

TOWN *of* BEDFORD

RECREATION AND PARKS DEPARTMENT

2014
fall
BROCHURE

Registration begins
Wednesday, September 3rd
www.bedfordny.gov

letter from **town supervisor**

Welcome...

On behalf of the Town Board, the Recreation and Parks Advisory Committee and the Recreation and Parks Department, I am pleased to present the 2014 fall program brochure. As summer comes to a close, plans for fall recreation programs, as well as a variety of special events sponsored by various community organizations, were finalized. This edition of the seasonal brochure features an abundance of fall activities to keep you busy. As you scroll through the fall program brochure you will find some new programs that will complement our popular ongoing seasonal programs.

Our Recreation and Parks Department has worked hard not only to provide improvements to each of our hamlet parks, but to expand upon and add interesting and practical programs and activities throughout the year.

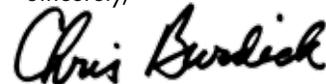
Good news for those who prefer doing business with the Town online. Looking ahead to 2015, residents won't have to stress about picking up and dropping off forms as the Recreation and Parks Department plans to have spring/summer 2015 programs available for online access this coming spring. These new updates are part of the Town's plan to expand resident and business accessibility and interaction with the Town online.

If you haven't already done so, we encourage you to sign up for the town wide e-mail alert system by logging onto the improved Town website at www.bedfordny.gov. Occasionally, there are changes to the programs advertised in the brochure which you can learn about with our e-mail alerts. Providing an e-mail address at the time of registration is of great assistance to the Department in keeping program participants informed.

We are fortunate to have a dedicated Recreation and Parks Department staff who work hard to keep our town park facilities and athletic fields clean and safe for your enjoyment. It continues to be our objective to provide high quality recreational services and programs and well-maintained park facilities for the residents of Bedford and their guests. The Town Board and I look forward to seeing you at one of our beautiful park facilities, programs, special events or community sponsored events this year.

The Town Board and I wish you a safe and enjoyable fall!

Sincerely,



Chris Burdick

Bedford Town Supervisor

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NEW in Spring of 2015...

online registration

see inside backcover for details!

**RECREATION & PARKS DEPARTMENT OFFICE
LOCATION & HOURS**

425 Cherry St., 1st Floor, Bedford Hills, NY 10507
Office Hours.....Mon. thru Fri., 8:30am to 4:30pm
Registration Walk-in Hours...Mon. thru Fri., 8:30am to 4:00pm

RECREATION & PARKS STAFF

William F. Heidepriem.....Superintendent of Recreation & Parks
Daryl Ann Sudlow...Assistant Superintendent of Recreation & Parks
James Whiting.....Recreation Supervisor
Kimberly O’Brien.....Senior Recreation Leader
Suzanne Carpentier.....Senior Office Assistant
Susan DeFonce.....Office Assistant
Tom Megna.....Parks Foreman
Mark Morin.....Assistant Parks Foreman
Richard Pochintesta.....Automotive Mechanic
John Goodman.....Parks Maintenance
Pete Welch.....Parks Maintenance
Matt Halpin.....Parks Maintenance
Matt Van Dorn.....Parks Maintenance

TOWN BOARD (Meets every 1st & 3rd Tuesday at 8:00pm – Town House, 321 Bedford Rd., Bedford Hills)

Chris Burdick.....Town Supervisor
David Gabrielson.....Councilman, Deputy Supervisor
Peter A. Chryssos.....Councilman
Francis T. Corcoran.....Councilman
Mary Beth Kass.....Councilwoman

William Hayes.....Police Chief
Boo Fumagalli.....Town Clerk
Kevin Winn P.E.....Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

(Meets the 2nd Wednesday at 8:00pm – Recreation Office Conference Room, 425 Cherry St., Bedford Hills)

Brian McCabe, Chairman	John McMahan
Nancy Bellini	Aldo Sammarco
Wayne Grossman	Betsy Smith
Steve Lancia	Luke Vander Linden
Cristina Magidson	Francis Corcoran, Town Board Liaison

PHONE NUMBERS

Recreation & Parks Office.....666-7004
Recreation & Parks Fax.....666-3863
Senior Adults.....666-7203
Recreation Hotline.....864-3777

Assessor.....666-5149
Building Inspector.....666-8040
Court Clerk.....666-6965
Dog Control.....666-4855
Emergency.....911
Finance.....666-8283
Highway.....666-7669
Historian.....666-4745
Parking Bureau.....666-8097
Planning.....666-4434
Police.....241-3111
Recycling.....241-2671
Tax Receiver.....666-4475
Town Clerk.....666-4534
Town Supervisor.....666-6530
Water.....666-7855
Wetlands.....666-5140
Zoning.....666-4585

Visit the Town of Bedford’s Website at www.bedfordny.gov for up-to-date information, including Recreation & Parks information about the pools, programs, special events, seasonal employment opportunities and meetings. You can e-mail the Parks & Recreation Department at Recreation@bedfordny.gov or call 666-7004.



HAUNTED GRAVEYARD AT LAKE COMPOUNCE

Program Supervisor: Kim O'Brien

Creatures in the night, spooks in the air, come and enjoy this fun suspenseful night in the Haunted Graveyard at Lake Compounce. Enjoy the rides and attractions as well as a haunted walk. All attending must walk through the haunted graveyard.

FOR: GRADES 6 – 9
DAY/DATE: SATURDAY, OCTOBER 18
TIME: 3:00 – 11:00pm
ACTIVITY #: 380600
FEE: \$60.00

ICE SKATING AT THE HARVEY SCHOOL

Program Supervisor: Jim Whiting and staff

In cooperation with the Harvey School the department is offering public recreational skating for all ages, 12:45 – 2:45pm on the following dates:

FRIDAY, NOVEMBER 28
(FRIDAY AFTER THANKSGIVING)

FRIDAY, DECEMBER 26
(DAY AFTER CHRISTMAS)

ADMISSION FEE:
\$5.00 PER PERSON

You must supply your own skates. No hockey playing permitted.

**D.J.
WILL BE ON
HAND SPINNING
FAVORITES AND
REQUESTS FOR TWO
HOURS OF OPEN
SKATING!**

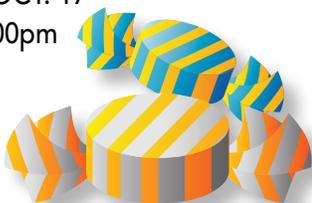


HALLOWEEN CRAFT

Instructor: Sherrie Goldstein

You will not need to save all your candy wrappers to make a one of a kind CANDY WRAPPER CRAFT. Come out to make your own bag, pencil case or other craft using candy wraps, tape and more.

FOR: GRADES 3 – 7
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
DAY/DATE: FRIDAY, OCT. 17
TIME: 4:30 – 6:00pm
ACTIVITY #: 378600
FEE: \$30.00



PUMPKIN CARVING

Program Supervisor: Kim O'Brien

READY, SET, CARVE!! Participants will have an opportunity to transform an ordinary pumpkin into their very own masterpiece. Pick your pumpkin from our pumpkin patch and carve it into a spooky Jack-o-Lantern. A safety carving set will be supplied. Pizza and Ghoulish goodies will be served.

FOR: GRADES 4 – 8
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
DAY/DATE: THURSDAY, OCT. 30
TIME: 6:30 – 8:30pm
ACTIVITY #: 378608
FEE: \$25.00



SAVE THE DATE

Bedford Village Chowder & Marching Clubs

FALL DINNER DANCE

**HALLOWEEN
BASH**

10.25.14

Bedford Golf & Tennis Club

www.chowderandmarching.org



Katonah Village Improvement Society is hosting

The Annual KATONAH Races
5K Race & One-mile kids' challenge

Saturday, September 6, 2014
8:00 a.m., rain or shine!

Start/Finish at Edgemont and Parkway
in the heart of town

Race pre-registration, sponsorship details and
volunteer opportunities at

www.KatonahVIS.com



Free
SQUARE DANCING
FUN NIGHTS

SEPTEMBER 8TH AND SEPTEMBER 15TH
7:30 -9:30 PM

FRIENDLY SQUARES DANCE CLUB
Call (914) 248-8854 or (914) 433-2919
Katonah Methodist Church Parish Hall
44 Edgemont Rd, Katonah, NY

The advertisement features a central oval with a decorative border. Inside the oval, on the left, is a silhouette of a man and a woman square dancing. To the right of the silhouette, the word "Free" is written in a large, cursive font. Below it, "SQUARE DANCING" and "FUN NIGHTS" are written in bold, block letters. The dates and times are listed in blue, bold text. At the bottom, the club name and contact information are provided in black text.



2014 bedford
turkey trot

SATURDAY
NOVEMBER 29TH

10th annual

www.bedfordturkeytrot.org

The advertisement has a light blue background. The title "2014 bedford turkey trot" is written in a large, red, stylized font. Below the title, the date "SATURDAY NOVEMBER 29TH" is written in a black, italicized font. To the right, a cartoon turkey is depicted running to the right, wearing blue sneakers with white laces and a white banner around its neck that says "10th annual". The turkey is brown with a yellow beak and a red wattle. At the bottom left, the website URL "www.bedfordturkeytrot.org" is written in a black, italicized font.



The Lions Club of Bedford Hills
invites you to join us in celebrating our

DIAMOND JUBILEE
75TH ANNIVERSARY 1939 - 2014

Honoring our Fellow **Bedford Hills Lions**

David Brown
Past District Governor

Matthew Garrity
Past President

Carl Candiloro
Past President

Boo Fumagalli
*Bedford Town Clerk
& New York State Clerk of the Year*

Saturday, October 18th at 7pm
Holiday Inn Mt Kisco

For more information and to RSVP

www.LionsJubilee.com

914-361-9060 or 75thAnniversary@BedfordHillsLions.org

NORTHEAST WESTCHESTER ROTARY CLUB

ANNUAL
Holiday Tree Sale

Trees will be on sale shortly after Thanksgiving

BEDFORD HILLS PARK

Thursday & Friday 5pm to 8pm

Saturday & Sunday 9am to 8pm

We gratefully thank the Town of Bedford for graciously allowing the use of the park! Proceeds go towards Rotary International in eradicating polio worldwide, and our club also provides scholarships to local high school seniors and supports the Community Center of Northern Westchester.



KIDDY KORNER JAMBOREE

Co-Directors: Sylvia Rossi & Jennifer Jordan

This popular pre-school program is an opportunity for your child to interact with peers in a safe and nurturing environment. Favorite activities include games, story time, art and more.

FOR: AGES 3 – 4
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DAYS: MONDAY THROUGH FRIDAY
TIME: 9:30 am – 12:30 pm

FALL REGISTRATION OPTIONS:

5 DAYS (MON. - FRI.) – \$770.00 (55 SESSIONS)
3 DAYS (MON., WED., FRI.) – \$544.00 (33 SESSIONS)
2 DAYS (TUES. & THURS.) – \$348.00 (22 SESSIONS)
1 DAY* (SEE BELOW) – \$231.00 (11 SESSIONS)

*Special Note: Registrations for a single day will not be accepted until one week prior to the start of the program.

MONDAYS – SEPT. 22, 29, OCT. 6, 20, 27, NOV. 3, 10, 17, 24, DEC. 1, 8

TUESDAYS – SEPT. 23, 30, OCT. 7, 14, 21, 28, NOV. 4, 18, 25, DEC. 2, 9

WEDNESDAYS – SEPT. 24, OCT. 1, 8, 15, 22, 29, NOV. 5, 12, 19, DEC. 3, 10

THURSDAYS – SEPT. 18, OCT. 2, 9, 16, 23, 30, NOV. 6, 13, 20, DEC. 4, 11

FRIDAYS – SEPT. 19, OCT. 3, 10, 17, 24, 31, NOV. 7, 14, 21, DEC. 5, 12

K.K.J. WILL NOT MEET ON 9/25, 9/26, 10/13, 11/11, 11/26, 11/27

ELIGIBILITY: PARTICIPANT MUST BE AGE 3 BY NOVEMBER 30, 2014 (NO EXCEPTIONS).

A copy of the child's birth certificate must be provided at registration. Children must be fully toilet trained—no diapers, pull-ups, etc. Snacks are provided.



LEAP INTO LANGUAGE

NEW

Conducted by: Hillary Rosenberg, M.S. CCC-SLP

Leap into Language is a program for parents and toddlers designed to teach techniques that help stimulate early speech and language abilities. Classes are run by a board certified speech-language pathologist and incorporate a "focused stimulation" approach to theme-based stories and play activities, all structured to promote healthy development. Parents will be educated in many areas of early speech and language development and provided with ideas and activities that they can incorporate into their everyday routines.

FOR: AGE 18 months – 2 years with parent
DAY: FRIDAYS
DATE: SEPT. 19, OCT. 3, 17, 24, 31, NOV. 7, 14, 21
TIME: 11:00 – 11:45 am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 338805
FEE: \$200.00

LEARN, BUILD, PLAY WITH...DUPLO® BRICKS

Conducted by: Bricks 4 Kidz®

Watch their eyes light up as they dig into a pile of brightly colored DUPLO® bricks to create fun, simple sculptures based on the ABC's. Kids gain greater awareness of the world around them as they talk about topics like fish, gardens, keys and other everyday objects. Introduce your pre-schoolers to the fun of learning, building and playing the Bricks 4 Kidz way.

FOR: AGES 4 – 5
DAY: WEDNESDAYS
DATE: SEPT. 24, OCT. 1, 8, 15, 22, 29, NOV. 5, 12, 19, 26
TIME: 1:30 – 2:15pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 336002
FEE: \$180.00



CRAZY ABOUT CRAFTS

Conducted by: Sherrie Goldstein

Tap into your child's creativity and imagination and see them create timeless pieces of art. Each week a project will be planned that they can make themselves while exploring different art media. The class will consist of seasonal, trendy and original crafts.

FOR: AGES 4 – 5
DAY: THURSDAYS
DATE: SEPT. 18, OCT. 2, 9, 16, 23, 30, NOV. 6, 13 (NO CLASS SEPT. 25)
TIME: 1:00 – 2:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 378300
FEE: \$150.00

TINY DRAGONS

Conducted by: WMMAF

The Tiny Dragons program is specially designed for 3 & 4 year olds. It is an excellent way to introduce your children to martial arts. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A Karate uniform is included in the price of the program.

FOR: AGES 3 – 4
DAY: THURSDAYS
TIME: 1:30 – 2:00pm
LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
 (333 North Bedford Rd. Mt. Kisco, NY)
DATES: SEPT. 18, OCT. 2, 9, 16, 23, 30 NOV. 6, 13 (NO CLASS SEPT. 25)
ACTIVITY #: 330180
FEE: \$150.00



NATURE ADVENTURES

Conducted by:



Westmoreland Sanctuary

Come experience the unique joys of nature in the fall as our woods get ready for their winter sleep. Learn why (most) trees lose their leaves, where the birds go, and what the other animals are doing to prepare for the changing season. Use all your senses and discover something new each week.

FOR: AGES 3 – 5 (w/parent or guardian)
DAY: TUESDAYS
DATES: SEPT. 23, 30, OCT. 7, 14, 21, 28
TIME: 1:30 – 2:15 pm
LOCATION: WESTMORELAND SANCTUARY
ACTIVITY #: 336001
FEE: \$80.00

NOTE: Classes are held outdoors, so please be sure to dress for the weather. Rain gear for rainy days please. A bottle of water is also a good idea to bring along. (Children must turn three prior to the start of class.)

SUPERSTAR TUMBLERS

Conducted by: Leapsmart

A gymnastic class especially for preschoolers! Your children will learn basic gymnastic skills, progressions, circuits and vocabulary while improving their strength, flexibility, balance, coordination and confidence. Children also will practice important listening and safety skills while working on a variety of exciting preschool gymnastics equipment.

FOR: AGES 3 – 5
DAY: MONDAYS
DATES: SEPT. 22, 29, OCT. 6, 20, 27, NOV. 3, 10, 17, 24, DEC. 1
TIME: 1:00 – 1:45 pm
LOCATION: LEONARD PARK, MT KISCO POOL COMPLEX
ACTIVITY #: 318610
FEE: \$190.00

NOTE: A waiver will need to be signed for all participants prior to the first day of the program.



SPORTS SQUIRTS – PARENT & ME

Conducted by: U.S. Sports Institute

The US Sports Institute Parent & Me program introduces children aged 2-3 to a variety of sports with a helping hand from Mom or Dad. Try soccer, t-ball, lacrosse, basketball, parachute games and more in a safe, structured environment. Ideal for children just starting out in the world of sports.

FOR: AGES 2 – 3
DAY: TUESDAYS
DATES: SEPT. 23, 30, OCT. 7, 14, 21, 28
TIME: 12:00 – 12:50 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$115.00 (if registered before Sept. 3)
\$140.00 (if registered after Sept. 3)

NOTE: Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com

TOTAL SPORTS SQUIRTS

Conducted by: U.S. Sports Institute

The US Sports Institute Sport Squirts program is a great way to introduce children aged 3-5 to a variety of sports such as soccer, t-ball, lacrosse & basketball all taking place in safe, structured environment. All activities promote hand-eye coordination, movement and balance and FUN.

FOR: AGES 3 – 5
DAY: TUESDAYS
DATES: SEPT. 23, 30, OCT. 7, 14, 21, 28
TIME: 1:00 – 2:00 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$115.00 (if registered before Sept. 3)
 \$140.00 (if registered after Sept. 3)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com*

SOCCER SQUIRTS – PARENT & ME

Conducted by: U.S. Sports Institute

The US Sports Institute Parent & Me program introduces soccer to children with a parent participating by their side. Kids will have fun learning soccer through a variety of structured activities, & fun-based games, easing them into social situations with your support.

FOR: AGES 3 – 5
DAY: MONDAYS
DATES: SEPT. 22, 29, OCT. 6, 13, 20, 27
TIME: 12:00 – 12:50 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: FEE: \$115.00 (if registered before Sept. 3)
 \$140.00 (if registered after Sept. 3)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com*

SOCCER SQUIRTS

Conducted by: U.S. Sports Institute

The US Sports Institute Soccer Squirts program is a great way to introduce children aged 3-5 to soccer through a variety of fun structured activities, all designed to stimulate a child's imagination & motor skills.

FOR: AGES 3 – 5
DAY: MONDAYS
DATES: SEPT. 22, 29, OCT 6, 13, 20, 27
TIME: 1:00 – 2:00 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$115.00 (if registered before Sept. 3)
 \$140.00 (if registered after Sept. 3)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com*



SAFE ON MY OWN

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

Safe On My Own is a program for children in grades 3 thru 5 who would like to learn the safety measures of what to do when they find that they are alone on their own. Some topics to be discussed include, what to say on the phone when home alone, what to do if someone comes to your home while you are alone, stranger danger when you are outside your home, how to call 911, and what to do in an emergency.

FOR: GRADES 3 – 5
DAY/DATE: MONDAY, OCT. 27
TIME: 4:30 – 6:30pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 358691
OR
DAY/DATE: THURSDAY, DEC. 4
ACTIVITY #: 358692
FEE: \$20.00 – RESIDENTS
 \$25.00 – NON-RESIDENTS
NOTE: *Includes a Safe On My Own
 take home pamphlet.*

BABY-SITTING TRAINING COURSE

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

The Baby-sitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

FOR: AGES 11 – 15
DAY/DATE: SATURDAY, DEC. 6
TIME: 9:00am – 5:00pm
 (bring lunch/snacks/baby doll)
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 305607
FEE: \$75.00 – RESIDENTS
 \$94.00 – NON-RESIDENTS
NOTE: *Must be 11 by the first class &
 attend all classes. Bring a pen/
 notebook each week.*



COOKING CREATIONS

Instructor: Kimberly O'Brien

This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation. Each week the children will prepare and enjoy their own tasty treats.

FOR: GRADES 2 – 6
DAY: THURSDAYS
DATE: OCT. 2, 9, 16, 23, 30, NOV. 6
TIME: 4:15 – 6:00pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 368603
FEE: \$120.00



HOLIDAY COOKIE TIME

Instructor: Kimberly O'Brien

Sugar and spice and everything nice will be put into each cookie we make during these holiday cookie making classes. Each week we will make new cookies to celebrate the holidays. Kids will learn basic cooking techniques like following directions, measurement and preparation.

FOR: GRADES 2 – 6
DAY: THURSDAYS
DATE: DEC. 4, 11, 18
TIME: 4:15 – 5:45pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 468601
FEE: \$60.00

BEGINNER GUITAR

Instructor: Scarsdale Strings Instructor

If you ever dreamed of being a real guitar hero, this class is for you! Listening skills, as well as physical coordination, are developed and improved with daily performance. As the student develops basic motor skills and critical listening, work begins on learning segments of classic songs. There will be an additional fee for renting the instrument during the 8 week class.

DAY: MONDAYS (NEW DAY!)
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DATE: SEPT 22, 29, OCT. 6, 20, 27, NOV. 10, 17, 24 (NO CLASS OCT. 13 & NOV. 3)
FEE: \$210.00 paid to Town of Bedford
RENTAL FEE: \$45.00 paid to Scarsdale Strings
FOR: GRADES K – 2
TIME: 4:15 – 5:15pm
ACTIVITY #: 368105
FOR: GRADES 3 – 6
TIME: 5:15 – 6:15pm
ACTIVITY #: 368104



CONSTRUCTION CRAZE NEW

Conducted by: Bricks 4 Kidz®

Put on your hard hat and head on over to our construction site! Make your own motorized models of tools of the trade from a hand-held power drill and power saw to a tough, all-terrain bulldozer and giant dump truck. Would you be surprised to learn that one of these objects has a history stretching from the Stone Age to the Space Age? Dump trucks, jackhammers, drills, power saws...build motorized models of these and other powerful tools and create your own LEGO® construction site. Join us for lots of high-impact learning and fun!

FOR: GRADES 1 – 5
DAY: TUESDAYS
DATE: SEPT. 23, 30, OCT. 7, 14, 21, 28, NOV. 18, 25, DEC. 2, 9 (NO CLASS NOV. 4, 11)
TIME: 4:30 – 5:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 368601
FEE: \$180.00

American Girl®

DOLL DAY OF FUN! NEW

Instructor: Kimberly Motill

EVENT 1 – Join fellow American Girl Doll friends at this brand new American Girl Doll event! American Girl Fun Days will include various activities for you & your American Girl to participate in. So grab your girl and join the fun!

American Girl Doll Bingo – We will play this fun American Girl Doll themed game with candy game pieces!

Yoga – We will have a playful yoga class with our American Girls! Please wear comfortable clothes.

Masquerade Craft – We will make pretty masks for you & your girl to wear to the tea party!

Tea Party – We will have a tea party with our girls!

FOR: GRADES K – 5
DAY/DATE: SUNDAY, SEPT. 28
TIME: 2:00 – 5:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$70.00
ACTIVITY#: 338700

EVENT 2 – You and your American Girl Doll are invited to join the party for another exciting day of fun! Grab your girl and let's get the party started!

American Girl Doll Bingo – We will play this fun American Girl Doll themed game with candy game pieces!

Fashion Design – We will make no sew clothes for our American Girls!

American Girl Craft – Decorate a frame for a photo of you and your American Girl!

Dance Party – Let's blow off some steam & dance our cares away!

FOR: GRADES K – 5
DAY: SUNDAY,
DATE: OCT. 5
TIME: 2:00 – 5:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$70.00
ACTIVITY#: 338701



GIRLS FALL FIELD HOCKEY

Instructors: Ridgely Biddle, Cathy Cousin, Debbi Walsh and David Leech

This is a skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. Emphasis will be on physical conditioning, stick work, team dynamics and rules of the game. There will be several scrimmages planned against local recreation teams. **Players must provide their own stick, shin guards, mouth guard and eye guard.**

MOUTHGUARDS: Must be provided by the players

NOTE: High School players (paid positions or community service credits) will be assisting with the program. Parent volunteers will be needed. If interested please contact Coach Biddle.

FOR:	GIRLS ENTERING GRADES 2 – 8 in the fall of 2014 who live in the Bedford Central School District or Katonah / Lewisboro School District.	
DAY/TIME:	GRADES 2 & 3	– SATURDAYS, 9:00am – 10:00am
	GRADES 4	– SATURDAYS, 9:00am – 10:30am and FRIDAYS, 5:00pm – 6:30pm (light dependent)
	GRADES 5 – 8	– SATURDAYS, 10:15am – 11:45am and FRIDAYS, 5:00pm – 6:30pm (light dependent)
DATES:	SATURDAYS:	SEPT. 6, 13, 20, 27, OCT. 11, 18, 25, NOV. 1, 8
	FRIDAYS:	SEPT. 12, 19, 26, OCT. 10, 17, 24
	MAKE UP:	NOV. 15
	NOTE:	No Field Hockey on OCT. 3 & 4. Dates with other programs will also be scheduled during the season.
LOCATION:	KATONAH MEMORIAL PARK FIELD – LOCATED BEHIND THE POOL	
FEES:	GRADES: 2 & 3	\$ 80.00 (includes a mesh jersey)
ACTIVITY #:	326162	
FEES:	GRADES: 4	\$140.00 (includes a mesh jersey)
ACTIVITY #:	326160	
FEES:	GRADES: 5 – 8	\$140.00 (includes a mesh jersey)
ACTIVITY #:	326161	

COACHES:

Ridgely Biddle: Is a Katonah resident, MAT in PE, JV Field Hockey Coach for Convent of the Sacred Heart, former player at Boston University and rated field hockey and lacrosse official.

Cathy Cousin: Varsity Field Hockey coach at Ossining High School 1986-1994, Played for SUNY Cortland 1982-86 and is in her sixth season with the program.

Debbi Walsh: Is a former field hockey player at Fairfield University, is a JJMS modified Field Hockey Coach and has been a coach in the field hockey program for four years.

David Leech: 30+ years of field hockey experience in England and the US and has been with the program for six years.

QUESTIONS: Please contact the Recreation Office at 666 – 7004 or email Coach Biddle at Ridgelybiddle@bedfordfieldhockey.org

The field hockey website is www.bedfordfieldhockey.org



FLAG FOOTBALL Grades 3 & 4

(afterschool program)

Coordinator: Jim Whiting

This fun filled action-oriented program is designed to be an introduction to football for young athletes. Each session will consist of rules instruction, skill development and scrimmage games.

This is a non-contact program.

GRADE: GRADES 3 & 4 (combined)
DAY: WEDNESDAYS
DATES: OCT. 1, 8, 15, 22, 29, NOV. 5
 (RAIN DATE: NOV. 12)
TIME: 4:30 – 5:45pm
LOCATION: BEDFORD HILLS
 MEMORIAL PARK
ACTIVITY #: 325600
FEE: \$80.00 PER PERSON
 (includes a game jersey)
NOTE: ***Please dress in layers and bring a water bottle.***

WMMAF – MARTIAL ARTS

Conducted by: WMMAF

Westchester Mixed Martial Arts and Fitness offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow.

DAY: THURSDAYS
DATES: SEPT. 18, OCT. 2, 9, 16, 23, 30,
 NOV. 6, 13 (NO CLASS SEPT. 25)
LOCATION: WESTCHESTER MIXED MARTIAL
 ARTS & FITNESS
 (333 North Bedford Rd., Mt. Kisco)
FEE: \$180.00 (Gear package is included
 in the price of the class uniform,
 gloves & shins)
FOR: AGES 5 – 7 "LITTLE CHAMPS"
TIME: 4:15 – 5:00pm
ACTIVITY # 310162
FOR: AGES 8 – 12 "YOUTH"
TIME: 5:15 – 6:00pm
ACTIVITY # 310160

FLAG FOOTBALL Grades 5 & 6 (evening program)

Coordinator: Jim Whiting

This evening program will be played under the lights and is designed to provide "league-style" competition for participants. Instruction and skills will be emphasized, games will be played weekly. ***This is a non-contact program.***

GRADE: GRADES 5 & 6 (combined)
DAY: WEDNESDAYS
DATES: OCT. 1, 8, 15, 22, 29, NOV. 5
 (RAIN DATE: NOV. 12)
TIME: 6:45 – 8:00pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
ACTIVITY #: 325606
FEE: \$80.00 PER PERSON
 (includes a game jersey)
NOTE: ***Please dress in layers and bring a water bottle.***





Come see the N.Y. KNICKS D-LEAGUE

at WESTCHESTER COUNTY CENTER

Come watch the N.Y. Knicks D-League Team compete at the County Center in White Plains. In cooperation with Pound Ridge & Mount Kisco, we are organizing a field trip for our basketball program participants to watch a game played by the *NY Knicks D-League* farm team. The Westchester Knicks, comprised of "top prospects", play their games on Friday and Saturday evenings. We will be scheduling a trip for a game in December. Trip details will be available by calling the Recreation Office after October 1st.



FALL BASKETBALL CLINIC

This is an ideal introduction to basketball for children who want to learn key skills in a low pressure, fun environment. Professional coaches will teach the basic techniques of dribbling, passing, shooting & defense through a series of inclusive group activities ending each session with realistic scrimmages allowing players to test out newly learned skills.

FOR: AGES 6 – 8

TIME: 4:30 – 5:30pm

FOR: AGES 9 & 10

TIME: 5:30 – 6:30pm

DAYS: TUESDAYS & THURSDAYS

DATES: SEPT. 23 – OCT. 21

(NO CLASS SEPT. 25,

RAINDATE: OCT. 23)

LOCATION: BEDFORD HILLS MEMORIAL PARK

FEE: \$150.00 (if registered before Sept. 8)

\$180.00 (if registered after Sept. 8)

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com*

BASKETBALL BASICS



Coordinator: Jim Whiting

This program is an introduction to basketball. Fun drills and exciting activities are combined to teach children fundamentals. The basic skills of dribbling, rebounding and shooting will be stressed each week as players move closer to experiencing game situations through scrimmages.

NOTE: *The 4th grade program will place more emphasis on scrimmaging and understanding game situations.*

FOR: BOYS & GIRLS GRADES 2, 3 & 4

DAY: SATURDAYS

DATES: DEC. 6, 13, 20, JAN. 10, 17, 24, 31, FEB. 7

LOCATION: KATONAH
ELEMENTARY SCHOOL

ACTIVITY #: 320601 GRADE 2 – 9:00 am

ACTIVITY #: 320602 GRADE 3 – 10:00 am

ACTIVITY #: 320603 GRADE 4 – 11:00 am

FEE: \$85.00

(Includes a Basketball & T-shirt)

YOUTH LEAGUE BASKETBALL

Coordinator: Jim Whiting

This program is designed to introduce youngsters to the game of basketball in an organized league setting. Learning fundamental skills and game strategies while having fun is the league's main focus.

FOR: BOYS GRADES 5, 6, 7 & 8

LOCATION: KATONAH ELEMENTARY SCHOOL

EVALUATIONS (Must attend one)

GRADE 5: SAT., Nov. 22, 10:00 – 11:00 am

MON., Nov. 24, 6:30 – 7:30 pm

GRADE 6: SAT., Nov. 22, 11:00 – 12:00 pm

MON., Nov. 24, 7:30 – 8:30 pm

GRADES 7/8: SAT., Nov. 22, 12:00 – 1:00 pm **ONLY**

PRACTICES: Once per week (MON., WED.
OR FRI.) Beginning DEC. 1

GAMES: Once per week (SATURDAYS)
Beginning in JAN.

ACTIVITY #: 320604 – GRADE 5

ACTIVITY #: 320610 – GRADE 6

ACTIVITY #: 320605 – GRADE 7 & 8

FEE: \$105.00 per person

FALL VOLLEYBALL NEW

Instructor: Allison Eckhart

Bump, Set, Spike!! This instructional and exciting program is open to girls in grades 3 – 9. We will focus on the basic skills of volleyball including service, passing, footwork, teamwork, and much more. Whether you are new to the sport or an experienced player this class is for you.

FOR: GIRLS GRADES 3 – 9

DAY: WEDNESDAYS

DATES: OCT. 8, 15, 22, 29, NOV. 5, 12,
19, DEC. 3, 10, 17 (NO CLASS NOV. 26)

LOCATION: LEONARD PARK,
MT KISCO POOL COMPLEX

FEE: \$75.00

FOR: GRADES 3 – 5

TIME: 4:30 – 5:30 pm

ACTIVITY #: 329001

FOR: GRADES 6 - 9

TIME: 5:30 – 6:30 pm

ACTIVITY # 329002





A League of Their Own

**STEP RIGHT UP AND TAKE A SWING
AT GIRLS SOFTBALL THIS FALL!**

Katonah Bedford Girls Softball is happy to announce another season of Fall softball for girls grades K-9. This is an awesome opportunity for the girls to learn in a relaxed environment that focuses on growth and development.

**YOU CAN GET IN THE GAME BY SIGNING UP AT
WWW.KBGS.COM.LEAG1.COM**
and following the prompts for registration.

League Details

- \$125.00 per child (\$25 discounts per child will be given for families enrolling 2 or more children)
- League will provide Fall Ball shirts
- Scrimmage Games will be each weekend at Razor Field in Katonah
- Every team will be given a field to host one practice a week in the afternoon/evenings (pending availability)
- Emphasis will be on teaching not only during the practice sessions but during the games as well
- These are strictly scrimmages so score will not be counted
- Coaches will pitch at the K-2 level
- Players will pitch the entire game in two inning intervals beginning at the 3-4 level (coach assist as needed)
- Umpires will be present for all games
- Season starts after Labor Day in Sept. and runs through the end of Oct.
- Clinics will be available to all teams (details to be determined)

KBGS is an independent girl's only softball league that runs programs all year long. KBGS Serves, Bedford, Katonah, Lewisboro, Pound Ridge and Mount Kisco.

GLOW IN THE DARK YOGA PARTY NEW

Instructor: Kimberly Motill

Come join the fun for this amazing glowing experience! We will do playful yoga, create colorful art, and move our bodies to great music, all while glowing in the dark! Be sure to wear white, and/or neon colors for a fun glow in the dark experience! Glowing accessories will be provided.

FOR: AGES 7 – 11

DAY/DATE: FRIDAY, DEC. 5

TIME: 6:00 – 8:00 pm

LOCATION: BEDFORD HILLS
COMMUNITY HOUSE

ACTIVITY #: 318604

FEE: \$50.00

BEDFORD HILLS KATONAH

LITTLE LEAGUE

PLAY BASEBALL



**WE WANT
YOU
ON OUR TEAM**

JOIN US AT
BHKLL.ORG



BASEBALL ASSOCIATION

Please visit our
website in November
for 2015 registration details.

www.eteamz.com/bprba

BEDFORD YOUTH SOCCER CLUB



Bedford Youth Soccer Club offers instructional In-House and competitive Travel programs for children ages 4-13+. BYSC Programs are offered throughout the year - Winter, Spring, Summer and Fall.

For more information please
visit our website at
www.bedfordyouthsoccerclub.org



F.C. BEDFORD SOCCER CLUB

IN-HOUSE SOCCER PROGRAM
FOR BOYS & GIRLS AGES 4-11

-  **SOCCER BASED TRAINING CLINICS**
-  **LOCAL IN-HOUSE PROGRAM –
NO TRAVEL GAMES INVOLVED**
-  **HELD AT BEDFORD HILLS MEMORIAL PARK**
-  **TUESDAY EVENINGS – 6:30-7:30PM**
-  **FALL 2014 –** September 9, 16, 23, 30,
October 7, 14, 21, 28
-  **SPRING 2015 –** April 14, 21, 28, May 5,
12, 19, 26, June 2

FOR MORE INFORMATION CALL: 914-666-2271

YOGA (Thursdays)

Instructor: Kim Jones,
Registered Yoga Instructor

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and is a registered yoga teacher with the Yoga Alliance designation of RYT 200.

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: SEPT. 18, OCT. 2, 9, 16, 23*, 30, NOV. 6, 13, 20, DEC. 4, 11
TIME: 7:00 – 8:15pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 319702
FEE: \$96.00 – Residents
\$48.00 – Resident Seniors (65+)
\$120.00 – Non-Residents
NOTE: *October 23 class will be at Bedford Hills Community House lower level

YOGA

Instructor: Susan Lara Safranek, Certified Yoga Instructor and student of Hatha Yoga

Yoga is an ancient practice that strengthens and tones the body, balances and calms the mind, and refreshes and renews the spirit. In this class we will explore a bit of the history and philosophy of Yoga, while learning Yoga postures, breathing techniques, and meditation, all in a safe, supportive and non-competitive atmosphere. All levels of experience (and flexibility) are welcome.

NOTE:

- There is no senior discount
- Wear comfortable clothes
- Come on an empty stomach
- Please bring a mat



SPECIAL PROGRAM!

WESTCHESTER MMA-FIT SELF DEFENSE SEMINAR

Instructor: WMMAF

This 90 minute self defense seminar will give participants a basic introduction to the elements of self protection including; stand-up defense, ground defense, situational awareness and making safe decisions. The class focuses both on simple, effective techniques and street smarts to help prevent self defense situations. No prior experience is necessary, as anyone from beginner to expert can benefit from this training. Participants should wear comfortable work-out clothes.

FOR: AGES 13 – ADULT
DAY/DATE: SATURDAY, SEPTEMBER 20
TIME: 1:30 – 3:00pm
LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
(333 North Bedford Road, Mt. Kisco)
ACTIVITY #: 310161
FEE: \$25.00
NOTE: Participants under the age of 18 requires parents to sign waiver at WMMAF

FOR: ADULTS 18+
DAY: FRIDAYS
DATE: SEPT. 19, OCT. 3, 10, 17, 24, 31, NOV. 7, 21, DEC. 5, 12 (NO CLASS SEPT. 25, NOV. 14 & 28)
TIME: 10:00 – 11:00am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 318700
FEE: \$88.00 – Residents
\$110.00 – Non-Residents

INSANITY

Instructor: Robin McCaine, Insanity Certified/ Fitness Coach
 INSANITY is the new fitness rage! Too many summer bar-b-ques and lazy days by the pool? Want to get in shape, look and feel great? Join Robin as he works with you to help you achieve your exercise goals! INSANITY is a cardio intense workout that uses MAX Interval Training - a method of short strenuous/high intensity workouts followed by intervals of short rests. Robin will help design an exercise routine to meet all fitness levels! Robin McCaine is a Katonah resident who is INSANITY certified. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Fitness Coach who helps and inspires others to successfully complete workout programs like INSANITY!

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: SEPT. 23, 30, OCT. 7, 14, 21, 28, NOV. 4, 18, 25, DEC. 2, 9
 (NO CLASS NOV. 11)
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD VILLAGE ELEMENTARY SCHOOL
 (45 Court Road, Bedford, NY)
ACTIVITY #: 310700
FEE: \$ 96.00 – Residents
\$ 48.00 – Resident Seniors (65+)
 \$120.00 – Non-Residents



ZUMBA

FITNESS

Instructor: Debbie Mellone, Certified Zumba Instructor

The hottest fitness craze is here!! Dance off those calories, burn that fat, tone and sculpt that body. Zumba is a fusion of Latin and International music inspired by Latin dance combined with intervals of rhythmic slow and fast dance steps and aerobic exercise creating a dynamic, exciting and effective fitness workout for all fitness levels. Move at your own pace. Guaranteed to energize... *It's easy to learn so come join the fun!*

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: SEPT. 18, OCT. 2, 9, 16, 23, 30, NOV. 6, 20, DEC. 4, 11 (NO CLASS SEPT. 25 & NOV. 13)
TIME: 9:30 – 10:30 am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 317002
FEE (8 CLASSES): \$ 88.00 – Residents
\$ 44.00 – Resident Seniors (65+)
 \$110.00 – Non-Residents



TOTAL BODY WORKOUT

Instructor: Anne-Marie Pasquale

Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 20 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

NOTE: *Maximum 30 participants*

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: SEPT. 23, 30, OCT. 7, 14, 21, 28, NOV. 4, 18, 25, DEC. 2, 9
 (NO CLASS NOV. 11)
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 319701
FEE (8 CLASSES): \$ 96.00 – Residents
\$ 48.00 – Resident Seniors (65+)
 \$120.00 – Non-Residents

AEROBICS WORKOUT

Instructor: Paula DiJulio

Join Paula whose 47 years of experience will ensure that you enjoy this easy to follow aerobic workout. The class is great for the heart and sculpting your body into shape using a repetitive combination of fitness moves set to motivational music that provides a fun workout. The emphasis is placed on total body fitness with a combination of warm-up and stretch, cardiovascular exercises and muscular strengthening for the lower and upper body.

FOR: ADULTS 18+
DAY: MONDAY & WEDNESDAY
DATE: SEPT. 17, 22, 29, OCT. 1, 6, 8, 15, 20, 22, 27, 29, NOV. 3, 5, 10, 12, 17, 19, 24, DEC. 1, 3, 8, 10
 (NO CLASS SEPT. 24, OCT. 13, NOV. 26)

TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 310713 (BOTH MON. & WED.)
ACTIVITY #: 310714 (MONDAYS ONLY)
ACTIVITY #: 310715 (WEDNESDAY ONLY)

FEE CLASSES/ 2 DAYS WEEK:
 \$192.00 – Residents
\$ 96.00 – Resident Seniors (65+)
 \$240.00 – Non-Residents

FEE CLASSES/ 1 DAY WEEK:
 \$ 96.00 – Residents
\$ 48.00 – Resident Seniors (65+)
 \$120.00 – Non-Residents

NOTE: • *Hand weights are optional*

LUNCHTIME WORKOUT

Instructor: Karla Diamond

Designed to keep you moving and fit. This class includes a fun dance aerobic workout followed by strength and balance exercises. Top it off with gentle stretches that can be done on a chair or on the floor and a 5 minute relaxation. You'll feel ready to charge into the rest of your day! This class is open to all ages and abilities. All of the exercises can be modified so that you can go at your own pace.

NOTE: • *There is no senior discount*
 • *Bring a mat and hand weights*



PILATES

Instructor: Rachel Greenfield,
from APOGEE Fitness & Wellness of BEDFORD HILLS

Bedford Recreation and APOGEE Fitness & Wellness of Bedford Hills are happy to be partnering again this fall to bring you Pilates! This 11 week Pilates Series will highlight Power Pilates in the form of an Open Mat class. You will be empowered to discover your inner strength, transform your mind and body, increase your stamina, improve your health and achieve a new and exciting physical well being. Space is limited so reserve your spot today. Voted Best of Westchester - Pilates 2012! We encourage you to come give it a try!

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: SEPT. 18, OCT. 2, 9, 16, 23, 30, NOV. 6, 13, 20, DEC. 4, 11
 (NO CLASS SEPT. 25 & NOV. 27)

TIME: 7:00 – 8:00 pm
LOCATION: APOGEE
 (170 Harris Road, Bedford Hills)

ACTIVITY #: 310716
FEE (11 CLASSES): \$110.00 – Residents
 \$137.00 – Non-Residents

NOTE:

- *Maximum 25 participants – For women only*
- *There is no senior discount*
- *All supplies/other equipment will be provided*
- *Please wear clothes that allow for movement. (i.e.; Stretch pants) Close fit clothing. No shoes or socks are required.*

FOR: ADULTS 18+
DAY: MONDAYS & THURSDAYS
TIME: 12:00 – 1:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: FALL I OR FALL II – \$ 98.00
 FALL I AND FALL II – \$196.00

ACTIVITY #: 318703
FALL I: SEPT. 8, 11, 15, 18, 22, 25, 29
 (14 SESSION) OCT. 2, 6, 9, 16, 20, 23, 27
ACTIVITY #: 318704
FALL II: OCT. 30, NOV. 3, 6, 10, 13, 17, 20,
 (14 SESSION) 24, DEC. 1, 4, 8, 11, 15, 18



MAH JONGG

NEW

Instructor: Regina Klenosky

Become an expert player in Mah Jongg the Chinese game of skill & luck! Learn how to assemble tiles into specific patterns. Formulate your hand by picking and discarding tiles. Beginners and amateurs improve their Mah Jongg skills: learning the basic rules, including passing tiles, indispensable strategies, and invaluable betting tactics. Master a social, competitive game that requires practice, strategy--and a little bit of luck! Brush up on your Mah Jongg skills while making new friends! Have Fun! Learn the Basics! Keep your Brain Nimble!

Regina Klenosky has been a Mah Jongg player and teacher for decades and has instructed both individuals and groups in the ancient Chinese game of skill and luck.

FOR: AGES 18+
DAY: MONDAYS
DATES: SEPT. 22, 29, OCT. 6, 20, 27,
 NOV. 3, 10, 17
 (NO CLASS OCT. 13)
TIME: 2:00am – 3:00pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 318705
FEE: \$65.00
NOTE: *There is no senior discount
 for this program*

DEFENSIVE DRIVING



Instructor: Bedford Police

Learn to drive defensively! After completing this course, motorists may be eligible for a reduction on their insurance premiums and up to a 4-point reduction on their driving record. Participants must be on time and complete the full 6 hours of instruction to satisfactorily complete the class.

FOR: AGES 16+
DAY/DATE: SATURDAY, DEC. 6
TIME: 9:00am – 3:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 366000
FEE: \$30.00

Residents must provide two (2) checks with their registration. One to the "National Safety Council" for \$11.00 and the second to the "Town of Bedford" for \$19.00.

NOTE: *½ hour lunch break – bag lunch recommended*



LADIES

Supervisors: Daryl Sudlow, Kimberly O'Brien, and Angela Brown

0-67 Bingo! Come on out and mingle with friends, have fun, enjoy refreshments and light snacks. Who knows, you may even win one of many great prizes. Everyone will be given two cards each and it should make for an exciting and enjoyable evening! Don't miss out on this ladies only evening. Preregistration is required.

FOR: LADIES 21+
DAY/DATE: FRIDAY, OCT. 17
TIME: 7:00 – 9:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 398700
FEE: \$20.00
 \$25.00 AT THE DOOR

FALL INTO FABULOUS **NEW**

**Instructor: Bonnie LaRaus CHHC, AADP
Emily Calascione, CHHC, AADP**

Bonnie LaRaus & Emily Calascione are both Certified Holistic Health & Wellness Counselors, members of the American Academy of Drugless Practitioners, and long time members of the Bedford Community. In just 4 jammed packed sessions, you will learn to empower yourself to live the happiest & healthiest lives possible. We will focus on food as fuel and learn how to decipher confusing packaging labels. We will focus on mindful eating and the importance of the quality of food...not quantity! We will be using a multitude of handouts and will guide you in food journaling, which you will gain great insight from. We will also discuss the benefits and ease of choosing whole foods. We don't believe in deprecation...instead our focus will be to crowd out the bad stuff with good stuff and you will begin to forget all about the junk! We will talk about GMO'S & organic food choices. We will also have a simple cooking component at the end of each session with printed out recipes for you. In addition to the "food" piece, we will include strategies to re-direct your mind towards a more positive outlook and you will learn simple and effective movements that will re-energize your body.

FOR: ADULTS 18+
DAY: MONDAYS
DATES: SEPT. 29, OCT. 6, 20, 27
TIME: 7:00 – 8:00pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 368700
FEE: \$125.00
MATERIAL: \$ 50.00

**SKINNY BUDDHA
ORGANIC KITCHEN COOKING CLASS**
"Healthy Meals that Satisfy"

Instructor: Skinny Buddha

Do you want to nourish your family and friends in the most healthful ways possible? There are endless possibilities in the kitchen for meals that are good and good for you! Join us at the Skinny Buddha Organic Kitchen to learn how to prepare a range of truly delicious and healthy meals. In this 4 class series we will cover soups, salads, entrees and desserts. Skinny Buddha is an organic kitchen in Mt. Kisco. We use only the freshest organic ingredients and try to source locally whenever possible. Bring your aprons and your appetites because the classes are hands on and we will eat everything we prepare! At the end of the classes you will have learned how to make a variety of healthy, delicious foods and you will take home all the recipes that we make.

FOR: ADULTS 18+
DAY: WEDNESDAYS
DATES: OCT. 1, 8, 15, 22
TIME: 7:00 – 9:00pm
LOCATION: SKINNY BUDDHA
 ORGANIC KITCHEN
 159 Lexington Ave., Mt. Kisco, NY
ACTIVITY #: 360700
FEE: \$200.00 – 4 classes –
 payable to **"Town of Bedford"**
 \$50.00 materials fee –
 4 classes payable at first
 class to **"Skinny Buddha"**



FALL 2014 tennis lessons



Lessons are offered in cooperation with the Saw Mill Club
All Instructors are USPTA certified

The Town of Bedford Recreation and Parks Department is pleased to be partnering with the Saw Mill Club to offer a wide variety of public tennis lesson opportunities to the residents of Bedford this fall. Tennis Director Bob Bull and staff member Charles Lacy Thompson will be coordinating the program offerings with assistance from the Town of Bedford R&P staff. See you on the courts!

QUICK START TENNIS PROGRAM

- *Quick Start tennis is an exciting new play format for learning tennis.*
- *Special balls and racquets, all tailored to age and size.*
- *Shorter courts and special fun games to learn to rally and play.*

JUNIOR TENNIS PROGRAM

- *The goal of junior tennis is to provide a solid foundation of tennis fundamentals in a challenging and fun environment.*
- *Forehands, backhands, serves, volley, how to keep score and tennis etiquette will be covered.*

KATONAH MEMORIAL PARK

DAY: WEDNESDAYS
DATES: SEPT. 24, OCT. 1, 8, 15, 22
MAKE UP DAY: OCT. 29
FEE: \$110.00

YOUTH TENNIS

AGES 5,6,7

TIME: 4:00 – 5:00pm
ACTIVITY#: 326600

YOUTH TENNIS

AGES 8,9,10

TIME: 5:00 – 6:00pm
ACTIVITY#: 326601

ADULT TENNIS (BEGINNER)

TIME: 10:30 – 11:30am
ACTIVITY#: 326700

ADULT TENNIS (INTERMEDIATE)

TIME: 9:30 – 10:30am
ACTIVITY#: 326705

BEDFORD HILLS MEMORIAL PARK

DAY: TUESDAYS
DATES: SEPT. 23, 30, OCT. 7, 14, 21
MAKE UP DAY: OCT. 28
FEE: \$110.00

QUICK START TENNIS

AGES 5,6,7

TIME: 4:00 – 5:00pm
ACTIVITY#: 395602

YOUTH TENNIS

AGES 8,9,10

TIME: 5:00 – 6:00pm
ACTIVITY#: 395603

JUNIOR TENNIS (AGES 11-14)

DAY: THURSDAYS
DATES: OCT. 2, 9, 16, 23, 30
MAKE UP DAY: NOV. 6
FEE: \$110.00

BEGINNERS

TIME: 4:00 – 5:00pm
ACTIVITY#: 395605

INTERMEDIATE

TIME: 5:00 – 6:00pm
ACTIVITY#: 395606

TENNIS FACILITIES

BEDFORD HILLS MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located behind the Bedford Hills Little League Field. An access path is located to the rear of the parking area between the baseball/softball fields.

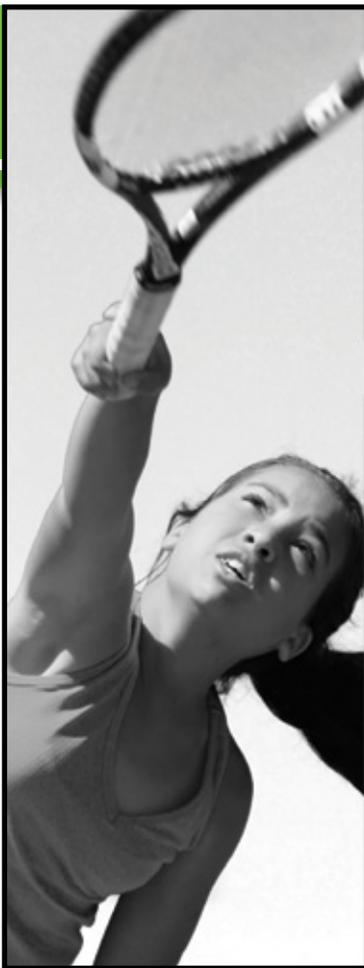
KATONAH MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located at the end of North Street next to the main parking area.

BEDFORD VILLAGE MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located on the right side of the main parking lot on Greenwich Road.

ATTENTION – *Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.*



**EDGE Tennis
AND
EDGE PREP**

Part of
Saw Mill Club Tennis

Westchester's
most sought after
tennis plan
for today's
junior players
ages 10 & up.



Registration information at
914.241.0797
77 Kensico Drive, Mt. Kisco NY 10549
www.sawmillclub.com

10 AND UNDER TENNIS



Play Now. Play Forever.


SAW MILL CLUB
77 Kensico Drive • Mt. Kisco, NY 10549
914-241-0797
www.sawmillclub.com

BEDFORD VILLAGE MEMORIAL PARK

DAY: SATURDAYS
DATES: SEPT. 20, 27, OCT. 11, 18, 25
MAKE UP DAY: NOV. 1
FEE: \$110.00

YOUTH TENNIS

AGES 5,6,7

TIME: 11:30 am – 12:30 pm
ACTIVITY#: 394600

YOUTH TENNIS

AGES 8,9,10

TIME: 12:30 – 1:30 pm
ACTIVITY#: 394601

ADULT TENNIS (INTERMEDIATE)

TIME: 9:30 – 10:30 am
ACTIVITY#: 394720

ADULT TENNIS (BEGINNER)

TIME: 10:30 – 11:30 am
ACTIVITY#: 394710

JUNIOR TENNIS (AGES 11-14)

DAY: MONDAYS
DATES: SEPT. 22, 29, OCT. 6, 20, 27
MAKE UP DAY: NOV. 3
FEE: \$110.00

BEGINNERS

TIME: 4:00 – 5:00 pm
ACTIVITY#: 394610

INTERMEDIATE

TIME: 5:00 – 6:00 pm
ACTIVITY#: 394612



COME CHECK OUT THE COURTS!

The lights to the platform tennis courts at Katonah and Bedford Village will be energized for the season on **Monday September 15th** between the hours of 6:00pm and 10:00pm. No group reservations will be made through the office from September 15th through the end of October. Groups wishing to reserve time can do so by signing up for court time at each site using the sign up sheet posted. All other court use is first come first served basis in September October. There will be no fees charged in September or October.

GROUP USE COURT RESERVATIONS

The Recreation and Parks Department has seen a renewed interest in the great sport of platform tennis in recent years. With this, comes a greater demand for court time. In an effort to provide a more equitable system for reserving court time, the Recreation Office changed the reservation system for the 2012 – 2013 season and revised it for the 2013 – 2014 season.

Group Use reservation application forms will be available online starting October 1st by visiting www.Bedfordny.gov under applications & forms for Recreation and Parks. The reservation system will be similar to the one utilized last season and will start as of November 1st.

KATONAH COURTS

In the summer of 2012, two new all aluminum courts with new lighting were built at the park. The new courts have been re aligned to minimize sun glare in the winter months and a small parking area was created. The new courts have been a wonderful addition to the park and are heavily used throughout the fall, winter and early spring.

BEDFORD VILLAGE COURTS

The platform tennis courts were rebuilt in 2003. In 2012 new energy efficient light fixtures identical to the lights that were installed at the new Katonah courts were installed at the courts. The new lights provide brighter lighting on the court surface. The 2 court surfaces will be re surfaced in late summer or early fall 2014. Should the work get delayed the resurfacing will be done next summer (2015).



Do you love Platform tennis? Do you want to know more about the game? Would you like to meet others who share your interest? PLEASE join us at the recently renovated Katonah Platform Courts for an evening of fun, socializing and racquet play. Demonstrations & games will be organized by our pro instructor. and, perhaps, you'll meet a new playing partner!

FOR: ADULTS 18+
DAY/DATE: SATURDAY, NOV. 8
TIME: 7:00 – 8:30pm
LOCATION: KATONAH PLATFORM COURTS

Call the Recreation Office to make reservations @ 914-666-7004

PLATFORM TENNIS LESSONS

Instructor: Richard Finn, USPTA Certified Instructor

Platform Tennis (aka Paddle Tennis) is an American racquet sport invented in Scarsdale, NY in 1929 and enjoyed by thousands of people of all ages. It is the only racquet sport that players can enjoy outdoors in cold weather. It is played on an elevated aluminum deck surrounded by 12' high fencing which allows play off the walls, as in racquetball and squash. This unique appeal attracts people who desire fresh air, competition and social engagement, all on a chilly fall/winter's night.

About the Programs:

BEG/ADV BEG: covers the fundamental shots, basic screen play and rules of the game.

DRILL & PLAY: provides the more experienced players a chance to drill and play while learning shot selection, the art of screen play and doubles strategy.

NOTE: Players must supply their own paddle and must wear non-marking rubber soled shoes.



FOR: ADULTS 18+

FEE: \$155.00 (7 classes for Beginners, Advanced Beginners & Intermediate)
\$215.00 (7 Drill & Play classes)

SESSION I

KATONAH

DAY: WEDNESDAY
DATE: NOV. 12, 19, DEC. 3, 10, 17, JAN. 7, 14
LOCATION: KATONAH COURTS
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 326270
TIME: 11:00 am – 12 pm (Adv. Beginner)
ACTIVITY #: 326001

BEDFORD VILLAGE

DAY: WEDNESDAY
DATE: NOV. 12, 19, DEC. 3, 10, 17, JAN. 7, 14
LOCATION: BEDFORD VILLAGE COURTS
TIME: 7:00 – 8:00 pm (Beginner)
ACTIVITY #: 324170
TIME: 8:00 – 9:30 pm (Drill & Play)
ACTIVITY #: 374271

OR

DAY: FRIDAY
DATE: NOV. 14, 21, DEC. 5, 12, 19, JAN. 9, 16
LOCATION: BEDFORD VILLAGE COURTS
TIME: 9:30 – 10:30 am (Beginner/Adv. Beginner)
ACTIVITY #: 324300
TIME: 10:30 – 11:30 am (Intermediate)
ACTIVITY #: 324301

SESSION II

KATONAH

DAY: WEDNESDAY
DATE: JAN. 28, FEB. 4, 11, 25, MAR. 4, 11, 18
LOCATION: KATONAH COURTS
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 326272
TIME: 11:00 am – 12 pm (Adv. Beginner)
ACTIVITY #: 326271

BEDFORD VILLAGE

DAY: WEDNESDAY
DATE: JAN. 28, FEB. 4, 11, 25, MAR. 4, 11, 18
LOCATION: BEDFORD VILLAGE COURTS
TIME: 7:00 – 8:00 pm (Beginner)
ACTIVITY #: 324170
TIME: 8:00 – 9:30 pm (Drill & Play)
ACTIVITY #: 324173

OR

DAY: FRIDAY
DATE: JAN. 30, FEB. 6, 13, 27, MAR. 6, 13, 20
LOCATION: BEDFORD VILLAGE COURTS
TIME: 9:30 – 10:30 am (Beginner/Adv. Beginner)
ACTIVITY #: 324172
TIME: 10:30 – 11:30 am (Intermediate)
ACTIVITY #: 324174



SENIOR ADULT PASSENGER BUS!

Town Supervisor Chris Burdick and members of the Town Board are pleased to report that the long awaited replacement vehicle for the Town senior transportation program should be delivered and in service before September. The new vehicle can hold 14 passengers and is designed to be more user friendly for our valuable community senior adults. For additional information regarding our senior transportation program and activities please contact Recreation Supervisor Jim Whiting at 666-7203.

SENIOR ADULT NEWSLETTERS

We mail our newsletter/calendar every other month. The newsletter will keep you informed with current information on programs, trips and special events. To receive the newsletter, contact the recreation office at 666-7203. We will add your name to the mailing list.

SENIOR MEETINGS

For all residents ages 60 and older. Meetings include a variety of social events, informational presentations, crafts, games, exercise, special events and more. Coffee, tea and light refreshments are available at all meetings. We meet every **Monday, Wednesday and Friday from 10:00 am – 2:00 pm at the Bedford Hills Community House.** Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance.

SEASON HIGHLIGHTS

Our seniors have been enjoying a variety of fun-filled activities, including: An amazing bus tour of the sites of Brooklyn, bird watching & feeding, planting our herb and vegetable gardens, flower cultivation and arrangements. We have enjoyed crafts, local outings, museums and some very interesting in-house speakers. Watching a movie with our big screen TV helps keep us in on those cold-rainy days. Besides our mall trips, we stop at the Christmas Tree Shop, the Dollar Store and more.

information

Bedford Senior Adult Directors:
Angela Brown and Caren Roth
Bedford Senior Bus Driver: Frank Costa

BEDFORD SENIOR ADULTS
TELEPHONE LINE: 666-7203

SHOPPING

The Recreation bus runs local shopping trips on Tuesday mornings (Shop Rite, CVS and more). Reservations must be made at least one day in advance by calling 666-7203. Shopping trips are on a first come first served basis.

SENIOR ADULTS PROPERTY TAX EXEMPTION

For eligibility on property tax exemption for senior adults (60 years of age and older), contact the Town Assessor at 666-5149.

SENIOR ADULTS IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00am – 4:00pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit www.westchestergov.com.

HOME-DELIVERED-MEALS PROGRAM

Housebound residents unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal. Call Jim Whiting at 666-7203 for more information.

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Avenue. Hot lunches are available daily, Monday through Friday with a \$2.50 contribution. Reservations must be made a day in advance by calling 666-8931.

HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office at 666-6530.

"Wii" VIDEO GAME SYSTEM FOR SENIORS

This video game system is being enjoyed by senior citizens all over the country. It is easy to play and amazing fun. We plan to schedule regular days for video play. If you would like to see a demonstration and try your hand at bowling, golf or tennis, please join us at the Bedford Hills Community House. Check your senior calendar for scheduled bowling days.

AARP DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Bring a copy of your driver's license to class. Participants must be age 50 or older.

Please make checks payable to AARP.

FOR: AGES 50+
DATE/ DAY: TUESDAY, OCT. 21
TIME: 9:00 am – 3:30 pm
(Please bring a bag lunch for a 1/2 hour lunch break)
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$20.00 AARP Member's
\$25.00 Non-Members

NOTE: You must pre-register at the Town of Bedford Recreation Office or call 666-7004.

REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Road, Bedford Hills, to purchase discount coupons for trash disposal, Monday – Friday, 8:30 am - 4:30 pm. The program allows for disposal of plastic bagged, non-recyclable refuse at Town of Bedford Recycling Center, Adams Street, Bedford Hills, phone 241-2671, Tues., Thurs. and Sat. 8:00 am – 3:00 pm.

FLU VACCINE

For seniors in the Town of Bedford.

DATE/ DAY: THURSDAY, OCT. 23

TIME: 9:00 – 11:00am

LOCATION: KATONAH MEMORIAL HOUSE

You must call the Recreation Office for preregistration at 914-666-7203. The fee is \$27.00 unless you have non-managed Medicare. No Medicare insurance covered by a managed care group will be accepted.

Don't miss the FUN! SENIOR ADULTS CHARTER BUS TRIPS

MOHEGAN SUN CASINO

DATE: THURSDAY, SEPTEMBER 25, 2014

TIME: 8:00am (Bus departs Katonah Memorial House)

FEE: \$30.00

Westchester Broadway Theatre ROGERS & HAMMERSTEIN'S "SOUTH PACIFIC"

DATE: THURSDAY, OCTOBER 30, 2014

TIME: 10:30am (Bus departs Katonah Memorial House)

FEE: \$70.00

You must submit a trip registration form to reserve your spot. For additional information or to get a form call the Recreation Office at 666-7004. Register early to reserve your spot! For senior adults and guests. Make checks payable to the "Town of Bedford"



Bedford Community Theatre
Presents

Auditions will be held the first week
of September - Ages 8 to adult

Please go to:
WWW.BedfordCommunityTheatre.org for
more information.

OLIVER!

November 14-16, 21-23, 2014

Music, Lyrics and Book by Lionel Bart
Licensed by arrangement with Oliver Productions, Ltd.
and Oliver Promotions, Ltd.

~ANNUAL TOWN OF BEDFORD~

Senior Adult Holiday Luncheon

**Wednesday, December 10
11:00 am - 2:00 pm**

This annual holiday event is a favorite amongst our senior adults. Good food, good friends and much holiday cheer will prevail as we dine to the accompaniment of great holiday music. Please join us as we usher in the holiday season with this warm and popular get-together.

**There will be a \$5.00 admission fee
at the door for this event.**

**YOU MUST CALL IN YOUR RESERVATION TO ATTEND
(914) 666-7203**



**ALDO'S
BARBER SHOP**

**14 Main Street
Bedford Hills, NY 10507
914-666-2256**

**MONDAY: 8am - 5:30pm
TUESDAY: 8am - 5:30pm
THURSDAY: 8am - 5:30pm
FRIDAY: 8am - 5:30pm
SATURDAY: 7am - 5:00pm**

**CLOSED
Wednesday & Sunday**



Katonah Museum of Art
Free admission for one (with coupon)
For one-time use until September 28, 2015
katonahmuseum.org



**SPECTACULAR PARTY SALES
TUPPERWARE**

**VERA V THOMPSON
TUPPERWARE CONSULTANT**

11 ROBINSON AVE
BEDFORD HILLS
NEW YORK 10507

914 841 4914 CELL

vvthomps@att.net
www.my2.tupperware.com/verathompson

EVERYBODY'S DOING IT



Join hundreds of your neighbors and get a free or reduced-cost home energy assessment. Stop waste, save money, and make your home more comfortable. Visit bedford.energizeny.org or call (914) 302-7300.



What can RESIDENTS DO **TO REDUCE** phosphorus loads?

The majority of the Town of Bedford is within the New York City Watershed, which provides drinking water to New York City and approximately 85% of Westchester County. Reservoirs in this area have been found to have a higher amount of phosphorus than desired, resulting in increased algae growth. Excessive algae growth causes water quality problems such as low oxygen levels and increased levels of metals and organic chemicals. This impacts drinking water quality, reduces life-sustaining oxygen to fish and other aquatic life, and impacts reservoir aesthetics.

● **Do Not Use Detergents Containing Phosphate**

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from your home. This applies to both clothes and dish detergents.

● **Be Smart About Fertilizer Use**

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs. Best practices include:

- Perform annual soil test and seasonal pH test before applying any fertilizer product. Ninety percent of the lawns in Westchester have adequate levels of phosphorus so it is very likely that you won't need to apply extra phosphorus in order to get a healthy, green lawn.
- Apply only the amount of fertilizer deemed necessary as a result of soil tests.
- Apply only slow-release fertilizers.
- Use products containing low concentrations of nitrogen, and no phosphorus where possible.
- Don't apply any fertilizer between December 1st and April 1st to avoid runoff issues associated with snowmelt or rains on frozen ground.
- Don't apply fertilizer to any impervious surfaces, such as pavement and sidewalks. If applied accidentally, clean it up immediately to ensure it won't be washed into streets, storm drains and/or water bodies. Do not hose down fertilizer spills on impervious surfaces.
- Avoid application within 24 hours of an anticipated rain event .
- Avoid heavy watering or irrigation for 24 hours after fertilizer application.

● **Phosphorus concerns with grass clippings and leaves**

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality. When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizers. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November 15. **Please note that state regulators have placed more stringent requirements on the amount of time that leaves can be left curbside due to phosphorus concerns. As a results of this, the Town will strictly adhere to the October 1 - November 15 period mentioned above.** At any other time, all leaves must be bagged.

● **Construction Sites as a Source of Phosphorus**

Phosphorus attached to sediment leaving construction sites is a major source of stormwater phosphorus. Contractors must comply with the Town's Erosion and Sediment Control standards, which can be obtained by contacting the Building Department.

**CALL THE BEDFORD DEPARTMENT
OF PUBLIC WORKS AT 666-7669
WITH ANY QUESTIONS
REGARDING LEAF COLLECTION.**

BEDFORD RECYCLING CENTER

A HANDY GUIDE TO WHAT GOES WHERE

ADAMS STREET RECYCLING CENTER

YOUR CARTER (SINGLE STREAM RECYCLING=*)

PLASTICS Numbers 1 through 7. Labels need not be removed. No items such as flower pots, cassettes or furniture.		
NEWSPAPERS Must be tied or in paper bags. Also phonebooks		
OTHER PAPER GOODS Magazines, catalogs, glossy newsprint material, junk mail, envelopes, color inserts, brochures, school and computer paper. No books.		
GLASS Clean food bottles and jars, liquor and wine bottles. Medicine containers, soda and beer bottles. No windows, mirrors or drinking glasses.		
METALS Empty and rinsed clean, lids and labels may be left on: clean aluminum foil, pie plates, trays, aluminum cans, depressurized aerosol cans, metal food, juice and other tin cans (soup, fruit, tuna, vegetable, pet food, etc) and empty oil and latex paint cans - leave them open and let the paint residue dry first. If you can lift it, Bedford can recycle it. No air conditioners or refrigerators		 Up to the size that will fit in your recycling container
CARDBOARD Flattened, with all liners, Styrofoam packing, plastic and paper removed.		
TEXTILES Clothes, shoes, curtains, sheets, coats, blankets, pocketbooks, etc. - and they don't have to be clean!		Disposed of as trash

The Adams Street Recycling Center is open from 8:00 am to 3:00 pm on Tuesdays, Thursdays and Saturdays and is located just north of the Bedford Highway Department

RECYCLE... IT'S THE LAW!!

Questions? Contact the Bedford DPW Highway Division at (914) 666-7669

FREE Computer & Electronics Recycling Collection Site



Town of Bedford Recycling Center
 301 Adams Street, Bedford Hills
 Tuesday / Thursday / Saturday 8am - 3pm



Computers and electronics contain hazardous waste elements such as lead, mercury, cadmium and beryllium, and brominated flame retardant in the casing (a carcinogen if leached into the soil).
 CRT Monitors and TVs have 4 to 8 lbs. of lead.

All electronics are recycled in an environmentally sound manner.

All hard drives are either sanitized or destroyed
 The New York State Electronic Equipment Recycling & Reuse Act went into effect April 1, 2011. This law mandates recycling of the following covered electronic equipment (CEE) at no charge.

Electronic waste accepted here:

All Televisions

Computer Equipment

- Monitors, Terminals
- Computers
- Scanners, Ink Cartridges
- Printers, Fax Machines
- Network Equipment
- Keyboards, mice and
- Computer Accessories

Miscellaneous Electronics

- Circuit Boards, Cabling & Wiring
- Typewriters
- Telecommunications Equipment
- Audio/Visual Equipment
- Video Game Systems
- Cell Phones, PDAs, IPODs
- Universal Power Supplies

NOT ACCEPTED:

- Any Liquids/Powders
- Air Conditioners
- Dehumidifiers
- Refrigerators
- Kitchen/Personal Appliances
- Batteries
- Fluorescent Lamps



In cooperation with Regional Computer Recycling & Recovery 888-563-1340 or visit www.eWASTE.com

NEW SEPTIC INSPECTION LAW

If you live in Bedford, you probably have a septic system. Caring for this system properly not only protects your drinking water, but also the value of your house.

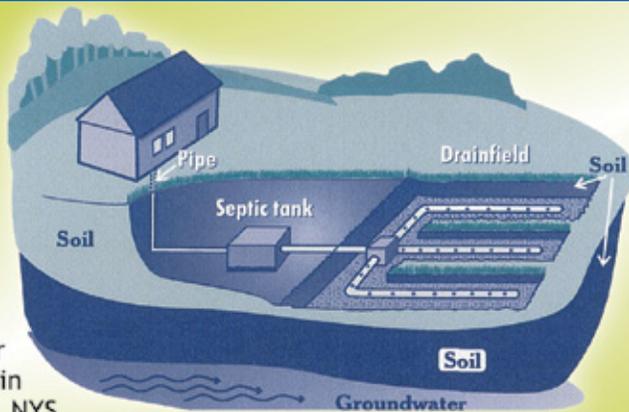
To protect the quality of the drinking water for Bedford and New York City (since Bedford is in the watershed for NYC's reservoirs), the NYS Department of Environmental Conservation and Westchester County have developed a new Septic Inspection Ordinance.

This law requires that you have a Westchester County licensed service provider pump your tank and inspect your system at least once every five years beginning May 2010. The contractor is required to file a "Septic System Data Form" with the County and should give you a copy. The Town will review the County's information and determine compliance with the new law.

TOWN OF BEDFORD PLANNING DEPARTMENT: P: 666-4434 • E-MAIL: PLANNING@BEDFORDNY.GOV

ONLINE RESOURCES:

WWW.EPA.GOV/OWM/SEPTIC • WWW.NESC.WVU.EDU • WWW.RCAP.ORG • WWW.NOWRA.ORG



LARGE DOG ENCLOSURE – FALL MAINTENANCE SCHEDULED

Please be aware that this fall the large dog enclosure at the Canine Commons Dog Park will be closed for turf rehabilitation, topdressing, seeding and other facility maintenance. The enclosure will not re-open until the spring of 2015. The exact dates of the closing of the large dog enclosure will be posted on the Town website, BDOG website and all current dog park permit holders will be notified by email through the Town Clerk's office. The Agility area will be reconfigured to host the large dog enclosure for this fall and early next spring.

FALL AGILITY CLASSES – CANCELLED FOR THIS FALL

Will not be scheduled this fall due to the maintenance work scheduled at the large dog enclosure. The agility area will be utilized for the large dog area while the other enclosure is being rehabilitated and rested. The Agility area will be reconfigured to host the large dog enclosure for this fall and early next spring.

MESSAGE FROM THE TOWN CLERK

Please be reminded that all users of the Canine Commons Dog Park **MUST** have a valid park permit that is issued by the Town Clerk's Office. Permits are available to Town of Bedford residents for a fee. A limited number of non resident permits are issued every year for the dog park. For 2014 all non resident permits have been sold. To get on a waiting list please contact the Town Clerk's Office, The park is checked on a regular basis by the Bedford Police Department and Dog Control Officer. Fines can be as high as \$250.00.

BEAVER DAM PARK

Beaver Dam Road off of Harris Road Bedford Hills

Featuring the Canine Commons Dog area that officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing that includes a **Small Dog** (under 30lbs.), **Large Dog** (over 30lbs.) and **Agility Training** (group use) areas. The Canine Commons Dog Park is open to Town of Bedford residents with dogs that are properly licensed and have a valid canine commons permit issued from the Bedford Town Clerk's office 666-4534.

2014 DOG PARK PERMIT FEES

Resident – Number of Dogs / Fee

1 – \$45.00

2 – \$25.00

3 – \$20.00

Non-Resident \$125.00 (50 permits)

Guest Pass per dog/day \$ 10.00

Note: Guest dogs must have a current State license No dog park permit will be issued unless the dog is properly licensed through New York State.



**ENJOY YOUR PARKS ~
HELP KEEP PARKS CLEAN & GREEN!**

TOWN of BEDFORD

RECREATION AND PARKS DEPARTMENT

Welcome to the CANINE COMMONS AT BEAVER DAM PARK

DOG PARK RULES

- 🐾 All dogs must be licensed, have a valid Town of Bedford permit, current with all inoculations, healthy and wearing a collar with identification at all times – Contact the Bedford Town Clerk for licensing and permitting information (914-666-4534). Any dog using the park without proper license/permit will be issued a fine and future access to the facility will be prohibited
- 🐾 Dogs must be leashed upon entering/exiting the enclosures
- 🐾 Owners must be in the enclosure keeping their dog in view and in voice control at all times
- 🐾 Leaving dogs unattended is prohibited
- 🐾 Eating/smoking/picnicking is not permitted in the enclosures at any time

OWNERS MUST CLEAN UP AFTER THEIR DOGS AND DISPOSE WASTE IN THE RECEPTACLES PROVIDED

- 🐾 Dogs exhibiting aggression are not permitted – Owners must remove their dog
- 🐾 Dogs must be discouraged from digging – Owners must fill any holes their dog digs
- 🐾 Dogs must be discouraged from excessive/constant barking – Owners must control or remove their dog
- 🐾 Dogs who are ill, injured or in heat, as well as puppies under 4 months old, are all prohibited
- 🐾 Limit is 3 dogs per person per visit
- 🐾 The dog park is not recommended for children – Children age 12 and under must be supervised
- 🐾 Be cautious with dog toys, some don't like to share
- 🐾 The use of Dog treats as a snack or reward is NOT permitted within the fenced areas of the park

Non-compliance with these rules will result in expulsion from the Dog Park. Decision for expulsion will be made by the Superintendent of Recreation & Parks in conjunction with the Town Clerk and Dog Control Officer

For the benefit of everyone in our community, please remember to leave our dog park nicer than you found it! ~ thank you!

PLEASE NOTE: Some of the above rules may be temporarily suspended when Town-approved programs or training is being conducted at the park.

Any person bringing a dog into this facility assumes the legal responsibility, jointly and severally, with the owner of the dog, for any damage, disease or injury to persons, other dogs or property, caused by the dog. All persons using the facility, by entering it, agree to indemnify the Town of Bedford and hold the Town harmless for any harm resulting from the use of this facility.

Any incident, problem, violation, emergency, etc. must be reported immediately to the Bedford Dog Control Officer, 914-666-4855, or to the Bedford Police Department, 914-241-3111 or 911.

BEDFORD HILLS COMMUNITY HOUSE RENTAL SPACE INFORMATION

74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, etc please contact the Recreation Office at 666-7004. The facility application form/packet can be found online at www.Bedfordny.gov under Town forms.

MAIN ROOM – Main floor; accommodates **100 –125 people**. Tables & chairs are available for use. Use of the lounge room and kitchen are included in the rental fee.

***2014 Rental rate is \$420.00 for a 6 hour block of time, includes an on site building supervisor. Security deposit of \$250.00 is required.**

LOWER LEVEL LEGION ROOM – Located in the basement/lower level, accommodates **50 people people for a meeting** or **40-45 for parties**. Tables & chairs. Use of the kitchen is included in the rental fee.

***2014 Rental rate is \$55.00 per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided. Security deposit of \$100.00 is required.**

LOUNGE MEETING ROOM – Main floor; accommodates up to **16 people**. Features a 35" TV and a DVD player and is air conditioned.

BOARD MEETING ROOM – Main floor; accommodates up to **16 people**. Features a wall mounted 52" flat screen TV with DVD player. Connects to sun room for duel room use if desired. Air conditioned.

SUN MEETING ROOM – Main floor; accommodates up to **14 people**. The room is accessible through exterior side doors or through the Board Room. Air conditioned.

***2014 Rental Rates for any of the meeting rooms is \$35.00 per hour.**

BEDFORD VILLAGE MEMORIAL PARK

Greenwich Road (off Rt. 22/172), Bedford Village

Tennis & Paddle Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer & Football Field.

THE NEW BEDFORD VILLAGE MEMORIAL PARK PLAYGROUND IS OPEN FOR... PLAY!

Last fall the Bedford Village Playground project was started and was opened for "play" in late October. An opening celebration ceremony was held in November with the Chowder and Marching Club presenting a check to the Town in the amount of \$20,000.00 to assist with the cost of this project. Additional landscaping work, C&M donated benches, pathway donation bricks and other site amenities are planned for the spring.

KATONAH MEMORIAL PARK

North Street (off Bedford Rd./Park Pl.), Katonah

Tennis & Paddle Tennis Court, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Picnicking Shelter.

BEDFORD HILLS MEMORIAL PARK

Haines Road (off Rt. 117), Bedford Hills

Tennis Court, Lighted Baseball/Softball/Little League Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer Field, Ice Skating and Fishing, Baseball/ Softball Fields.

NEW PARK PAVILION

The picnic pavilion located behind the pool facility was demolished and replaced with a new 30' x 60' structure. The new picnic pavilion has a concrete pad, 14 new powder coated colored aluminum picnic tables providing seating for over 100 people. Pavilion lighting and electrical outlets is also available. A new 5' portable charcoal grill has been purchased and can be rented for a modest fee by permitted user groups. The pavilion opened for use in June 2014.

BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts feature new glass backboards and sports lighting for evening use.

Through September 7th the light poles will be energized daily from dusk and will turn off automatically at 10:00pm.

Beginning September 8th through October 31st the light poles will be energized at dusk and will turn off automatically 9:00pm Sunday through Wednesday and 10:00pm on Thursday, Friday and Saturdays nights.

Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

BASKETBALL ONLY PLEASE – The basketball courts are for basketball only. Riding tricycles, bicycles, skateboards and roller blading are **NOT** permitted on the courts.

A FRIENDLY REMINDER...

The Recreation and Parks Department is asking for assistance and cooperation in helping keep our park facilities clean for the benefit of all of our park patrons and their guests. Please use the trash and/or recycling receptacles provided to dispose of waste and debris. Athletic teams, clubs and groups are encouraged to police the fields, dugout/bench and spectator areas after practices and games. Please help our Parks staff keep our parks clean. Thank you.

PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park.

RECYCLING IN THE PARKS

Through the support of the Town Board, the Recreation and Parks Department purchased new recycling containers for all of our Park facilities in the spring of 2010. These blue containers with specialized lids are provided for plastic bottles **and** aluminum cans. The recycling containers compliment our green trash containers which are conveniently placed throughout our parks. Recyclable items are collected on a regular basis by the Parks staff and disposed of in a separate plastic and aluminum recycling dumpster located at one of the parks. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

New! Senior Adult Passenger Bus

Town Supervisor Chris Burdick and members of the Town Board are pleased to report that the long awaited replacement vehicle for the Town senior transportation program should be delivered and in service before September. The new vehicle can hold 14 passengers and is designed to be more user friendly for our valuable community senior adults. For additional information regarding our senior transportation program and activities please contact Recreation Supervisor Jim Whiting at 666-7203 offer.



PROGRESS IN THE PARKS and PROJECT UPDATES

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BEDFORD HILLS MEMORIAL PARK

MASTER PLAN STUDY

As part of the recently approved Capital Projects plan for 2014 through 2016 funding was secured to perform a Bedford Hills Memorial Park Master Plan similar to what was done at the Bedford Village and Katonah Memorial Parks. The Town anticipates starting this process in the early part of 2015 and will be completed by the end of 2015. The public will be invited to participate in this study.

BATH HOUSE

Opened in the spring of 2005, the Town has delayed painting the exterior of the bath house facility until the Spring of 2015 prior to the next pool season. This will allow for some minor exterior maintenance to be performed this fall in advance of the painting.

PICNIC PAVILION – OPEN FOR USE!

The new picnic pavilion located behind the pool was opened this past June and is the home base of the Bedford Hills Day Camp and numerous parties, picnics etc throughout the year. The new structure is 30' x 60' has new picnic tables that can seat up to 112 people. The shelter also has lights for early evening use, electrical outlets and a 5' grill (charcoal) that can be rented out for use by larger user groups. A group use permit is required to reserve the pavilion.

LAKE MARIE

Thanks to a very generous donation made this past spring by the Lakeside at Bedford Homeowners group a new pond aerator/fountain with LED lights will be purchased and installed for the 2015 season. This new water feature will compliment the existing aerators in the lake.

PEDESTRIAN ACCESS PATH

The new pedestrian pathway that runs from the Lakeside at Bedford bridge area to the basketball courts features bollard lighting along the pathway for easier and safer access to the park and for those walking into or from the Bedford Hills hamlet by way of Haines road. Funding has been secured to design and install pedestrian lighting from the entrance to the park into the parking area by the basketball courts. The Town anticipates this work being completed in the spring of 2015.

PAVING

Working with the Department of Public Works and their town paving contractor plans are being finalized for the repaving of the park entrance road that leads up past the pool bath house. This work will be scheduled for summer/fall of 2015.

KATONAH MEMORIAL PARK

PARKING AREA FOR RASOR FIELD AND SHELTER USER GROUPS

As part of the Katonah Memorial Park master plan performed a few years ago, seasonal parking was recommended for the Wildwood side of the park. Funding has been secured for the construction of a seasonal parking area to relieve the parking congestion on Wildwood Road by Rasor field in the spring, summer and fall seasons. The parking area is proposed for the existing informal parking/storage area located up the shelter road. The lot will host 20-25 spaces for parking. The parking area surface will not be paved. A neighbors meeting will be scheduled this fall in advance of any plans being finalized and work performed.

SEASONAL PARKS STORAGE GARAGE

Also included in the Katonah Memorial Park master plan was the relocation and eventual elimination of the metal storage container. This past winter the container was moved from the poolside of the park to the Wildwood side in the informal seasonal parking/storage area. Funds have been designated to replace the metal storage container with a permanent storage garage for seasonal storage of Parks maintenance equipment. A neighbors meeting will be scheduled this fall in advance of any plans being finalized for this storage unit.

KATONAH SHELTER

The Katonah Memorial Park Association (KMPA) has been working with Mangione Construction on the restoration of the fireplace. This past summer new specially designed grates were installed completing the restoration of the shelter fireplace. Funding for the fireplace restoration was provided by the Katonah Memorial Park Association.

PLAYGROUND SWINGS

Has been delayed but are still planned for installation in the fall/winter of 2014 at the playground near the pool & tennis courts.

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BEDFORD VILLAGE MEMORIAL PARK

BASKETBALL COURT RENOVATION

The Town of Bedford and Chowder and Marching Club have once again partnered on a park improvement project, the renovation of the basketball court located behind the pool house. This project is scheduled to start in mid August for completion by mid October. The new asphalt two colored court will feature a 50' x 84' court and have a total of six clear polycarbonate backboards with goals and seating areas.

TENNIS COURTS

The Recreation and Parks Department has secured funding and will be working with our Town Engineer on the

renovation of the tennis courts and fencing. Work on the fencing is scheduled for the late winter/early spring of 2015, with the tennis courts renovation scheduled for the summer of 2015.

GAZEBO

The Recreation and Parks Department is working with our Town Engineer on the renovation/replacement of the concrete pad at the gazebo. Work on the gazebo is scheduled for the fall of 2015.

BATH HOUSE – FOOD CONCESSION AREA

There will be scheduled interior cleaning, repairs, required maintenance and painting of the concession stand area in the fall of 2014 in advance of the 2015 pool season. In addition to painting, flooring work will be done with electrical and lighting upgrades performed.

THANK YOU! THANK YOU! THANK YOU!

The Bedford Recreation & Parks Department would like to thank the following businesses/organizations/individuals for contributing to our programs and events!



BEDFORD VILLAGE CHOWDER & MARCHING CLUB – for another amazing donation of \$40,000.00 which will be used towards the construction of a new full sized basketball court at Bedford Village Memorial Park. This project will start in August with an anticipated completion date of mid October. In addition, thank you for hosting a FREE Movie in the Park this summer – E.T.!

BEDFORD VILLAGE LIBRARY – providing STORYTIME at the Bedford Village wading pool on Tuesdays and providing a library cart of “good read” books for our patrons to borrow throughout the summer!

BEDFORD ARMONK ROTARY CLUB – for their recent donation of \$2,400.00 for the purchase of 3 new teak benches for the Village Green in Bedford Village.

THE BEDFORD HILLS WOMEN’S CLUB – for their annual monetary donation to continued facility improvements to the Bedford Hills Community House.

OLIVER’S RESTAURANT of KATONAH – for sponsoring our SENIOR CITIZEN’S ST. PATRICK’S DAY LUNCHEON for 100+ seniors this past March!

KATONAH VILLAGE LIBRARY – for bringing STORYTIME to the Katonah wading pool on Wednesdays again this summer!

LAKESIDE AT BEDFORD HOMEOWNERS – for donating \$3,000.00 towards the purchase of a new aerator fountain with LED lighting for Lake Marie.

BEAVER DAM PARK – CANINE COMMONS

PATHWAY

In late June the Parks Staff with assistance from members of the Department of Public Works installed an asphalt pathway from the parking lot to all three enclosures and transition areas. The walkway will provide easier access to the three areas and will be easier for the Parks Staff to maintain in the winter months.

LARGE DOG ENCLOSURE – CLOSURE DUE TO SCHEDULED RENOVATIONS

In early September the large dog enclosure will be closed until the Spring of 2015 for maintenance on the worn turf areas. These areas will be renovated top dressed and seeded. Additionally, tree work and planting will take place. The Agility area will be opened as the large dog area for the Fall and Winter. Emails alerts/reminders will be sent out in advance of the large dog area closing.

BEDFORD HILLS LIBRARY – for introducing “Dive into Reading” At the Bedford Hills Pool this summer.

BEDFORD HILLS NEIGHBORHOOD ASSOCIATION – for donating all the prizes towards the Annual Fishing Derby!

SINAPI’S of BEDFORD HILLS – for helping out in various program events & camps!

YONKERS EXCAVATING COMPANY of Carmel, NY – for their generous donation towards the purchase of two beautiful trees that were planted at Bedford Hills Memorial Park this past April as part of the Annual Arbor Day celebration organized by the Tree Advisory Board.

MEALS ON WHEELS DRIVERS – for donating their time, vehicle & gas to deliver meals to our homebound seniors!

KATONAH MEMORIAL PARK ASSOCIATION – for hosting a FREE Concert in the Park, featuring the amazing band “The Mulligans” at the Katonah Memorial Park and for their continued support to facility improvements at the Katonah Memorial Park/Shelter with the recently renovated fireplace!

TOWN OF BEDFORD PBA – for sponsoring the annual DAY CAMP BAR-B-QUE at the annual camp carnival!

THE BEDFORD HILLS, BEDFORD VILLAGE AND KATONAH SWIM & DIVE TEAM PARENT COMMITTEES – for their hard work, dedication, and commitment to their hamlet team working endlessly to enhance the experience of over 250 children in the program!

BEDFORD YOUTH BASKETBALL VOLUNTEER COACHES – for donating their time to our 5th-8th grade basketball program!

Special thanks & congratulations to the **KATONAH SWIM & DIVE TEAM, THE PARENT COMMITTEE, COACHES, TEAM MEMBERS, FAMILIES & ALUMNI** on their 50TH Anniversary this past July 2014.

REGISTRATION & FEES

By mail or in person. Checks payable to "Town of Bedford" send registration form & full payment to: Bedford Recreation & Parks Department, 425 Cherry Street, Bedford Hills, NY 10507. Note: We do not confirm program registration, nor can we be responsible for lost or misdirected mail.

NON-RESIDENT REGISTRATION

Non-residents are welcome to enroll at a 25% surcharge one week after the start of registration to allow priority registration to Town residents. Not all programs are open to non-residents.

PAYMENT OPTIONS

Cash, money order, check (payable to Town of Bedford) or credit card. Credit card payment must be in person and all cards are being accepted. A transaction fee of 2.5% is added to all credit card transactions on your monthly statement. These fees are not reflected on your Town of Bedford program receipt. If there is an inability to pay the full fee at the time of registration, a payment schedule can be arranged.

SCHOLARSHIPS

No Town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004

SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts* is age 65. This is for all Recreation & Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

*Not all programs offer discounts.

*Discounts are for TOB resident seniors only

INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

REFUNDS

The Town of Bedford refunds under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
- If the program participant moves from the Town, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
- If a participant become ill or injured, a full or prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.

There is a \$10.00 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation & Parks.

* Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

RETURNED CHECKS

There is a \$35.00 fee for any returned checks.

PROGRAM CANCELLATIONS

Notification on program cancellations are made via email alerts. If you haven't provided us with an email please do so upon registering or call us at 666-7004 to make sure we have it on file. Notification will also be made on our hotline number 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session if time allows.

E-Z Pass New York Service Center

Easy Pass is now available in the Town Clerk's office, Monday - Friday, 8:30 am to 4:30 pm.

It's as easy as 1-2-3! This is an innovative program to obtain an E-Z Pass tag which allows the busy traveler to open an E-Z Pass account without waiting for it to come in the mail or wait on a line.

Just come to the Clerk's office with \$25.00 and you will be able to use it when you leave. Stop by or call 666-4534 for more information.

registration & program information

TALENT SEARCH

We are continuously looking for new and innovative talent to offer a variety of programs to our residents. If you possess a skill and the ability to teach it, send us your program idea and resume or call to make an appointment to speak with us. We welcome your program suggestions!

HOW TO WATCH A GOOD PROGRAM DIE

Please register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.

FIELD AND FACILITY PERMITS

Permits are required for group use of our fields/facilities. You must be a Town of Bedford resident to reserve a field/facility. For a facility use application with fee schedule please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, www.bedfordny.gov Applications must be submitted at least two weeks prior to the scheduled activity.

COMMUNITY SERVICE OPPORTUNITIES

Looking to get involved or need required community service hours? Contact Jim Whiting at 666-7004 to see what opportunities may await you.

MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering to this very important program please call Jim Whiting at 666-7004 for more information.

NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley

NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community

service credit, educational internships and a variety of volunteer experiences are also available.

TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community through e-mail alerts. Go to our web site: www.bedfordny.gov/html/email_alerts.html to add your email. You can remove your name from the list at any time by following the same procedure for enrollment.

For trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at www.nixle.com and click.



**Get Connected
with your
Community**



Visit our website: bedfordpoliceny.org

Receive up-to-date information affecting your neighborhood by e-mail & text message!



Follow Bedford Police on Twitter
[@BedfordTownPD](https://twitter.com/BedfordTownPD)

Sign up now
www.nixle.com

Like Us on Facebook
www.facebook.com/bedfordny.police

LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

BEDFORD HILLS LIBRARY

666-6472
www.bedfordny.com/orgs/bhfl.htm

KATONAH LIBRARY

232-3508
www.katonahlibrary.org

BEDFORD VILLAGE LIBRARY

234-3570
www.bedfordfreelibrary.org

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004



Coming Spring 2015!

ONLINE PROGRAM REGISTRATION

The Town Board and Recreation and Parks Advisory Committee are pleased to announce ON-LINE PROGRAM REGISTRATION!! The Bedford Recreation & Parks Department is gearing up this fall to make on-line program registration, for most of our programs, an option to our residents beginning with the Spring/Summer 2015 registration season.

We will be working closely with both the Town software provider and Town IT provider to prepare our current registration system to accept online registrations. This will include cleaning up the current data base and installing a new software module along with staff training prior to going live with the system in the spring of 2015.

More detailed information will be available in our 2015 Winter program brochure and our 2015 Spring Summer brochure. E-mail announcements will be sent to all households in our database that have provided us with a valid email address.

Residents will still be able to register, if they chose, by mail or in person, however offering online registration will provide another option that may be easier and more convenient for some residents to enroll in our programs. While it may not be possible to offer online registration for all programs we offer, we will continue to look at ways where we can make the registration process more efficient and user friendly while insuring that only those who are eligible to participate in our programs do so.



mark your calenders.....
for these upcoming special events!

- SELF DEFENSE SEMINAR – September 20
- LADIES BINGO – October 17
- FRIGHT FEST – October 18
- AARP DRIVER SAFETY – October 21
- FLU SHOTS – October 23
- PLATFORM TENNIS MIXERS – November 8
- ICE SKATING HARVEY SCHOOL – Nov. 28 & Dec. 26
- DEFENSIVE DRIVING – December 6
- SENIOR HOLIDAY LUNCH – December 10 ◀.....

TOWN of BEDFORD
RECREATION AND PARKS DEPARTMENT

www.bedfordny.gov

ALL TOGETHER NOW: Single-Stream Recycling



Metal



All Plastic

No need to look at numbers!



Paper and Cardboard



Mixed Material

wrappers and containers,
like juice cartons with
plastic tops



Glass



Take-Out Containers
plastic, cardboard and
aluminum



All Plastic Bags and Plastic Wrap



Aluminum Foil



Newspaper

It's easy!

All recycling in
one big container,
and all
non-recyclable
waste in a
separate container.

Go to bedford2020.org
to download flyer with
Single Stream Recycling
guidelines and materials list.



How to Recycle

- Place *all* recycling together in one bin or clear plastic bag.
- All containers should be empty of food or liquid.
- Rinse food containers, but no need to wash!
- Items like pizza boxes are recyclable but must be free of food.
- Don't include Styrofoam.
- Shredded paper must be put in closed bag (of any kind).

BEDFORD
2020