

Town of Bedford Recreation and Parks Department

TEEN GET-A-WAY



# PARENT HANDBOOK 2014

Trips Updated 5/5/2014

# General Information

## Dates, Times and Location:

Teen Get A-Way will meet Tuesday Wednesday Thursday from July 1- August 7<sup>th</sup>. Our camper drop off/pick up location is the Bedford Hills Community House. Please refer to the trip itinerary for times.

## Phone Numbers

Recreation Office..... 666-7004

## Staff and Supervision:

Westchester County Department of Health requires Day camps to maintain a counselor/ camper ratio of 1:12. Teen Get A-Way will maintain a 1:10 ratio, staff to teens. All Staff must attend pre-camp orientation training. The Camp Director will be certified in CPR for the Professional Rescuer and Responding to Emergencies.

## Staff Identification

White Shirts- Director- 23 and older  
Gray Shirts- Senior Counselors- Ages 19 and older

## Permit

The Town of Bedford Day Camp Program:

1. Must have a permit from the Westchester Department of Health in order to operate.
2. Is required to be inspected twice yearly.
3. Required camp safety plans, medical and fire safety plans and inspection reports are on file at the Westchester County Department Bureau of Public Health Protection, 25 Moore Avenue Mount Kisco, and are available for your review.

# Daily Procedures and Policies

## Attendance:

Daily attendance is taken when the campers arrive. Since the group will be going to many different places, it is important that teens show up ON TIME. The bus WILL NOT WAIT for late campers.

## Illness:

If your child is not going to camp, please call the Bedford Recreation and Parks Department between 8:30 – 9:00am at 666-7004.

## Rainy Days:

In the event of inclement weather/rain, a rainy day schedule will be implemented, i.e. bowling, movies, etc. Please be advised that trips that are cancelled due to bad weather may not always be able to be re-scheduled. Also, please note: trips that are cancelled due to inclement weather that were scheduled for a late pick-up (after 3:00) will be picked up at 3:00.

**Lunch:**

There are trips that require campers to bring a lunch. Campers who will be bringing lunch on the trips are asked to bring nonperishable foods only. **NO GLASS CONTAINERS ON THE BUS.** Please look on the trip itinerary where lunch plans are indicated.

**Spending Money:**

During some of the camp trips, there may be opportunities for shopping and eating during the course of the day. Any lunch or spending money is the responsibility of each camper.

**Camp Shirts:**

**CAMPSHIRTS MUST BE WORN DAILY.** Your child will NOT go on any trip without their camp T-shirt. This helps identify your child at the various trip facilities. This is also a New York State and Westchester County Health Department regulation. Each camper will receive two (2) shirts on the first day of camp.

**Behavior:**

Teen Get-A-Way is designed for mature responsible youth. We have a zero- tolerance policy. If your child is verbally or physically abusive to any of the staff, peers or other patrons, they will be dismissed from the camp without a refund. It is important for each camper to realize that his or her behavior not only reflects on that individual, but also projects an impression of the group and the Town of Bedford.

**PARENTS AND CAMPER MUST SIGN A BEHAVIOR AGREEMENT**

**Late Parents:**

Parents are expected to be at the pick up area promptly at dismissal time. If a parent will be late, he/she must have someone at the pick up site to pick up the children, and must call and notify the camp director or Recreation office. We realize there are sometimes unforeseen circumstances; however, repeated lateness will not be tolerated.

**Clothing/Sunscreen**

Campers should come to camp as comfortable as possible. Shorts, shirt, and sneakers should be worn. Sandals are NOT recommended. Please label your campers clothing. We suggest applying sunscreen on in the morning and send sunscreen with them to camp.

**Personal Belongings**

We ask that parents do not allow their children to bring their own personal belongings to camp (i.e. iPods, cell phones, electronic games, etc). We cannot and will not be responsible for their safekeeping.

**Swim Test**

All campers participating in the program are required to have a swim test. The test will be held on the first day of camp at the Bedford Hills Memorial Pool.

**Notes From Home**

For the safety of your camper, written parental permission (note) must be sent for the following:

- If your camper is to leave camp with a friend, neighbor, relative, or someone other than his or her usual ride. If your child's counselor does not receive a note, your child will not be released.

- If your camper is to be released on their own to walk home. Please indicate that you give permission for your child to walk home once we have arrived back to the Bedford Hills Community House.
- For car pools or arrangements that will last for the whole summer, one note specifying days and person picking up/ dropping off your camper will be kept on file for the summer. Please note that we will need written permission for everyone in the car pool.

## **Medical Forms**

If your child is required to take any type of medication during camp hours, a Medical Authorization Form **MUST** be filled out by the parent and physician, and handed in with the medication the first day your child attends camp. Medication will be kept with the Camp Director or EMT. Our staff will oversee and supervise the child in self-administering their own medication. By law, camp personnel cannot dispense internal medication to the child unless they are a NYS licensed physician, nurse practitioner, physician assistant or registered nurse.

Written permission can be given by both the physician and parent to allow the camper to carry medication that is needed for emergency purposes (i.e.; epi pen; asthma inhaler).

All medication must be in their original container and labeled correctly.

## **First Aid**

In the event that your child becomes ill or injured during the camp day they will be escorted to the site's First Aid office and cared for by one of their trained staff or by our camp EMT. If the situation warrants, the camp staff will contact you. Depending on the severity of the injury the child will either stay at camp, be picked up, or if needed the Police and ambulance will be called to assist with medical issues.

## **Allergies**

The Town of Bedford cannot guarantee an absolute allergen-free environment. However, it is the goal of this policy to create a peanut/nut awareness camp. We ask for your cooperation in working towards this goal.

It is important that children with risk of anaphylaxis or an anaphylactic reaction to any substance (food, insect bites, drugs etc.) be identified. We encourage families of campers with life threatening or a serious food allergy to meet with directors during the start of camp.

We have the following guidelines in effect:

- If your child eats peanut products for breakfast we would greatly appreciate you making them wash their hands with soap and water before leaving for camp.
- Camp will provide a separate lunch area at the parents request,

Throughout the course of the summer if you have any questions or concerns about food allergy related issues, please do not hesitate to ask the staff.

We wish you the very best for a safe, healthy and enjoyable experience with our Camp program. Please feel free to share feedback or concerns at any time. Please don't wait for the end of the season to inform me of something that can be rectified now. Be assured that we recognize that there are sometimes issues between children, which are delicate, and require attentive tact. We are dedicated to making camp enjoyable for EVERY child, and will be happy to listen to your concerns. Have a wonderful summer!

Kimberly O'Brien  
Sr. Recreation Leader

# Teen Get-A-Way – 2014

All trips are tentative. An updated trip list will be e-mailed before camp begins.  
If we have not indicated a Bus Leave Time, please plan on the bus leaving by 9:10 am.

## **TUESDAY July 1- Swim Test & Bowling**

**Time:** 8:45am - 2:00pm  
**Drop off:** Bedford Hills Pool  
**Pick up:** Bedford Hills Community House  
**Lunch:** Provided

We will start off with a swim test at the Bedford Hills Memorial Pool, followed by camp orientation and expectations meeting with the campers. A bus will then bring us to go bowling.

## **Wednesday July 2- Palisades Climb Adventure \*(Nyack, NY)**

**Time:** 9:00am-2:30pm  
**Drop off/ Pick up** Bedford Hills Community House  
**Lunch- Provided**  
**Web address:** [www.palisadesclimb.com](http://www.palisadesclimb.com)

\*Parents must sign waiver for this trip

Today we travel to the world's tallest indoor ropes course standing 85 feet tall. The Palisades Climb will provide adventure, thrills and excitement. It contains 75 different challenge elements, including a tremor bridge, tension traverse, a vertical rope ladder, a quarter cargo net, a two line rope bridge, an alternating spaghetti landline and a three line lumber rope bridge. Safety is a top priority for Palisades Climb. A seat and chest harness is connected to a cable that keeps guests on the track. Once guests are hooked in with the harness and cable, they are not able to get off the ropes course track until they exit the course.

## **Thursday July 3- Splashdown Beach (Fishkill, NY)**

**Time:** 9:00am - 3:00pm  
**Lunch:** Provided  
**Web:** [splashdownbeach.com](http://splashdownbeach.com)

Wear your bathing suits to Splashdown Beach Water Park. You can rush down the water slides, speed down Bullet Bowl at this exciting waterslide park. We are not able to use the Pool or Wave pool at this location, due to DOH restrictions.

## **Tuesday July 8- Applebee's (Hawthorne, NY) and The Shark @ South Street Seaport (New York, NY)**

**Time:** 9:00am – 4:00pm  
**Lunch:** Provided

Today we start our day with an early lunch. We will begin at Applebee's for lunch and that we will speed on the Hudson River on THE SHARK speed boat.

## **Wednesday July 9- Pool Party -Still in planning stages**

**Time:** 9:00am-2:00pm  
**Drop off/ Pick up** Bedford Hills Memorial Park  
**Breakfast- PROVIDED**  
**Lunch- PROVIDED**

### **Thursday July 10- Six Flags New England (Agawam, MA)**

**Time:** 8:45am - 8:00pm  
**Bus leaves:** 9:00 please be on time  
**Lunch:** Bring or Buy (no outside food allowed in park)

A COACH BUS leaves BHCH at 9:00 am SHARP and will transport Teen Get-A-Way to the famous Six Flags Adventure Park, packed with rides and entertainment for all.

### **Tuesday July 15 – Medieval Times (Lyndhurst, NJ)**

**Time:** 9:00am - 3:00pm  
**Lunch:** Provided  
**Web:** [medievaltimes.com](http://medievaltimes.com)

Bus leaves BHCH at 9:05 a.m. and will transport Teen Get-A-Way to Medieval Times to feast on a medieval banquet while watching an exciting equestrian tournament, jousting matches and sword fights.

### **Wednesday July 16- Powerhouse Studios (Paramus, NJ)**

**Time:** 9:00am - 3:30pm  
**Lunch:** Provided  
**Web:** [powerhousestudios.tv](http://powerhousestudios.tv)

Join this unique Wild and Wacky Challenge Game Show, where contestants will challenge each other to win prizes. We then have free play on arcade games, lunch and a Club Powerhouse Dance Party.

### **Thursday July 17- Lake Compounce, (Bristol, CT)**

**Time:** 9:00am-6:00pm  
**Lunch:** Bring or Buy (no outside food allowed in park)  
**Web:** [lakecompounce.com](http://lakecompounce.com)

Bus will transport Teen Get-A-Way to the one of the oldest Amusement Parks in the area. Water rides, giant coasters and many features including the oldest roller coaster in the area. It's a day that can't be missed.

### **Tuesday July 22- The Adventure Park\* (Bridgeport, CT)**

**Time:** 9:00am – 4:00pm  
**Bus leaves:** 9:10  
**Lunch:** Bring  
**Web:** [discoveryadventurepark.org](http://discoveryadventurepark.org)

#### **\*Parents must sign waiver for this trip**

Fun in the great outdoors—there's nothing like a day at The Adventure Park at The Discovery Museum! Within five beautiful acres of woodland behind the Museum building you will find our amazing "aerial forest park." Experience "adventure in the trees".

\*Parents must sign waiver for this trip

### **Wednesday July 23 – Playland (Rye, NY)**

**Time:** 9:00am – 4:00pm  
**Bus leaves:** 10:00  
**Lunch:** Bring or Buy  
**Web:** [ryeplayland.org](http://ryeplayland.org)

We will visit Westchester Own Amusement Park. This historic Park is worth the visit.

### **Thursday July 24- Yankee Game (Bronx, NY)**

**Time: 9:00am – 5:30pm**

**Bus leaves: 10:15 am**

**Lunch: Bring or Buy**

We will watch the Pinstripes hit the homeruns

### **Tuesday July 29- Sky Zone (Bethel, CT)**

**Time: 9:00am – 2:30pm**

**Lunch: Provided**

We start with two hours of trampoline fun at Bounce. The kids will play trampoline dodge ball, Dunk Basketball, and jump into foam pits. Then we will stay and have lunch before we head home.

**\*Parents must go on line to sign waiver for this trip.** More information to follow

### **Wednesday July 30- Sport Time USA (Elmsford, NY)**

**Time: 9:00am-2:30pm**

**Lunch: Provided**

Our time at Sport Time will be loads of fun. Each camper will get Unlimited Climbing Wall and Rides, 2 Laser tag games, 40 game tokens, 2 slices of pizza and a drink.

### **Thursday July 31 - Dorney Park (Allentown, PA)**

**Time: 9:00 am – 8:00 pm**

**Bus Leaves: 9:05**

**Lunch: Provided**

**Web: [dorneypark.com](http://dorneypark.com)**

Enjoy two parks in one at Dorney Park and Wild Water Kingdom. We will spend the day on rides and attractions. Lunch is provided.

### **Tuesday August 5- Mountain Creek (Vernon, NJ)**

**Time: 9:00am-5:00pm**

**Drop off/ Pick up Bedford Hills Community House**

**Lunch- Bring or Buy**

**Web address: [mountaincreekwaterpark.com](http://mountaincreekwaterpark.com)**

Bus leaves BHCH and will transport Teen Get-A-Way to Mountain Creek for a fun-filled day of water rides and excitement. Don't forget to wear your bathing suit! We are not able to use the Pool or Wave pool at this location, due to DOH restrictions.

### **Wednesday August 6- Rocky the Musical**

**Time: 9:00am - 6:00pm**

**Bus Leaves: 11:30**

**Lunch: PROVIDED**

Join us for an early lunch at the Bedford Hills Community House, before we head down to the Big Apple to see on of the hottest new shows on Broadway.

### **Thursday August 7- TBD**

**\*\* All Trips are subject to change. Any update will be give at the beginning of camp.**  
Trip List as of 5/5/2014

Town of Bedford Recreation & Parks Department

TEEN-GET-AWAY CAMP

BEHAVIOR AGREEMENT

Teen Get-A-Way is designed for the mature responsible youth. The Town of Bedford has a zero-tolerance policy. If your child is verbally or physically abusive in any way to any staff or campers, or staff or patrons at the establishments we are guests of, they will be dismissed from camp without refund. It is important for each camper to realize that his or her behavior is not only a reflection on them as an individual, but also reflects on the Teen-Get-Away Camp and the Town of Bedford. Therefore,

1. Campers are required to stay with their group at all times.
2. Campers are expected to respect all staff, campers, and patrons. This includes following the rules and directions of all staff.
3. No fighting, verbal abuse or destruction of property will be accepted.

POLICY

1st occurrence:	Warning and phone call**
2nd occurrence:	Conference with parent** (Camper cannot attend any trips until this meeting has taken place)
3rd occurrence:	Dismissal from camp (no refund)

\*\*Note: The Superintendent of Recreation has the discretion to suspend or dismiss any camper from camp at the 1st or 2nd occurrence if, in his opinion, the campers behavior is deemed detrimental to the safety and well-being of the camp on a whole.

I, \_\_\_\_\_, understand the rules of the Town of Bedford Recreation and Parks Department's Teen Get-A-Way Camp. I realize my behavior could cause me to be dismissed from the Teen-Get-A-Way Camp with no refund.

Camper Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_