRE**

BCT anticipates producing another great show in early winter or spring 2014. The show selection will be announced at a later date.

For information on the show selected and auditions please check out our website for news and updates at

[www.bedfordcommunitytheatre.org](http://www.bedfordcommunitytheatre.org)

Feel free to email us at [bctonline@optonline.net](mailto:bctonline@optonline.net)



**14 Main Street  
Bedford Hills, NY 10507  
914-666-2256**

**MONDAY:** 8am - 5:30pm  
**TUESDAY:** 8am - 5:30pm  
**THURSDAY:** 8am - 5:30pm  
**FRIDAY:** 8am - 5:30pm  
**SATURDAY:** 7am - 5:00pm

**CLOSED**  
Wednesday & Sunday



**THE SMALL TOWN THEATRE COMPANY**  
CO FOUNDERS: Donna Garr (Katonah, NY)  
Sam Morell (Armonk, NY)

*The Small Town Theatre Company, based in Armonk, New York, provides a wide variety of affordable, high quality theatre productions and summer concerts throughout Westchester.*

The Small Town Theatre Company is looking forward to partnering with Bedford Recreation and Parks Department again this year in offering entertainment in Bedford. Please visit their website [www.SmallTownTheatre.com](http://www.SmallTownTheatre.com) for information on upcoming programs.



26 Parkway Katonah, New York 10536  
(914) 232-3351 Fax (914) 232-0484  
[kellloggshardware@yahoo.com](mailto:kellloggshardware@yahoo.com) [kellloggsandlawrence.com](http://kellloggsandlawrence.com)

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The Bedford Hills Neighborhood Association is a charitable community-based organization seeking to enhance the overall quality of life for its residents, promote community cohesiveness, and create a safe, healthy environment for all. We plan events that bring the community together, promote volunteerism to help those in need and donate to local charitable initiatives.

For More information check out our website: BHNA10507.com or like us on facebook: Bedford Hills Neighborhood Association.

Janet Jacobsen, President  
 Boo Fumagalli, Vice President  
 Joe Isabella, Treasurer  
 Britta VanderLinden, Secretary



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 Friday 11:30 AM - 10:30 PM  
 Saturday 5:30 PM - 10:30 PM  
 Sunday 1:00 PM - 8:00 PM

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 Lunch: 11-3, Dinner: 5-9:30

**Friday**  
 Lunch: 11-3, Dinner: 5-10

**Saturday**  
 Lunch: 11-3:30, Dinner: 5-10

**Sunday Closed**



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## REGISTRATION

Please mail or bring in your registration form with payment to: Bedford Recreation & Parks Department, 425 Cherry Street, Bedford Hills, NY 10507. The Recreation Department does not confirm program registration, nor can we be responsible for lost or misdirected mail.

## NON-RESIDENT REGISTRATION

Non-residents who wish to register for Town of Bedford Recreation & Parks Department programs will be allowed to register for programs one week after the start of registration in order to allow priority to Town of Bedford residents. Non-residents may also be required to pay an additional 25% of the resident fee. Not all programs offered are available to non-residents.

## FEES

All fees are expected to be paid at the time of registration. Checks should be made payable to the Town of Bedford. If there is an inability to pay the full fee at the time of registration, a payment schedule can be arranged by contacting the Recreation & Parks Office.

## CREDIT CARD ACCEPTED

Residents can pay fees for all Recreation programs, including day camp and pool passes, by credit card. To use a card, you need to enroll in person at the Recreation Office and all credit cards are being accepted. Please Note: Effective January 1, 2011, when paying by credit card, the following transaction fees will be assessed and added to your monthly credit card statement. These fees are not reflected on your Town of Bedford program receipt. All credit cards = 2.5% per transaction.

## SCHOLARSHIPS

No Town of Bedford resident shall be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004.

## SENIOR CITIZEN DISCOUNTS

As part of the 2013 adopted budget, the minimum age for a senior citizen has been modified from age 60 to age 65. This is for all Recreation & Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

## INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in the Town of Bedford Recreation & Parks programs do so at their own risk.

## ENROLL EARLY

For most of our programs to be conducted, a minimum enrollment must be reached. In addition, there is usually a maximum enrollment based on facility size and instructor requirements. Therefore, registration is always on a first come, first served basis. We encourage individuals to register early.

## REFUNDS

The Town of Bedford refunds under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
- If the program participant moves from the Town, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
- Should a participant become ill or injured, a full or pro-rated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.

There will be a \$10 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation & Parks Department. All requests for refunds must be made directly to the Superintendent of Recreation & Parks. All approved refunds will be paid by the Town Finance Department following their bill paying schedule.

\*Please note that Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

## RETURNED CHECKS

There is a \$35.00 fee for any returned checks.

## PROGRAM CANCELLATIONS

If a program must be cancelled due to inclement weather, notification can be accessed through our program hotline number, 864-3777 or we encourage you to sign up for e-mail alerts by logging onto the Town website at [www.bedfordny.gov](http://www.bedfordny.gov). Generally, programs are not held when school is not in session. Postponed classes are normally made up at the end of the program session.

## TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community! Be informed on Town news, events, and meetings by receiving notifications of updates and/or additions to the

Town of Bedford's web site through e-mail alerts. We hope this will strengthen communications with Town residents by keeping you advised of Town news and updated agendas. If you are interested in receiving these alerts, please go to our web site: [www.bedfordny.gov/html/email alerts.html](http://www.bedfordny.gov/html/email%20alerts.html) You can remove your name from the list at any time by following the same procedure for enrollment.



The Bedford Police Department encourages all residents to enroll in NIXLE. If you want to receive trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at [www.nixle.com](http://www.nixle.com) and click Sign Up Now!

## TALENT SEARCH

The Town of Bedford Recreation and Parks Dept. are continuously looking for new and innovative talent in order to offer a variety of programs to our residents. If you possess a skill and the ability to teach it, send us your program idea and resume or call to make an appointment to speak with us. We welcome your program suggestions!

## HOW TO WATCH A GOOD PROGRAM DIE

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. **PLEASE REGISTER EARLY!**

## FIELD AND FACILITY PERMITS

Permits for group use of Town operated fields and facilities are required for group and family functions. For a facility use application please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, [www.bedfordny.gov](http://www.bedfordny.gov) Applications must be submitted at least two weeks prior to the scheduled activity. Individuals and groups who wish to reserve a facility must be a Town of Bedford resident.

## COMMUNITY SERVICE OPPORTUNITIES

The Bedford Recreation & Parks Department would like to provide an opportunity to members of the community to get involved in community service. Whether your reason for volunteering is an academic obligation or simply a path to self-improvement, the Recreation & Parks Department has a wide variety of activities and services available throughout the year for you to join in

and help out. For more information call the Community Service Coordinator, Jim Whiting at 666-7004.

## MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. Individuals who are interested in volunteering their services to this very important program are asked to contact Jim Whiting at 666-7004 for more information.

## PICNIC PACKS

For residents planning summer picnics, the Bedford Recreation & Parks Department offers free use of a "picnic pack" of outdoor game equipment such as playground balls, jump ropes, frisbees, whiffle balls, bats, etc. Those interested should contact the office at least one week prior to their planned picnic. A \$25.00 refundable deposit is required (refunded upon the return of the "picnic pack").

## NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley

NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

## LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

### BEDFORD HILLS LIBRARY

666-6472

[www.bedfordny.com/orgs/bhfl.htm](http://www.bedfordny.com/orgs/bhfl.htm)

### KATONAH LIBRARY

232-3508

[www.katonahlibrary.org](http://www.katonahlibrary.org)

### BEDFORD VILLAGE LIBRARY

234-3570

[www.bedfordfreelibrary.org](http://www.bedfordfreelibrary.org)

## LEASH YOUR DOG MESSAGE FROM THE TOWN CLERK

As a friendly reminder The Canine Commons Dog Park is for Town of Bedford residents and their dogs. Dogs using the Canine Commons area must be licensed and have a valid dog park permit issued through the Town Clerk's office. The Town Clerk's office is located at the Town House, 321 Bedford Road in Bedford Hills. The office hours are Monday through Friday 8:30am-4:30pm with after hour appointments available for town residents. The telephone number for the Town Clerk's office is 666-4534.

Note: Guest dogs must have a current State license

No dog park permit will be issued unless the dog is properly licensed through New York State. Permits will be rescinded if a dog's NYS license expires and is not renewed on time. In addition we have limited number of out of Town permits available.

### 2013 DOG PARK PERMIT FEES

Number of Dogs / Fee

1 - \$40.00

2 - \$20.00

3 - \$15.00

Guest Pass per dog/day \$ 5.00

Out of town pass good thru  
December 31, 2013 and are \$125.00 per dog.

### BEAVER DAM PARK

*Beaver Dam Road off of Harris Road Bedford Hills*

Featuring the Canine Commons Dog area that officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing. Small Dog area under 30lbs. Large Dog area over 30lbs and an Agility area for group permits use and training. Use of the Canine Commons area is open to Town of Bedford residents whose dogs are licensed and have a valid dog park permit.

**ENJOY YOUR PARKS ~  
HELP KEEP PARKS CLEAN & GREEN!**



# Town of Bedford Recreation and Parks Department

Welcome to  
"Canine Commons"  
at Beaver Dam Park



## DOG PARK RULES



-  All dogs must be licensed, have a valid Town of Bedford permit, current with all inoculations, healthy and wearing a collar with identification at all times – Contact the Bedford Town Clerk for licensing and permitting information (914-666-4534). Any dog using the park without proper license/permit will be issued a fine and future access to the facility will be prohibited
-  Dogs must be leashed upon entering/exiting the enclosures – Owners must be in the enclosure keeping their dog in view and in voice control, with leashes in their possession, at all times – Leaving dogs unattended is prohibited
-  Eating/smoking/picnicking is not permitted in the enclosures at any time

### **OWNERS MUST CLEAN UP AFTER THEIR DOGS AND DISPOSE WASTE IN THE RECEPTACLES PROVIDED**

-  Dogs exhibiting aggression are not permitted – Owners must remove their dog
-  Dogs must be discouraged from digging – Owners must fill any holes their dog digs
-  Dogs must be discouraged from excessive/constant barking – Owners must control or remove their dog
-  Dogs who are ill, injured or in heat, as well as puppies under 4 months old, are all prohibited
-  Limit is 3 dogs per person per visit
-  The dog park is not recommended for children – Children age 12 and under must be supervised
-  Be cautious with dog toys, some don't like to share
-  The use of Dog treats as a snack or reward is NOT permitted within the fenced areas of the park

**Non-compliance with these rules will result in expulsion from the Dog Park. Decision for expulsion will be made by the Superintendent of Recreation & Parks in conjunction with the Town Clerk and Dog Control Officer**

**Please Note:** Some of the above rules may be temporarily suspended when Town-approved programs or training is being conducted at the park.

**HOURS** – Facility is open from dawn to dusk, seven days per week.

**CLOSINGS** – Areas be closed periodically for maintenance, during inclement weather or for safety reasons for the well being of the permit holders and their dogs.

**REPORTING** – Any incident, problem, violation, emergency, etc. must be reported immediately to the Bedford Dog Control Officer, 914-666-4855, or to the Bedford Police Department, 914-241-3111 or 911.

**RESPONSIBILITY** – Any person bringing a dog into this facility assumes the legal responsibility, jointly and severally, with the owner of the dog, for any damage, disease or injury to persons, other dogs or property, caused by the dog. All persons using the facility, by entering it, agree to indemnify the Town of Bedford and hold the Town harmless for any harm resulting from the use of this facility.

*For the benefit of everyone in our community,  
please remember to leave our dog park nicer  
than you found it!*

***Thank you!***

## **BEDFORD HILLS COMMUNITY HOUSE COMMUNITY USE AND RENTAL SPACE INFORMATION**

### **74 Main Street Bedford Hills, Tel 244-0474**

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, etc please contact the Recreation Office at 666-7004. Room descriptions and fees are listed below:

**MAIN ROOM** – Located on the main floor this room can accommodate 100 – 125 people for meetings, christenings, parties etc. Children’s birthday parties are not booked in this room. Tables and chairs are available for use. Use of the lounge room and kitchen are included in the rental fee.

**2013 Rental rate is \$420.00 for a 6 hour block of time.** This includes an on site building supervisor. A security deposit of \$250.00 is required.

**LOWER LEVEL LEGION ROOM** – Located in the basement this room can accommodate 50 people for a meeting or 40-45 for parties. This room is a very popular space for children’s birthday parties. Tables and chairs are available for use. Use of the kitchen is included in the rental fee. A security deposit of \$100.00 is required.

**2013 Rental rate is \$55.00** per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided for rental of the legion room.

**LOUNGE MEETING ROOM** – Located on the main floor this room is suitable for meetings of up to **16** people and features doors that lead into the main room. The room is equipped with a 35” TV and a DVD player. This room is air conditioned.

**BOARD MEETING ROOM** – Located on the main floor this room is suitable for meetings of up to **16** people. This room features a wall mounted 52” flat screen TV with DVD player. The Board room and Sun room have connecting double doors for duel room use if desired. This room is air conditioned.

**SUN MEETING ROOM** – Located on the main level this room is suitable for meetings of up to **14** people. The room is accessible through exterior side doors or through the Board Room. This room is air conditioned. **2013 Rental Rates for any of the meeting rooms is \$35.00 per hour.**

## **HELP KEEP US CLEAN AND GREEN - A FRIENDLY REMINDER...**

The Recreation and Parks Department is asking for assistance and cooperation in helping keep our park facilities clean for the benefit of all of our park patrons and their guests. Please use the trash and/or recycling receptacles provided to dispose of waste and debris. Athletic teams, clubs and groups are encouraged to police the fields, dugout/bench and spectator areas after practices and games. Please help our Parks staff keep our parks clean. Thank you.

## **RECYCLING IN THE PARKS...**

Through the support of the Town Board, the Recreation and Parks Department purchased new recycling containers for all of our Park facilities in the spring of 2010. These blue containers with specialized lids are provided for plastic bottles **and** aluminum cans. The recycling containers compliment our green trash containers which are conveniently placed throughout our parks. Recyclable items are collected on a regular basis by the Parks staff and disposed of in a separate plastic and aluminum recycling dumpster located at one of the parks. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

## **PARK USE REMINDER REGARDING DOGS**

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. Off leash dogs **ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park. Additional information regarding the Canine Commons Dog Area is provided in the brochure.

**BEDFORD VILLAGE MEMORIAL PARK**

**Greenwich Road (off Rt. 22/172), Bedford Village**  
Tennis & Paddle Tennis Courts, Baseball/softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer & Football Field

**KATONAH MEMORIAL PARK**

**North Street (off Bedford Rd/Park Pl.) Katonah**  
Tennis & Paddle Tennis Court, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Shelter

**BEDFORD HILLS MEMORIAL PARK**

**Haines Road (off Rt. 117) Bedford Hills**  
Tennis Court, Lighted Baseball/Softball/Little League Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer Field, Ice Skating and Fishing, Baseball/ Softball Fields

**BEDFORD HILLS BASKETBALL LIGHTS**

**Lighting Information**

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts were re color coated in August of 2012 and feature sports lighting for evening use. New Polycarbonate (clear) backboards and rims are scheduled for installation in late August.

**NIGHT USE** – The light poles are energized at dusk and will turn off automatically at 10:00pm each evening through **November 1st**.

Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

**COURT CLEANLINESS** – Please help the R&P Department in keeping our facilities clean and attractive for all user groups. Players are asked to police the courts and grounds for trash and recyclables (plastic bottles and cans) and dispose of them in the trash / recycling containers located around the two courts.

**BASKETBALL ONLY PLEASE** – Help assist the Town in keeping the courts safe and in good condition. The basketball courts are for basketball only. Riding tricycle, bicycles, skateboards and rollerblading are **NOT** permitted on the courts.

**PROGRESS IN THE PARKS AND PROJECT UPDATES**

**BEDFORD HILLS MEMORIAL PARK**

**BATH HOUSE**

Opened in the spring of 2005, the Town anticipates painting the exterior of the bath house facility by the spring of 2014 prior to the next pool season.

**BASKETBALL COURTS**

Opened in 2007, the courts are very active weather permitting on a year round basis. The surface was re color coated in August of 2012 and new backboards and rims are scheduled for installation in late summer

**POOL FILTRATION AND PUMP ROOM ELECTRICAL SYSTEM REPLACEMENT**

In the winter of 2013 the electrical system in the pool filtration and pump room was replaced. The original equipment installed in the mid 80's had been identified by the Town's insurance carrier as being in need of replacement due to deterioration and corrosion. The work was completed in time for the 2013 pool season start up and has worked very well.

**WADING POOL SHELL RENOVATION**

In the fall of 2012 the shell of the wading pool was resurfaced with a PVC membrane liner system that features a cushioned floor and non slip surface. The new liner has received positive feedback from pool patrons who used the wading pool during the 2013 summer.

**PICNIC PAVILION – SHELTER STRUCTURE**

The shelter is located behind the pool, and is over 40 years old. It is the home base of the Bedford Hills Day Camp and numerous parties, picnics etc throughout the year. This structure will be taken down and replaced this fall with work being completed by May 1st 2014. The new structure will be similar in size (30' x 60') and will include electricity and water availability. New picnic tables are planned along with a new grill.

**SOCCER FIELD**

A new multi sport scoreboard will be installed at the field this fall and will be operational in the spring of 2014. The scoreboard will be available to Town organizations who utilize the field for athletic events.

## LAKE MARIE

A New York State mandated DEP/DEC funded phosphorous reduction project coordinated by the Bedford DPW is scheduled to take place in the early fall and be completed by year's end. The work will take place on the west side of the lake where the pedestrian pathway is located. The plans call for two retention basins to be built next to Lake Marie. To replace the lost lawn area next to Lake Marie the project calls for the creation of a new flat lawn area adjacent to the new picnic shelter. This new lawn space will be of great benefit to all of the user groups at the picnic shelter.

## PEDESTRIAN ACCESS PATH

As part of the Lake Marie project noted above the pedestrian access path that runs from the parking lot by the basketball courts to the bridge leading into the Town homes will be reconfigured around the new retention basins. The new pathway will be 5' wide and there are plans to install bollard lighting along the pathway should funding be available. The pedestrian access path will be open for use throughout the project.

## TENNIS COURTS

New windscreens were installed to replace those damaged last October. 4 player benches were purchased for the courts.

## POOL

Additional high back sand chairs, regular chairs and chaise lounge chairs were purchased prior to the start of the 2013 pool season. New umbrellas are planned for the 2014 pool season.

## PLEASE DON'T FEED THE GEESE!

The Recreation and Parks Department needs your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese that are at the park. Thank you.

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## KATONAH MEMORIAL PARK

### POOL FILTRATION AND PUMP ROOM ELECTRICAL SYSTEM REPLACEMENT

In the winter of 2013 the electrical system in the pool filtration and pump room was replaced. The original equipment installed in the mid 80's had been identified by the Town's insurance carrier as being in need of replacement due to deterioration and corrosion. The work was completed in time for the 2013 pool season start up and has worked very well.

## WADING POOL SHELL RENOVATION

In the fall of 2012 the shell of the wading pool was resurfaced with a PVC membrane liner system that features a cushioned floor and non slip surface. The new liner has received positive feedback from pool patrons who used the wading pool during the 2013 summer.

## KATONAH SHELTER

Working in concert with the Katonah Memorial Park Association the Recreation and Parks Department has been making steady progress in the restoration of the shelter. The shelter now has a new electrical service in the building, new outlets, patio lighting and perimeter security lighting. Completion of installing the new ceiling panels, trim work and painting of the shelter is scheduled to be completed by the end of December. In addition the KMPA has been working with Mangione Construction on the restoration of the fireplace. The landscaping of the area will be scheduled for 2014.

## DAY CAMP BUILDING

Prior to the start of the 2013 day camp season the camp building (office & storage area) was relocated from the hill next to the shelter down to the large field near the pool.

## PLAYGROUND SWINGS

Are planned for installation in the fall of 2013 at the playground near the pool & tennis courts

## TENNIS COURTS

New windscreens were installed to replace those damaged last October. 4 player benches were purchased for the courts.

## POOL

Additional high back sand chairs, regular chairs and chaise lounge chairs were purchased prior to the start of the 2013 pool season. New umbrellas are planned for the 2014 pool season.

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## BEDFORD VILLAGE MEMORIAL PARK

### POOL FILTRATION AND PUMP ROOM ELECTRICAL SYSTEM REPLACEMENT

In the winter of 2013 the electrical system in the pool filtration and pump room was replaced. The original equipment installed in the mid 80's had been identified by the Town's insurance carrier as being in need of replacement due to deterioration and corrosion. The work was completed in time for the 2013 pool season start up and has worked very well.

## WADING POOL SHELL RENOVATION

In the fall of 2012 the shell of the wading pool was resurfaced with a PVC membrane liner system that features a cushioned floor and non slip surface. The new liner has received positive feedback from pool patrons who used the wading pool during the 2013 summer.

## NEW PLAYGROUND PROJECT

The Recreation and Parks Department has been working with the C&M Club on a new playground for the park. The tot lot ages 2-5 area will be renovated this fall to include a new 2-5 year old play structure, new 5-12 year old play structure, new swings, independent play components, new landscaping, pedestrian access pathways, seating, fencing and safety surfacing. Additional work associated with the C&M pavilion is planned in the future. Work on the playground is scheduled to begin in early September with the projected being completed this fall. The 5-12 year play structure located by the basketball courts will remain in place.

## BATH HOUSE

Last fall Fazzinga Roofing and Carpentry installed a new roof and new cupola on the bath house. This spring Bradsell Painting introduced a new color scheme to the exterior of the building with a fresh coat(s) of paint. In the winter of 2013 the lifeguard room was renovated, painted and new lockers were installed for the staff. The public address system was replaced in the early spring. Additional touch ups and improvements to the building are planned this fall and winter.

## TENNIS COURTS

New windscreens were installed to replace those damaged last October. 4 player benches were purchased for the courts.

## POOL

Additional high back sand chairs, regular chairs and chaise lounge chairs were purchased prior to the start of the 2013 pool season. New umbrellas are planned for the 2014 pool season.

## THANK YOU! THANK YOU! THANK YOU!

The Bedford Recreation & Parks Department would like to thank the following businesses/organizations/individuals for contributing to our programs and events!



**BEDFORD VILLAGE LIBRARY** – providing **STORYTIME** at the Bedford Village wading pool on Tuesdays again this summer and providing a library cart of “good read” books for our patrons to borrow throughout the summer!

**TOWN OF BEDFORD PBA** – for sponsoring the annual **DAY CAMP BAR-B-QUE** @the annual camp carnival!

**OLIVER’S RESTAURANT of KATONAH** – for sponsoring our **SENIOR CITIZEN’S ST. PATRICK’S DAY LUNCHEON** this past March!

**KATONAH VILLAGE LIBRARY** – for bringing **STORYTIME** to the Katonah wading pool on Wednesdays for the first time this summer!

**BEN & JERRY’S of MT. KISCO** – for donating gift certificates for free ice cream at our annual Egg Hunt!

**BLUE DOLPHIN RISTORANTE of KATONAH** – for co-sponsoring the **ENTERTAINMENT** at our annual Egg Hunt!

**SINAPI’S of BEDFORD HILLS** – for donating coupons at various events like our Egg Hunt!

**MEALS ON WHEELS DRIVERS** – for donating their time and vehicle to deliver meals to our homebound seniors!

**BEDFORD VILLAGE PLAYGROUND COMMITTEE** – for donating their time to the new playground project anticipated to be built in the fall of 2013!

**BEDFORD VILLAGE CHOWDER & MARCHING CLUB** – for hosting the annual “Movie in the Park” this past summer and for their continued support to facility improvements at the Bedford Village Memorial Park!

**KATONAH MEMORIAL PARK ASSOCIATION** – for hosting the summer concert, “Buried in Blue” this past summer at the Katonah Memorial Park bandstand and for their continued support to facility improvements at the Katonah Memorial Park/Shelter!

**FC SOCCER CLUB** – for their \$2,000.00 donation to soccer facility improvements at the Bedford Hills Memorial Park!

**BEDFORD DOG OWNERS GROUP (BDOG)** – for their donation of a shade structure at the Canine Commons Dog Park.

**THE BEDFORD HILLS WOMEN’S CLUB** – for their annual monetary donation to continued facility improvements to the Bedford Hills Community House.

**THE BEDFORD HILLS, BEDFORD VILLAGE AND KATONAH SWIM & DIVE TEAM PARENT COMMITTEES** – for their hard work, dedication, and commitment to their hamlet team working endlessly to enhance the experience of over 250 children in the program!

Special thanks to **JOHN SAMAYOA** for donating his time and expertise to our instructional basketball program!

# TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name \_\_\_\_\_ Date \_\_\_\_\_

Full Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

EMERGENCY Name \_\_\_\_\_ Telephone \_\_\_\_\_

| Participant Name (Last, First) | Sex | Grade | DOB | Program Day | Activity # | Activity Name | Fee |
|--------------------------------|-----|-------|-----|-------------|------------|---------------|-----|
|                                |     |       |     |             |            |               |     |
|                                |     |       |     |             |            |               |     |
|                                |     |       |     |             |            |               |     |
|                                |     |       |     |             |            |               |     |

Form of Payment  Cash  Check  Credit Card Total Fee \$ \_\_\_\_\_

**General Release** The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

**Participant's Signature** (Parent/Guardian, if under age 18) \_\_\_\_\_

**Mail or bring form with fee to:** Town of Bedford Recreation and Parks Dept.,  
425 Cherry St., Bedford Hills, NY 10507  
914-666-7004

# TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

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|                                |     |       |     |             |            |               |     |

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425 Cherry St., Bedford Hills, NY 10507  
914-666-7004

# save time and money!

## 2014 pool permit information

ALL MEMBERS please do not discard your pool ID cards because they can be used again next summer. Please keep them in a safe place during the off season and once you renew your membership in 2014, your cards are automatically activated.

2014 registration details will be sent to all families/individuals who registered to use any of the three hamlet pools in 2013 in late January of 2014.

PLEASE NOTE: this past spring/summer the Katonah Pool hamlet had the opportunity to update their pool membership cards.

BEDFORD HILLS HAMLET: next spring/summer the Bedford Hills hamlet will be given the same opportunity – all children age 21 and under MUST get new photo's taken for the 2014 season AND all adults over the age of 21 in the Bedford Hills hamlet have the option of keeping their old card/picture or taking a new one.

PLEASE NOTE: you can have your photo taken ANY-TIME during the year. If you are in the Recreation Office during the off season, you may have your photo taken and it will be stored in our system and ready when you renew your pool membership in 2014!

### mark your calenders.....

for these upcoming special events!

GIRLS FIELD HOCKEY – September 7

FLAG FOOTBALL – Starts September 25

ADULT EXERCISE – Starts September 23

FLU SHOTS – October 17

LADIES BINGO – October 25

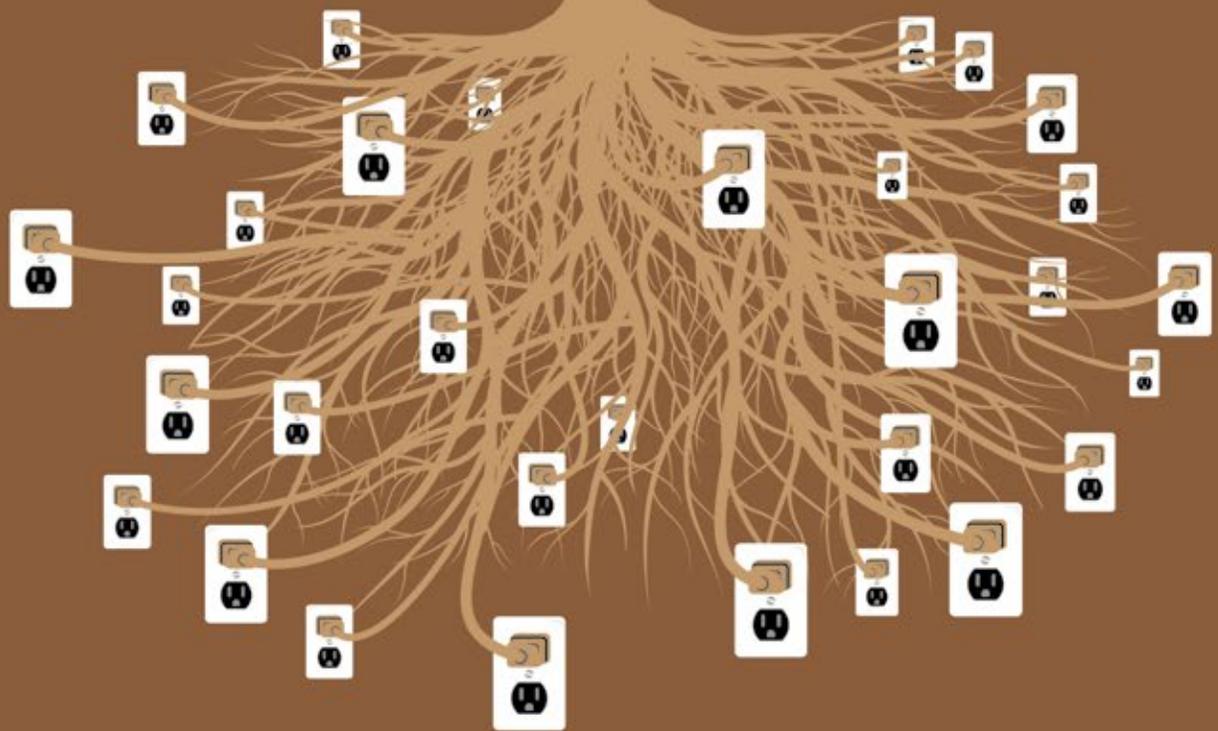
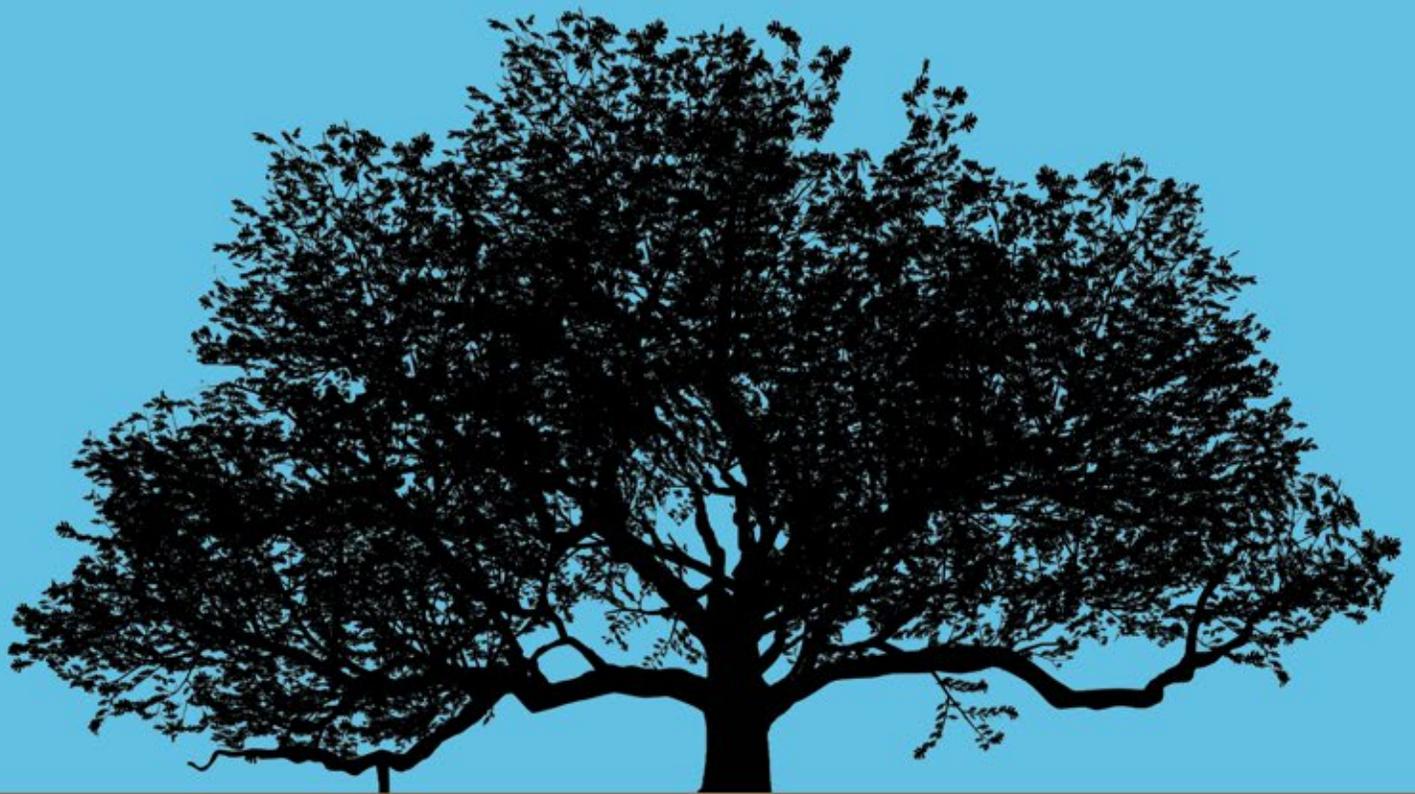
FRIGHT FEST – October 26

YOUTH BASKETBALL EVALUATIONS – November 16

SENIOR HOLIDAY LUNCH – December 11 ◀.....

TOWN *of* BEDFORD  
RECREATION AND PARKS DEPARTMENT

[www.bedfordny.gov](http://www.bedfordny.gov)



**THIS ISN'T SUSTAINABLE.** Bedford is a beautiful place. But we use too much energy. And produce more than our fair share of greenhouse gases. That can change. Bedford 2020 has ways for all of us to make a difference. Simple stuff like not letting your car idle. Not letting warm air leak out of your house in winter. Or cool air in summer. Not leaving your computer plugged in. Mulching your grass. Composting your trash. None of them are expensive, time consuming or burdensome. Just smart. Easy. And practical. Please join us. Together, we can reduce Bedford's greenhouse gas emissions 20% by 2020. Together, we can do a lot by doing a little. Check out how at [bedford2020.org](http://bedford2020.org).

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**BEDFORD**  
**2020** 