

TOWN of BEDFORD

RECREATION AND PARKS DEPARTMENT



Spring-Summer 2015
REGISTRATION BEGINS MONDAY, MARCH 23 • WWW.BEDFORDNY.GOV
brochure



letter from **town supervisor**



Spring and Summer Greetings...

On behalf of the Town Board, the Recreation and Parks Advisory Committee and the Recreation and Parks Department, I am pleased to present the 2015 summer program brochure. You'll find an expanded offering of events sponsored by the Department and several community organizations. Our Recreation and Parks Department has worked hard not only to provide improvements to each of our hamlet parks, but to expand upon and add interesting and practical programs and activities throughout the year. So take your time reading the brochure, as we're sure that you'll find much that you and your family will enjoy.

As promised, this spring we are implementing online registration for all summer parks programs, including for the pools (remember that registration entitles you to use of all three hamlet pools). Residents won't have to stress about picking up and dropping off forms. Online program registration is part of the Town's plan to expand resident and business accessibility and interaction with the Town online.

And now, a preview of just a few of our summer programs:

- 1. Summer Concert at the Katonah Memorial Park** on Friday, July 10. This event is cosponsored by the Katonah Memorial Park Association. It is a free family event and a great way to spend a warm summer evening relaxing with friends and neighbors.
- 2. Movie Night at the Bedford Village Memorial Park**, Friday, July 17. This event is cosponsored by the Bedford Village Chowder & Marching Club and is also a free family event and great opportunity to relax under the stars with family and friends
- 3.** Join the Bedford Hills Neighborhood Association for their **6th annual Run for the Hills 5K** event on Saturday April 11
- 4.** Once again we will be offering **Sizzling Sundays** at each hamlet pool - this is a free event for pool members to include a DJ/ music; games; food & prizes
- 5. New Adult programs:** Paint Escapes (for the artist in everyone) and Hula Fitness Dance (learn the art of Hawaiian hula dance)
- 6. Trips Open to All Residents** to complement our senior adult trips - Adults will now be able to join in the fun as we extend our senior trip offerings to Town residents - casino trips; Hudson River Cruise, and the 9-11 Memorial are on tap this spring/summer/fall
- 7.** Save the date for the 1st ever **Family Campout at Katonah Memorial Park** on Saturday September 12. This event will include participation from various local community organizations and is guaranteed to leave memories to last a lifetime! More details to follow this spring/summer for this wonderful family and community event!

The Town Board is proud of our dedicated Recreation and Parks Department staff, working hard to keep our parks and athletic fields attractive, clean and safe for your enjoyment. It remains our goal to provide high quality recreational services and programs and well maintained park facilities for the residents of Bedford and their guests. We look forward to seeing you at one of our beautiful park facilities, programs, special events or community sponsored activities. Enjoy the warmer weather!

Sincerely,

Chris Burdick
Bedford Town Supervisor

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Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE



**RECREATION & PARKS DEPARTMENT OFFICE
LOCATION & HOURS**

425 Cherry St., 1st Floor, Bedford Hills, NY 10507
Office Hours.....Mon. thru Fri., 8:30 am to 4:30 pm
Registration Walk-in Hours...Mon. thru Fri., 8:30 am to 4:00 pm

RECREATION & PARKS STAFF

William F. Heidepriem.....Superintendent of Recreation & Parks
Daryl Ann Sudlow...Assistant Superintendent of Recreation & Parks
James Whiting.....Recreation Supervisor
Kimberly O’Brien.....Recreation Supervisor
Suzanne Carpentier.....Senior Office Assistant
Susan DeFonce.....Office Assistant
Tom Megna.....Parks Foreman
Mark Morin.....Assistant Parks Foreman
Richard Pochintesta.....Automotive Mechanic
John Goodman.....Parks Maintenance
Pete Welch.....Parks Maintenance
Matt Halpin.....Parks Maintenance
Matt Van Dorn.....Parks Maintenance

TOWN BOARD (Meets every 1st & 3rd Tuesday at 8:00 pm – Town House, 321 Bedford Rd., Bedford Hills)

Chris Burdick.....Town Supervisor
David Gabrielson.....Councilman, Deputy Supervisor
Don Scott.....Councilman
Francis T. Corcoran.....Councilman
Mary Beth Kass.....Councilwoman

Mel Padilla.....Acting Police Chief
Boo Fumagalli.....Town Clerk
Kevin Winn P.E.....Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

(Meets the 2nd Wednesday at 8:00 pm – Recreation Office Conference Room, 425 Cherry St., Bedford Hills)

Brian McCabe, Chairman	Aldo Sammarco
Nancy Bellini	Betsy Smith
Steve Lancia	Luke Vander Linden
Cristina Magidson	Francis T. Corcoran, Town Board Liaison
John McMahan	

PHONE NUMBERS

Recreation & Parks Office.....666-7004
Recreation & Parks Fax.....666-3863
Senior Adults.....666-7203
Recreation Hotline.....864-3777

Assessor.....666-5149
Building Inspector.....666-8040
Court Clerk.....666-6965
Dog Control.....666-4855
Emergency.....911
Finance.....666-8283
Highway.....666-7669
Historian.....666-4745
Parking Bureau.....666-8097
Planning.....666-4434
Police.....241-3111
Recycling.....241-2671
Tax Receiver.....666-4475
Town Clerk.....666-4534
Town Supervisor.....666-6530
Water.....666-7855
Wetlands.....666-5140
Zoning.....666-4585

Visit the Town of Bedford’s Website at www.bedfordny.gov for up-to-date information, including Recreation & Parks information about the Pools, Programs, Special Events, seasonal employment opportunities and meetings. You can e-mail the Parks & Recreation Department at Recreation@bedfordny.gov or call 666-7004.



**THIS EVENT IS
FREE!**

**NO REGISTRATION
REQUIRED!**

Just come
and join the fun! Be sure to bring a bag
or basket for gathering the eggs!

SPRING EGG HUNT

Sponsored by the Recreation and Parks Department

It's time to hop your way to an EGGstravaganza event.

With your baskets in hand get ready for the Town of Bedford's Annual Spring Egg Hunt, Tuesday, March 31 at the John Jay Homestead for children age 2-10. The fun begins at 10:50 with entertainment by Joe Barney and a visit with the Spring Bunny. The EGG HUNT will start promptly at 11:15. The children will be divided in different areas by age (ages 2-5, 6-7, & 8-10) for the hunt. Children should bring their own baskets or bags for egg collecting. The John Jay Homestead State Historical Site is located on Route 22 in Katonah. *Don't forget to bring your cameras for pictures with the Spring Bunnies!*

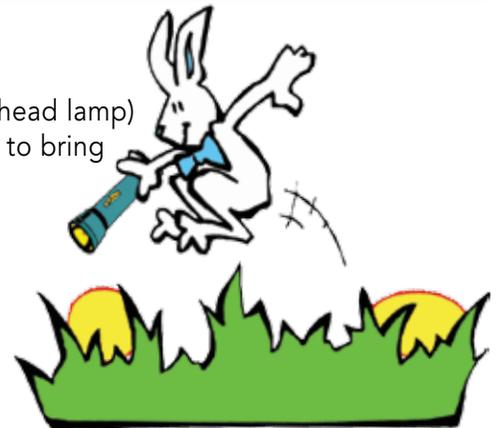
FOR: CHILDREN AGES 2 – 10 (*Children must be accompanied by a parent or guardian.*)
DATE: TUESDAY, MARCH 31
RAIN DATE: THURSDAY, APRIL 2 at Fox Lane Turf Field TIME: 10:50 am – the hunt starts at 11:15 am sharp!
LOCATION: JOHN JAY HOMESTEAD STATE HISTORIC SITE

FLASHLIGHT EGG HUNT

Program Supervisor: Kimberly O'Brien

We have made a twist in tradition. Get your flashlights ready (or head lamp) and hunt for the colorful candy filled eggs at night. Don't forget to bring a bag for the goodies. Pre Registration is required.

FOR: GRADES 3 – 7
DAY/DATE: WEDNESDAY, APRIL 1
RAIN DATE: THURSDAY, APRIL 2
TIME: 7:45 – Hunt starts at 8:00 pm Sharp!
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
ACTIVITY #: 172400-A
FEE: \$5.00 – Residents / \$6.25 – Non-Residents



SPRING CRAFTS and THINGS

Program Supervisor: Kimberly O'Brien

Come spend a few hours being creative. We will spend our time making a fun spring related craft, and time having fun with friends.

FOR: GRADES 2 – 6
DAY/DATE: FRIDAY, APRIL 24
TIME: 6:00 – 8:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY#: 172104-A
FEE: \$25.00 – Residents / \$31.25 – Non-Residents



FISHING DERBY

Program Supervisor: Jim Whiting

We are thrilled to be holding our 15th Annual Fishing Derby at Lake Marie. This very popular program is open to all residents up to age 15. Bring the whole family and enjoy the beautiful weather as young anglers race to land the prize winning fish. Volunteers from the Sportsman's Club of Northern Westchester will be on hand to help youngsters bait hooks, as well as providing fishing tips to first timers. Prizes will be awarded throughout the day. **All participants must supply their own fishing pole.**

FOR: CHILDREN UP TO AGE 15 (*Children under the age of 8 must be accompanied by a parent or guardian.*)
DAY/DATE: SUNDAY, MAY 3
TIME: 12:00 – 3:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK LAKE MARIE
ACTIVITY#: 175500-A
FEE: \$5.00 PER PERSON (You must pre-register by FRIDAY, MAY 1)

"LEARN-TO-RIDE" BIKE PROGRAM and CAR SEAT SAFETY INSPECTION

Conducted by: Jim Whiting & The Bedford Police Department

This highly successful program was initiated by "Bike New York", a Bicycle Education Program dedicated to teaching kids how to ride a bicycle and showing parents effective methods for teaching their kids at home. The Bedford Police will be on hand to provide safety tips and bike registration. Learn more about cycling opportunities in the New York area at www.bikenewyork.org.

CAR SEAT INSPECTION – In conjunction with our "Learn-To-Ride" Bike Program specially trained police officers will provide car seat inspections to all interested residents between the hours listed below.

FOR: BOYS & GIRLS OF ALL AGES
DAY/DATE: SATURDAY, MAY 9 (Rain date SATURDAY, MAY 16)
TIME: 10:00 am – 12:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
FEE: FREE (residents may attend any time during the 2-hour period)
NOTE: *Participants must bring a bicycle and bike safety helmet*



CHALLENGE GAME NIGHT

Program Supervisor: Kimberly O'Brien

Conquer your opponent in a challenging game of Stratego, play a defying game of Battleship, compete in an elimination Connect Four competition, win the fast hands of Giant Spoons plus other fun and challenging games to play. Dinner and snacks are included.

FOR: GRADES 3 – 7
DAY/DATE: SATURDAY, JUNE 6
TIME: 6:00 – 8:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY#: 172101-A
FEE: \$20.00 – Residents / \$25.00 – Non-Residents



NEW

COMMUNITY FAMILY CAMP OUT

**AT KATONAH MEMORIAL PARK ON SATURDAY SEPTEMBER 12th 5:00 pm
THROUGH SUNDAY SEPTEMBER 13th AT 11:00 am**

Supervision: The Town of Bedford Recreation and Parks staff and volunteers in cooperation with the Bedford Police Department and the Bedford CERT team

The Town of Bedford Recreation and Parks Department in cooperation with local community organizations is excited to offer this NEW fun filled family activity to our Town residents and friends. This camp out is a great way to introduce yourself and your family to the camping experience right in your own backyard (Town)!

FEE: \$30.00 per tent (location)

ACTIVITY#: 275600-A

CAMP SITE: Each camp site / tent location is 15' X 15'

FOOD: Bring your own dinner food, snacks & drinks (non alcoholic of course)

WE PROVIDE:

- Assistance if needed - in setting up your tent/camp site will be provided.
- A great camp fire until 11:00pm
- 2 Large charcoal grills for cooking
- Picnic Tables and a food "share" table(s)
- S'mores, hot chocolate, tea and coffee
- Ghost stories at the shelter pavilion with a warming fire in the fireplace
- Breakfast – Bagels, donuts, juice, coffee, tea and hot chocolate
- A Sunday morning swim at the Katonah pool from 8:00am until 10:00am
- Supervision will be provided by The Town of Bedford Recreation and Parks staff and volunteers in cooperation with the Bedford Police Department and the Bedford CERT team.

RESTROOMS: Clean restroom facilities at the Katonah pool bath house and shelter pavilion will be available.

REGISTRATION: **Starts on June 1st.** Camp sites are limited. Early registration is encouraged. The registration **deadline of Friday August 28th** is required for adequate planning for event.

INFORMATION: A camp out information sheet will be available starting June 1st. It will offer details on what to bring, suggestions for misc. camping items along with other useful information that will enhance your "camping" experience at Katonah Memorial Park!

QUESTIONS: Contact the Recreation Office at 666-7004 or by email at Recreation@Bedfordny.gov



MEMORIAL DAY TOWN OF BEDFORD MAY 25, 2015 PARADES & CEREMONIES

PLEASE JOIN US IN A NATIONAL DAY OF REMEMBRANCE

Bedford Hills Memorial Day Parade and Ceremonies

SPONSORED BY: Bedford Hills Fire Department and Bedford Hills Lions Club

PARADE STARTS: At 9:00 am sharp at BHES on Babbitt Road

PARADE ROUTE: Babbitt Road to Church Street BHCH, Main Street to the BHFD.

CEREMONIES: Held at the BHCH WW I memorial followed by a ceremony at the end of the parade at the WW II, Korean and Vietnam war memorials at the intersection of Bedford Road and Main Street.

Katonah Memorial Day Parade and Ceremony

SPONSORED BY: Katonah American Legion Post 1275 and the Katonah Fire Department

PARADE STARTS: At 10:00 am sharp at Katonah Fire Department

PARADE ROUTE: Katonah Fire Department down Katonah Avenue up Parkway to Lawrence Circle. After the ceremony at the war memorials the parade continues from Lawrence Circle down Bedford Road to the Katonah Fire Department.

CEREMONIES: Are held at the Lawrence Circle WW I, WW II and Civil war memorials followed by a ceremony at the end of the parade at the KFD bell honoring all veteran's who were also volunteer firefighters.

Bedford Village Memorial Day Parade and Ceremony

SPONSORED BY: Bedford Fire Department and Bedford Village Lions Club

PARADE STARTS: At 11:15 am Approx.

PARADE ROUTE: Starts at the Corner of Seminary Road and Pound Ridge Road right onto Pound Ridge Road (Route 172) to the Village Green.

CEREMONY: Held at the WW I, WW II, Korean, Vietnam and Gulf War memorials located at the Village Green. At the conclusion of the ceremony residents are invited to the BFD for light refreshments.

MEMORIAL DAY TOWN PICNIC

Hosted by: American Legion Post 1575

The local American Legion Post 1575 is graciously hosting a picnic at American Legion Hall at 136 Jay Street in Katonah (right next to the Katonah Museum of Art). All Town Residents are invited. The picnic will be held from 11:00 am to 2:00 pm.

please join us!





TREE CITY USA®

ARBOR DAY CELEBRATION

Town Supervisor Chris Burdick, the Town Board, Bedford Tree Advisory Board chairman Michael Serio and members of the Tree Advisory Board (TAB) invite town residents to join in celebrating Arbor Day 2015 with a tree planting ceremony scheduled for Saturday April 18, 9:00 am at a site to be determined by the Tree Advisory Board. (rain date April 25) The site selected will be announced on the Town website, in the "What's New" Town's weekly message and in the press.

On behalf of the Town Board, Supervisor Burdick, will read the annual Town of Bedford Arbor Day proclamation. New York State Department of Environmental Conservation on behalf of the National Arbor Day Foundation hopes to be available to present the "Tree City USA" designation award to the Town of Bedford. **George Profous, New York Regional Coordinator has been invited to this year's celebration.** The "Tree City USA" honor is bestowed on communities that have met four qualification standards. They include having a Tree Board or Department, a tree care ordinance, a comprehensive forestry program and have an annual Arbor Day observance and official proclamation. This is the 15th year Bedford has been designated as a "Tree City USA". The Town Board is very pleased that the Tree Advisory Board's ongoing work with the National Arbor Day Foundation has secured this wonderful designation for the Town of Bedford and appreciates the role the TAB serves in working with the Town Board in preserving, protecting, maintaining existing Town owned trees and the planting of trees in Bedford.

Katonah Spring Clean-up Day and Plant Sale

Saturday, May 2nd
9am to 2pm
(Rain or Shine)



Meet in front of the library.
Disposable gloves, garbage bags,
vests, route maps, and
refreshments provided.

Prizes for the Kids!

SPONSORED BY



KATONAH VILLAGE
IMPROVEMENT SOCIETY



For more information visit www.KatonahVIS.com



Summer Solstice Yoga Celebration at John Jay Homestead

All are welcome!

Saturday, June 20th, 9:00 - 10:30am

KVIS
katonahinspired
Promoting Healthy Living



KATONAH VILLAGE
IMPROVEMENT SOCIETY

Contact:
KVIS board member,
Deirdre Breen
914-486-6480

BEDFORD VILLAGE BUSINESS ASSOCIATION

Sidewalk SALE

FRIDAY, JUNE 12 & SATURDAY, JUNE 13

rain or shine

Discounts and selection vary by store. Shop early for the best selection.

Visit our NEW website www.bvba.org



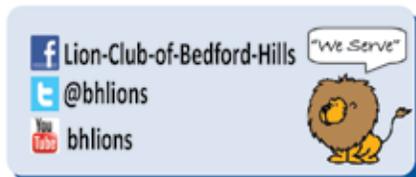
The Lions Club of Bedford Hills

The Lions Club of Bedford Hills was founded in 1939 with one goal – **COMMUNITY SERVICE....**

Since then, we have supported dozens of projects and causes *that give back to our local community*, including the **Bedford Hills Free Library**, **Bedford Recreation and Parks programs**, **Citizenship Awards** at Bedford Hills Elementary and **College Scholarships** for Fox Lane graduates.

We also sponsor exciting events throughout the year including our scrumptious **PANCAKE BREAKFASTS** and our signature **CUSTOM & CLASSIC CAR SHOW, SUNDAY, JUNE 14TH, KATONAH**

Go to www.bedfordhillslions.org
for our upcoming events!



We meet once a month on the
1st Wednesday at 7 pm at the
Bedford Hills Community House.

We always welcome men and women
who share our spirit of fellowship &
community service – come see what we're all about!

Join us!



Supporting Bedford Youth Programs since 1956

The Bedford Village Chowder & Marching Club is a community group in Bedford, NY that raises funds to help provide support for local youth programs and projects focusing on arts and music, club and school sports, scouts, athletics, youth outreach, scholarships and community service.

CLEAN-UP WEEKEND

**FRIDAY MAY 1ST & SATURDAY MAY 2ND
8:30 am to 3:00 pm**



More Info:
www.chowderandmarching.org

Bedford Free Library



Truck Day

FREE FOR ALL AGES

**Saturday, June 20th
10:00 am – 1:00 pm**

**Parking Lot of Bedford Presbyterian Church
Village Green – Bedford, NY**

In case of inclement weather check website www.bedfordfreelibrary.org



The Bedford Hills Neighborhood Association is a charitable community-based organization seeking to enhance the overall quality of life for its residents, promote community cohesiveness, and create a safe, healthy environment for all. We plan events that bring the community together, promote volunteerism to help those in need and donate to local charitable initiatives.

For More information check out our website: BHNA10507.com
or like us on facebook: Bedford Hills Neighborhood Association.

Join us on **APRIL 11TH** for our
6th Annual Run for the Hills - 5k

online registration:
<http://www.lightboxreg.com/run-for-the-hills-5k?mobile=0>
or call 914-318-6937

**SUMMER PROGRAMS
THAT START IN JUNE**

**EVERY
HERO**

HAS A STORY



Visit our website for information
and to sign up for email alerts
www.bedfordfreelibrary.org

Bedford Free Library Summer Reading 2015

- Summer Reading Kickoff
- Storytime at the Bedford Village Pool
- Craft Programs
- Best in Bedford Dog Show
- Live Animal Visits
- Book Buddies
- Online Summer Reading Games for Grades K-12
- Knitting Classes
- Stuffed Animal Sleepover
- Truck Day and More

914-234-3570
32 Village Green, Bedford, NY



KIDDY KORNER JAMBOREE

Co-Directors: Sylvia Rossi & Jennifer Jordan

Take a break Mom! In this popular pre-school program your child will learn, play and develop new social skills interacting with their peers in a safe and nurturing environment. Each day our caring and devoted instructors will lead the class through a variety of favorite activities including games, singing, art and more.

FOR: AGES 3 – 4
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DAYS: MONDAY – FRIDAY
TIME: 9:30 am – 12:30 pm

SPRING/SUMMER REGISTRATION OPTIONS:

5 DAYS (MON. - FRI.) – \$700.00 (50 SESSIONS)
3 DAYS (MON., WED., FRI.) – \$495.00 (30 SESSIONS)
2 DAYS (TUES. & THURS.) – \$350.00 (20 SESSIONS)
1 DAY* (SEE BELOW) – \$210.00 (10 SESSIONS)

*Special Note: Registrations for a single day will not be accepted until one week prior to the start of the program.

MONDAYS – APR. 6, 13, 20, 27, MAY 4, 11, 18, JUNE 1, 8, 15
TUESDAYS – APR. 7, 14, 21, 28, MAY 5, 12, 19, 26, JUNE 2, 9
WEDNESDAYS – APR. 8, 15, 22, 29, MAY 6, 13, 20, 27, JUNE 3, 10
THURSDAYS – APR. 9, 16, 23, 30, MAY 7, 14, 21, 28, JUNE 4, 11
FRIDAYS – APR. 10, 17, 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12

ALL DAYS HAVE 10 MEETINGS

K.K.J. WILL NOT MEET ON 5/25 MEMORIAL DAY

ELIGIBILITY: PARTICIPANT MUST BE AGE 3 BY JUNE 30, 2015 (NO EXCEPTIONS).

A copy of the child's birth certificate must be provided at registration. Children must be fully toilet trained—no diapers, pull-ups, etc.



MOMMY & ME MUSIC

Conducted by: Patti Hupp

Popular musician/teacher, "Miss Patti" leads this music & movement class. Instruments, dancing, singing—a great way to start the day. A Free CD on the first day of class. www.nyartsmart.com

FOR: AGES 1 – 3
DAY: WEDNESDAYS
DATES: APRIL 15, 22, 29, MAY 6, 13, 20, 27 JUNE 3
TIME: 9:30 – 10:15 am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 141100-A
FEE: \$100.00 – Residents / \$125.00 – Non-Residents





Westmoreland Sanctuary
NATURE CENTER & WILDLIFE PRESERVE

NATURE ADVENTURES

Take some time with your child to discover the great outdoors. Jump into spring with this fun, educational and interactive program with enjoyable activities like exploring wetlands, seeking out little creatures and going on a "Stream Stomp". Discover something new each week!



FOR: AGES 3 – 5
(w/parent or guardian)
DAY: TUESDAYS
DATES: MAY 5, 12, 19, 26, JUNE 2, 9
TIME: 1:30 – 2:15 pm
LOCATION: WESTMORELAND SANCTUARY
ACTIVITY #: 151900-A
FEE: \$80.00 – Residents
\$100.00 – Non-Residents

NOTE: *Classes are held outdoors, so please be sure to dress for the weather. Rain gear for rainy days please. A bottle of water is also a good idea to bring along. (Children must turn three prior to the start of class.)*

LEARN, BUILD, PLAY WITH...DUPLO® BRICKS

Conducted by: Bricks 4 Kidz®

Students will learn and build models from our "IN THE JUNGLE" and "I LIKE TO EAT" themes. They will create fun, simple sculptures as they gain greater awareness of the world around them and talk and build models of the monkey, lion and more from the *Jungle* theme and foods like the apple, ice cream and more. Introduce your pre-schoolers to the fun of learning, building and playing the Bricks 4 Kidz® way.

FOR: AGES 4 – 5
DAY: WEDNESDAYS
DATE: APRIL 15, 22, 29,
MAY 6, 13, 20, 27, JUNE 3
TIME: 1:00 – 1:45 pm
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
ACTIVITY #: 131101-A
FEE: \$140.00 – Residents
\$175.00 – Non-Residents

TINY DRAGONS

Conducted by: WMMAF

The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to martial arts. Here they are taught basic martial arts in a fun and friendly environment. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

FOR: AGES 3 – 4
DAY: THURSDAYS
TIME: 1:30 – 2:00 pm
LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
(333 North Bedford Rd. Mt. Kisco, NY)
SPRING: APRIL 16, 23, 30, MAY 7, 14, 21, 28 JUNE 4
ACTIVITY #: 161900-A
SUMMER: JUNE 18, 25, JULY 2, 9, 16, 23, 30, AUGUST 6
ACTIVITY #: 261900-A
FEE: \$150.00 – Residents / \$187.50 – Non-Residents





Registration for ALL U.S. Sports Institute Programs done directly through the organization. You can register Online: www.ussportsinstitute.com Or call (866) 345-BALL

TOTAL SPORTS SQUIRTS – PARENT & ME

Conducted by: U.S. Sports Institute

Ideal for any child just starting out in the world of sport, this program introduces children to new sports in each session. With a helping hand from Mom or Dad, children will have the opportunity to try soccer, lacrosse, T-ball, basketball, floor hockey and more.

FOR: AGES 2 – 3
DAY: TUESDAYS
DATES: APRIL 14, 21, 28, MAY 5, 12, 19, 26 JUNE 2
TIME: 12:00 – 12:50 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$140.00



TOTAL SPORTS SQUIRTS

Conducted by: U.S. Sports Institute

Experience a new sport each session of the program with Sports Squirts. Participants have the opportunity to try soccer, T-ball, lacrosse, basketball, floor hockey, parachute games and more in a safe, structured environment.

FOR: AGES 3 – 5
DAY: TUESDAYS
DATES: APRIL 14, 21, 28,
MAY 5, 12, 19, 26 JUNE 2
TIME: 1:00 – 2:00 pm
LOCATION: BEDFORD VILLAGE
MEMORIAL PARK
FEE: \$140.00

SOCCER SQUIRTS

Conducted by: U.S. Sports Institute

Often Imitated, Never Duplicated. Soccer Squirts camp introduces boys and girls to the beautiful game of soccer. Soccer squirts will learn the fundamental skills of soccer through a program of structure activities, fun based games and scrimmages.

FOR: AGES 3 – 5
DAY: MONDAYS
DATES: APRIL 13, 20, 27,
MAY 4, 11, 18, JUNE 1
TIME: 1:00 – 2:00 pm
LOCATION: BEDFORD VILLAGE
MEMORIAL PARK
FEE: \$120.00

SOCCER SQUIRTS – PARENT & ME

Conducted by: U.S. Sports Institute

With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through a variety of structured activities, fun-based games and scrimmages. Each session will focus on maximizing participation and learning through games designed to stimulate a child's imagination and develop motor skills.

FOR: AGES 2 – 3
DAY: MONDAYS
DATES: APRIL 13, 20, 27, MAY 4, 11, 18, JUNE 1
TIME: 12:00 – 12:50 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$120.00



 **SUMMER WEEK LONG CAMP!**

AMERICAN GIRL DOLL CAMP

Instructor: Kimberly Motill

Join fellow American Girl Doll friends for this amazing American Girl Doll Adventure. American Girl Summer Fun Days will include various activities for you & your American Girl to participate in. So bring your girl (or borrow one from us!) We will make lots of amazing crafts, including, making no-sew clothes for the dolls, a sleeping bag for our slumber party and more. There will be a slumber party, a yoga class, glow-in the dark dance party, tea party and other fun activities. Don't miss out on the fun!

FOR: GRADES 5 & UP
DAY: MONDAY – THURSDAY
DATE: AUGUST 17 – 20
TIME: 1:00 – 4:00 pm
LOCATION: FAMILY TREE YOGA STUDIO
 980 Hope Street, Stamford, CT 06907
ACTIVITY#: 292900-A
FEE: \$325.00

NOTE: Registration on or before Friday, August 14



BUILDING... TOO FUN TO BE HOMEWORK

Conducted by: Bricks 4 Kidz®

Your child's learning doesn't need to stop when the bell rings. While exploring S.T.E.M. concepts (science, technology, engineering, math) and with the use of LEGO® bricks and Bricks 4 Kidz® model plans, students learn to build moving and **motorized** models of **simple machines, animals, structures, weather, space, vehicles** and more. They develop problem solving skills, creativity, and foster an appreciation for how things work.

FOR: GRADES 1 – 5
DAY: TUESDAYS
DATE: APRIL 14, 21, 28, MAY 5, 12, 19, 26, JUNE 2
TIME: 4:30 – 5:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 132101-A
FEE: \$140.00 – Residents
 \$175.00 – Non-Residents



COOKING CREATIONS

Instructor: Kimberly O'Brien

This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation.

Each week the children will prepare and enjoy their own scrumptious treats.



FOR: GRADES 2 – 6
DAY: THURSDAYS
DATE: APRIL 16, 23, 30, MAY 7, 14, 21, 28 JUNE 4
TIME: 4:15 – 6:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 132100-A
FEE: \$160.00 – Residents
 \$200.00 – Non-Residents



BABY-SITTING TRAINING COURSE

Instructor: Nicole Chiarella, Certified Red Cross Instructor

The Babysitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

FOR: AGES 11 – 15
DAY/DATE: SUNDAY APRIL 19
TIME: 9:00am – 3:00pm
 (bring lunch/snacks/baby doll)
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 152101-A
FEE: \$75.00 – Residents
 \$94.50 – Non-Residents

NOTE: *Must be 11 by the first class & attend all classes. Bring a pen, notebook, lunch, drink & snack.*

SPRING RECESS FUN

Supervisor: Kimberly O'Brien

Looking for something fun to do with your child(ren) over the spring break? Well look no further! This program will keep the kids busy with various activities, like arts and crafts, active play, cooking and more.

FOR: GRADES K – 5
DAY/DATE: MONDAY MARCH 30 AND /OR WEDNESDAY APRIL 1
TIME: 9:00 am – 2:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$35.00 – Residents PER DAY
 \$43.75 – Non-Residents PER DAY
ACTIVITY#: 192108-A (MON.)
ACTIVITY#: 192108-C (WED.)

EXTENDED DAY

TIME: 2:00 - 6:00 pm
FEE: \$25.00 – Residents PER DAY
 \$31.25 – Non-Residents PER DAY
ACTIVITY#: 192108-B (MON. EXTENDED)
ACTIVITY#: 192108-D (WED. EXTENDED)

Note: *Bring your lunch or buy pizza the morning you attend. You must attend morning program in order to use extended day.*

UKULELE LESSONS

Instructor: Patti Hupp

Let's play the Ukulele! Chords, strumming and FUN will be the focus in this class. The great thing about the Ukulele is that it is easy to play. Compared to the guitar, the Ukulele is easy. You will be able to play hundreds of 3 chord songs by the end of the session.

FOR: GRADES 1 – 5
DAY: WEDNESDAYS
DATE: APRIL 15, 22, 29, MAY 6, 13, 20, 27, JUNE 3
TIME: 4:45 – 5:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 142103-A
FEE: \$150.00 – Residents
 \$187.50 – Non-Residents

NOTE: *Participants must provide their own ukulele.*



**SUMMER SPORTS CLINIC!****AUGUST PRE SEASON "TUNE UP" FIELD HOCKEY CLINIC****GIRLS 7- 12 (in the fall of 2015)**

Coaches Ridgely Biddle, Cathy Cousin and Debbie Walsh are offering a pre season "tune up" program for girls who are preparing for fall field hockey. The program is geared for those players who want to focus on stick skills, offensive and defensive skills, game strategies and conditioning. The practices will include a dynamic warm up, individual stick work, drills that focus on offensive and defensive strategy and game play. This program is open to players of all levels, though focused more on the modified and JV players. Players must provide their own stick, shin guards, mouth guard and eye guard and water bottle(s).

FOR: GIRLS ENTERING GRADES 7 THROUGH 12 IN THE FALL OF 2015 (residents of Bedford Central School District or Katonah / Lewisboro School District only)

DAY/DATE: MONDAY THRU FRIDAY, AUGUST 17 – 21

TIME: 4:30 – 6:30 pm

LOCATION: KATONAH MEMORIAL PARK FIELD – LOCATED BEHIND THE POOL

ACTIVITY #: 262601-A

FEES: \$100.00

NOTE: **Equipment required by the players: Eyewear, mouth guard, stick, shin guards, water bottle(s)**

GOALIES: Specialized Goalie training will be made available with Goalie Coach Alex Holowach. Alex is currently a goalkeeper specialist for the Convent of the Sacred Heart School and works with the USA Field Hockey Futures program. Alex was a member of the Ithaca College Field Hockey Team and was a 5 year member of the Briarcliff HS Field Hockey team where she received all league, section and State recognition for her play.

COACHES:

Ridgely Biddle – Is a Katonah resident, MAT in PE, JV Field Hockey Coach for Convent of the Sacred Heart, former player at Boston University and rated field hockey and lacrosse official.

Cathy Cousin – Varsity Field Hockey coach at Ossining High School 1986-1994, played for SUNY Cortland 1982-86 and is in her sixth season with the program.

Debbie Walsh – Is a former field hockey player at Fairfield University, is a JJMS modified Field Hockey Coach and has been a coach in the field hockey program for four years.

FREE YOUTH FIELD HOCKEY CLINIC FOR BEGINNERS

Are you ready to try a new sport? Field hockey might be the sport for you! Join us on **Friday, August 21st at 5:30** on the playing fields of **Katonah Memorial Park**. You will be able to see middle school and high school girls playing a game while also learning how to play yourself. We will provide the equipment. You need to come with just sneakers and a water bottle. Bring a friend! **This FREE clinic is sponsored through the Town of Bedford Recreation and Parks Department. Pre registration is not required.**

FOR: GIRLS ENTERING GRADES 2 – 8 IN THE FALL

DAY/DATE: FRIDAY, AUGUST 21

TIME: 5:30 – 6:30 pm

LOCATION: KATONAH MEMORIAL PARK FIELD

QUESTIONS? Please contact the Recreation Office at 666-7004 or contact program coordinator/Head Coach, Coach Ridgely Biddle, at Ridgelybiddle@bedfordfieldhockey.org or call 914-232-5106. The field hockey website is www.bedfordfieldhockey.org





The Town of Bedford Recreation and Parks Department will be hosting a variety of sports clinics for the summer 2015. Registration for many of the clinics will be done online through the organizations running the clinics. Please take note of the different registration procedures.

SUMMER SPORTS CLINIC!

FIRST PLAY SOCCER

Experience the excitement of the world's most popular sport at this highly appraised camp – First Play Soccer! Children will thrive in the exciting, fun atmosphere generated by our internationally qualified coaches and love the daily themes and challenges.

FOR: AGES 5 - 11

DATE: **AUGUST 10 - 14**

LOCATION: **BEDFORD HILLS MEMORIAL PARK**

TIME: 9:00 am – 12:30 pm
9:00 am – 4:00 pm
1:00 pm – 4:00 pm

FEE: \$179.00 Half day morning
\$209.00 Full day (**must be 6 or older**)
\$139.00 Half Day Afternoon

REGISTRATION: **Online at www.UnitedSoccerAcademy.com**

SUMMER SPORTS CLINIC!

TOTAL PLAY MULTI SPORTS

Experience over 16 different sports from around the world including soccer, basketball, lacrosse, volleyball, cricket, floor hockey and more at this camp. All activities will take place in an atmosphere which promotes good sportsmanship teamwork and most of all fun. This is the only sports camp truly dedicated to children of all abilities.

FOR: AGES 5 - 11

DATE: **AUGUST 10 - 14**

LOCATION: **BEDFORD VILLAGE MEMORIAL PARK**

DATE: **AUGUST 17 - 21**

LOCATION: **BEDFORD HILLS MEMORIAL PARK**

DATE: **AUGUST 24 - 28**

LOCATION: **KATONAH MEMORIAL PARK**

TIME: 9:00 am – 12:30 pm
9:00 am – 4:00 pm
1:00 pm – 4:00 pm

FEE: \$179.00 Half day morning
\$209.00 Full day (**must be 6 or older**)
\$139.00 Half Day Afternoon

REGISTRATION: **Online at www.USSportsInstitute.com**

SUMMER SPORTS CLINIC!

SOCCER SQUIRTS

Often Imitated, Never Duplicated. Soccer Squirts camp introduces boys and girls to the beautiful game of soccer. Soccer squirts will learn the fundamental skills of soccer through a program of structure activities, fun based games and scrimmages.

FOR: AGES 5 - 11

DATE: **AUGUST 10 - 14**

LOCATION: **BEDFORD HILLS MEMORIAL PARK**

TIME: 4:30 - 5:30 pm

FEE: \$89.00

REGISTRATION: **Online at www.UnitedSoccerAcademy.com**



SUMMER SPORTS CLINIC!

TOTAL SPORTS SQUIRTS

Experience a new sport each session of the program with Sports Squirts. Participants have the opportunity to try soccer, T-ball, lacrosse, basketball, floor hockey, parachute games and more in a safe, structured environment.

- FOR:** AGES 3 - 5
- DATE:** AUGUST 10 - 14
- LOCATION:** BEDFORD VILLAGE MEMORIAL PARK
- DATE:** AUGUST 17 - 21
- LOCATION:** BEDFORD HILLS MEMORIAL PARK
- DATE:** AUGUST 24 - 28
- LOCATION:** KATONAH MEMORIAL PARK
- TIME:** 4:30 – 5:30 pm
- FEE:** \$89.00
- REGISTRATION:** Online at www.USSportsInstitute.com



SUMMER SPORTS CLINIC!

SUMMER BASKETBALL CLINIC

Instructor: Mike Tomassi, Varsity Basketball Coach, Fox Lane H.S.

We are pleased to announce that Fox Lane's varsity basketball coach, Mike Tomassi will be conducting a co-ed youth basketball clinic at our newly renovated basketball courts at Bedford Village Memorial Park. With the assistance from players in the high school basketball program, Coach Tomassi will guide participants through a series of fun and challenging drills and skill stations designed to teach participants the skill set required to become a successful basketball player.

- FOR:** GRADES 4 & 5
- TIME:** 4:00 – 5:00 pm
- FOR:** GRADES 6, 7 & 8
- TIME:** 5:15 – 6:15 pm
- LOCATION:** BEDFORD VILLAGE MEMORIAL PARK
- DAYS:** MONDAYS
- DATES:** JUNE 29, JULY 6, 13, 20, 27 (RAINDATE AUGUST 3)
- ACTIVITY #:** 262401-A
- FEE:** \$100.00

SPRING AND SUMMER PROGRAM

WMMAF MARTIAL ARTS

Conducted by: WMMAF

Westchester Mixed Martial Arts and Fitness offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow. Gear package is included in the price of the class (uniform, gloves & shins).

- DAY:** THURSDAYS
- SPRING DATES:** APRIL 16, 23, 30, MAY 7, 14, 21, 28 JUNE 4
- SUMMER DATES:** JUNE 18, 25, JULY 2, 9, 16, 23, 30, AUG. 6
- LOCATION:** WESTCHESTER MIXED MARTIAL ARTS & FITNESS (333 North Bedford Rd., Mt. Kisco)
- FEE:** \$190.00 – Resident
\$237.50 – Non-Resident
- FOR:** AGES 5 – 7 "LITTLE CHAMPS"
- TIME:** 4:15 – 5:00 pm
- ACTIVITY #** 162900-A (SPRING)
- ACTIVITY #** 262900-A (SUMMER)
- FOR:** AGES 8 – 12 "YOUTH"
- TIME:** 5:15 – 6:00 pm
- ACTIVITY #** 162900-B (SPRING)
- ACTIVITY #** 262900-B (SUMMER)



TRAVEL SOCCER TRYOUTS

Castleford Rovers Soccer Club is a joint venture between Bedford Youth Soccer Club and Armonk United Soccer Club.

- All teams train 2x per week with professional soccer coaches (who also coach the team in a weekly game)
- Tryout for Fall 2015/Spring 2016 travel teams will be held May 18 - June 7, 2015
- Tryout registration (required) will open in early May
- Visit www.castlefordrovers.org for more information and to register for tryouts

BEDFORD YOUTH SOCCER CLUB



Bedford Youth Soccer Club offers instructional In-House and competitive Travel programs for children ages 4-13+. BYSC Programs are offered throughout the year - Winter, Spring, Summer and Fall.

For more information please visit our website at www.bedforyouthsoccerclub.org



F.C. BEDFORD SOCCER CLUB

IN-HOUSE SOCCER PROGRAM
FOR BOYS & GIRLS AGES 4-11

- 🚩 **SOCCER BASED TRAINING CLINICS**
- 🚩 **LOCAL IN-HOUSE PROGRAM – NO TRAVEL GAMES INVOLVED**
- 🚩 **HELD AT BEDFORD HILLS MEMORIAL PARK**
- 🚩 **TUESDAY EVENINGS – 6:30-7:30PM**
- 🚩 **SPRING & FALL SESSIONS: \$175.00/YEAR**

FOR MORE INFORMATION CALL: 914-666-2271



21ST ANNIVERSARY

MVP BASKETBALL DAY CAMP

Named "Best Sport Camp" by Westchester Magazine



BEDFORD & WHITE PLAINS

locations
Boys & Girls 6-16



www.mvpbasketballcamp.org 914-946-1231



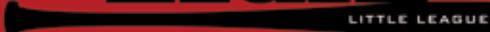
BASEBALL ASSOCIATION

**Opening Day is
April 18th!**

www.eteamz.com/bprba

**MAKE SURE TO
CHECK-IN WITH
YOUR FAVORITE
SPORTS PROGRAM
FOR SPRING/SUMMER
REGISTRATION
INFORMATION!**

**BEDFORD HILLS
KATONAH**



PLAY BASEBALL



**WE WANT
YOU
ON OUR TEAM**

JOIN US AT
BHKLL.ORG



*A League
of Their Own*

**The Softball League
for Girls That's all
about Girls**

Katonah Lewisboro Bedford Softball is pleased to announce another season of Spring Softball for girls' grades 1-9. The season will start the week of April 18* and conclude in the middle of June. We finish the year with our annual picnic celebration and trophy presentation. The exact dates will be posted on the website noted below. Our league has been operating for 30 years and is the premier league for girls softball in the area.

**PLEASE VISIT OUR WEBSITE TO REGISTER
WWW.KBGS.COM.LEAG1.COM**

League Details

- Price will be posted on the website closer to the date
- League will provide full uniforms for the girls
- Games will run on Weekdays and Weekends
- Every team will be given the opportunity to run practices at least once a week (pending availability)
- The league will run clinics for the girls during the season
- KLBS will also run Summer Travel Programs

*KLBS is an independent girl's only softball league that runs programs all year long. KLBS serves Bedford, Katonah, Lewisboro, Pound Ridge and Mount Kisco. *Dates subject to change based on weather and field conditions*



CHARTER BUS TRIPS

NEW

The Town of Bedford will be offering a series of Day Trips to all adult residents. In conjunction with our senior trip program, we will be reserving a fixed number of seats for non-senior adults who would enjoy a day out. We have plenty of extra seats to accommodate those who wish to take advantage of these attractive destinations. Please feel free to call the recreation office for more details about these great trip offerings.

You must submit a registration form to reserve your spot!

SANDS CASINO Bethel, PA

DATE: THURSDAY, APRIL 23, 2015
TIME: 8:00am (Bus departs Katonah Memorial House)
FEE: \$40.00
SENIOR DISCOUNT FEE: \$30.00

HUDSON RIVER CRUISE & LUNCH at THE RIVER STATION RESTAURANT Poughkeepsie, NY

DATE: THURSDAY, JUNE 18, 2015
TIME: 10:00am (Bus departs Katonah Memorial House)
FEE: \$75.00
SENIOR DISCOUNT FEE: \$65.00

9/11 MEMORIAL & LUNCH at CARMINE'S RESTAURANT New York, NY

DATE: THURSDAY, SEPTEMBER 24, 2015
TIME: 9:30am (Bus departs Katonah Memorial House)
FEE: \$95.00
SENIOR DISCOUNT FEE: \$85.00

MOHEGAN SUN CASINO Uncasville, CT

DATE: THURSDAY, OCTOBER 29, 2015
TIME: 8:00am (Bus departs Katonah Memorial House)
FEE: \$40.00
SENIOR DISCOUNT FEE: \$30.00



**Please note a \$2.00 gratuity for the driver will be collected on the bus for all trips.
Make checks payable to the "Town of Bedford"
For additional information or to get a form call the Recreation Office at 666-7004.**

SPRING INTO WELLNESS!

**Instructors: Bonnie LaRaus CHHC, AADP
Emily Calascione, CHHC, AADP**

Bonnie & Emily are back again to offer a course for all those seeking healthy alternatives for daily living. They will share various strategies with participants through group discussion, live demonstrations, informative handouts and of course, delicious, healthy food!

In this four-session course, you will:

- Experiment with new foods
- Understand how to decipher food labels
- Reduce stress & increase focus through various breathing techniques
- Learn to use food journaling & mindful eating to overcome destructive food cravings
- Perfect techniques to modify your stress responses

We will conclude the course with a mini-detox customized specifically for you to achieve success.

FOR: ADULTS 18+
DAY: WEDNESDAYS
DATES: APRIL 22, MAY 6, 20, & JUNE 3
TIME: 10:00 – 11:00 am
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 113105-A
FEE: \$125.00 Town of Bedford
MATERIAL: \$ 50.00 payable to instructors 1st class-covers food/material handouts

PAINT ESCAPE **NEW**

Instructor: Nando Amico

Escape with your friends, date or spouse and let the artist in you out! Join Paint Escapes for a creatively fun experience! Paint Escape supplies all the materials you will need to create your “masterpiece” with the help of our art instructor. Bring your favorite beverage and snack and be prepared for an exciting social adventure. Whether it’s an escape from Sunday chores or the kids we have an art party for you! No artistic ability required! We will have coffee available at the end of class while you admire everyone’s work.

FOR: AGES 21+
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
FEE: \$20.00 – Residents
 \$25.00 – Non-Residents
DAY/DATE: SUNDAY, MAY 17
TIME: 3:00 – 5:00 pm
ACTIVITY #: 123101-A
 OR
DAY/DATE: SUNDAY, JUNE 14
TIME: 3:00 – 5:00 pm
ACTIVITY #: 123101-B

DEFENSIVE DRIVING

Instructor: Bedford Police

Learn to drive defensively! After completing this course, motorists may be eligible for a reduction on their insurance premiums and up to a 4-point reduction on their driving record. Participants must be on time and complete the full 6 hours of instruction to satisfactorily complete the class.

FOR: AGES 16+
DATE: TUES. & WED., JUNE 9 & 10
TIME: 7:00 – 10:00 pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 123100-A
FEE: \$19.00 Town of Bedford
 \$11.00 National Safety Council

NOTE: *Participants must attend both nights*



INSANITY

Instructor: Robin McCaine, Insanity Certified/ Fitness Coach
 INSANITY is the new fitness rage! Have you put on a few pounds this season and want to get in shape, look and feel great? Join Robin as he works with you to help you achieve your exercise goals! INSANITY is a cardio intense workout that uses MAX Interval Training - a method of short strenuous/ high intensity workouts followed by intervals of short rests. Robin will help design an exercise routine to meet all fitness levels! Robin McCaine is a Katonah resident who is INSANITY certified. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Fitness Coach who helps and inspires others to successfully complete workout programs like INSANITY!

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: APRIL 21, 28, MAY 5, 12, 19, 26, JUNE 2, 9
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD VILLAGE ELEMENTARY SCHOOL (45 Court Road, Bedford, NY)
ACTIVITY #: 113200-A
FEE (8 CLASSES): \$72.00 – Residents
\$36.00 – Resident Seniors (65+)
 \$90.00 – Non-Residents

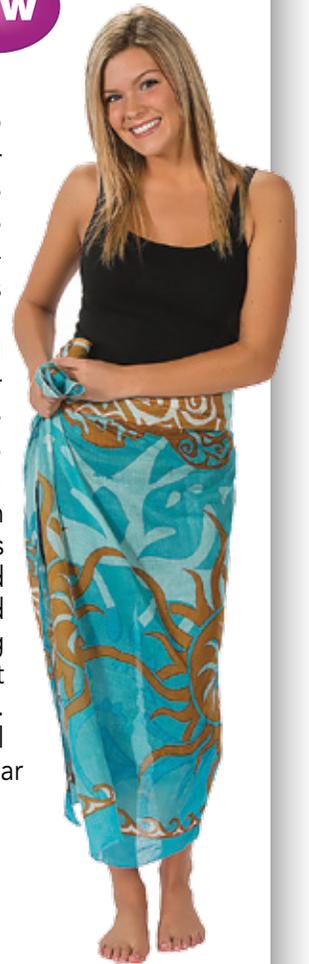
TOTAL BODY WORKOUT

Instructor: Anne-Marie Pasquale
 Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 22 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

HULA FITNESS

NEW

Instructor: Leya Perrine
 Aloha! Have you ever wanted to learn the art of hula? Now is your chance! This course will teach the basics of Hawaiian hula dance: the basic steps and the meaning behind the arm and leg movements and some language lessons as well. Hula is an interpretive art form, and each dance learned has a deeper meaning that will be taught to the students. Students will learn 4-8 full hula dances, depending on class ability. Learn about Hawaiian musical and dance culture as well as develop better posture, poise and confidence. No dance background necessary. Hula relies on developing core and leg strength and is a great low-impact workout to fun music. Students will learn both traditional and modern hula dances to popular Hawaiian chants and songs.
Wear comfortable workout clothes or leotard w/sarong.



FOR: ADULTS 18+
DAY: MONDAYS
DATE: APRIL 20, 27, MAY 4, 11, 18, JUNE 1, 8, 15, 22
TIME: 10:00 – 11:00 am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 113104-A
FEE (9 CLASSES): \$80.00 – Residents
\$40.00 – Resident Seniors (65+)
 \$100.00 – Non-Residents

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: APRIL 14, 21, 28, MAY 5, 12, 19, 26, JUNE 2, 9
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 113301-A
FEE (9 CLASSES): \$81.00 – Residents
\$41.00 – Resident Seniors (65+)
 \$101.00 – Non-Residents
NOTE: *Maximum 30 participants*

AEROBICS WORKOUT

Instructor: Paula DiJulio

Join Paula whose 48 years of experience will ensure that you enjoy this easy to follow aerobic workout. The class is great for the heart and sculpting your body into shape using a repetitive combination of fitness moves set to motivational music that provides a fun workout. The emphasis is placed on total body fitness with a combination of warm-up and stretch, cardiovascular exercises and muscular strengthening for the lower and upper body.

- FOR:** ADULTS 18+
DAY: MONDAY & WEDNESDAY
DATE: APRIL 13, 15, 20, 22, 27, 29,
MAY 4, 6, 11, 13, 18, 20, 27,
JUNE 1, 3, 8, 10, 15, 17
(No class 5/25)
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 113300-A (BOTH MON. & WED.)
ACTIVITY #: 113300-B (MONDAYS ONLY)
ACTIVITY #: 113300-C (WEDNESDAY ONLY)
FEE CLASSES/ 2 DAYS WEEK:
\$171.00 – Residents
\$ 86.00 – Resident Seniors (65+)
\$214.00 – Non-Residents
FEE CLASSES/ 1 DAY WEEK:
\$ 86.00 – Residents
\$ 43.00 – Resident Seniors (65+)
\$108.00 – Non-Residents
NOTE:
- **Maximum 30 participants**
 - **Hand weights are optional**



PILATES

Instructor: APOGEE FITNESS & WELLNESS OF BEDFORD HILLS

This 10 week Pilates Series will highlight Power Pilates in the form of an Open Mat class. You will be empowered to discover your inner strength, transform your mind and body, increase your stamina, improve your health and achieve a new and exciting physical well being. Space is limited so reserve your spot today. Voted Best of Westchester - Pilates 2012 we encourage you to come give it a try!

- FOR:** ADULTS 18+
DAY: THURSDAYS
DATE: APRIL 16, 23, 30,
MAY 7, 14, 21, 28,
JUNE 4, 11, 18
TIME: 7:00 – 8:00 pm
LOCATION: APOGEE FITNESS & WELLNESS
(170 Harris Road, Bedford Hills)
ACTIVITY #: 113900-A
FEE (10 CLASSES): \$100.00 – Residents
\$125.00 – Non-Residents

NOTE:

- **Maximum 15 participants – For women only**
- **There is no senior discount**
- **All supplies/other equipment will be provided**
- **Close fit clothing; loose shorts or tops can catch & tangle. No shoes or socks are required.**

SUMMER SWEAT AEROBICS

Instructor: Paula DiJulio

For those who want to continue on a regular workout routine or want to start one, this high-low aerobics program is for you. This workout is specifically geared to adults who may not be exercising regularly and would like to get into a healthy program that meets their needs! Bring a mat or large towel.

- NOTE:**
- **Maximum 30 participants**
 - **Hand weights are optional**

- FOR:** ADULTS 18+
DAYS: MONDAY & THURSDAY
DATES: JUNE 29, JULY 2, 6, 9, 13, 16, 20, 23,
27, 30, AUGUST 3, 6, 10, 13, 17, 20, 24,
27, 31, SEPT. 3, 10 (No class 9/7)
TIME: 7:00-8:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 213100-A
FEE: \$189.00 – Residents
\$ 95.00 – Resident Seniors (65+)
\$237.00 – Non-Residents



YOGA

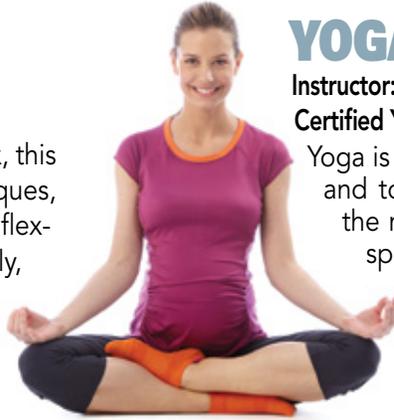
**Instructor: Kim Jones,
Registered Yoga Instructor**

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and is a registered yoga teacher with the Yoga Alliance designation of RYT 200.

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: APRIL 23, 30, MAY 7, 14, 21, 28, JUNE 4, 11
TIME: 7:00 – 8:15pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 113302-A
FEE (8 CLASSES): \$72.00 – Residents
\$36.00 – Resident Seniors (65+)
 \$90.00 – Non-Residents

NOTE:

- **Wear comfortable clothes**
- **Please bring a mat**



YOGA

**Instructor: Susan Lara Safraneck,
Certified Yoga Instructor**

Yoga is an ancient practice that strengthens and tones the body, balances and calms the mind, and refreshes and renews the spirit. In this class we will explore a bit of the history and philosophy of Yoga, while learning Yoga postures, breathing techniques, and meditation, all in a safe, supportive and non-competitive atmosphere. All levels of experience (and flexibility) are welcome.

FOR: ADULTS 18+
DAY: FRIDAYS
DATE: APRIL 17, 24, MAY 1, 8, 15, 22, 29, JUNE 5, 12
TIME: 10:00 – 11:00am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 113102-A
FEE (9 CLASSES): \$81.00 – Residents
 \$100.00 – Non-Residents

NOTE:

- **There is no senior discount**
- **Wear comfortable clothes**
- **Come on an empty stomach**
- **Please bring a mat**

LUNCHTIME WORKOUT

Instructor: Karla Diamond

Designed to keep you moving and fit. This class includes a fun dance aerobic workout followed by strength and balance exercises. Top it off with gentle stretches that can be done on a chair or on the floor and a 5 minute relaxation. You'll feel ready to charge into the rest of your day! This class is open to all ages and abilities. All of the exercises can be modified so that you can go at your own pace.

NOTE:

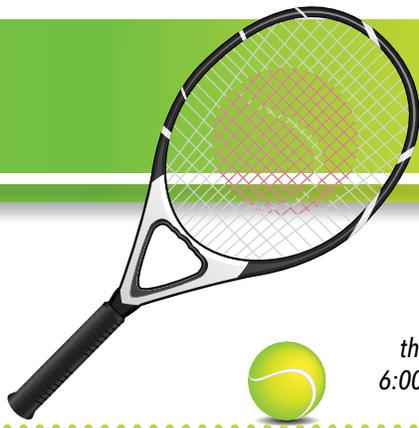
- **There is no senior discount**
- **Bring a mat or large towel**
- **Bring hand weights**

FOR: ADULTS 18+
DAY: MONDAYS & THURSDAYS
TIME: 12:00 – 1:00pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
 \$70.00 PER SESSION

ACTIVITY #: 113103-A
SPRING SESSION I: APRIL. 6, 9, 13, 16, 20, 23, 27, 30, MAY 4, 7

ACTIVITY #: 113103-B
SPRING SESSION II: MAY 11, 14, 18, 21, 28, JUNE 1, 4, 8, 11, 15 (No class 5/25)

ACTIVITY #: 113103-C
SUMMER SESSION I: JUNE 22, 25, 29, JULY 2, 6, 9, 13, 16, 20, 23



ID cards for tennis & paddle tennis are available at our office at no additional cost. If you hold a valid/paid Pool Photo ID card another ID card is not necessary. **PLEASE NOTE:** The Katonah and Bedford Village Tennis Courts are utilized by the Harvey School from April through mid-May, 3:30 - 5:00pm. Home matches will require the use of the courts until 6:00pm. A detailed schedule of court use will be posted at each site on April 1st.

SPRING 2015 tennis lessons

The Town of Bedford Recreation and Parks Department is pleased to be partnering with the Saw Mill Club to offer a wide variety of public tennis lesson opportunities to the residents of Bedford this spring and summer. Tennis Director Bob Bull and staff member Charles Lacy Thompson will be coordinating the program offerings with assistance from the Town of Bedford R&P staff. See you on the courts! All instructors are provided by the Saw Mill Club and are USPTA certified.

BEDFORD HILLS MEMORIAL PARK

Located behind the Bedford Hills Little League Field.

KATONAH MEMORIAL PARK

Located at the end of North Street next to the main parking area.

BEDFORD VILLAGE MEMORIAL PARK

Located on the right side of the main parking lot on Greenwich Road.

NEW for 2015! The Town anticipates renovations to the tennis court surface and perimeter fencing to take place in late July with a completion date of early October. During the work the tennis courts will be closed. The courts at Bedford Hills and Katonah will be open for play.

BEDFORD HILLS MEMORIAL PARK

YOUTH TENNIS

DAY: TUESDAYS
DATE: MAY 5, 12, 19, 26, JUNE 2, 9 (RAINDATE JUNE 16)
FEE: \$135.00

AGES 4.5.6

TIME: 4:30 – 5:30 pm
ACTIVITY#: 182500-A

AGES 7.8.9

TIME: 5:30 – 6:30 pm
ACTIVITY#: 182500-B

JUNIOR TENNIS

DAY: THURSDAYS
DATE: MAY 7, 14, 21, 28, JUNE 4, 11 (RAINDATE JUNE 18)
FEE: \$135.00

AGES 10 – 14 (BEGINNER)

For individuals just starting tennis and those with limited tennis experience.

TIME: 4:30 – 5:30 pm
ACTIVITY#: 182501-A

AGES 10 – 14 (ADV. BEGINNER)

For individuals who can hit the ball over the net with some success and need to develop on court experience.

TIME: 5:30 – 6:30 pm
ACTIVITY#: 182502-A

ADULT TENNIS (BEGINNER)

DAY: TUESDAYS
DATE: MAY 5, 12, 19, 26, JUNE 2, 9 (RAINDATE JUNE 16)
TIME: 6:30 – 7:30 pm
ACTIVITY#: 183501-A
FEE: \$135.00

ADULT TENNIS (ADV. BEGINNER/INTERMEDIATE)

DAY: THURSDAYS
DATE: MAY 7, 14, 21, 28, JUNE 4, 11 (RAINDATE JUNE 18)
TIME: 6:30 – 7:30 pm
ACTIVITY#: 183502-A
FEE: \$135.00

BEDFORD VILLAGE MEMORIAL PARK

YOUTH TENNIS

DAY: SATURDAYS
DATE: MAY 2, 9, 16, 30, JUNE 6, 13 (RAINDATE JUNE 20)
FEE: \$135.00 - Add \$15.00 to purchase a junior racquet

AGES 4.5.6

TIME: 10:00 – 11:00 am
ACTIVITY#: 182400-A

AGES 7.8.9

TIME: 11:00 am – 12:00 pm
ACTIVITY#: 182400-B

JUNIOR TENNIS

DAY: FRIDAYS
DATE: MAY 1, 8, 15, 29, JUNE 5, 12 (RAINDATE JUNE 19)
FEE: \$135.00

AGES 10 – 14 (BEGINNER)

For individuals just starting tennis and those with limited tennis experience.

TIME: 4:30 – 5:30 pm
ACTIVITY#: 182401-A

AGES 10 – 14 (ADV. BEGINNER)

For individuals who can hit the ball over the net with some success and need to develop on court experience.

TIME: 5:30 – 6:30 pm
ACTIVITY#: 182402-A

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

DAY: SATURDAYS
 DATE: MAY 2, 9, 16, 30, JUNE 6, 13 (RAINDATE JUNE 20)
 TIME: 9:00 – 10:00 am
 ACTIVITY#: 183401-A
 FEE: \$135.00

KATONAH MEMORIAL PARK

YOUTH TENNIS MONDAYS

DATE: MAY 4, 11, 18, JUNE 1, 8, 15 (RAINDATE JUNE 22)
 FEE: \$135.00

AGES 5,6,7

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 182600-A

AGES 8,9,10

TIME: 5:30 – 6:30 pm
 ACTIVITY#: 182600-C

WEDNESDAYS

DATE: MAY 6, 13, 20, 27 JUNE 3, 10
 (RAINDATE JUNE 17)

FEE: \$135.00

AGES 5,6,7

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 182600-B

AGES 8,9,10

TIME: 5:30 – 6:30 pm
 ACTIVITY#: 182600-D

ADULT TENNIS

MONDAYS

DATE: APRIL 27, MAY 4, 11, 18, JUNE 1, 8, 15
 (RAINDATE JUNE 22)

FEE: \$155.00

BEGINNER

TIME: 9:30 – 10:30 am
 ACTIVITY#: 183601-A

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
 ACTIVITY#: 183602-A

WEDNESDAYS

DATE: APRIL 29, MAY 6, 13, 20, 27, JUNE 3, 10
 (RAINDATE JUNE 17)

FEE: \$155.00

BEGINNER

TIME: 9:30 – 10:30 am
 ACTIVITY#: 183601-B

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
 ACTIVITY#: 183602-B

ADULT TENNIS TOURNAMENT

NEW

We will be organizing an adult tennis tournament in the month of July for men & women single players. This tournament will be conducted over a **3 WEEK PERIOD CULMINATING IN CHAMPIONSHIP MATCHES ON THE WEEKEND OF JULY 25TH & 26TH**

If you are interested in joining the tournament, please contact Jim Whiting at (914) 666-7004 prior to June 19th. The tournament fee will be \$25.00 per player.

SUMMER 2015 tennis lessons

BEDFORD HILLS MEMORIAL PARK

DAY: TUESDAYS & THURSDAYS
 SESSION I: JUNE 30, JULY 2, 7, 9, 14, 16 (RAINDATE JULY 21)
 SESSION II: JULY 23, 28, 30, AUG. 4, 6, 11 (RAINDATE AUG. 13)
 FEE: \$135.00

YOUTH TENNIS

AGES 4,5,6

TIME: 3:15 – 4:15 pm
 SESSION I ACT.#: 282500-A
 SESSION II ACT.#: 282500-B

AGES 7,8,9

TIME: 4:15 – 5:15 pm
 SESSION I ACT.#: 282500-C
 SESSION II ACT.#: 282500-D

JUNIOR TENNIS (AGES 10-14)

TIME: 5:15 – 6:15 pm
 SESSION I ACT.#: 282501-A
 SESSION II ACT.#: 282501-B

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

TIME: 6:30 – 7:30 pm
 SESSION I ACT.#: 283501-A
 SESSION II ACT.#: 283501-B

BEDFORD VILLAGE MEMORIAL PARK

DAY: SATURDAYS
 SESSION I: JUNE 27, JULY 11, 18, 25, AUG. 1, 8 (RAINDATE AUG. 15)
 FEE: \$135.00

YOUTH TENNIS

AGES 4,5,6

TIME: 10:00 – 11:00 am
 ACTIVITY#: 282400-A

tennis programs



**EDGE Tennis
AND
EDGE PREP**

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Saw Mill Club Tennis

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most sought after
tennis plan
for today's
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ages 10 & up.



Registration information at
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77 Kensico Drive, Mt. Kisco NY 10549
www.sawmillclub.com

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SAW MILL CLUB
77 Kensico Drive • Mt. Kisco, NY 10549
914-241-0797
www.sawmillclub.com

AGES 7,8,9

TIME: 11:00 am – 12:00 pm
ACTIVITY#: 282400-B

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

TIME: 9:00 – 10:00 am
ACTIVITY#: 283401-A

KATONAH MEMORIAL PARK

DAY: MONDAYS & WEDNESDAYS
SESSION I: JUNE 29, JULY 1, 6, 8, 13, 15 (RAINDATE JULY 20)
SESSION II: JULY 22, 27, 29, AUG. 3, 5, 10 (RAINDATE AUG.12)
FEE: \$135.00

YOUTH TENNIS

AGES 5,6,7

TIME: 3:15 – 4:15 pm
SESSION I ACT.#: 282600-A
SESSION II ACT.#: 282600-B

AGES 8,9,10

TIME: 4:15 – 5:15 pm
SESSION I ACT.#: 282600-C
SESSION II ACT.#: 282600-D

ADULT TENNIS (BEGINNER)

TIME: 9:30 – 10:30 am
SESSION I ACT.#: 283601-A
SESSION II ACT.#: 283601-B

ADULT TENNIS (ADV. BEGINNER)

TIME: 10:30 – 11:30 am
SESSION I ACT.#: 283602-A
SESSION II ACT.#: 283602-B

ADULT TENNIS (EXPERIENCED)

TIME: 11:30 am – 12:30 pm
SESSION I ACT.#: 283603-A
SESSION II ACT.#: 283603-B



PRIVATE TENNIS LESSONS

In Partnership with the Saw Mill Club

All 3 park courts can be scheduled by contacting the Saw Mill Club – Tennis Director Bob Bull at 241-0797 ext 3007 or by email at bbull@sawmillclub.com

RATES: 1/2HR \$40.00
1 HR \$70.00

ATTENTION: Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

SENIOR ADULT NEWSLETTERS

Stay informed of current senior programs, trips and special events by receiving our calendar/newsletter which is mailed out every two months. To receive the newsletter, contact the recreation office at 666-7203. We will add your name to the mailing list.

SENIOR MEETINGS

Come and join us! Weekly meetings are offered to all residents ages 60 and older. Meetings will include a variety of activities, informational presentations, crafts, games, exercise, special events and more. Coffee, tea and light refreshments will be available at all meetings. We meet every **Monday, Wednesday and Friday from 10:00 am - 2:00 pm at the Bedford Hills Community House, 74 Main Street, Bedford Hills.** Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance.

SEASON HIGHLIGHTS

It's been a cold winter, but our seniors have stayed warm & busy with a variety of engaging activities including bird watching, arts & crafts, flower arrangements, cooking demos, local outings, guest speakers, visits from our visiting nurse and nutritionist. Video bowling is very popular on our big screen TV, along with in-house movies & nature films. We have also travelled to popular sites like The Christmas Tree Shop, Trader Joe's and more.

VISITING NURSE & GUEST NUTRITIONIST

The first Wednesday of each month our seniors are treated with a visit by health care specialists generously provided by Northern Westchester Hospital. Our visiting nurse conducts blood pressure checks along with health discussions, while our guest nutritionist gives tips on healthy eating and will demonstrate how to prepare nutritious easy-to-make snacks.

AGED PERSON'S PROPERTY TAX EXEMPTION

For eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

SHOPPING

The recreation bus runs local shopping trips on Tuesday mornings (ShopRite, CVS and Kohl's). Reservations must be made at least one day in advance by calling 666-7203. Shopping trips to local malls and shopping centers are also regularly offered. Shopping trips are on a first come first served basis.

SENIOR IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00 am-4:00 pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit www.westchestergov.com.

HOME-DELIVERED-MEALS PROGRAM

Seniors who are homebound or recovering from a hospital stay and are unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal delivered by caring volunteers. Call Jim Whiting at 666-7203 for more information.

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Avenue. Hot lunches are available daily, Monday through Friday with a \$2.50 contribution. Reservations must be made a day in advance by calling 666-8931.

HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office at 666-6530.

REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Road, Bedford Hills, to purchase discount coupons for trash disposal, Monday - Friday, 8:30 am - 4:30 pm. The program allows for disposal of plastic bagged,

non-recyclable refuse at Town of Bedford Recycling Center, Adams Street, Bedford Hills, 241-2671, Tues., Thurs. and Sat., 8:00 am - 3:00 pm.



DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Bring a copy of your driver's license to class. Participants must be age 50 or older.

Please make checks payable to AARP.

FOR: AGES 50+
 DATE/ DAY: TUESDAY, APRIL 21
 TIME: 9:00 am – 3:30 pm
 (Please bring a bag lunch for a 1/2 hour lunch break)

LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE

FEE: \$20.00 AARP Member's
 \$25.00 Non-Members

NOTE: **You must pre-register at the Town of Bedford Recreation Office or call 666-7004.**

MAH JONGG CLUB

Coordinator: Caren Roth

Due to popular demand we are organizing our first Mah Jongg Club. This traditional Chinese game of skill & luck is fun, challenging, and a great opportunity for social interaction. Whether you are just starting out or have been playing for years, don't hesitate to join in.

DAY: MONDAYS
 DATES: BEGINS APRIL 20th
 TIME: 2:00 – 3:30 pm
 LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE

NOTE: **This NOT an instructional program. You must have some knowledge of the game and supply your own board & tiles.**

ST. PATRICK'S DAY CELEBRATION AND LUNCHEON

Hosted by Oliver's Restaurant in Katonah

FREE! SAVE THE DATE!
 MARK YOUR CALENDAR!

Corned beef, cabbage, potatoes, Irish soda bread, dessert, beverage, coffee and tea served right at your table by our friendly staff! Seniors must phone in their reservations to the office at 666-7203 no later than Friday, March 6. Transportation is FREE! For those who need a ride – Please indicate this when you call in your reservations.

WEDNESDAY, MARCH 11th
11:00 am – 2:00 pm

BEDFORD HILLS COMMUNITY HOUSE
FREE LUNCH WILL BE SERVED AT 12 PM

SENIOR ADULTS CHARTER BUS TRIPS

You must submit a trip registration form to reserve your spot. For additional information or to get a form call the recreation office at 666-7004. Make checks payable to the "Town of Bedford"

SANDS CASINO – Bethel, PA

DATE: THURSDAY, APRIL 23, 2015
 TIME: 8:00am (Bus departs Katonah Memorial House)
 FEE: \$30.00

HUDSON RIVER CRUISE & LUNCH @ THE RIVER STATION RESTAURANT Poughkeepsie, NY

DATE: THURSDAY, JUNE 18, 2015
 TIME: 10:00am (Bus departs Katonah Memorial House)
 FEE: \$65.00

9/11 MEMORIAL & LUNCH @ CARMINE'S – New York, NY

DATE: THURSDAY, SEPTEMBER 24, 2015
 TIME: 10:30am (Bus departs Katonah Memorial House)
 FEE: \$85.00

MOHEGAN SUN CASINO – Uncasville, CT

DATE: THURSDAY, OCTOBER 29, 2015
 TIME: 8:00am (Bus departs Katonah Memorial House)
 FEE: \$30.00

Please note a \$2.00 gratuity for the driver will be collected on the bus for all trips.



TOWN DAY CAMP (for children in grades 1-7)

Get outside and play! The theme of the camp is good old-fashioned summer camp fun. The camp experience offers an organized, supervised program of structured activities for 6 weeks during the summer. The daily schedule includes swimming lessons along with an ever-changing mix of activities such as sports, outdoor games, board games, science, and arts & crafts. An additional feature of the day camp are the special theme days, fun entertainers and fun days including Camp Olympics, Water Carnival and the ever popular All Camp Carnival held at the Bedford Village Memorial Park. Campers are grouped by grade and gender. The town Day Camp is available for kids entering first through seventh grade. More information will be available in the Parent Handbook on-line. Please note that camp trips are an additional charge and all permission slips are due by Wednesday, July 1. **Handbooks will be available online starting in May.**

DAY: MONDAY THRU FRIDAY
 FULL SESSION: JUNE 30 – AUGUST 7 (NO CAMP FRIDAY, JULY 3)
 SESSION I: JUNE 30 – JULY 20 (NO CAMP FRIDAY, JULY 3)
 SESSION II: JULY 21 – AUGUST 7
 TIME: 9:00 am – 3:00 pm
 LOCATIONS: BEDFORD HILLS MEMORIAL PARK
 BEDFORD VILLAGE MEMORIAL PARK
 KATONAH MEMORIAL PARK



NOTE: *Eligibility is determined by grade entering in the fall. Children must be entering First Grade in the fall to be eligible and may participate through entering grade 7.*

2015 TOWN DAY CAMP FEE	DISCOUNTED RATE MARCH 23 - MAY 10	REGULAR RATE BEGINNING MAY 11	SCHOOL DISTRICT NON-RESIDENTS BEGINNING MARCH 23
1 ST CHILD IN A FAMILY (FULL SESSION)	\$464.00	\$672.00	\$1,092.00
EACH ADDITIONAL CHILD (FULL SESSION)	\$381.00	\$557.00	N/A
1 ST CHILD IN A FAMILY (SESSION I OR II)	\$386.00	\$562.00	N/A
EACH ADDITIONAL CHILD (SESSION I OR II)	\$314.00	\$462.00	N/A

***Registration will not be accepted June 26 – June 30**



DAY CAMP AND TINY TOT REFUND POLICY

- Refunds are given only if requested before the first day of camp
- No refund after camp is in session, unless a medical reason is provided with appropriate documentation.
- There are NO refunds for trips.
- All requests must be submitted in writing.
- There is a \$25.00 processing fee per child request.

School District Residents are children who attend the Bedford Central or the Katonah Lewisboro School Districts but are not Town of Bedford residents. In order to register your child as a School District Resident you must bring a copy of your child's school records with you to registration. There are a limited number of spaces for School District Residents and it is a first come first serve starting March 23.

TOWN TINY TOTS (for children ages 3½-5)

Get ready for summer fun! This half day camp is designed for preschoolers' age 3½ to 5 years old. Counselors guide children through traditional camp experiences including coloring, manipulative, dramatic play, music, story time, group games, craft projects and more. In addition, entertainers and special events enrich the program. All activities are designed to excite campers, teach new skills, encourage cooperative play, and inspire smiling faces. Tiny Tots is structured with a 15 minute arrival period, followed by four 30-minute activity periods, with a snack break in the middle, we end the day with a 15 minute dismissal period, which often includes announcements and distribution of flyers, and parent pick up. The counselor/camper ratio is planned at 1:8. Please make sure you review the parent handbook and calendar on-line in May for more information and special events.

DAY: MONDAY THRU FRIDAY
 FULL SESSION: JUNE 30 – AUGUST 7 (NO CAMP FRIDAY, JULY 3)
 SESSION I: JUNE 30 – JULY 20 (NO CAMP FRIDAY, JULY 3)
 SESSION II: JULY 21 – AUGUST 7
 TIME: 9:00 am – 11:40 am
 LOCATIONS: ST. PATRICK'S SCHOOL
 KATONAH ELEMENTARY SCHOOL

NOTE: Children must be age 4 by Dec. 31, 2015 and potty trained (no Pull-Ups).



2015 TOWN TINY TOTS FEE

DISCOUNTED RATE
MARCH 23 - MAY 10

REGULAR RATE
BEGINNING MAY 11

SCHOOL DISTRICT
NON-RESIDENTS
BEGINNING MARCH 23

	DISCOUNTED RATE MARCH 23 - MAY 10	REGULAR RATE BEGINNING MAY 11	SCHOOL DISTRICT NON-RESIDENTS BEGINNING MARCH 23
1 ST CHILD IN A FAMILY (FULL SESSION)	\$376.00	\$557.00	\$830.00
EACH ADDITIONAL CHILD (FULL SESSION)	\$314.00	\$462.00	N/A
1 ST CHILD IN A FAMILY (SESSION I OR II)	\$319.00	\$467.00	N/A
EACH ADDITIONAL CHILD (SESSION I OR II)	\$265.00	\$394.00	N/A

***Registration will not be accepted June 26 – June 30**

DAY CAMP AND TINY TOT REGISTRATION INFORMATION

To register children for **DAY CAMPS** or **TINY TOTS** parents must

- Bring a copy of child's immunization Records (parents must write dates on camp form or have a current letter of exemption)
- Have two emergency contacts with names and daytime phone numbers (other than parent)
- Show proof of Health Insurance
- Present the child's Pool ID Card (Day Camp only)
- Present a copy of child Birth Certificate (Tiny Tots only)

No incomplete registration forms will be accepted. All paperwork must be submitted at the time of registration to secure official registration for your child.



FREQUENTLY ASKED QUESTIONS

What ages are the counselors?

Our Senior Counselors are high school graduates and older usually 18 year and older, Junior Counselors have just completed 10th or 11th grade and are 16 or 17 years of age and Counselors in Training have completed 9th grade and are usually 15 years old.

What is the camper to counselor ratios?

The mandated ratio according to the Department of Health is a 12:1 ratio and the counselor is considered anyone over age 16. The Town of Bedford exceeds the Department of Health in trying to keep our ratios low. The Tiny Tots ratio is a 8:1 ratio and Day Camp is a 8:1 ratio.

What other supervisory staff are at the camp locations?

In addition to the counselors all locations have a Director and an Assistant Director. The supervisors at the camps are all Educational professionals working in schools or obtaining degrees to work in schools. Our Specialists are also adults looking to work in schools or with our youth.

What Certifications do the directors have?

All Directors and Specialists are certified in RTE (Responding to Emergencies) or equivalent and CPR for the Professional Rescuer or equivalent.

What do the Day Campers do during the day?

The morning is broken up into five - 30 minute periods, during that time the campers will participate in swimming lessons, athletics, arts and crafts, sports and games, playground visits, board games, snack time and more. In the afternoon the campers will have free swim and more fun and games with their counselors.

What does my Tiny Tot Camper do during the day?

The tiny tot program is broken up into four 30 minute periods plus a snack time. During their day, campers will participate in arts and crafts, plus games and activities. The counselors run three periods to keep the campers entertained and active. Campers may play group games, with running and movement or have creative play with building blocks, manipulative and dramatic play.

How are the children grouped?

At the Day Camp the children are grouped by grade and gender. At the Tiny Tot level the campers are grouped by age. We do try to group kids entering kindergarten together.

Will my child have swimming lessons?

As part of the camp day, the day campers will participant in swimming lessons. For Tiny Tots we have a program called Little Dolphins that is separate from the camp program. There is an additional fee and parent must provide transportation to and from Little Dolphins swim lessons. You must have valid pool ID card to take Little Dolphins.

My child will need to take medication while at camp what do I need to do?

Any camper needing to take/ have medication at the campsite will need to have a parent and doctor signed approval form available at the recreation office.

What should my child wear to camp?

Campers should be in summer clothing (short and t-shirt) or appropriate clothing for the current weather conditions. All shoes should be closed toe. We recommend sneakers be worn everyday. There are times campers will need to sit out of activities if they are not wearing appropriate shoes.

Is there water to drink at camp?

All the camps/pools have water fountains, however we recommend sending your camper with a labeled water bottle or thermos everyday.

Can my child purchase lunch at day camp?

Yes, our food concession stand has a set camper lunch where children can purchase lunch every day.

Does the town provide transportation to and from camp?

No, it is the parent's responsibility to provide transportation.

What happens when it rains?

The day camp has three scenarios for rain.

1. If it is raining in the morning and camp is moved to the rain location drop off and pick up will be at the rain location. If we start at the rain location we are never moved back to the campsite.
2. If it starts to rain mid morning (before 12 noon) and it is expected to continue raining the rest of the day. We will bus the kids to the rain location. Pick up will be at school location.
3. If it starts raining after 12 noon and it is expected to continue camp will be cancelled.

How will I be notified of the rain day locations/ cancellations?

The Recreation Department will send out an e-mail blast to the e-mail you provided at registration time. We do our best to send the e-mail out in a timely manner, but there are times it is delayed do to unexpected weather patterns.



WEEK LONG SPECIALITY CAMPS

SUMMERS END

Looking for some fun, entertaining activities to extend your camp experience? Summers End Camp will be loads of fun. This program will offer various activities and events to interest all ages. Activities run from sports and games, arts & crafts, swimming, and special events. Let's play all day!

FOR: GRADES 1 – 6
DATE: AUGUST 10 – 14
TIME: 9:00 am – 2:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
ACTIVITY #: 292510-A
FEE: \$160.00

PRESCHOOL ART & MUSIC CAMP

Instructor: Patti Hupp

Each day children will discover famous paintings by well-known artists as we listen to great music from the masters. Then it's off to Music/Movement where we'll sing, dance, play instruments and groove our way around until it's time to cool down with a yoga sun salutation.

FOR: GRADES 3 – 5
DATE: AUGUST 10 – 14
TIME: 9:30 am – 11:30am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 291101-A
FEE: \$150.00 Resident
\$187.50 Non-Resident

RED HOT ROBOTS

Conducted by: Mad Science

Join Mad Science and our Radical Robots for a scientific journey through circuitry and sensors. Explore several different types of robots....robots that follow lines and sounds, robotic arms like the ones you see in the big factories on TV (well, smaller than that, but you get the picture). You will even play tag with robots that you control! Complete the camp by building **your own robot that you get to keep and take home!**

FOR: GRADES K – 4
DATE: AUGUST 24 – 28
TIME: 9:30 am – 3:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$350.00

NOTE: *Mad Science instructors supervise a 30 minute lunch break, please make sure to bring lunch daily.*

To register go to
<https://register.madscience.org/newyorkcity/camp-register.aspx>

ENGINEERING FUNDAMENTALS WITH LEGO®

Conducted by: Play Well TEKologies

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battle track! Design and build as never before, and explore your craziest idea in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

FOR: AGES 6 – 11
DATE: AUGUST 17 – 21
TIME: 9:00 am – 12:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292101-A
FEE: \$160.00 Resident
\$200.00 Non-Resident

Lunch Bunch – For participants taking both the AM and PM classes we will provide adult supervision during the hour lunch break.

MINECRAFT, BUILD WITH LEGO®

Conducted by: Play Well TEKologies

Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO®.

FOR: AGES 6 – 11
DATE: AUGUST 17 – 21
TIME: 1:00 – 4:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292101-B
FEE: \$160.00 Resident
\$200.00 Non-Resident

Lunch Bunch – For participants taking both the AM and PM classes we will provide adult supervision during the hour lunch break.

SEE OUR YOUTH SPORTS SECTION ON PAGE 16 FOR FUN-FILLED SUMMER'S END SPORTS CLINICS!

JUMP INTO SUMMER at the BEDFORD POOLS!

Welcome to the summer of 2015! Are you ready to Dive into summer? The Bedford Recreation & Parks Department is excited for the 2015 Swimming Pool season! Below and on the following pages you will find all that the Town has to offer our residents at our pools this summer! The Town of Bedford is extremely fortunate to have 3 beautiful hamlet pools for you to enjoy! Each hamlet pool offers a fun but competitive swim & dive team for children age 6-18; swim lessons for little ones; birthday parties at the pool; and special events at each hamlet pool!

Pool News

RETURNING MEMBERS REGISTRATION

If you were a member last summer and have a valid 2014 Pool membership I.D. card, you will be receiving a separate mailing regarding renewing your pool membership this summer.

You can renew one of 3 ways: ◀

1. In-Person at our office
2. Mail in registration
3. **NEW IN 2015!** Online registration - Only for returning member's who had valid passes in 2014. Details will be coming in the mail with your pool membership.

Please note that ALL on-line registrations will incur a 2.5% transaction fee

If you are a **RETURNING MEMBER** from 2014 and are renewing in person or by mail and you have retained your pool ID cards from 2014 please send/bring in your pool permit application, payment & 2 proofs of residency. There is no need to mail in your cards. We will update your membership in our computer and your cards will automatically be activated and ready for use this summer. If you have a child who now requires a photo ID card (age 2 & above), you will need to bring him/her into the office to have their photo taken (at no additional cost).

REPLACEMENT CARDS

If you have misplaced your cards/lost your cards and had your photo taken and need a new card(s) issued, please indicate that on your registration form and enclose a \$15.00 replacement card fee with payment. We will mail the replacement card(s) once the replacement fee has been received.

NEW MEMBERS OR THOSE WHO HAD PASSES PRIOR TO 2014

For those new to the area, who are interested in joining or who had passes prior to 2014 registration is **IN-PERSON only**. Please see the registration information below.

PLEASE NOTE: If you purchase a family membership and a member of your family does not/has not come in for their photo ID card, they will not be able to enter the pool facility until they have been issued a card unless you bring them in as your guest AND pay the guest fee.

POOL REGISTRATION

- Office hours are Monday-Friday, 8:30am-4:30pm. Registrations are accepted up until 4:00pm. (Extended Hours: Sat., April 25, 9:00am - 12:00pm and Tues., May 5, 4:30 - 7:30pm)
- Payment in full is required at the time of registration.
- Two forms of residency are required. Proof of residency can include: utility bills, vehicle insurance card, or a vehicle registration card.

Welcome to the summer of 2015! Are you ready to Dive into summer? The Bedford Recreation & Parks Department is excited for the 2015 Swimming Pool season! Below and on the following pages you will find all that the Town has to offer our residents at our pools this summer! The Town of Bedford is extremely fortunate to have 3 beautiful hamlet pools for you to enjoy! Each hamlet pool offers a fun but competitive swim & dive team for children age 6-18; swim lessons for little ones; birthday parties at the pool; and special events at each hamlet pool!

NOTE: A driver's license and PO Boxes will not be accepted as proof of residency.

- All members of the family age 2 (by 12/31/15) and above require photo ID's.
- We encourage you to register early to take advantage of the discount rate.
- A separate registration form & check is required for pool registration.

POOL MEMBERSHIP ELIGIBILITY, ID CARDS & FEES

ELIGIBILITY: In order to use any of the Town of Bedford's three pool facilities you must be a Town of Bedford Resident and you must purchase a pool membership.

RESIDENTS: Residency is defined as owning and living in or renting and living in a home/dwelling within the Town of Bedford. **Owning land is not considered residency.** Proof of residency/ rental is required each year of enrollment.

POOL I.D. CARDS:

- All members age 2 and above are required to have computerized photo ID cards to gain access into each pool facility.
- Your membership ID card allows you to utilize any hamlet pool.
- You must bring your ID card each time you go to the pool facility; present it to the gate attendant who will scan it & return it to you.
- Residents who do not purchase a membership may only enter as a guest of a pool member and must pay the daily guest fee.



BEDFORD VILLAGE - SMILE! TIME TO UPDATE YOUR POOL PHOTO ID'S

BEDFORD VILLAGE - THIS IS YOUR YEAR to update your Photo ID's. All members age 20 & under in the BEDFORD VILLAGE HAMLET must get new photo's taken for their pool membership cards. Adults age 21 and over have the option of keeping their old card/picture or taking a new one.



2015 POOL MEMBERSHIP FEES

	DISCOUNT RATE (thru 5/10)	REGULAR RATE (begins 5/11)
Family:	\$300.00	\$346.00
Adult (21+):	\$148.00	\$170.00
Child (2-20yrs):	\$ 52.00	\$ 66.00
Senior Citizen (65+):	\$ 45.00	\$ 45.00
Child Care Provider:	\$329.00	\$346.00
Adult Pay Tag:	\$ 81.00	\$ 81.00
	+ \$ 10.00@gate	+ \$ 10.00@gate
Card Replacement Fee:	\$ 15.00	\$ 15.00
Daily Guest Fees		
Adults (18+):	\$ 10.00	\$ 10.00
Child (2-17) & Senior (65+):	\$ 8.00	\$ 8.00
Adult Guest Discount Card (18+):		\$80.00/10 visits
Child (2-17)/Senior (65+) Guest Discount Card:		\$50.00/10 visits

GUEST DISCOUNT CARD

- Pool permit holders, age 12 and older, can purchase a guest discount card that will allow you 10 guest visits (adult or child) at a reduced rate. This transaction can only be done at the RECREATION OFFICE. Pricing details are listed under pool memberships.
- You will be issued a separate card that will be loaded with 10 pre-paid visits.
- If you purchased a discount card last season, any balance on the card has expired.
- If you still have your card from last season it can be re-loaded with 10 pre-paid visits for the 2015 season, similar to updating your pool membership card.
- If you have discarded your guest discount card or never received one, please let us know/mark your registration form, and we will re-issue you a new one.

PLEASE NOTE:

- You cannot purchase the guest discount card at the pool gate
- Guest Discount Cards can ONLY be purchased at the RECREATION OFFICE
- Purchases are valid for the 2015 season only. Money left on account is NON-TRANSFERABLE and NON-REFUNDABLE.

2015 POOL SCHEDULE

All Town of Bedford pools will open on Saturday, May 23 thru Monday, September 7**. For the first 3 weeks of the season (pre-season) the pools will be closed on Mondays, Tuesdays and Wednesdays. During that time we will be operating on a Thursday through Sunday schedule. All pools will open full season beginning Monday, June 15. There may be times throughout the summer when a pool will be closed due to a swim meet. Swim meet schedules are determined by the Northern Westchester Swim Conference. Pool closure information will be posted at the respective pools. In addition e-mail alerts will be sent out for pool closings due to swim meets and weather events, therefore we encourage you to provide us with your e-mail address when you obtain your membership. Remember that as a pool member you are entitled to use all three hamlet pools therefore, if your hamlet pool is closed for any reason, we encourage you to visit another pool. Please refer to the schedule below for hours of operation.

** NOTE: Due to the late Labor Day holiday and possible shortage of staff some pool hours may be adjusted and/or a pool closed and staff consolidated during the last week of the summer. We strongly encourage you to call the pool before heading out.

POOL PHONE NUMBERS ARE SEASONAL ONLY (MAY 23 - SEPTEMBER 7)

BEDFORD VILLAGE PARK POOL.....	234-3246
KATONAH MEMORIAL PARK POOL.....	232-9349
BEDFORD HILLS MEMORIAL PARK POOL.....	666-7150

MEMBERSHIP TYPES & DEFINITIONS

FAMILY: A family is defined as one or two parents and their unmarried children residing at home who are not yet age 21. Grandchildren, grandparents, married children or others living at the same residence are not considered part of the family however they may be eligible for their own permit provided they can provide proof of residency.

ADULT: An adult is defined as a person age 21 or over residing within the Town.

CHILD: A child is defined as a person ages 2-20 residing within the Town. Children age 2 by 12/31/15 will require passes. Children under age 2 do not require pool passes.

SENIOR: A senior is defined as a person age 65 or older residing within the Town.

CHILDCARE PROVIDER: A childcare provider is one who cannot document full-time residency. They can only use the hamlet swimming pool while working in their child care capacity. Childcare providers must fill out a separate registration form and indicate the household/family whom they work for under - "family name"



POLICIES REGARDING POOL MEMBERSHIPS

GUEST POLICY: Members may bring up to 6 guests per visit. Guests must enter/exit with the pool member and the appropriate daily guest fee, if not using a guest discount card, must be paid upon entrance. Members age 12 and older are only allowed guest privileges.

SWIM & DIVE TEAM/DAY CAMP: In order to participate in any of our swim & dive teams or day camps each participant must have a pool membership.

LOST POOL ID CARD: The replacement fee for a lost pool ID is \$15.00 therefore it is important to retain your cards year to year.

POOL ID CARDS/USE: You must have a valid 2015 Pool ID card to enter the pool facility. This includes camp counselors and campers going to the pool after the camp day. If you are a resident who has not purchased a membership you may go as a guest of a pool member and pay the guest fee. Members may use all three hamlet swimming pools.

PRE-SEASON HOURS~ MAY 23 thru JUNE 14

OPENING DAY: SATURDAY, MAY 23.....12:00pm-7:00pm
 WEEKENDS: MAY 24, 30, 31, JUNE 6, 7, 13, 14.....10:00am-7:00pm
 THURSDAY/FRIDAY: MAY 28, 29, JUNE 4, 5, 11, 12.....3:30pm-7:30pm
 MEMORIAL DAY: MONDAY, MAY 25.....10:00am-6:00pm

REGULAR SEASON HOURS~ JUNE 15 thru AUGUST 9

MONDAY-FRIDAY: JUNE 15 - AUGUST 7.....1:00-8:00pm
 WEEKENDS: JUNE 20 - AUGUST 9.....10:00am-8:00pm
 FRIDAY: JULY 3.....10:00am-8:00pm

END OF SEASON HOURS~ AUGUST 10 thru AUGUST 30

MONDAY-FRIDAY: AUGUST 10 - AUGUST 28.....12:00-7:30pm
 WEEKENDS: AUGUST 15 - AUGUST 30.....10:00am-7:30pm

LAST WEEK OF SEASON HOURS~AUGUST 31 thru SEPTEMBER 7**

MONDAY-FRIDAY: AUGUST 31 - SEPTEMBER 4.....12:00-6:00pm
 WEEKENDS: SEPTEMBER 5, 6.....10:00am-6:00pm
 LABOR DAY: SEPTEMBER 7.....11:00am-6:00pm

Back by Popular Demand

BIRTHDAY PARTIES

Looking for a place for your child's birthday party? How about your hamlet pool? Pool members take a look at this affordable & fun party idea!



POOL PARTY PERKS

- Reserved area of pool facility for your party
- Two 6' long tables/Two picnic tables with umbrella
- Swimming for all in attendance at a discounted rate
- "Eats & Treats" Birthday Party Menu Packages available provided by our pool concessionaire, Westchester Food Services
- A place to keep your cake/dessert item (limited freezer/refrigerator space available)

NOTE: Pool birthday parties are on a space available/first come/first served basis. Birthday party reservations available to pool members only.

PRICING:

POOL FACILITY PARTY AREA.....\$50.00

NON-MEMBERS (per person adult or child).....\$ 5.00

No cost for entrance to the pool for pool members

GUIDELINES:

- "Eats & Treats" Menu's will be available at the Recreation Office beginning May 1st
- Outside food and drinks cannot be brought into the facility
- Participants are responsible for set up & clean up of their reserved area
- The applicant is responsible for the conduct of all participants
- Entertainment of any kind is not permitted inside the pool area
- Wristbands will be given to non-member guests of the party and must be worn at all times
- The pool facility will be open to the public and a spirit of cooperation by all pool participants is appreciated.

For application or more information please call our office at 666-7004 or download an application on the Town's website at www.bedfordny.gov

WHAT'S COOL AT THE POOL?

Besides our amazing staff, beautiful facilities, and swim & dive teams how about coming out to enjoy some fun family friendly activities!

SIZZLING SUNDAYS AT THE POOLS!

Poolside Sunday Fun Nights for Pool Members & Their Guests

The Recreation and Parks Department along with our pool staff are pleased to host *Sizzling Sunday Pool Fun Nights* this summer. Come enjoy the pool for the day and stay for an early evening of good music and games.

We invite you to take advantage of dinner and snack specials that will be available at the concession stand. The Sizzling Sunday specials menu will be posted at each pool 2 weeks prior to each party! Bring a friend or two to enjoy our beautiful pool facilities with discounted guest fees offered starting at 4:00pm. Mark your calendar and save the date...

DJ Music • Fun Games • Fun Prizes
Discounted Guest Fees starting at 4:00pm
Discounted Food & Specials Menu from 5:00 - 7:00pm

LOCATIONS & DATES (5:00PM - 7:30PM)

BEDFORD VILLAGE MEMORIAL PARK POOLSUNDAY, JULY 12TH

KATONAH MEMORIAL PARK POOL.....SUNDAY, JULY 26TH

BEDFORD HILLS MEMORIAL PARK POOL.....SUNDAY, AUGUST 2ND

MOVIES, MUSIC & MORE

FREE SUMMER CONCERT

KATONAH MEMORIAL PARK - JULY 10

Katonah Memorial Park Association in cooperation with Bedford Recreation is proud to present "The Kevin Myers Band" Concert in the Park, Friday July 10th! Local musician and singer Kevin Myers brings a blend of original music true to a roots and soul influence with hints of country. Covers span decades and range from soul and southern rock to 80's pop with great harmonies from the talented band. Bring your friends, family, chairs, blankets and join us for this exciting evening of entertainment!

DAY/DATE: FRIDAY, JULY 10

TIME: 7:00 - 8:30pm

LOCATION: Stage and field area behind the Katonah pool



FREE MOVIE IN THE PARK BEDFORD VILLAGE MEMORIAL PARK

JULY 17

Sponsored by the
 Bedford Village Chowder
 & Marching Club



Once again the Bedford Village Chowder & Marching Club will be sponsoring a "Movie in the Park" this summer at the Bedford Village Memorial Park. Light refreshments will be on sale and families are encouraged to bring their chairs; blankets; family and friends and come out to watch the "Stars under the stars" Details on the movie will be available at the pools!

DAY/DATE: FRIDAY, JULY 17

TIME: 8:30pm

LOCATION: Near the gazebo at the Bedford Village pool



MORE DETAILS ON ALL THE SPECIAL EVENTS ABOVE
 WILL BE AVAILABLE AND POSTED AT THE POOLS!

POOLSIDE BREATH & STRETCH YOGA NEW

Instructor: Deirdre Breen, Certified 500 hour Yoga Instructor
 President & Founder of Self-Care Institute, Inc.

Pool-side Breath & Stretch at Katonah Memorial Pool teaches optimal breath flow, key physical alignment and core engagement in this fun and casual setting. Students will strengthen their essential mind-body-breath connection and experience a renewed sense of vitality with each class. This safe and intelligent class is taught by Deirdre Breen, an expertly trained and certified yogi, certified integrative health coach, and founder of Self-Care Institute, Inc. A native to Katonah, she serves on the board of Katonah Village Improvement Society.

FOR: ADULTS WITH VALID 2015 POOL MEMBERSHIP

LOCATION: KATONAH MEMORIAL PARK POOL

DAYS: SUNDAYS

DATES: JULY 12, 19, 26, AUGUST 2, 9

TIME: 12:30 - 1:15 pm

ACTIVITY #: 213602

FEE: \$45.00 PER PERSON

Bring two large towels and water. Must pre-register and pay at the Recreation Office.

ADULT EARLY MORNING SWIM

The Town of Bedford offers an Adult Early Morning Swim program at the Katonah Memorial Pool. Adults with a valid 2015 pool membership/ID card, will have the opportunity to do lap swimming and to get an early morning workout four days a week. Pool members must pre-register for this program at the Recreation Office prior to participating in any adult early morning swim.

FOR: ADULTS WITH VALID 2015 POOL MEMBERSHIP
LOCATION: KATONAH MEMORIAL PARK POOL
DAYS: MONDAYS THRU THURSDAYS
DATES: JUNE 15 – AUGUST 6
TIME: 6:30 – 7:30 am
ACTIVITY #: 213600-A
FEE: \$70.00 PER PERSON

Must pre-register and pay at the Recreation Office - adult swim is for pool members only.

ADULT SWIMS

Adult swims are held at each hamlet pool. The pool director in charge has the authority to call or not call adult swims based on weather; number of bathers; requests; make up of bathers; etc. The director in charge will also determine, during adult swims, whether the entire pool will be adult only or only certain sections of the pool.

- Weekdays every hour on the hour for 15 minute intervals beginning at approximately 3:00 pm.
- Adult swim will be held at all 3 hamlet pools on Sundays from 10:00am-12:00 pm as follows:

KATONAH: Adult swim for adults 18+. The entire pool complex will be closed to those under age 18.

BEDFORD HILLS & BEDFORD VILLAGE POOLS: Adult swim for adults 18+ in the main pool. The wading pool and shallow end of the pool only will be open to persons under age 18 accompanied by a parent or guardian.

LITTLE DOLPHINS SWIM LESSONS

These group lessons are designed for children (without parents) who will be 4 by December 31, 2015 or have just turned 5 but not yet in kindergarten. These lessons are given at each hamlet pool in two sessions, 9 days per session. Lessons are held on Mondays, Tuesdays, Thursdays, and Fridays, July 6 through August 6. **Lessons are not held on Wednesday.** Class size is limited, all registration is on a first come, first served basis. **Child must have a valid 2015 pool ID.**

SESSION ONE: JULY 6 – JULY 20

CLASS A: 12:00 – 12:30 PM
ACTIVITY #: 261401-A

CLASS B: 12:30 – 1:00 PM
ACTIVITY #: 261401-B

SESSION TWO: JULY 23 – AUGUST 6

CLASS A: 12:00 – 12:30 PM
ACTIVITY #: 261401-C

CLASS B: 12:30 – 1:00 PM
ACTIVITY #: 261401-D

FEE: \$56.00 Per Session

PRIVATE SWIM LESSONS

Information on private swim lessons will be posted at each pool. Pool members interested in private swim lessons should contact the individual pool directors/assistant directors and leave their name, child(s) name, ages, and

availability. Each director will establish a list of qualified lifeguard instructors who are interested in teaching. Private lessons will be held only during set days/times and only if staff is available. Private swim lessons are not guaranteed. Members taking private lessons should note that swim instructors are working as independent contractors and not with the Town of Bedford however both the instructor and client will be required to fill out a Town of Bedford waiver prior to any lesson beginning.

NOTE: Private swim lessons are for pool members only.

STORY TIME AT BEDFORD VILLAGE POOL

Provided by: Bedford Village Library

Pool Telephone number: 234-3246

Meet at the picnic area for a lunchtime story time. Listen to stories while you enjoy your brown bag lunch. A perfect way to start the afternoon at the pool or to refuel after your Little Dolphin lesson! Bring your lunch and a volunteer from the Bedford Free Library will provide the stories and a dessert.

DATES: TUESDAYS–JULY 7, 14, 21, 28

TIME: 1:15 pm

NOTE: You must be a pool member to attend.

BOOK CART & SWAP AT BEDFORD VILLAGE POOL

Provided by: Bedford Village Library

Got books? Looking for that perfect summer read? Check out the book cart at the Bedford Village Pool! The Bedford Free Library has graciously provided the Bedford Village Pool with a book cart for book swapping. The library will stock the cart with books throughout the summer and pool members can take a new book and leave one they are finished with for swapping. Mystery or history? Suspense or romance? It's all waiting for you at the Bedford Village Pool!

STORY TIME AT KATONAH WADING POOL

Provided by: Katonah Library

Pool Telephone number: 232-9349

Once upon a time... so the story goes...what happens next, no one knows... unless you bring your child to the Katonah pool to hear the stories that are sure to be very cool! Bedford Recreation is happy to be a partner with the Katonah Library to bring you Story Time at the Katonah Pool. So gather your child and towel and meet us at the wading pool where Story Time rules!

DATES: WEDNESDAYS–JULY 8, 15, 22, 29, AUGUST 5

TIME: 2:00 pm

NOTE: You must be a pool member to attend.

DIVE INTO READING AT THE BEDFORD HILLS POOL

Provided by: Bedford Hills Library

Pool Telephone number: 666-7150

A book cart offering books and magazines for children, teens, and adults will be offered daily by the Bedford Hills Free Library for Summertime Enjoyment! The Bedford Hills Library is once again pleased to bring you story time at the Bedford Hills Pool! So bring a towel and grab some shade near the children's pool...it's time to dive into some great stories!

DATES: TUESDAYS–JULY 7, 14, 21, 28

TIME: 2:00 pm

NOTE: You must be a pool member to attend.

LIFEGUARD TRAINING COURSE

Instructor: Christine Grey

The Town of Bedford is offering a Lifeguard Training Course this summer for persons age 15 (by 7/24/15) and older at the Bedford Hills Memorial Park Pool. This course includes lifeguard training, first aid and CPR for the professional rescuer. All certifications mentioned above are valid for two years.* The course is for those who would like to become certified for the first time or those whose certification has expired. This course prepares candidates with the necessary skills needed to prevent and respond to aquatic emergencies at the pool. Candidates who successfully complete the course may have the opportunity to work as a lifeguard with us beginning August 10 through Labor Day.

NOTE: *Per Westchester County Department of Health regulations you must renew CPR annually if you will be working at a municipal pool or camp in Westchester County.

- Course participants must attend all dates & times.
- Course participants must attend and pass the pre-test on Wednesday, July 15. Those who do not pass the pre-test will be refunded their monies less \$50.00.

DAY/DATES & TIMES:

WEDNESDAY, JULY 15	4:00 PM – 8:00 PM
(PRE-TEST BEGINS AT 4:00PM)	
FRIDAY, JULY 17	4:00 PM – 8:00 PM
SATURDAY, JULY 18	8:00 AM – 4:00 PM
(AT BEDFORD HILLS COMMUNITY HOUSE)	
SUNDAY, JULY 19	8:00 AM – 4:00 PM
MONDAY, JULY 20	4:00 PM – 8:00 PM
WEDNESDAY, JULY 22	4:00 PM – 8:00 PM
FRIDAY, JULY 24	4:00 PM – 8:00 PM



All course participants must pass a skills test which includes: an untimed swim of 300 yards continuously, demonstrating breath control and rhythmic breathing.

- Participants may swim using front crawl, breaststroke or a combination of both.
- Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10 pound object, return to surface, and swim 20 yards back to the starting point with the object & exit the water without using a ladder or steps within 1 minute, 40 seconds. When returning to the starting point you must hold the 10 pound object with both hands and must keep your face above water.
- Participants must tread water for two minutes using only their legs.

FEE: \$350.00 (includes book, pocket mask, certification cards)

NOTE: A minimum of 4 is required to run the course/Maximum 10

SWIM AND DIVE TEAMS

Each hamlet pool has its own competitive Swim & Dive team which participates in the Northern Westchester Swim Conference. Our swim & dive teams are for children ages 6-18 who know how to swim. **THIS IS NOT A SWIM LESSON PROGRAM.** The Recreation and Parks Department is a partner with each of our teams and is proud of the involvement each team has in the NWSC summer swim and dive season. Registration deadline is Friday, June 12.

SWIM & DIVE TEAM REGISTRATION

You can register for the swim & dive team program in person, via mail or online. If you are registering in person or mailing in your form, registration forms are available at the Recreation Office, on each team's website; or by downloading the form on the Towns website, www.bedfordny.gov. If you are registering on-line no additional form needs to be completed – please remember all on-line registrations will incur a 2.5% surcharge. **In order for children to register for any of the swim & dive teams they must meet the following pre-requisites:**

1. Be between the ages of 6 – 18 (children turning 6 on or before 12/1/15 – no exceptions)
2. Be able to swim free style the length of the pool / 25 meters without assistance
(NOTE: Coaches reserve the right to determine if child is not ready for the program.)
3. Be a resident of the hamlet team they are joining
4. Have a valid 2015 pool/park I.D. card

1ST CHILD IN THE FAMILY	\$120.00
2ND CHILD IN THE FAMILY	\$115.00
3RD CHILD IN THE FAMILY	\$110.00
4TH CHILD IN THE FAMILYAGE 15+ BY 12/1/15 –	FREE



SWIM AND DIVE TEAMS CALL FOR PARENT VOLUNTEERS

Like most of the youth sports programs found in the Town of Bedford the success of the swim and dive teams requires the involvement of many volunteer parents. Being organized and having the appropriate number of volunteers to perform a variety of committee assignments before, during and after the season enhances the positive experience we hope to achieve for our young swimmers and divers. The Recreation and Parks Department strongly encourages parents to be a partner in their child / children's summer recreational swimming and diving experience. Please help us with our swim and dive teams.

VOLUNTEERS ARE ALWAYS NEEDED!! There is a lot of coordination that goes into the swim & dive team program - volunteers are always needed to help out at meets (scorers; ribbon writers; etc) and behind the scenes (ordering ribbons; trophies; planning team dinners; etc). **Please reach out to your team's rep & PAY IT FORWARD!**

KATONAH SWIM AND DIVE TEAM: DIVISION II - NWSC

Contact: Mary Gaza - GoKSDT@hotmail.com
Erin O'Donnell - kelleherw@aol.com
KSDT website: www.katonahswimanddive.com

BEDFORD VILLAGE SWIM AND DIVE TEAM: DIVISION III - NWSC

Contact: Denice Delfico: (914)-552-9201 or ndsnr@optonline.net
BVSDT website: www.bedfordvillageswimanddive.org

BEDFORD HILLS SWIM AND DIVE TEAM: DIVISION III - NWSC

HEAD PARENT REP NEEDED - Contact Daryl Sudlow at dsudlow@bedfordny.gov or 914-666-7004.
Questions can also be directed to the team's email account at: bhswimdive@gmail.com
BHSDT website: www.bhswimdive.org

To learn more about the Northern Westchester Swim Conference that our teams participate in, for meet schedule or to find directions to meets/pools log onto their website @ <http://nwsc.usswim.net>

SWIM & DIVE TEAM'S KICK OFF THE SEASON

Each team offers a day and time to come to the pool to meet or re-connect with fellow teammates; meet the parent reps and coaches, order their team swim suits, purchase team apparel and other products and get re-acquainted and psyched for a new summer season! The tentative dates and times for each team are listed below. Since each team operates individually please check your team's website beginning in May for updates on events and festivities.

BEDFORD HILLS BARRACUDAS SWIM & DIVE TEAM: SATURDAY - MAY 30, 1:00 - 3:00 pm

BEDFORD VILLAGE SWIM & DIVE: SUNDAY - MAY 31, 4:00 - 6:00 pm

KATONAH SWIM & DIVE: SUNDAY - MAY 31, 12:30 - 2:30 pm



**Register Online
Today!**

PLEASE NOTE ALL CREDIT/DEBIT
TRANSACTIONS WILL BE CHARGED
A 2.5% TRANSACTION FEE





POOL RULES AND REGULATIONS

1. All persons must present their pool ID card each time they enter the pool.
2. Guests must be accompanied by a pool member; enter/exit with the pool member and pay a guest fee. Only members age 12+ are allowed guest privileges.
3. All persons are requested to shower before entering the pool.
4. Unauthorized persons are not permitted in the pool office or gate house.
5. Kiddy pool use is for children 6 years, of age and under. Children in the kiddy pool area must be supervised by an adult at all times.
6. Regular everyday diapers are not permitted in either pool. Non-toilet trained children must wear swim diapers with rubber swim pants over the swim diaper and are only allowed in the wading pool.
7. Our pools are family friendly environments. As such, appropriate swim suits must be worn by all swimmers. In addition, cut-offs are not allowed.
8. Chairs, blankets, towels, etc. may not be placed on the concrete deck or walkways.
9. Disruptive behavior is prohibited in the pool complex, i.e.:
 - NO SMOKING**
 - NO RUNNING**
 - NO DUNKING or HORSEPLAY**
 - NO THROWING OF OBJECTS**
 - NO TRICK JUMPS from POOLSIDE**
 - NO PROFANITY**
 - NO DISTURBING FELLOW POOL PATRONS**
10. Flotation devices, masks, or fins are not permitted in the pool. The only exception are approved Type III PFD's.
11. Visiting or talking with on-duty lifeguards is prohibited.
12. Children will be required to pass a swim test to use the deep end/dive boards.

13. Diving Board Regulations:
 - Swimmers/Divers will be required to pass a swim test to use the diving boards
 - Only one diver on the board at a time
 - No running on the boards
 - Only one bounce on the board
 - Divers should swim directly to the nearest ladder to exit the pool
 - Divers should not enter the water until the person ahead of you has reached the ladder/exited the pool

14. Alcoholic beverages, glass containers or pets are not permitted in the pool complex, with the exception of service animals.

15. The Town of Bedford is not responsible for items lost or stolen from the pool area.

16. In the event of an electrical storm, the pool must be vacated. The pool cannot re-open until 20 minutes after the last sound of thunder/sign of lightening.

17. Pollution of pool is prohibited. Urinating, discharge of fecal matter, spitting and nose blowing, in any pool is prohibited.

18. Children under the age of 10 must be accompanied by a person 14 years of age or older. Children under 5 must be accompanied by a person 18 years of age or older.

19. The Director-in-Charge has the right to implement or enforce rules and policies which are not posted in the best interest of the public and public safety.

PARENTAL RESPONSIBILITY

Parents are responsible for the supervision of their children within the pool complex. Actions of improperly supervised children put the children at risk and can distract the lifeguards from their primary responsibilities. Pool rules state that children under age 10 must be accompanied by a person age 14 or older. Although children 10 and over are permitted to attend unaccompanied, parents are still responsible for seeing that the child knows and abides by pool rules and regulations.

FLOATATION DEVICES

Only US Coast Guard approved Type III lifesaving devices are allowed at our Town pools. All other floatation devices (inflatable swimmies, one-piece suits with styrofoam inserts, etc) are swim aides and not permissible. Each pool has a limited number of approved Type III vests for patrons to borrow when they attend our pools. **Although US Coast Guard approved Type III devices are allowable this does not replace the role of parental supervision of their child.** All parents must directly supervise their child in and around the water, particularly when the child is being supported by a Type III PFD. Inner tubes, kickboards and/or noodles during special events/adult swim are permissible with approval by the pool director.



EVACUATION PROCEDURE

During the summer season there is always the possibility of severe weather. When a storm approaches at our pools it is extremely important to take immediate action for the safety of our patrons and staff. Below details the emergency evacuation procedure at our pools:

1. At the sound of the first thunderclap, staff will blow their whistle and an announcement will be made over the PA system for all patrons to evacuate the pools and seek shelter.
2. Patrons may be instructed to seek shelter in the breezeway/locker room area or depending on the anticipated severity, directed to seek shelter in their cars.
3. Patrons will not be allowed back into the water until 20 minutes after the last sound of thunder is heard or sign of lightening

KEEP IT CLEAN

Our parks staff does an outstanding job keeping our facilities safe and clean. The Town of Bedford encourages recycling at all our facilities and has placed the appropriate receptacles throughout our parks and pools. We ask our patrons to help us to keep your town parks beautiful by following a few simple guidelines:

1. Dispose of trash/recyclables in the proper receptacles
2. No glass containers allowed in the pool facilities
3. No alcoholic beverages allowed in the pool/park facilities
4. No smoking in the pool facilities or within 50' of pool entrances and in most other areas of the park
5. When using the bathrooms, dispose diapers, sanitary products in the receptacles provided

NOTE: During the 6 week camp season, the men's and ladies bathrooms will be closed between the hours of 2:45-3:00pm for cleaning. The family restrooms will remain open for your use at that time.

KEEP IT SANITARY

Regular everyday diapers are not permitted in any pool. They expand and fall apart causing an unsanitary condition in the water. Non-toilet trained children must wear swim diapers with rubber swim pants worn over the swim diaper and are only allowed in the wading pool. Parents should change the swim diaper frequently/toilet their children frequently to prevent any accidents from happening. Should a fecal or vomit incident occur in the pool, the pool must be closed for a minimum of 30 minutes and, depending on the severity of the incident, can be closed for the entire day. Therefore we encourage all parents of young children to please remember to be cognizant of bathroom breaks. In addition, please keep your youngster (and yourself) hydrated, watch out for extreme heat conditions and food intake that could result in upset stomachs.

CONCESSION STAND

The Town of Bedford has a contractual agreement with an outside vendor for the concession stands at each pool facility. Therefore, outside food from other vendors/other means is prohibited within the pool facility. (ie; pizza/food delivery, bringing large roller type coolers). Persons will be permitted to bring small hand-held coolers into the facility. Concession hours, menu, and prices will be posted near each concession stand.

LAP LANES

Many of our patrons enjoy lap swimming at our town pools. We ask that you keep these rules and courtesies in mind when swimming laps:



1. No swimmer is granted exclusive use of a lap lane
2. Swimmers entering an occupied lane must wait and notify the swimmer in the lane
3. Swimmers are not to rest at the end of the pool when there are multiple swimmers in a lane
4. When there is only one person per lane, swim normally
5. When there are two people per lane, split the lane with one swimmer on each side of the black line
6. When there are three or more swimmers per lane, circle swim to the right only
7. Please do not cut across or allow children to cut across lap lanes

SUNSCREEN PROTECTION/APPLICATION

Shade and effective use of sunscreen are your best protection against the harmful rays of the sun that can cause skin cancer. Though you may love that tan you should take precautions when sunbathing. For your protection you should use a broad spectrum sunscreen that protects against both UVA & UVB rays with a skin protection factor (spf) of at least 15, preferably 30. Sunscreen must be applied properly in order to be effective. Sunscreen should be applied 30 minutes before exposure to the sun and should be applied liberally. It should be reapplied after swimming/sweating/towel off. You should check your products label for how often to re-apply as it varies based on water resistant or water proof, generally anywhere from 40-80 minutes. Always remember that the "triangle of danger", the nose, eyes and mouth should be given special attention. Wearing a wide brimmed hat to protect your face; neck and ears and using sunglasses with 100 percent UVA/UVB protection will also help to protect you from the sun's harmful rays. When using a sunscreen spray it should be applied in a well-ventilated area and you should keep your eyes & mouth closed. When applying sunscreen spray outdoors please be cognizant of those around you. Be careful not to spray where the residual spray will affect a neighboring patron. When possible please step away and spray.

INCLEMENT WEATHER POLICY

In the event of an emergency closing due to weather or other unforeseen circumstances, pool members who have brought guests will be entitled to a **credit voucher** for future admission if they were at the pool less than one hour AND if the pool stays closed for the rest of the day.

The time of admission is tracked through our pass management system. Admission time will be compared with the time of the pool closure. If they are less than one hour apart the pool member is entitled to a credit voucher. To receive the credit voucher the pool member must come to the Recreation and Parks Office no sooner than the following day (Monday-Friday, 8:30am-4:30pm). Credit vouchers will only be issued to the pool member regardless of who pays the guest fee.

No refunds will be given at any time.



A Message from BDOG

Bedford Dog Owners Group (BDOG) is an all-volunteer, non-profit organization dedicated to enriching the lives and recreational opportunities of dogs and their people.

We encourage your participation....attend a meeting, come up with a suggestion or new idea for the dog park, or help us plan a fundraiser to enhance the dog park. Anyone can join BDOG. Membership is currently \$1.00 per year. That's all! A Board of Directors is elected to lead BDOG. The Board meets one evening a month, **usually the first Wednesday of each month** at the Bedford Hills Community House. All members are welcome to attend these meetings. We cooperatively work with the town for a better dog park experience.

To become a member, or to inquire about Board openings, please contact us at: BedfordDogPark@gmail.com • Visit our website at: <http://www.bedforddog.org/>



A Message from the TOWN CLERK

As a friendly reminder all permits for The Canine Commons Dog Park must be renewed as of January 1, 2015. The park is for Town of Bedford residents and their dogs, with a limited number of non-resident permits. Dogs using the Canine Commons area must have a New York State license and a valid dog park permit issued through the Town Clerks office. The Town Clerks office is located at the Town House, 321 Bedford Road in Bedford Hills. The office hours are Monday through Friday 8:30am to 4:30pm (and for residents after hours by appointment). The telephone number for the Town Clerks office is 666-4534.

BEAVER DAM PARK – Home of the Canine Commons

Beaver Dam Road off of Harris Road Bedford Hills

The Canine Commons dog area was officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing, that includes a **Small Dog** (under 30lbs.), **Large Dog** (over 30lbs.) and **Agility Training** (group use) areas. The Canine Commons dog area is open to Town of Bedford residents with dogs that are properly licensed and have a valid canine commons permit issued from the Bedford Town Clerk's office 666 - 4534. **Please note - a limited number of non resident permits issued each year by the Town Clerk's office for the Canine Commons dog area.**

NEW FOR 2015 – Agility Enclosure use

Starting March 1st the Agility Training area will be unlocked and open for individual use except during times when Agility classes are being conducted. The "open" time in the agility area is first come first served with one person/dog permitted at a time. This separated area offers an option for permit holders in addition to the very social small and large dog enclosures. Agility use guidelines will be posted at the bulletin board and entrance to the agility enclosure. Use of the equipment is not permitted.

2015 DOG PARK PERMIT FEES

Resident – Number of Dogs / Fee

1 – \$45.00

2 – \$25.00

3 – \$20.00

Non-Resident \$125.00 (50 permits)

Guest Pass per dog/day \$ 10.00

Note: Guest dogs must have a current State license No dog park permit will be issued unless the dog is properly licensed through New York State.



**ENJOY YOUR PARKS ~
HELP KEEP PARKS CLEAN & GREEN!**

DOG AGILITY TRAINING Beginner, Advanced Beginner & Advanced Classes

Instructor: Kate Connick

Kate Connick, has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Masters degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

FOR: TOWN OF BEDFORD RESIDENTS
(Dogs **MUST** have a current New York State license that are issued through the Town Clerk's Office located at 321 Bedford Road)

DAY: SATURDAYS

DATE: APRIL 18, 25 MAY 2, 9, 16, 30
JUNE 6, 13

MAKE-UP DATE: JUNE 20

LOCATION: CANINE COMMONS
AGILITY AREA
located at Beaver Dam Park

FEE (8 SESSIONS): \$100.00 (owner and dog)

TIMES/ACTIVITY #:

ACT. #123001-A BEGINNER CLASS
3:45 – 4:45 pm
Prerequisite: Basic obedience & control around other dogs

ACT. #123001-B ADVANCED BEGINNER CLASS
2:30 – 3:30 pm
Prerequisite: Instructor Approval required

ACT. #123001-C ADVANCED CLASS
5:00 – 6:00 pm
Prerequisite: Instructor Approval required

NOTE: If space is available one week prior to the start of the program non-residents can enroll in the course at a 25% higher rate (\$125.00)

DOG PARK ETIQUETTE NEW Helpful Hints and Tips to Enhance your Dog Park Experience at the Canine Commons

Featuring: Rick Sanders of Sanders K-9 Training

Hosted by the Bedford Recreation and Parks Department in Partnership with BDOG (Bedford Dog Owner Group).

As another season of park activity gets into full swing, the Bedford R&P Dept. and BDOG thought it would be beneficial to host a free educational session for Canine Commons permit holders and Town residents and their guests who are interested in knowing more about dog park etiquette.

In an ongoing effort to improve the Canine Commons park experience for permit holders, the Town has invited Rick Sanders of Sanders K-9 Training, a K-9 Aggression Specialist, Registered Master Dog Trainer and Animal Behaviorist, to educate permit holders on how dogs interact and socialize and what to look for as first signs of aggression from one dog towards another.

As a Registered Master Dog Trainer, Rick will also advise on humane control and obedience techniques, application of those techniques in real-life situations and the responsibility of dog owners while using the park. Proper human and dog etiquette will result in a positive recreational and social experience at the Canine Commons for everyone.

Canine Commons Permit Holders and interested Town of Bedford residents and their guests are invited to attend

WEDNESDAY, APRIL 1
7:30pm
BEDFORD HILLS
COMMUNITY HOUSE
74 Main Street, Bedford Hills





BEDFORD
community theatre

BEDFORD COMMUNITY THEATRE

Following on the footsteps of a tremendously successful production of *Oliver* this past fall, BCT anticipates producing another great show in the fall of 2015. The show selection will be announced at a later date. For information on the show selected and auditions please check out our website for news and updates at

www.bedfordcommunitytheatre.org

Feel free to email us at bctonline@optonline.net



**14 Main Street
Bedford Hills, NY 10507
914-666-2256**

MONDAY: 8am - 5:30pm

TUESDAY: 8am - 5:30pm

THURSDAY: 8am - 5:30pm

FRIDAY: 8am - 5:30pm

SATURDAY: 7am - 5:00pm

CLOSED
Wednesday & Sunday



TUPPERWARE
vera v thompson
consultant

11 robinson ave
bedford hills, ny 10507
914 841 4914
vtthomps@att.net
my.tupperware.com/verathompson



LAWNCHAIR THEATRE
in cooperation with the Bedford Recreation and Parks Department
presents

ROMEO & JULIET

by William Shakespeare

Set in steamy New Orleans in the 1930's.
Two teenagers, residents of a city infused with jazz and blues, find love and their destinies.

FRIDAY, AUGUST 14TH, 6:00 PM
Bedford Village Memorial Park
Please bring your own lawnchair or blanket,
and a picnic, if you like.
Suggested Donation: Adults - \$15
Students/Seniors \$10

For more info about LawnChair Theatre visit www.lawnchairtheatre.org

Will you be wasting or saving money on your home energy bills this year?

145+ Bedford homeowners are more comfortable and saving with Energize Bedford!



Energize Bedford is a non-profit organization, supported by the Town of Bedford. If your home is uncomfortably cold or costly to heat in the winter, consider signing up for a home energy assessment to diagnose your home's energy efficiency. Homeowners can receive assistance through a New York State program.

Sign up for a home energy assessment today at [EnergizeNY.org](https://www.energizeNY.org)

Energize Bedford is supported by:



To learn more or to sign up, visit [EnergizeNY.org](https://www.energizeNY.org) or call 914-302-7300

ALL TOGETHER NOW: Single-Stream Recycling



Metal



All Plastic

No need to look at numbers!



Paper and Cardboard



Mixed Material

wrappers and containers,
like juice cartons with
plastic tops



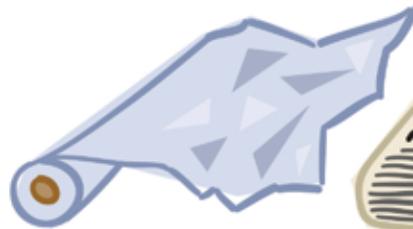
Glass



Take-Out Containers
plastic, cardboard and
aluminum



All Plastic Bags and Plastic Wrap



Aluminum Foil



Newspaper

It's easy!

All recycling in one
big container, and all
non-recyclable waste
in a separate
container.

BEDFORD
2020



How to Recycle

- Place *all* recycling together in one bin or clear plastic bag.
- All containers should be empty of food or liquid.
- Rinse food containers, but no need to wash!
- Items like pizza boxes are recyclable but must be free of food.
- Don't include Styrofoam.
- Shredded paper must be put in closed bag (of any kind).



THE **Great** **Healthy Yard** Project



We now know that very small amounts of synthetic pesticides, chemical fertilizers, or pharmaceutical waste can cause many serious health problems, especially for children.

By taking care of our yards without chemical pesticides and synthetic fertilizers, we are protecting our water quality and the health of our families.

By properly disposing of pharmaceuticals, and not putting them down our drains we are also protecting our water quality and the health of our families. Instead, bring them anytime to Bedford Police Department's Drug Take-back or to the Westchester County Household Material Recovery Facility in Valhalla. To Make an appointment call Recycling HelpLine at (914) 813-5425.

What if we joined together to keep our water clean and healthy?

Together we can make a big difference in protecting our local water quality!

There are over 24,000 acres in Bedford. **Our goal is to have at least 60% of Bedford land managed without synthetic pesticides and chemical fertilizers by 2020.**

Help us reach this goal by taking The Pledge and agreeing to manage your yard without synthetic pesticides and chemical fertilizers, and to properly dispose of pharmaceuticals.

Every yard — big or small — makes a difference!



Take the pledge online at bedford2020.org/take-the-pledge or complete the form below and mail.

THE PLEDGE

I, _____, pledge to help protect the quality of our local drinking water by managing my lawn and garden without synthetic pesticides and chemical fertilizers, except on rare occasions to improve habitat or resolve an infestation. I also promise to dispose of pharmaceuticals responsibly.

Address _____

Email _____ Acreage pledged _____

Include my name on your pledge list.

What can RESIDENTS DO **TO REDUCE** phosphorus loads?

The majority of the Town of Bedford is within the New York City Watershed, which provides drinking water to New York City and approximately 85% of Westchester County. Reservoirs in this area have been found to have a higher amount of phosphorus than desired, resulting in increased algae growth. Excessive algae growth causes water quality problems such as low oxygen levels and increased levels of metals and organic chemicals. This impacts drinking water quality, reduces life-sustaining oxygen to fish and other aquatic life, and impacts reservoir aesthetics.

● Do Not Use Detergents Containing Phosphate

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from your home. This applies to both clothes and dish detergents.

● Be Smart About Fertilizer Use

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs. Best practices include:

- Perform annual soil test and seasonal pH test before applying any fertilizer product. Ninety percent of the lawns in Westchester have adequate levels of phosphorus so it is very likely that you won't need to apply extra phosphorus in order to get a healthy, green lawn.
- Apply only the amount of fertilizer deemed necessary as a result of soil tests.
- Apply only slow-release fertilizers.
- Use products containing low concentrations of nitrogen, and no phosphorus where possible.
- Don't apply any fertilizer between December 1st and April 1st to avoid runoff issues associated with snowmelt or rains on frozen ground.
- Don't apply fertilizer to any impervious surfaces, such as pavement and sidewalks. If applied accidentally, clean it up immediately to ensure it won't be washed into streets, storm drains and/or water bodies. Do not hose down fertilizer spills on impervious surfaces.
- Avoid application within 24 hours of an anticipated rain event .
- Avoid heavy watering or irrigation for 24 hours after fertilizer application.

● Phosphorus concerns with grass clippings and leaves

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality. When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizers. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November 15. **Please note that state regulators have placed more stringent requirements on the amount of time that leaves can be left curbside due to phosphorus concerns. As a results of this, the Town will strictly adhere to the October 1 - November 15 period mentioned above.** At any other time, all leaves must be bagged.

● Construction Sites as a Source of Phosphorus

Phosphorus attached to sediment leaving construction sites is a major source of stormwater phosphorus. Contractors must comply with the Town's Erosion and Sediment Control standards, which can be obtained by contacting the Building Department.

**CALL THE BEDFORD DEPARTMENT
OF PUBLIC WORKS AT 666-7669
WITH ANY QUESTIONS
REGARDING LEAF COLLECTION.**

Bedford Recycling Center Information

A HANDY GUIDE TO WHAT GOES WHERE

ADAMS STREET RECYCLING CENTER

YOUR CARTER

PLASTICS Numbers 1 through 7. Labels need not be removed. Please, no items such as flower pots, cassettes or furniture.	 (under 18" commingled with glass)	 (commingled with glass & metal)
NEWSPAPERS Must be tied or in paper bags. Also phonebooks.		
OTHER PAPER GOODS Magazines, catalogs, glossy newsprint material, junk mail, magazines, envelopes, color inserts, brochures, school and computer paper. No books.		 (disposed of as trash, not recycled)
GLASS Clean food bottles and jars, liquor and wine bottles, medicine containers, soda and beer bottles (No windows, mirrors or drinking glasses, please.)	 (commingled with plastic)	 (commingled with plastic & metal)
METALS Empty and rinsed clean, lids and labels may be left on: clean aluminum foil, pie plates, trays, aluminum cans, depressurized aerosol cans, metal food, juice and other tin cans (soup, fruit, tuna, vegetable, pet food, etc.) and empty oil and latex paint cans — just leave them open and let the paint residue dry first. If you can lift it, Bedford can recycle it (except air conditioners and refrigerators).	 (all metals except air conditioners and refrigerators)	 (household metals commingled with glass and plastic)
CARDBOARD Flattened, with all liners, styrofoam packing, plastic and paper removed.	 (except waxed containers and cereal box interiors)	 (disposed of as trash, not recycled)
TEXTILES Clothes, shoes, curtains, sheets, coats, blankets, pocketbooks, etc. — and they don't have to be clean!		 (disposed of as trash)

The Adams Street Recycling Center is open from 8:00 am to 3:00 pm on Tuesdays, Thursdays and Saturdays and is located just north of the Bedford Highway Department

RECYCLE...IT'S THE LAW!!!

Questions? — Contact the Bedford DPW Highway Division at 666-7669

FREE Computer & Electronics Recycling Collection Site



Town of Bedford Recycling Center
 301 Adams Street, Bedford Hills
 Tuesday / Thursday / Saturday 8am - 3pm



Computers and electronics contain hazardous waste elements such as lead, mercury, cadmium and beryllium, and brominated flame retardant in the casing (a carcinogen if leached into the soil).
 CRT Monitors and TVs have 4 to 8 lbs. of lead.

All electronics are recycled in an environmentally sound manner.

All hard drives are either sanitized or destroyed

The New York State Electronic Equipment Recycling & Reuse Act went into effect April 1, 2011. This law mandates recycling of the following covered electronic equipment (CEE) at no charge.

Electronic waste accepted here:

All Televisions

Computer Equipment

- Monitors, Terminals
- Computers
- Scanners, Ink Cartridges
- Printers, Fax Machines
- Network Equipment
- Keyboards, mice and
- Computer Accessories

Miscellaneous Electronics

- Circuit Boards, Cabling & Wiring
- Typewriters
- Telecommunications Equipment
- Audio/Visual Equipment
- Video Game Systems
- Cell Phones, PDAs, IPODs
- Universal Power Supplies

NOT ACCEPTED:

- Any Liquids/Powders
- Air Conditioners
- Dehumidifiers
- Refrigerators
- Kitchen/Personal Appliances
- Batteries
- Fluorescent Lamps



In cooperation with Regional Computer Recycling & Recovery 888-563-1340 or visit www.eWASTE.com

NEW SEPTIC INSPECTION LAW

If you live in Bedford, you probably have a septic system. Caring for this system properly not only protects your drinking water, but also the value of your house.

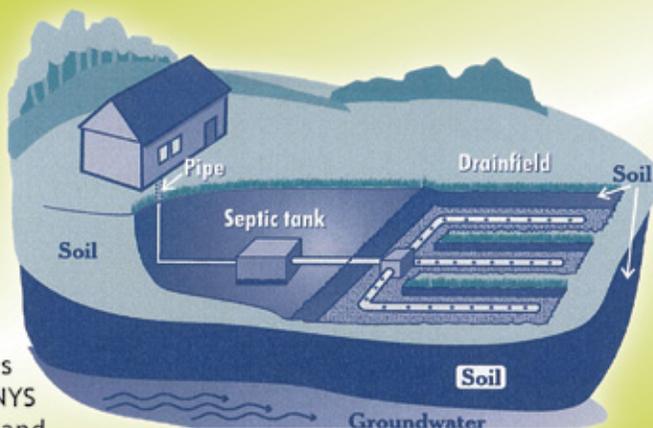
To protect the quality of the drinking water for Bedford and New York City (since Bedford is in the watershed for NYC's reservoirs), the NYS Department of Environmental Conservation and Westchester County have developed a new Septic Inspection Ordinance.

This law requires that you have a Westchester County licensed service provider pump your tank and inspect your system at least once every five years beginning May 2010. The contractor is required to file a "Septic System Data Form" with the County and should give you a copy. The Town will review the County's information and determine compliance with the new law.

TOWN OF BEDFORD PLANNING DEPARTMENT: P: 666-4434 • E-MAIL: PLANNING@BEDFORDNY.GOV

ONLINE RESOURCES:

WWW.EPA.GOV/OWM/SEPTIC • WWW.NESC.WVU.EDU • WWW.RCAP.ORG • WWW.NOWRA.ORG



BEDFORD HILLS COMMUNITY HOUSE.....

RENTAL SPACE INFORMATION

74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, please contact the Recreation Office at 666-7004. The facility application form can be found online at www.Bedfordny.gov under Town forms.

The following rooms are available to rent –

MAIN ROOM

The main floor room accommodates **100 -125 people**. Tables & chairs are available for use. Use of the lounge room and kitchen are included in the rental fee.

***2015 Rental rate is \$420.00 for a 6 hour block of time. (1 hour set up 4 hour event 1 hour clean up) This includes an on site building supervisor. A security deposit of \$250.00 is required.**

LOWER LEVEL LEGION ROOM

Located in the basement / lower level, the Legion Room accommodates **50 people for a meeting or 40-45 for parties**. Tables & chairs. Use of the kitchen is included in the rental fee.

***2015 Rental rate is \$55.00 per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided. Security deposit of \$100.00 is required.**

LOUNGE MEETING ROOM

Located on the main floor, the Lounge Meeting Room accommodates up to **16 people**. Features a 35" TV and a DVD player and is air conditioned.



BOARD MEETING ROOM

Located on the main floor, the Board Meeting Room accommodates up to **16 people**. Features a wall mounted 52" flat screen TV with DVD player. Connects to sun room for dual room use if desired. Air conditioned.

SUN MEETING ROOM

Located on the main floor, the Sun Meeting Room accommodates up to **14 people**. The room is accessible through exterior side doors or through the Board Room. Air conditioned.

***2015 Rental Rates for any of the meeting rooms is \$35.00 per hour.**

BEDFORD VILLAGE MEMORIAL PARK

Greenwich Road (off Rt. 22/172), Bedford Village

Tennis & Paddle Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer & Football Field.

KATONAH MEMORIAL PARK

North Street (off Bedford Rd./Park Pl.), Katonah

Tennis & Paddle Tennis Court, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Picnicking Shelter.

BEDFORD HILLS MEMORIAL PARK

Haines Road (off Rt. 117), Bedford Hills

Tennis Court, Lighted Baseball/Softball/Little League Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer Field, Ice Skating and Fishing, Baseball/ Softball Fields.

We need your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese that are at the park.

BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts feature new glass backboards and sports lighting for evening use.

STARTING MARCH 30TH (WEATHER PERMITTING) THRU JUNE 12TH the light poles will be energized at dusk and will turn off automatically at 9:00pm Sunday – Wednesday and 10:00pm on Thursday, Friday and Saturday nights.

BEGINNING JUNE 13TH THRU SEPTEMBER 13TH the light poles will be energized daily from dusk and will turn off automatically at 10:00pm.

FROM SEPTEMBER 14TH THRU OCTOBER 31ST the lights poles will be energized at dusk and will turn off automatically at 9:00pm Sunday – Wednesday and 10:00pm on Thursday, Friday and Saturday nights. Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

BASKETBALL ONLY PLEASE - The basketball courts are for basketball only. Riding tricycles, bicycles, skateboards and roller blading are NOT permitted on the courts.

PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** In any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park.

RECYCLING IN THE PARKS

Through the support of the Town Board, the Recreation and Parks Department purchased new recycling containers for all of our Park facilities in the spring of 2010. These blue containers with specialized lids are provided for plastic bottles **and** aluminum cans. The recycling containers compliment our green trash containers which are conveniently placed throughout our parks. Recyclable items are collected on a regular basis by the Parks staff and disposed of in a separate plastic and aluminum recycling dumpster located at one of the parks. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

BEDFORD HILLS LIBRARY
666-6472 • www.bedfordhillsfreelibrary.org

KATONAH LIBRARY
232-3508 • www.katonahlibrary.org

BEDFORD VILLAGE LIBRARY
234-3570 • www.bedfordfreelibrary.org



PROGRESS IN THE PARKS and PROJECT UPDATES

BEDFORD HILLS MEMORIAL PARK

MASTER PLAN STUDY

As part of the approved Capital Projects plan for 2014 through 2016 funding was secured to perform a Bedford Hills Memorial Park Master Plan similar to what was done at the Bedford Village and Katonah Memorial Parks. The Town started this process in February and will be completed by the end of 2015. In addition to a variety "stakeholder" group meetings, neighbor meeting and other agencies there are two public forums scheduled hosted by the Recreation and Parks Advisory Committee conducted by chairman Brian McCabe and our project consultant Salvatore DeSantis. The public is invited to participate in these forums and park study.

PUBLIC FORUM SCHEDULE

1ST MEETING

Wednesday April 8th

7:30pm – 9:30pm

Town House Court Room

2ND MEETING

Wednesday May 13th

7:00pm – 9:00pm

Bedford Hills Memorial Park Pavilion
(Rain Location: Bedford Hills Community House)

PAVING

Working with the Department of Public Works and their town paving contractor plans are being finalized for the repaving of the park entrance road that leads up past the pool bath house. This work will be scheduled for summer/fall of 2015 or may be rescheduled until after the pedestrian lighting project is completed.

LAKE MARIE

Thanks to a very generous donation made last spring by the Lakeside at Bedford Homeowners group a new pond aerator/fountain LED lighting unit has been purchased and will be in use for the 2015



season. This new lighting feature will compliment the existing aerators in the lake.

PICNIC PAVILION – *Open for Use!*

The new picnic pavilion located behind the pool was opened last June and is the home base of the Bedford Hills Day Camp and numerous parties, picnics etc throughout the year. The new structure is 30' x 60' has new picnic tables that can seat up to 112 people. The shelter also has lights for early evening use, electrical outlets and a 5' grill (charcoal) that can be rented out for use by larger user groups. A group use permit is required to reserve the pavilion.

PEDESTRIAN ACCESS PATH

The new pedestrian pathway that runs from the Lakeside at Bedford bridge area to the basketball courts features bollard lighting along the pathway for easier and safer access to the park and for those walking into or from the Bedford Hills hamlet by way of Haines road. Funding has been secured to design and install pedestrian lighting from the entrance to the park into the parking area by the basketball courts. The Town is working with a consulting electrical engineering firm to explore lighting options for the second phase of the pedestrian lighting. The revised schedule anticipates this work being completed in the spring of 2016.

BATH HOUSE

Opened in the spring of 2005, the Town anticipates the painting the exterior of the bath house facility in the Spring of 2015 prior to the pool season or in the Fall after the pool season finishes.

KATONAH MEMORIAL PARK

NEW! PARKING AREA FOR RASOR FIELD AND SHELTER USER GROUPS - *Completed!*

As part of the Katonah Memorial Park study plan performed a few years ago, seasonal parking was recommended for the Wildwood side of the park. Funding was secured for the construction of a seasonal parking area to relieve the parking congestion on Wildwood Road by Rasor field in the spring, summer and fall seasons. The parking area is situated where the informal parking / storage area was located up the shelter road. The lot will host 24-30 spaces for parking. The parking area surface is not paved. Prior to the project starting a neighbors meeting was held last November to solicit feedback and support before any plans were finalized and work performed.

SEASONAL PARKS STORAGE GARAGE

Also included in the Katonah Memorial Park study plan was the relocation and eventual elimination of the metal storage container. This past winter the container was removed from the Wildwood side in the informal seasonal parking / storage area. Funds have been designated to replace the metal storage container with a permanent storage garage for seasonal storage of Parks maintenance equipment. The modular storage garage should be in place by late spring and will be located off the seasonal parking area off the shelter access road.

PLAYGROUND SWINGS

Has been delayed but are still planned for installation in the late winter/early spring of 2015 at the playground near the pool & tennis courts.

BEDFORD VILLAGE MEMORIAL PARK

BASKETBALL COURT RENOVATION - *Completed!*

The Town of Bedford and Chowder and Marching Club have once again partnered on a park improvement project, the renovation of the basketball court located behind the pool house. The project was started last August and was completed and opened for play in October. The new asphalt two colored court features a 50' x 84' court and has a total of six clear polycarbonate backboards with goals and seating areas.

TENNIS COURTS

The Recreation and Parks Department has secured funding and will be working with our Town Engineer on the renovation of the tennis courts and fencing. The project is scheduled to start mid to late summer of 2015 with completion in early fall.

GAZEBO

The Recreation and Parks Department is working with our Town Engineer on the renovation / replacement of the concrete pad at the gazebo. Work on the gazebo is anticipated for the fall of 2015.

BATH HOUSE - FOOD CONCESSION AREA

The Recreation and Parks Department completed the interior cleaning, repairs, required maintenance and painting of the concession stand area this fall in advance of the 2015 pool season. In addition to painting, flooring work will be done with electrical and lighting upgrades performed.

BEAVER DAM PARK - CANINE COMMONS

PATHWAY

Last June the Parks staff with assistance from members of the Department of Public Works installed an asphalt pathway from the parking lot to all three enclosures and transition areas. The asphalt walkway should provide easier access to the three areas and will be easier for the parks staff to maintain in the winter months. Plans are being finalized to color coat the pathway for added foot traction and comfort for our four legged friends.

LARGE DOG ENCLOSURE - *Remains Open*

In early September the large dog enclosure was expected to be closed until the Spring of 2015 so maintenance could be performed on the area. Specifically, the worn turf areas will be renovated top dressed and seeded. Additionally, tree work and planting was to take place. This work was modified and delayed until 2015 due to the demolition and site remediation of the correction facility water storage tank located at the top of the park. The Town anticipates opening the agility area in the spring once the construction work at the old water tank is completed. The Town plans to close the large dog enclosure in the fall of 2015 to perform the work originally scheduled for last fall.

registration & program information



ON-LINE REGISTRATION HAS ARRIVED!

**Beginning Monday, March 23,
registration for spring/summer
programs, pools, and camps will be live and on-line!**

To utilize on-line registration you will need a user name & password. If you are an active household in our system you will be emailed a household ID user name and password. The first time you login to register you will use the user name & password you are emailed. Once you have accessed the system you will be able to reset your user name and password. To begin, simply log onto our website at www.bedfordny.gov and go to the Recreation & Parks page and click on the online registration button to get started. If you did not receive our email please give us a call at 666-7004.

*When you log on to the site, please make sure you review & update all information in the system pertaining to your household and each of your family members. Please pay particular attention to items such as phone numbers, emergency contact information and the primary e-mail address you would like associated with your account. Please note not all information can be changed (ie; birthdates) and should you need to change that information or add a family member or have questions please give us a call – 666-7004.

If you are new to the area or to our programs, and don't have an existing household account and would like to create a household account, please visit our website at www.bedfordny.gov and go to the Recreation & Parks page and click on the online registration button to get started. You will be prompted with what you will need to provide in order to prove residency/eligibility.

**NOTE: ALL CREDIT/DEBIT TRANSACTIONS
WILL BE CHARGED A 2.5% TRANSACTION FEE**

PROGRAM REGISTRATION

Registration, both on-line registration and in person, will begin on the same date, at the same time and will occur simultaneously. Registrations by mail will be processed upon receipt but not before the first date of registration. Please note we do not confirm program registration nor can we be responsible for lost or misdirected mail. Mail in/office location is: Bedford Recreation, 425 Cherry St., Bedford Hills, NY 10507.

NON-RESIDENT REGISTRATION

Non-residents are eligible to enroll in most general recreation programs the Town offers at a 25% surcharge. Not all programs are open to non-residents.

PAYMENT OPTIONS /CREDIT CARD TRANSACTIONS

Payment can be made by cash, money order, check (payable to Town of Bedford) or credit card. Credit card payment can be done in person or on-line. Please be advised that all credit card or affiliated debit card charges will incur an additional 2.5% charge that is passed onto the user/card holder. This includes ALL ON-LINE & IN PERSON TRANSACTIONS using your credit/debit card. This fee is not reflected on your Town of Bedford receipt but will appear on your credit card or bank statement.

REFUNDS

The Town of Bedford refunds under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
- If the program participant moves from the Town, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
- If a participant becomes ill or injured, a full or prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.

There is a \$10.00 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation & Parks.

*Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

RETURNED CHECKS

There is a \$35.00 fee for any returned checks.

INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts* is age 65. This is for all Recreation & Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

*Not all programs offer discounts.

*Discounts are for TOB resident seniors only

E-Z Pass New York Service Center

Easy Pass is now available in the Town Clerk's office, Monday - Friday, 8:30 am to 4:30 pm.

It's as easy as 1-2-3! This is an innovative program to obtain an E-Z Pass tag which allows the busy traveler to open an E-Z Pass account without waiting for it to come in the mail or wait on a line.

Just come to the Clerk's office with \$25.00 and you will be able to use it when you leave. Stop by or call 666-4534 for more information.

SCHOLARSHIPS

No Town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004

PROGRAM CANCELLATIONS

Notification on program cancellations are made via email alerts. If you haven't provided us with an email please do so upon registering or call us at 666-7004 to make sure we have it on file. Notification will also be made on our hotline number 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session if time allows.

HOW TO WATCH A GOOD PROGRAM DIE

Please register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.

FIELD AND FACILITY PERMITS

Permits are required for group use of our fields/facilities. You must be a Town of Bedford resident to reserve a field/facility. For a facility use application with fee schedule please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, www.bedfordny.gov Applications must be submitted at least two weeks prior to the scheduled activity.

COMMUNITY SERVICE OPPORTUNITIES

Looking to get involved or need required community service hours? Contact Jim Whiting at 666-7004 to see what opportunities may await you.

NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley

NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering to this very important program please call Jim Whiting at 666-7004 for more information.

TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community through e-mail alerts. You can remove your name from the list at any time by following the same procedure for enrollment. Go to our web site: www.bedfordny.gov/html_email_alerts.html to add your email.

For trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at www.nixle.com and click.

**Get Connected
with your
Community**



Visit our website: bedfordpoliceny.org

Receive up-to-date information affecting your neighborhood by e-mail & text message!



Follow Bedford Police on Twitter
[@BedfordTownPD](https://twitter.com/BedfordTownPD)

Sign up now
www.nixle.com

Like Us on Facebook
www.facebook.com/bedfordny.police

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

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Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

here is a sneak peak at some of our
fall 2015 programs

KIDDIE KORNER JAMBOREE

Ages 3 – 4 (Weekday mornings beginning September) If you would like to secure a spot in our popular morning play group for 3 & 4 year olds this coming fall (beginning Monday, September 21st), please call the recreation office any time after June 19th. We will put your name on our reserved list and your requested days will be held for you. We know it is comforting to have your school year planned out in advance, so take advantage of this opportunity before it's too late. There is limited space in this program and reservations will be on a first come, first serve basis. Call (914) 666-7004 to reserve your spot.

GIRLS FIELD HOCKEY

Grades 2 – 8 This is a skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. Emphasis will be on physical conditioning, stick work, team dynamics and rules of the game. There will be several scrimmages planned against local recreation teams. Players must provide their own stick, shin guards, mouth guard and eye guard. The program will be held at the Katonah Memorial Park Field - Located behind the pool on Saturday mornings and for grades 5-8 on select Friday evenings and Saturdays. The program starts September 12th through November 14th.

mark your calenders.....

for these upcoming special events!

- ✓ **March 23**
POOL, CAMP, TENNIS AND SPRING
PROGRAM REGISTRATION
- ✓ **March 31**
SPRING EGG HUNT
- ✓ **April 1**
FLASHLIGHT EGG HUNT
- ✓ **April 23**
SENIORS SANDS CASINO TRIP ←.....

TOWN of BEDFORD
RECREATION AND PARKS DEPARTMENT

www.bedfordny.gov

Solarize Bedford-Mt Kisco!

Solar. Simple. Together.



For Bedford and Mt Kisco
Residents and Businesses
Only!!



Now is the time to go solar.

Save money by taking advantage of a unique group buying opportunity in a community and State-supported program. The Solarize program benefits include:

- Significant solar discounts which increase in size as more people sign up.
- Lower monthly utility bills.
- Pre-selected, competitively chosen solar contractors for Bedford and Mt Kisco.

Sign up today and be guaranteed the lowest price available by the end of the program.

You must sign a contract by **June 15, 2015** to qualify.

For a free, no-obligation site visit consultation, for *residences* call Ross Solar Group at (203) 512-4500 ext. 2 or for *businesses* call Sunrise Solar Solutions at (914) 762-7622.

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 [@Solarizewestchr](https://twitter.com/Solarizewestchr)

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www.SolarizeWestchester.com/Bedford-MtKisco