

TOWN *of* BEDFORD

RECREATION AND PARKS DEPARTMENT

2015

FALL
BROCHURE

REGISTRATION BEGINS TUESDAY, SEPTEMBER 1
WWW.BEDFORDNY.GOV

letter from **town supervisor**



Fall Greetings....

As Labor Day approaches and summer draws to a close, our attention turns to fall and the activities that help make it such an enjoyable season. On behalf of the Town Board, the Recreation and Parks Advisory Committee and the Recreation and Parks Department, I am pleased to present the 2015 fall program brochure. Here's a sampling of Town sponsored and community sponsored fall events:

- 1.** Pack your gear for the first ever **Family Campout at Katonah Memorial Park** on Saturday, September 12. This event will include participation from various local community organizations and is guaranteed to leave memories to last a lifetime!
- 2.** Follow the Yellow Brick Road to... **The Wizard of Oz!** Bedford Community Theatre is excited to announce that it will be presenting The Wizard of Oz on November 13-15 and 20-22, 2015. Auditions will be held during the second week of September. For information on auditions, check BCT's website at www.bedfordcommunitytheatre.org.
- 3.** Dust off your sneakers & join the **Katonah Village Improvement Society at its annual 5K race** slated for Saturday morning, September 12. Visit www.KatonahVIS.com for more info.
- 4.** Work off that extra helping of stuffing at the **11th Annual Bedford Turkey Trot** scheduled for Saturday, November 28th. Details on this year's race can be found at www.bedfordturkeytrot.org
- 5.** Our fall brochure includes many great fall weekly programs for children thru senior adults including adult exercise classes; children's cooking and sewing, youth sports, tennis and senior meetings, trips and events! In addition there are many fun one day events coming up such as Paint Escape for adults Friday, Sept. 18; Ladies Bingo, Friday, October 23, Lake Compounce's Haunted Graveyard, Saturday October 24 for grades 6-9, and our annual Senior Holiday Luncheon on Wednesday, December 9!

We are proud of our parks, which are gems rivaling private clubs. None of it would be possible without the dedicated Recreation and Parks Department staff who work so hard to keep our Town Park facilities and athletic fields clean and safe and looking great. There are many new initiatives happening in our parks. Please refer to page 37 for detailed information. It continues to be our goal to provide high quality recreational services and programs and well-maintained park facilities for the residents of Bedford and their guests.

The Town Board and I wish you a safe and enjoyable fall!

Sincerely,

Chris Burdick

Bedford Town Supervisor

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Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE



**RECREATION & PARKS DEPARTMENT OFFICE
LOCATION & HOURS**

425 Cherry St., 1st Floor, Bedford Hills, NY 10507
Office Hours.....Mon. thru Fri., 8:30 am to 4:30 pm
Registration Walk-in Hours....Mon. thru Fri., 8:30 am to 4:00 pm

RECREATION & PARKS STAFF

William F. Heidepriem.....Superintendent of Recreation & Parks
Daryl Ann Sudlow...Assistant Superintendent of Recreation & Parks
James Whiting.....Recreation Supervisor
Kimberly O’Brien.....Recreation Supervisor
Suzanne Carpentier.....Senior Office Assistant
Susan DeFonce.....Office Assistant
Tom Megna.....Parks Foreman
Mark Morin.....Assistant Parks Foreman
Richard Pochintesta.....Automotive Mechanic
John Goodman.....Parks Maintenance
Pete Welch.....Parks Maintenance
Matt Halpin.....Parks Maintenance
Matt Van Dorn.....Parks Maintenance

TOWN BOARD (Meets every 1st & 3rd Tuesday at 8:00 pm – Town House, 321 Bedford Rd., Bedford Hills)

Chris Burdick.....Town Supervisor
David Gabrielson.....Councilman, Deputy Supervisor
Don Scott.....Councilman
Francis T. Corcoran.....Councilman
Mary Beth Kass.....Councilwoman

Melvin Padilla.....Police Chief
Boo Fumagalli.....Town Clerk
Kevin Winn P.E.....Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

(Meets the 2nd Wednesday at 8:00 pm – Recreation Office Conference Room, 425 Cherry St., Bedford Hills)

| | |
|------------------------|--|
| Brian McCabe, Chairman | Aldo Sammarco |
| Nancy Bellini | Betsy Smith |
| Steve Lancia | Luke Vander Linden |
| Cristina Magidson | Ryan Voegel |
| John McMahan | Francis T. Corcoran, Town Board Liaison |

PHONE NUMBERS

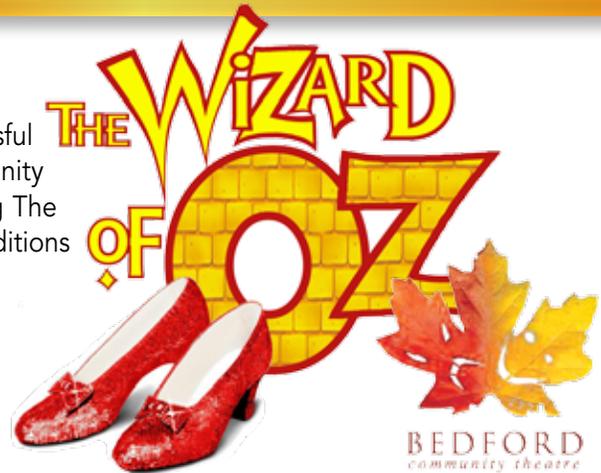
Recreation & Parks Office.....666-7004
Recreation & Parks Fax.....666-3863
Senior Adults.....666-7203
Recreation Hotline.....864-3777

Assessor.....666-5149
Building Inspector.....666-8040
Court Clerk.....666-6965
Dog Control.....666-4855
Emergency.....911
Finance.....666-8283
Highway.....666-7669
Historian.....666-4745
Parking Bureau.....666-8097
Planning.....666-4434
Police.....241-3111
Recycling.....241-2671
Tax Receiver.....666-4475
Town Clerk.....666-4534
Town Supervisor.....666-6530
Water.....666-7855
Wetlands.....666-5140
Zoning.....666-4585

Visit the Town of Bedford’s Website at www.bedfordny.gov for up-to-date information, including Recreation & Parks information about the Pools, Programs, Special Events, seasonal employment opportunities and meetings. You can e-mail the Parks & Recreation Department at Recreation@bedfordny.gov or call 666 -7004.

COMING THIS FALL...

Following on the footsteps of a tremendously successful production of *Oliver!* In the Fall of 2015, Bedford Community Theatre is excited to announce that it will be presenting *The Wizard of Oz* on November 13-15 and 20-22, 2015. Auditions will be held during the second week of September. For information on auditions and other news and updates, please check out our website at www.bedfordcommunitytheatre.org. Feel free to email us at bedfordcommunitytheatre@gmail.com



HAUNTED GRAVEYARD AT LAKE COMPOUNCE

Program Supervisor: Kimberly O'Brien and Staff

Creatures in the night, spooks in the air, come and enjoy this fun suspenseful night in the Haunted Graveyard at Lake Compounce. Enjoy the rides and attractions as well as a haunted walk. All attending must walk through the haunted graveyard. Bus leaves from 425 Cherry Street, Bedford Hills, NY 10507

FOR: GRADES 6 – 9
DAY/DATE: SATURDAY, OCT. 24
TIME: 3:00 – 11:00pm
ACTIVITY #: 372100
FEE: \$60.00

ICE SKATING AT THE HARVEY SCHOOL

Program Supervisor: Jim Whiting and staff

In cooperation with the Harvey School the department is offering public recreational skating for all ages, 12:45 – 2:45pm on the following dates:

FRIDAY, NOVEMBER 27
(FRIDAY AFTER THANKSGIVING)

MONDAY, DECEMBER 28
(MONDAY AFTER CHRISTMAS)

ADMISSION FEE:
\$5.00 PER PERSON

You must supply your own skates. No hockey playing permitted.

**D.J.
WILL BE ON
HAND SPINNING
FAVORITES AND
REQUESTS FOR TWO
HOURS OF OPEN
SKATING!**



PUMPKIN CARVING

Program Supervisor: Kimberly O'Brien

READY, SET, CARVE!! Participants will have an opportunity to transform an ordinary pumpkin into their very own masterpiece. Pick your pumpkin from our pumpkin patch and carve it into a spooky Jack-o-Lantern. A safety carving set will be supplied. Pizza and Ghoulish goodies will be served.

FOR: GRADES 4 – 8
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
DAY/DATE: FRIDAY, OCT. 30
TIME: 6:30 – 8:30pm
ACTIVITY #: 372101
FEE: \$25.00 – Residents
\$31.25 – Non-Residents



HALLOWEEN CRAFTS & THINGS

Instructor: Kimberly O'Brien

Come spend a few hours being creative. We will spend our time making a fun Halloween craft, playing games, and having fun with friends. Dinner is included.

FOR: GRADES 2 – 6
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
DAY/DATE: SATURDAY, OCT. 17
TIME: 6:00 – 8:30pm
ACTIVITY #: 372104
FEE: \$25.00 – Residents
\$31.25 – Non-Residents



**KATONAH
HALLOWEEN
PARADE
2015**

**sunday, october 25th
save the date!**

www.KatonahVIS.com



Katonah Village Improvement Society is
thrilled to announce the return of

**The Annual KATONAH Road Races
Saturday, September 12, 2015**

The K5K 2015 will be staged to begin and finish
at the junction of Edgemont and The Parkway,
in the heart of our historic hamlet. Starting
time will be 8:00 a.m., rain or shine. As usual,
we'll also feature a kid's one-mile challenge!

Race pre-registration, sponsorship details and
volunteer opportunities at

www.KatonahVIS.com



Free
SQUARE DANCING
FUN NIGHTS

SEPTEMBER 21ST AND SEPTEMBER 28TH
7:30 - 9:30 PM

Katonah Methodist Church Parish Hall
44 Edgemont Rd, Katonah, NY
(914) 433-2919

Singles-Couples-Families-Welcome

The poster features a central oval with a decorative border. Inside the oval, on the left, is a silhouette of a man and a woman dancing. To the right of the silhouette, the word "Free" is written in a large, cursive font. Below it, "SQUARE DANCING" and "FUN NIGHTS" are written in bold, block letters. The dates and time are listed in bold, blue letters. The location and phone number are in black. At the bottom, the phrase "Singles-Couples-Families-Welcome" is written in a red, italicized font.



2015 bedford
turkey trot

SATURDAY
NOVEMBER 28TH

11th annual

Congratulations to the Bedford Turkey Trot Committee
for receiving the 2015 Voluntary Service Award for an
Organization this past June from the
Westchester Recreation and Parks Society!

www.bedfordturkeytrot.org

The poster has a light blue background. The title "2015 bedford turkey trot" is in large, red, outlined letters. Below it, "SATURDAY" and "NOVEMBER 28TH" are in black, outlined letters. To the right is a cartoon turkey wearing blue roller skates with white wheels and a banner that says "11th annual". At the bottom left, there is a congratulatory message in red and black text, and the website URL "www.bedfordturkeytrot.org" is written in a black, cursive font.



***Gear Up!
for
Fire On The Green***

FAMILY FUN DAY

Saturday, September 12, 2015

3:00-8:00 pm

Bedford Village Fire Department

SAVE THE DATE!

**Live Musical Acts • Games and Fair Attractions • Fire Safety Trailer
Live Demonstrations • BBQ & Beverages**

NORTHEAST WESTCHESTER ROTARY CLUB

**ANNUAL
Holiday Tree Sale**

Trees will be on sale shortly after Thanksgiving

BEDFORD HILLS PARK

Tuesday - Friday 5pm to 8pm

Saturday & Sunday 9am to 6pm

Hours of operation are subject to change

We gratefully thank the Town of Bedford for graciously allowing the use of the park! Proceeds go towards Rotary International in eradicating polio worldwide, and our club also provides scholarships to local high school seniors and supports the Community Center of Northern Westchester.





The Lions Club of Bedford Hills

The Lions Club of Bedford Hills was founded in 1939 with one goal – **COMMUNITY SERVICE....**

Since then, we have supported dozens of projects and causes *that give back to our local community*, including the **Bedford Hills Free Library**, **Bedford Recreation and Parks programs**, **Citizenship Awards** at Bedford Hills Elementary and **College Scholarships** for Fox Lane graduates.

We also sponsor exciting events throughout the year including our scrumptious **PANGAKE BREAKFASTS** and our signature **CUSTOM & CLASSIC CAR SHOW**

Go to www.bedfordhillslions.org
for our upcoming events!



We meet once a month on the
1st Wednesday at 7 pm at the
Bedford Hills Community House.



We always welcome men and women
who share our spirit of fellowship &
community service – come see what we're all about!



BEDFORD VILLAGE BUSINESS ASSOCIATION

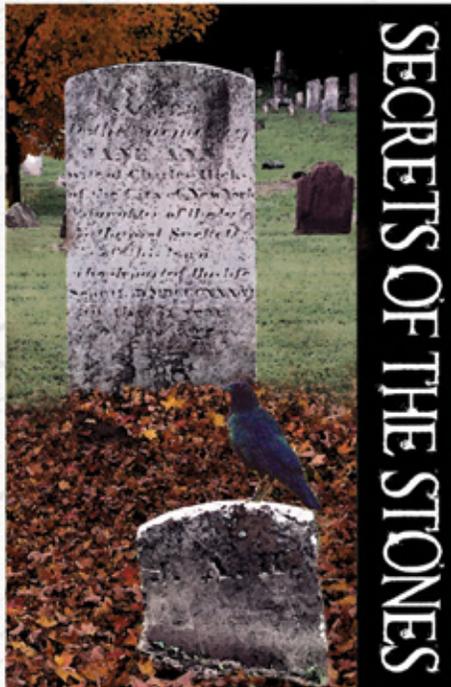
presents

Jingle Pass Weekend & Tree Lighting

JINGLE PASS: Friday, December 4th-Sunday, December 6th
Local merchants offer a variety of discounts or special offers

HOLIDAY TREE LIGHTING: Friday, December 4th @ 7:00pm
On the village green, hot chocolate will be served

For more information visit our website www.bedfordvillagebusiness.com



FRIDAY, OCTOBER 23

The Bedford Historical Society,
Friends of Bedford Burying Grounds,
The Bedford Free Library, Bedford Community Theatre
in Cooperation with the Town of Bedford

Invite your family to

SECRETS OF THE STONES

*Storytellers bring to life the tales
of those who now rest in
Bedford's Old Burying Ground*

FRIDAY, OCTOBER 23 4:30 - 6:30 PM
Historical Hall, Old Post Road, Bedford

JACK-O-LANTERN CARVING CONTEST
For information on the contest visit www.bedfordfreelibrary.org

HISTORICAL STORIES & CIDER & DONUTS

TICKETS: \$5-child \$10-adult \$25-family

Space is limited. For more information or to purchase
your tickets visit www.bedfordhistoricalsociety.org

This event will be held rain or shine. Children must be accompanied by an adult.
While this is not a "fright" event, parents please use discretion for children under 5.



KIDDY KORNER JAMBOREE (DROP-OFF PROGRAM)

Co-Directors: Sylvia Rossi & Jackie Love

This very popular pre-school program features a variety of favorite children's activities, games, music, story time, art and more.

FOR: AGES 3 – 4
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DAYS: MONDAY – FRIDAY
TIME: 9:30 am – 12:30 pm

FALL REGISTRATION OPTIONS:

5 DAYS (MON. - FRI.) – \$840.00 (60 SESSIONS)
3 DAYS (MON., WED., FRI.) – \$594.00 (36 SESSIONS)
2 DAYS (TUES. & THURS.) – \$420.00 (24 SESSIONS)
1 DAY* (SEE BELOW) – \$252.00 (12 SESSIONS)

*Special Note: Registrations for a single day will not be accepted until one week prior to the start of the program.

MONDAYS – SEPT. 21, 28, OCT. 5, 19, 26, NOV. 2, 9, 16, 23, 30, DEC. 7, 14
TUESDAYS – SEPT. 22, 29, OCT. 6, 13, 20, 27, NOV. 10, 17, 24, DEC. 1, 8, 15
WEDNESDAYS – SEPT. 16, 30, OCT. 7, 14, 21, 28, NOV. 4, 18, 25, DEC. 2, 9, 16
THURSDAYS – SEPT. 17, 24, OCT. 1, 8, 15, 22, 29, NOV. 5, 12, 19, DEC. 3, 10
FRIDAYS – SEPT. 18, 25 OCT. 2, 9, 16, 23, 30, NOV. 6, 13, 20, DEC. 4, 11

K.K.J. WILL NOT MEET ON 9/23, 10/12, 11/3, 11/11, 11/26, 11/27

ELIGIBILITY: PARTICIPANT MUST BE AGE 3 BY DECEMBER 31, 2015 (NO EXCEPTIONS).



LEARN, BUILD, PLAY WITH...DUPLO® BRICKS

Conducted by: Bricks 4 Kidz®

Watch their eyes light up as they dig into a pile of brightly colored DUPLO® bricks to create fun, simple sculptures based on the ABC's. Kids gain greater awareness of the world around them as they talk about topics like fish, gardens, keys and other everyday objects. Introduce your pre-schoolers to the fun of learning, building and playing the Bricks 4 Kidz® way.

FOR: AGES 4 – 5
DAY: WEDNESDAYS
DATE: SEPT. 16, 30, OCT. 7, 14, 21, 28, NOV. 4, 11
TIME: 1:30 – 2:15 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 331101
FEE: \$150.00 – Residents
\$187.50 – Non-Residents





Westmoreland Sanctuary

NATURE CENTER & WILDLIFE PRESERVE

NATURE ADVENTURES

Come experience the unique joys of nature in the fall as our woods get ready for their winter sleep. Learn why (most) trees lose their leaves, where the birds go, and what the other animals are doing to prepare for the changing season. Use all your senses and discover something new each week.

FOR: AGES 3 – 5 (w/parent or guardian)
 DAY: TUESDAYS
 DATES: SEPT. 22, 29, OCT. 6, 13, 20, 27
 TIME: 1:30 – 2:15 pm
 LOCATION: WESTMORELAND SANCTUARY
 ACTIVITY #: 351900-A
 FEE: \$80.00 – Residents
 \$100.00 – Non-Residents

NOTE: Classes are held outdoors, so please be sure to dress for the weather. Indoor projects available for inclement weather. A bottle of water is also a good idea to bring along. (Children must turn 3 prior to the start of class.)



TINY DRAGONS

Conducted by: WMMAF

The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to martial arts. Here they are taught basic martial arts in a fun and friendly environment. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

FOR: AGES 3 – 4
 DAY: THURSDAYS
 DATES: SEPT. 17, 24, OCT. 1, 8, 15, 22, 29, NOV. 5
 TIME: 1:30 – 2:00 pm
 LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
 (333 North Bedford Rd. Mt. Kisco, NY)
 ACTIVITY #: 361900-A
 FEE: \$150.00 – Residents
 \$187.50 – Non-Residents





Registration for ALL U.S. Sports Institute Programs done directly through the organization. You can register Online: www.ussportsinstitute.com Or call (866) 345-BALL

TOTAL SPORTS SQUIRTS

Conducted by: U.S. Sports Institute

The US Sports Institute Sport Squirts program is a great way to introduce children aged 3-5 to a variety of sports such as soccer, t-ball, lacrosse & basketball all taking place in safe, structured environment. All activities promote hand-eye coordination, movement and balance and FUN.

FOR: AGES 3 – 5
DAY: TUESDAYS
DATES: SEPT. 22, 29,
OCT. 6, 13,
20, 27
TIME: 1:00 – 2:00 pm
LOCATION: BEDFORD VILLAGE
MEMORIAL PARK
FEE: \$120.00
REGISTER: **Online:**
www.ussportsinstitute.com
Or call (866) 345-BALL

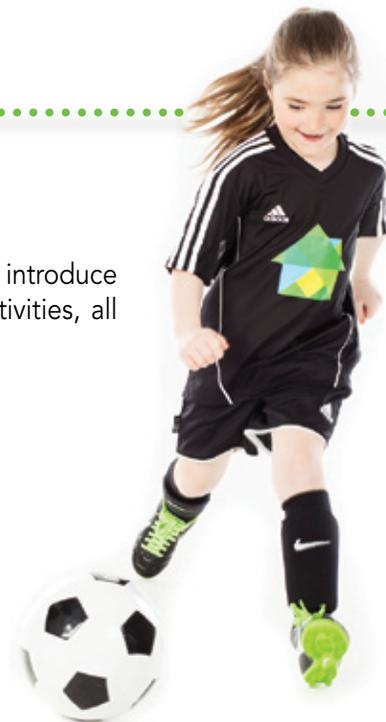


SOCCER SQUIRTS

Conducted by: U.S. Sports Institute

The US Sports Institute Soccer Squirts program is a great way to introduce children aged 3-5 to soccer through a variety of fun structured activities, all designed to stimulate a child's imagination & motor skills.

FOR: AGES 3 – 5
DAY: MONDAYS
DATES: SEPT. 21, 28, OCT. 5, 19, 26, NOV. 2
TIME: 1:00 – 2:00 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
FEE: \$120.00
REGISTER: **Online:** www.ussportsinstitute.com
Or call (866) 345-BALL





AFTER SCHOOL DRAMA CLUB

Instructor: Carolyn Nielsen (A Bedford resident who has a Masters degree in teaching and has been active in local Community Theatre for over 10 years.)

This program is an inclusive gathering of up to 15 elementary school-aged participants. Children will learn the entire process of theatrical production from preparing for an audition, developing character, movement, costuming, set design, staging and publicity. Please note there is no "show" at the conclusion of this program.

FOR: GRADES K – 5
DAY: THURSDAYS
DATE: SEPT. 17, 24, OCT. 1, 8, 15, 22, 29, NOV. 5
TIME: 4:30 – 6:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY#: 342100
FEE: \$160.00 (8 sessions)
QUESTIONS: Contact Carolyn at dramamammas@gmail.com



LEGO® BUILDING... TOO FUN TO BE HOMEWORK

Conducted by: Bricks 4 Kidz®

Your child's learning doesn't need to stop when the bell rings. While exploring S.T.E.M. concepts (science, technology, engineering, math) and with the use of LEGO® bricks and Bricks 4 Kidz® model plans, students learn to build moving and **motorized** models of **simple machines, animals, structures, weather, space, vehicles** and more. They develop problem solving skills, creativity, and foster an appreciation for how things work.

FOR: GRADES 1 – 5
DAY: TUESDAYS
DATE: SEPT. 29, OCT. 6, 13, 20, 27, NOV. 10, 17, 24
 (NO CLASS NOV. 3)
TIME: 4:30 – 5:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 332101-A
FEE: \$150.00 – Residents
 \$187.50 – Non-Residents



COOKING CREATIONS

Instructor: Kimberly O'Brien

This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation.

Each week the children will prepare and enjoy their own scrumptious treats.



FOR: GRADES 2 – 7
DAY: THURSDAYS
DATE: SEPT. 17, 24, OCT. 1, 8, 15, 22, 29
TIME: 4:15 – 6:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 332100-A
FEE: \$140.00 – Residents
 \$175.00 – Non-Residents



BABY-SITTING TRAINING COURSE

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

The Babysitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

FOR: AGES 11 – 15
DAY/DATE: SATURDAY, DEC. 5
TIME: 9:00am – 5:00 pm
 (bring lunch/snacks/baby doll)
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 352101-A
FEE: \$75.00 – Residents
 \$94.00 – Non-Residents

NOTE: *Must be 11 by the first class.
Bring a pen, notebook, lunch,
drink, snack and doll.*

AMERICAN RED CROSS

SAFE ON MY OWN

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

Safe On My Own is a program for children in grades 3 thru 5 who would like to learn the safety measures of what to do when they find that they are alone on their own. Some topics to be discussed include, what to say on the phone when home alone, what to do if someone comes to your home while you are alone, stranger danger when you are outside your home, how to call 911, and what to do in an emergency.

FOR: GRADES 3 – 5
DAY/DATE: WEDNESDAY, SEPT. 30
TIME: 4:30 – 6:30 pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 352100-A
FEE: \$20.00 – RESIDENTS
 \$25.00 – NON-RESIDENTS

NOTE: *Includes a Safe On My Own
take home pamphlet.*

NEW

SEW HAPPY – MONSTER PUPPETS

Instructor: Sew Happy

This club is a great introduction to hand sewing! Sewing is a fun and exciting activity that encourages patience, fine motor skills, imagination and problem solving skills. Have fun learning real life skills like sewing on a button, threading a needle, tying a knot and stitching while creating fun projects to cherish forever! During this session we will get creative making finger puppet aliens, monster hand puppets and spoon spinners. This club is run by Sew Happy www.sewhappyusa.net

FOR: GRADES K – 4
DAY: MONDAYS
DATE: SEPT. 21, 28, OCT. 5, 19 26, NOV. 2, 9, 16
 (NO CLASS OCT. 12)
TIME: 4:30 – 5:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 342106-A
FEE: \$185.00



HOLIDAY COOKIE TIME

Instructor: Kimberly O'Brien

Sugar and spice and everything nice will be put into each cookie we make during these holiday cookie making classes. Each week we will make new cookies to celebrate the holidays. Kids will learn basic cooking techniques like following directions, measurement and preparation.

FOR: GRADES 2 – 7
DAY: THURSDAYS
DATE: DEC. 3, 10, 17
TIME: 4:15 – 6:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 332110
FEE: \$66.00 – RESIDENTS
 \$82.50 – NON-RESIDENTS



GUITAR LESSONS

Instructor: You Are Musical – Chad McLoughlin

Learning a musical instrument is a short cut to success. Repeated studies have shown that children who learn an instrument excel in every other part of their education. Mostly, however, we study a musical instrument because it makes us happy and the things that make us happy make us wise. You Are Musical's Chad McLoughlin is an accomplished, versatile and innovative performing artist and composer. He has been teaching guitar for over 35 years and brings a wealth of experience and knowledge to his students, many who reside in Westchester County and surrounding towns.

FOR: GRADES 1 – 3
DAY: FRIDAYS
DATE: SEPT. 18, 25, OCT. 2, 9, 16, 23
TIME: 4:30 – 5:15 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 342104-A
FEE: \$150.00 – Residents
 \$187.50 – Non-Residents



UKULELE LESSONS

Instructor: Patti Hupp

Chords, strumming and FUN will be the focus in this class. The great thing about the Ukulele is that it is easy to play. Compared to the guitar, the Ukulele is easy. You will be able to play hundreds of 3 chord songs by the end of the session.

FOR: GRADES 1 – 5
DAY: WEDNESDAYS
DATE: SEPT. 16, 30, OCT. 7, 14, 21, 28, NOV. 4, 11
TIME: 4:45 – 5:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 342103-A
FEE: \$150.00 – Residents
 \$187.50 – Non-Residents

NOTE: Participants must provide their own ukulele.

GIRLS FALL FIELD HOCKEY for Grades 2 – 8

Sponsored by: The Town of Bedford Recreation and Parks Department

This is a skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. Emphasis will be on physical conditioning, stick work, team dynamics and rules of the game. There will be several scrimmages planned against local recreation teams. **Players must provide their own stick, shin guards, mouth guard and eye guard.**

MOUTHGUARDS: Must be provided by the players

NOTE: High School players (paid positions or community service credits) will be assisting with the program. Parent volunteers will be needed. If interested please contact the Recreation Office at 666-7004.

| | |
|--------------------|---|
| FOR: | GIRLS ENTERING GRADES 2 – 8 in the fall of 2015 who live in the Bedford Central School District or Katonah / Lewisboro School District. Non resident participants will be accepted on a space available basis. |
| DAY/TIME: | GRADES 2 & 3 – SATURDAYS, 9:00am – 10:00am GRADES 4 – SATURDAYS, 9:00am – 10:30am and FRIDAYS, 5:00pm – 6:30pm (light dependent) GRADES 5 – 8 – SATURDAYS, 10:15am – 11:45am and FRIDAYS, 5:00pm – 6:30pm (light dependent) |
| DATES: | SATURDAYS: SEPT. 12, 19, 26, OCT. 3, 10, 17, 24, 31, NOV. 7, 14 FRIDAYS: SEPT. 18, 25, OCT. 2, 9, 16 MAKE UP: TBD NOTE: Play Dates with other programs will also be scheduled during the season. |
| LOCATION: | KATONAH MEMORIAL PARK FIELD – LOCATED BEHIND THE POOL |
| FEES: | GRADES: 2 & 3 \$ 80.00 (includes a mesh jersey) |
| ACTIVITY #: | 362600-A |
| FEES: | GRADES: 4 \$140.00 (includes a mesh jersey) |
| ACTIVITY #: | 362600-B |
| FEES: | GRADES: 5 – 8 \$140.00 (includes a mesh jersey) |
| ACTIVITY #: | 362600-C |

COACHES:

Ridgely Biddle: Is a Katonah resident, MAT in PE, JV Field Hockey Coach for Convent of the Sacred Heart, former player at Boston University and rated field hockey and lacrosse official.

Cathy Cousin: Varsity Field Hockey coach at Ossining High School 1986-1994, Played for SUNY Cortland 1982-86 and is in her seventh season with the program.

Debbi Walsh: Is a former field hockey player at Fairfield University, is a JJMS modified Field Hockey Coach and has been a coach in the field hockey program for five years.

David Leech: 30+ years of field hockey experience in England and the US and has been with the program for seven years.

QUESTIONS: Please contact the Recreation Office at 666-7004 or email Coach Biddle at Ridgelybiddle@bedfordfieldhockey.org

The field hockey website is www.bedfordfieldhockey.org



FLAG FOOTBALL for Grades 3 & 4 (afterschool program)

Coordinator: Jim Whiting

This fun filled action-oriented program is designed to be an introduction to football for young athletes. Each session will consist of rules instruction, skill development and scrimmage games.

This is a non-contact program.

GRADE: GRADES 3 & 4 (combined)
DAY: WEDNESDAYS
DATES: SEPT. 16, 30, OCT. 7, 14,
 21, 28, NOV. 4
TIME: 4:30 – 5:45pm
LOCATION: BEDFORD HILLS
 MEMORIAL PARK
ACTIVITY #: 363500-A
FEE: \$80.00 PER PERSON
 (includes a game jersey)

NOTE: *Please dress in layers and bring a water bottle.*

WMMAF – MARTIAL ARTS

Conducted by: WMMAF

Westchester Mixed Martial Arts and Fitness offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow.

DAY: THURSDAYS
DATES: SEPT. 17, 24, OCT. 1, 8, 15, 22, 29, NOV. 5
LOCATION: WESTCHESTER MIXED MARTIAL
 ARTS & FITNESS
 (333 North Bedford Rd., Mt. Kisco)
FEE: \$180.00 – Residents
 \$225.00 – Non-Residents
 (Gear package is included in the price of the class uniform, gloves & shins)
FOR: AGES 5 – 7 "LITTLE CHAMPS"
TIME: 4:15 – 5:00 pm
ACTIVITY # 362900-A
FOR: AGES 8 – 12 "YOUTH"
TIME: 5:15 – 6:00 pm
ACTIVITY # 362900-B

FLAG FOOTBALL for Grades 5 & 6 (evening program)

Coordinator: Jim Whiting

This evening program will be played under the lights and is designed to provide "league-style" competition for participants. Instruction and skills will be emphasized, games will be played weekly.

This is a non-contact program.

GRADE: GRADES 5 & 6 (combined)
DAY: WEDNESDAYS
DATES: SEPT. 16, 30, OCT. 7, 14, 21, 28, NOV. 4
TIME: 6:45 – 8:00pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
ACTIVITY #: 363500-B
FEE: \$80.00 PER PERSON
 (includes a game jersey)

NOTE: *Please dress in layers and bring a water bottle.*





US SPORTS
institute **FALL**
BASKETBALL CLINIC

This is an ideal introduction to basketball for children that want to learn key skills in a low pressure, fun environment. Professional coaches will teach the basic techniques of dribbling, passing, shooting & defense through a series of inclusive group activities ending each session with realistic scrimmages allowing players to test out newly learned skills.

FOR: AGES 6 – 8

TIME: 4:30 – 5:30 pm

FOR: AGES 9 – 11

TIME: 5:30 – 6:30 pm

DAYS: THURSDAYS

DATES: SEPT. 17 – OCT. 22

(RAINDATE: OCT. 29)

LOCATION: BEDFORD HILLS MEMORIAL PARK

FEE: \$120.00

NOTE: *Registration for this program is done directly through U.S. Sports Institute. Register Online: www.ussportsinstitute.com*

BASKETBALL
BASICS

Coordinator: Jim Whiting

This program is an introduction to basketball. Fun drills and exciting activities are combined to teach children fundamentals. The basic skills of dribbling, rebounding and shooting will be stressed each week as players move closer to experiencing game situations through scrimmages.

NOTE: *The 4th grade program will place more emphasis on scrimmaging and understanding game situations.*

FOR: BOYS & GIRLS GRADES 2, 3 & 4

DAY: SATURDAYS

DATES: DEC. 5, 12, 19, JAN. 9, 16, 23, 30

FEB. 6

LOCATION: KATONAH

ELEMENTARY SCHOOL

ACTIVITY #: 362700-A GRADE 2 – 9:00 am

ACTIVITY #: 362700-B GRADE 3 – 10:00 am

ACTIVITY #: 362700-C GRADE 4 – 11:00 am

FEE: \$85.00

(Includes a Basketball & T-shirt)



YOUTH LEAGUE BASKETBALL

Coordinator: Jim Whiting

This program is designed to introduce youngsters to the game of basketball in an organized league setting. Learning fundamental skills and game strategies while having fun is the league's main focus.

FOR: BOYS GRADES 5, 6, 7 & 8

LOCATION: KATONAH ELEMENTARY SCHOOL

EVALUATIONS (Must attend one)

GRADE 5: SAT., NOV. 21, 10:00 – 11:00 am

MON., NOV. 23, 6:30 – 7:30 pm

GRADE 6: SAT., NOV. 21, 11:00 – 12:00 pm

MON., NOV. 23, 7:30 – 8:30 pm

GRADES 7/8: SAT., NOV. 21, 12:00 – 1:00 pm **ONLY**

PRACTICES: Once per week (MON., WED. OR FRI.) Beginning NOV. 30

GAMES: Once per week (SATURDAYS) Beginning in JAN.

ACTIVITY #: 362701-A – GRADE 5

ACTIVITY #: 362701-B – GRADE 6

ACTIVITY #: 362701-C – GRADE 7 & 8

FEE: \$105.00 per person

FALL VOLLEYBALL

Instructor: Allison Eckhart

Bump, Set, Spike!! This instructional and exciting program is open to girls in grades 3 – 9. We will focus on the basic skills of volleyball including but not limited to: service, passing, footwork, teamwork, and much more. Whether you are new to the sport or an experienced player this class is for you.

FOR: GIRLS GRADES 3 – 9
 DAY: WEDNESDAYS
 DATES: SEPT. 30, OCT. 7, 14, 21, 29, NOV. 4, 18,
 DEC. 2, 9, 16 (NO CLASS NOV. 11 OR 25)
 LOCATION: LEONARD PARK,
 MT KISCO POOL COMPLEX
 FEE: \$80.00
 FOR: GRADES 3 – 5
 TIME: 4:45 – 5:45 pm
 ACTIVITY #: 362801-A
 FOR: GRADES 6 – 9
 TIME: 5:45 – 6:45 pm
 ACTIVITY # 362801-B



**Step Right Up and Take a Swing
at Girls Softball this Fall!**

Our fall program is a great way for girls grades K-9 to learn in a relaxed environment that focuses on growth and development.

**GET IN THE GAME BY REGISTERING AT
KBGS.LEAG1.COM**

LEAGUE DETAILS

- Pricing is available at our website, www.kbgs.leag1.com
- Season begins just after Labor Day in September and runs through the end of October
- Fall Ball T-shirts will be provided
- Games will be each weekend at Rasor Field in Katonah
- Every team will be given a field to host one practice a week in the afternoon/evening
- Emphasis will be on teaching, not only at practice but during the games as well
- Umpires will be present for all games
- Clinics will be made available to all participants (details to be determined)

KLBS is an independent, not-for-profit girls softball league which runs programs all year for the Bedford, Katonah-Lewisboro, Mt. Kisco, North Salem and Pound Ridge Communities.

KATONAH LEWISBORO
BEDFORD GIRLS SOFTBALL

KLBS
EST. 1984

SOFTBALL



BASEBALL ASSOCIATION

Please visit our
website in November
for 2016 registration details.

www.eteamz.com/bprba

BEDFORD YOUTH SOCCER CLUB



Bedford Youth Soccer Club offers instructional In-House and competitive Travel programs for children ages 4-13+. BYSC Programs are offered throughout the year - Winter, Spring, Summer and Fall.

For more information please
visit our website at
www.bedforyouthsoccerclub.org



F.C. BEDFORD SOCCER CLUB

IN-HOUSE SOCCER PROGRAM
FOR BOYS & GIRLS AGES 4-11

- SOCCER BASED TRAINING CLINICS
- LOCAL IN-HOUSE PROGRAM – NO TRAVEL GAMES INVOLVED
- HELD AT BEDFORD HILLS MEMORIAL PARK
- TUESDAY EVENINGS – 6:30-7:30PM
- FALL 2015 – September 15, 22, 29,
October 6, 13, 20, 27,
November 3
- SPRING 2016 – April 12, 19, 26,
May 3, 10, 17, 24, 31

FOR MORE INFORMATION CALL: 914-666-2271

BEDFORD HILLS KATONAH



PLAY BASEBALL



WE WANT
YOU
ON OUR TEAM

JOIN US AT

BHKLL.ORG

LADIES



Supervisors:
Daryl Sudlow,
Kimberly O'Brien
and Angela Brown

0-67 Bingo! Come on out and mingle with friends, have fun, enjoy refreshments and light snacks. Who knows, you may even win one of many great prizes. Everyone will be given two cards each and it should make for an exciting and enjoyable evening! Don't miss out on this ladies only evening. Preregistration is required.

FOR: LADIES 21+
DAY/DATE: FRIDAY, OCT. 23
TIME: 7:00 – 9:30 pm
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
ACTIVITY #: 323102-A
FEE: \$20.00
\$25.00 AT THE DOOR

SELF DEFENSE SEMINAR for TEENS AND ADULTS

Instructor: WMMAF

This 90 minute self defense seminar will give participants a basic introduction to the elements of self protection including; stand-up defense, ground defense, situational awareness and making safe decisions. The class focuses both on simple, effective techniques and street smarts to help prevent self defense situations. No prior experience is necessary, as anyone from beginner to expert can benefit from this training. Participants should wear comfortable work-out clothes.

FOR: AGES 13+
DAY/DATE: SATURDAY, OCT. 24
TIME: 1:00 – 2:30 pm
LOCATION: WESTCHESTER MIXED MARTIAL
ARTS & FITNESS
(333 North Bedford Road, Mt. Kisco)

ACTIVITY #: 305900-A
FEE: \$15.00

NOTE: *Participants under the age of 18 requires parents to sign waiver at WMMAF*

DEFENSIVE DRIVING

Instructor: Bedford Police

Learn to drive defensively! After completing this course, motorists will be eligible for a reduction in their auto insurance premiums and up to a 4 point reduction on their driving record. Participants must be on time and complete the full 6-hours of instruction to satisfactorily complete the class. **Residents must provide two (2) checks with their registration. One to the "National Safety Council" for \$11.00 and the second to the "Town of Bedford" for \$19.00. Participants must attend both nights.**

FOR: AGES 16+
DATE: MON. & TUES., NOV. 30 & DEC. 1
TIME: 7:00 – 10:00 pm
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
ACTIVITY #: 323100-A
FEE: \$19.00 Town of Bedford
\$11.00 National Safety Council

PAINT ESCAPE NEW

Instructor: Nando Amico

Escape with your friends, date or spouse and let the artist in you out! Join Paint Escapes for a creatively fun experience! Paint Escape supplies all the materials you will need to create your "masterpiece" with the help of our art instructor. Bring your favorite beverage and snack and be prepared for an exciting social adventure. Whether it's an escape from Sunday chores or the kids we have an art party for you! No artistic ability required! We will have coffee available at the end of class while you admire everyone's work.

FOR: ADULTS 21+
DAY/DATE: FRIDAY, SEPT. 18
TIME: 7:00 – 10:00 pm
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
ACTIVITY #: 323100-A
FEE: \$20.00 – RESIDENT
\$25.00 – NON-RESIDENT





DOG AGILITY TRAINING Beginner, Advanced Beginner & Advanced Classes

Instructor: Kate Connick

Kate Connick, has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Masters degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

FOR: TOWN OF BEDFORD RESIDENTS
(Dogs **MUST** have a current New York State license that are issued through the Town Clerk's Office located at 321 Bedford Road)

DAY: SATURDAYS

DATE: SEPT. 12, 19, 26 OCT. 3, 10, 17

MAKE-UP DATE: OCT. 24

LOCATION: CANINE COMMONS
AGILITY AREA
located at Beaver Dam Park

FEE (6 CLASSES): \$75.00 (owner and dog)

TIMES/ACTIVITY #:

ACT. #323001-A **BEGINNER CLASS**

3:45 – 4:45 pm

Prerequisite: Basic obedience & control around other dogs

ACT. # 323001-B **ADVANCED BEGINNER CLASS**

2:30 – 3:30 pm

Prerequisite: Instructor Approval required

ACT. #323001-C **ADVANCED CLASS**

5:00 – 6:00 pm

Prerequisite: Instructor Approval required

NOTE: If space is available one week prior to the start of the program non-residents can enroll in the course at a 25% higher rate (\$95.00)

Dogs **MUST** have a valid NYS license!



PILATES

Instructor: APOGEE FITNESS & WELLNESS OF BEDFORD HILLS

This 12 week Pilates Series will highlight Power Pilates in the form of an Open Mat class. You will be empowered to discover your inner strength, transform your mind and body, increase your stamina, improve your health and achieve a new and exciting physical well being. Space is limited so reserve your spot today. Voted Best of Westchester - Pilates 2012 we encourage you to come give it a try!

FOR: ADULTS 18+

DAY: THURSDAYS

DATE: SEPT. 17, 24, OCT. 1, 8, 15, 22, 29, NOV. 5, 12, 19, DEC. 3, 10

TIME: 7:00 – 8:00 pm

LOCATION: APOGEE FITNESS & WELLNESS
(170 Harris Road, Bedford Hills)

ACTIVITY #: 313900-A

FEE (12 CLASSES): \$120.00 – Residents
\$150.00 – Non-Residents

NOTE:

- **Maximum 15 participants – For women only**
- **There is no senior discount**
- **All supplies/other equipment will be provided**
- **Close fit clothing; loose shorts or tops can catch & tangle. No shoes or socks are required.**

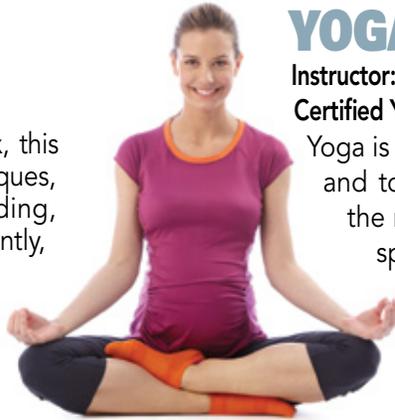


YOGA

**Instructor: Kim Jones,
Registered Yoga Instructor**

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. Please bring a mat and dress comfortably. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and holds the Yoga Alliance designation of RYT 200.

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: SEPT. 24, OCT. 1, 8, 15, 29,
 NOV. 5, 12, 19, *DEC. 3, 10
 (10 CLASSES - NO CLASS OCT. 22)
TIME: 7:00 – 8:15 pm
LOCATION: BEDFORD HILLS
 ELEMENTARY SCHOOL
 *DEC. 3 CLASS AT BEDFORD
 HILLS COMMUNITY HOUSE
ACTIVITY #: 313302-A
FEE (10 CLASSES): 90.00 – Residents
\$45.00 – Resident Seniors (65+)
 \$112.00 – Non-Residents



YOGA

**Instructor: Susan Lara Safranek,
Certified Yoga Instructor**

Yoga is an ancient practice that strengthens and tones the body, balances and calms the mind, and refreshes and renews the spirit. In this class we will explore a bit of the history and philosophy of Yoga, while learning Yoga postures, breathing techniques, and meditation, all in a safe, supportive and non-competitive atmosphere. All levels of experience (and flexibility) are welcome.

FOR: ADULTS 18+
DAY: FRIDAYS
DATE: SEPT. 18, 25, OCT. 2, 9, 16, 23,
 30, NOV. 6, 20, DEC. 4
 (10 CLASSES - NO CLASS NOV. 13)
TIME: 10:00 – 11:00 am
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 313102-A
FEE (10 CLASSES): \$90.00 – Residents
 \$112.00 – Non-Residents
NOTE:

- **There is no senior discount**
- **Wear comfortable clothes**
- **Come on an empty stomach**
- **Please bring a mat**



AEROBICS WORKOUT

Instructor: Paula DiJulio

Come join the workout! With Paula's many years of experience this class will be taught at a moderate/high intensity level and features interval training and power & aerobic moves incorporating all the necessary components of fitness – cardio, strength and core training! We end with a well-deserved stretch and cool down. A great workout with a great group of people!

FOR: ADULTS 18+
DAY: MONDAY & WEDNESDAY
DATE: SEPT. 21, 28, 30, OCT. 5, 7, 14,
 19, 21, 26, 28, NOV. 2, 4, 9, 16, 18,
 23, DEC. 2, 7, 9 (NO CLASS
 SEPT. 23, OCT. 12, NOV. 11)

TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS
 ELEMENTARY SCHOOL
ACTIVITY #: 313300-A (BOTH MON. & WED.)
ACTIVITY #: 313300-B (MONDAY ONLY)
ACTIVITY #: 313300-C (WEDNESDAY ONLY)
FEE CLASSES/ 2 DAYS WEEK:
 \$171.00 – Residents
\$ 86.00 – Resident Seniors (65+)
 \$214.00 – Non-Residents
FEE CLASSES/ 1 DAY WEEK:
 \$ 86.00 – Residents
\$ 43.00 – Resident Seniors (65+)
 \$108.00 – Non-Residents



INSANITY

Instructor:
Robin McCaine,
Insanity Certified/ Fitness Coach

INSANITY is the new fitness rage!

Too many summer bar-b-ques? Want to get in shape, look and feel great? Join Robin as he works with you to help you achieve your exercise goals! INSANITY is a cardio intense workout that uses MAX Interval Training – a method of short strenuous/high intensity workouts followed by intervals of short rests. Robin will help design an exercise routine to meet all fitness levels! Robin McCaine is a Katonah resident who is INSANITY certified. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Fitness Coach who helps and inspires others to successfully complete workout programs like INSANITY!

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: SEPT. 22, 29, OCT. 6, 13, 20, 27,
 NOV. 3, 10, 17, 24, DEC. 1, 8
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD VILLAGE
 ELEMENTARY SCHOOL
 (45 Court Road, Bedford, NY)
ACTIVITY #: 313200-A
FEE (12 CLASSES): \$108.00 – Residents
\$54.00 – Resident Seniors (65+)
 \$135.00 – Non-Residents

ZUMBA GOLD

Instructor: Peggy Raiskums,
Licensed Zumba Gold instructor

This fitness program is based in Latin dance and fuses Latin & International music. Its adaptable design is perfect for those who may need modifications for success. It is a slightly slower version of the original Zumba geared toward beginners and active older adults. It is fun and exciting as well as a very effective workout. Move at your own pace. No dance experience necessary.

FOR: ADULTS 18+
DAYS: MON. & WED.
TIME: 1:00 - 2:00 pm
FEE: \$84.00

FALL SESSION I

(12 SESSIONS):
 SEPT. 16, 21, 28, 30
 OCT. 5, 7, 14, 19, 21, 26,
 28, NOV. 2
ACTIVITY#: 318703-A

FALL SESSION II

(12 SESSIONS):
 NOV. 4, 9, 16, 18, 23, 30
 DEC. 2, 7, 9, 14, 16, 21
ACTIVITY#: 318704-A

Note: Wear comfortable workout clothes.



TOTAL BODY WORKOUT

Instructor: Anne-Marie Pasquale

Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 22 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

NOTE: *Maximum 30 participants*

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: SEPT. 22, 29, OCT. 6, 13, 20, 27,
 NOV. 3, 10, 17, 24, DEC. 1, 8
TIME: 7:00 – 8:00pm
LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL
ACTIVITY #: 313301-A
FEE (8 CLASSES): \$108.00 – Residents
\$ 54.00 – Resident Seniors (65+)
 \$135.00 – Non-Residents

FALL 2015 tennis lessons



Lessons are offered in cooperation with Saw Mill Club.
All Instructors are USPTA certified

NOTE: ID cards for tennis & paddle tennis are available at our office at no additional cost. If you hold a valid/paid Pool Photo ID card another ID card is not necessary.

KATONAH MEMORIAL PARK

YOUTH TENNIS

DAY: WEDNESDAYS
DATES: SEPT. 30, OCT. 7, 14, 21, 28
FEE: \$110.00

AGES 5,6,7

TIME: 4:00 – 5:00 pm
ACTIVITY#: 382600-B

AGES 8,9,10

TIME: 5:00 – 6:00 pm
ACTIVITY#: 382600-D

ADULT TENNIS

DAY: MONDAYS
DATES: SEPT. 21, 28, OCT. 5, 19, 26
FEE: \$110.00

BEGINNER

TIME: 9:30 – 10:30 am
ACTIVITY#: 383601-A

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
ACTIVITY#: 383602-A

INTERMEDIATE

TIME: 11:30 am– 12:30 pm
ACTIVITY#: 383603-A

ADULT TENNIS

DAY: WEDNESDAYS
DATES: SEPT. 30 OCT. 7, 14, 21, 28
FEE: \$110.00

BEGINNER

TIME: 9:30 – 10:30 am
ACTIVITY#: 383601-B

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
ACTIVITY#: 383602-B

INTERMEDIATE

TIME: 11:30 am– 12:30 pm
ACTIVITY#: 383603-B

BEDFORD HILLS MEMORIAL PARK

YOUTH TENNIS

DAY: TUESDAYS
DATES: SEPT. 22, 29, OCT. 6, 13, 20
FEE: \$110.00

AGES 5,6,7

TIME: 4:00 – 5:00 pm
ACTIVITY#: 382500-A

AGES 8,9,10

TIME: 5:00 – 6:00 pm
ACTIVITY#: 382500-B

JUNIOR TENNIS

AGES 11, 13, 14

DAY: THURSDAYS
DATES: SEPT. 24, OCT. 1, 8, 15, 22
FEE: \$110.00

BEGINNER

TIME: 4:00 – 5:00 pm
ACTIVITY#: 382501-A

ADVANCED BEGINNER

TIME: 5:00 – 6:00 pm
ACTIVITY#: 382502-A





TENNIS FACILITIES

BEDFORD HILLS MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located behind the Bedford Hills Little League Field. An access path is located to the rear of the parking area between the baseball/softball fields.

KATONAH MEMORIAL PARK

These four all-weather tennis courts were re color coated in the spring of 2011 and are located at the end of North Street next to the main parking area.

BEDFORD VILLAGE MEMORIAL PARK

These four all-weather tennis courts are presently closed while they are being renovated. The Town anticipated the courts being reopened in early October. The courts are located on the right side of the main parking lot on Greenwich Road.

ATTENTION – Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

Started!

RENOVATIONS AT THE BEDFORD VILLAGE TENNIS COURTS

Renovations to the tennis court surface and perimeter fencing started in early August. Weather permitting the Town anticipates the courts reopening for use by the public in early October or sooner if possible. The tennis courts will be closed while the renovation to the courts is taking place. The courts at Bedford Hills and Katonah will be open for play.



10 AND UNDER TENNIS



Play Now. Play Forever.



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914-241-0797
www.sawmillclub.com




EDGE TENNIS

EDGE Tennis AND EDGE PREP

Part of Saw Mill Club Tennis

Westchester's most sought after tennis plan for today's junior players ages 10 & up.



SAW MILL CLUB
Better Tennis®
Registration information at 914.241.0797
77 Kensico Drive, Mt. Kisco NY 10549
www.sawmillclub.com

COME CHECK OUT THE COURTS!

The lights to the platform tennis courts at Katonah and Bedford Village will be energized for the season on **Monday September 14th** between the hours of 6:00 – 10:00pm. No group reservations until the end of October. Court use will be on a first come first served basis. There will be no fees charged in September or October.

GROUP USE COURT RESERVATIONS

Group use reservation application forms will be available online starting October 1st by visiting www.Bedfordny.gov under applications & forms for Recreation and Parks. The reservation system will be similar to the one utilized last season and will start as of **Monday November 2nd**.

PLATFORM TENNIS LESSONS

Instructor: Richard Finn, USPTA Certified Instructor

BEG/ADV BEG: covers the fundamental shots, basic screen play and rules of the game.

DRILL & PLAY: provides the more experienced players a chance to drill and play while learning shot selection, the art of screen play and doubles strategy.

FOR: ADULTS 18+ (*Players must supply their own paddle and must wear non-marking rubber soled shoes.*)

FEE: \$155.00 (7 classes for Beginners, Advanced Beginners & Intermediate)



SESSION I

KATONAH MEMORIAL PARK

DAY: TUESDAY
DATE: NOV. 17, 24, DEC. 1, 8, 15, 22, JAN. 5
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 383611-A
TIME: 11:00 am – 12 pm (Adv. Beginner)
ACTIVITY #: 383612-A

DAY: WEDNESDAY
DATE: NOV. 18, 25, DEC. 2, 9, 16, 23, JAN. 6
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 383611-B
TIME: 11:00 am – 12 pm (Adv. Beginner)
ACTIVITY #: 383612-B

BEDFORD VILLAGE MEMORIAL PARK

DAY: WEDNESDAY
DATE: NOV. 18, 25, DEC. 2, 9, 16, 23, JAN. 6
TIME: 7:00 – 8:00 pm (Beginner)
ACTIVITY #: 383411-A
TIME: 8:00 – 9:30 pm (Intermediate)
ACTIVITY #: 383413-A

DAY: FRIDAY
DATE: NOV. 13, 20, DEC. 4, 11, 18, JAN. 8, 15
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 383411-B
TIME: 11:00 – 12:00 pm (Adv. Beginner)
ACTIVITY #: 383412-B

SESSION II

KATONAH MEMORIAL PARK

DAY: TUESDAY
DATE: JAN. 19, 26, FEB. 2, 9, 16, 23, MAR. 1
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 483611-A
TIME: 11:00 am – 12 pm (Adv. Beginner)
ACTIVITY #: 483612-A

DAY: WEDNESDAY
DATE: JAN. 20, 27, FEB. 3, 10, 17, 24, MAR. 2
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 483611-B
TIME: 11:00 am – 12 pm (Adv. Beginner)
ACTIVITY #: 483612-B

BEDFORD VILLAGE MEMORIAL PARK

DAY: WEDNESDAY
DATE: JAN. 20, 27, FEB. 3, 10, 17, 24, MAR. 2
TIME: 7:00 – 8:00 pm (Beginner)
ACTIVITY #: 483411-A
TIME: 8:00 – 9:30 pm (Intermediate)
ACTIVITY #: 483413-A

DAY: FRIDAY
DATE: JAN. 29, FEB. 5, 12, 19, 26, MAR. 4, 11
TIME: 10:00 – 11:00 am (Beginner)
ACTIVITY #: 483411-B
TIME: 11:00 – 12:00 pm (Adv. Beginner)
ACTIVITY #: 483412-B

SENIOR ADULT NEWSLETTERS

Stay informed of current senior programs, trips and special events by receiving our calendar/newsletter which is mailed out every two months. To receive the newsletter, contact the recreation office at 666-7203. We will add your name to the mailing list.

SENIOR MEETINGS

Come and join us! Weekly meetings are offered to all residents ages 60 and older. Meetings will include a variety of activities, informational presentations, crafts, games, exercise, special events and more. Coffee, tea and light refreshments will be available at all meetings. We meet every **Monday, Wednesday and Friday from 10:00 am - 2:00 pm at the Bedford Hills Community House**. Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance.

SEASON HIGHLIGHTS

It's been a beautiful summer and our seniors have stayed busy with a variety of engaging activities including gardening, bird watching, arts & crafts, flower arrangements, cooking demos, local outings, guest speakers, visits from our visiting nurse and nutritionist. Video bowling is very popular on our big screen TV, along with in-house movies & nature films. We have also travelled to popular sites like The Christmas Tree Shop, Trader Joe's and more.

VISITING NURSE & GUEST NUTRITIONIST

The first Wednesday of each month our seniors are treated with a visit by health care specialists generously provided by Northern Westchester Hospital. Our visiting nurse conducts blood pressure checks along with health discussions, while our guest nutritionist gives tips on healthy eating and will demonstrate how to prepare nutritious easy-to-make snacks.

HOME-DELIVERED-MEALS PROGRAM

Seniors who are homebound or recovering from a hospital stay and are unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal delivered by caring volunteers. Call Jim Whiting at 666-7203 for more information.

FLU VACCINE

For seniors in the Town of Bedford

DAY/DATE: THURSDAY, OCTOBER 22

TIME: 9:00am-11:00am

LOCATION: KATONAH MEMORIAL HOUSE

You must call the recreation office for Pre-registration at (914) 666-7203. The fee is \$27.00 unless you have non-managed medicare. No medicare covered by a managed group will be accepted. For eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

SHOPPING

The recreation bus runs local shopping trips on Tuesday mornings (ShopRite, CVS and more). Reservations must be made at least one day in advance by calling 666-7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first come first served basis.

SENIOR IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00 am-4:00 pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit www.westchestergov.com.

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Avenue. Hot lunches are available daily, Monday through Friday with a \$3.00 contribution. Reservations must be made a day in advance by calling 666-8931.

HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office at 666-6530.

REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Road, Bedford Hills, to purchase discount coupons for trash disposal, Monday - Friday, 8:30 am - 4:30 pm. The program allows for disposal of plastic bagged, non-recyclable refuse at Town of Bedford Recycling Center, Adams Street, Bedford Hills, 241-2671, Tues., Thurs. and Sat., 8:00 am - 3:00 pm.

AARP DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Bring a copy of your driver's license to class. Participants must be age 50 or older. Please bring a bag lunch for a 1/2 hour lunch break.

Please make checks payable to AARP.

You must pre-register at the Town of Bedford Recreation Office or call 666-7004.

FOR: AGES 50+
DATE/ DAY: TUESDAY, OCT. 20
TIME: 9:00 am - 3:30 pm
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE
FEE: \$20.00 AARP Member's
\$25.00 Non-Members

MAH JONGG CLUB

Coordinator: Caren Roth

Due to popular demand we are organizing our first Mah Jongg Club. This traditional Chinese game of skill & luck is fun, challenging, and a great opportunity for social interaction. Whether you are just starting out or have been playing for years, don't hesitate to join in. **This is NOT an instructional program. You must have some knowledge of the game and supply your own board & tiles.**

DAY: MONDAYS (ON GOING)
TIME: 2:00 - 4:00 pm
LOCATION: BEDFORD HILLS
COMMUNITY HOUSE

SENIOR ADULTS CHARTER BUS TRIPS

You must submit a trip registration form to reserve your spot. For additional information or to get a form call the recreation office at 666-7004. Make checks payable to the "Town of Bedford"

9/11 MEMORIAL & LUNCH @ CARMINE'S - New York, NY

DATE: THURSDAY, SEPTEMBER 24, 2015
TIME: 10:30am (Bus departs Katonah Memorial House)
FEE: \$85.00

MOHEGAN SUN CASINO - Uncasville, CT

DATE: THURSDAY, OCTOBER 29, 2015
TIME: 8:00am (Bus departs Katonah Memorial House)
FEE: \$30.00

Please note a \$2.00 gratuity for the driver will be collected on the bus for all trips.

ANNUAL TOWN OF BEDFORD

Senior Adult Holiday Luncheon

**Wednesday, December 9
11:00 am - 2:00 pm**

This annual holiday event is a favorite amongst our senior adults. Good food, good friends and much holiday cheer will prevail as we dine to the accompaniment of great holiday music. Please join us as we usher in the holiday season with this warm and popular get-together.

There will be a \$5.00 admission fee at the door for this event.

**YOU MUST CALL IN YOUR RESERVATION TO ATTEND
(914) 666-7203**



A Message from BDOG

Bedford Dog Owners Group (BDOG) is an all-volunteer, non-profit organization dedicated to enriching the lives and recreational opportunities of dogs and their people.

Please Join Us! We encourage your participation....attend a meeting, come up with a suggestion or new idea for the dog park, or help us plan a fundraiser to enhance the dog park. Anyone can join BDOG. Membership is currently \$1.00 per year. That's all! A Board of Directors is elected to lead BDOG. The Board meets one evening a month, **usually the first Wednesday of each month** at the Bedford Hills Community House. All members are welcome to attend these meetings. We cooperatively work with the town for a better dog park experience.

To become a member, or to inquire about Board openings, please contact us at: BedfordDogPark@gmail.com • Visit our website at: <http://www.bedforddog.org/>



A Message from the TOWN CLERK

Please be reminded that all users of the Canine Commons Dog Park **MUST** have a valid park permit that is issued by the Town Clerk's Office. Permits are available to Town of Bedford residents for a fee. A limited number of non resident permits are issued every year for the dog park. For 2015 all non resident permits have been sold. To get on a waiting list please contact the Town Clerk's Office. Dogs using the Canine Commons area must have a New York State license and a valid dog park permit issued through the Town Clerks office. The Town Clerks office is located at the Town House, 321 Bedford Road in Bedford Hills. The office hours are Monday through Friday 8:30am to 4:30pm (and for residents after hours by appointment). The telephone number for the Town Clerks office is 666-4534.

Please note: The park is checked on a regular basis by the Bedford Police Department and Dog Control Officer. Fines for non permit holders can be as high as \$250.00. Permit holders are reminded to display their valid permit in the designated drivers side, side windows.

BEAVER DAM PARK – Home of the Canine Commons

Beaver Dam Road off of Harris Road Bedford Hills

located on Beaver Dam Road off of Harris Road in Bedford Hills. It features the Canine Commons Dog area that officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing. There is a small dog area (under 30 lbs), large dog area (over 30 lbs) and an agility area. Use of the Canine Commons area is open to Town of Bedford residents who are licensed and have a valid dog park permit.

2015 DOG PARK PERMIT FEES

Resident – Number of Dogs / Fee

1 – \$45.00

2 – \$25.00

3 – \$20.00

Non-Resident \$125.00 (SOLD OUT)

Guest Pass per dog/day \$ 10.00

Note: Guest dogs must have a current State license No dog park permit will be issued unless the dog is properly licensed through New York State.

CORRECT PERMIT PLACEMENT



**ENJOY YOUR PARKS ~
HELP KEEP PARKS CLEAN & GREEN!**

TOWN of BEDFORD

RECREATION AND PARKS DEPARTMENT

Welcome to the CANINE COMMONS AT BEAVER DAM PARK

DOG PARK RULES

-  All dogs must be licensed, have a valid Town of Bedford permit, current with all inoculations, healthy and wearing a collar with identification at all times – *Contact the Bedford Town Clerk for licensing and permitting information (914-666-4534). Any dog using the park without proper license/permit will be issued a fine and future access to the facility will be prohibited*
-  Dogs must be leashed upon entering/exiting the enclosures
-  Owners must be in the enclosure keeping their dog in view and in voice control at all times
-  Leaving dogs unattended is prohibited
-  Eating/smoking/picnicking is not permitted in the enclosures at any time

OWNERS MUST CLEAN UP AFTER THEIR DOGS AND DISPOSE WASTE IN THE RECEPTACLES PROVIDED

-  Dogs exhibiting aggression are not permitted – Owners must remove their dog
-  Dogs must be discouraged from digging – Owners must fill any holes their dog digs
-  Dogs must be discouraged from excessive/constant barking – Owners must control or remove their dog
-  Dogs who are ill, injured or in heat, as well as puppies under 4 months old, are all prohibited
-  Limit is 3 dogs per person per visit
-  The dog park is not recommended for children – Children age 12 and under must be supervised
-  Be cautious with dog toys, some don't like to share
-  The use of Dog treats as a snack or reward is NOT permitted within the fenced areas of the park

Non-compliance with these rules will result in expulsion from the Dog Park. Decision for expulsion will be made by the Superintendent of Recreation & Parks in conjunction with the Town Clerk and Dog Control Officer

For the benefit of everyone in our community, please remember to leave our dog park nicer than you found it! ~ thank you!

PLEASE NOTE: Some of the above rules may be temporarily suspended when Town-approved programs or training is being conducted at the park.

Any person bringing a dog into this facility assumes the legal responsibility, jointly and severally, with the owner of the dog, for any damage, disease or injury to persons, other dogs or property, caused by the dog. All persons using the facility, by entering it, agree to indemnify the Town of Bedford and hold the Town harmless for any harm resulting from the use of this facility.

Any incident, problem, violation, emergency, etc. must be reported immediately to the Bedford Dog Control Officer, 914-666-4855, or to the Bedford Police Department, 914-241-3111 or 911.



THE WIZARD OF OZ

BEDFORD
community theatre
www.BedfordCommunityTheatre.org

Auditions
will take place the
first week of September

November
13-15, 20-22



KATONAH VILLAGE IMPROVEMENT SOCIETY

*Check www.KatonahVIS.com for changes and details.
**KVIS events are hosted at Katonah Village Library unless otherwise indicated.

The Annual Katonah Tree Lighting is organized by the Katonah Chamber of Commerce.

For updates to Small Town Theatre's schedule visit www.smalltowntheatre.com/current

www.Twitter.com/KatonahVIS
www.Facebook.com/KatonahVIS



Katonah K5K Road Race 2015: @ Parkway/Edgemont Saturday, Sept. 12 - 8:00 a.m.
Small Town Theatre Production [TBA] @KVL Friday, Sept. 25, Saturday, Sept. 26 - 8:00 p.m.
Family Movie Night @KVL Sunday Oct 4 - 3:30 p.m.
Halloween Parade 2015 @Katonah Avenue Sunday Oct 25 - 3:30 p.m.
Katonah Inspired Health Forum: Health Impact of Stress @KVL Monday, Nov. 9 - 7:00 p.m.
Katonah Inspired Breath, Movement, and Meditation @KVL Tuesdays 12-1, Wednesdays 6-7
Small Town Theatre Production [TBA] @KVL Friday Nov. 20 Saturday Nov. 21 - 8:00 p.m.
Katonah Live Sessions Musical Event 2015 @KVL Friday, Nov. 27 - 7:00 p.m.
Tree Lighting Family Pizza Dinner @KVL Sunday, November 29 - 4:30 p.m. - 6:00 p.m.
Annual Katonah Tree Lighting @St.Luke's Sunday, November 29 - 6:00 p.m.
Holiday Movie Night: "It's a Wonderful Life" @KVL Friday, December 4 - 7:00 p.m.
Katonah Inspired Health Forum: What the Health is Going on? @KVL Thursday, January 7-7:30 p.m.
Katonah Inspired Personal Health Planning Classes @KVL Thursdays, January 14, 21, 28 - 7:30 p.m.
Movie Night: "The Oscars Come to Katonah" - Live Action Shorts @KVL Saturday, January 30-7:30 p.m.
Movie Night: "The Oscars Come to Katonah" - Animated Shorts @KVL Friday, February 5 - 7:30 p.m.
Movie Night: "The Oscars Come to Katonah" - Documentary Shorts @KVL Saturday February 27-7:30 p.m.
Annual KVIS Wine Tasting @KVL Saturday March 5 - 7:00 p.m.
Katonah Inspired Health Salon Panel @KVL Monday, March 21 - 7 p.m.
Katonah Inspired Health Forum: Spring Sprouts @KVL Monday, April 11 - 7 p.m.
Small Town Theatre Production [TBA] @KVL Friday April 22 & Saturday April 23 - 8:00 p.m.
Town Clean-up Day @KVL Saturday May 7 - 9:00 a.m - 2:00 p.m.
Annual KVIS Town Forum 2016 @KVL Wednesday May 4 - 7:30 p.m.
Small Town Theatre Production [TBA] @KVL Friday June 19 & Saturday June 20 - 8:00 p.m.
Katonah Inspired Summer Solstice Yoga 2016 @ John Jay Homestead Saturday, June 18 - 9:00 a.m.
Katonah K5K Road Race 2016: @ Parkway/Edgemont Saturday Sept. 10 - 8:00 a.m.



**ALDO'S
BARBER SHOP**

MONDAY: 8am - 5:30pm
TUESDAY: 8am - 5:30pm
THURSDAY: 8am - 5:30pm
FRIDAY: 8am - 5:30pm
SATURDAY: 7am - 5:00pm

CLOSED
 Wednesday & Sunday

**14 Main Street
 Bedford Hills, NY 10507
 914-666-2256**

Single-Stream Recycling



Metal
All Plastic
No need to look at numbers!

Paper and Cardboard

Mixed Material
wrappers and containers,
like juice cartons with
plastic tops

Glass

Take-Out Containers
plastic, cardboard and
aluminum

All Plastic Bags and Plastic Wrap

Aluminum Foil

Newspaper

It's easy!
 All recycling in one
 big container, and all
 non-recyclable waste
 in a separate
 container.

How to Recycle

- Place all recycling together in one bin or clear plastic bag.
- All containers should be empty of food or liquid.
- Rinse food containers, but no need to wash!
- Items like pizza boxes are recyclable but must be free of food.
- Don't include Styrofoam.
- Shredded paper must be put in closed bag (of any kind).



**REDFORD
2020**

TUPPERWARE



vera v thompson
consultant

11 robinson ave
bedford hills, ny 10507
914 841 4914
vthomps@att.net
my.tupperware.com/verathompson



**please
support
your local
community!**

What can RESIDENTS DO **TO REDUCE** phosphorus loads?

The majority of the Town of Bedford is within the New York City Watershed, which provides drinking water to New York City and approximately 85% of Westchester County. Reservoirs in this area have been found to have a higher amount of phosphorus than desired, resulting in increased algae growth. Excessive algae growth causes water quality problems such as low oxygen levels and increased levels of metals and organic chemicals. This impacts drinking water quality, reduces life-sustaining oxygen to fish and other aquatic life, and impacts reservoir aesthetics.

● Do Not Use Detergents Containing Phosphate

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from your home. This applies to both clothes and dish detergents.

● Be Smart About Fertilizer Use

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs. Best practices include:

- Perform annual soil test and seasonal pH test before applying any fertilizer product. Ninety percent of the lawns in Westchester have adequate levels of phosphorous so it is very likely that you won't need to apply extra phosphorous in order to get a healthy, green lawn.
- Apply only the amount of fertilizer deemed necessary as a result of soil tests.
- Apply only slow-release fertilizers.
- Use products containing low concentrations of nitrogen, and no phosphorus where possible.
- Don't apply any fertilizer between December 1st and April 1st to avoid runoff issues associated with snowmelt or rains on frozen ground.
- Don't apply fertilizer to any impervious surfaces, such as pavement and sidewalks. If applied accidentally, clean it up immediately to ensure it won't be washed into streets, storm drains and/or water bodies. Do not hose down fertilizer spills on impervious surfaces.
- Avoid application within 24 hours of an anticipated rain event .
- Avoid heavy watering or irrigation for 24 hours after fertilizer application.

● Phosphorus concerns with grass clippings and leaves

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality. When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizers. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November 15. **Please note that state regulators have placed more stringent requirements on the amount of time that leaves can be left curbside due to phosphorus concerns. As a results of this, the Town will strictly adhere to the October 1 - November 15 period mentioned above.** At any other time, all leaves must be bagged.

● Construction Sites as a Source of Phosphorus

Phosphorus attached to sediment leaving construction sites is a major source of stormwater phosphorus. Contractors must comply with the Town's Erosion and Sediment Control standards, which can be obtained by contacting the Building Department.

**CALL THE BEDFORD DEPARTMENT
OF PUBLIC WORKS AT 666-7669
WITH ANY QUESTIONS
REGARDING LEAF COLLECTION.**



THE Great **Healthy Yard** Project



We now know that very small amounts of synthetic pesticides, chemical fertilizers, or pharmaceutical waste can cause many serious health problems, especially for children.

By taking care of our yards without chemical pesticides and synthetic fertilizers, we are protecting our water quality and the health of our families.

By properly disposing of pharmaceuticals, and not putting them down our drains we are also protecting our water quality and the health of our families. Instead, bring them anytime to Bedford Police Department's Drug Take-back or to the Westchester County Household Material Recovery Facility in Valhalla. To Make an appointment call Recycling HelpLine at (914) 813-5425.

What if we joined together to keep our water clean and healthy?

Together we can make a big difference in protecting our local water quality!

There are over 24,000 acres in Bedford. **Our goal is to have at least 60% of Bedford land managed without synthetic pesticides and chemical fertilizers by 2020.**

Help us reach this goal by taking The Pledge and agreeing to manage your yard without synthetic pesticides and chemical fertilizers, and to properly dispose of pharmaceuticals.

Every yard — big or small — makes a difference!



Take the pledge online at bedford2020.org/take-the-pledge or complete the form below and mail.

THE PLEDGE

I, _____, pledge to help protect the quality of our local drinking water by managing my lawn and garden without synthetic pesticides and chemical fertilizers, except on rare occasions to improve habitat or resolve an infestation. I also promise to dispose of pharmaceuticals responsibly.

Address _____

Email _____ Acreage pledged _____

Include my name on your pledge list.

BEDFORD RECYCLING CENTER

A HANDY GUIDE TO WHAT GOES WHERE

ADAMS STREET RECYCLING CENTER

YOUR CARTER (SINGLE STREAM RECYCLING=*)

| | | |
|---|--|---|
| <p>PLASTICS Numbers 1 through 7. Labels need not be removed. No items such as flower pots, cassettes or furniture.</p> | | |
| <p>NEWSPAPERS Must be tied or in paper bags. Also phonebooks</p> | | |
| <p>OTHER PAPER GOODS Magazines, catalogs, glossy newsprint material, junk mail, envelopes, color inserts, brochures, school and computer paper. No books.</p> | | |
| <p>GLASS Clean food bottles and jars, liquor and wine bottles. Medicine containers, soda and beer bottles. No windows, mirrors or drinking glasses.</p> | | |
| <p>METALS Empty and rinsed clean, lids and labels may be left on: clean aluminum foil, pie plates, trays, aluminum cans, depressurized aerosol cans, metal food, juice and other tin cans (soup, fruit, tuna, vegetable, pet food, etc) and empty oil and latex paint cans - leave them open and let the paint residue dry first. If you can lift it, Bedford can recycle it. No air conditioners or refrigerators</p> | | <p></p> <p>Up to the size that will fit in your recycling container</p> |
| <p>CARDBOARD Flattened, with all liners, Styrofoam packing, plastic and paper removed.</p> | | |
| <p>TEXTILES Clothes, shoes, curtains, sheets, coats, blankets, pocketbooks, etc. - and they don't have to be clean!</p> | | <p></p> <p>Disposed of as trash</p> |

The Adams Street Recycling Center is open from 8:00 am to 3:00 pm on Tuesdays, Thursdays and Saturdays and is located just north of the Bedford Highway Department

RECYCLE... IT'S THE LAW!!

Questions? Contact the Bedford DPW Highway Division at (914) 666-7669

FREE Computer & Electronics Recycling Collection Site



Town of Bedford Recycling Center
301 Adams Street, Bedford Hills
Tuesday / Thursday / Saturday 8am - 3pm



Computers and electronics contain hazardous waste elements such as lead, mercury, cadmium and beryllium, and brominated flame retardant in the casing (a carcinogen if leached into the soil). CRT Monitors and TVs have 4 to 8 lbs. of lead.

All electronics are recycled in an environmentally sound manner.

All hard drives are either sanitized or destroyed

The New York State Electronic Equipment Recycling & Reuse Act went into effect April 1, 2011. This law mandates recycling of the following covered electronic equipment (CEE) at no charge.

Electronic waste accepted here:

All Televisions

Computer Equipment

- Monitors, Terminals
- Computers
- Scanners, Ink Cartridges
- Printers, Fax Machines
- Network Equipment
- Keyboards, mice and
- Computer Accessories

Miscellaneous Electronics

- Circuit Boards, Cabling & Wiring
- Typewriters
- Telecommunications Equipment
- Audio/Visual Equipment
- Video Game Systems
- Cell Phones, PDAs, IPODs
- Universal Power Supplies

NOT ACCEPTED:

- Any Liquids/Powders
- Air Conditioners
- Dehumidifiers
- Refrigerators
- Kitchen/Personal Appliances
- Batteries
- Fluorescent Lamps



In cooperation with Regional Computer Recycling & Recovery 888-563-1340 or visit www.eWASTE.com

NEW SEPTIC INSPECTION LAW

If you live in Bedford, you probably have a septic system. Caring for this system properly not only protects your drinking water, but also the value of your house.

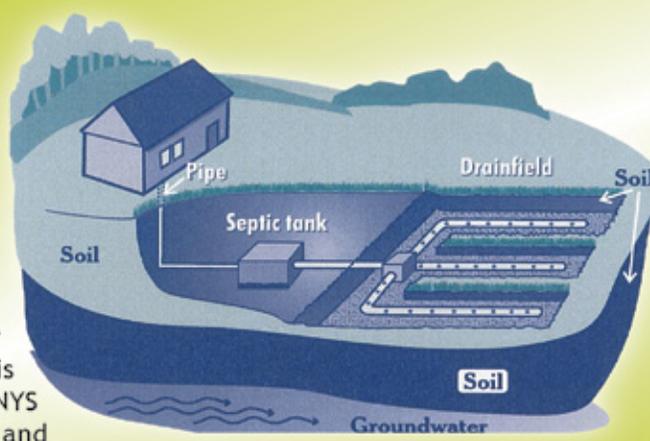
To protect the quality of the drinking water for Bedford and New York City (since Bedford is in the watershed for NYC's reservoirs), the NYS Department of Environmental Conservation and Westchester County have developed a new Septic Inspection Ordinance.

This law requires that you have a Westchester County licensed service provider pump your tank and inspect your system at least once every five years beginning May 2010. The contractor is required to file a "Septic System Data Form" with the County and should give you a copy. The Town will review the County's information and determine compliance with the new law.

TOWN OF BEDFORD PLANNING DEPARTMENT: P: 666-4434 • E-MAIL: PLANNING@BEDFORDNY.GOV

ONLINE RESOURCES:

WWW.EPA.GOV/OWM/SEPTIC • WWW.NESC.WVU.EDU • WWW.RCAP.ORG • WWW.NOWRA.ORG



BEDFORD HILLS MEMORIAL PARK

MASTER PLAN STUDY - *Completed!*

As part of the approved Capital Projects plan for 2014 through 2016 funding was secured to perform a Bedford Hills Memorial Park Master Plan similar to what was done at the Bedford Village and Katonah Memorial Parks. The Town started this process in February and completed the project in June. In addition to a variety of "stakeholder" group meetings, neighbor meetings and other agencies there were two public forums hosted by the Recreation and Parks Advisory Committee conducted by chairman Brian McCabe and our project consultant Salvatore DeSantis. The Master Plan is on file at the Town Clerk's Office and Recreation Office and can be found on line by visiting the Town website at www.Bedfordny.gov under Recreation and Parks.

PAVING

Working with the Department of Public Works and their town paving contractor plans are being finalized for the repaving of the park entrance road that leads up past the pool bath house. This work will be scheduled for fall of 2015 or may be rescheduled until after the pedestrian lighting project is completed.

BATH HOUSE

Opened in the spring of 2005, the Town anticipates painting the exterior of the bath house facility in the Spring of 2016 prior to the pool season or in the Fall after the pool season finishes.

BEDFORD VILLAGE MEMORIAL PARK

TENNIS COURTS

In early August work was started to renovate the four tennis courts and replace the perimeter fencing. Weather permitting the project is scheduled to be completed in late September. Updates on the project will be posted on the Town website on a regular basis.

GAZEBO

The Recreation and Parks Department is working with our Town Engineer on the renovation / replacement of the concrete pad at the gazebo.

BATH HOUSE - FOOD CONCESSION AREA

The Recreation and Parks Department completed the interior cleaning, repairs, required maintenance and painting of the concession stand area this fall in advance of the 2015 pool season. In addition to painting, flooring work will be done with electrical and lighting upgrades performed.

BEDFORD HILLS COMMUNITY HOUSE

INTERIOR RENOVATIONS

The Town anticipates performing interior renovations to the main room auditorium, lounge entrance area and center hallway this winter. At the present time plans call for painting, lighting upgrades, new flooring, door replacement, ceiling insulation and window treatments. Plans also call for installing air conditioning in the main room auditorium! During the project the main room auditorium and lounge will be closed. The anticipated project

schedule is mid December through early February. Updates on the project will be posted on the Town website on a regular basis.

BEAVER DAM PARK - CANINE COMMONS

PATHWAY

Plans are being finalized to color coat the pathway for added foot traction and comfort for our four legged friends.



THANK YOU! THANK YOU!

The Bedford Recreation & Parks Department would like to thank the following businesses/organizations/individuals for contributing to our programs and events!

BEDFORD VILLAGE CHOWDER & MARCHING CLUB - for hosting the annual "Movie in the Park "Paddington" this past summer and for their continued support to facility improvements at the Bedford Village Memorial Park!

BEDFORD VILLAGE LIBRARY - for providing STORYTIME at the Bedford Village wading pool and providing a library cart of "good read" books for our patrons to borrow throughout the summer!

TOWN OF BEDFORD PBA - for sponsoring the annual DAY CAMP BAR-B-QUE at the annual camp carnival!

OLIVER'S RESTAURANT of KATONAH - for sponsoring our SENIOR CITIZEN'S ST. PATRICK'S DAY LUNCHEON for 100+ seniors this past March!

KATONAH VILLAGE LIBRARY - for bringing STORYTIME to the Katonah wading pool again this summer!

BEDFORD HILLS LIBRARY - for providing "Dive into Reading" STORYTIME at the Bedford Hills wading pool and hosting a library cart of books and magazines for our patrons to borrow throughout the summer!

BEDFORD HILLS NEIGHBORHOOD ASSOCIATION - for donating all the prizes towards the Annual Fishing Derby!

SINAPI'S of BEDFORD HILLS - for helping out in various program events & camps!

MEALS ON WHEELS DRIVERS - for donating their time, vehicle & gas to deliver meals to our homebound seniors!

F.C. SOCCER -ALDO SAMMARCO - for a very generous donation to be used at Bedford Hills Memorial Park for field care and maintenance.

KATONAH MEMORIAL PARK ASSOCIATION - for hosting the summer concert, "The Kevin Myers Band" this past summer at Katonah Memorial Park and for their continued support to facility improvements at the Park.

THE BEDFORD HILLS, BEDFORD VILLAGE AND KATONAH SWIM & DIVE TEAM PARENT COMMITTEES - for their hard work, dedication, and commitment to their hamlet team working endlessly to enhance the experience of over 250 children in the program!

THE BEDFORD HILLS WOMEN'S CLUB - for their annual monetary donation to continued facility improvements to the Bedford Hills Community House.

BEDFORD HILLS COMMUNITY HOUSE..... RENTAL SPACE INFORMATION

74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, please contact the Recreation Office at 666-7004. The facility application form can be found online at www.Bedfordny.gov under Town forms.

The following rooms are available to rent –

MAIN ROOM

The main floor room accommodates **100 -125 people**. Tables & chairs are available for use. Use of the lounge room and kitchen are included in the rental fee.

***2015 Rental rate is \$420.00 for a 6 hour block of time. (1 hour set up 4 hour event 1 hour clean up) This includes an on site building supervisor. A security deposit of \$250.00 is required.**

LOWER LEVEL LEGION ROOM

Located in the basement / lower level, the Legion Room accommodates **50 people for a meeting or 40-45 for parties**. Tables & chairs. Use of the kitchen is included in the rental fee.

***2015 Rental rate is \$55.00 per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided. Security deposit of \$100.00 is required.**

LOUNGE MEETING ROOM

Located on the main floor, the Lounge Meeting Room accommodates up to **16 people**. Features a 35" TV and a DVD player and is air conditioned.



BOARD MEETING ROOM

Located on the main floor, the Board Meeting Room accommodates up to **16 people**. Features a wall mounted 52" flat screen TV with DVD player. Connects to sun room for dual room use if desired. Air conditioned.

SUN MEETING ROOM

Located on the main floor, the Sun Meeting Room accommodates up to **14 people**. The room is accessible through exterior side doors or through the Board Room. Air conditioned.

***2015 Rental Rates for any of the meeting rooms is \$35.00 per hour.**

BEDFORD VILLAGE MEMORIAL PARK

Greenwich Road (off Rt. 22/172), Bedford Village

Tennis & Paddle Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer & Football Field.

KATONAH MEMORIAL PARK

North Street (off Bedford Rd./Park Pl.), Katonah

Tennis & Paddle Tennis Court, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Picnicking Shelter.

BEDFORD HILLS MEMORIAL PARK

Haines Road (off Rt. 117), Bedford Hills

Tennis Court, Lighted Baseball/Softball/Little League Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter, Soccer Field, Ice Skating and Fishing, Baseball/ Softball Fields.

We need your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese that are at the park.

FALL 2015 BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts feature new glass backboards and sports lighting for evening use.

THROUGH SEPTEMBER 13TH the light poles will be energized daily from dusk and will turn off automatically at 10:00pm.

FROM SEPTEMBER 14TH THRU OCTOBER 31ST the lights poles will be energized at dusk and will turn off automatically at 9:00pm Sunday – Wednesday and 10:00pm on Thursday, Friday and Saturday nights. Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

BASKETBALL ONLY PLEASE - The basketball courts are for basketball only. Riding tricycles, bicycles, skateboards and roller blading are **NOT** permitted on the courts.

PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any

of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park.

PLEASE NOTE: In response to park patron complaints about an overwhelming amount of dog waste in Bedford Hills Memorial Park along the pedestrian pathway the Town Board supported the installation of dog waste disposal bag dispensers along the pathway in an effort to eliminate the problem.

RECYCLING IN THE PARKS

Through the support of the Town Board, the Recreation and Parks Department purchased new recycling containers for all of our Park facilities in the spring of 2010. These blue containers with specialized lids are provided for plastic bottles **and** aluminum cans. The recycling containers compliment our green trash containers which are conveniently placed throughout our parks. Recyclable items are collected on a regular basis by the Parks staff and disposed of in a separate plastic and aluminum recycling dumpster located at one of the parks. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

BEDFORD HILLS LIBRARY
666-6472 • www.bedfordhillsfreelibrary.org

KATONAH LIBRARY
232-3508 • www.katonahlibrary.org

BEDFORD VILLAGE LIBRARY
234-3570 • www.bedfordfreelibrary.org

registration & program information



ON-LINE REGISTRATION HAS ARRIVED!

**Registration for fall
programs, can be done on-line!**

To utilize on-line registration you will need a user name & password. If you are an active household in our system you were emailed a household ID user name and password in the spring. The first time you login to register you will use the user name & password you are emailed. Once you have accessed the system you will be able to reset your user name and password. To begin, simply log onto our website at www.bedfordny.gov and go to the Recreation & Parks page and click on the online registration button to get started. If you did not receive our email please give us a call at 666-7004.

*When you log on to the site, please make sure you review & update all information in the system pertaining to your household and each of your family members. Please pay particular attention to items such as phone numbers, emergency contact information and the primary e-mail address you would like associated with your account. Please note not all information can be changed (ie; birth-dates) and should you need to change that information or add a family member or have questions please give us a call – 666-7004.

If you are new to the area or to our programs, and don't have an existing household account and would like to create a household account, please visit our website at www.bedfordny.gov and go to the Recreation & Parks page and click on the online registration button to get started. You will be prompted with what you will need to provide in order to prove residency/eligibility.

**NOTE: ALL CREDIT/DEBIT TRANSACTIONS WILL
BE CHARGED A 2.5% TRANSACTION FEE**

PROGRAM REGISTRATION

Registration, both on-line registration and in person, will begin on the same date, at the same time and will occur simultaneously. Registrations by mail will be processed upon receipt but not before the first date of registration. Please note we do not confirm program registration nor can we be responsible for lost or misdirected mail. Mail in/office location is: Bedford Recreation, 425 Cherry St., Bedford Hills, NY 10507.

NON-RESIDENT REGISTRATION

Non-residents are eligible to enroll in most general recreation programs the Town offers at a 25% surcharge. Not all programs are open to non-residents.

PAYMENT OPTIONS /CREDIT CARD TRANSACTIONS

Payment can be made by cash, money order, check (payable to Town of Bedford) or credit card. Credit card payment can be done in person or on-line. Please be advised that all credit card or affiliated debit card charges will incur an additional 2.5% charge that is passed onto the user/card holder. This includes ALL ON-LINE & IN PERSON TRANSACTIONS using your credit/debit card. This fee is not reflected on your Town of Bedford receipt but will appear on your credit card or bank statement.

REFUNDS

The Town of Bedford refunds under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
- If the program participant moves from the Town, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
- If a participant becomes ill or injured, a full or prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.

There is a \$10.00 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation & Parks.

*Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

RETURNED CHECKS

There is a \$35.00 fee for any returned checks.

INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts* is age 65. This is for all Recreation & Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

*Not all programs offer discounts.

*Discounts are for TOB resident seniors only

registration & program information

E-Z Pass New York Service Center

Easy Pass is now available in the Town Clerk's office, Monday - Friday, 8:30 am to 4:30 pm.

It's as easy as 1-2-3! This is an innovative program to obtain an E-Z Pass tag which allows the busy traveler to open an E-Z Pass account without waiting for it to come in the mail or wait on a line.

Just come to the Clerk's office with \$25.00 and you will be able to use it when you leave. Stop by or call 666-4534 for more information.

SCHOLARSHIPS

No Town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004

PROGRAM CANCELLATIONS

Notification on program cancellations are made via email alerts. If you haven't provided us with an email please do so upon registering or call us at 666-7004 to make sure we have it on file. Notification will also be made on our hotline number 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session if time allows.

HOW TO WATCH A GOOD PROGRAM DIE

Please register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.

FIELD AND FACILITY PERMITS

Permits are required for group use of our fields/facilities. You must be a Town of Bedford resident to reserve a field/facility. For a facility use application with fee schedule please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, www.bedfordny.gov. Applications must be submitted at least two weeks prior to the scheduled activity.

COMMUNITY SERVICE OPPORTUNITIES

Looking to get involved or need required community service hours? Contact Jim Whiting at 666-7004 to see what opportunities may await you.

NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley

NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering to this very important program please call Jim Whiting at 666-7004 for more information.

TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community through e-mail alerts. You can remove your name from the list at any time by following the same procedure for enrollment. Go to our web site: www.bedfordny.gov/html/email_alerts.html to add your email. For trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at www.nixle.com and click.

**Get Connected
with your
Community**



Visit our website: bedfordpoliceny.org

Receive up-to-date information affecting your neighborhood by e-mail & text message!



Follow Bedford Police on Twitter
[@BedfordTownPD](https://twitter.com/BedfordTownPD)

Sign up now
www.nixle.com

Like Us on Facebook
www.facebook.com/bedfordny.police

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

| Participant Name (Last, First) | Sex | Grade | DOB | Program Day | Activity # | Activity Name | Fee |
|--------------------------------|-----|-------|-----|-------------|------------|---------------|-----|
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Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

| Participant Name (Last, First) | Sex | Grade | DOB | Program Day | Activity # | Activity Name | Fee |
|--------------------------------|-----|-------|-----|-------------|------------|---------------|-----|
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Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

TEN WAYS YOU CAN MAKE A DIFFERENCE

1

Get a free or discounted Home Energy Assessment.

Sign up with Energize today!

2

Help keep our drinking water clean.

Take the Bedford 2020 No Pesticides Pledge!

3

Increase recycling.

Talk to your carter about Single Stream!

4

Start a home vegetable garden.

Check out our Veg Out website!

5

Reduce your CO₂ emissions.

Consider making the switch to an electric or fuel-efficient car!

6

Start composting your food and garden waste.

It's easy and saves money!

7

Plant a tree.

Visit the Branch Out! website to learn more!

8

Buy local food.

Visit one of the Greater Bedford area Farmers Markets or local food purveyors!

9

Check out the Bedford 2020 Recyclopdedia

for how and where to dispose of all your household items!

10

Make a donation.

Support Bedford 2020 programs.

Small steps make a difference.

To take action on these ideas, or discover more ideas and resources, visit **bedford2020.org**



ENERGIZE BEDFORD



Energize Bedford is a non-profit, supported by the Town of Bedford & Bedford 2020.

**186 Homeowners are
saving \$353,000
annually on their home
energy bills!**

**Sign up for a home
energy assessment
914-302-7300
EnergizeNY.org**

If your home is freezing, drafty and expensive to heat during the winter, sign up for a home energy assessment to diagnose your home's energy efficiency. Energize offers contractor ratings and a third party, independent Energy Coach.



BEDFORD
2020

 **ENERGIZE**
BEDFORD™
Comfort and Savings for Your Home