

TOWN *of* BEDFORD

RECREATION AND PARKS DEPARTMENT

2014.
spring
summer
brochure

Registration begins
Monday, March 24th
www.bedfordny.gov

letter from **town supervisor**

Greetings Neighbor,

On behalf of the Town Board and the Recreation and Parks Department staff, I am pleased to present the 2014 Spring & Summer program brochure. Each year we try to offer more opportunities and this year is no exception. The Recreation and Parks Department sponsors many activities which are complemented by a wide array of special events sponsored by community organizations. So please take some time reviewing the brochure, as you may find much of interest to you.

Town residents who anticipate enrolling their children in one of our five different Day and Tiny Tot Camps are urged to take advantage of the discounted rate that runs from March 24th through May 9th. After May 9th the discounted rate will increase, so be sure to register early.

As for the pools, we are pleased that our residents seem to find our pool pass permit system installed in the fall of 2009 has been working well. Please refer to page 34 for pool information. Registration, membership classifications, hours of operation, fees, our three swim and dive teams, swim lessons, special events, rules and regulations, friendly reminders, pool birthday party opportunities and "Sizzling" Sunday pool parties is all included in this brochure. We are also pleased to announce that the pool membership rates for 2014 did not increase! Please assist us in helping you obtain your park/pool permits by registering early. Registration starts March 24th with the discounted rate increasing after May 9th. Please remember that you can use your pool pass for any of the three hamlet pools.

Our dedicated parks staff will continue their efforts to keep our pools, athletic fields and other park facilities clean, safe and in excellent condition. They strive to please our residents and from what I hear as I go through Town, they do well in that effort. Of course, please do feel free to let us know your comments and your suggestions. We always want to hear from you. Feel free to let us know either by contacting our Superintendent of Recreation and Parks, Bill Heidepriem at 666-8494 or wheidepriem@bedfordny.gov or me at 666-6530 or supervisor@bedfordny.gov.

We look forward to seeing you at our beautiful park facilities and events this year. Have a safe, healthy and enjoyable spring and summer season.

Sincerely,

Chris Burdick

Chris Burdick
Bedford Town Supervisor

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sneak peak!

fall program information
is on the inside backcover

RECREATION & PARKS DEPARTMENT OFFICE LOCATION & HOURS

425 Cherry St., 1st Floor, Bedford Hills, NY 10507

Office Hours.....Mon. thru Fri., 8:30 am to 4:30 pm

Registration Walk-in Hours....Mon. thru Fri., 8:30 am to 4:00 pm

RECREATION & PARKS STAFF

William F. Heidepriem.....Superintendent of Recreation & Parks

Daryl Ann Sudlow...Assistant Superintendent of Recreation & Parks

James Whiting.....Recreation Supervisor

Kimberly O'Brien.....Senior Recreation Leader

Suzanne Carpentier.....Senior Office Assistant

Susan DeFonce.....Office Assistant

Tom Megna.....Parks Foreman

Mark Morin.....Assistant Parks Foreman

Richard Pochintesta.....Automotive Mechanic

John Goodman.....Parks Maintenance

Pete Welch.....Parks Maintenance

Matt Halpin.....Parks Maintenance

Matt Van Dorn.....Parks Maintenance

TOWN BOARD (Meets every 1st & 3rd Tuesday at 8:00 pm – Town House, 321 Bedford Rd., Bedford Hills)

Chris Burdick.....Town Supervisor

Francis T. Corcoran.....Councilman

Mary Beth Kass.....Councilwoman

David Gabrielson.....Councilman

William Hayes.....Police Chief

Boo Fumagalli.....Town Clerk

Kevin Winn P.E.....Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

(Meets the 2nd Wednesday at 8:00 pm – Recreation
Office Conference Room, 425 Cherry St., Bedford Hills)

Brian McCabe, Chairman

John McMahon

Nancy Bellini

Aldo Sammarco

Wayne Grossman

Betsy Smith

Steve Lancia

Luke Vander Linden

Cristina Magidson

Francis T. Corcoran,
Town Board Liaison

PHONE NUMBERS

Recreation & Parks Office.....666-7004

Recreation & Parks Fax.....666-3863

Senior Adults.....666-7203

Recreation Hotline.....864-3777

Assessor.....666-5149

Building Inspector.....666-8040

Court Clerk.....666-6965

Dog Control.....666-4855

Emergency.....911

Finance.....666-8283

Highway.....666-7669

Historian.....666-4745

Parking Bureau.....666-8097

Planning.....666-4434

Police.....241-3111

Recycling.....241-2671

Tax Receiver.....666-4475

Town Clerk.....666-4534

Town Supervisor.....666-6530

Water.....666-7855

Wetlands.....666-5140

Zoning.....666-4585

Visit the Town of Bedford's Website at www.bedfordny.gov for up-to-date information, including Recreation & Parks information about the Pools, Programs, Special Events, seasonal employment opportunities and meetings. You can e-mail the Parks & Recreation Department at Recreation@bedfordny.gov or call 666-7004.



THIS EVENT IS FREE!

NO REGISTRATION

REQUIRED! Just come and join the fun! Be sure to bring a bag or basket for gathering the eggs!

SPRING EGG HUNT

Sponsored by the Recreation and Parks Department

It's time to hop your way to an EGGstravaganza event. With your baskets in hand get ready for the Town of Bedford's Annual Spring Egg Hunt, Tuesday, April 15 at the John Jay Homestead for children age 2-10. The fun begins at 10:45 with entertainment and the EGG HUNT starting promptly at 11:15. The children will be divided by age (ages 2-5, 6-7, & 8-10) for the hunt. Children should bring their own baskets or bags for egg collecting. The John Jay Homestead State Historical Site is located on Route 22 in Katonah. *Come early to get some goodies from the Spring Bunny!*

FOR: CHILDREN AGES 2 – 10 (*Children must be accompanied by a parent or guardian.*)
DATE: TUESDAY, APRIL 15
RAIN DATE: THURSDAY, APRIL 17 at Fox Lane Turf Field
TIME: 10:45 am – the hunt starts at 11:15 am sharp!
LOCATION: JOHN JAY HOMESTEAD STATE HISTORIC SITE

Katonah Spring Clean-up Day and Plant Sale

Saturday, May 3rd
 9am to 2pm
 (Rain or Shine)



Meet in front of the library. Disposable gloves, garbage bags, vests, route maps, and refreshments provided.

Prizes for the Kids!

SPONSORED BY



KATONAH VILLAGE IMPROVEMENT SOCIETY

For more information visit www.katonahvis.com



FLASHLIGHT EGG HUNT

Program Supervisor: Kimberly O'Brien

We have made a twist in tradition. Get your flashlights ready and hunt for the colorful candy filled eggs at night. Bring a flashlight for the hunting and a bag for the goodies. Pre-Registration is required.

FOR: GRADES 3 – 7
DAY/DATE: WEDNESDAY, APRIL 16
RAIN DATE: THURSDAY, APRIL 17
TIME: 7:45 – Hunt starts at 8:00pm Sharp!
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
ACTIVITY #: 184600
FEE: \$5.00

FISHING DERBY

Program Supervisor: Jim Whiting

The Bedford Recreation Department is holding its 14th annual fishing derby at Lake Marie. We are pleased to offer this popular program to all resident youngsters up to age 15. Volunteers from the Sportsman's Club of Northern Westchester will be on hand to help young anglers bait hooks, as well as providing fishing tips to first timers. Prizes will be awarded throughout the day.

Bob's Bait & Tackle in Katonah generously donates all the bait, as well as gift certificates and other prizes.

FOR: CHILDREN UP TO AGE 15 (*Children under the age of 8 must be accompanied by a parent or guardian.*)
DAY/DATE: SUNDAY, MAY 4
TIME: 12:00 – 3:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK LAKE MARIE
ACTIVITY#: 185600
FEE: \$5.00 PER PERSON (You must pre-register at the recreation office by FRIDAY, MAY 2)

NOTE: *Children must bring their own fishing pole.*



"LEARN-TO-RIDE" BIKE PROGRAM

Conducted by: Jim Whiting & The Bedford Police Department

This highly successful program was initiated by "Bike New York", a Bicycle Education Program dedicated to teaching kids how to ride a bicycle and showing parents effective methods for teaching their kids at home. The Bedford Police will be on hand to provide safety tips and bike registration. Learn more about cycling opportunities in the New York area at www.bikenewyork.org.

FOR: BOYS & GIRLS OF ALL AGES
DAY/DATE: SATURDAY, MAY 10 (Rain date SATURDAY, MAY 17)
TIME: 10:00 am – 12:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
FEE: FREE (residents may attend any time during the 2-hour period)

NOTE: *Participants must bring a bicycle and bike safety helmet*



CAR SEAT INSPECTION

Conducted by: The Bedford Police Department

In conjunction with our "Learn-To-Ride" Bike Program specially trained police officers will provide car seat inspections to all interested residents between the hours of 10:00 am – 12 noon.

FOR: ALL TOWN OF BEDFORD RESIDENTS
DAY/DATE: SATURDAY, MAY 10 (Rain date SATURDAY, MAY 17)
TIME: 10:00 am – 12:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
FEE: FREE (residents may attend any time during the 2-hour period)



A Message from K.M.P.A. President Anne Hanley.

The Katonah Memorial Park Association provides a leadership, guidance, and consultation role on operational matters affecting the Katonah Memorial Park. In partnership and cooperation with the Town of Bedford, this effort will maintain the excellence of all the Park's facilities and programs. We will continue the Park's legacy of a living memorial to Katonah veterans of all wars.

SHELTER UPDATE

The Katonah Memorial Park Association is very fond of the "Upper Shelter" (built circa 1946), which used to house the old ski tow warming hut and is now used for community functions by the Boy Scouts, Girl Scouts, Church groups, local Athletic organizations, School functions and the Town Recreation day camp program as well as family gatherings. The shelter area is a lovely spot and is very special to our residents. However, the shelter has seen a lot of wear and tear and is in need of refurbishing.

In that light, the KMPA has undertaken major fundraising the past several years and in conjunction with the Town of Bedford Recreation and Park's has slowly refurbished the shelter including painting, new skylights, electrical wiring, roofing and lights. Interior ceiling restoration work is ongoing and weather permitting should be completed in late winter/early spring. Landscaping around the shelter will be scheduled in the near future.

TAKE A WALK IN THE PARK ANNUAL SPRING CLEAN UP

The Katonah Memorial Park Association and Katonah Village Improvement Society would like to extend an invitation to their friends, neighbors and the community to participate in this community clean up at Katonah Memorial Park and in the hamlet of Katonah. This event usually falls on the first Saturday of May so stay tuned for updates. For additional information please contact Anne Hanley at 232-8017.



TREE CITY USA®

ARBOR DAY CELEBRATION 2014

Town Supervisor Chris Burdick, the Town Board, Bedford Tree Advisory Board chairman Michael Serio and members of the Tree Advisory Board (TAB) invite Town residents to join in celebrating Arbor Day 2014 with a tree planting ceremony scheduled for Saturday April 26, 9:00 am at a site to be determined by the Tree Advisory Board. The site selected will be announced on the Town website and in press releases. The rain date is May 3rd. Supervisor Burdick on behalf of the Town Board will read the annual Town of Bedford Arbor Day proclamation. New York State Department of Environmental Conservation on behalf of the National Arbor Day Foundation hopes to be available to present the "Tree City USA" designation award to the Town of Bedford. George Profous, New York Regional Coordinator has been invited to this year's celebration. This honor is in recognition to the Town of Bedford for the ongoing tree care and tree plantings the Town has performed during the past year. This is the 14th year Bedford has been designated as a "Tree City USA".

The "Tree City USA" honor is bestowed on communities that have met four qualification standards. They include having a Tree Board or Department, a tree care ordinance, a comprehensive forestry program and have an annual Arbor Day observance and official proclamation. The Town Board is very pleased that the Tree Advisory Board's ongoing work with the National Arbor Day Foundation has secured this wonderful designation for the Town of Bedford and appreciates the role the TAB serves in working with the Town Board in preserving, protecting, maintaining existing Town owned trees and the planting of trees in Bedford.

MEMORIAL DAY TOWN OF BEDFORD MAY 26, 2014 PARADES & CEREMONIES

PLEASE JOIN US IN A NATIONAL DAY OF REMEMBRANCE

Bedford Hills Memorial Day Parade and Ceremonies

- SPONSORED BY: Bedford Hills Fire Department and Bedford Hills Lions Club
- PARADE STARTS: At 9:00 am sharp at BHES on Babbitt Road
- PARADE ROUTE: Babbitt Road to Church Street BHCH, Main Street to the BHFD.
- CEREMONIES: Held at the BHCH WW I memorial followed by a ceremony at the end of the parade at the WW II, Korean and Vietnam war memorials at the intersection of Bedford Road and Main Street.

Katonah Memorial Day Parade and Ceremony

- SPONSORED BY: Katonah American Legion Post 1275 and the Katonah Fire Department
- PARADE STARTS: At 10:00 am sharp at Katonah Fire Department
- PARADE ROUTE: Katonah Fire Department down Katonah Avenue up Parkway to Lawrence Circle. After the ceremony at the war memorials the parade continues from Lawrence Circle down Bedford Road to the Katonah Fire Department.
- CEREMONIES: Are held at the Lawrence Circle WW I, WW II and Civil war memorials followed by a ceremony at the end of the parade at the KFD bell honoring all veteran's who were also volunteer firefighters.

Bedford Village Memorial Day Parade and Ceremony

- SPONSORED BY: Bedford Fire Department and Bedford Village Lions Club
- PARADE STARTS: At 11:15 am Approx.
- PARADE ROUTE: Starts at the Corner of Seminary Road and Pound Ridge Road right onto Pound Ridge Road (Route 172) to the Village Green.
- CEREMONY: Held at the WW I, WW II, Korean, Vietnam and Gulf War memorials located at the Village Green. At the conclusion of the ceremony residents are invited to the BFD for light refreshments.

FREE SUMMER CONCERT

Sponsored by: The Katonah Memorial Park Association

Katonah Memorial Park Association in cooperation with Bedford Recreation is proud to present "The Mulligans" Concert in the Park, Friday July 11th! The Mulligans perform high-energy classic and contemporary dance rock including hits from the Stones, Springsteen, U2, Talking Heads, Counting Crows, and the Chili Peppers - as well as some very Funky Funk. Bring your friends, family, chairs, blankets and join us for an evening of fun and exciting entertainment!

- DAY/DATE: FRIDAY, JULY 11
- TIME: 7:00 – 8:30 pm
- LOCATION: KATONAH MEMORIAL PARK (Stage area behind pool)

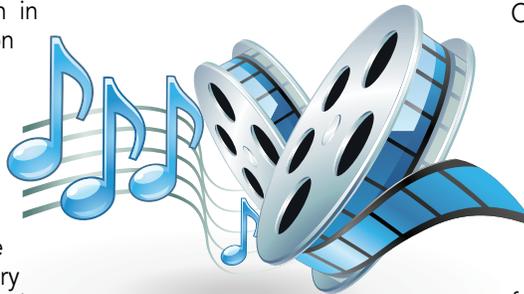
FREE MOVIE IN THE PARK

Sponsored by: The Bedford Village Chowder & Marching Club

Once again the Bedford Village Chowder & Marching Club will be sponsoring a "Movie in the Park" this summer at the Bedford Village Memorial Park. Light refreshments will be on sale and families are encouraged to bring their chairs; blankets; family and friends and come out to watch

the "Stars under the stars" Details on the movie will be available at the pools.

- DAY/DATE: FRIDAY, JULY 18
- TIME: 8:30 pm
- LOCATION: BEDFORD VILLAGE MEMORIAL PARK





Supporting Bedford Youth Programs since 1956

The Bedford Village Chowder & Marching Club is a community group in Bedford, NY that raises funds to help provide support for local youth programs and projects focusing on arts and music, club and school sports, scouts, athletics, youth outreach, scholarships and community service.

CLEAN-UP WEEKEND

**FRIDAY MAY 2ND & SATURDAY MAY 3RD
8:30 am to 3:00 pm**



More Info:
www.chowderandmarching.org

Bedford Free Library



Truck Day

FREE FOR ALL AGES

**Saturday, June 14th
10:00 am – 1:00 pm**

**Parking Lot of Bedford Presbyterian Church
Village Green – Bedford, NY**

In case of inclement weather check website www.bedfordfreelibrary.org



The Bedford Hills Neighborhood Association is a charitable community-based organization seeking to enhance the overall quality of life for its residents, promote community cohesiveness, and create a safe, healthy environment for all. We plan events that bring the community together, promote volunteerism to help those in need and donate to local charitable initiatives.

For More information check out our website: BHNA10507.com
or like us on facebook: Bedford Hills Neighborhood Association.



**Join us on APRIL 5TH for our
5th Annual Run for the Hills - 5k**

online registration:
<http://www.lightboxreg.com/run-for-the-hills>
or call 914-318-6937

5K at Lasdon Park

June 1, 2014

The Running Goddess

Strength in Numbers: A Women's Race Benefitting Girls' Education

www.therunninggoddess.com

KIDDY KORNER JAMBOREE

Co-Directors: Sylvia Rossi & Jennifer Jordan

This popular pre-school program is an opportunity for your child to interact with peers in a safe and nurturing environment. Favorite activities include games, story time, art and more.

FOR: AGES 3 – 4
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DAYS: MONDAY, TUESDAY, WEDNESDAY & THURSDAY
TIME: 9:30 am – 12:30 pm

REGISTRATION OPTIONS:

4 DAYS – \$540.00 (40 SESSIONS)
3 DAYS – \$405.00 (30 SESSIONS)
2 DAYS – \$290.00 (20 SESSIONS)
1 DAY – \$180.00 (10 SESSIONS)

MONDAYS – March 31, April 7, 21, 28, May 5, 12, 19, June 2, 9, 16

TUESDAYS – April 1, 8, 22, 29, May 6, 13, 20, 27, June 3, 10

WEDNESDAYS – APRIL 2, 9, 23, 30, MAY 7, 14, 21, 28, JUNE 4, 11

THURSDAYS – April 3, 10, 24, May 1, 8, 15, 22, 29, June 5, 12

K.K.J. WILL NOT MEET ON 4/14, 4/15, 4/16, 4/17 OR 5/26 (MEMORIAL DAY)

ELIGIBILITY: PARTICIPANT MUST BE AGE 3 BY JUNE 30, 2014 (NO EXCEPTIONS).

A copy of the child's birth certificate must be provided at registration. Children must be fully toilet trained—no diapers, pull-ups, etc. Snacks are provided.



LEARN, BUILD, PLAY WITH...DUPLO® BRICKS

Conducted by: Bricks 4 Kidz®

Watch their eyes light up as they dig into a pile of brightly colored DUPLO® bricks to create fun, simple sculptures based on the ABC's. Kids gain greater awareness of the world around them as they talk about topics like fish, gardens, keys and other everyday objects. Introduce your pre-schoolers to the fun of learning, building and playing the Bricks 4 Kidz way.

FOR: AGES 4 – 5
DAY: WEDNESDAY
DATE: APRIL 23, 30, MAY 7, 14, 21, 28, JUNE 4, 11
TIME: 1:15 – 2:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 168619
FEE: \$140.00



NATURE ADVENTURES

Conducted by:



Westmoreland Sanctuary

NATURE CENTER & WILDLIFE PRESERVE

Take some time with your child to discover the great outdoors. Jump into spring with this fun, educational and interactive program with enjoyable activities like exploring wetlands, seeking out little creatures and going on a "Stream Stomp". Discover something new each week!

FOR: AGES 3 – 5 (w/parent or guardian)
 DAY: TUESDAYS
 DATES: MAY 6, 13, 20, 27, JUNE 3, 10
 TIME: 1:30 – 2:15pm
 LOCATION: WESTMORELAND SANCTUARY
 ACTIVITY #: 167600
 FEE: \$80.00



NOTE: Classes are held outdoors, so please be sure to dress for the weather. Rain gear for rainy days please. A bottle of water is also a good idea to bring along. (Children must turn three prior to the start of class.)

SUPERSTAR TUMBLERS

Conducted by: Leapsmart

A gymnastic class especially for preschoolers! Your children will learn basic gymnastic skills, progressions, circuits and vocabulary while improving their strength, flexibility, balance, coordination and confidence. Children also will practice important listening and safety skills while working on a variety of exciting preschool gymnastics equipment.

FOR: AGES 3 – 5
 DAY: MONDAYS
 DATES: APRIL 21, 28, MAY 5, 12, 19, JUNE 2, 9, 16
 TIME: 1:00 – 1:45pm
 LOCATION: LEONARD PARK,
 MT KISCO POOL COMPLEX
 ACTIVITY #: 190800
 FEE: \$140.00
NOTE: A waiver will need to be signed for all participants prior to the first day of the program.





TOTAL SPORTS SQUIRTS – PARENT & ME

Conducted by: U.S. Sports Institute

This program introduces youngsters aged 2 – 3 to new sports in each session, with a helping hand from Mom or Dad! Children have the opportunity to try lacrosse, t-ball, basketball, soccer, floor hockey, parachute games and more in a safe and structured environment. The Total Sports Squirts program is ideal for any child just starting out in the world of sport.

FOR: AGES 2 – 3
DAY: TUESDAYS
DATES: APRIL 22, 29, MAY 6, 13, 20, 27 JUNE 3, 10
TIME: 12:00 – 12:50pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$130.00 (discount rate for registering 10 days prior to program start)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com Or call (866) 345-BALL*

SPORTS SQUIRTS

Conducted by: U.S. Sports Institute

This fun program introduces youngsters to a variety of sports including lacrosse, t-ball, basketball, soccer, hockey, parachute games and more all conducted in a safe and structured environment. All activities promote hand-eye coordination, balance, movement and fun.

FOR: AGES 3 – 5
DAY: TUESDAYS
DATES: APRIL 22, 29, MAY 6, 13, 20, 27 JUNE 3, 10
TIME: 1:00 – 2:00pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$130.00 (discount rate for registering 10 days prior to program start)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com Or call (866) 345-BALL*

SOCCER SQUIRTS

Conducted by: U.S. Sports Institute

This program focuses on maximizing participation and learning the fundamental skills of soccer through a variety of fun, structured activities, all designed to stimulate a child's imagination and develop motor skills.

FOR: AGES 3 – 5
DAY: MONDAYS
DATES: APRIL 21, 28, MAY 5, 12, 19, JUNE 2, 9, 16
TIME: 1:00 – 2:00pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$130.00 (discount rate for registering 10 days prior to program start)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com Or call (866) 345-BALL*

SOCCER SQUIRTS – PARENT & ME

Conducted by: U.S. Sports Institute

This program introduces soccer to children ages 2 – 3, with a parent participating by their side. Kids will have fun learning the fundamental skills of soccer through a variety of structured activities, fun-based games and scrimmages. Each class will provide an opportunity for you to spend quality time easing your child into social situations with support and direction from our coaches.

- FOR: AGES 2 – 3
 DAY: MONDAYS
 DATES: APRIL 21, 28, MAY 5, 12, 19, JUNE 2, 9, 16
 TIME: 11:30 am – 12:15 pm
 LOCATION: BEDFORD HILLS MEMORIAL PARK
 FEE: \$130.00 (discount rate for registering 10 days prior to program start)
NOTE: Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com Or call (866) 345-BALL



TINY DRAGONS

Conducted by: WMMAF

The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to martial arts. Here they are taught basic martial arts in a fun and friendly environment. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

- FOR: AGES 3 – 4
 DAY: THURSDAYS
 TIME: 1:30 – 2:00 pm
 LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
 (333 North Bedford Rd. Mt. Kisco, NY)
- SPRING: APRIL 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12
 ACTIVITY #: 130180
 FEE: \$150.00
- SUMMER: JUNE 19, 26, JULY 3, 10, 17, 24, 31, AUG. 7
 ACTIVITY #: 230180
 FEE: \$150.00



SAFE ON MY OWN

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

Safe On My Own is a program for children in grades 3 thru 5 who would like to learn the safety measures of what to do when they find that they are alone on their own. Some topics to be discussed include, what to say on the phone when home alone, what to do if someone comes to your home while you are alone, stranger danger when you are outside your home, how to call 911, and what to do in an emergency.

FOR: GRADES 3 – 5
DAY/DATE: THURSDAY, MAY 1
TIME: 4:30 – 6:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 150605
FEE: \$20.00 – RESIDENTS
 \$25.00 – NON-RESIDENTS
NOTE: *Includes a Safe On My Own take home pamphlet.*

BABY-SITTING TRAINING COURSE

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

The Baby-sitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

FOR: AGES 11 – 15
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$75.00 – RESIDENTS
 \$94.00 – NON-RESIDENTS

1 DAY PROGRAM

DAY: SATURDAY
DATES: MAY 10
TIME: 9:00am – 5:00pm (bring lunch/snacks/baby doll)
ACTIVITY #: 158600

3 DAY PROGRAM

DAY: TUESDAYS
DATES: MAY 20, 27, JUNE 3
TIME: 4:00 – 6:15pm
ACTIVITY #: 158601
NOTE: *Must be 11 by the first class & attend all classes. Bring a pen/notebook each week.*



KIDS

Supervisor: Kimberly O'Brien and Staff

B-I-N-G-O- Come on out for a great night of fun! Eat, socialize and have an exciting evening of bingo with great prizes. Pizza dinner and dessert will be served.

FOR: GRADES 2 – 7
DAY/DATE: SATURDAY, MAY 3
TIME: 6:00 – 8:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 199600
FEE: \$20.00

CHALLENGE GAME NIGHT

Supervisor: Kimberly O'Brien and Staff

Ready Set Play! This evening will be devoted to playing games. Conquer your opponent in a challenging game of Stratego, play a defying game of Battleship, a competition of Connect Four, plus other fun and challenging games. Dinner and snacks are included.

FOR: GRADES 3 – 7
DAY/DATE: SATURDAY, JUNE 7
TIME: 6:00 – 8:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 198605
FEE: \$20.00

GUITAR LESSONS

Instructor: Scarsdale Strings Instructor

If you ever dreamed of being a real guitar hero, this class is for you! Listening skills, as well as physical coordination, are developed and improved with daily performance. As the student develops basic motor skills and critical listening, work begins on learning segments of classic songs. There will be an additional fee for renting the instrument during the 8 week class.

DAY: WEDNESDAYS
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DATE: APRIL 23, 30, MAY 7, 14, 21, 28, JUNE 4, 11
FEE: \$210.00 paid to Town of Bedford
RENTAL FEE: \$45.00 paid to Scarsdale Strings
FOR: GRADES K – 2
TIME: 4:30 – 5:30pm
ACTIVITY #: 168612
FOR: GRADES 3 – 8
TIME: 5:45 – 6:45pm
ACTIVITY #: 168613



COOKING CREATIONS

Instructor: Kimberly O'Brien

This cooking program offer children the opportunity to learn basic cooking techniques like following directions, measurement and preparation. Each week the children will prepare and enjoy their own scrumptious treats.

FOR: GRADES 2 – 6
DAY: THURSDAYS
DATE: APRIL 24, MAY 1, 8, 15, 29, JUNE 5, 12 (NO CLASS MAY 22)
TIME: 4:15 – 6:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 138801
FEE: \$140.00

LIFE SCIENCE

LEGO® BUILDING

Conducted by: Bricks 4 Kidz®

Explore the fascinating science of living things and build engaging models of creatures from cat-erpillars to dinosaurs. During this unit, students will explore topics such as how the human body stays cool, the amazing life cycle of a butterfly, and investigate the Venus Fly Trap – a plant that eats bugs! If you love creatures, this is the class for you.

FOR: GRADES 1 – 5
DAY: TUESDAYS
DATE: APRIL 22, 29, MAY 6, 13, 20, 27, JUNE 3, 10
TIME: 4:30 – 5:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 168619
FEE: \$140.00

SPRING FUN

Supervisor: Kimberly O'Brien

Looking for something fun to do with your child(ren) over the spring break? Well look no further, Spring Fun is all you need. This program will keep the kids busy with various activities, like arts and crafts, active play, cooking and more.

FOR: GRADES K – 5
DAY/DATE: MONDAY, APRIL 14 AND /OR WEDNESDAY, APRIL 16
TIME: 9:00 am – 2:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$35.00 PER DAY
ACTIVITY#: 198505A (MONDAY)
ACTIVITY#: 198506A (WEDNESDAY)

EXTENDED DAY

TIME: 2:00 - 6:00pm
FEE: \$25.00 PER DAY
ACTIVITY#: 198505B (MONDAY EXTENDED)
ACTIVITY#: 198506B (WEDNESDAY EXTENDED)

Note: *Bring your lunch or buy pizza the morning you attend. You must attend morning program in order to use extended day.*



The Town of Bedford Recreation and Parks Department will be hosting a variety of sports clinics for the summer 2014.

Registration for many of the clinics will be done online through the organizations running the clinics. Please take note of the different registration procedures.

SUMMER SPORTS CLINIC!

FIRST PLAY SOCCER

Experience the excitement of the world's most popular sport at this highly appraised camp. Children will thrive on the exciting, fun atmosphere generated by our qualified international coaches. Participants will engage in a number of fun challenges and exciting games. Each day culminates in our World Cup tournament where players have a chance to put their skills to the test. The sole focus is on developing a basic understanding of the game and experiencing the excitement of soccer through the freedom of play.

FOR: AGES 5 - 12
DATE: AUGUST 11 - 15
LOCATION: BEDFORD HILLS MEMORIAL PARK
TIME: 9:00 am – 12:30 pm
 9:00 am – 4:00 pm
 1:00 pm – 4:00 pm
FEE: \$169.00 HALF DAY MORNING
 \$199.00 FULL DAY (must be 6 or older)
 \$139.00 HALF DAY AFTERNOON
REGISTRATION: Online at www.UnitedSoccerAcademy.com

SUMMER SPORTS CLINIC!

TOTAL PLAY MULTI SPORTS

Experience a variety of different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. Campers will receive Technical Instruction in each sport then experience the sport in a realistic game situation. Campers will receive a t-shirt and certificate. This is the only summer camp truly dedicated to the sports minded youngster.

FOR: AGES 5 - 12
DATE: AUGUST 11 - 15
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
DATE: AUGUST 18 - 22
LOCATION: BEDFORD HILLS MEMORIAL PARK
DATE: AUGUST 25 - 29
LOCATION: KATONAH MEMORIAL PARK
TIME: 9:00 am –12:30 pm
 9:00 am – 4:00 pm
 1:00 pm – 4:00 pm
FEE: \$169.00 HALF DAY MORNING
 \$199.00 FULL DAY (must be 6 or older)
 \$139.00 HALF DAY AFTERNOON
REGISTRATION: Online at www.ussportsinstitute.com

SUMMER SPORTS CLINIC!

SOCCER SQUIRTS

Often Imitated, Never Duplicated, our Squirts camp introduces soccer in a fun filled, safe environment for children ages 3-5. Delivered in a short camp format of enjoyable, imaginative games, Soccer Squirts is designed to develop motor skills, balance and coordination in a low-pressure environment. The Squirts camp schedule includes a range of games based on short passing, dribbling, turning and shooting, not forgetting the most important aspect FUN, FUN, FUN!

FOR: AGES 3 - 5
DATE: AUGUST 11 - 15
LOCATION: BEDFORD HILLS MEMORIAL PARK
TIME: 4:30 - 5:30 pm
FEE: \$79.00
REGISTRATION: Online at www.UnitedSoccerAcademy.com



SUMMER SPORTS CLINIC!

SPORT SQUIRTS

The US Sports Institute Sport Squirts program is a great way to introduce children aged 3-5 to a variety of sports such as Soccer, T- ball, Lacrosse, Basketball and Hockey all taking place in a safe structured environment to ensure learning. Activities are designed to evoke a child's imagination. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun.

FOR: AGES 3 - 5

DATE: AUGUST 11 - 15

LOCATION: BEDFORD VILLAGE MEMORIAL PARK

DATE: AUGUST 18 - 22

LOCATION: BEDFORD HILLS MEMORIAL PARK

DATE: AUGUST 25 - 29

LOCATION: KATONAH MEMORIAL PARK

TIME: 4:30 – 5:30 pm

FEE: \$79.00

REGISTRATION: Online at www.ussportsinstitute.com

SPRING AND SUMMER PROGRAM

WMMAF – MARTIAL ARTS

Conducted by: WMMAF

Westchester Mixed Martial Arts and Fitness offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow. Gear package is included in the price of the class (uniform, gloves & shins).

DAY: THURSDAYS

SPRING DATES: APRIL 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12

SUMMER DATES: JUNE 19, 26, JULY 3, 10, 17, 24, 31, AUG. 7

LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
(333 North Bedford Rd., Mt. Kisco)

FEE: \$190.00

FOR: AGES 5 – 8 "LITTLE CHAMPS"

TIME: 4:15 – 5:00 pm

ACTIVITY # 118600 (SPRING)

ACTIVITY # 218600 (SUMMER)

FOR: AGES 8 – 12 "YOUTH"

TIME: 5:15 – 6:00 pm

ACTIVITY # 118601 (SPRING)

ACTIVITY # 218601 (SUMMER)

SPRING PROGRAM

INSTRUCTIONAL GOLF

Instructor: Brian Crowell & Staff

Resident Golf Pro, Brian Crowell and his expert staff will conduct this excellent, affordable program. The basic elements of grip, stroke and club selection will be taught, along with a general orientation to the game of golf. Space is limited, so sign up early.

FOR: GRADES 4 – 8

DAY: MONDAYS

DATE: APRIL 21, 28, MAY 5, 12, 19

RAIN DATE: (TBD)

LOCATION: BEDFORD VILLAGE MEMORIAL PARK

ACTIVITY #: 120600

TIME: 5:00 – 6:30 pm

FEE: \$85.00





SUMMER SPORTS CLINIC!

AUGUST PRE SEASON "TUNE UP" FIELD HOCKEY CLINIC

GIRLS 7- 12 (in the fall of 2014)

Coaches Ridgely Biddle, Cathy Cousin and Debbie Walsh are offering a pre season "tune up" program for girls who are preparing for the fall field hockey. The program is geared for those players who want to focus on stick skills, offensive and defensive skills, game strategies and conditioning. The practices will include a dynamic warm up, individual stick work, drills that focus on offensive and defensive strategy and game play. This program is open to players of all levels, though focused more on the modified and JV players. Players must provide their own stick, shin guards, mouth guard and eye guard and water bottle(s).

FOR: GIRLS ENTERING GRADES 7 THROUGH 12 IN THE FALL OF 2014 (residents of Bedford Central School District or Katonah / Lewisboro School District only)

DAY/DATE: MONDAY THRU FRIDAY, AUGUST 11 – 15

TIME: 4:30 – 6:30 pm

LOCATION: KATONAH MEMORIAL PARK FIELD – LOCATED BEHIND THE POOL

ACTIVITY #: 226660

FEES: \$100.00

NOTE: *Equipment required by the players: Eyewear, mouth guard, stick, shin guards, water bottle(s)*

GOALIES: Specialized Goalie training will be made available with Goalie Coach Alex Holowach. Alex is currently a goalkeeper specialist for the Convent of the Sacred Heart School and works with the USA Field Hockey Futures program. Alex was a member of the Ithaca College Field Hockey Team and was a 5 year member of the Briarcliff HS Field Hockey team where she received all league, section and State recognition for her play. Please contact Coach Biddle for additional information.

COACHES:

Ridgely Biddle – Is a Katonah resident, MAT in PE, JV Field Hockey Coach for Convent of the Sacred Heart, former player at Boston University and rated field hockey and lacrosse official.

Cathy Cousin – Varsity Field Hockey coach at Ossining High School 1986-1994 Played for SUNY Cortland 1982-86 and is in her fifth season with the program.

Debbie Walsh – Is a former field hockey player at Fairfield University, is a JJMS modified Field Hockey Coach and has been a coach in the field hockey program for three years.

FREE YOUTH FIELD HOCKEY CLINIC FOR BEGINNERS

Are you ready to try a new sport? Field hockey might be the sport for you! Join us on Friday, August 15th at 5:30 on the playing fields of Katonah Memorial Park. You will be able to see middle school and high school girls playing a game while also learning how to play yourself. We will provide the equipment. You need to come with just sneakers and a water bottle. Bring a friend! **This FREE clinic is sponsored through the Town of Bedford Recreation and Parks Department. Pre registration is not required.**

FOR: GIRLS ENTERING GRADES 2 – 8 IN THE FALL

DAY/DATE: FRIDAY, AUGUST 15

TIME: 5:30 – 6:30 pm

LOCATION: KATONAH MEMORIAL PARK FIELD

QUESTIONS? Please contact the Recreation Office at 666-7004 or email Coach Biddle at Ridgelybiddle@bedfordfieldhockey.org The field hockey website is www.bedfordfieldhockey.org





TRAVEL SOCCER TRYOUTS

Castleford Rovers Soccer Club is a joint venture between Bedford Youth Soccer Club and Armonk United Soccer Club.

- All teams train 2x per week with professional soccer coaches (who also coach the team in a weekly game)
- Tryouts for Fall 2014/Spring 2015 travel teams will be held in May and June 2014.
- Tryout registration (required) will be open in early April
- Visit www.castlefordrovers.org for more information and to register for tryouts

BEDFORD YOUTH SOCCER CLUB



Bedford Youth Soccer Club offers instructional In-House and competitive Travel programs for children ages 4-13+. BYSC Programs are offered throughout the year - Winter, Spring, Summer and Fall.

For more information please visit our website at www.bedfordyouthsoccerclub.org



F.C. BEDFORD SOCCER CLUB

IN-HOUSE SOCCER PROGRAM
FOR BOYS & GIRLS AGES 4-11

- 🚩 SOCCER BASED TRAINING CLINICS
- 🚩 LOCAL IN-HOUSE PROGRAM – NO TRAVEL GAMES INVOLVED
- 🚩 HELD AT BEDFORD HILLS MEMORIAL PARK
- 🚩 TUESDAY EVENINGS – 6:30-7:30PM
- 🚩 SPRING & FALL SESSIONS: \$175.00/YEAR

FOR MORE INFORMATION CALL: 914-666-2271



20TH ANNIVERSARY

MVP BASKETBALL DAY CAMP

Named "Best Sport Camp" by Westchester Magazine



BEDFORD location
Boys 9-16

WHITE PLAINS location
Boys and Girls 6-16



www.mvpbasketballcamp.org 914-946-1231



BASEBALL ASSOCIATION

**Opening Day is
April 5th!**

www.eteamz.com/bprba

**MAKE SURE TO
CHECK-IN WITH
YOUR FAVORITE
SPORTS PROGRAM
FOR SPRING/SUMMER
REGISTRATION
INFORMATION!**

BEDFORD HILLS / KATONAH
LITTLE LEAGUE

**PLAY BASEBALL
WITH US**



**WE WANT
YOU
ON OUR TEAM**

BHKLL.ORG

REGISTER TODAY



A League of Their Own

**THE SOFTBALL LEAGUE FOR
GIRLS THAT'S ALL ABOUT GIRLS**

Katonah Bedford Girls Softball is pleased to announce another season of Spring Softball for girls' grades K-9. Spring Recreation League will begin April 22 and conclude in the middle of June. We finish the year with our annual picnic celebration and trophy presentation. The exact dates will be posted on the website noted below. Our league has been operating for 30 years and is the premier league for girls softball in the area.

**PLEASE VISIT OUR WEBSITE
TO REGISTER**

WWW.KBGS.COM.LEAG1.COM

There's room for plenty of head coaches so please indicate your interest at the site when you sign up your child.

League Details

- Price will be posted on the website closer to the date
- League will provide full uniforms for the girls
- Games will run on Weekdays and Weekends
- Every team will be given the opportunity to run practices at least once a week (pending availability)
- The league will run clinics for the girls during the season
- KBGS will also run Summer Travel Programs

*KBGS is an independent girl's only softball league that runs programs all year long.
KBGS Serves, Bedford, Katonah, Lewisboro, Pound Ridge and Mount Kisco.*

DOG TRAINING

Beginner, Advanced Beginner & Advanced Classes

Instructor: Kate Connick

Kate Connick, has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Masters degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

FOR: TOWN OF BEDFORD RESIDENTS
(Dogs **MUST** have a current New York State license that are issued through the Town Clerk's Office located at 321 Bedford Road)

DAY: SATURDAYS

DATE: APRIL 5, 12, 26, MAY 3, 10, 17, JUNE 7, 14

MAKE-UP DATE: JUNE 21

LOCATION: CANINE COMMONS AGILITY AREA located at Beaver Dam Park

FEE: \$100.00 per participant (owner and dog) – 8 SESSIONS



TIMES/ACTIVITY #:

ACT. # 167101 BEGINNER CLASS

3:45 – 4:45 pm
Prerequisite: Basic obedience & control around other dogs

ACT. # 167102 ADVANCED BEGINNER CLASS

2:30 – 3:30 pm
Prerequisite: Instructor Approval required

ACT. # 167103 ADVANCED CLASS

5:00 – 6:00 pm
Prerequisite: Instructor Approval required

NOTE: If space is available one week prior to the start of the program non-residents can enroll in the course at a 25% higher rate (\$125.00) - Dogs MUST have a valid NYS license!

DEFENSIVE DRIVING



Instructor: Bedford Police

Learn to drive defensively! After completing this course, motorists may be eligible for a reduction on their insurance premiums and up to a 4-point reduction on their driving record. Participants must be on time and complete the full 6 hours of instruction to satisfactorily complete the class.

FOR: AGES 16+

DATE: MON. & TUES., MAY 5 & 6

TIME: 7:00 – 10:00 pm

LOCATION: BEDFORD HILLS COMMUNITY HOUSE

ACTIVITY #: 168701

FEE: \$19.00 Town of Bedford
\$11.00 National Safety Council

NOTE: Participants must attend both nights

INSANITY

Instructor: Robin McCaine, Insanity Certified/ Fitness Coach
 INSANITY is the new fitness rage! Have you put on a few pounds this season and want to get in shape, look and feel great? Join Robin as he works with you to help you achieve your exercise goals! INSANITY is a cardio intense workout that uses MAX Interval Training - a method of short strenuous/high intensity workouts followed by intervals of short rests. Robin will help design an exercise routine to meet all fitness levels! Robin McCaine is a Katonah resident who is INSANITY certified. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Fitness Coach who helps and inspires others to successfully complete workout programs like INSANITY!

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: APRIL 22, 29, MAY 6, 13, 20, 27, JUNE 3, 10
TIME: 7:00 – 8:00pm
LOCATION: BEDFORD VILLAGE ELEMENTARY SCHOOL (45 Court Road, Bedford, NY)
ACTIVITY #: 114700
FEE (8 CLASSES): \$70.00 – Residents
\$35.00 – Resident Seniors (65+)
\$88.00 – Non-Residents



ZUMBA

FITNESS

Instructor: Debbie Mellone, Certified Zumba Instructor

The hottest fitness craze is here!! Dance off those calories, burn that fat, tone and sculpt that body. Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise creating a dynamic, exciting and effective fitness workout for all fitness levels. Move at your own pace. Guaranteed to energize...*It's easy to learn so come join the fun!*

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: APRIL 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12
TIME: 9:30 – 10:30am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 117002
FEE (8 CLASSES): \$70.00 – Residents
\$35.00 – Resident Seniors (65+)
\$88.00 – Non-Residents



TOTAL BODY WORKOUT

Instructor: Anne-Marie Pasquale

Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 20 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: APRIL 22, 29, MAY 6, 13, 20, 27, JUNE 3, 10
TIME: 7:00 – 8:00pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 118701
FEE (8 CLASSES): \$70.00 – Residents
\$35.00 – Resident Seniors (65+)
\$88.00 – Non-Residents

NOTE: **Maximum 30 participants**

AEROBICS WORKOUT

Instructor: Paula DiJulio

Join Paula whose 47 years of experience will ensure that you enjoy this easy to follow aerobic workout. The class is great for the heart and sculpting your body into shape using a repetitive combination of fitness moves set to motivational music that provides a fun workout. The emphasis is placed on total body fitness with a combination of warm-up and stretch, cardiovascular exercises and muscular strengthening for the lower and upper body.

FOR: ADULTS 18+
DAY: MONDAY & WEDNESDAY
DATE: APRIL 21, 23, 28, 30, MAY 5, 7, 12, 14, 19, 21, 28, JUNE 2, 4, 9, 11, 16, 18 (NO CLASS MAY 26)
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 110713 (BOTH MON. & WED.)
ACTIVITY #: 110714 (MONDAYS ONLY)
ACTIVITY #: 110715 (WEDNESDAY ONLY)
FEE CLASSES/ 2 DAYS WEEK:
 \$148.00 – Residents
\$ 74.00 – Resident Seniors (65+)
 \$185.00 – Non-Residents
FEE CLASSES/ 1 DAY WEEK:
 \$ 74.00 – Residents
\$ 37.00 – Resident Seniors (65+)
 \$ 93.00 – Non-Residents

NOTE:

- **Maximum 30 participants**
- **Light weights & a mat are recommended**



PILATES

Instructor: Rachel Greenfield,
from APOGEE Fitness &
Wellness of BEDFORD HILLS

Bedford Recreation and APOGEE Fitness & Wellness of Bedford Hills successfully partnered together last fall to bring you Pilates! We are happy to again to be offering Pilates thru Apogee of Bedford Hills! This 8 week Pilates Series will highlight Power Pilates in the form of an Open Mat class. You will be empowered to discover your inner strength, transform your mind and body, increase your stamina, improve your health and achieve a new and exciting physical well being. Space is limited so reserve your spot today. Voted Best of Westchester - Pilates 2012 we encourage you to come give it a try!

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: APRIL 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12
TIME: 7:00 – 8:00 pm
LOCATION: APOGEE
 (170 Harris Road, Bedford Hills)
ACTIVITY #: 110702
FEE (8 CLASSES): \$ 80.00 – Residents
 \$100.00 – Non-Residents

NOTE:

- **Maximum 25 participants – For women only**
- **There is no senior discount**
- **All supplies/other equipment will be provided**
- **Close fit clothing; loose shorts or tops can catch & tangle. No shoes or socks are required.**

SUMMER SWEAT AEROBICS

Instructor: Paula DiJulio

For those who want to continue on a regular workout routine or want to start one, this high-low aerobics program is for you. This workout is specifically geared to adults who may not be exercising regularly and would like to get into a healthy program that meets their needs! Bring a mat or large towel.

NOTE:

- **Maximum 30 participants**
- **Hand weights are optional**

FOR: ADULTS 18+
DAYS: MONDAY & THURSDAY
DATES: JUNE 30, JULY 3, 7, 10, 14, 17, 21, 24, 28, 31, AUGUST 4, 7, 11, 14, 18, 21, 25, 28, SEPT. 4, 8, 11 (NO CLASS SEPT. 1)
TIME: 7:00-8:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 210713
FEE: \$185.00 – Residents
\$ 92.00 – Resident Seniors (65+)
 \$230.00 – Non-Residents

YOGA

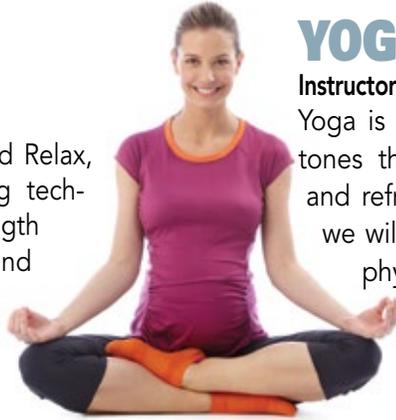
**Instructor: Kim Jones,
Registered Yoga Instructor**

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and is a registered yoga teacher with the Yoga Alliance designation of RYT 200.

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: APRIL 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12
TIME: 7:00 – 8:15pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 119700
FEE (8 CLASSES): \$70.00 – Residents
\$35.00 – Resident Seniors (65+)
 \$88.00 – Non-Residents

NOTE:

- **Wear comfortable clothes**
- **Please bring a mat**



YOGA

Instructor: Susan Lara Safronek, Certified Yoga Instructor

Yoga is an ancient practice that strengthens and tones the body, balances and calms the mind, and refreshes and renews the spirit. In this class we will explore a bit of the history and philosophy of Yoga, while learning Yoga postures, breathing techniques, and meditation, all in a safe, supportive and non-competitive atmosphere. All levels of experience (and flexibility) are welcome.

FOR: ADULTS 18+
DAY: FRIDAYS
DATE: APRIL 11, 25, MAY 9, 16, 23, 30, JUNE 6, 13
 (NO CLASS APRIL 18 & MAY 2)
TIME: 10:00 – 11:00am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 118703
FEE (8 CLASSES): \$70.00 – Residents
 \$88.00 – Non-Residents

NOTE:

- **There is no senior discount**
- **Wear comfortable clothes**
- **Come on an empty stomach**
- **Please bring a mat**

LUNCHTIME WORKOUT

Instructor: Karla Diamond

Designed to keep you moving and fit. This class includes a fun dance aerobic workout followed by strength and balance exercises. Top it off with gentle stretches that can be done on a chair or on the floor and a 5 minute relaxation. You'll feel ready to charge into the rest of your day! This class is open to all ages and abilities. All of the exercises can be modified so that you can go at your own pace.

NOTE:

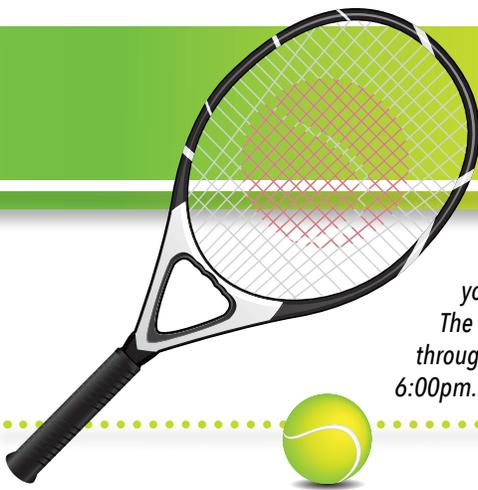
- **There is no senior discount**
- **Bring a mat or large towel**
- **Bring hand weights**

FOR: ADULTS 18+
DAY: MONDAYS & THURSDAYS
TIME: 12:00 – 1:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$77.00: 11 SESSIONS SPRING I AND/OR II
 \$70.00: 10 SESSIONS SUMMER I

ACTIVITY #: 118700
SPRING SESSION I: APRIL 3, 7, 10, 14, 17, 21, 24, 28, MAY 1, 5, 8

ACTIVITY #: 118702
SPRING SESSION II: MAY 12, 15, 19, 22, 29
 JUNE 2, 5, 9, 12, 16, 19

ACTIVITY #: 118704
SUMMER SESSION I: JUNE 23, 26, 30
 JULY 3, 7, 10, 14, 17, 21, 24



ID cards for tennis & paddle tennis are available at our office at no additional cost. If you hold a valid/paid Pool Photo ID card another ID card is not necessary. **PLEASE NOTE:** The Katonah and Bedford Village Tennis Courts are utilized by the Harvey School from April through mid-May, 3:30 - 5:00pm. Home matches will require the use of the courts until 6:00pm. A detailed schedule of court use will be posted at each site on April 1st.

SPRING 2014 tennis lessons

Lessons are offered in cooperation with Saw Mill Club
Saw Mill Club Tennis Director: Bob Bull
All Instructors are USPTA certified

The Town of Bedford Recreation and Parks Department is pleased to be partnering with the Saw Mill Club to offer a wide variety of public tennis lesson opportunities to the residents of Bedford this spring and summer. Tennis Director Bob Bull and staff member Charles Lacy Thompson will be coordinating the program offerings with assistance from the Town of Bedford R&P staff. See you on the courts!

QUICK START TENNIS PROGRAM

- Quick Start tennis is an exciting new play format for learning tennis
- Special balls and racquets, all tailored to age and size
- Shorter courts and special fun games to learn to rally and play

JUNIOR TENNIS PROGRAM

- The goal of junior tennis is to provide a solid foundation of tennis fundamentals in a challenging and fun environment
- Forehands, backhands, serves, volley, how to keep score and tennis etiquette will be covered.

BEDFORD HILLS MEMORIAL PARK

QUICK START YOUTH TENNIS

DAY: TUESDAYS
DATE: MAY 13, 20, 27, JUNE 3, 10 (RAINDATE JUNE 17)
FEE: \$110.00 - Add \$15.00 to purchase a junior racquet

AGES 4,5,6

TIME: 4:30 – 5:30 pm
ACTIVITY#: 125600

AGES 7,8,9

TIME: 5:30 – 6:30 pm
ACTIVITY#: 125601

JUNIOR TENNIS

DAY: THURSDAYS
DATE: MAY 15, 22, 29 JUNE 5, 12 (RAINDATE JUNE 19)
FEE: \$110.00

AGES 10 – 14 (BEGINNER)

For individuals just starting tennis and those with limited tennis experience.

TIME: 4:30 – 5:30 pm
ACTIVITY#: 125603

AGES 10 – 14 (ADV. BEGINNER)

For individuals who can hit the ball over the net with some success and need to develop on court experience.

TIME: 5:30 – 6:30 pm
ACTIVITY#: 125604

ADULT TENNIS (BEGINNER)

DAY: TUESDAYS
DATE: MAY 13, 20, 27, JUNE 3, 10 (RAINDATE JUNE 17)
TIME: 6:30 – 7:30 pm
ACTIVITY#: 125700
FEE: \$110.00

ADULT TENNIS (ADV. BEGINNER/INTERMEDIATE)

DAY: THURSDAYS
DATE: MAY 15, 22, 29 JUNE 5, 12 (RAINDATE JUNE 19)
TIME: 6:30 – 7:30 pm
ACTIVITY#: 125701
FEE: \$110.00

BEDFORD VILLAGE MEMORIAL PARK

QUICK START YOUTH TENNIS

DAY: SATURDAYS
DATE: MAY 10, 17, 31, JUNE 7, 14 (RAINDATE JUNE 21)
FEE: \$110.00 - Add \$15.00 to purchase a junior racquet

AGES 4,5,6

TIME: 10:00 – 11:00 am
ACTIVITY#: 124600

AGES 7,8,9

TIME: 11:00 am – 12:00 pm
ACTIVITY#: 124601

JUNIOR TENNIS

DAY: FRIDAYS
DATE: MAY 9, 16, 30, JUNE 6, 13 (RAINDATE JUNE 20)
FEE: \$110.00

AGES 10 – 14 (BEGINNER)

For individuals just starting tennis and those with limited tennis experience.

TIME: 4:30 – 5:30 pm
ACTIVITY#: 124603

AGES 10 – 14 (ADV. BEGINNER)

For individuals who can hit the ball over the net with some success and need to develop on court experience.

TIME: 5:30 – 6:30 pm
ACTIVITY#: 124604

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

DAY: SATURDAYS
 DATE: MAY 10, 17, 31, JUNE 7, 14 (RAINDATE JUNE 21)
 TIME: 9:00 – 10:00 am
 ACTIVITY#: 124701
 FEE: \$110.00

KATONAH MEMORIAL PARK

YOUTH TENNIS MONDAYS

DATE: MAY 12, 20, JUNE 2, 9, 16 (RAINDATE JUNE 23)
 FEE: \$110.00 - Add \$15.00 to purchase a junior racquet

AGES 5,6,7

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 126600

AGES 8,9,10

TIME: 5:30 – 6:30 pm
 ACTIVITY#: 126602

WEDNESDAYS

DATE: MAY 14, 21, 28 JUNE 4, 11
 (RAINDATE JUNE 18)
 FEE: \$110.00 - Add \$15.00 to purchase a junior racquet

AGES 5,6,7

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 126601

AGES 8,9,10

TIME: 5:30 – 6:30 pm
 ACTIVITY#: 126603

ADULT TENNIS

MONDAYS

DATE: APRIL 28, MAY 5, 12, 19, JUNE 2, 9, 16
 (RAINDATE JUNE 23)
 FEE: \$155.00

BEGINNER

TIME: 9:30 – 10:30 am
 ACTIVITY#: 126701

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
 ACTIVITY#: 126702

EXPERIENCED

TIME: 11:30 am – 12:30 pm
 ACTIVITY#: 126705

WEDNESDAYS

DATE: APRIL 30, MAY 7, 14, 21, 28, JUNE 4, 11
 (RAINDATE JUNE 18)
 FEE: \$155.00

BEGINNER

TIME: 9:30 – 10:30 am
 ACTIVITY#: 126700

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
 ACTIVITY#: 126703

EXPERIENCED

TIME: 11:30 am – 12:30 pm
 ACTIVITY#: 126704

SUMMER 2014 tennis lessons

BEDFORD HILLS MEMORIAL PARK

DAY: TUESDAYS & THURSDAYS
 SESSION I: JUNE 24, 26, JULY 1, 3, 8, 10 (RAINDATE JULY 15)
 SESSION II: JULY 17, 22, 24, 29, 31 AUG. 5 (RAINDATE AUG. 7)
 FEE: \$135.00

QUICK START YOUTH TENNIS

AGES 4,5,6

TIME: 3:15 – 4:15 pm
 SESSION I ACT.#: 225605
 SESSION II ACT.#: 225606

AGES 7,8,9

TIME: 4:15 – 5:15 pm
 SESSION I ACT.#: 225607
 SESSION II ACT.#: 225608

JUNIOR TENNIS (AGES 10-14)

TIME: 5:15 – 6:15 pm
 SESSION I ACT.#: 225611
 SESSION II ACT.#: 225612

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

TIME: 6:30 – 7:30 pm
 SESSION I ACT.#: 225703
 SESSION II ACT.#: 225704

BEDFORD VILLAGE MEMORIAL PARK

DAY: SATURDAYS
 SESSION I: JUNE 21, 28, JULY 12, 19, 26, AUG. 2 (RAINDATE AUG. 9)
 FEE: \$135.00

QUICK START YOUTH TENNIS

AGES 4,5,6

TIME: 10:00 – 11:00 am
 ACTIVITY#: 224605

AGES 7,8,9

TIME: 11:00 am – 12:00 pm
 ACTIVITY#: 224606

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

TIME: 9:00 – 11:00 am
 ACTIVITY#: 224700



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KATONAH MEMORIAL PARK

DAY: MONDAYS & WEDNESDAYS
SESSION I: JUNE 30, JULY 2, 7, 9, 14, 16 (RAINDATE JULY 21)
SESSION II: JULY 23, 28, 30, AUG. 4, 6, 11 (RAINDATE AUG.13)
FEE: \$135.00

YOUTH TENNIS

AGES 5,6,7

TIME: 3:15 – 4:15 pm
SESSION I ACT.#: 226600
SESSION II ACT.#: 226601

AGES 8,9,10

TIME: 4:15 – 5:15 pm
SESSION I ACT.#: 226603
SESSION II ACT.#: 226604

ADULT TENNIS (BEGINNER)

TIME: 9:30 – 10:30 am
SESSION I ACT.#: 226710
SESSION II ACT.#: 226711

ADULT TENNIS (ADV. BEGINNER)

TIME: 10:30 – 11:30 am
SESSION I ACT.#: 226720
SESSION II ACT.#: 226721

ADULT TENNIS (EXPERIENCED)

TIME: 11:30 am – 12:30 pm
SESSION I ACT.#: 226730
SESSION II ACT.#: 226731

PRIVATE TENNIS LESSONS



In Partnership with the Saw Mill Club

Bedford Hills, Bedford Village and Katonah Tennis Courts – can be scheduled by contacting the Saw Mill Club – Tennis Director Bob Bull at 241-0797 ext 3007 or by email at bbull@sawmillclub.com

RATES: 1/2HR \$40.00
1 HR \$70.00

ATTENTION:

Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

SENIOR ADULT NEWSLETTERS

We mail our newsletter/calendar every other month. The newsletter will keep you informed with current information on programs, trips and special events. To receive the newsletter, contact the recreation office at 666-7203. We will add your name to the mailing list.

SENIOR MEETINGS

For all residents ages 60 and older. Meetings include a variety of social events, informational presentations, crafts, games, exercise, special events and more. Coffee, tea and light refreshments are available at all meetings. We meet every **Monday, Wednesday and Friday from 10:00 am-2:00 pm at the Bedford Hills Community House, 74 Main Street, Bedford Hills**. Check out what's happening each day on the calendar in our monthly newsletter!

TRANSPORTATION

Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance.

SHOPPING

The recreation bus runs local shopping trips on Tuesday mornings (Shop Rite, CVS and more). Reservations must be made at least one day in advance by calling 666-7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first come first served basis.

SENIOR ADULTS IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in

information

Bedford Senior Adult Directors:
Angela Brown and Carin Roth
Bedford Senior Bus Driver: Frank Costa

BEDFORD SENIOR ADULTS
TELEPHONE LINE: 666-7203

White Plains, Monday through Friday, 10:00am-4:00pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit www.westchestergov.com.

HOME-DELIVERED-MEALS PROGRAM

Housebound residents unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal. Call Jim Whiting at 666-7203 for more information.

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Avenue. Hot lunches are available daily, Monday through Friday with a \$2.50 contribution. Reservations must be made a day in advance by calling 666-8931.

AGED PERSON'S PROPERTY TAX EXEMPTION

For eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office at 666-6530.

"Wii" VIDEO GAME SYSTEM FOR SENIORS

This new video game system is being enjoyed by senior citizens all over the country. It is easy to play and amazing fun. We plan to schedule regular days for video play. If you would like to see a demonstration and try your hand at bowling, golf or tennis, please join us at the Bedford Hills Community House. Check your senior calendar for scheduled bowling days.

AARP DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Bring a copy of your driver's license to class. The cost of the course is \$20.00 for AARP members and \$25.00 for non-members. Participants must be age 50 or older. **Please make checks payable to AARP.**

FOR: AGES 50+
DATE/ DAY: TUESDAY, APRIL 22
TIME: 9:00 am – 3:30 pm
(Please bring a bag lunch for a 1/2 hour lunch break)
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
FEE: \$20.00 AARP Member's
\$25.00 Non-Members

NOTE: **You must pre-register at the Town of Bedford Recreation Office or call 666-7004.**

REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Road, Bedford Hills, to purchase discount coupons for trash disposal, Monday - Friday, 8:30 am - 4:30 pm. The program allows for disposal of plastic bagged, non-recyclable refuse at Town of Bedford Recycling Center, Adams Street, Bedford Hills, phone 241-2671, Tues., Thurs. and Sat., 8:00 am - 3:00 pm.

SENIOR ADULTS CHARTER BUS TRIPS

FOXWOODS CASINO

DATE: THURSDAY, MARCH 27, 2014
TIME: 8:00am (Bus departs Katonah Memorial House)
FEE: \$30.00

"A SLICE OF BROOKLYN" TOUR & LUNCH Brooklyn, N.Y.

DATE: THURSDAY, JUNE 12, 2014
TIME: 9:30am (Bus departs Katonah Memorial House)
FEE: \$70.00

MOHEGAN SUN CASINO

DATE: THURSDAY, SEPTEMBER 25, 2014
TIME: 8:00am (Bus departs Katonah Memorial House)
FEE: \$30.00

Westchester Broadway Theatre ROGERS & HAMMERSTEIN'S "SOUTH PACIFIC"

DATE: THURSDAY, OCTOBER 30, 2014
TIME: 10:30am (Bus departs Katonah Memorial House)
FEE: \$70.00

You must submit a trip registration form to reserve your spot. For additional information or to get a form call the recreation office at 666-7004. Make checks payable to the "Town of Bedford".

TOWN DAY CAMP (for children in grades 1-7)

Get outside and play! The theme of the camp is good old-fashioned summer camp fun. The camp experience offers an organized, supervised program of structured activities for 6 weeks during the summer. The daily schedule includes swimming lessons along with an ever-changing mix of activities such as sports, outdoor games, board games, science, and arts & crafts. An additional feature of the day camp are the special theme days, fun entertainers and fun days including Camp Olympics, Water Carnival and the ever popular All Camp Carnival held at the Bedford Village Memorial Park. Campers are grouped by grade and gender. The town Day Camp is available for kids entering first through seventh grade. More information will be available in the Parent Handbook on-line. Please note that camp trips are an additional charge and all permission slips are due by Wednesday, July 2. **Each day camper will receive a shirt with registration; it is the parents/ guardians responsibility to obtain a shirt at registration time. Handbooks will be available online starting in May.**

DAY: MONDAY THRU FRIDAY
 FULL SESSION: JULY 1 – AUGUST 8 (NO CAMP FRIDAY, JULY 4)
 SESSION I: JULY 1 – JULY 21 (NO CAMP FRIDAY, JULY 4)
 SESSION II: JULY 22 – AUGUST 8
 TIME: 9:00 am – 3:00 pm
 LOCATIONS: BEDFORD HILLS MEMORIAL PARK
 BEDFORD VILLAGE MEMORIAL PARK
 KATONAH MEMORIAL PARK

NOTE: Eligibility is determined by grade entering in the fall. Children must be entering First Grade in the fall to be eligible and may participate through entering grade 7.



2014 TOWN DAY CAMP FEE

DISCOUNTED RATE
MARCH 24 - MAY 9

REGULAR RATE
BEGINNING MAY 12

SCHOOL DISTRICT
NON-RESIDENTS
BEGINNING APRIL 7

	DISCOUNTED RATE MARCH 24 - MAY 9	REGULAR RATE BEGINNING MAY 12	SCHOOL DISTRICT NON-RESIDENTS BEGINNING APRIL 7
1 ST CHILD IN A FAMILY (FULL SESSION)	\$442.00	\$672.00	\$1,092.00
EACH ADDITIONAL CHILD (FULL SESSION)	\$363.00	\$557.00	N/A
1 ST CHILD IN A FAMILY (SESSION I OR II)	\$368.00	\$562.00	N/A
EACH ADDITIONAL CHILD (SESSION I OR II)	\$299.00	\$462.00	N/A

****Registration will not be accepted June 27 – July 1**

TINY TOT AND DAY CAMP REFUND POLICY

- Refunds are given only if requested before the first day of camp
- No refund after camp is in session, unless a medical reason is provided with appropriate documentation. There are NO refunds for trips.
- All requests must be submitted in writing.
- There is a \$25.00 processing fee per child request.

School District Non Residents are children who attend the Bedford Central or the Katonah Lewisboro School Districts but are not Town of Bedford residents. In order to register your child as a School District Non Resident you must bring a copy of your child's school records with you to registration. There are a limited number of spaces for School District Non Residents and it is a first come first serve starting April 7.



TOWN TINY TOTS (for children ages 3½-5)

Get ready for summer fun! This half day camp is designed for preschoolers' age 3½ to 5 years old. Counselors guide children through traditional camp experiences including coloring, manipulative, dramatic play, music, story time, group games, craft projects and more. In addition, entertainers and special events enrich the program. All activities are designed to excite campers, teach new skills, encourage cooperative play, and inspire smiling faces. Tiny Tots is structured with a 15 minute arrival period, followed by four 30-minute activity periods, with a snack break in the middle, we end the day with a 15 minute dismissal period, which often includes announcements and distribution of flyers, and parent pick up. The counselor/camper ratio is planned at 1:6. Please make sure you review the parent handbook and calendar on-line in May for more information and special events.

DAY: MONDAY THRU FRIDAY
 FULL SESSION: JULY 1 – AUGUST 8 (NO CAMP FRIDAY, JULY 4)
 SESSION I: JULY 1 – JULY 21 NO CAMP FRIDAY, JULY 4)
 SESSION II: JULY 22 – AUGUST 8
 TIME: 9:00 am – 11:40 am
 LOCATIONS: ST. PATRICK'S SCHOOL
 KATONAH ELEMENTARY SCHOOL

NOTE: Children must be age 4 by Dec. 31, 2014 and potty trained (no Pull-Ups). For Little Dolphins Swim Lessons see page 37.



2014 TOWN TINY TOTS FEE

DISCOUNTED RATE
MARCH 24 - MAY 9

REGULAR RATE
BEGINNING MAY 12

SCHOOL DISTRICT
NON-RESIDENTS
BEGINNING APRIL 7

	DISCOUNTED RATE MARCH 24 - MAY 9	REGULAR RATE BEGINNING MAY 12	SCHOOL DISTRICT NON-RESIDENTS BEGINNING APRIL 7
1 ST CHILD IN A FAMILY (FULL SESSION)	\$358.00	\$557.00	\$830.00
EACH ADDITIONAL CHILD (FULL SESSION)	\$299.00	\$462.00	N/A
1 ST CHILD IN A FAMILY (SESSION I OR II)	\$304.00	\$467.00	N/A
EACH ADDITIONAL CHILD (SESSION I OR II)	\$252.00	\$394.00	N/A

****Registration will not be accepted June 27 – July 1**

TINY TOT AND DAY CAMP REGISTRATION INFORMATION

To register children for **DAY CAMPS** or **TINY TOTS** parents must

- Bring a copy of child's immunization Records (parents must write dates on camp form or have a current letter of exemption)
- Have two emergency contacts with names and daytime phone numbers (other than parent)
- Show proof of Health Insurance
- Present the child's Pool ID Card (Day Camp only)
- Present a copy of child Birth Certificate (Tiny Tots only)

No incomplete registration forms will be accepted. All paperwork must be submitted at the time of registration to secure official registration for your child.





FREQUENTLY ASKED QUESTIONS

What ages are the counselors?

Our Senior Counselors are high school graduates and older usually 18 year and older, Junior Counselors have just completed 10th or 11th grade and are 16 or 17 years of age and Counselors in Training have completed 9th grade and are usually 15 years old.

What is the camper to counselor ratios?

The mandated ratio according to the Department of Health is a 12:1 ratio and the counselor is considered anyone over the age of 16. The Town of Bedford exceeds the Department of Health in trying to keep our ratios low. The Tiny Tots ratio is a 6:1 ratio and Day Camp is a 8:1 ratio.

What other supervisory staff are at the camp locations?

In addition to the counselors all locations have a Director and an Assistant Director. The supervisors at the camps are all Educational professionals working in schools or obtaining degrees to work in schools. Our Specialists are also adults looking to work in schools or with our youth.

What Certifications do the directors have?

All Directors and Specialists are certified in RTE (Responding to Emergencies) or equivalent and CPR for the Professional Rescuer or equivalent.

What do the Day Campers do during the day?

The morning is broken up into five - 30 minute periods, during that time the campers will participate in swimming lessons, athletics, arts and crafts, sports and games, playground visits, board games, snack time and more. In the afternoon the campers will have free swim and more fun and games with their counselors.

What does my Tiny Tot Camper do during the day?

The tiny tot program is broken up into four 30 minute periods plus a snack time. During their day, campers will participate in arts and crafts, plus games and activities. The counselors run three periods to keep the campers entertained and active. Campers may play group games, with running and movement or have creative play with building blocks, manipulative and dramatic play.

How are the children grouped?

At the Day Camp the children are grouped by grade and gender. At the Tiny Tot level the campers are grouped by age. We do try to group kids entering kindergarten together.

Will my child have swimming lessons?

As part of the camp day, the day campers will participant in swimming lessons. For Tiny Tots we have a program called Little Dolphins that is separate from the camp program. There is an additional fee and parent must provide transportation to and from Little Dolphins swim lessons.

My child will need to take medication while at camp what do I need to do?

Any camper needing to take/ have medication at the campsite will need to have a parent and doctor signed approval form available at the recreation office.

What should my child wear to camp?

Campers should be in summer clothing (short and t-shirt) or appropriate clothing for the current weather conditions. All shoes should be closed toe. We recommend sneakers be worn everyday. There are times campers will need to sit out of activities if they are not wearing appropriate shoes.

Is there water to drink at camp?

All the camps/pools have water fountains, however we recommend sending your camper with a labeled water bottle or thermos everyday.

Can my child purchase lunch at day camp?

Yes, our food concession stand has a set camper lunch where children can purchase lunch every day.

Does the town provide transportation to and from camp?

No, it is the parent's responsibility to provide transportation.

What happens when it rains?

The day camp has three scenarios for rain.

1. If it is raining in the morning and camp is moved to the rain location drop off and pick up will be at the rain location. If we start at the rain location we are never moved back to the campsite.
2. If it starts to rain mid morning (before 12 noon) and it is expected to continue raining the rest of the day. We will bus the kids to the rain location. Kids will be bused back to the camp location for dismissal.
3. If it starts raining after 12 noon and it is expected to continue camp will be cancelled.

How will I be notified of the rain day locations/ cancellations?

The Recreation Department will send out an e-mail blast to the e-mail you provided at registration time. We do our best to send the e-mail out in a timely manner, but there are times it is delayed do to unexpected weather patterns.



WEEK LONG SPECIALITY CAMPS

SUMMERS END

Looking for some fun, entertaining activities to extend your camp experience? Summers End Camp will be loads of fun. This program will offer various activities and events to interest all ages. Activities run from sports and games, arts & crafts, swimming, and special events. Let's play all day!

FOR: GRADES 1 – 6
DATE: AUGUST 11 – 15
TIME: 9:00 am – 2:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
ACTIVITY #: 295604
FEE: \$160.00

SCIENCE DISCOVERIES

Conducted by: High Touch High Tech

Become a scientist! Participate in fun-filled hands-on activities and learn about dinosaur fossils, the seedy facts about plants, and magnetic attraction. Catch the vibes and find out about sound and light; make bells ring and light bulbs light up; see a special sound and laser show; launch rockets and have fun with chemistry by making silly putty and gummy drops. This program mixes your favorite chemical reactions with all sorts of things that pop, fizz and foam.

FOR: GRADES 1 – 4
DATE: AUGUST 25 – 29
TIME: 9:00 am – 12:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 268605
FEE: \$145.00

WEATHER STATION

Build and take home your own working weather station that includes a pressure gauge, humidity gauge, wind gauge and more. Calibrate your instruments to get accurate readings. Learn through hands-on experiments the effect on weather of air pressure, temperature and humidity. Make clouds using all that you have learned. See how rain, snow, sleet, and lightning are formed. Get a hands-on look at tornadoes.

FOR: GRADES 1 – 4
DATE: AUGUST 25 – 29
TIME: 1:00 – 4:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 268696
FEE: \$145.00

Lunch Bunch – For participants taking both the AM and PM classes we will provide adult supervision during the hour lunch break.

ENGINEERING FUNDAMENTALS WITH LEGO®

Conducted by: Play Well TEKologies

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battle track! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced Instructor will challenge new and returning students to engineer at the next level.

FOR: GRADES 1 – 5
DATE: AUGUST 18 – 22
TIME: 9:00 am – 12:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 268603
FEE: \$150.00

SUPER HERO MASTERS WITH LEGO®

Conducted by: Play Well TEKologies

LEGO® Super Heroes need your help to defeat the destructive forces of evil arch-villains as they threaten LEGOPolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes, but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict.

FOR: GRADES 2 – 5
DATE: AUGUST 18 – 22
TIME: 1:00 – 4:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 268602
FEE: \$150.00

Lunch Bunch – For participants taking both the AM and PM classes we will provide adult supervision during the hour lunch break.

SEE OUR YOUTH SPORTS SECTION ON PAGE 16 FOR FUN-FILLED SUMMER'S END SPORTS CLINICS!

JUMP INTO SUMMER at the BEDFORD POOLS!

Welcome to the summer of 2014! Catch a wave & get ready to sail into the summer! The Town of Bedford Recreation & Parks Department is excited to present our Pool information outlining all that the Town has to offer residents at our pools this summer! The Town of Bedford is fortunate to have 3 beautiful hamlet pools for you to enjoy! Each hamlet pool offers a fun, but competitive swim & dive team that children age 6-18 can join! Swim lessons for little ones, birthday parties at the pool, and special family events at each hamlet pool will round out the summer fun!

Pool News

New Umbrellas... Last season additional pool chairs and chaise lounges were purchased for each pool facility to supplement the pool furniture already on hand. This summer new umbrellas have been ordered for each pool. We hope the pool patrons who utilize the seating and umbrellas enjoy these poolside amenities.

Inner Tubes... Are featured at each pool facility and are provided for the adults who would like to "float" during adult swim times. Occasionally, at the discretion of the Pool Director on duty the inner tubes may be brought out for children.

New Diving Boards... Each pool facility is slated to have one new diving board installed prior to the start of the pool season. The replacement boards are used for both recreational and competitive diving at each facility.

RENEWING YOUR MEMBERSHIP

If you have retained your pool ID cards from 2013, you can renew your membership either through the mail or in person at our office. **There is no need to mail in your cards.** Once we have received your registration form, payment, and two proofs of residency (see below) we will update your membership in our computer and your cards will automatically be activated and ready for use this summer. If you have a child who now requires a photo ID card (age 2 & above), you will need to bring him/her into the office to have their photo taken (at no additional cost). **NOTE:** If you have misplaced your cards/lost your cards and had your photo taken and need a new card(s) issued, please indicate that on your registration form and enclose a \$15.00 replacement card fee with payment. We will mail the replacement card(s) once the replacement fee has been received.

NEW MEMBERS

If you were not a pool member in 2013 and/or did not have your computerized photo taken, all members of the family, age 2 and above will need to come into our office to have their photo ID's taken. Please refer to the following information for pool eligibility, registration hours, fees, etc.

PLEASE NOTE: If you purchase a family membership and a member of your family does not/has not come in for their photo ID card, they will not be able to enter the pool facility until they have been issued a card unless you bring them in as your guest AND pay the guest fee.

POOL REGISTRATION

- Office hours are Monday-Friday, 8:30am-4:30pm. Registrations are accepted up until 4:00pm. (Extended Hours: Sat., April 26, 9:00am - 12:00pm and Tues., May 6, 4:30 - 7:30pm)

- Payment in full is required at the time of registration.
- Two forms of residency are required. Proof of residency can include: utility bills, vehicle insurance card, or a vehicle registration card.

NOTE: A driver's license and PO Boxes will not be accepted as proof of residency.

- All members of the family age 2 (by 12/31/14) and above require photo ID's.
- We encourage you to register early to take advantage of the discount rate.
- A separate registration form & check is required for pool registration.

POOL MEMBERSHIP ELIGIBILITY, ID CARDS & FEES

ELIGIBILITY: In order to use any of the Town of Bedford's three pool facilities you must be a Town of Bedford Resident and you must purchase a pool membership.

RESIDENTS: Residency is defined as owning and living in or renting and living in a home/dwelling within the Town of Bedford. Owning land is not considered residency. Proof of residency/ rental is required each year of enrollment.

POOL I.D. CARDS:

- All members age 2 and above are required to have computerized photo ID cards to gain access into each pool facility.
- Your membership ID card allows you to utilize any hamlet pool.
- You must bring your ID card each time you go to the pool facility; present it to the gate attendant who will scan it & return it to you.
- Residents who do not purchase a membership may only enter as a guest of a pool member and must pay the daily guest fee.



BEDFORD HILLS- SMILE! TIME TO UPDATE YOUR POOL PHOTO ID'S

BEDFORD HILLS - THIS IS YOUR YEAR to update your Photo ID's. All members age 20 & under in the BEDFORD HILLS HAMLET must get new photo's taken for their pool membership cards. Adults age 21 and over have the option of keeping their old card/picture or taking a new one.



2014 POOL MEMBERSHIP FEES

(No Price Increase from 2013) **DISCOUNT RATE** **REGULAR RATE**

	(thru 5/9)	(begins 5/12)
Family:	\$293.00	\$338.00
Adult (21+):	\$144.00	\$166.00
Child (2-20yrs):	\$ 51.00	\$64.00
Senior Citizen (65+):	\$ 44.00	\$44.00
Child Care Provider:	\$321.00	\$338.00
Adult Pay Tag:	\$ 79.00	\$79.00
	+ \$10.00@gate	+ \$10.00@gate
Card Replacement Fee:	\$15.00	\$15.00
Daily Guest Fees		
Adults (18+):	\$10.00	\$10.00
Child (2-17) & Senior (65+):	\$ 8.00	\$8.00
Adult Guest Discount Card (18+):		\$80.00/10 visits
Child (2-17)/Senior (65+) Guest Discount Card:		\$50.00/10 visits

GUEST DISCOUNT CARD

- Pool permit holders, age 12 and older, can purchase a guest discount card that will allow you 10 guest visits (adult or child) at a reduced rate. This transaction can only be done at the RECREATION OFFICE. Pricing details are listed under pool memberships.
- You will be issued a separate card that will be loaded with 10 pre-paid visits.
- If you purchased a discount card last season, any balance on the card has expired.
- If you still have your card from last season it can be re-loaded with 10 pre-paid visits for the 2014 season, similar to updating your pool membership card.
- If you have discarded your guest discount card or never received one, please let us know/mark your registration form, and we will re-issue you a new one.

PLEASE NOTE:

- You cannot purchase the guest discount card at the pool gate
- Guest Discount Cards can ONLY be purchased at the RECREATION OFFICE
- Purchases are valid for the 2014 season only. Money left on account is NON-TRANSFERABLE and NON-REFUNDABLE.

2014 POOL SCHEDULE

All Town of Bedford pools will open on Saturday, May 24 thru Monday, September 1. For the first 3 weeks of the season (pre-season) the pools will be closed on Mondays, Tuesdays and Wednesday. During that time we will be operating on a Thursday through Sunday schedule. All pools will open full season beginning Monday, June 16. There may be times throughout the summer when a pool will be closed due to a swim meet. Swim meet schedules are determined by the Northern Westchester Swim Conference. Pool closure information will be posted at the respective pools. In addition e-mail alerts will be sent out for pool closings due to swim meets and weather events, therefore we encourage you to provide us with your e-mail address when you obtain your membership. Remember that as a pool member you are entitled to use all three hamlet pools therefore, if your hamlet pool is closed for any reason, we encourage you to visit another pool. Please refer to the schedule below for hours of operation.

POOL PHONE NUMBERS ARE SEASONAL ONLY (MAY 24 - SEPTEMBER 1)

BEDFORD VILLAGE PARK POOL.....	234-3246
KATONAH MEMORIAL PARK POOL.....	232-9349
BEDFORD HILLS MEMORIAL PARK POOL.....	666-7150

MEMBERSHIP TYPES & DEFINITIONS

FAMILY: A family is defined as one or two parents and their unmarried children residing at home who are not yet age 21. Grandchildren, grandparents, married children or others living at the same residence are not considered part of the family however they may be eligible for their own permit provided they can provide proof of residency.

ADULT: An adult is defined as a person age 21 or over residing within the Town.

CHILD: A child is defined as a person ages 2-20 residing within the Town. Children age 2 by 12/31/14 will require passes. Children under age 2 do not require pool passes.

SENIOR: A senior is defined as a person age 65 or older residing within the Town.

CHILDCARE PROVIDER: A childcare provider is one who cannot document full-time residency. They can only use the hamlet swimming pool while working in their child care capacity. Childcare providers must fill out a separate registration form and indicate the household/family whom they work for under - "family name"



POLICIES REGARDING POOL MEMBERSHIPS

GUEST POLICY: Members may bring up to 6 guests per visit. Guests must enter/exit with the pool member and the appropriate daily guest fee, if not using a guest discount card, must be paid upon entrance. Members age 12 and older are only allowed guest privileges.

SWIM & DIVE TEAM/DAY CAMP: In order to participate in any of our swim & dive teams or day camps each participant must have a pool membership.

LOST POOL ID CARD: The replacement fee for a lost pool ID is \$15.00 therefore it is important to retain your cards year to year.

POOL ID CARDS/USE: You must have a valid 2014 Pool ID card to enter the pool facility. This includes camp counselors and campers going to the pool after the camp day. If you are a resident who has not purchased a membership you may go as a guest of a pool member and pay the guest fee. Members may use all three hamlet swimming pools.

PRE-SEASON HOURS~ MAY 24 thru JUNE 15

OPENING DAY: SATURDAY, MAY 24.....	12:00pm-7:00pm
WEEKENDS: MAY 25, 31, JUNE 1, 7, 8, 14, 15.....	10:00am-7:00pm
THURSDAY/FRIDAY: MAY 29, 30 JUNE 5, 6, 12, 13.....	3:30pm-7:30pm
MEMORIAL DAY: MONDAY, MAY 26.....	10:00am-6:00pm

REGULAR SEASON HOURS~ JUNE 16 thru AUGUST 10

MONDAY-FRIDAY: JUNE 16 - AUGUST 8.....	1:00-8:00pm
WEEKENDS: JUNE 21 - AUGUST 10.....	10:00am-8:00pm
FRIDAY: JULY 4.....	10:00am-8:00pm

END OF SEASON HOURS~ AUGUST 11 thru AUGUST 24

MONDAY-FRIDAY: AUGUST 11 - AUGUST 22.....	12:00-7:30pm
WEEKENDS: AUGUST 16 - AUGUST 24.....	10:00am-7:30pm

LAST WEEK OF SEASON HOURS~ AUGUST 25 thru SEPTEMBER 1

MONDAY-FRIDAY: AUGUST 25 - AUGUST 29.....	12:00-6:00pm
WEEKENDS: AUG. 30, 31.....	10:00am-6:00pm
LABOR DAY: SEPTEMBER 1.....	11:00am-6:00pm

Back by Popular Demand

BIRTHDAY PARTIES

Looking for a place for your child's birthday party? How about your hamlet pool? Pool members take a look at this affordable & fun party idea!



POOL PARTY PERKS

- Reserved area of pool facility for your party
- Two 6' long tables/Two picnic tables with umbrella
- Swimming for all in attendance at a discounted rate
- "Eats & Treats" Birthday Party Menu Packages available provided by our pool concessionaire, Westchester Food Services
- A place to keep your cake/dessert item (limited freezer/refrigerator space available)

NOTE: Pool birthday parties are on a space available/first come/first served basis. Birthday party reservations available to pool members only.

PRICING:

POOL FACILITY PARTY AREA.....\$50.00
 NON-MEMBERS (per person adult or child).....\$ 5.00

No cost for entrance to the pool for pool members

GUIDELINES:

- "Eats & Treats" Menu's will be available at the Recreation Office beginning May 1st
- Outside food and drinks cannot be brought into the facility
- Participants are responsible for set up & clean up of their reserved area
- The applicant is responsible for the conduct of all participants
- Entertainment of any kind is not permitted inside the pool area
- Wristbands will be given to non-member guests of the party and must be worn at all times
- The pool facility will be open to the public and a spirit of cooperation by all pool participants is appreciated.

For application or more information please call our office at 666-7004 or download an application on the Town's website at www.bedfordny.gov

WHAT'S COOL AT THE POOL?

Besides our amazing staff, beautiful facilities, and swim & dive teams how about coming out to enjoy some fun family friendly activities!

SIZZLING SUNDAYS AT THE POOLS!

Poolside Sunday Fun Nights for Pool Members & Their Guests

The Recreation and Parks Department along with our pool staff are pleased to host Sizzling Sunday Pool Fun Nights this summer. Come enjoy the pool for the day and stay for an early evening of good music and games.

We invite you to take advantage of dinner and snack specials that will be available at the concession stand. The Sizzling Sunday specials menu will be posted at each pool 2 weeks prior to each party! Bring a friend or two to enjoy our beautiful pool facilities with discounted guest fees offered starting at 4:00pm. Mark your calendar and save the date...

**DJ Music • Fun Games • Fun Prizes
 Discounted Guest Fees starting at 4:00pm
 Discounted Food & Specials Menu from 5:00 - 7:00pm**

LOCATIONS & DATES (5:00PM - 7:30PM)

BEDFORD VILLAGE MEMORIAL PARK POOL.....SUNDAY, JULY 13TH
 KATONAH MEMORIAL PARK POOL.....SUNDAY, JULY 27TH
 BEDFORD HILLS MEMORIAL PARK POOL.....SUNDAY, AUGUST 3RD

MOVIES, MUSIC & MORE

NEW PICNIC PAVILION CELEBRATION BEDFORD HILLS MEMORIAL PARK - JUNE 14

Town residents are invited to attend a red white and blue "grand" opening celebration at the Bedford Hills Memorial Park pavilion. Town Supervisor Chris Burdick, Town Board members along with Recreation and Parks Advisory Committee chairman Brian McCabe with committee members will officially open the new 30' x 60' picnic pavilion. Brief speeches, a ribbon cutting ceremony will be followed by free hot dogs, chips, drinks and ice cream! Don't forget to bring your suit and take a swim at the pool afterwards!

DAY: SATURDAY
 DATE: JUNE 14
 TIME: 5:00 pm
 LOCATION: New Picnic Pavilion behind the Bedford Hills pool

THE MULLIGANS FREE SUMMER CONCERT KATONAH MEMORIAL PARK - JULY 11

Katonah Memorial Park Association in cooperation with Bedford Recreation is proud to present "The Mulligans" Concert in the Park, Friday July 11th! The Mulligans perform high-energy classic and contemporary dance rock including hits from the Stones, Springsteen, U2, Talking Heads, Counting Crows, and the Chili Peppers - as well as some very funky Funk. This five piece band has been bringing out big crowds on the local music scene for years. Their energy and enthusiasm is electric and will have you dancing and rockin' all evening long. Bring your friends, family, chairs, blankets and join us for this exciting evening of entertainment!

DAY: FRIDAY
 DATE: JULY 11
 TIME: 7:00 - 8:30pm
 LOCATION: Stage and field area behind the Katonah pool



FREE MOVIE IN THE PARK BEDFORD VILLAGE MEMORIAL PARK - JULY 18

Sponsored by the Bedford Village Chowder & Marching Club

Once again the Bedford Village Chowder & Marching Club will be sponsoring a "Movie in the Park" this summer at the Bedford Village Memorial Park. Light refreshments will be on sale and families are encouraged to bring their chairs; blankets; family and friends and come out to watch the "Stars under the stars" Details on the movie will be available at the pools!

DAY: FRIDAY
 DATE: JULY 18
 TIME: 8:30pm
 LOCATION: Near the gazebo at the Bedford Village pool

MORE DETAILS ON ALL THE SPECIAL EVENTS ABOVE WILL BE AVAILABLE AND POSTED AT THE POOLS!



ADULT EARLY MORNING SWIM

The Town of Bedford offers an Adult Early Morning Swim program at the Katonah Memorial Pool. Adults with a valid 2014 pool membership/ID card, will have the opportunity to do lap swimming and to get an early morning workout four days a week. Pool members must pre-register for this program at the Recreation Office prior to participating in any adult early morning swim.

FOR: ADULTS WITH VALID 2014 POOL MEMBERSHIP
 LOCATION: KATONAH MEMORIAL PARK POOL
 DAYS: MONDAYS THRU THURSDAYS
 DATES: JUNE 16 – AUGUST 7
 TIME: 6:30 – 7:30 am
 ACTIVITY #: 299607
 FEE: \$70.00 PER PERSON

Must pre-register and pay at the Recreation Office - adult swim is for pool members only.

ADULT SWIMS

Adult swims are held at each hamlet pool. The pool director in charge has the authority to call or not call adult swims based on weather; number of bathers; requests; make up of bathers; etc. The director in charge will also determine, during adult swims, whether the entire pool will be adult only or only certain sections of the pool.

- Weekdays every hour on the hour for 15 minute intervals beginning at approximately 3:00 pm.
- Adult swim will be held at all 3 hamlet pools on Sundays from 10:00am-12:00 pm as follows:

KATONAH: Adult swim for adults 18+. The entire pool complex will be closed to those under age 18.

BEDFORD HILLS & BEDFORD VILLAGE POOLS: Adult swim for adults 18+ in the main pool. The wading pool and shallow end of the pool only will be open to persons under age 18 accompanied by a parent or guardian.

LITTLE DOLPHINS SWIM LESSONS

These group lessons are designed for children (without parents) who will be 4 by December 31, 2014 or have just turned 5 but not yet in kindergarten. These lessons are given at each hamlet pool in two sessions, 9 days per session. As space is limited, enrollment is limited to only one class (A or B) and one session (one or two). If space allows, three days prior to the start of the session you may enroll in another class/session for an additional fee. Lessons are held on Mondays, Tuesdays, Thursdays, and Fridays, July 7 through August 7. **Lessons are not held on Wednesday.** Class size is limited, all registration is on a first come, first served basis. **Child must have a valid 2014 pool ID.**

SESSION ONE: JULY 7 – JULY 21

CLASS A: 12:00 – 12:30 PM

CLASS B: 12:30 – 1:00 PM

SESSION TWO: JULY 24 – AUGUST 7

CLASS A: 12:00 – 12:30 PM

CLASS B: 12:30 – 1:00 PM

FEE: \$56.00

PRIVATE SWIM LESSONS

Information on private swim lessons will be posted at each pool. Pool members interested in private swim lessons should contact the individual pool directors/assistant directors and leave their name, child(s) name, ages, and availability. Each director will establish a list of qualified lifeguard instructors who are interested in teaching. Private lessons will be held only during

set days/times and only if staff is available. Private swim lessons are not guaranteed. Members taking private lessons should note that swim instructors are working as independent contractors and not with the Town of Bedford however both the instructor and client will be required to fill out a Town of Bedford waiver prior to any lesson beginning.

NOTE: Private swim lessons are for pool members only.

STORYTIME AT BEDFORD VILLAGE POOL

Provided by: Bedford Village Library

Meet by the wading pool for a poolside story time! What better way to encourage your child's interest in reading, enhance listening skills and give an outlet for their imagination than to be read some great stories by the wonderful staff of Bedford Village Library! So grab your towel and sit, relax, and join us for story time!

DATES: TUESDAYS, JULY 8, 15, 22, 29

TIME: 2:00 pm

NOTE: You must be a pool member to attend.

BOOK CART & SWAP AT BEDFORD VILLAGE POOL

Provided by: Bedford Village Library

Got books? Looking for that perfect summer read? Check out the book cart at the Bedford Village Pool! The Bedford Free Library has graciously provided the Bedford Village Pool with a book cart for book swapping. The library will stock the cart with books throughout the summer and pool members can take a new book and leave one they are finished with for swapping. Mystery or history? Suspense or romance? It's all waiting for you at the Bedford Village Pool!

STORYTIME AT KATONAH POOL

Provided by: Katonah Library

Once upon a time....so the story goes....what happens next, no one knows...unless you bring your child to Katonah Pool to hear the stories that are very cool! Bedford Recreation is happy to partner once again with the Katonah Library to bring you Story Time at Katonah Pool. So gather your child and towel and meet us at the wading pool where Story Time Rules!

DATES: WEDNESDAY, JULY 9, 16, 23, 30, AUGUST 6

TIME: 2:00 pm

NOTE: You must be a pool member to attend.

LIFEGUARD TRAINING COURSE

Instructor: Christine Grey

The Town of Bedford is offering a Lifeguard Training Course this summer for persons age 15 (by 7/25/14) and older at the Bedford Hills Memorial Park Pool. This course includes lifeguard training, first aid and CPR for the professional rescuer. All certifications mentioned above are valid for two years.* The course is for those who would like to become certified for the first time or those whose certification has expired. This course prepares candidates with the necessary skills needed to prevent and respond to aquatic emergencies at the pool. Candidates who successfully complete the course may have the opportunity to work as a lifeguard with us beginning August 11 through Labor Day.

NOTE: *Per Westchester County Department of Health regulations you must renew CPR annually if you will be working at a municipal pool or camp in Westchester County.

- Course participants must attend all dates & times.
- Course participants must attend and pass the pre-test on Wednesday, July 16. Those who do not pass the pre-test will be refunded their monies less \$50.00.

DAY/DATES & TIMES:

WEDNESDAY, JULY 16	4:00 PM – 8:00 PM
(PRE-TEST BEGINS AT 4:00PM)	
FRIDAY, JULY 18	4:00 PM – 8:00 PM
SATURDAY, JULY 19	8:00 AM – 4:00 PM
(AT BEDFORD HILLS COMMUNITY HOUSE)	
SUNDAY, JULY 20	8:00 AM – 4:00 PM
MONDAY, JULY 21	4:00 PM – 8:00 PM
WEDNESDAY, JULY 23	4:00 PM – 8:00 PM
FRIDAY, JULY 25	4:00 PM – 8:00 PM



All course participants must pass a skills test which includes: an untimed swim of 300 yards continuously, demonstrating breath control and rhythmic breathing.

- Participants may swim using front crawl, breaststroke or a combination of both.
 - Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10 pound object, return to surface, and swim 20 yards back to the starting point with the object & exit the water without using a ladder or steps within 1 minute, 40 seconds. When returning to the starting point you must hold the 10 pound object with both hands and must keep your face above water.
 - Participants must tread water for two minutes using only their legs.
- FEE: \$350.00 (includes book, pocket mask, certification cards)

NOTE: A minimum of 4 is required to run the course/Maximum 10



SWIM AND DIVE TEAMS

Each hamlet pool has its own competitive Swim & Dive team which participates in the Northern Westchester Swim Conference. Our swim & dive teams are for children ages 6-18 who know how to swim. **THIS IS NOT A SWIM LESSON PROGRAM.** The Recreation and Parks Department is a partner with each of our teams and is proud of the involvement each team has in the NWSC summer swim and dive season. Registration deadline is Friday, June 13.

SWIM & DIVE TEAM REGISTRATION

Registration for all swim and dive teams will take place through The Town of Bedford Recreation & Parks Department.

In order for children to register for any of the swim & dive teams they must meet the following pre-requisites:

1. Be between the ages of 6 – 18 (**children turning 6 on or before 12/1/14 - no exceptions**)
2. Be able to swim free style the length of the pool / 25 meters without assistance

(NOTE: Coaches reserve the right to determine if child is not ready for the program.)

3. Be a resident of the hamlet team they are joining
4. Have a valid 2014 pool/park I.D. card

1ST CHILD IN THE FAMILY	\$115.00
2ND CHILD IN THE FAMILY	\$110.00
3RD CHILD IN THE FAMILY	\$105.00
4TH CHILD IN THE FAMILYAGE 15+ BY 12/1/14 –	FREE

NOTE: Swim & Dive team registration forms will be available at the Recreation & Parks office beginning March 24th and will be available to download from the Town's website, www.bedfordny.gov. Completed forms and payment are to be returned to the Bedford Recreation and Parks Department. Fees are as follows for all swim and dive teams, checks made payable to "Town of Bedford".

CALL FOR PARENT VOLUNTEERS

Like most of the youth sports programs found in the Town of Bedford the success of the swim and dive teams requires the involvement of many volunteer parents. Being organized and having the appropriate number of volunteers to perform a variety of committee assignments before, during and after the season enhances the positive experience we hope to achieve for our young swimmers and divers. The Recreation and Parks Department strongly encourages parents to be a partner in their child / children's summer recreational swimming and diving experience. Please help us with our swim and dive teams.

VOLUNTEERS ARE ALWAYS NEEDED!

BOTH BEDFORD HILLS & KATONAH ARE IN NEED OF A HEAD PARENT REP.

Contact Daryl Sudlow at 914-666-7004 or dsudlow@bedfordny.gov for more information.

KATONAH SWIM AND DIVE TEAM: DIVISION I - NWSC

HEAD PARENT REP NEEDED - Contact Daryl Sudlow above or Erin O'Donnell at kelleherw@aol.com
KSDT website: www.katonahswimanddive.com

BEDFORD VILLAGE SWIM AND DIVE TEAM: DIVISION II - NWSC

Contact: Denice Delfico: (914)-552-9201 or ndsnr@optonline.net
BVS DT website: www.bedfordvillageswimanddive.org

BEDFORD HILLS SWIM AND DIVE TEAM: DIVISION IV - NWSC

HEAD PARENT REP NEEDED - Contact Daryl Sudlow above or Liz Walsh at lizkadelwalsh@gmail.com
BHSDT website: www.bhswimdive.org

To learn more about the Northern Westchester Swim Conference that our teams participate in, for meet schedule or to find directions to meets/pools log onto their website @ <http://nwsc.usswim.net>

SWIM & DIVE TEAM'S KICK OFF THE SEASON

Each team offers a day and time to come to the pool to meet or re-connect with fellow teammates; meet the parent reps and coaches, order their team swim suits, purchase team apparel and other products and get re-acquainted and psyched for a new summer season! The tentative dates and times for each team are listed below. Since each team operates individually please check your team's website beginning in May for updates on events and festivities.

BEDFORD HILLS BARRACUDAS SWIM & DIVE TEAM: SATURDAY, MAY 31, 1:00 - 3:00 pm

BEDFORD VILLAGE SWIM & DIVE: SUNDAY, JUNE 1, 4:00 - 6:00 pm

KATONAH SWIM & DIVE: SUNDAY, JUNE 1, 12:30 - 2:30 pm

CONGRATULATIONS TO THE KATONAH SWIM & DIVE TEAM CELEBRATING 50 YEARS IN 2014!

What were you doing back in the summer of 1964? 50 years ago the Katonah Swim & Dive Team was established and 50 years later we are still going strong with over 100 children participating in the toughest division in the league! We will be reminiscing of years gone by, celebrating our success and looking forward to at least another 50 years this summer as the KSDT celebrates their 50th birthday! We hope you can join us! Look for more details to follow on the KSDT website, www.katonahswimanddive.com





POOL RULES AND REGULATIONS

1. All persons must present their pool ID card each time they enter the pool.
2. Guests must be accompanied by a pool member; enter/exit with the pool member and pay a guest fee. Only members age 12+ are allowed guest privileges.
3. All persons are requested to shower before entering the pool.
4. Unauthorized persons are not permitted in the pool office or gate house.
5. Kiddy pool use is for children 6 years, of age and under. Children in the kiddy pool area must be supervised by an adult at all times.
6. Regular everyday diapers are not permitted in either pool. Non-toilet trained children must wear swim diapers with rubber swim pants over the swim diaper and are only allowed in the wading pool.
7. Our pools are family friendly environments. As such, appropriate swim suits must be worn by all swimmers. In addition, cut-offs are not allowed.
8. Chairs, blankets, towels, etc. may not be placed on the concrete deck or walkways.
9. Disruptive behavior is prohibited in the pool complex, i.e.:
 - NO SMOKING**
 - NO RUNNING**
 - NO DUNKING or HORSEPLAY**
 - NO THROWING OF OBJECTS**
 - NO TRICK JUMPS from POOLSIDE**
 - NO PROFANITY**
 - NO DISTURBING FELLOW POOL PATRONS**
10. Flotation devices, masks, or fins are not permitted in the pool. The only exception are approved Type III PFD's.
11. Visiting or talking with on-duty lifeguards is prohibited.
12. Children will be required to pass a swim test to use the deep end/dive boards.

13. Diving Board Regulations:
 - Swimmers/Divers will be required to pass a swim test to use the diving boards
 - Only one diver on the board at a time
 - No running on the boards
 - Only one bounce on the board
 - Divers should swim directly to the nearest ladder to exit the pool
 - Divers should not enter the water until the person ahead of you has reached the ladder/exited the pool

14. Alcoholic beverages, glass containers or pets are not permitted in the pool complex, with the exception of service animals.

15. The Town of Bedford is not responsible for items lost or stolen from the pool area.

16. In the event of an electrical storm, the pool must be vacated. The pool cannot re-open until 20 minutes after the last sound of thunder/sign of lightening.

17. Pollution of pool is prohibited. Urinating, discharge of fecal matter, spitting and nose blowing, in any pool is prohibited.

18. Children under the age of 10 must be accompanied by a person 14 years of age or older. Children under 5 must be accompanied by a person 18 years of age or older.

19. The Director-in-Charge has the right to implement or enforce rules and policies which are not posted in the best interest of the public and public safety.

PARENTAL RESPONSIBILITY

Parents are responsible for the supervision of their children within the pool complex. Actions of improperly supervised children put the children at risk and can distract the lifeguards from their primary responsibilities. Pool rules state that children under age 10 must be accompanied by a person age 14 or older. Although children 10 and over are permitted to attend unaccompanied, parents are still responsible for seeing that the child knows and abides by pool rules and regulations.

FLOATATION DEVICES

Only US Coast Guard approved Type III lifesaving devices are allowed at our Town pools. All other floatation devices (inflatable swimmies, one-piece suits with styrofoam inserts, etc) are swim aides and not permissible. Each pool has a limited number of approved Type III vests for patrons to borrow when they attend our pools. **Although US Coast Guard approved Type III devices are allowable this does not replace the role of parental supervision of their child.** All parents must directly supervise their child in and around the water, particularly when the child is being supported by a Type III PFD. Inner tubes, kickboards and/or noodles during special events/adult swim are permissible with approval by the pool director.



EVACUATION PROCEDURE

During the summer season there is always the possibility of severe weather. When a storm approaches at our pools it is extremely important to take immediate action for the safety of our patrons and staff. Below details the emergency evacuation procedure at our pools:

1. *At the sound of the first thunderclap, staff will blow their whistle and an announcement will be made over the PA system for all patrons to evacuate the pools and seek shelter.*
2. *Patrons may be instructed to seek shelter in the breezeway/locker room area or depending on the anticipated severity, directed to seek shelter in their cars.*
3. *Patrons will not be allowed back into the water until 20 minutes after the last sound of thunder is heard or sign of lightening*

KEEP IT CLEAN

Our parks staff does an outstanding job keeping our facilities safe and clean. The Town of Bedford encourages recycling at all our facilities and has placed the appropriate receptacles throughout our parks and pools. We ask our patrons to help us to keep your town parks beautiful by following a few simple guidelines:

1. *Dispose of trash/recyclables in the proper receptacles*
2. *No glass containers allowed in the pool facilities*
3. *No alcoholic beverages allowed in the pool/park facilities*
4. *No smoking in the pool facilities or within 50' of pool entrances and in most other areas of the park*
5. *When using the bathrooms, dispose diapers, sanitary products in the receptacles provided*

NOTE: *During the 6 week camp season, the men's and ladies bathrooms will be closed between the hours of 2:45-3:00pm for cleaning. The family restrooms will remain open for your use at that time.*

KEEP IT SANITARY

Regular everyday diapers are not permitted in any pool. They expand and fall apart causing an unsanitary condition in the water. Non-toilet trained children must wear swim diapers with rubber swim pants worn over the swim diaper and are only allowed in the wading pool. Parents should change the swim diaper frequently/toilet their children frequently to prevent any accidents from happening. Should a fecal or vomit incident occur in the pool, the pool must be closed for a minimum of 30 minutes and, depending on the severity of the incident, can be closed for the entire day. Therefore we encourage all parents of young children to please remember to be cognizant of bathroom breaks. In addition, please keep your youngster (and yourself) hydrated, watch out for extreme heat conditions and food intake that could result in upset stomachs.

CONCESSION STAND

The Town of Bedford has a contractual agreement with an outside vendor for the concession stands at each pool facility. Therefore, outside food from other vendors/other means is prohibited within the pool facility. (ie; pizza/food delivery, bringing large roller type coolers). Persons will be permitted to bring small hand-held coolers into the facility. Concession hours, menu, and prices will be posted near each concession stand.

LAP LANES

Many of our patrons enjoy lap swimming at our town pools. We ask that you keep these rules and courtesies in mind when swimming laps:



1. *No swimmer is granted exclusive use of a lap lane*
2. *Swimmers entering an occupied lane must wait and notify the swimmer in the lane*
3. *Swimmers are not to rest at the end of the pool when there are multiple swimmers in a lane*
4. *When there is only one person per lane, swim normally*
5. *When there are two people per lane, split the lane with one swimmer on each side of the black line*
6. *When there are three or more swimmers per lane, circle swim to the right only*
7. *Please do not cut across or allow children to cut across lap lanes*

SUMMER SUN PROTECTION

Shade and effective use of sunscreen are your best protection against the harmful rays of the sun that can cause skin cancer. Though you may love that tan you should take precautions when sunbathing. For your protection you should use a good waterproof sunscreen with at least a skin protection factor (spf) of 15, preferably 30. Apply it liberally and reapply every 80 minutes if swimming or sitting. If possible, apply 30 minutes before exposure to the sun. The "triangle of danger", the nose, eyes and mouth should be given special attention.

INCLEMENT WEATHER POLICY

In the event of an emergency closing due to weather or other unforeseen circumstances, pool members who have brought guests will be entitled to a **credit voucher** for future admission if they were at the pool less than one hour AND if the pool stays closed for the rest of the day.

The time of admission is tracked through our pass management system. Admission time will be compared with the time of the pool closure. If they are less than one hour apart the pool member is entitled to a credit voucher. To receive the credit voucher the pool member must come to the Recreation and Parks Office no sooner than the following day (Monday-Friday, 8:30am-4:30pm). Credit vouchers will only be issued to the pool member regardless of who pays the guest fee.

No refunds will be given at any time.

DOG PARK SPRING INFORMATIONAL MEETING

Hosted by the Bedford Recreation and Parks Department in Partnership with BDOG (Bedford Dog Owners Group) with the Town Clerk's Office, and Bedford Police Department - with support from the Town Board and Recreation and Parks Advisory Committee.

As another season of park activity begins, the Bedford R&P Dept. and BDOG thought it would be beneficial to host an informational meeting for Canine Commons permit holders and Town residents and their guests who are interested in knowing more about the facility, permitting and licensing requirements, policies, facility maintenance, enforcement, programming, planned improvements along with other topics of interest brought up by those in attendance.

FOR: Canine Commons permit holders and interested Town of Bedford residents and their guests.
DAY/DATE: WEDNESDAY, APRIL 2
TIME: 7:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE

MESSAGE FROM THE TOWN CLERK

As a friendly reminder all permits for The Canine Commons Dog Park must be renewed as of January 1, 2014. The park is for Town of Bedford residents and their dogs, with a limited number of non-resident permits. Dogs using the Canine Commons area must have a New York State license and a valid dog park permit issued through the Town Clerks office. The Town Clerks office is located at the Town House, 321 Bedford Road in Bedford Hills. The office hours are Monday through Friday 8:30am to 4:30pm (and for residents by appointment). The telephone number for the Town Clerks office is 666-4534.

BEAVER DAM PARK

Beaver Dam Road off of Harris Road Bedford Hills

Featuring the Canine Commons Dog area that officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing. Small Dog area under 30lbs. Large Dog area over 30lbs and an agility area for group permits use and training. Use of the Canine Commons area is open to Town of Bedford residents whose dogs are licensed and have a valid dog park permit.

2014 DOG PARK PERMIT FEES

Resident – Number of Dogs / Fee

1 – \$45.00

2 – \$25.00

3 – \$20.00

Non-Resident \$125.00 (50 permits)

Guest Pass per dog/day \$ 10.00

Note: Guest dogs must have a current State license No dog park permit will be issued unless the dog is properly licensed through New York State.

**ENJOY YOUR PARKS ~
HELP KEEP PARKS CLEAN & GREEN!**





**ALDO'S
BARBER SHOP**

**14 Main Street
Bedford Hills, NY 10507
914-666-2256**

**MONDAY: 8am - 5:30pm
TUESDAY: 8am - 5:30pm
THURSDAY: 8am - 5:30pm
FRIDAY: 8am - 5:30pm
SATURDAY: 7am - 5:00pm**

**CLOSED
Wednesday & Sunday**



Katonah Museum of Art

Free admission for one (with coupon)
For one-time use until September 28, 2014

katonahmuseum.org



**SPECTACULAR PARTY SALES
TUPPERWARE**

VERA V THOMPSON
TUPPERWARE CONSULTANT

11 ROBINSON AVE
BEDFORD HILLS
NEW YORK 10507

914 841 4914 CELL

vvthomps@att.net
www.my2.tupperware.com/verathompson



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HOTROD HAULIN'**

hotrodhaulin.com

We'll move your ride anywhere anytime

**PO Box 204
Katonah, NY 10536** **914.269.2324**
info@hotrodhaulin.com



BEDFORD
community theatre

BEDFORD COMMUNITY THEATRE

BCT anticipates producing another great show in the fall of 2014. The show selection will be announced at a later date. For information on the show selected and auditions please check out our website for news and updates at

www.bedfordcommunitytheatre.org

Feel free to email us at bctonline@optonline.net

ESTATE HANDYMAN SERVICES

**Handyman Services
Renovations & Remodeling
Snow Removal
Emergency Service**

Free Estimates • Reasonable Rates
Fully Licensed & Insured

**PO Box 204
Katonah, NY 10536**
www.estatepropertysvcs.com
t: 914.301.5828 • 800.256.6814 • f: 914.729.0928

WC-20093-H08 PC-3804

What can RESIDENTS DO **TO REDUCE** phosphorus loads?

The majority of the Town of Bedford is within the New York City Watershed, which provides drinking water to New York City and approximately 85% of Westchester County. Reservoirs in this area have been found to have a higher amount of phosphorus than desired, resulting in increased algae growth. Excessive algae growth causes water quality problems such as low oxygen levels and increased levels of metals and organic chemicals. This impacts drinking water quality, reduces life-sustaining oxygen to fish and other aquatic life, and impacts reservoir aesthetics.

● Do Not Use Detergents Containing Phosphate

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from your home. This applies to both clothes and dish detergents.

● Be Smart About Fertilizer Use

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs. Best practices include:

- Perform annual soil test and seasonal pH test before applying any fertilizer product. Ninety percent of the lawns in Westchester have adequate levels of phosphorus so it is very likely that you won't need to apply extra phosphorus in order to get a healthy, green lawn.
- Apply only the amount of fertilizer deemed necessary as a result of soil tests.
- Apply only slow-release fertilizers.
- Use products containing low concentrations of nitrogen, and no phosphorus where possible.
- Don't apply any fertilizer between December 1st and April 1st to avoid runoff issues associated with snowmelt or rains on frozen ground.
- Don't apply fertilizer to any impervious surfaces, such as pavement and sidewalks. If applied accidentally, clean it up immediately to ensure it won't be washed into streets, storm drains and/or water bodies. Do not hose down fertilizer spills on impervious surfaces.
- Avoid application within 24 hours of an anticipated rain event .
- Avoid heavy watering or irrigation for 24 hours after fertilizer application.

● Phosphorus concerns with grass clippings and leaves

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality. When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizers. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November 15. **Please note that state regulators have placed more stringent requirements on the amount of time that leaves can be left curbside due to phosphorus concerns. As a results of this, the Town will strictly adhere to the October 1 - November 15 period mentioned above.** At any other time, all leaves must be bagged.

● Construction Sites as a Source of Phosphorus

Phosphorus attached to sediment leaving construction sites is a major source of stormwater phosphorus. Contractors must comply with the Town's Erosion and Sediment Control standards, which can be obtained by contacting the Building Department.

**CALL THE BEDFORD DEPARTMENT
OF PUBLIC WORKS AT 666-7669
WITH ANY QUESTIONS
REGARDING LEAF COLLECTION.**

Bedford Recycling Center Information

A HANDY GUIDE TO WHAT GOES WHERE

ADAMS STREET RECYCLING CENTER

YOUR CARTER

PLASTICS Numbers 1 through 7. Labels need not be removed. Please, no items such as flower pots, cassettes or furniture.	 (under 18" commingled with glass)	 (commingled with glass & metal)
NEWSPAPERS Must be tied or in paper bags. Also phonebooks.		
OTHER PAPER GOODS Magazines, catalogs, glossy newsprint material, junk mail, magazines, envelopes, color inserts, brochures, school and computer paper. No books.		 (disposed of as trash, not recycled)
GLASS Clean food bottles and jars, liquor and wine bottles, medicine containers, soda and beer bottles (No windows, mirrors or drinking glasses, please.)	 (commingled with plastic)	 (commingled with plastic & metal)
METALS Empty and rinsed clean, lids and labels may be left on: clean aluminum foil, pie plates, trays, aluminum cans, depressurized aerosol cans, metal food, juice and other tin cans (soup, fruit, tuna, vegetable, pet food, etc.) and empty oil and latex paint cans — just leave them open and let the paint residue dry first. If you can lift it, Bedford can recycle it (except air conditioners and refrigerators).	 (all metals except air conditioners and refrigerators)	 (household metals commingled with glass and plastic)
CARDBOARD Flattened, with all liners, styrofoam packing, plastic and paper removed.	 (except waxed containers and cereal box interiors)	 (disposed of as trash, not recycled)
TEXTILES Clothes, shoes, curtains, sheets, coats, blankets, pocketbooks, etc. — and they don't have to be clean!		 (disposed of as trash)

The Adams Street Recycling Center is open from 8:00 am to 3:00 pm on Tuesdays, Thursdays and Saturdays and is located just north of the Bedford Highway Department

RECYCLE...IT'S THE LAW!!!

Questions? — Contact the Bedford DPW Highway Division at 666-7669

FREE Computer & Electronics Recycling Collection Site



Town of Bedford Recycling Center
 301 Adams Street, Bedford Hills
 Tuesday / Thursday / Saturday 8am - 3pm



Computers and electronics contain hazardous waste elements such as lead, mercury, cadmium and beryllium, and brominated flame retardant in the casing (a carcinogen if leached into the soil).
 CRT Monitors and TVs have 4 to 8 lbs. of lead.
 All electronics are recycled in an environmentally sound manner.
 All hard drives are either sanitized or destroyed
 The New York State Electronic Equipment Recycling & Reuse Act went into effect April 1, 2011. This law mandates recycling of the following covered electronic equipment (CEE) at no charge.

Electronic waste accepted here:

All Televisions

Computer Equipment

- Monitors, Terminals
- Computers
- Scanners, Ink Cartridges
- Printers, Fax Machines
- Network Equipment
- Keyboards, mice and
- Computer Accessories

Miscellaneous Electronics

- Circuit Boards, Cabling & Wiring
- Typewriters
- Telecommunications Equipment
- Audio/Visual Equipment
- Video Game Systems
- Cell Phones, PDAs, IPODs
- Universal Power Supplies

NOT ACCEPTED:

- Any Liquids/Powders
- Air Conditioners
- Dehumidifiers
- Refrigerators
- Kitchen/Personal Appliances
- Batteries
- Fluorescent Lamps



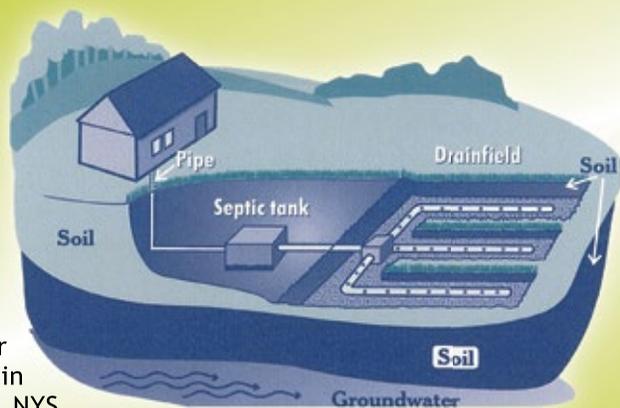
In cooperation with Regional Computer Recycling & Recovery 888-563-1340 or visit www.eWASTE.com

NEW SEPTIC INSPECTION LAW

If you live in Bedford, you probably have a septic system. Caring for this system properly not only protects your drinking water, but also the value of your house.

To protect the quality of the drinking water for Bedford and New York City (since Bedford is in the watershed for NYC's reservoirs), the NYS Department of Environmental Conservation and Westchester County have developed a new Septic Inspection Ordinance.

This law requires that you have a Westchester County licensed service provider pump your tank and inspect your system at least once every five years beginning May 2011. The contractor is required to file a "Septic System Data Form" with the County and should give you a copy. The Town will review the County's information and determine compliance with the new law.



TOWN OF BEDFORD PLANNING DEPARTMENT: P: 666-4434 • E-MAIL: PLANNING@BEDFORDNY.GOV

ONLINE RESOURCES:

WWW.EPA.GOV/OWM/SEPTIC • WWW.NESC.WVU.EDU • WWW.RCAP.ORG • WWW.NOWRA.ORG

BEDFORD HILLS COMMUNITY HOUSE RENTAL SPACE INFORMATION

74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, etc please contact the Recreation Office at 666-7004. The facility application form / packet can be found online at www.Bedfordny.gov under Town forms.

MAIN ROOM – Main floor; accommodates **100–125 people**. Tables & chairs. Use of the lounge room and kitchen are included in the rental fee.

***2014 Rental rate is \$420.00 for a 6 hour block of time, includes an on site building supervisor. Security deposit of \$250.00 is required.**

LOWER LEVEL LEGION ROOM – Located in the basement/lower level, accommodates **50 people**. Tables & chairs. Use of the kitchen is included in the rental fee.

***2014 Rental rate is \$55.00 per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided. Security deposit of \$100.00 is required.**

LOUNGE MEETING ROOM – Main floor, accommodates up to **16 people**. Has a 35" TV and a DVD player and is air conditioned.

BOARD MEETING ROOM – Main floor, accommodates up to **16 people**. Has wall mounted 52" flat screen TV with DVD player. Connects to sun room for duel room use if desired. Air conditioned.

SUN MEETING ROOM – Main floor, accommodates up to **14 people**. Air conditioned.

***2014 Rental Rates for any of the meeting rooms is \$35.00 per hour.**

BEDFORD VILLAGE MEMORIAL PARK

Greenwich Road (off Rt. 22/172), Bedford Village

Tennis & Paddle Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer & Football Field.

THE NEW BEDFORD VILLAGE MEMORIAL PARK PLAYGROUND IS OPEN FOR... PLAY!

Last fall the Bedford Village Playground project was started and was opened for "play" in late October. An opening celebration ceremony was held in November with the Chowder and Marching Club presenting a check to the Town in the amount of \$20,000.00 to assist with the cost

of this project. Additional landscaping work, C&M donated benches, pathway donation bricks and other site amenities are planned for the this spring.

KATONAH MEMORIAL PARK

North Street (off Bedford Rd./Park Pl.), Katonah

Tennis & Paddle Tennis Court, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Shelter.

BEDFORD HILLS MEMORIAL PARK

Haines Road (off Rt. 117), Bedford Hills

Tennis Court, Lighted Baseball/Softball/Little League Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer Field, Ice Skating and Fishing, Baseball/Softball Fields.

NEW PARK PAVILION

The picnic pavilion located behind the pool facility was demolished and replaced with a new 30' x 60' structure. The new picnic pavilion will have a concrete pad, 14 new powder coated colored aluminum picnic tables providing seating for over 100 people. Pavilion lighting and electrical outlets will also be available. A new 5' portable charcoal grill has been purchased and can be rented for a modest fee by permitted user groups. The pavilion will be open for use starting May 24th.

BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts feature new glass backboards and sports lighting for evening use.

Starting April 1st (weather permitting) thru June 14th the light poles will be energized at dusk and will turn off automatically at 9:00pm Sunday – Wednesday and 10:00pm on Thursday, Friday and Saturday nights.

Beginning June 15th thru September 7th the light poles will be energized daily from dusk and will turn off automatically at 10:00pm.

From September 8th thru October 31st the lights poles will be energized at dusk and will turn off automatically at 9:00pm Sunday – Wednesday and 10:00pm on Thursday, Friday and Saturday nights. Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

BASKETBALL ONLY PLEASE – The basketball courts are for basketball only. Riding tricycles, bicycles, skateboards and roller blading are **NOT** permitted on the courts.

PLEASE DON'T FEED THE GEESE!

We need your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese that are at the park.



from your **local clubs**

A FRIENDLY REMINDER...

The Recreation and Parks Department is asking for assistance and cooperation in helping keep our park facilities clean for the benefit of all of our park patrons and their guests. Please use the trash and/or recycling receptacles provided to dispose of waste and debris. Athletic teams, clubs and groups are encouraged to police the fields, dugout/bench and spectator areas after practices and games. Please help our Parks staff keep our parks clean. Thank you.

PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park.

RECYCLING IN THE PARKS

Through the support of the Town Board, the Recreation and Parks Department purchased new recycling containers for all of our Park facilities in the spring of 2010. These blue containers with specialized lids are provided for plastic bottles **and** aluminum cans. The recycling containers compliment our green trash containers which are conveniently placed throughout our parks. Recyclable items are collected on a regular basis by the Parks staff and disposed of in a separate plastic and aluminum recycling dumpster located at one of the parks. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.



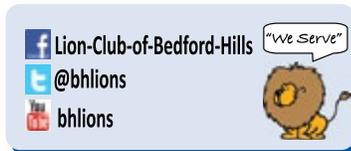
The Lions Club of Bedford Hills

The Lions Club of Bedford Hills was founded in 1939 with one goal – **COMMUNITY SERVICE....**

Since then, we have supported dozens of projects and causes *that give back to our local community*, including the **Bedford Hills Free Library**, **Bedford Recreation and Parks programs**, **Citizenship Awards** at Bedford Hills Elementary and **College Scholarships** for Fox Lane graduates.

We also sponsor exciting events throughout the year including our scrumptious **PANGAKE BREAKFASTS** and our signature **CLASSIC CAR SHOW!**

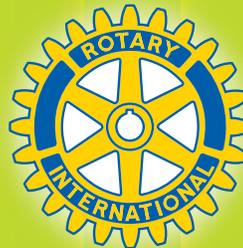
Go to www.bedfordhillsions.org for our upcoming events!



We meet once a month on the 1st Wednesday at 7 pm at the Bedford Hills Community House.

We always welcome men and women who share our spirit of fellowship & community service - come see what we're all about!

Join us!



NORTHEAST WESTCHESTER ROTARY CLUB

Thank you Bedford Recreation and Parks for your support of our successful annual Christmas Tree sale!

WWW.NEWROTARYCLUB.ORG | P. O. BOX 561, SOMERS, NY 10589

REGISTRATION & FEES

By mail or in person. Checks payable to "Town of Bedford" send registration form & full payment to: Bedford Recreation & Parks Department, 425 Cherry Street, Bedford Hills, NY 10507. Note: We do not confirm program registration, nor can we be responsible for lost or misdirected mail.

NON-RESIDENT REGISTRATION

Non-residents are welcome to enroll at a 25% surcharge one week after the start of registration to allow priority registration to Town residents. Not all programs are open to non-residents.

PAYMENT OPTIONS

Cash, money order, check (payable to Town of Bedford) or credit card. Credit card payment must be in person and all cards are being accepted. A transaction fee of 2.5% is added to all credit card transactions on your monthly statement. These fees are not reflected on your Town of Bedford program receipt. If there is an inability to pay the full fee at the time of registration, a payment schedule can be arranged.

SCHOLARSHIPS

No Town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004

SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts* is age 65. This is for all Recreation & Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

*Not all programs offer discounts.

*Discounts are for TOB resident seniors only

INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

REFUNDS

The Town of Bedford refunds under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
- If the program participant moves from the Town, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
- If a participant become ill or injured, a full or prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.

There is a \$10.00 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation & Parks.

* Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

RETURNED CHECKS

There is a \$35.00 fee for any returned checks.

PROGRAM CANCELLATIONS

Notification on program cancellations are made via email alerts. If you haven't provided us with an email please do so upon registering or call us at 666-7004 to make sure we have it on file. Notification will also be made on our hotline number 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session if time allows.

E-Z Pass New York Service Center

Easy Pass is now available in the Town Clerk's office, Monday - Friday, 8:30 am to 4:30 pm.

It's as easy as 1-2-3! This is an innovative program to obtain an E-Z Pass tag which allows the busy traveler to open an E-Z Pass account without waiting for it to come in the mail or wait on a line.

Just come to the Clerk's office with \$25.00 and you will be able to use it when you leave. Stop by or call 666-4534 for more information.

registration & program information

TALENT SEARCH

We are continuously looking for new and innovative talent to offer a variety of programs to our residents. If you possess a skill and the ability to teach it, send us your program idea and resume or call to make an appointment to speak with us. We welcome your program suggestions!

HOW TO WATCH A GOOD PROGRAM DIE

Please register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.

FIELD AND FACILITY PERMITS

Permits are required for group use of our fields/facilities. You must be a Town of Bedford resident to reserve a field/facility. For a facility use application with fee schedule please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, www.bedfordny.gov Applications must be submitted at least two weeks prior to the scheduled activity.

COMMUNITY SERVICE OPPORTUNITIES

Looking to get involved or need required community service hours? Contact Jim Whiting at 666-7004 to see what opportunities may await you.

MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering to this very important program please call Jim Whiting at 666-7004 for more information.

NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley

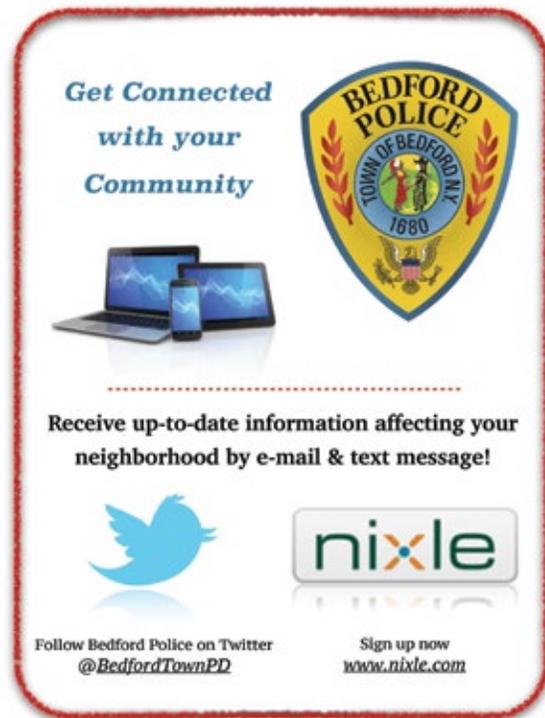
NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information

call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community through e-mail alerts. Go to our web site: www.bedfordny.gov/html/email_alerts.html to add your email. You can remove your name from the list at any time by following the same procedure for enrollment.

For trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at www.nixle.com and click.



Get Connected
with your
Community

Receive up-to-date information affecting your
neighborhood by e-mail & text message!

Follow Bedford Police on Twitter
[@BedfordTownPD](https://twitter.com/BedfordTownPD)

Sign up now
www.nixle.com

LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

BEDFORD HILLS LIBRARY

666-6472

www.bedfordny.com/orgs/bhfl.htm

KATONAH LIBRARY

232-3508

www.katonahlibrary.org

BEDFORD VILLAGE LIBRARY

234-3570

www.bedfordfreelibrary.org

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

here is a sneak peak at some of our
fall programs

KIDDIE KORNER JAMBOREE

Ages 3 – 4 (Weekday mornings beginning September) This ever popular morning pre-school program features a variety of favorite children's activities, games, art, story time, music and more. Our wonderful instructors provide a warm and nurturing environment, where little ones feel comfortable and safe. Please take advantage of the great opportunity to sign up early for this highly sought after and affordable program.

FLAG FOOTBALL

Grades 3 – 6 (Weekday afternoons beginning September) This popular, action-oriented program will introduce young athletes to the thrills of playing football in a fun, non contact setting. Developing skills and learning the rules will be emphasized as each week we break down into "scrimmagestyle" games. Players will learn the skills of receiving, running, footwork and defensive coverage, as well as play calling and game strategies.

GIRLS FIELD HOCKEY

Grades 2 – 8 This is a skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. Emphasis will be on physical conditioning, stick work, team dynamics and rules of the game. There will be several scrimmages planned against local recreation teams. Players must provide their own stick, shin guards, mouth guard and eye guard. The program will be held at the Katonah Memorial Park Field - Located behind the pool on Saturday mornings and for grades 5-8 on select Friday evenings and Saturdays.

mark your calenders...

for these upcoming special events!

- ✓ **March 24**
POOL, CAMP, TENNIS AND SPRING
PROGRAM REGISTRATION
- ✓ **March 27**
SENIORS FOXWOOD TRIP
- ✓ **April 15**
SPRING EGG HUNT
- ✓ **April 16**
FLASHLIGHT EGG HUNT

TOWN of BEDFORD
RECREATION AND PARKS DEPARTMENT

www.bedfordny.gov

TEN WAYS YOU CAN MAKE A DIFFERENCE

1

Get a free or discounted Home Energy Assessment.

Sign up with Energize today!

2

Help keep our drinking water clean.

Take the Bedford 2020 No Pesticides Pledge!

3

Increase recycling.

Talk to your carter about Single Stream!

4

Start a home vegetable garden.

Check out our Veg Out website!

5

Reduce your CO₂ emissions.

Consider making the switch to an electric or fuel-efficient car!

6

Start composting your food and garden waste.

It's easy and saves money!

7

Plant a tree.

Visit the Branch Out! website to learn more!

8

Buy local food.

Visit one of the Greater Bedford area Farmers Markets or local food purveyors!

9

Check out the Bedford 2020 Recyclopdedia

for how and where to dispose of all your household items!

10

Make a donation.

Support Bedford 2020 programs.

Small steps make a difference.

To take action on these ideas, or discover more ideas and resources, visit **bedford2020.org**

