

TOWN OF BEDFORD

RECREATION AND PARKS DEPARTMENT

Spring/Summer 2013

Registration begins Monday, March 18th

COMMUNITY & SPECIAL EVENTS / PROGRAMS

ARBOR DAY CELEBRATION 2013



TREE CITY USA

Town Supervisor Lee Roberts, the Town Board, Bedford Tree Advisory Board Chairman Michael Serio and members of the Tree Advisory Board

(TAB) invite Town residents to join in celebrating Arbor Day 2013 with a tree planting ceremony scheduled for Saturday April 20, 9:00am at a site to be determined by the Tree Advisory Board. The site selected will be announced on the Town website and in press releases.

Supervisor Roberts, on behalf of the Town Board, will read the annual Town of Bedford Arbor Day proclamation. New York State Department of Environmental Conservation on behalf of the National Arbor Day Foundation hopes to be available to present the "Tree City USA" designation award to the Town of Bedford. This honor is in recognition to the Town of Bedford for the ongoing tree care and tree plantings the Town has performed during the past year. This is the 13th year Bedford has been designated as a "Tree City USA".

The "Tree City USA" honor is bestowed on communities that have met four qualification standards. They include having a Tree Board or Department, a tree care ordinance, a comprehensive forestry program and have an annual Arbor Day observance and official proclamation. The Town Board is very pleased that the Tree Advisory Board's ongoing work with the National Arbor Day Foundation has secured this wonderful designation for the Town of Bedford and appreciates the role the TAB serves in working with the Town Board in preserving, protecting, maintaining existing Town owned trees and the planting of trees in Bedford.

SUMMER CONCERT "BURIED IN BLUE"

The Katonah Memorial Park Association, in cooperation with the Bedford Recreation Department, invites you to enjoy an evening of fun and entertainment at the stage at Katonah Memorial Park! This special concert event is for music lovers of all ages! Grab your family and friends, your blanket & chairs, your picnic dinner and join us as we dance and sing the night away!



DAY: Friday
DATE: July 12
TIME: 7:00-8:30pm

EVENT: Buried in Blue hails from Westchester County and has been pleasing crowds for over 20 years with blends of rhythm & blues; funk and rock & roll music. Their music crosses all genres and will keep you moving all night long!

SPRING EGG HUNT

Sponsored by the Recreation and Parks Department in conjunction with Blue Dolphin Restaurant in Katonah



It's time to take your baskets in hand and get ready for an EGGstravaganza event. The Town of Bedford will hold its annual Spring Egg Hunt Tuesday March 26 at the John Jay Homestead for children age 2 - 10. The fun begins at 10:45 with entertainment and the EGG HUNT starting promptly at 11:15am. The children will be divided by age (ages 2-5, 6-7, & 8-10) for the hunt. Children should bring their own baskets or bags for egg collecting. The John Jay Homestead state historical site is located on Route 22 in Katonah.

Don't forget to bring your cameras for pictures with the Spring Bunnies.

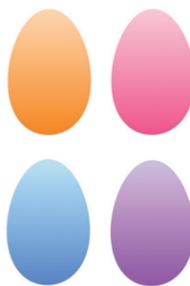
FOR: Children ages 2 - 10 accompanied by a parent
DATE: Tuesday, March 26
TIME: 10:45am - Magician/ Visit with the bunny

11:15am - Hunt
Come early to get some goodies from the Spring Bunny until we say "GO" to begin the HUNT at 11:15 am sharp! After the Hunt, The Magician will return to amaze us.
LOCATION: John Jay Homestead State Historic Site Route 22, Katonah
NOTES: Alternate rain date/location - Thursday, March 28/Fox Lane Turf Field

This event is FREE!

*No registration required!
Just come and join the fun!*

Be sure to bring a bag or basket for gathering the eggs!



FLASHLIGHT EGG HUNT

SUPERVISOR: Kimberly O'Brien

We have made a twist in tradition. Get your flashlights ready and hunt for the colorful candy filled eggs at night. Bring a flashlight for the hunting and a bag for the goodies. Join us for our Flashlight Egg Hunt. Pre Registration is required.



FOR: Grades 3 - 7
DAY: Tuesday
DATE: March 26
(Rain Date March 27)
TIME: 7:30 pm - Hunt starts at 7:45 pm Sharp!
LOCATION: Bedford Village Memorial Park
ACTIVITY # 184600
FEE: \$5.00

FISHING DERBY

SUPERVISOR: Jim Whiting

The Bedford Recreation Department is holding it's 13th annual Fishing Derby at Lake Marie. We are pleased to offer this popular program to all resident youngsters up to age 15. Volunteers from the Sportsman's Club of Northern Westchester will be on hand to help young anglers bait hooks, as well as providing fishing tips to first timers. Prizes will be awarded throughout the day. Bob's Bait & Tackle in Katonah generously donates all the bait, as well as gift certificates and other prizes.

FOR: Children up to age 15
DAY: Sunday
DATE: May 5
TIME: 12:00 - 3:00pm
LOCATION: Bedford Hills Memorial Park - Lake Marie
ACTIVITY#: 185600
FEE: \$5.00 per person
REGISTRATION: You must pre-register at the recreation office by Friday, May 3
NOTE: Children must bring their own fishing pole.
Children 8 & under must be accompanied by an adult

LEARN-TO-RIDE BIKE PROGRAM

CONDUCTED BY: Jim Whiting & the Bedford Police Dept

This highly successful program was initiated by "Bike New York", a Bicycle Education Program dedicated to teaching kids how to ride a bicycle and showing parents effective methods for teaching their kids at home. The Bedford Police will be on hand to provide safety tips and bike registration. Learn more about cycling opportunities in the New York area at www.bikenewyork.org.

FOR: Boys & Girls of all ages
DAY: Saturday
DATE: May 11 (rain date May 18)
TIME: 10:00 am - 12:00 noon
LOCATION: Bedford Hills Memorial Park
FEE: Free - residents may attend any time during the 2-hour period

NOTE: Participants must bring a bicycle and bike safety helmet

CAR SEAT INSPECTION

CONDUCTED BY: The Bedford Police Department

In conjunction with our "Learn-To-Ride" Bike Program specially trained police officers will provide car seat inspections to all interested residents between the hours of 10:00am - 12noon.
FOR: All Town of Bedford Residents
DAY: Saturday
DATE: May 11 (rain date May 18)
TIME: 10:00 am - 12:00 noon
LOCATION: Bedford Hills Memorial Park
FEE: Free - residents may attend any time during the 2-hour period

WWW.BEDFORDNY.GOV

TOWN OF BEDFORD MEMORIAL DAY PARADES AND CEREMONIES Monday May 27, 2013

Town of Bedford residents are encouraged to participate in a national day of remembrance. There are three parades and ceremonies held in the Town as follows:

BEDFORD HILLS MEMORIAL DAY PARADE AND CEREMONIES

Sponsored by: Bedford Hills Fire Department and Bedford Hills Lions Club
Parade Starts: At 9:00am sharp at BHES on Babbitt Road
Parade Route: Babbitt Road to Church Street BHCH, Main Street to the BHFD.
Ceremonies: Are held at the BHCH WW I memorial followed by a ceremony at the end of the parade at the WW II, Korean and Vietnam war memorials at the intersection of Bedford Road and Main Street

KATONAH MEMORIAL DAY PARADE AND CEREMONY

Sponsored by: Katonah American Legion Post 1275 and the Katonah Fire Department
Parade Starts: At 10:00am sharp at Katonah Fire Department
Parade Route: Katonah Fire Department down Katonah Avenue up Parkway to Lawrence Circle. After the ceremony at the war memorials the parade continues from Lawrence Circle down Bedford Road to the Katonah Fire Department.
Ceremonies: Are held at the Lawrence Circle WW I, WW II and Civil war memorials followed by a ceremony at the end of the parade at the KFD bell honoring all veteran's who were also volunteer firefighters.

BEDFORD VILLAGE MEMORIAL DAY PARADE AND CEREMONY

Sponsored by: Bedford Fire Department and Bedford Village Lions Club
Parade Starts: At 11:15am Approx.
Parade Route: Starts at the Corner of Seminary Road and Pound Ridge Road right onto Pound Ridge Road (Route 172) to the Village Green.
Ceremony: Is held at the WW I, WW II, Korean, Vietnam and Gulf War memorials located at the flagpole on the Village Green. At the conclusion of the ceremony residents are invited to the BFD for light refreshments.

FOR YOUR INFORMATION

CONTACT US!

Town Supervisor.....	666-6530
Assessor.....	666-5149
Building Inspector.....	666-8040
Court Clerk.....	666-6965
Dog Control.....	666-4855
Emergency.....	911
Finance.....	666-8283
Highway.....	666-7669
Historian.....	666-4745
Parking Bureau.....	666-8097
Planning.....	666-4434
Police.....	241-3111
Recreation & Parks.....	666-7004
Recycling.....	241-2671
Senior Citizens.....	666-7203
Supervisor.....	666-6530
Tax Receiver.....	666-4475
Town Clerk.....	666-4534
Water.....	666-7855
Wetlands.....	666-5140
Zoning.....	666-4585

RECREATION AND PARKS STAFF

William F. Heidepriem -	Superintendent of Recreation & Parks
Daryl Ann Sudlow -	Assistant Superintendent of Recreation & Parks
James Whiting	Recreation Supervisor
Kimberly O'Brien	Senior Recreation Leader
Suzanne Carpentier.....	Senior Office Assistant
Susan DeFonce.....	Office Assistant
Tom Megna.....	Parks Foreman
Mark Morin.....	Assistant Parks Foreman
Richard Pochintesta.....	Automotive Mechanic
John Goodman.....	Parks Maintenance
Pete Welch.....	Parks Maintenance
Matt Halpin.....	Parks Maintenance
Matt Van Dorn.....	Parks Maintenance
Marc Graniero.....	Parks Maintenance

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TOWN BOARD

Lee V.A. Roberts.....	Town Supervisor
Peter A. Chrystos	Councilman, Deputy Supervisor
Francis T. Corcoran.....	Councilman
Chris Burdick.....	Councilman
David Gabrielson.....	Councilman
<i>Meets every 1st & 3rd Tuesday at 8:00pm in the Town House at 321 Bedford Rd., Bedford Hills.</i>	
William Hayes.....	Police Chief
Boo Fumagalli.....	Town Clerk
Kevin Winn P.E. -	Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

Brian McCabe, Chairman
Wayne Grossman, John McMahon,
Cristina Magidson, Steve Lancia,
Betsy Smith, Aldo Sammarco,
Nancy Bellini, Luke Vander Linden
David Gabrielson – Town Board Liaison

Meets the second Wednesday at 8:00pm in the Recreation & Parks Conference Room

OFFICE LOCATION & HOURS

The Recreation and Parks Department Office and mailing address is 425 Cherry St., Bedford Hills, NY 10507. The office hours are 8:30 am to 4:30 pm, Monday through Friday. The Recreation and Parks Office is located on the 1st floor.

TELEPHONE NUMBERS

Office.....	666-7004
Senior Adults.....	666-7203
Fax.....	666-3863
Recreation Hot line.....	864-3777

CREDIT CARDS- ACCEPTED

Residents can pay fees for all Recreation programs, including day camp and pool passes, by credit card. To use a card, you need to enroll in person at the Recreation Office and all credit cards are being accepted. Please Note: Effective January 1, 2011, when paying by credit card, the following transaction fees will be assessed and added to your monthly credit card statement. These fees are not reflected on your Town of Bedford program receipt. All credit cards = 2.5% per transaction

REGISTRATION

Please mail or bring in your registration form with payment to: Bedford Recreation & Parks Department, 425 Cherry Street, Bedford Hills, NY 10507. The Recreation Department does not confirm program registration, nor can we be responsible for lost or misdirected mail.

NON-RESIDENT REGISTRATION

Non-residents who wish to register for Town of Bedford Recreation and Parks Department programs will be allowed to register for programs one week after the start of registration in order to allow priority to Town of Bedford residents. Non-residents will also be required to pay an additional 25% of the resident fee. Not all programs offered are available to non-residents.

FEES

All fees are expected to be paid at the time of registration. Checks should be made payable to the "Town of Bedford". If there is an inability to pay the full fee at the time of registration, a payment schedule can be arranged by contacting the Recreation and Parks office.

SCHOLAR SHIPS

No Town of Bedford resident shall be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004.

TALENT SEARCH

The Town of Bedford Recreation and Parks Dept. are continuously looking for new and innovative talent in order to offer a variety of programs to our residents. If you possess a skill and the ability to teach it, send us your program idea and resume or call to make an appointment to speak with us. We welcome your program suggestions!

INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

ENROLL EARLY

For most of our programs to be conducted, a minimum enrollment must be reached. In addition, there is usually a maximum enrollment based on facility size and instructor requirements. Therefore, registration is always on a first come, first served basis. We encourage individuals to register early.

REFUNDS

The Town of Bedford refunds only under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
 - If a program participant moves from Town, a full or prorated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
 - Should a participant become ill or injured, a full or prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.
- There will be a \$10.00 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation & Parks Department. All requests for refunds must be made directly to the Superintendent of Recreation & Parks. All approved refunds will be paid by the Town Finance Department following their bill paying schedule.
- *. Please note that Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

RETURNED CHECKS

There is a \$35.00 fee for any returned check.

PROGRAM CANCELLATIONS

If a program must be cancelled due to inclement weather, notification can be accessed through our program hotline number, 864 - 3777 or we encourage you to sign up for e-mail alerts by logging onto the Town website at www.bedfordny.gov. Generally, programs are not held when school is not in session. Postponed classes are normally made up at the end of the program session.

TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community! Be informed on Town news, events, and meetings by receiving notifications of updates and/or additions to the Town of Bedford's web site through e-mail alerts. We hope this will strengthen communications with Town residents by keeping you advised of Town news and updated agendas. If you are interested in receiving these alerts, please go to our web site: www.bedfordny.gov You can remove your name from the list at any time by following the same procedure for enrollment.



The Bedford Police Department encourages all residents to enroll in NIXLE. If you want to receive trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at www.nixle.com and click Sign Up Now!

SENIOR CITIZEN DISCOUNTS

*As part of the 2013 adopted budget, the minimum age for a senior citizen has been modified from age 60 to age 65. This is for all Recreation & Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.
*Please note the age for a Senior Pool Membership has also been modified from age 60 to age 65 but with a clause allowing those who were age 60-64 in 2012 and who had a valid 2012 pool permit to purchase a senior pass.
*Town of Bedford residents, age 65 and older are eligible for a 50% discount on most programs.

HOW TO WATCH A GOOD PROGRAM DIE

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies.

PLEASE REGISTER EARLY!

FIELD AND FACILITY PERMITS

Permits for group use of Town operated fields and facilities are required for group and family functions. For a facility use application please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, www.bedfordny.gov Applications must be submitted at least two weeks prior to the scheduled activity. Individuals and groups who wish to reserve a facility must be a Town of Bedford resident.

COMMUNITY SERVICE OPPORTUNITIES

The Bedford Recreation & Parks Department would like to provide an opportunity to members of the community to get involved in community service. Whether your reason for volunteering is an academic obligation or simply a path to self-improvement, the Recreation & Parks Department has a wide variety of activities and services available throughout the year for you to join in and help out. For more information call the Community Service Coordinator, Jim Whiting at 666-7004.

MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. Individuals who are interested in volunteering their services to this very important program are asked to contact Jim Whiting at 666-7004 for more information.

PICNIC PACKS

For residents planning summer picnics, the Bedford Recreation & Parks Department offers free use of a "picnic pack" of outdoor game equipment such as playground balls, jump ropes, frisbees, whiffle balls, bats, etc. Those interested should contact the office at least one week prior to their planned picnic. A \$25.00 refundable deposit is required (refunded upon the return of the "picnic pack").

NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley
NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

Bedford Hills Library. 666-6472
www.bedfordny.com/orgs/bhfl.htm

Katonah Library. 232-3508
www.katonahlibrary.org

Bedford Village Library. 234-3570
www.bedfordfreelibrary.org

TODDLER PRESCHOOL ACTIVITIES

KIDDY KORNER JAMBOREE

DIRECTORS: Sylvia Rossi & Jennifer Jordan
This popular pre-school program is an opportunity for your child to interact with peers in a safe and nurturing environment. Favorite activities include games, story time, art and more. Snack is provided daily.

FOR: Ages 3 – 4
DAYS: Monday, Wednesday, Thursday
TIME: 9:30am – 12:30pm

REGISTRATION OPTIONS:

3 Days per week \$405.00 (30 sessions)
2 Days per week \$290.00 (20 sessions)
1 Day per week \$180.00 (10 sessions)
Monday: April 8, 15, 22, 29, May 6, 13, 20 June 3, 10, 17
Wednesday: April 10, 17, 24, May 1, 8, 15, 22, 29, June 5, 12
Thursday: April 11, 18, 25, May 2, 9, 16, 23, 30, June 6, 13
All days have 10 meetings.
K.K.J. will not meet on 5/27 (Memorial Day)
ELIGIBILITY: Participant must be age 3 by June 30, 2013
(No Exceptions)
A copy of the child's birth certificate must be provided at registration. Children must be fully toilet trained, no diapers, no pull-ups, etc

VIOLIN LESSONS

NEW!

INSTRUCTOR: Scarsdale Strings
Parent and Child come to class together to explore the fundamentals of violin playing, using the Suzuki Method. Enjoy life through music and the pleasure of learning violin with your child. Trained teachers will work with you and your child in small groups to enable you both to take advantage of the wonderful world of violin music. Class size is limited. There is an additional fee for renting the instrument during the 8 week class.

FOR: Ages 3 – 5 (w/parent or guardian)
DAY: Mondays
DATES: April 8, 15, 22, 29, May 6, 13, 20, June 3
TIME: 1:30 -2:30pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 136800
FEE: \$190.00 paid to Town of Bedford
\$ 37.58 Paid to Scarsdale Strings for Violin Rental

SOCCER SQUIRTS

CONDUCTED BY: U.S. Sports Institute
This program focuses on maximizing participation and learning the fundamental skills of soccer through a variety of fun, structured activities, all designed to stimulate a child's imagination and develop motor skills.

FOR: Ages 3 – 5
DAY: Mondays
DATES: April 15, 22, 29 May 6, 13, 20 June 3
TIME: 1:00 – 2:00pm
LOCATION: Bedford Village Memorial Park
FEE: \$125.00
NOTE: Registration for this program is done directly through U.S. Sports Institute.
Register Online: www.ussportsinstitute.com
or call (866) 345-BALL

SPORTS SQUIRTS

CONDUCTED BY: U.S. Sports Institute
This fun program introduces youngsters to a variety of sports including lacrosse, t-ball, basketball, soccer, hockey, parachute games and more all conducted in a safe and structured environment. All activities promote hand-eye coordination, balance, movement and fun.

FOR: Ages 3 – 5
DAY: Tuesdays
DATES: April 16, 23, 30, May 7, 14, 21, 28
TIME: 1:00 - 2:00pm
LOCATION: Bedford Village Memorial Park
FEE: \$125.00
NOTE: Registration for this program is done directly through U.S. Sports Institute.
Register Online: www.ussportsinstitute.com
or call (866) 345-BALL

NATURE ADVENTURES

INSTRUCTOR: Westmoreland Sanctuary
Take some time with your child to discover the great outdoors. Jump into spring with this fun, educational and interactive program with enjoyable activities like exploring wetlands, seeking out little creatures and going on a "Stream Stomp". Discover something new each week.

FOR: Ages 3 – 5 (w/ parent or guardian)
DAY: Tuesdays
DATES: May 7, 14, 21, 28, June 4, 11
TIME: 1:30 - 2:15 pm
LOCATION: Westmoreland Sanctuary
ACTIVITY #: 167600
FEE: \$80.00
NOTE: Classes are held outdoors, so please be sure to dress for the weather. Rain gear for rainy days please. A bottle of water is also a good idea to bring along. (Children must turn three prior to the start of class.)



Clean-up Weekend 2013

Friday May 3 and
Saturday May 4
8:30am to 3:00pm

The Bedford Village Chowder & Marching Club is a community group in Bedford, NY that raises funds to help provide support for local youth programs and projects focusing on arts and music, club and school sports, scouts, athletics, youth outreach, scholarships and community services.

More Info: www.chowderandmarching.org

PRESCHOOL YOGA with Miss Karen

INSTRUCTOR: Karen Young, MPH Certified Yoga Instructor
Have your preschooler join certified yoga instructor Karen Young for a relaxing yogic adventure. Children will learn asanas (poses) in fun ways, using animals, the alphabet, and their imagination as inspiration! Your child will enjoy all the benefits of yoga including calmness, increased flexibility, increased strength, and ability to be centered. The participants will be taught guided imagery and progressive relaxation, two techniques that can be used to reduce stress throughout life. Children are to bring their own magic carpet (yoga mat, adult size is fine).

FOR: Children ages 3-5
DAY: Thursdays
DATES: April 11, 18, 25, May 2, 9, 16, 23, 30
TIME: 12:30-1:15pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 138809
FEE: \$80.00
NOTE: Maximum enrollment is 8

TINY DRAGONS

INSTRUCTOR: Westchester Martial Arts
The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to Martial Arts. Here they are taught basic martial arts in a fun and friendly environment. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

FOR: Ages 3 - 4
LOCATION: Westchester Mixed Martial Arts and Fitness
333 North Bedford Road, Mt. Kisco
DAY: Thursdays
TIME: 1:30 - 2:00pm
SPRING: April 11, 18, 25, May 2, 9, 16, 23, 30
ACTIVITY #: 130180
FEE: \$150.00
SUMMER: June 20, 27, July 11, 18, 25 August 1, 8, 15
ACTIVITY #: 230180
FEE: \$150.00

SQUIGGLES AND GRINS

NEW!

INSTRUCTOR: KidzArt
This is a Mommy/Daddy and me class for 2 – 5 year olds, utilizes the whole brain methodology to learning. It is a fast paced and fun combination of age-appropriate art, group gross motor activity, original songs and poetry, and storytelling. Students experiment with colors, shapes, different art mediums, and 2 and 3 dimensional media.

FOR: Ages 2 - 5
DAY: Wednesdays
DATES: April 10, 17, 24, May 1, 8, 15, 22, 29
TIME: 1:30 - 2:30 pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 136880
FEE: \$140.00

MISS PATTI'S FEELING GROOVY

INSTRUCTOR: Patti Hupp
Toddler's and preschoolers will love this high energy, music & movement class with Patti Hupp, star of Miss Patti's ArtSmart. Little ones and their caregivers will learn music terminology while they sing and dance to songs from Miss Patti's popular cd, 'Feeling Groovy w/Miss Patti. Free CD download card with registration. Listen @ www.nyartsmart.com.

FOR: Ages 18 to 36 months
DAY: Fridays
DATES: April 12, 19, 26, May 3, 10, 17, 24, 31, June 7, 14
TIME: 1:00 – 1:30pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 138808 (10 Classes)
FEE: \$100.00

MISS PATTI'S ARTSMART

INSTRUCTOR: Patti Hupp
Famous Art & Fabulous Music!
Preschoolers learn how to recreate famous works of art featuring Picasso, Rodin, Van Gogh and more. The 2nd half of the class is Feeling Groovy as little artists sing and dance and make their own music.
Watch ArtSmart TV. www.nyartsmart.com

FOR: Ages 3 - 5
DAY: Fridays
DATES: April 12, 19, 26, May 3, 10, 17, 24, 31, June 7, 14
TIME: 1:35 - 2:30pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 138803 (10 Classes)
FEE: \$150.00

ALDO'S BARBERSHOP



14 Main Street
Bedford Hills, NY 10507
914-666-2256

OPEN: Monday, Tuesday, Thursday, Friday & Saturday
CLOSED: Wednesday & Sunday

HOURS:
Monday, Tuesday, Thursday, Friday: 8:00 am -5:30 pm
Saturday: 7:00 am -5:00 pm

YOUTH ACTIVITIES

BEGINNER VIOLIN **NEW!**

INSTRUCTOR: Scarsdale Strings
This class will include music appreciation, technical training one would receive in a private lesson, and music themed games to help students learn how to perform and cooperate with others. There will be an additional fee for renting the instrument during the 8 week class.

FOR: Ages 5 - 11
DAY: Mondays
DATES: April 8, 15, 22, 29, May 6, 13, 20, June 3
TIME: 4:30 - 5:30pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 168601
FEE: \$190.00 paid to Town of Bedford
\$37.58 paid to Scarsdale Strings for violin rental

BEGINNER DRUMS **NEW!**

INSTRUCTOR: Scarsdale Strings
In beginner drum class, children will have the opportunity to explore their musical ability, as well as increase their motor coordination. This class offers the essentials needed to build a solid foundation in drumming. Through hands on learning, children will cover such fundamentals as hand technique, rudiments, reading and basic rhythms. Games will be used to grab their attention and never let it go. There will be an additional fee for renting the drum pad and sticks during the 8 week class.

FOR: Ages 5 - 11
DAY: Mondays
DATES: April 8, 15, 22, 29, May 6, 13, 20, June 3
TIME: 5:45 - 6:45pm
ACTIVITY #: 168610

FOR: Ages 8 - 14
DAY: Wednesdays
DATES: April 10, 17, 24, May 1, 8, 15, 22, 29
TIME: 6:15 - 7:15pm
ACTIVITY #: 168611

LOCATION: Bedford Hills Community House
FEE: \$190.00 paid to Town of Bedford
\$37.58 paid to Scarsdale Strings for rental fees

BEGINNER GUITAR **NEW!**

INSTRUCTOR: Scarsdale Strings
If you ever dreamed of being a real guitar hero, this class is for you! Listening skills, as well as physical coordination, are developed and improved with daily performance. As the student develops basic motor skills and critical listening, work begins on learning segments of classic songs. There will be an additional fee for renting the instrument during the 8 week class.

FOR: Ages 10 - 18
DAY: Mondays
DATES: April 8, 15, 22, 29, May 6, 13, 20, June 3
TIME: 7:00 - 8:00pm
ACTIVITY #: 168612

FOR: Ages 5 - 11
DAY: Wednesdays
DATES: April 10, 17, 24, May 1, 8, 15, 22, 29
TIME: 5:00 - 6:00pm
ACTIVITY #: 168613
LOCATION: Bedford Hills Community House
FEE: \$190.00 paid to Town of Bedford
\$45.00 Paid to Scarsdale Strings for guitar rental

FASHION DESIGN **NEW!**

INSTRUCTOR: Hobby Quest
Calling all fabulous fashionistas - looking for that perfect outfit? Learn to make it yourself! We'll teach you the ins and outs of fashion design from top to bottom, head to toe - the possibilities are endless as we show you how to tap your creative genius. You'll create an entire ensemble, including shirt/blouse and skirt/shorts to show off for the rest of the year. And because no look is complete without a bit of flair, we'll make some fun accessories such as belts, scarves and hair pieces. Our Fashion Instructors guide you through every step of the process, from construction to final fitting. And since every young designer deserves their day on the runway, we'll celebrate the end of the season with a fashion show for friends and family! So when your friends ask you where you got that fabulous outfit you can smile and say "Oh this thing? It's just a little something I made myself."

FOR: Grades 2 - 6
DAY: Tuesdays
DATES: April 9, 16, 23, 30, May 7, 14, 21, 28
TIME: 5:45 - 6:45pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 168602
FEE: \$136.00

TABLE TENNIS TRAINING PROGRAM **NEW!**

INSTRUCTOR: Westchester Table Tennis Center
Join this new and exciting table tennis group. The club pros will work on teaching and perfecting skills, such as proper strokes, footwork, service, both forehand and backhand, and other basics of the game to help you become a better player. Each session will consist of instruction, match play, physical workout and games. Equipment provided, participants must wear rubber soled shoes.

FOR: Grades 5 - 8
DAY: Tuesdays
DATES: April 9, 16, 23, 30, May 7, 14, 21, 28, June 4, 11
TIME: 5:30 - 7:00pm
LOCATION: Westchester Table Tennis Center, 175 Tompkins Avenue, Pleasantville
ACTIVITY #: 120604
FEE: \$135.00

KNITTING FOR FUN

INSTRUCTOR: Susie Lodge
Learn to knit in this new program. Participants will use the four basic stitches (knit, purl, cast on, cast off) to knit their first project, a scarf. For those returning for the winter program, they will move on to hats. One set of straight knitting needles and yarn included. Participants may borrow needles during the class.

FOR: Grades 5-8
DAY: Wednesdays
DATES: April 10, 17, 24 May 1, 8, 15
TIME: 4:15 - 5:15pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 178601
FEE: \$110.00

COOKING CREATIONS

INSTRUCTOR: Kimberly O'Brien
This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation. Each week the children will prepare and enjoy their own scrumptious treats.

FOR: Grades 2 - 6
DAY: Thursdays
DATES: April 11, 18, 25, May 2, 9, 16, 23, 30
TIME: 4:15 - 6:00pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 138801
FEE: \$140.00

MARTIAL ARTS

INSTRUCTOR: Westchester Martial Arts
Westchester Martial Arts offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow. Gear package is included in the price of the class (uniform, gloves & shin guards).

LOCATION: Westchester Mixed Martial Arts and Fitness
333 North Bedford Road, Mt. Kisco
DAY: Thursdays
SPRING: April 11, 18, 25, May 2, 9, 16, 23, 30
SUMMER: June 20, 27, July 11, 18, 25 August 1, 8, 15
FEES: \$180.00

FOR: Ages 5 - 8 Year olds "Little Champs"
TIME: 5:15 - 6:00 pm
ACTIVITY #: 118600 - Spring
ACTIVITY #: 218600 - Summer

FOR: Ages 8 - 12 Year olds "Youth"
TIME: 4:15 - 5:00pm
ACTIVITY #: 118601 - Spring
ACTIVITY #: 218601 - Summer



BASEBALL ASSOCIATION

Opening Day is April 13!
<http://www.eteamz.com/bprba/>



Your child deserves the very best!



MVP BASKETBALL DAY CAMP

mvpbasketballcamp.org 914-946-1231

Bedford Camp at Fox Lane
June 24 - 28
For boys 9 - 16 and girls 9 - 13

White Plains camps start July 1
For boys and girls 6 - 16
Including a "Varsity Skills Academy"



19th Season

YOUTH ACTIVITIES



WESTPUT SETANTA GAELIC FOOTBALL CLUB

WESTPUT SETANTA FOUNDED IN KATONAH IN 2009 IS A GAELIC (IRISH) FOOTBALL CLUB FOR CHILDREN (BOTH BOYS AND GIRLS) AGED 6 TO 14 YEARS.

DURING THE FALL AND SPRING SEASONS IT TEACHES HOW TO PLAY THE SPORT AND PARTICIPATES IN GAMES ORGANIZED BY THE NEW YORK MINOR BOARD. PRACTICES ARE HELD LOCALLY USUALLY ON SUNDAY AFTERNOONS.

THERE IS NO CHARGE TO PARTICIPATE.

FOR INFORMATION AND CONTACT DETAILS PLEASE CALL JOHN MYERS : 914-232-7012

VISIT OUR WEBSITE

[HTTP://SETANTAGAA.SHUTTERFLY.COM](http://setantagaa.shutterfly.com)

OR VISIT OUR FACEBOOK PAGE

[HTTP://WWW.FACEBOOK.COM/SETANTAGAA.](http://www.facebook.com/setantagaa)

BABYSITTING TRAINING COURSE

INSTRUCTOR: Diane Stonis, Certified Red Cross Instructor
The Babysitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

FOR: Ages 11 – 15
DAY: Tuesdays
DATES: April 30, May 7, 14
TIME: 4:00–6:15pm
LOCATION: Bedford Hills Community House
ACTIVITY#: 158600
FEE: \$75.00 – residents
\$94.00 – non-residents

NOTE: Must be 11 by the first class & attend all classes. Bring a pen/notebook each week.

SPRING FUN

SUPERVISOR: Kimberly O'Brien
Looking for something fun to do with your child(ren) over the spring break. Well look no further, Spring Fun is all you need. This program will keep the kids busy with various activities, like arts and crafts, active play, cooking and more.

FOR: Grades K – 5
DAY/DATE: Monday March 25 and /or Wed March 27
LOCATION: Bedford Hills Community House
TIME: 9:00 am - 2:00 pm
FEE: \$35.00 per day
ACTIVITY#: 198505A Monday
ACTIVITY#: 198506A Wednesday
Extended Day
TIME: 2:00 - 6:00pm
FEE: \$25.00 per day
ACTIVITY#: 198505B Monday
ACTIVITY#: 198506B Wednesday
Note: Bring your lunch or buy Pizza the morning you attend. You must attend morning program in order to use extended day.

WHIFFLE BALL HOME RUN DERBY

SUPERVISOR: Jim Whiting
This event is an opportunity for players to test their whiffle ball skills by competing in a fun and challenging hitting contest. Swinging for the fences just like the pros, this "All Star" event will establish who is the "Big Bopper" in your neighborhood. 1st, 2nd & 3rd place prizes will be awarded in each age division.

FOR: Grade 4 – 6 (entering)
DAY: Tuesday
DATE: July 9
TIME: 4 grade 3:15 – 4:15pm
5/6 grade 4:15 – 5:15pm
LOCATION: Bedford Hills Basketball Courts
ACTIVITY #: 225602
FEE: \$5.00 per player

INSTRUCTIONAL GOLF

INSTRUCTOR: Brian Crowell & Staff
Resident Golf Pro, Brian Crowell and his expert staff will conduct this excellent, affordable program. The basic elements of grip, stroke and club selection will be taught, along with a general orientation to the game of golf. Space is limited, so sign up early.

FOR: Grades 4 - 8
DAY: Mondays
DATES: April 15, 22, 29, May 6, 13 (rain date May 20)
TIME: 5:00 - 6:30pm
LOCATION: Bedford Village Memorial Park
ACTIVITY #: 120600
FEE: \$85.00

TEENZ ART

NEW!

INSTRUCTOR: KidzArt

Teenz Art provides challenging design projects and fun surprises intended to motivate students at this age, and to push their creative potential to the max. Our students become more independent and their personal sense of individual style grows stronger. We continue to challenge our students to exercise their creative skills in other areas of their life. The session will include working with different mediums including water color, copper tooling, charcoal and more!

FOR: Grades 6 - 9
DAY: Thursdays
DATES: April 11, 18, 25, May 2, 9, 16, 23, 30
TIME: 5:30 – 6:30pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 168600
FEE: \$140.00

SAFE ON MY OWN

INSTRUCTOR: Diane Stonis, Certified Red Cross Instructor
Safe On My Own is a program for children in grades 3 thru 5 who would like to learn the safety measures of what to do when they find that they are alone on their own. Some topics to be discussed include, what to say on the phone when home alone, what to do if someone comes to your home while you are alone, stranger danger when you are outside your home, how to call 911, and what to do in an emergency.

FOR: Grades 3-5
DAY/DATE: Tuesday, April 23
TIME: 4:30-6:30 pm
LOCATION: Bedford Hills Community House
ACTIVITY #: 150605
FEE: \$20.00

NOTE: includes a Safe On My Own take home pamphlet.

BEDFORD BEARS HOCKEY



The Bedford Bears Youth Hockey Association is a nonprofit organization comprised of approximately 120 players between the ages of 4 and 18.

The Bears have adopted USA Hockey's ADM Model, which focusses on small area games and increased touches of the puck along with station-based practices.

This model increases the ice time for each player while also allowing for more drill repetitions and touches of the puck within the structure of a highly organized practice.

Players are grouped by age and ability, which promotes healthy competition and an excellent learning environment.

The Bears have recently added some of the best area coaches because they understand the advantage their children get when USA Hockey's ADM Model is followed.

Last season, the Bears sent five teams to the league playoffs. The Squirt A team boasts having made it to the NY State Semi-Final game.

The Bedford Bears program, has been a training ground for local high school standouts. Several of the top players from John Jay, Fox Lane, and Horace Greeley sharpened their skills with the Bears.

For more information or to register go to www.bedfordbearshockey.com



The Lions Club of Bedford Hills

The Lions Club of Bedford Hills was founded in 1939 with one goal: COMMUNITY SERVICE.

Since then, we have supported dozens of projects and causes that *give back to our local community*, including the Bedford Hills Free Library and Bedford Recreation & Parks programs, Citizenship Awards at Bedford Hills Elementary and College Scholarships for Fox Lane graduates.

We also sponsor exciting events throughout the year including our scrumptious **pancake breakfasts** and our signature **Classic Car Show**.

Go to www.bedfordhillslions.org for our upcoming events!

Lions-Club-of-Bedford-Hills
 @bhlions
 bhlions



We meet twice each month on the 1st and 3rd Wednesdays at 7:00 PM at the Bedford Hills Community House.

We always welcome men and women who share our spirit of fellowship & community service – come see what we're all about!



ADULT PROGRAMS

GUITAR LESSONS FOR ADULTS

NEW!

INSTRUCTOR: Scarsdale Strings

Have you always wanted to learn to play the guitar, but never had the time, or you did not know where to start. Here's your chance! Adult guitar lessons will get you on your way. As you develop basic skills you will learn segments of classic songs. This is the best place to start. There will be an additional fee for renting the instrument during the 8 week class.

FOR: Ages 18+
 DAY: Wednesdays
 DATES: April 10, 17, 24, May 1, 8, 15, 22, 29
 TIME: 7:30 – 8:30pm
 ACTIVITY #: 168703
 LOCATION: Bedford Hills Community House
 FEE: \$190.00 paid to Town of Bedford
 \$45.00 paid to Scarsdale Strings for guitar rental

ART CLASS

NEW!

INSTRUCTOR: Art Innovators

Create memories, have fun, and take home a masterpiece! During this class you will explore different drawing techniques while experimenting with an array of art mediums including copper tooling, watercolor, charcoal and more! It is never too late to discover art!



FOR: Adults 18 +
 DAY: Thursday
 DATES: April 11, 18, 25, May 2,
 TIME: 7:00 – 8:00pm
 LOCATION: Bedford Hills Community House
 ACTIVITY #: 168702
 FEE: \$75.00

DEFENSIVE DRIVING

INSTRUCTOR: Bedford Police

Learn to drive defensively! After completing this course, motorists may be eligible for a reduction on their insurance premiums and up to a 4 - point reduction on their driving record. Participants must be on time and complete the full 6 hours of instruction to satisfactorily complete the class.

FOR: Ages 16 and older
 DAYS: Tuesday & Wednesday
 DATES: April 23 & 24
 TIME: 7:00 – 10:00pm
 LOCATION: Bedford Hills Community House
 ACTIVITY #: 168701
 FEE: \$19.00 Town of Bedford
 \$11.00 National Safety Council
 NOTE: Participant must attend both nights



DOG AGILITY TRAINING BEGINNER, ADVANCED BEGINNER AND ADVANCED CLASSES

INSTRUCTOR: Kate Connick,
 Kate is certified by the ARC in pet first aid AND has a Masters Degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

FOR: Town of Bedford residents
 DAY: Saturdays
 DATES: April 6, 13, 20, 27 May 4, 11, 18 June 1, 8, 15
 MAKEUP: June 22
 LOCATION: Beaver Dam Park Agility Area
 CONTACT: Kate Connick, Instructor at
 KConnick@aol.com

Beginner Class
 TIME: 3:45 – 4:45pm
 ACTIVITY # 167101
 Prerequisite: Basic obedience and control around other dogs.

Advanced Beginner Class
 TIME: 2:30 – 3:30pm
 ACTIVITY # 167102
 Prerequisite: Instructor approval required

Advanced Class
 TIME: 5:00 – 6:00pm
 ACTIVITY # 167103
 Prerequisite: Instructor approval required

FEE: \$125.00 per participant (owner and dog)
 10 Sessions

NOTE: If space is available one week prior to the start of the program non-residents can enroll in the course at a 25% higher rate (\$156.00) - Dogs MUST have a valid NYS license!

AEROBICS WORKOUT

INSTRUCTOR: Paula DiJulio

This high-low aerobics program is specifically geared to adults who may not be exercising regularly and would like to get into a healthy program that meets their needs. This experienced, certified, personable instructor offers an uncomplicated, enjoyable, feel good opportunity! Bring a mat or large towel.

FOR: Adults
 DAYS: Monday and Wednesday
 DATES: April 8, 10, 15, 17, 22, 24, 29, May 1, 6, 8, 13, 15,
 20, 22, 29, June 3, 5, 10, 12, 17
 (no class May 27)
 TIME: 7:00 – 8:00pm
 LOCATION: Bedford Hills Elementary School
 ACTIVITY #: 110713
 FEE: \$170.00–Residents–20 classes/2 days wk
 \$85.00–Resident Seniors age 65+
 \$213.00 – Non-Residents

OR

\$85.00 – Residents – 10 classes/1 day wk
 \$43.00 – Resident Seniors age 65+
 \$106.00 – Non-Residents

NOTE: Maximum 30 participants
 Hand weights are optional

SUMMER SWEAT - AEROBICS WORKOUT

INSTRUCTOR: Paula DiJulio

For those who want to continue on a regular workout routine or want to start one, this high-low aerobics program is for you. This workout is specifically geared to adults who may not be exercising regularly and would like to get into a healthy program that meets their needs. This experienced, certified, personable instructor offers an uncomplicated, enjoyable, feel good opportunity! Bring a mat or large towel.

FOR: Adults
 DAYS: Monday and Thursday
 DATES: July 1, 8, 11, 15, 18, 22, 25, 29, August 1, 5,
 8, 12, 15, 19, 22, 26, 29, September 5, 9, 12
 (no class July 4 & September 2)
 TIME: 7:00 - 8:00pm
 LOCATION: Bedford Hills Community House
 ACTIVITY #: 210713
 FEE: \$170.00 – Residents (20 classes)
 \$85.00 – Resident Seniors age 65+
 \$213.00 – Non-Residents

NOTE: Maximum 30 participants
 Hand weights are optional

TOTAL BODY WORKOUT

INSTRUCTOR: Anne-Marie Pasquale

Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 19 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

FOR: Adults
 DAY: Tuesday
 DATES: April 9, 16, 23, 30, May 7, 14, 21, 28, June 4, 11
 TIME: 7:00 – 8:00pm
 LOCATION: Bedford Hills Elementary School
 ACTIVITY #: 118701
 FEE: \$85.00 – Residents – 10 classes
 \$43.00 – Resident Seniors age 65+
 \$106.00 – Non-Residents

NOTE: Maximum 30 participants



Katonah Museum of Art

Free admission for one (with coupon)
 to see **Beyond the Bed:**
The American Quilt Evolution

Valid March 1 - June 16, 2013
katonahmuseum.org



THE SMALL TOWN THEATRE COMPANY

CO FOUNDERS: Donna Garr (Katonah, NY) and
 Sam Morell (Armonk, NY)

The Small Town Theatre Company, based in Armonk, New York, provides a wide variety of affordable, high quality theatre productions and summer concerts throughout Westchester.

The Small Town Theatre Company is looking forward to partnering with Bedford Recreation and Parks Department again this year in offering entertainment in Bedford. Please visit their website www.SmallTownTheatre.com for information on upcoming programs

Katonah Spring Clean-up Day and Plant Sale

Saturday, May 4th, 9am to 2pm (Rain or Shine)

Meet in front of the library.

Disposable gloves, garbage bags, vests, route maps, and refreshments provided.

For more information visit www.katonahvis.com

Prizes for the Kids!



Sponsored by the Katonah Village Improvement Society



ADULT PROGRAMS

YOGA

INSTRUCTOR: Kim Jones, Registered Yoga Instructor
Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. Please bring a mat and dress comfortably. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and holds the Yoga Alliance designation of RYT 200.

FOR: Adults
DAY: Thursday
DATES: April 11, 18, 25, May 2, 9, 16, 23, 30, June 6
TIME: 7:00 - 8:15pm
LOCATION: Bedford Hills Elementary School, 123 Babbitt Rd., Bedford Hills
ACTIVITY #119700

FEE: \$76.00 – Residents – 9 classes
\$95.00 – Non-residents

NOTE: 1. There is no senior discount for this program
2. Please wear comfortable clothes, come on an empty stomach and bring a mat

INSTRUCTOR: Susan Lara Safranek, certified Yoga teacher and passionate student of various forms of Hatha Yoga. Yoga is an ancient practice that strengthens and tones the body, balances and calms the mind, and refreshes and renews the spirit. In this class we will explore a bit of the history and philosophy of Yoga, while learning Yoga postures, breathing techniques, and meditation, all in a safe, supportive and non-competitive atmosphere. All levels of experience (and flexibility) are welcome.

FOR: Adults
DAY: Friday
DATES: April 12, 19, 26, May 10, 17, 24, 31, June 7 (8 classes) (No class May 3)
TIME: 9:30 - 11:00 am

LOCATION: Bedford Hills Community House
ACTIVITY #: 118703

FEE: \$80.00 -Residents:
\$100.00-Non-residents:

NOTE: 1. There is no senior discount for this program
2. Please wear comfortable clothes, come on an empty stomach and bring a mat.



LUNCHTIME WORKOUT

INSTRUCTOR: Karla Diamond
Designed to keep you moving and fit. This class includes a fun dance aerobic workout followed by strength and balance exercises. Top it off with gentle stretches that can be done on a chair or on the floor and a 5 minute relaxation. You'll feel ready to charge into the rest of your day! This class is open to all ages and abilities. All of the exercises can be modified so that you can go at your own pace. Bring a mat or large towel and hand weights.

FOR: Adults
DAYS: Mondays & Thursdays
TIME: 12:00 – 1:00pm
LOCATION: Bedford Hills Community House
FEE: \$77.00: 11 sessions Spring I and/or II
\$70.00: 10 sessions Summer I

SPRING SESSION I (11 sessions):
April 1, 4, 8, 11, 15, 18, 22, 25, 29, May 2, 6
ACTIVITY#: 118700

SPRING SESSION II (11 sessions):
May 9, 13, 16, 20, 23, 30 June 3, 6, 10, 13, 17,
ACTIVITY#: 118702

SUMMER SESSION I (10 sessions):
June 20, 24, 27, July 1, 8, 11, 15, 18, 22, 25
ACTIVITY#: 218700

NOTE: There is no senior discount



ZUMBA FITNESS

INSTRUCTOR: Sarah Westlake, Certified Zumba Instructor

The hottest fitness craze is here!! Dance off those calories, burn that fat, tone and sculpt that body. Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise creating a dynamic, exciting and effective fitness workout for all fitness levels. Move at your own pace. Guaranteed to energize...It's easy to learn so come join the fun! Sarah Westlake trained under our former instructor, Marie Roberts and is eager to carry on the tradition of this great Zumba class!

FOR: Adults
DAY: Tuesdays
DATES: April 9, 16, 23, 30, May 7, 14, 21, June 4, 11 (9 classes)
(no class May 28)

TIME: 9:30 - 10:30 am
LOCATION: Bedford Hills Community House
ACTIVITY#: 117001

OR

DAY: Thursdays
DATES: April 11, 18, 25, May 2, 9, 16, 30, June 6, 13 (9 classes)
(no class May 23)

TIME: 9:30-10:30am
ACTIVITY #: 117002
FEE: \$90.00 Residents per session (9 classes)
\$45.00 – Resident Seniors age 65+
\$113.00 – Non-Residents



Katonah Memorial Park Association



The Katonah Memorial Park Association provides a leadership, guidance, and consultation role on operational matters affecting the Katonah Memorial Park. In partnership and cooperation with the Town of Bedford, this effort will maintain the excellence of all the Park's facilities and programs. We will continue the Park's legacy of a living memorial to Katonah Veterans of all Wars. Thru our current fundraising efforts, KMPA has contributed funds to refurbish the shelter at Katonah Memorial Park with new skylights, roofing, wiring & lights – more improvements to the shelter are to come in early spring!

Annual Spring Clean up – Coming in May in conjunction with Katonah Village Improvement Society! Help clean up your hamlet and hamlet park! For more info contact Anne Hanley at 232 – 8017.

SPECTACULAR PARTY SALES
TUPPERWARE

VERA V THOMPSON
TUPPERWARE CONSULTANT

11 ROBINSON AVE
BEDFORD HILLS
NEW YORK 10507

914 841 4914 CELL

vthomps@att.net
www.my2.tupperware.com/verathompson

TENNIS FACILITIES & PROGRAMS

BEDFORD HILLS MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located behind the Bedford Hills Little League Field. An access path is located to the rear of the parking area between the baseball/softball fields.

KATONAH MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located at the end of North Street next to the main parking area.

BEDFORD VILLAGE MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located on the right side of the main parking lot on Greenwich Road.

Notes:

• The Katonah and Bedford Village Tennis Courts are utilized by the Harvey School from April through mid-May, 3:30 - 5:00pm.

Home matches will require the use of the courts until 6:00pm.

A detailed schedule of court use will be posted at each site on April 1st.

ATTENTION: Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

SPRING 2013 TENNIS LESSONS BEDFORD VILLAGE MEMORIAL PARK



Lessons are offered in cooperation with the Saw Mill Club
Tennis Director: Bob Bull

All instructors are provided by the Saw Mill Club and are USPTA certified

The Town of Bedford Recreation and Parks Department is pleased to be partnering with the Saw Mill Club at the Bedford Village Memorial Park tennis court facilities to offer a wide variety of public tennis lesson opportunities to the residents of Bedford. Tennis Director Bob Bull and staff member Charles Lacy Thompson will be coordinating the program offerings at BVMP with assistance from the Town of Bedford R&P staff. Please take a moment to check out the tennis offerings for spring & summer 2013....See you on the courts!

Come meet our new partners... "Open House" Meet & Greet at the Saw Mill Club

Youth & Adult Tennis Players

Welcome...

On Saturday, May 4 from 7:00 pm – 8:30 pm The Saw Mill Club will be hosting a "meet & greet" event at their own facility highlighted by demonstrations for all ages and free "Quick Start" mini lessons for children ages 4 – 9.

Saw Mill Club staff will be available to answer any questions you may have regarding our entire tennis lesson program offered through this exciting new partnership between the Town and the Saw Mill Club at Bedford Village Memorial Park.

WHAT IS QUICK START TENNIS?

- Quick Start tennis is an exciting new play format for learning tennis
- Special balls and racquets, all tailored to age and size
- Shorter courts and special fun games to learn to rally and play

QUICK START TENNIS AGES 4, 5 & 6

DAY: Saturdays
DATES: May 11, 18, June 1, 8, 15
RAINDATE: June 22
TIME: 10:00 – 11:00am
ACTIVITY # 124600
FEE: \$110.00
add \$15.00 to purchase a junior racquet

QUICK START TENNIS AGES 7, 8 & 9

DAY: Saturdays
DATES: May 11, 18, June 1, 8, 15
RAINDATE: June 22
TIME: 11:00 am – 12noon
ACTIVITY # 124601
FEE: \$110.00
add \$15.00 to purchase a junior racquet

JUNIOR TENNIS PROGRAM

- The goal of junior tennis is to provide a solid foundation of tennis fundamentals in a challenging and fun environment
- Forehands, backhands, serves, volley, how to keep score and tennis etiquette will be covered.

JUNIOR TENNIS AGES 10 – 12

Beginner/Advanced Beginner

For individuals who can hit the ball over the net with some success and need to develop on court experience.

DAYS: Fridays
DATES: May 10, 17, 31, June 7, 14
RAINDATE: June 21
TIME: 5:30 – 6:30pm
ACTIVITY # 124603
FEE: \$110.00

ADULT TENNIS

Beginner / Advanced Beginner

DAYS: Saturdays
DATES: May 11, 18, June 1, 8, 15
RAINDATE: June 22
TIME: 9:00 – 10:00am
ACTIVITY # 124701
FEE: \$110.00

SUMMER 2013 TENNIS LESSONS BEDFORD VILLAGE MEMORIAL PARK

QUICK START TENNIS AGES 4, 5 & 6

DAY: Saturdays
DATES: June 29, July 13, 20, 27, August 3
RAINDATE: August 10
TIME: 10:00 – 11:00 am
ACTIVITY # 224605
FEE: \$110.00
add \$15.00 to purchase a junior racquet

QUICK START TENNIS AGES 7, 8 & 9

DAY: Saturdays
DATES: June 29, July 13, 20, 27, August 3
RAINDATE: August 10
TIME: 1:00 am – 12 noon
ACTIVITY # 224606
FEE: \$110.00
add \$15.00 to purchase a junior racquet

ADULT TENNIS

Beginner/Advanced Beginner

DAYS: Saturdays
DATES: June 29, July 13, 20, 27, August 3
RAINDATE: August 10
TIME: 9:00 – 10:00 am
ACTIVITY # 224700
FEE: \$110.00

PRIVATE LESSON OPPORTUNITIES

LOCATION: Bedford Village Memorial Park Tennis Courts
Can be scheduled through contacting the Saw Mill Club
Tennis Director Bob Bull at 241 – 0797 ext 3007 or by email at bbull@sawmillclub.com
2013 Rate:
½ hour \$40.00 1 hour \$70.00





THE BEDFORD HILLS NEIGHBORHOOD ASSOCIATION

Our Association was founded in 2006 in an effort to improve the quality of life and work in our charming hamlet through community-based events. In the past years, BHNA has annually sponsored Community Clean-up Days, "Run for the Hills" 5K run, Town Forums, and the Bedford Hills Tree Lighting. Past events include "The Hills Are Alive" cocktail party at Glen Arbor, pumpkin carving and pie-baking contests, pool party and Sweets for Seniors. It is because of these events, and the generous contributions of Bedford Hills families and businesses, BHNA proudly supports local and town organizations such as the Bedford Hills Free Library, Katonah-Bedford Hills Ambulance Corp, Bedford Hills Elementary School Association, and The Community Center of Northern Westchester. The Executive Board continually seeks new ways to involve every member of the Bedford Hills community. Annual meetings are held once a year and are always open to members old and new. We encourage everyone to become a member and be involved in our wonderful Community!

UPCOMING EVENTS:

Run for the Hills – 5K road race – April 13th

Please check our web site at: www.BHNA10507.com for details on all events and membership! Like us on facebook: Bedford Hills Neighborhood Association

Janet Jacobsen – President

Boo Fumagalli – Vice-President

Whitney Barbera – Secretary

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SPRING 2013 TENNIS LESSONS BEDFORD HILLS MEMORIAL PARK



Lessons are offered in cooperation with the Saw Mill Club
Tennis Director: Bob Bull
All instructors are provided by the Saw Mill Club and are USPTA certified

The Town of Bedford Recreation and Parks Department is pleased to be partnering with the Saw Mill Club at the Bedford Hills Memorial Park tennis court facilities to offer a wide variety of public tennis lesson opportunities to the residents of Bedford. Tennis Director Bob Bull and staff member Charles Lacy Thompson will be coordinating the program offerings at BHMP with assistance from the Town of Bedford R&P staff. Please take a moment to check out the tennis offerings for spring & summer 2013....See you on the courts!

WHAT IS QUICK START TENNIS?

- Quick Start tennis is an exciting new play format for learning tennis
- Special balls and racquets, all tailored to age and size
- Shorter courts and special fun games to learn to rally and play

QUICK START TENNIS AGES 4, 5 & 6

DAY: Tuesdays
DATES: May 14, 21, 28, June 4, 11
RAINDATE: Fridays
TIME: 4:30 – 5:30pm
ACTIVITY #125600
FEE: \$110.00
add \$15.00 to purchase a junior racquet

QUICK START TENNIS AGES 7, 8, 9

DAY: Tuesdays
DATES: May 14, 21, 28 June 4, 11
RAINDATE: Fridays
TIME: 5:30 – 6:30pm
ACTIVITY #125601
FEE: \$110.00
add \$15.00 to purchase a junior racquet

JUNIOR TENNIS PROGRAM

- The goal of junior tennis is to provide a solid foundation of tennis fundamentals in a challenging and fun environment
- Forehands, backhands, serves, volley, how to keep score and tennis etiquette will be covered.

JUNIOR TENNIS AGES 10 – 14

Beginner

For individuals just starting tennis and those with limited tennis experience or lessons.

DAYS: Thursdays
DATES: May 16, 23, 30 June 6, 13
RAINDATE: June 20
TIME: 4:30 – 5:30pm
ACTIVITY # 125603
FEE: \$110.00

Advanced Beginner

For individuals who can hit the ball over the net with some success and need to develop on court experience.

DAYS: Thursdays
DATES: May 16, 23, 30 June 6, 13
RAINDATE: June 20
TIME: 5:30 – 6:30pm
ACTIVITY #125604
FEE: \$110.00

ADULT TENNIS

Beginner

DAYS: Tuesdays
DATES: May 14, 21, 28, June 4, 11
RAINDATE: Fridays
TIME: 6:30 – 7:30pm
ACTIVITY #125700
FEE: \$110.00

Advanced Beginner/Intermediate

DAYS: Thursdays
DATES: May 16, 23, 30, June 6, 13
RAINDATE: Fridays
TIME: 6:30 – 7:30pm
ACTIVITY #125701
FEE: \$110.00


10 AND UNDER TENNIS

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SUMMER 2013 TENNIS LESSONS BEDFORD HILLS MEMORIAL PARK

TENNIS CAMP



INSTRUCTOR: Saw Mill Club
The staff from Saw Mill Club is hosting a one-week mini camp at the Bedford Hills Memorial Park in the first week of June. All basic elements of tennis will be covered in a format that is fun, challenging and interactive.

FOR: Ages 6 - 10
DAYS: Monday – Thursday
DATES: June 24 – 27
RAIN DATE: Friday, June 28
TIME: 9:30 am – 12:30pm
LOCATION: Bedford Hills Memorial Park
ACTIVITY#: 299600
FEE: \$135.00

QUICK START TENNIS AGES 4, 5 & 6

Summer Session 1

DAY: Tuesdays & Thursdays
DATES: July 2, 9, 11, 16, 18, 23
RAINDATE: Fridays
TIME: 3:15 – 4:15pm
ACTIVITY # 225605
FEE: \$135.00
add \$15.00 to purchase a junior racquet

Summer Session 2

DAY: Tuesdays & Thursdays
DATES: July 25, 30, August 1, 6, 8, 13
RAINDATE: Fridays
TIME: 3:15 – 4:15pm
ACTIVITY # 225606
FEE: \$135.00
add \$15.00 to purchase a junior racquet

QUICK START TENNIS AGES 7, 8, 9

Summer Session 1

DAY: Tuesdays & Thursdays
DATES: July 2, 9, 11, 16, 18, 23
RAINDATE: Fridays
TIME: 4:15 – 5:15pm
ACTIVITY # 225607
FEE: \$135.00
add \$15.00 to purchase a junior racquet

Summer Session 2

DAY: Tuesdays & Thursdays
DATES: July 25, 30, August 1, 6, 8, 13
RAINDATE: Fridays
TIME: 4:15 – 5:15 pm
ACTIVITY # 225608
FEE: \$135.00
add \$15.00 to purchase a junior racquet

JUNIOR TENNIS AGES 10 - 14

Summer Session 1

DAY: Tuesdays & Thursdays
DATES: July 2, 9, 11, 16, 18, 23
RAINDATE: Fridays
TIME: 5:15 – 6:15pm
ACTIVITY # 225611
FEE: \$135.00

Summer Session 2

DAY: Tuesdays & Thursdays
DATES: July 25, 30, August 1, 6, 8, 13
RAINDATE: Fridays
TIME: 5:15 – 6:15pm
ACTIVITY # 225612
FEE: \$135.00

ADULT TENNIS

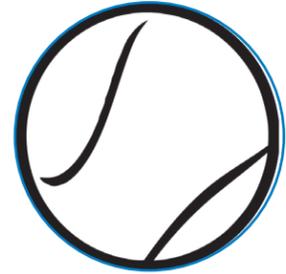
Beginner/Advanced Beginner

Summer Session 1

DAY: Tuesdays & Thursdays
DATES: July 2, 9, 11, 16, 18, 23
RAINDATE: Fridays
TIME: 6:30 – 7:30pm
ACTIVITY # 225703
FEE: \$135.00

Summer Session 2

DAY: Tuesdays & Thursdays
DATES: July 25, 30, August 1, 6, 8, 13
RAINDATE: Fridays
TIME: 6:30 – 7:30pm
ACTIVITY # 225704
FEE: \$135.00



PRIVATE LESSON OPPORTUNITIES

LOCATION: Bedford Hills Memorial Park Tennis Courts Can be scheduled through contacting the Saw Mill Club
Tennis Director Bob Bull at 241 – 0797 ext 3007 or by email at bbull@sawmillclub.com
2013 Rate:
½ hour \$40.00 1 hour \$70.00

SPRING 2013 TENNIS LESSONS KATONAH MEMORIAL PARK



All Katonah Lessons are offered in cooperation with the Solaris Sports Club

ADULT TENNIS

Beginner

DAYS: Mondays
DATES: April 29, May 6,13, 20, June 3,10,17,24
TIME: 9:30 – 10:30am
ACTIVITY # 126270
FEE: \$180.00

Advanced Beginner

DAYS: Mondays
DATES: April 29, May 6,13, 20, June 3, 10, 17, 24
TIME: 10:30 – 11:30am
ACTIVITY # 126701
FEE: \$180.00

Experienced

DAYS: Mondays
DATES: April 29, May 6,13,20, June 3, 10, 17, 24
TIME: 11:30 am – 12:30pm
ACTIVITY # 126702
FEE: \$180.00

Beginner

DAYS: Wednesdays
DATES: May 1,8,15, 22,29,June 5, 12, 19
TIME: 9:30 – 10:30am
ACTIVITY # 126700
FEE: \$180.00

Advanced Beginner

DAYS: Wednesdays
DATES: May 1,8,15,22,29, June 5, 12, 19
TIME: 10:30 – 11:30am
ACTIVITY # 126704
FEE: \$180.00

Experienced

DAYS: Wednesdays
DATES: May 1,8,15,22,29, June 5, 12, 19
TIME: 11:30am – 12:30pm
ACTIVITY # 126705
FEE: \$180.00

Solaris Sports Club Tennis Director: Geoff Jagdfeld
All instructors are provided by the Solaris Sports Club and are USPTA certified
The Town of Bedford Recreation and Parks Department is pleased to be partnering with the Solaris Sports Club at the Katonah Memorial Park tennis court facilities to offer a wide variety of public tennis lesson opportunities to the residents of Bedford. Tennis Director Geoff Jagdfeld will be coordinating the program offerings at KMP with assistance from the Town of Bedford R&P staff. Please take a moment to check out the tennis offerings for spring & summer 2013....See you on the courts!

YOUTH TENNIS AGES 5, 6 & 7

DAY: Mondays
DATES: May 13, 20, June 3, 10, 17, 24
TIME: 4:30 – 5:30pm
ACTIVITY # 126600
FEE: \$135.00 – add \$15.00 to purchase a junior racquet
DAY: Wednesdays
DATES: May 15, 22, 29 June 5, 12, 19
TIME: 4:30 – 5:30pm
ACTIVITY # 126601
FEE: \$135.00 – add \$15.00 to purchase a junior racquet

YOUTH TENNIS AGES 8, 9 & 10

DAY: Mondays
DATES: May 13, 20, June 3, 10, 17, 24
TIME: 5:30 – 6:30pm
ACTIVITY # 126602
FEE: \$135.00 – add \$15.00 to purchase a junior racquet
DAY: Wednesdays
DATES: May 15, 22, 29 June 5, 12, 19
TIME: 5:30 – 6:30pm
ACTIVITY # 126603
FEE: \$135.00 – add \$15.00 to purchase a junior racquet

NOTE: Rain location for all Katonah Memorial Park lessons offered by Solaris Sports Club will be held at an indoor rain location, at Solaris Sports Club in Yorktown. All participants will be notified by email if their lesson has been moved to the indoor location.

SUMMER 2013 TENNIS LESSONS KATONAH MEMORIAL PARK



Lessons are offered in cooperation with the Solaris Sports Club Tennis Director: Geoff Jagdfeld

YOUTH TENNIS AGES 5, 6 & 7

Summer Session 1

DAY: Mondays & Wednesdays
 DATES: June 24, 26, July 1, 3, 8, 10
 TIME: 4:00 – 5:00pm
 ACTIVITY # 226600
 FEE: \$135.00
 add \$15.00 to purchase a junior racquet

Summer Session 2

DAY: Mondays & Wednesdays
 DATES: July 15, 17, 22, 24, 29, 31
 TIME: 4:00 – 5:00pm
 ACTIVITY # 226601
 FEE: \$135.00
 add \$15.00 to purchase a junior racquet

Summer Session 3

DAY: Mondays & Wednesdays
 DATES: August 5, 7, 12, 14, 19, 21
 TIME: 4:00 – 5:00pm
 ACTIVITY # 226602
 FEE: \$135.00
 add \$15.00 to purchase a junior racquet

YOUTH TENNIS AGES 8, 9 & 10

Summer Session 1

DAY: Mondays & Wednesdays
 DATES: June 24, 26, July 1, 3, 8, 10
 TIME: 5:00 – 6:00pm
 ACTIVITY # 226603
 FEE: \$135.00
 add \$15.00 to purchase a junior racquet

Summer Session 2

DAY: Mondays & Wednesdays
 DATES: July 15, 17, 22, 24, 29, 31
 TIME: 5:00 – 6:00pm
 ACTIVITY # 226604
 FEE: \$135.00
 add \$15.00 to purchase a junior racquet

Summer Session 3

DAY: Mondays & Wednesdays
 DATES: August 5, 7, 12, 14, 19, 21
 TIME: 5:00 – 6:00pm
 ACTIVITY # 226605
 FEE: \$135.00
 add \$15.00 to purchase a junior racquet

PRIVATE LESSON OPPORTUNITIES

LOCATION: Katonah Memorial Park Tennis Courts
 Can be scheduled through contacting the Solaris Sports Club Tennis Director Geoff Jagdfeld at 962-4094 or by email at geoff@solarisclubs.com

2013 Rate:
 ½ hour \$40.00 1 hour \$70.00

ADULT TENNIS

Beginner

DAYS: Mondays & Wednesdays
 TIME: 9:30 – 10:30am

SESSION 1: June 24, 26, July 1, 3, 8, 10
 ACTIVITY # 226710

SESSION 2: July 15, 17, 22, 24, 29, 31
 ACTIVITY # 226711

SESSION 3: August 5, 7, 12, 14, 19, 21
 ACTIVITY # 226712
 FEE: \$135.00 per session

Advanced Beginner

DAYS: Mondays & Wednesdays
 TIME: 10:30 – 11:30am

SESSION 1: June 24, 26, July 1, 3, 8, 10
 ACTIVITY # 226720

SESSION 2: July 15, 17, 22, 24, 29, 31
 ACTIVITY # 226721

SESSION 3: August 5, 7, 12, 14, 19, 21
 ACTIVITY # 226722
 FEE: \$135.00 per session

Experienced

DAYS: Mondays & Wednesdays
 TIME: 11:30am – 12:30pm

SESSION 1: June 24, 26, July 1, 3, 8, 10
 ACTIVITY # 226730

SESSION 2: July 15, 17, 22, 24, 29, 31
 ACTIVITY # 226731

SESSION 3: August 5, 7, 12, 14, 19, 21
 ACTIVITY # 226732
 FEE: \$135.00 per session

RUNNING GODDESS 5K AT LASDON PARK

CoolRunners introduces a women's 5K event on the exquisite grounds of one of the county's most beautiful gardens.

SUNDAY, JUNE 2, 2013
 Run, walk, jog, hop or skip!

~ All ladies and girls are welcome
 ~ We are running for girls' charities, both international and local.

Register at: www.raceit.com
<http://runninggoddess5k.wordpress.com/>

LasdonPark **COOLRunners**

CROSS SPORT * woman



NOTE: Rain location for all Katonah Memorial Park lessons offered by Solaris Sports Club will be held at an indoor rain location, at Solaris Sports Club in Yorktown. All participants will be notified by email if their lesson has been moved to the indoor location.

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SUMMER CAMP PROGRAMS

TOWN DAY CAMP (Grades 1 - 7)

Get outside and play! The theme of the camp is good old-fashioned summer camp fun. The camp experience offers an organized, supervised program of structured activities for 6 weeks during the summer. The daily schedule includes swimming lessons along with an ever-changing mix of activities such as sports, outdoor games, board games, science, and arts & crafts. An additional feature of the day camp are the special theme days, fun entertainers and fun days including Camp Olympics, Water Carnival and the ever popular All Camp Carnival held at the Bedford Village Memorial Park. Campers are grouped by grade and gender. The Town Day Camp is available for kids entering first through seventh grade. More information will be available in the Parent Handbook on-line. Please note that camp trips are an additional charge and all permission slips are due by Tuesday, July 2.

LOCATIONS: Bedford Hills, Bedford Village, and Katonah Parks
 DAYS/DATES: Mondays through Fridays
 July 1 thru Aug 9 (No Camp Thursday, July 4 or Friday July 5)
 TIMES: 9:00 am – 3:00 pm
 FEE: See fees Schedule

Trips are an additional fee

NOTE: Eligibility is determined by grade entering in the fall. Children must be entering First Grade through grade 7. Each day camper will receive a shirt with registration; it is the parents/ guardians responsibility to obtain a shirt at registration time. Handbooks will be available online starting in April.

TOWN TINY TOTS (Ages 3½ – 5 years old)

Get ready for summer fun! This half day camp is designed for pre-schoolers' age 3½ – 5 years old. Counselors guide children through traditional camp experiences including coloring, manipulative, dramatic play, music, story time, group games, craft projects and more. In addition, entertainers and special events enrich the program. All activities are designed to excite campers, teach new skills, encourage cooperative play, and inspire smiling faces. Tiny Tots is structured with a 15 minute arrival period, followed by four 30-minute activity periods, with a snack break in the middle, we end the day with a 15 minute dismissal period, which often includes announcements and distribution of flyers, and parent pick up. The counselor/ camper ratio is planned at 1:8. Please make sure you review the parent handbook and calendar on-line in April for more information and special events

LOCATIONS: St. Patrick's School
 Katonah Elementary School

DAYS/DATES: Mondays through Fridays,
 July 1 thru Aug 9 (No Camp Thursday, July 4 or Friday July 5)
 TIMES: 9:00am – 11:45am
 FEE: See Fee Schedule

NOTE: Children must be age 4 by Dec 31, 2013 and potty trained, no Pull Ups.

KIDZART PRESENTS:

NEW!

WORLD EXPLORER ART CAMP

Spend five exciting days exploring different countries and cultures through art and architecture. At each stop, create a unique piece of art as a souvenir. Learn how to draw the easy KidzArt way! Experiment with watercolors, pastels, collage, painting on canvas, sculpture, drawing and more! Make a model tropical house on stilts! Get your own blank "passport" stamped each day after your art journey!

FOR: Grades 1 - 5
 DATE: June 24 – June 28
 TIME: 9:00 am – 12 noon
 LOCATION: Bedford Hills Community House
 ACTIVITY#: 268600
 FEE: \$200.00

THE HOBBY QUEST PRESENTS:

NEW!

AMAZING MAGICIANS

Calling all Magicians and Clever Young Wizards– learn how to trick your friends and family! Join us this summer in this fantastical, fun-filled adventure where you'll become a fully practicing magician and learn to perform both stunning stage feats and dazzling close-up innovations! Discover the magic secrets tightly guarded for centuries, passed down only from magician to magician. From changing objects to mystic mind boggling, we have several tricks to hide up both your sleeves. We'll learn to perform fa-

CAMP REGISTRATION INFORMATION

To register children for Day Camps or Tiny Tots parents must

- *Bring a copy of child's immunization records (parents must write dates on camp form or have a current letter of exemptions)
- *Have two emergency contacts with names and daytime phone numbers (other than parent)
- *Show proof of Health Insurance
- *Present the child's Pool ID Card (Day Camp only)
- *Present a copy of child Birth Certificate (Tiny Tots only)

No incomplete registration forms will be accepted. All paperwork must be submitted at the time of registration to secure official registration for your child.

2013 DAY CAMP AND TINY TOT FEE

DAY CAMP	DISCOUNTED RATE	REGULAR RATE
March 18 - May 10		Beginning May 13
Child in a Family (Full Season)	\$421.00	\$656.00
Each Additional Child (Full Season)	*\$354.00	\$543.00
1st Child in Family – Session I or Session II	\$359.00	\$548.00
Each Additional Child* – Session I or Session II	\$292.00	\$451.00
TINY TOTS	DISCOUNTED RATE	REGULAR RATE
March 18 - May 10		Beginning May 13
Child in a Family (Full Season)	\$349.00	\$543.00
Each Additional Child (Full Season)	*\$292.00	\$451.00
1st Child in Family – Session I or Session II	\$297.00	\$456.00
Each Additional Child* – Session I or Session II	\$246.00	\$384.00

***Additional Child(ren) registers for Day Camp OR Tiny Tots**
**** Registration will not be accepted June 26 - July 1**

CAMP REFUND POLICY

Refunds are given only if requested before the first day of camp
 *No refund after camp is in session, unless a medical reason is proven with appropriate documentation.
 *All requests must be submitted in writing.
 *There is a \$25.00 processing fee per request.

Full Summer Session
 Monday July 1 to Friday August 9
 Session I
 July 1 - July 22
 Session II
 July 23 - August 9
 No Camp July 4 or 5

mous wonders such as making objects disappear from thin air, and then re-materialize again as if nothing had happened. And as if that wasn't enough, we'll show you how to astound with a mastery of mind-reading tricks. By the end of this camp you'll appear to pick answers right out of your audience's brains! Each trick is specially tailored to suit a young magician's unique talents; because we know your amazing abilities are as vast as your imagination. All the tricks you've learned are yours to keep at the end of the camp!

FOR: Grades 1 - 5
 DATE: June 24 – June 28
 TIME: 1:00 – 4:00 pm
 LOCATION: Bedford Hills Community House
 ACTIVITY#: 268601
 FEE: \$165.00

SUMMERS END

Looking for some fun, entertaining activities to extend your camp experience? Summers End Camp will be loads of fun. This program will offer various activities and events to interest all ages. Activities run from sports and games, arts & crafts, swimming, and special events. Let's play all day!

FOR: Grades 1 – 6
 DATES: August 12 thru August 16
 TIME: 9:00 am – 2:00 pm
 LOCATION: Bedford Hills Memorial Park
 ACTIVITY#: 295604
 FEE: \$150.00



PLAY WELL TEKNOLOGIES PRESENTS:

ENGINEERING FUNDAMENTALS with LEGOS®

Do you like building things? Design and build motorized machines, catapults, pyramids, demolition derby cards, buildings and other constructions out of LEGO® bricks. While exploring engineering, architecture and physics, students will develop problem solving and critical thinking skills.

FOR: Ages 7 - 10
 DATES: August 19 – August 23
 TIME: 9:00am - 12:00noon
 LOCATION: Bedford Hills Community House
 ACTIVITY#: 268603
 FEE: \$140.00

NINJANEERING MASTERS with LEGOS®

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced camp Ninjaneering masters will learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

FOR: Ages 7 - 10
 DATES: August 19 - August 23
 TIME: 1:00 – 4:00 pm
 LOCATION: Bedford Hills Community House
 ACTIVITY# 268602
 FEE: \$140.00

Lunch Bunch- For participants taking both the am and pm classes we will provide adult supervision during the hour lunch break.



Summer Camp continues on pg 16

SWIMMING POOL INFORMATION

Welcome to the summer of 2013!

Catch a wave & get ready to sail into the summer! We have some new developments to tell you about for the summer of 2013 so we encourage you to read all information pertaining to pool usage.

***KATONAH – THIS IS YOUR YEAR** to update your Photo ID's. All members age 20 & under in the KATONAH POOL HAMLET must get new photo's taken for their pool membership cards. Adults age 21 and over have the option of keeping their old card/picture or taking a new one.

***Guest Discount Pass**—Pool permit holders, age 12 and older, can purchase a guest discount pass that will allow you 10 guest visits (adult or child) at a reduced rate. This transaction can only be done at the RECREATION OFFICE. Pricing details are listed under pool memberships. Once you make the purchase at our office, it is linked to your membership account and you will have 10 guest visits (adult or child depending on the pass you purchase) credited to your account. When you go to the pool with your guests & the attendant swipes your card your purchase will show up on the computer screen. Simply tell them you have guests and they will deduct the guests off of your account.

Please note:

**You cannot purchase the guest discount pass at the pool gate*

**Guest Discount Passes can ONLY be purchased at the RECREATION OFFICE*

**Purchases are valid for the 2013 season only. Money left on account is NON-TRANSFERABLE and NON-REFUNDABLE.*

***Child Pool Membership** – the age for an eligible child was modified from age 4 to age 2. Therefore all children who are age TWO as of 12/31/13 must have a photo ID/Pool Membership.

***Senior Citizen Pool Membership** – the age for an eligible senior was modified from age 60 to 65. We understand that this change may now prevent some from receiving the reduced rate therefore if you had a valid 2012 senior citizen permit at age 60-64 last year, you will be eligible to purchase a senior citizen pool membership in 2013. Those who did not have a valid 2012 permit and who are between ages of 60-64 are ineligible for the senior discount.

RENEWING YOUR MEMBERSHIP

*If you have retained your pool ID cards from 2012, you can renew your membership either through the mail or in person at our office. There is no need to mail in your cards. Once we have received your registration form, payment, and two proofs of residency (see below) we will update your membership in our computer and your cards will be automatically activated and ready for use this summer.

*If you have a child who now requires a photo ID card (age 2 & above), you will need to bring him/her into the office to have their photo taken (at no additional cost).

***NOTE:** If you have misplaced your cards/lost your cards and had your photo taken and need a new card(s) issued, please indicate that on your registration form and enclose a \$15.00 replacement card fee with payment. We will mail the replacement card(s) once the replacement fee has been received.

NEW MEMBERS

If you were not a pool member in 2012 and/or did not have your computerized photo taken, all members of the family, age 2 and above will need to come into our office to have their photo ID's taken. Please refer to the following information for pool eligibility, registration hours, fees, etc.

PLEASE NOTE: If you purchase a family membership and a member of your family does not/has not come in for their photo ID card, they will not be able to enter the pool facility until they have been issued a card unless you bring them in as your guest AND pay the guest fee.

POOL REGISTRATION

*Office hours are Monday-Friday, 8:30am - 4:30pm. Registrations are accepted up until 4:00pm.

- Payment in full is required at the time of registration.
- Two forms of residency are required. Proof of residency can include: utility bills, vehicle insurance card, or a vehicle registration card. NOTE: A driver's license and PO Boxes will not be accepted as proof of residency.
- All members of the family age 2 (by 12/31/13) and above require photo ID's.
- We encourage you to register early to take advantage of the discount rate.
- A separate registration form & check is required for pool registration.

POOL MEMBERSHIP ELIGIBILITY, ID CARDS & FEES

ELIGIBILITY: In order to use any of the Town of Bedford's three pool facilities you must be a Town of Bedford Resident and you must purchase a pool membership.

RESIDENTS: Residency is defined as owning and living in or renting and living in a home/dwelling within the Town of Bedford. Owning land is not considered residency. Proof of residency/rental is required each year of enrollment.

POOL I.D. CARDS:

*All members age 2 and above are required to have computerized photo ID cards to gain access into each pool facility.
*Your membership ID card allows you to utilize any hamlet pool.
*You must bring your ID card each time you go to the pool facility; present it to the gate attendant who will scan it & return it to you.
*Residents who do not purchase a membership may only enter as a guest of a pool member and must pay the daily guest fee.

MEMBERSHIP TYPES & DEFINITIONS

FAMILY: A family is defined as one or two parents and their unmarried children residing at home who are not yet age 21. Grandchildren, grandparents, married children or others living at the same residence are not considered part of the family however they may be eligible for their own permit provided they can provide proof of residency.

ADULT: An adult is defined as a person age 21 or over residing within the Town.

CHILD: A child is defined as a person ages 2-20 residing within the Town. Children under age 2 do not require pool passes.

SENIOR: A senior is defined as a person age 65 or older residing within the Town.

CHILDCARE PROVIDER: A childcare provider is one who cannot document full-time residency. They can only use the hamlet swimming pool while working in their child care capacity. Childcare providers must fill out a separate registration form and indicate the household/family whom they work for under – "family name"

POLICIES REGARDING POOL MEMBERSHIPS

GUEST POLICY: Members may bring up to 6 guests per visit. Guests must enter/exit with the pool member and the appropriate daily guest fee, if not using a guest discount pass, must be paid upon entrance. Members age 12 and older are only allowed guest privileges.

SWIM & DIVE TEAM/DAY CAMP: In order to participate in any of our swim & dive teams or day camps each participant must have a pool membership.

LOST POOL ID CARD: The replacement fee for a lost pool ID is \$15.00 therefore it is important to retain your cards year to year.

POOL ID CARDS/USE: You must have a valid 2013 Pool ID card to enter the pool facility. This includes camp counselors and campers going to the pool after the camp day. If you are a resident who has not purchased a membership you may go as a guest of a pool member and pay the guest fee. Members may use all three hamlet swimming pools.

2013 POOL SCHEDULE

All Town of Bedford pools will open on Saturday, May 25 thru Monday, September 2. For the first 3 weeks of the season (pre-season) the pools will be closed on Mondays, Tuesdays and Wednesdays. During that time we will be operating on a Thursday through Sunday schedule. All pools will open full season beginning Monday, June 17. There may be times throughout the summer when a pool will be closed due to a swim meet. Swim meet schedules are determined by the Northern Westchester Swim Conference. Pool closure information will be posted at the respective pools. In addition e-mail alerts will be sent out for pool closings therefore we encourage you to provide us with your e-mail address when you obtain your membership and to sign up for e-mail alerts by logging onto the Town website, www.bedfordny.gov Please remember that as a pool member you are entitled to use all three hamlet pools therefore, if your hamlet pool is closed for any reason, we encourage you to visit another pool. Please refer to the schedule below for hours of operation.

NOTE: Pool phone numbers are seasonal only May 25 – September 2

BEDFORD VILLAGE PARK POOL 234-3246
KATONAH MEMORIAL PARK POOL 232-9349
BEDFORD HILLS MEMORIAL PARK POOL 666-7150

PRE-SEASON HOURS: MAY 25 – JUNE 16

OPENING DAY/SATURDAY: May 25

12:00-7:00pm

SATURDAY/SUNDAY: May 26, June 1, 2, 8, 9, 15, 16

10:00am-7:00pm

THURSDAY/FRIDAY: May 30, 31 June 6, 7, 13, 14

3:30-7:30pm

MEMORIAL DAY/MONDAY: May 27

10:00am-6:00pm

REGULAR SEASON HOURS: JUNE 17 – AUGUST 11

MONDAY-FRIDAY: June 17–August 9

1:00-8:00 pm

SATURDAY/SUNDAY: June 22–August 11

10:00 am-8:00 pm

THURSDAY-FRIDAY: July 4, July 5

10:00 am-8:00 pm

END OF SEASON HOURS: AUGUST 12–AUGUST 25

MONDAY-FRIDAY: August 12–August 23

12:00-7:30 pm

SATURDAY/SUNDAY: August 17–August 25

10:00 am - 7:30 pm

LAST WEEK OF SEASON HOURS:

AUGUST 26–SEPTEMBER 2

MONDAY-FRIDAY: August 26–August 30

12:00–6:00 pm

SATURDAY/SUNDAY: Aug. 31 & Sept. 1

10:00 am–6:00 pm

LABOR DAY: September 2

11:00 am–6:00 pm

2013 POOL MEMBERSHIP FEES

Rates	Discount (Thru 5/10)	Regular (Thru 5/13)
Family:	\$293.00	\$338.00
Adult (21+):	\$144.00	\$166.00
Child (2 - 20 yrs):	\$51.00	\$64.00
Senior Citizen (65+):	\$44.00	\$44.00
Child Care Provider:	\$321.00	\$338.00
Adult Pay Tag:	\$79.00	\$79.00
	+\$10 @ Gate	+\$10 @ Gate
Card Replacement Fee:	\$15.00	\$15.00

Daily Guest Fees:

Adult (18+):	\$10.00
Child (2-20) & Senior (65+)	\$8.00
Guest Discount Pass (available for Purchase at Recreation Office)	
Adult Guest Discount Fee (18+)	\$80/ 10 Visits
Child (2-17)/ Senior (65+) Guest Discount Pass	\$50/ 10 Visits



NEW!

***Birthday Parties at the Pool – Looking for an amazingly inexpensive but fun place to hold your child's birthday party? Pool members check out one of our three hamlet pools! Please refer to the detailed information listed on page 15**

SWIMMING POOL INFORMATION

ADULT SWIMS

Adult swims are held at each hamlet pool. The pool director in charge has the authority to call or not call adult swims based on weather; number of bathers; requests; make up of bathers; etc. The director in charge will also determine, during adult swims, whether the entire pool will be adult only or only certain sections of the pool.

WEEKDAYS: Every hour on the hour for 15 minute intervals beginning at approximately 3:00pm.

SUNDAYS: Adult swim will be held at all 3 hamlet pools from 10:00am-12:00noon as follows:

Katonah: Adult swim for adults 18+. The entire pool complex will be closed to those under age 18.

Bedford Hills & Bedford Village Pools: Adult swim for adults 18+ in the main pool. The wading pool and shallow end of the pool only will be open to persons under age 18 accompanied by a parent or guardian.

POOL RULES AND REGULATIONS

1. All persons must present their pool ID card each time they enter the pool.
2. Guests must be accompanied by a pool member; enter/exit with the pool member and pay a guest fee. Only members age 12+ are allowed guest privileges.
3. All persons are requested to shower before entering the pool.
4. Unauthorized persons are not permitted in the pool office or gate house.
5. Kiddie pool use is for children 6 years, of age and under. Children in the kiddie pool area must be supervised by an adult at all times.
6. Regular everyday diapers are not permitted in either pool. Non-toilet trained children must wear swim diapers with rubber swim pants over the swim diaper and are only allowed in the wading pool.
7. Our pools are family friendly environments. As such, appropriate swim suits must be worn by all swimmers. In addition, cut-offs are not allowed.
8. Chairs, blankets, towels, etc. may not be placed on the concrete deck or walkways.
9. Disruptive behavior is prohibited in the pool complex, i.e.:
NO SMOKING
NO RUNNING
NO DUNKING or HORSEPLAY
NO THROWING OF OBJECTS
NO TRICK JUMPS from POOLSIDE
NO PROFANITY
NO DISTURBING FELLOW POOL PATRONS
10. Flotation devices, masks, or fins are not permitted in the pool. The only exception are approved Type III PFD's .
11. Visiting or talking with on-duty lifeguards is prohibited.
12. Children will be required to pass a swim test to use the deep end/dive boards.
13. Diving Board Regulations:
Swimmers/Divers will be required to pass a swim test to use the diving boards
Only one diver on the board at a time
No running on the boards
Only one bounce on the board
Divers should swim directly to the nearest ladder to exit the pool
Divers should not enter the water until the person ahead of you has reached the ladder/exited the pool
14. Alcoholic beverages, glass containers or pets are not permitted in the pool complex, with the exception of service animals.
15. The Town of Bedford is not responsible for items lost or stolen from the pool area.
16. In the event of an electrical storm, the pool must be vacated. The pool cannot re-open until 20 minutes after the last sound of thunder/sign of lightening.
17. Pollution of pool is prohibited. Urinating, discharge of fecal matter, spitting and nose blowing, in any pool is prohibited.
18. Children under the age of 10 must be accompanied by a person 14 years of age or older. Children under 5 must be accompanied by a person 18 years of age or older.
19. The Director-in-Charge has the right to implement or enforce rules and policies which are not posted in the best interest of the public and public safety.



BIRTHDAY PARTIES

Looking for a place for your child's birthday party? How about your hamlet pool? Pool members take a look at this affordable & fun party idea!

POOL PARTY PERKS:

- *Reserved area of pool facility for your party
- *Two 6' long tables/Two picnic tables with umbrella
- *Swimming for all in attendance at a discounted rate
- **"Eats & Treats" Birthday Party Menu Packages available provided by our pool concessionaire, Westchester Food Services
- *A place to keep your cake/dessert item (limited freezer/refrigerator space available)

NOTE: Pool birthday parties are on a space available/first come/first served basis

PRICING:

- *\$50.00 to reserve the Pool facility party area
- *No cost for entrance to the pool for pool members
- *\$5.00 per person (adult or child) non-members

NOTE: Birthday party reservations available to pool members only

GUIDELINES:

- **"Eats & Treats" Menu's will be available at the Recreation Office beginning May 1st
- *Outside food and drinks cannot be brought into the facility
- *Participants are responsible for set up & clean up of their reserved area
- *The applicant is responsible for the conduct of all participants
- *Entertainment of any kind is not permitted inside the pool area
- *Wristbands will be given and must be worn by all members of the party
- *The pool facility will be open to the public and a spirit of cooperation by all pool participants is appreciated.

For application or more information please call our office at 666-7004 or download an application on the Town's website at www.bedfordny.gov

PARENTAL RESPONSIBILITY

Parents are responsible for the supervision of their children within the pool complex. Actions of improperly supervised children put the children at risk and can distract the lifeguards from their primary responsibilities. Pool rules state that children under age 10 must be accompanied by a person age 14 or older. Although children 10 and over are permitted to attend unaccompanied, parents are still responsible for seeing that the child knows and abides by pool rules and regulations.

FLOTATION DEVICES

Only US Coast Guard approved Type III lifesaving devices are allowed at our Town pools. All other flotation devices (inflatable swimmies, one-piece suits with styrofoam inserts, etc) are swim aides and not permissible. Each pool has a limited number of approved Type III vests for patrons to borrow when they attend our pools. Although US Coast Guard approved Type III devices are allowable this does not replace the role of parental supervision of their child. All parents must directly supervise their child in and around the water, particularly when the child is being supported by a Type III PFD. Inner tubes, kickboards and/or noodles during special events/adult swim are permissible with approval by the pool director.

EVACUATION PROCEDURE

During the summer season there is always the possibility of severe weather. When a storm approaches at our pools it is extremely important to take immediate action for the safety of our patrons and staff. Below details the emergency evacuation procedure at our pools:

1. At the sound of the first thunderclap, staff will blow their whistle and an announcement will be made over the PA system for all patrons to evacuate the pools and seek shelter.
2. Patrons may be instructed to seek shelter in the breezeway/locker room area or depending on the anticipated severity, directed to seek shelter in their cars.
3. Patrons will not be allowed back into the water until 20 minutes after the last sound of thunder is heard or sign of lightening

KEEP IT CLEAN

Our parks staff does an outstanding job keeping our facilities safe and clean. The Town of Bedford encourages recycling at all our facilities and has placed the appropriate receptacles throughout our parks and pools. We ask our patrons to help us to keep your town parks beautiful by following a few simple guidelines:

1. Dispose of trash/recyclables in the proper receptacles
2. No glass containers allowed in the pool facilities
3. No alcoholic beverages allowed in the pool/park facilities
4. No smoking in the pool facilities or within 50' of pool entrances and in most other areas of the park
5. When using the bathrooms, dispose diapers, sanitary products in the receptacles provided

NOTE: During the 6 week camp season, the men's and ladies bathrooms will be closed between the hours of 2:45-3:00pm for cleaning. The family restrooms will remain open for your use at that time.

KEEP IT SANITARY

Regular everyday diapers are not permitted in any pool. They expand and fall apart causing an unsanitary condition in the water. Non-toilet trained children must wear swim diapers with rubber swim pants worn over the swim diaper and are only allowed in the wading pool. Parents should change the swim diaper frequently/toilet their children frequently to prevent any accidents from happening. Should a fecal or vomit incident occur in the pool, the pool must be closed for a minimum of 30 minutes and, depending on the severity of the incident, can be closed for the entire day. Therefore we encourage all parents of young children to please remember to be cognizant of bathroom breaks. In addition, please keep your youngster (and yourself) hydrated, watch out for extreme heat conditions and food intake that could result in upset stomachs.

CONCESSION STAND

The Town of Bedford has a contractual agreement with an outside vendor for the concession stands at each pool facility. Therefore, outside food from other vendors/other means is prohibited within the pool facility. (ie; pizza/food delivery, bringing large roller type coolers). Persons will be permitted to bring small hand-held coolers into the facility. Concession hours, menu, and prices will be posted near each concession stand.

LAP LANES

Many of our patrons enjoy lap swimming at our town pools. We ask that you keep these rules and courtesies in mind when swimming laps:

1. No swimmer is granted exclusive use of a lap lane
2. Swimmers entering an occupied lane must wait and notify the swimmer in the lane
3. Swimmers are not to rest at the end of the pool when there are multiple swimmers in a lane
4. When there is only one person per lane, swim normally
5. When there are two people per lane, split the lane with one swimmer on each side of the black line
6. When there are three or more swimmers per lane, circle swim to the right only
7. Please do not cut across or allow children to cut across lap lanes

SUMMER SUN PROTECTION

Shade and effective use of sunscreen are your best protection against the harmful rays of the sun that can cause skin cancer. Though you may love that tan you should take precautions when sunbathing. For your protection you should use a good waterproof sunscreen with at least a skin protection factor (spf) of 15, preferably 30. Apply it liberally and reapply every 80 minutes if swimming or sitting. If possible, apply 30 minutes before exposure to the sun. The "triangle of danger", the nose, eyes and mouth should be given special attention.



SWIMMING POOL INFORMATION

INCLEMENT WEATHER POLICY

In the event of an emergency closing due to weather or other unforeseen circumstances, pool members who have brought guests will be entitled to a credit voucher for future admission if they were at the pool less than one hour AND if the pool stays closed for the rest of the day.

The time of admission is tracked through our pass management system. Admission time will be compared with the time of the pool closure. If they are less than one hour apart the pool member is entitled to a credit voucher. To receive the credit voucher the pool member must come to the Recreation and Parks Office no sooner than the following day (Monday-Friday, 8:30am-4:30pm). Credit vouchers will only be issued to the pool member regardless of who pays the guest fee.

No refunds will be given at any time

AQUATICS PROGRAMS

ADULT EARLY MORNING SWIM

The Town of Bedford offers an Adult Early Morning Swim program at the Katonah Memorial Pool. Adults with a valid 2013 pool membership/ID card, will have the opportunity to do lap swimming and to get an early morning workout four days a week. Pool members must pre-register for this program at the Recreation Office prior to participating in any adult early morning swim.

FOR: Adults with valid 2013 pool membership
LOCATION: Katonah Memorial Park Pool
DAYS: Mondays through Thursdays
DATES: June 17-August 8* (no session July 4-this session will be held Fri. 7/12)
TIME: 6:30-7:30am
ACTIVITY #: 299607
FEE: \$70.00 per person (no senior discount)
Must pre-register and pay at the Recreation Office-the adult swim is for pool members only

LITTLE DOLPHINS SWIM LESSONS

These group lessons are designed for children (without parents) who will be 4 by December 31, 2013 or have just turned 5 but not yet in kindergarten. These lessons are given at each hamlet pool in two sessions, 9 days per session. As space is limited, enrollment is limited to only one class (A or B) and one session (one or two). If space allows, three days prior to the start of the session you may enroll in another class/session for an additional fee. Lessons are held on Mondays, Tuesdays, Thursdays, and Fridays, July 8 through August 8. Lessons are not held on Wednesdays. Class size is limited, all registration is on a first come, first served basis. Child must have a valid 2013 pool ID.

SESSION ONE: Monday, July 8 – Monday, July 22
Class A: 12:00-12:30pm Class B: 12:30-1:00pm
SESSION TWO: Thursday, July 25 – Thursday, August 8
Class A: 12:00-12:30pm Class B: 12:30-1:00pm
FEE:\$56.00

LIFEGUARD TRAINING COURSE

Christine Grey, Instructor
The Town of Bedford is offering a Lifeguard Training Course this summer for persons age 15 (by 7/26/13) and older at the Bedford Hills Memorial Park Pool. This course includes lifeguard training, first aid and CPR for the professional rescuer. All certifications mentioned above are valid for two years.* The course is for those who would like to become certified for the first time or those whose certification has expired. This course prepares candidates with the necessary skills needed to prevent and respond to aquatic emergencies at the pool. Candidates who successfully complete the course may have the opportunity to work as a lifeguard with us beginning August 12 through Labor Day.

*Note: Per Westchester County Department of Health regulations you must renew CPR annually if you will be working at a municipal pool or camp in Westchester County.

NOTE: COURSE PARTICIPANTS MUST ATTEND ALL DATES & TIMES.

NOTE: COURSE PARTICIPANTS MUST ATTEND AND PASS A PRE-COURSE SESSION ON WEDNESDAY, JULY 17. THOSE WHO DO NOT PASS THE PRE-TEST WILL BE REFUNDED THEIR MONIES LESS \$50.00

DATES: TIMES:

Wednesday	July 17	4:00-8:00pm
Friday	July 19	4:00-8:00pm
Saturday	July 20	8:00am-4:00pm
@Bedford Hills Community House		
Sunday	July 21	8:00am-4:00pm
Monday	July 22	4:00-8:00pm
Wednesday	July 24	4:00-8:00pm
Friday	July 26	4:00-8:00pm

Pre-Course Testing: Wednesday, July 17 (4:00-5:30pm)
All course participants must pass a skills test which includes: an untimed swim of 300 yards continuously, demonstrating breath control and rhythmic breathing.

- Participants may swim using front crawl, breaststroke or a combination of both.
 - Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10 pound object, return to surface, and swim 20 yards back to the starting point with the object & exit the water without using a ladder or steps within 1 minute, 40 seconds. When returning to the starting point you must hold the 10 pound object with both hands and must keep your face above water.
 - Participants must tread water for two minutes using only their legs.
- FEE: \$350.00 – includes book, pocket mask, certification cards
NOTE: A minimum of 4 is required to run the course/Maximum 10

STORYTIME AT BEDFORD VILLAGE POOL

Meet by the wading pool for a poolside storytime! What better way to encourage your child's interest in reading, enhance listening skills and give an outlet for their imagination than to be read some great stories by the wonderful staff of Bedford Village Library! So grab your towel and sit, relax, and join us for storytime!

DATES: Tuesdays: July 9, 16, 23, 30
TIME: 2:00pm

NOTE: You must be a pool member to attend

BOOK CART & SWAP AT BEDFORD VILLAGE POOL

Got books? Looking for that perfect summer read? Check out the book cart at the Bedford Village Pool! The Bedford Free Library has graciously provided the Bedford Village Pool with a book cart for book swapping. The library will stock the cart with books throughout the summer and pool members can take a new book and leave one they are finished with for swapping. Mystery or history? Suspense or romance? It's all waiting for you at the Bedford Village Pool!

PRIVATE SWIM LESSONS

Information on private swim lessons will be posted at each pool. Pool members interested in private swim lessons should contact the individual pool directors/assistant directors and leave their name, child(s) name, ages, and availability. Each director will establish a list of qualified lifeguard instructors who are interested in teaching. Private lessons will be held only during set days/times and only if staff is available. Private swim lessons are not guaranteed. Members taking private lessons should note that swim instructors are working as independent contractors and not with the Town of Bedford however both the instructor and client will be required to fill out a Town of Bedford waiver prior to any lesson beginning. NOTE: Private swim lessons are for pool members only.

SWIM AND DIVE TEAMS

Each hamlet pool has its own competitive Swim & Dive team which participates in the Northern Westchester Swim Conference. Our swim & dive teams are for children ages 6-18 who know how to swim. This is NOT a swim lesson program. The Recreation and Parks Department is a partner with each of our teams and is proud of the involvement each team has in the NWSC summer swim and dive season. Registration deadline is Friday, June 14.



SWIM & DIVE TEAM REGISTRATION

Registration for all swim and dive teams will take place at and through THE BEDFORD RECREATION & PARKS DEPARTMENT. In order for children to register for any of the swim & dive teams they must meet the following pre-requisites:

1. Be between the ages of *6-18
*(children turning 6 on or before 12/1/13-no exceptions)
2. Be able to swim free style the length of the pool/25 meters without assistance*
- *(note: coaches reserve the right to determine if child is not ready for the program)
3. Be a resident of the hamlet team they are joining
4. Have a valid 2013 pool/park I.D. card

NOTE: Swim & Dive team registration forms will be available at the Recreation & Parks office beginning March 18th and will be available to download from the Town's website, www.bedfordny.info. Completed forms and payment are to be returned to the Bedford Recreation and Parks Department. Fees are as follows for all swim and dive teams, checks made payable to "Town of Bedford":

1st Child in the Family	\$105.00
2nd Child in the Family	\$100.00
3rd Child in the Family	\$ 95.00
4th Child+/senior swimmers age 15 & over by 12/1/13 – FREE	

CALL FOR PARENT VOLUNTEERS

Like most of the youth sports programs found in the Town of Bedford the success of the swim and dive teams requires the involvement of many volunteer parents. Being organized and having the appropriate number of volunteers to perform a variety of committee assignments before, during and after the season enhances the positive experience we hope to achieve for our young swimmers and divers. The Recreation and Parks Department strongly encourages parents to be a partner in their child/children's summer recreational swimming and diving experience. Please help us with our swim and dive teams. VOLUNTEERS ARE ALWAYS NEEDED. The 2013 parent swim and dive team contacts for each pool is listed below.

Katonah Swim and Dive Team: Division I - NWSC

Contact: Kim Buckley: walkbuck@aol.com
KSDT website: www.katonahswimanddive.com

Bedford Village Swim and Dive Team: Division III - NWSC

Contact: Denice Delfico: (914)-552-9201 or ndsnr@optonline.net
BVSDT website: www.bedfordvillageswimanddive.org

Bedford Hills Swim and Dive Team: Division IV – NWSC (diving is back!)

Contacts: Rob Roy & Liz Walsh: bhswimdive@gmail.com
BHSDT website: www.bhswimdive.org

To learn more about the Northern Westchester Swim Conference that our teams participate in; for meet schedule or to find directions to meets/pools log onto their website @ <http://nwsc.usswim.net>

SWIM & DIVE TEAM 'S KICK OFF THE SEASON

Each team offers a day and time to come to the pool to meet or re-connect with fellow teammates; meet the parent reps and coaches, order their team swim suits, purchase team apparel and other products and get re-acquainted and psyched for a new summer season! If you are new to the program or still considering if this is for you, this is the perfect opportunity to learn what it is all about! The tentative dates and times for each team are listed below. Since each team operates individually please check your team's website beginning in May for updates on events and festivities.

KATONAH SWIM & DIVE

Sunday, June 2nd, 12:30-2:30pm
Note: If you are NEW to KSDT and would like to get regular emails throughout the season - please email Kim Buckley at walkbuck@aol.com

BEDFORD VILLAGE SWIM & DIVE

Saturday, June 1st, 4:00-6:00 pm

BEDFORD HILLS BARRACUDAS SWIM & DIVE TEAM

Sunday, May 26th, 1:00-3:00 pm. We will also have a sign up/informational table on Monday, May 27

SUMMER CAMP & SPORTS CLINICS

HIGH TOUCH HIGH TECH PRESENTS: IT'S A JUNGLE OUT THERE

Build your own homes and rainforest to keep. Explore the world's habitats learning what it takes to survive in different environments. Step into the world of wild animals and plants and discover how living things have adapted to find food and shelter in their unique biomes. Build models and dioramas of homes made by people and animals using natural resources. Learn the ancient secrets about medicine.

FOR: Grades 1 - 5
DATE: August 26 - August 30
TIME: 9:00am - 12noon
LOCATION: Bedford Hills Community House
ACTIVITY#: 268604
FEE: \$140.00

THE INVESTIGATOR

Become an investigator and solve these mysteries. It takes science, observation and problem solving skills to find the clues and solve the puzzles. We will use fingerprints, DNA, microscopes, "mug shots" and chemical tests to get to the bottom of various crimes. Learn scientific techniques used by investigators and laboratories to solve the "whodunit" mysteries

FOR: Grades 2 - 5
DATE: August 26 - August 30
TIME: 1:00 - 4:00 pm
LOCATION: Bedford Hills Community House
ACTIVITY#: 268607
FEE: \$140.00

Lunch Bunch- For participants taking both the am and pm classes we will provide adult supervision during the hour lunch break.

The Town of Bedford Recreation and Parks Department will be hosting a variety of sports clinics for the summer 2013. Registration for many of the clinics will be done on-line through the organizations running the clinics. Please take note of the different registration procedures.

US SPORTS INSTITUTE AND UNITED SOCCER ACADEMY PRESENTS:

FIRST PLAY SOCCER

Experience the excitement of the world's most popular sport at this highly appraised camp. Children will thrive on the exciting, fun atmosphere generated by our qualified international coaches. Participants will engage in a number of fun challenges and exciting games. Each day culminates in our World Cup tournament where players have a chance to put their skills to the test. The sole focus is on developing a basic understanding of the game and experiencing the excitement of soccer through the freedom of play.

LOCATION: Bedford Village Memorial Park
DATES: June 25 - 29
AGES: Ages 5 - 12
TIME: 9:00am - 12:30pm (5-12 year olds)
9:00am - 4:00pm (6-12 year olds)
1:00pm - 4:00pm (5-12 years olds)
FEE: \$179.00 Half day morning
\$209.00 Full day
\$139.00 Half Day Afternoon

LOCATION: Bedford Hills Memorial Park

DATES: August 12 - 16
FOR: Ages 5 - 12
TIME: 9:00am - 12:30pm (5-12 year olds)
9:00am - 4:00pm (6-12 year olds)
1:00pm - 4:00pm (5-12 year olds)
FEE: \$179.00 Half day morning
\$209.00 Full day
\$139.00 Half Day Afternoon

Online at www.unitedsocceracademy.com

SOCCER SQUIRTS

Often Imitated, Never Duplicated, our Squirts camp introduces soccer in a fun filled, safe environment for children ages 3-5. Delivered in a short camp format of enjoyable, imaginative games, Soccer Squirts is designed to develop motor skills, balance and coordination in a low-pressure environment. The Squirts camp schedule includes a range of games based on short passing, dribbling, turning and shooting, not forgetting the most important aspect FUN, FUN, FUN!

LOCATION: Bedford Village Memorial Park
DATES: June 25 - 29
FOR: Ages 3 - 5
TIME: 4:30 - 5:30pm
FEE: \$89.00

LOCATION: Bedford Hills Memorial Park
DATES: August 12 - 16
FOR: Ages 3 - 5
TIME: 4:30 - 5:30pm
FEE: \$89.00
Registration: Online at www.unitedsocceracademy.com

TOTAL PLAY MULTI SPORTS

Experience a variety of different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. Campers will receive Technical Instruction in each sport then experience the sport in a realistic game situation. Campers will receive a t-shirt and certificate. This is the only summer camp truly dedicated to the sports minded youngster.

LOCATION: Bedford Village Memorial Park
DATES: August 12 - 16
FOR: Ages 5 - 13
TIME: 9:00am - 12:30pm (5-13 year olds)
9:00am - 4:00pm (6-13 year olds)
1:00pm - 4:00pm (5-13 year olds)
FEE: \$169.00 Half day morning
\$199.00 Full day
\$139.00 Half Day Afternoon

LOCATION: Bedford Hills Memorial Park
DATES: August 19 - 23
FOR: Ages 5 - 13
TIME: 9:00am - 12:30pm (5-13 year olds)
9:00am - 4:00pm (6-13 year olds)
1:00pm - 4:00pm (5-13 year olds)
FEE: \$169.00 Half day morning
\$199.00 Full day
\$139.00 Half Day Afternoon

LOCATION: Katonah Memorial Park
DATES: August 26 - 30
FOR: Ages 5 - 13
TIME: 9:00am - 12:30pm (5-13 year olds)
9:00am - 4:00pm (6-13 year olds)
1:00pm - 4:00pm (5-13 year olds)
FEE: \$169.00 Half day morning

\$199.00 Full day
\$139.00 Half Day Afternoon
REGISTRATION can be done online with US Sports Institute @ www.ussportsinstitute.com

SPORTS SQUIRTS

The US Sports Institute Sport Squirts program is a great way to introduce children aged 3-5 to a variety of sports such as Soccer, T-ball, Lacrosse, Basketball and Hockey all taking place in a safe structured environment to ensure learning. Activities are designed to evoke a child's imagination. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun.

LOCATION: Bedford Village Memorial Park
DATES: August 12 - 16
FOR: Ages 3 - 5
TIME: 4:30pm-5:30pm
FEE: \$79.00

LOCATION: Bedford Hills Memorial Park
DATES: August 19 - 23
FOR: Ages 3 - 5
TIME: 4:30pm - 5:30pm
FEE: \$79.00

LOCATION: Katonah Memorial Park
DATES: August 26 - 30
FOR: Ages 3 - 5
TIME: 4:30pm - 5:30pm
FEE: \$79.00
Registration can be done online with US Sports Institute @ www.ussportsinstitute.com

ELEVATE LACROSSE - 2013 Girls Lacrosse Clinic



CLINIC Cathy Reese, Head Coach Women's Lacrosse
DIRECTORS: University of Maryland
Jen Adams, Head Coach Women's Lacrosse
Loyola University

FOR: Girls ages 8 - 18
DATES: July 21 thru July 23
TIME: 9:00am - 3:00pm
LOCATION: Fox Lane High School Turf Field
FEE: \$275.00

Check out their website at: www.terpslacrosse.com
REGISTRATION: Can be done online through the Terps Lacrosse website or by mail. Camp pamphlets are available at the Recreation office or on the Terps Lacrosse website.

NOTES: Player check in on Sunday July 21 starts at 8:30am. Special thanks to Bedford Central School District (FLHS Athletic Dept.) for allowing the use of the turf field for this clinic.

FIRE ON THE GREEN 2013



SEPTEMBER 7, 2013



F.C. BEDFORD SOCCER CLUB

In-House Soccer Program for boys & girls ages 4-11

Soccer based training clinics
Local in-house program - no travel games involved
Held at Bedford Hills Memorial Park
Tuesday evenings - 6:30-7:30 pm
Spring & Fall Sessions: \$150.00/year

For more information call: 914-666-2271



You Can Be A Part of Reducing the Carbon Footprint

HELP KEEP OUR RESERVOIRS CLEAN

The majority of the Town of Bedford is within the New York City Watershed, which provides drinking water to New York City and approximately 85% of Westchester County. Reservoirs in this area have been found to have a higher amount of phosphorus than desired, resulting in increased algae growth. Excessive algae growth causes water quality problems such as low oxygen levels and increased levels of metals and organic chemical. This impacts drinking water quality, reduces life sustaining oxygen to fish and other aquatic life, and impacts reservoir aesthetics.

What can residents do to reduce phosphorus loads?

Do Not Use Detergents Containing Phosphate

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from the home. This applies to both clothes and dish detergents.

Be Smart About Fertilizer Use

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs.

Best practices include

- Perform annual soil tests and seasonal pH test before applying any fertilizer product. Ninety percent of the lawns in Westchester have adequate levels of phosphorus so it is very likely that you won't need to apply extra phosphorus in order to get a healthy, green lawn.
- Apply only the amount of fertilizer deemed necessary as a result of soil tests.
- Apply only slow-release fertilizers.
- Use products containing low concentrations of nitrogen, and no phosphorus where possible.
- Don't apply any fertilizer between December 1st and April 1st to avoid runoff issues associated with snowmelt or rain on frozen ground.
- Don't apply fertilizer to any impervious surfaces, such as pavement and sidewalks. If applied accidentally, clean it up immediately to ensure it won't be washed into streets, storm drains and/or water bodies. Do not hose down fertilizer spills on impervious surfaces.
- Avoid application within 24 hours of an anticipated rain event.
- Avoid heavy watering or irrigation for 24 hours after fertilizer application.

Phosphorus concerns with grass clippings and leaves

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality. When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizer. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November. At any other time, all leaves must be bagged. Call the Bedford Department of Public Works at 666-7669 with any questions regarding leaf collection.

Construction Sites as a Source of Phosphorus

Phosphorus attached to sediment leaving construction sites is a major source of Stormwater phosphorus. Contractors must comply with the Town's Erosion and Sediment Control Standards, which can be obtained by contacting the building Department at 666-8040

Town of Bedford Recreation and Parks Department
Welcome to "Caning Commons" at Beaver Dam Park

DOG PARK RULES

- All dogs must be licensed, have a valid Town of Bedford permit, current with all inoculations, healthy and wearing a collar with identification at all times - Contact the Bedford Town Clerk for licensing and permitting information (914-666-4534). Any dog using the park without proper license/permit will be issued a fine and future access to the facility will be prohibited
- Dogs must be leashed upon entering/exiting the enclosures - Owners must be in the enclosure keeping their dog in view and in voice control, with leashes in their possession, at all times - Leaving dogs unattended is prohibited
- Eating/smoking/picnicking is not permitted in the enclosures at any time

OWNERS MUST CLEAN UP AFTER THEIR DOGS AND DISPOSE WASTE IN THE RECEPTACLES PROVIDED

- Dogs exhibiting aggression are not permitted - Owners must remove their dog
- Dogs must be discouraged from digging - Owners must fill any holes their dog digs
- Dogs must be discouraged from excessive/constant barking - Owners must control or remove their dog
- Dogs who are ill, injured or in heat, as well as puppies under 4 months old, are all prohibited
- Limit is 3 dogs per person per visit
- The dog park is not recommended for children - Children age 12 and under must be supervised
- Be cautious with dog toys, some don't like to share
- The use of Dog treats as a snack or reward is NOT permitted within the fenced areas of the park

Non-compliance with these rules will result in expulsion from the Dog Park. Decision for expulsion will be made by the Superintendent of Recreation & Parks in conjunction with the Town Clerk and Dog Control Officer

Please Note: Some of the above rules may be temporarily suspended when Town-approved programs or training is being conducted at the park.

HOURS - Facility is open from dawn to dusk, seven days per week.
CLOSINGS - Areas are closed periodically for maintenance, during inclement weather or for safety reasons for the well-being of the permit holders and their dogs.
REPORTING - Any incident, problem, violation, emergency, etc. must be reported immediately to the Bedford Dog Control Officer, 914-666-4855, or to the Bedford Police Department, 914-241-3111 or 911.

RESPONSIBILITY - Any person bringing a dog into this facility assumes the legal responsibility, jointly and severally, with the owner of the dog, for any damage, disease or injury to persons, other dogs or property, caused by the dog. All persons using the facility, by entering it, agree to indemnify the Town of Bedford and hold the Town harmless for any harm resulting from the use of this facility.

For the benefit of everyone in our community, please remember to leave our dog park nicer than you found it!

Thank you!

revised 12/07/12

FREE Computer & Electronics Recycling Collection Site

Town of Bedford Recycling Center
301 Adams Street, Bedford Hills
Tuesday / Thursday / Saturday 8am - 3pm

Computers and electronics contain hazardous waste elements such as lead, mercury, cadmium and beryllium, and brominated flame retardant in the casing (a carcinogen if leached into the soil).
CRT Monitors and TVs have 4 to 8 lbs. of lead.
All electronics are recycled in an environmentally sound manner.
All hard drives are either sanitized or destroyed.
The New York State Electronic Equipment Recycling & Reuse Act went into effect April 1, 2011. This law mandates recycling of the following covered electronic equipment (CEE) at no charge.

Electronic waste accepted here:

All Televisions

Computer Equipment

- Monitors, Terminals
- Computers
- Scanners, Ink Cartridges
- Printers, Fax Machines
- Network Equipment
- Keyboards, mice and Computer Accessories

Miscellaneous Electronics

- Circuit Boards, Cabling & Wiring
- Typewriters
- Telecommunications Equipment
- Audio/Visual Equipment
- Video Game Systems
- Cell Phones, PDAs, IPODs
- Universal Power Supplies

NOT ACCEPTED:

- Any Liquids/Powders
- Air Conditioners
- Dehumidifiers
- Refrigerators
- Kitchen/Personal Appliances
- Batteries
- Fluorescent Lamps

recovery
In cooperation with Regional Computer Recycling & Recovery 888-563-1340 or visit www.eWASTE.com

BEDFORD RECYCLING CENTER INFORMATION

A HANDY GUIDE TO WHAT GOES WHERE	ADAMS STREET RECYCLING CENTER	YOUR CARTER
PLASTICS Numbers 1 through 7. Labels need not be removed. Please, no items such as flower pots, cassettes or furniture.	 (under 18" commingled with glass)	 (commingled with glass & metal)
NEWSPAPERS Must be tied or in paper bags. Also phonebooks.		
OTHER PAPER GOODS Magazines, catalogs, glossy newsprint material, junk mail, magazines, envelopes, color inserts, brochures, school and computer paper. No books.		 (disposed of as trash, not recycled)
GLASS Clean food bottles and jars, liquor and wine bottles, medicine containers, soda and beer bottles (No windows, mirrors or drinking glasses, please.)	 (commingled with plastic)	 (commingled with plastic & metal)
METALS Empty and rinsed clean, lids and labels may be left on: clean aluminum foil, pie plates, trays, aluminum cans, depressurized aerosol cans, metal food, juice and other tin cans (soup, fruit, tuna, vegetable, pet food, etc.) and empty oil and latex paint cans - just leave them open and let the paint residue dry first. If you can lift it, Bedford can recycle it (except air conditioners and refrigerators).	 (all metals except air conditioners and refrigerators)	 (household metals commingled with glass and plastic)
CARDBOARD Flattened, with all liners, styrofoam packing, plastic and paper removed.	 (except waxed containers and cereal box interiors)	 (disposed of as trash, not recycled)
TEXTILES Clothes, shoes, curtains, sheets, coats, blankets, pocketbooks, etc. - and they don't have to be clean!		 (disposed of as trash)

The Adams Street Recycling Center is open from 8:00 am to 3:00 pm on Tuesdays, Thursdays and Saturdays and is located just north of the Bedford Highway Department

Mark Your Calendar! Upcoming Special Events!

Egg Hunt Tuesday, March 26

Flashlight Egg Hunt Tuesday, March 26

Car Seat Inspection & Bicycle Safety Day Saturday, May 11

Fishing Derby Sunday, May 5

WATCH FOR THE FALL/WINTER BROCHURE DUE OUT IN LATE AUGUST!



SENIOR ADULTS

**Bedford Senior Adult Directors:
Angela Brown and Pam Veith
Bedford Senior Bus Driver: Frank Costa
Bedford Senior Adults Telephone Line: 666-7203**

SENIOR ADULT NEWSLETTER

In an effort to provide our senior adults with current information concerning programs, trips and special events, a newsletter/calendar is available. This newsletter will be mailed out every other month for those who wish to participate.

To receive the newsletter, please contact the recreation office at 666-7203 so we can add your name to the mailing list.

SENIOR ADULT INFORMATION SEASON HIGHLIGHTS

In 2012 our seniors enjoyed a variety of exciting activities, including: A lovely cruise on the Hudson River complimented by lunch at the Culinary institute, sightseeing and wine tasting in Litchfield, CT and a heartwarming holiday show with lunch at the Holiday Banquet Theater. Our popular Holiday Luncheons were a big success. We also enjoyed other events, nature activities, bird watching/feeding, planting our herb and vegetable gardens, flower cultivation and arrangements. We enjoyed crafts, local outings, museums and downtown walks and window shopping. Our Wii Video Bowling is always fun and exciting. Watching a movie with our big screen TV helps keep us in on those cold-rainy days. Besides our mall trips, we have been to The Westchester Dinner Theatre, Christmas Tree Shop, and other interesting day trips.

SENIOR MEETINGS

There will be weekly meetings offered to all residents ages 60 and older. Meetings will include a variety of social events, informational presentations, crafts, games, exercise, special events and more. Coffee, tea, juice and light refreshments will be available at all meetings. Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance. The meeting schedule is as follows:

MONDAYS Meeting and more
Bedford Hills Community House
10:00am - 2:00pm

WEDNESDAYS Meeting and more
Bedford Hills Community House
10:00am - 2:00pm

FRIDAYS Meetings, movies and more
Bedford Hills Community House
10:00am - 2:00pm



NEW MEXICAN FOOD
featuring organic and local ingredients
TACOS BURRITOS
ENCHILADAS SALADS
MARGARITAS SOFT SERVE
HOURS
Tuesday - Thursday 11:30 AM - 9:30 PM
Friday 11:30 AM - 10:30 PM
Saturday 5:30 PM - 10:30 PM
Sunday 1:00 PM - 8:00 PM

RESERVATIONS 914.234.8900
391 Old Post Road Bedford, NY (Route 22)
info@truckrestaurant.com | www.truckrestaurant.com | facebook.com/truckrestaurant

SHOPPING

The recreation bus runs local shopping trips on Tuesday mornings (ShopRite, CVS and Kohl's). Reservations must be made at least one day in advance by calling 666-7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first come first served basis.

HOME DELIVERED MEALS

Homebound residents unable to prepare meals and have no one to do so for them, may be eligible for a hot mid-day meal. Call Jim Whiting at 666-7203 for more information.

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center off Carpenter Ave. Hot lunches are available daily, Monday through Friday with a \$2.50 contribution. Reservations must be made a day in advance by calling 666-8931.

SENIOR ADULT IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00am to 4:00pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit www.westchestergov.com.

HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office, 666-6530

AGED PERSON PROPERTY TAX EXEMPTION

For information on eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

SENIOR ADULTS REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Rd., Bedford Hills to purchase discount coupons for trash disposal, Monday - Friday, 8:30am - 4:30pm. The program allows for disposal of plastic bagged, non-recyclable refuse at Town of Bedford Recycling Center, Adams St. Bedford Hills. Phone 241-2671, Tuesdays, Thursdays and Saturdays, 8:00 am - 3:00 pm.

INTERGENERATIONAL EXCHANGE DAY

Join the students at John Jay Middle School for a special day that includes a FREE lunch, class participation, a WWII/Great Depression panel discussion and musical entertainment presented by the John Jay Middle School Music Department.

LOCATION: John Jay Middle School
DAY/DATE: May 3
TIME: 11:00am - 2:30pm
TO MAKE RESERVATIONS: Call Bedford Recreation at 666-7203



Katonah Bedford Hills Volunteer Ambulance Corps



Proudly serving our community since 1963.
Thank you for your support.
www.kbhvac.org

SENIOR ADULTS

ST. PATRICK'S DAY CELEBRATION 2013

**WEDNESDAY MARCH 13 11:00am – 1:30pm
AT THE BEDFORD HILLS COMMUNITY HOUSE
HOSTED BY OLIVER'S RESTAURANT IN KATONAH**

Town of Bedford Senior Adults will not want to miss this event! Corn beef and cabbage, potatoes, carrots, Irish soda bread, entertainment and much more! Festive Irish entertainment and great raffles will be part of the program. Come join us for a great day of food, entertainment and fun! Don't forget to wear green!



Reservations Are Required - Call the Recreation Office at 666 -7203 to reserve your spot. Space is limited.

AARP DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend both sessions to satisfactorily complete the course. Bring a copy of your driver's license to class. The cost of the course is \$17.00 for AARP members and \$19.00 for non-members. Participants must be age 50 or older.

FOR: Ages 50+

DAY: Tuesday

DATE: April 30

TIME: 9:00am - 3:30pm.

(Please bring a bag lunch

for a ½ hour lunch break)

LOCATION: Bedford Hills

Community House

FEE: \$17.00 AARP members

\$19.00 non-members

NOTE: You must pre-register at the Town of Bedford Recreation Office or call 666-7004. Checks only, payable to "AARP".

Upcoming Senior Trips

REGISTRATION POLICY FOR SENIOR ADULTS & GUESTS:

****NEW** – To register you must complete a "Trip Registration Form" and submit it with your payment to the recreation office. Trip Registration Forms will be included in senior calendar mailings or can be picked up at the recreation office.

CANCELLATIONS: In order to cancel a trip reservation you must call in advance of the trip date. We cannot guarantee refunds on cancellations.

NOTE: CALL 666-7203 FOR DEPARTURE LOCATION

MARCH 28 • FOXWOODS CASINO

TIME: Bus departs 8:00am Returns 6:30pm

FEE: \$32.00 (res) • \$37.00 (guest)

May 23 • DISCOVER THE UNITED NATIONS & LUNCH AT CARMINES

TIME: Bus departs 8:00am Returns 5:00pm

FEE: \$99.00 (res) • \$99.00 (guest)

SEPTEMBER 26 • THE BIG "E" COUNTRY FAIR

TIME: Bus departs 8:15am Returns 6:00pm

FEE: \$32.00 (res) • \$37.00 (guest)

OCTOBER 24 • MOHEGAN SUN CASINO

TIME: Bus departs 8:00am Returns 6:30pm

FEE: \$30.00 (res) • \$35.00 (guest)

DECEMBER 4 • WESTCHESTER BROADWAY THEATER IRVING BERLIN'S "WHITE CHRISTMAS"

TIME: Bus departs 10:30am Returns 4:00pm

FEE: \$70.00 (res) • \$75.00 (guest)



These are Charter Bus Trips, so register early. Seats will be on a first come-first served basis. You can register by mail or by coming to the recreation office. Make checks payable to the Town of Bedford.

Bedford Free Library Truck Day

FREE



ALL AGES

Saturday, June 15th

10:00 am – 1:00 pm

Parking Lot of Bedford Presbyterian Church
Village Green – Bedford, NY

In case of inclement weather check website www.bedfordfreelibrary.org



26 Parkway Katonah, NY 10536
(914) 232-3351 - Fax (914) 232-0484

Outdoor Gear - Hardware - Fireplace

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TOWN OF BEDFORD FACILITIES

BEDFORD VILLAGE MEMORIAL PARK

65 Greenwich Road (off Rt. 22/172), Bedford Village

Features: 4 – all weather Tennis Courts, 2 Platform Tennis Courts with lights, Youth Baseball/Softball Field, Basketball Court, Swimming Pool, Wading Pool, Tot Playground, 5-12 yr. old Playground, Swings, 2 Picnic Shelters, Soccer Field, Little League Baseball Field and Seasonal Restrooms.

KATONAH MEMORIAL PARK

At The End Of North Street (off Bedford Rd/Park Pl.) Katonah

Features: 4 – all weather Tennis Courts, 2 Platform Tennis Courts with lights, Youth Baseball/Softball Field, Basketball-Court, Swimming Pool, Wading Pool, Tot Playground, 5-12 yr. old Playground, Swings, Picnic Shelter, Youth Softball Field and Seasonal Restrooms and Walking Trails.

SHELTER UPDATE:

The Katonah Memorial Park Association is very fond of the “Upper Shelter” (built circa 1946), which used to house the old ski tow warming hut and is now used for community functions by the Boy Scouts, Girl Scouts, Church groups, local Athletic organizations, School functions and the Town Recreation day camp program as well as family gatherings. The shelter area is a lovely spot and is very special to our residents. However, the shelter has seen a lot of wear and tear and is in need of refurbishing. In that light, the KMPA has undertaken major fundraising the past several years and in conjunction with the Town of Bedford Recreation and Park’s has slowly refurbished the shelter including new skylights, electrical wiring, roofing and lights. Painting and interior ceiling restoration work is scheduled for late winter and early spring with landscaping around the shelter to follow soon after.

Additionally, in the fall of 2012 the Parks staff undertook renovating the restrooms at the shelter area. Thanks to a generous donation from the Katonah Bedford Girls Softball Association the interior of the restrooms were painted by Bradsell Painting. Parks staff replaced all of the fixtures, installed new lighting, hung new mirrors and installed new hand sanitizers, paper towel and soap dispensers.

BEDFORD HILLS MEMORIAL PARK

60 Haines Road (off Rt. 117) Bedford Hills

Features: 4 – all weather Tennis Courts, 2 all weather Basketball Courts with lights, Baseball/Softball Field, Swimming Pool, Wading Pool, Tot Playground, 5-12 yr. old Playground, Swings, Picnic Shelter, Soccer Field, with lights, Ice Skating, Fishing, and Seasonal Restrooms.

No Smoking Policy in the Parks - Reminder

In 2011 the Town Board acted on a recommendation from the Recreation and Parks Advisory Committee regarding smoking in Town Park facilities. This recommendation was a result of the RPAC working with P’OWR against Tobacco, who is a partner with the American Lung Association. The Town policy regarding smoking in Town Parks as follows

Smoking is prohibited at Bedford Hills, Katonah, & Bedford Village Memorial Parks and at the Beaver Dam Park facilities as follows:

- Inside all pool facilities and within 50’ of the pool facility entrance point
- All playground areas
- All picnic areas/shelters
- All athletic fields, basketball courts, tennis courts and platform tennis courts
- All fenced in areas of the canine commons dog park

Appropriate signage has been placed in the Parks to advise Park users of this policy. We appreciate your cooperation in adhering to our smoke free areas and keeping our parks and facilities healthy!

A FRIENDLY REMINDER...

The Recreation and Parks Department is asking for assistance and cooperation in helping keep our park facilities clean for the benefit of all of our park patrons and their guests. Please use the trash and/or recycling receptacles provided to dispose of waste and debris. Athletic teams, clubs and groups are encouraged to police the fields, dugout/bench and spectator areas after practices and games. Please help our Parks staff keep our parks clean. Thank you.

PLEASE DON'T FEED THE GEESE!

The Recreation and Parks Department needs your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. PLEASE DO NOT FEED the geese that are at the park. Thank you.

The Blue Dolphin Ristorante
Fine Italian cuisine, homemade pastas, fresh seafood

175 Katonah Avenue
Katonah, New York 10536
(914) 232-4791



Mon.-Thurs. Lunch: 11-3, Dinner: 5-9:30
Friday Lunch: 11-3, Dinner: 5-10
Saturday Lunch: 11:00-3:30, Dinner: 5-10
Sunday Closed
Email: thebluedolphin@optonline.net <http://thebluedolphinny.com>

Peppino's
R I S T O R A N T E

116 Katonah Avenue ♦ Phone: 914.232.3212
Katonah, New York 10536 ♦ Fax: 914.232.8055

Joseph DiScala, Owner www.peppinosristorante.com

Recycling in the Parks...

Through the support of the Town Board, the Recreation and Parks Department purchased new recycling containers for all of our Park facilities in the spring of 2010. These blue containers with specialized lids are provided for plastic bottles and aluminum cans. The recycling containers compliment our green trash containers which are conveniently placed throughout our parks. Recyclable items are collected and transported to the Town recycling center on a weekly basis by the Parks staff. During peak season a separate recycling plastic and aluminum dumpster is located at one of the parks for plastic bottles and aluminum cans is used. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green



BEDFORD HILLS BASKETBALL LIGHTS

Lighting Information

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts were re color coated last August and feature sports lighting for evening use.

Starting April 1st (weather permitting) the light poles will be energized at dusk and will turn off automatically at 10:00pm.

Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

NOTE: Please assist the Town in keeping the courts safe and in good condition. The basketball courts are for basketball only. Riding tricycle, bicycles, skateboards and rollerblading are NOT permitted on the courts.

PARK USE REMINDER REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. Off leash dogs **ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are NOT permitted in any of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks

Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park. Additional information regarding the Canine Commons Dog Area is provided in the brochure.



BEAVER DAM PARK – Home of the Canine Commons

Beaver Dam Road off Harris Road in Bedford Hills
Features the Canine Commons dog area which was officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing, that includes a Small Dog (under 30lbs.), Large Dog (over 30lbs.) and Agility Training (group use) areas. The Canine Commons dog area is open to Town of Bedford residents with dogs that are properly licensed and have a valid canine commons permit issued from the Bedford Town Clerk's office 666 - 4534. Please note - a limited number of non resident permits issued by the Town Clerk's office for the Canine Commons dog area. Any dog using the park without the proper license/permit will be issued a fine and future access will be prohibited.

REMINDERS FROM THE TOWN CLERKS OFFICE

DOG LICENSING

All dogs over 4 months must be licensed through the Town Clerks Office. Fee for a neutered dog is \$20.00 and non-neutered is \$25.00. In addition Bedford Town residents with a valid dog license qualify to use the Town's dog park – Canine Commons at Beaver Dam. Permits for the Park are \$45.00 for the first dog, \$25.00 for the second dog and \$20.00 for the third dog. 50 out of town permits are also available for

\$125.00. Both licenses and permits are available at the Clerks office, Monday through Friday 8:30 to 4:30.

In addition, we have a wonderful DOG PARK – Canine Commons at Beaver Dam Park. This park is owned and operated by the Town and is open to residents of Bedford, with 50 non-resident permits available for purchase per year. Please note that no dog park permit will be issued unless the dog is properly licensed through New York State. Permits will be rescinded if a dogs NYS license expires and is not renewed on time.

2013 Dog Park Permit Fees

NUMBER OF DOGS	FEE
1	\$45.00
2	\$25.00
3	\$20.00
Guest Pass per dog/day	\$10.00
Out of town pass good thru December 31, 2013	\$125.00

RECYCLING

Recycling – There is free computer and electronics recycling at the Town of Bedford Recycling Center at 301 Adams Street. Check the Town of Bedford website www.bedfordny.gov for further information.



The Rotary Clubs of Northeast Westchester (formerly Katonah)

and Somers

Are thrilled to announce their upcoming merger.

Meetings are most Wednesdays, 6:30 p.m., at Somerfield's Restaurant in the Somerstown Shopping Center, Route 100, Somers

GUESTS ARE ALWAYS WELCOME!

BEDFORD HILLS COMMUNITY HOUSE COMMUNITY USE AND RENTAL SPACE INFORMATION

74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building that was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, etc please contact the Recreation Office at 666 – 7004. Room descriptions and fees are listed below:

Main Room

Located on the main floor this room can accommodate 100 -125 people for a meetings, christenings, parties etc. Children's birthday parties are not booked in this room. Tables and chairs are available for use. Use of the lounge room and kitchen are included in the rental fee.

2013 Rental rate is \$420.00 for a 6 hour block of time. This includes an on site building supervisor. A security deposit of \$250.00 is required.

Lower Level Legion Room

Located in the basement this room can accommodate 50 people for a meeting or 40-45 for parties. This room is a very popular space for children's birthday parties. Tables and chairs are available for use. Use of the kitchen is included in the rental fee. A security deposit of \$100.00 is required.

2013 Rental rate is \$55.00 per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided for rental of the legion room.

Lounge Meeting Room

Located on the main floor this room is suitable for meetings of up to 16 people features doors that lead into the main room. The room is equipped with a 35" TV and a DVD player. This room is air conditioned.

Board Meeting Room

Located on the main floor this room is suitable for meetings of up to 16 people. This room features a wall mounted 52" flat screen TV with DVD player. The Board room and Sun room have connecting double doors for dual room use if desired. This room is air conditioned.

Sun Meeting Room

Located on the main level this room is suitable for meetings of up to 14 people. The room is accessible through exterior side doors or through the Board Room. This room is air conditioned.

2013 Rental Rates for any of the meeting rooms is \$35.00 per hour.

THANK YOU! THANK YOU! THANK YOU!

A great big THANK YOU to the following local area merchants for their donation this past fall to our annual Ladies Bingo Night! Your support is like hitting the BINGO JACKPOT! Thank You!

- ◆Bedford Village Hardware ◆Consider the Cook
- ◆Siemers Wine & Spirits ◆Small Joys
- ◆Vrai Nord ◆Apogee ◆Carvel
- ◆Gorgeous Nails & Spa ◆Hess Express
- ◆HoBu YiBu Nails & Spa ◆James NY
- ◆Pawfection II ◆Salsa Fresca
- ◆Sinapi's Pizza Rustica
- ◆SPLASH Car Wash ◆Tupperware by Vera Thompson
- ◆Charles Department Store ◆Ebba ◆ Suburban Groove
- ◆Blue Dolphin Ristorante ◆Tazza Café
- ◆Fine Lines ◆The Bagel Shoppe ◆Twist
- ◆Fred's Haircutting Salon ◆Weinstein's Pharmacy
- ◆Iris Nails & Spa ◆A&P of Katonah ◆Jems
- ◆Katonah Paint & Hardware ◆Katonah Pharmacy
- ◆Katonah Restaurant ◆Katonah Wine & Liquor
- ◆KD Studio ◆Kellogg's & Lawrence ◆Mrs. Green's
- ◆Oliver's Restaurant ◆La Famiglia Pizza & Pasta
- ◆Nails ◆Noka Joes ◆Peking City
- ◆Stager's Paper Mill ◆Grand Prix ◆Saw Mill East
- ◆Westchester Burger



**Is your \$\$\$ going
through the cracks?**

Sign up for a free home
energy assessment today!

Learn how to get started at
www.EnergizeBedford.org

or contact our Energy Advisor at:
info@EnergizeBedford.org or (914)-302-7300



LOOKING FORWARD TO FALL

KIDDIE KORNER JAMBOREE

AGES 3 - 4 (Weekday mornings beginning September)

This ever-popular morning pre-school program features a variety of favorite children's activities, games, art, story time, music and more. Our wonderful instructors provide a warm and nurturing environment, where little ones feel comfortable and safe. Please take advantage of the great opportunity to sign up early for this highly sought after and affordable program.

FLAG FOOT BALL

GRADES 3 - 6 (Weekday afternoons beginning September)

This popular, action-oriented program will introduce young athletes to the thrills of playing football in a fun, non-contact setting. Developing skills and learning the rules will be emphasized as each week we break down into "scrimmage style" games. Players will learn the skills of receiving, running, footwork and defensive coverage, as well as play calling and game strategies.

GIRLS FIELD HOCKEY

GRADES 2 - 8

DIRECTOR: Ridgely Biddle

Assisted by Cathy Cousins, Debbie Walsh, David Leech and staff

This is a skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. Emphasis will be on physical conditioning, stick work, team dynamics and rules of the game. There will be several scrimmages planned against local recreation teams. Players must provide their own stick, shin guards mouth guard and eye guard. The program will be held at the Katonah Memorial Park Field - Located behind the pool on Saturday mornings and for grades 5-8 on select Friday evenings and Saturdays.



TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM- PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-mail _____

EMERGENCY NAME

Telephone

Participant name	Sex	Grade	DOB	Program Day	ACTIVITY #	Activity Name	Fee

Form of Payment Cash Check Credit Card

Total Fee \$ _____

General Release The Undersigned hereby releases the Town of Bedford, its Town Board, Recreation And Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I Understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, Ny 10507
914-666-7004

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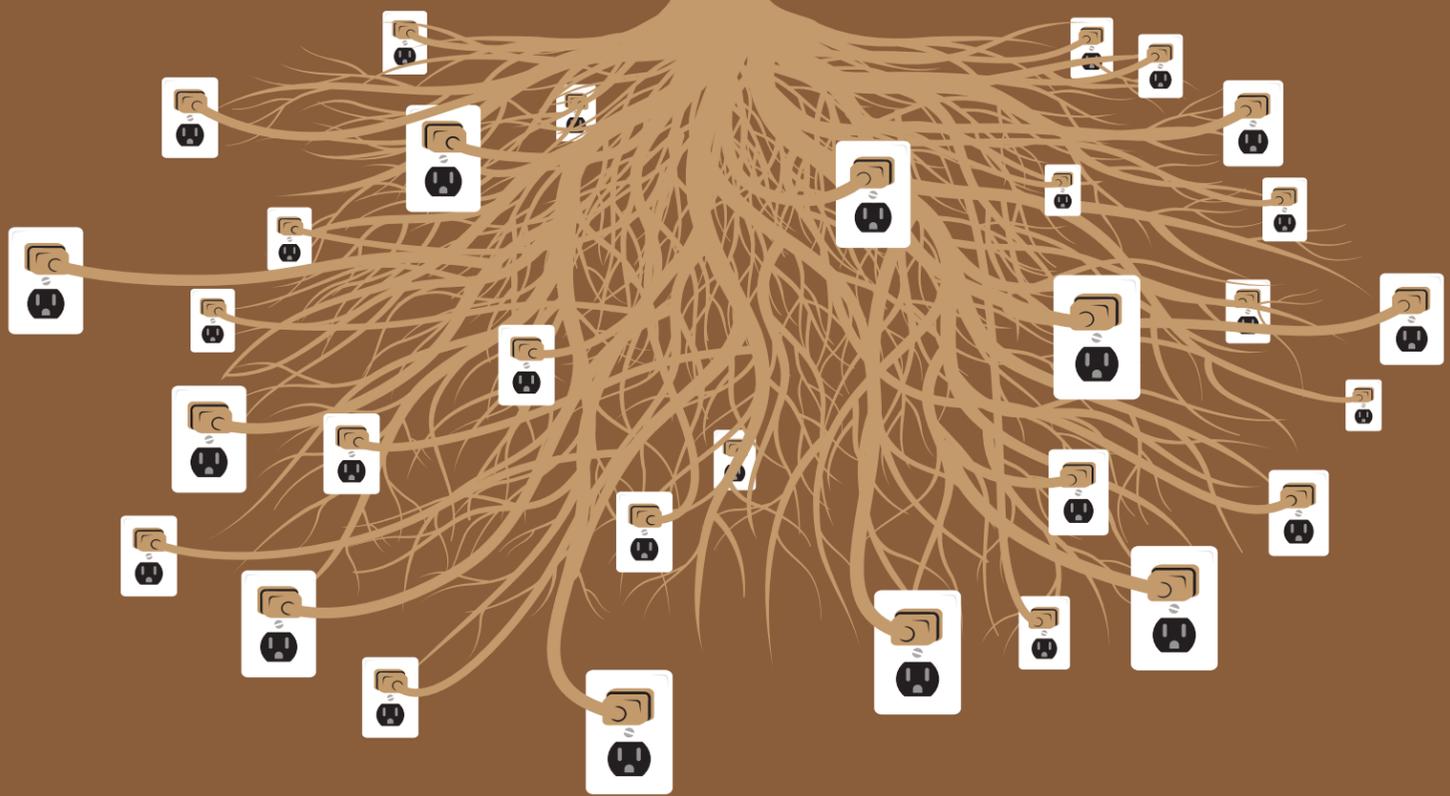
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THIS ISN'T SUSTAINABLE. Bedford is a beautiful place. But we use too much energy. And produce more than our fair share of greenhouse gases. That can change. Bedford 2020 has ways for all of us to make a difference. Simple stuff like not letting your car idle. Not letting warm air leak out of your house in winter. Or cool air in summer. Not leaving your computer plugged in. Mulching your grass. Composting your trash. None of them are expensive, time consuming or burdensome. Just smart. Easy. And practical. Please join us. Together, we can reduce Bedford's greenhouse gas emissions 20% by 2020. Together, we can do a lot by doing a little. Check out how at bedford2020.org.

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