

TOWN *of* BEDFORD

RECREATION AND PARKS DEPARTMENT



2016

spring/summer brochure

registration begins march 14th | www.bedfordny.gov

a letter from the town supervisor

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Spring and Summer Greetings...

As of this writing, there still are a few weeks of winter ahead of us, but the groundhog did not see his shadow, so I'm optimistic that spring will come early to the parks with a splendid summer to follow. On behalf of the Town Board, the Recreation and Parks Advisory Committee and the Recreation and Parks Department I am happy to present the Recreation and Parks Department's 2016 Summer Program Brochure.

Despite budgetary constraints, our creative Recreation and Parks Department staff have not only maintained existing facilities and programs, but have improved and expanded upon them. You will find many of the programs you've enjoyed in the past and more, along with various community events to enjoy. I invite you and your family to take a few minutes to enjoy browsing through this brochure.

Once again we offer you the convenience of online registration for all summer programs, including the pools (remember that registration entitles you to use of all three hamlet pools). Online program registration is part of the Town's continuing plan to expand resident and business accessibility and interaction with the Town online.

So without further ado, I present a sneak peek of what you can expect this spring/summer:

- **Summer Concert at the Katonah Memorial Park** on Friday, July 8. This event is cosponsored by the Katonah Memorial Park Association.
- **Movie Night at the Bedford Village Memorial Park**, Friday, July 15, cosponsored by the Bedford Village Chowder & Marching Club.
- **Sizzling Sundays** at each hamlet pool - this is a free event for pool members to include a DJ/music; games; food & prizes
- **New and expanded summer entertainment** offerings at our three parks facilities this summer.
- **Expanded pool hours** the week of June 27th through July 1st prior to the start of summer day camps (July 6)
- **A variety of late June sports clinic** offerings and a theatre workshop program
- **Our seniors** will travel to Westchester Broadway Theatre; Casinos; Metropolitan Museum of Art & the Butterfly Conservatory and will have a pool picnic later this summer.
- **New partnership with BOCES of Northern Westchester** to offer after school tech programs for 12-15 year olds
- The Town Board is delighted to report that the main auditorium at the Bedford Hills Community House has **new air conditioning** which will make summer use of the building a much "cooler" experience.
- The Town Board recently was notified that the Marsh Estate named the Bedford Hills Community House as a beneficiary resulting in a substantial financial gift to the Town. We are working with the Recreation and Parks Department on scheduling interior improvements at the Community House later this year.
- Save the date for the **2nd Family Campout at Katonah Memorial Park** on Saturday September 17. This event was a huge success in its inaugural year and will include participation from various local community organizations.

Check our Community Calendar for other events as they are scheduled. You can find it on www.bedfordny.gov home page under "Events" (under the menu bar). Also please be sure to sign up for my weekly and monthly eNews if you aren't already a subscriber. It's easy to do - also on the home page.

Warm regards,

Chris Burdick
Bedford Town Supervisor

**Register Online
Today!**

PLEASE NOTE ALL CREDIT/DEBIT
TRANSACTIONS WILL BE CHARGED
A 2.5% TRANSACTION FEE



**RECREATION & PARKS DEPARTMENT OFFICE
LOCATION & HOURS**

425 Cherry St., 1st Floor, Bedford Hills, NY 10507

Office Hours.....Mon. thru Fri., 8:30am to 4:30pm

Registration Walk-in Hours....Mon. thru Fri., 8:30 am to 4:00 pm

RECREATION & PARKS STAFF

William F. Heidepriem.....Superintendent of Recreation & Parks

Daryl Ann Sudlow...Assistant Superintendent of Recreation & Parks

James Whiting.....Recreation Supervisor

Kimberly O'Brien.....Recreation Supervisor

Susan DeFonce.....Office Assistant

Tom Megna.....Parks Foreman

Mark Morin.....Assistant Parks Foreman

Richard Pochintesta.....Automotive Mechanic

John Goodman.....Parks Maintenance

Pete Welch.....Parks Maintenance

Matt Halpin.....Parks Maintenance

Matt Van Dorn.....Parks Maintenance

TOWN BOARD (Meets every 1st & 3rd Tuesday at
8:00 pm - Town House, 321 Bedford Rd., Bedford Hills)

Chris Burdick.....Town Supervisor

Lee V.A. Roberts.....Councilwoman, Deputy Supervisor

Don Scott.....Councilman

Mary Beth Kass.....Councilwoman

Mel Padilla.....Police Chief

Boo Fumagalli.....Town Clerk

Kevin Winn P.E.....Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

(Meets the 2nd Wednesday at 8:00 pm - Recreation
Office Conference Room, 425 Cherry St., Bedford Hills)

Brian McCabe, Chairman

Nancy Bellini

Steve Lancia

Cristina Magidson

John McMahan

Aldo Sammarco

Betsy Smith

Luke Vander Linden

Mary Beth Kass,

Town Board Liaison

PHONE NUMBERS

Recreation & Parks Office.....666-7004

Recreation & Parks Fax.....666-3863

Senior Adults.....666-7203

Recreation Hotline.....864-3777

Assessor.....666-5149

Building Inspector.....666-8040

CourtClerk.....666-6965

DogControl.....666-4855

Emergency.....911

Finance.....666-8283

Highway.....666-7669

Historian.....666-4745

Parking Bureau.....666-8097

Planning.....666-4434

Police.....241-3111

Recycling.....241-2671

Tax Receiver.....666-4475

Town Clerk.....666-4534

Town Supervisor.....666-6530

Water.....666-7855

Wetlands.....666-5140

Zoning.....666-4585

registration **information** is on page 56

Visit the Town of Bedford's Website at www.bedfordny.gov for up-to-date information, including Recreation & Parks information about the Pools, Programs, Special Events, seasonal employment opportunities and meetings. You can e-mail the Parks & Recreation Department at Recreation@BedfordNY.gov or call 666-7004.



SPRING EGG HUNT

Sponsored by the Recreation and Parks Department

Have you got all of your baskets in a row, to help collect the over 6,000 plastic eggs that will be scattered across the fields at the John Jay Homestead. It is time again for The Town of Bedford's Annual Spring Egg Hunt. You will also be able to visit with the Spring Bunny and enjoy some entertainment by magician David Levitan before and after the hunt.

The fun begins at 10:50 with entertainment and a visit with the Spring Bunny. The EGG HUNT will start promptly at 11:15. The children will be divided in different areas by age (ages 2-5, 6-7, & 8-10) for the hunt. Children should bring their own baskets or bags for egg collecting. The John Jay Homestead State Historical Site is located on Route 22 in Katonah. *Don't forget to bring your cameras for pictures with the Spring Bunny!*

THIS EVENT IS
FREE!

NO REGISTRATION REQUIRED!
*JUST COME AND JOIN THE FUN!
BE SURE TO BRING A BAG OR BASKET
FOR GATHERING THE EGGS!*

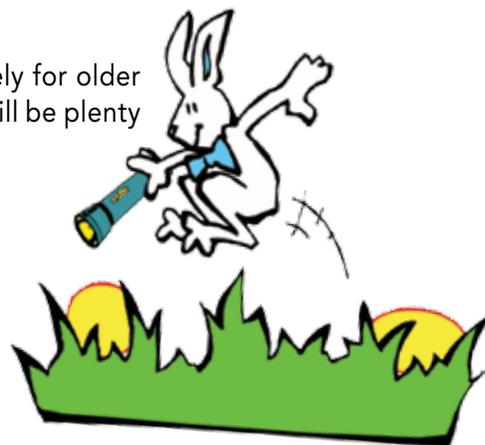
FOR: CHILDREN AGES 2 – 10 *(Children must be accompanied by a parent or guardian.)*
DATE: TUESDAY, MARCH 22
RAIN DATE: THURSDAY, MARCH 24 at Fox Lane Turf Field
TIME: 10:50 am – *the hunt starts at 11:15 am sharp!*
LOCATION: JOHN JAY HOMESTEAD STATE HISTORIC SITE

FLASHLIGHT EGG HUNT

Program Supervisor: Kimberly O'Brien

That's right this one is done in the dark and was created exclusively for older hunters. Bring a flashlight and a bag to haul off your loot. There will be plenty of eggs and candy for all. Pre Registration is required.

FOR: GRADES 3 – 7
DAY/DATE: WEDNESDAY, MARCH 23
RAIN DATE: THURSDAY, MARCH 24
TIME: 7:45 – Hunt starts at 7:55 pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
ACTIVITY #: 172400-A
FEE: \$5.00 – Residents / \$6.00 – Non-Residents



SPRING CRAFTS and THINGS

Program Supervisor: Kimberly O'Brien

Bring your creative side to a fun night out with friends. We will do a spring art project as well as play games, and hang out with friends. Dinner and snacks will be served.

FOR: GRADES 2 – 6
DAY/DATE: SATURDAY, APRIL 23
TIME: 6:00 – 8:30pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY#: 172104-A
FEE: \$25.00 – Residents / \$31.00– Non-Residents



CHALLENGE GAME NIGHT

Program Supervisor: Kimberly O'Brien

Conquer your opponent in a challenging game of Stratego, play a defying game of Battleship, compete in an elimination Connect Four competition, win the fast hands of Giant Spoons plus other fun and challenging games to play. Dinner and snacks are included.

FOR: GRADES 3 – 7
DAY/DATE: SATURDAY, JUNE 4
TIME: 6:00 – 8:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY#: 172102-A
FEE: \$20.00 – Residents / \$25.00 – Non-Residents



"LEARN-TO-RIDE" BIKE PROGRAM & CAR SEAT SAFETY INSPECTION

Conducted by: Jim Whiting & The Bedford Police Department

This highly successful program was initiated by "Bike New York", a Bicycle Education Program dedicated to teaching kids how to ride a bicycle and showing parents effective methods for teaching their kids at home. The Bedford Police will be on hand to provide safety tips and bike registration.

Learn more about cycling opportunities in the New York area at www.bikenewyork.org.

CAR SEAT INSPECTION – In conjunction with our "Learn-To-Ride" Bike Program specially trained police officers will provide car seat inspections to all interested residents between the hours listed below.

FOR: BOYS & GIRLS OF ALL AGES
DAY/DATE: SATURDAY, MAY 7 (Rain date SATURDAY, MAY 14)
TIME: 10:00 am – 12:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
FEE: FREE (residents may attend any time during the 2-hour period)
NOTE: *Participants must bring a bicycle and bike safety helmet*



FISHING DERBY

Program Supervisor: Jim Whiting

We are thrilled to be holding our 16th Annual Fishing Derby at Lake Marie. This very popular program is open to all residents up to age 15. Bring the whole family and enjoy the beautiful weather as young anglers race to land the prize winning fish. Volunteers from the Sportsman's Club of Northern Westchester will be on hand to help youngsters bait hooks, as well as providing fishing tips to first timers. Prizes will be awarded throughout the day. **All participants must supply their own fishing pole.**

FOR: CHILDREN UP TO AGE 15 (*Children under the age of 8 must be accompanied by a parent or guardian.*)
DAY/DATE: SUNDAY, MAY 1
TIME: 12:00 – 3:00 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK LAKE MARIE
ACTIVITY#: 175500-A
FEE: \$5.00 PER PERSON (**You must pre-register by FRIDAY, APRIL 29**)



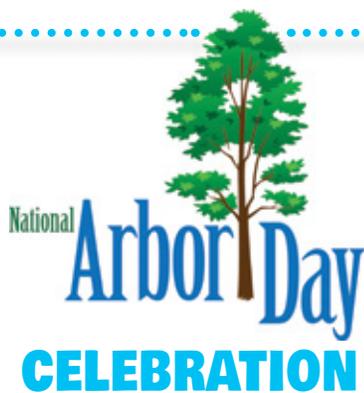
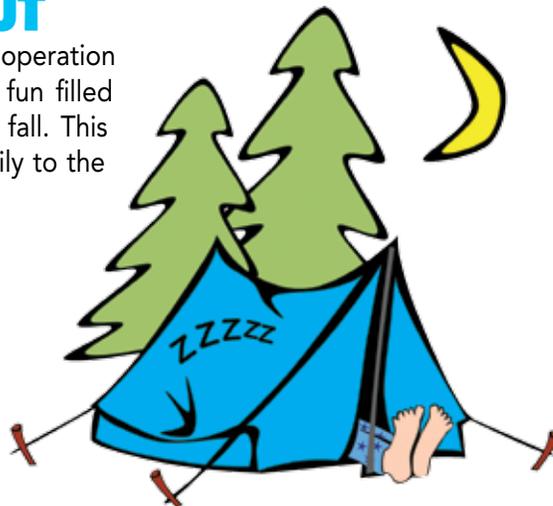
COMMUNITY FAMILY CAMP OUT

The Town of Bedford Recreation and Parks Department in cooperation with local community organizations is excited to offer this fun filled family activity to our Town residents and friends again this fall. This camp out is a great way to introduce yourself and your family to the camping experience right in your own backyard (Town)!

FOR: TOWN OF BEDFORD RESIDENTS
 DAY: SATURDAY – SUNDAY
 DATES: SEPTEMBER 17 – SEPTEMBER 18
 TIME: STARTS AT 4:30 pm *ends by* 11:00 am
 LOCATION: KATONAH MEMORIAL PARK
 ACTIVITY#: 275600-A
 FEE: \$30.00 per tent (location)

REGISTRATION: **Starts on MAY 2** Camp sites are limited.

INFORMATION: A detailed camp out information packet will be available starting May 2nd. It will offer details on what to bring, suggestions for misc. camping items along with other useful information that will enhance your "camping" experience at Katonah Memorial Park! The information packet will be available at the office and on line by visiting www.Bedfordny.gov



Town Supervisor Chris Burdick, the Town Board, Bedford Tree Advisory Board chairman Michael Serio and members of the Tree Advisory Board (TAB) invite town residents to join in celebrating Arbor Day 2016 with a tree planting ceremony scheduled for Saturday April 16, 9:00 am at a site to be determined by the Tree Advisory Board (rain date April 23). The site selected will be announced on the Town website, in the "What's New" Town's weekly message and in the press. On behalf of the Town Board, Supervisor Burdick, will read the annual Town of Bedford Arbor Day proclamation. New York State Department of Environmental Conserva-

tion on behalf of the National Arbor Day Foundation hopes to be available to present the "Tree City USA" designation award to the Town of Bedford. George Profous, New York Regional Coordinator has been invited to this year's celebration. The "Tree City USA" honor is bestowed on communities that have met four qualification standards. They include having a Tree Board or Department, a tree care ordinance, a comprehensive forestry program and have an annual Arbor Day observance and official proclamation. This is the 16th year Bedford has been designated as a "Tree City USA". The Town Board is very pleased that the Tree Advisory Board's ongoing work with the National Arbor Day Foundation has secured this wonderful designation for the Town of Bedford and appreciates the role the TAB serves in working with the Town Board in preserving, protecting, maintaining existing Town owned trees and the planting of trees in Bedford.



Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE



MEMORIAL DAY TOWN OF BEDFORD MAY 30, 2016 PARADES & CEREMONIES

PLEASE JOIN US IN A NATIONAL DAY OF REMEMBRANCE

BEDFORD HILLS

- SPONSORED BY: Bedford Hills Fire Department and Bedford Hills Lions Club
- PARADE STARTS: At 9:00 am sharp at BHES on Babbitt Road
- PARADE ROUTE: Babbitt Road to Church Street BHCH, Main Street to the BHFD.
- CEREMONIES: Held at the BHCH WW I memorial followed by a ceremony at the end of the parade at the WW II, Korean and Vietnam war memorials at the intersection of Bedford Road and Main Street.

KATONAH

- SPONSORED BY: Katonah American Legion Post 1575 and the Katonah Fire Department
- PARADE STARTS: At 10:00 am sharp at Katonah Fire Department
- PARADE ROUTE: Katonah Fire Department down Katonah Avenue up Parkway to Lawrence Circle. After the ceremony at the war memorials the parade continues from Lawrence Circle down Bedford Road to the Katonah Fire Department.
- CEREMONIES: Are held at the Lawrence Circle WW I, WW II and Civil war memorials followed by a ceremony at the end of the parade at the KFD bell honoring all veteran's who were also volunteer firefighters.

BEDFORD VILLAGE

- SPONSORED BY: Bedford Fire Department and Bedford Village Lions Club
- PARADE STARTS: At 11:15 am Approx.
- PARADE ROUTE: Starts at the Corner of Seminary Road and Pound Ridge Road right onto Pound Ridge Road (Route 172) to the Village Green.
- CEREMONY: Held at the WW I, WW II, Korean, Vietnam and Gulf War memorials located at the Village Green. At the conclusion of the ceremony residents are invited to the BFD for light refreshments.

MEMORIAL DAY TOWN PICNIC

HOSTED BY AMERICAN LEGION POST 1575

The local American Legion Post 1575 is graciously hosting a picnic at American Legion Hall at 136 Jay Street in Katonah (right next to the Katonah Museum of Art). All Town Residents are invited. The picnic will be held from 11:00 am to 2:00 pm.



Park It in BEDFORD!

Get your summer on & join us at our parks because it's better in Bedford! Bedford Recreation & Parks Department is excited to announce our line-up of great family friendly events this summer! Each hamlet park will have entertainment for all ages to enjoy! Grab your family, friends and neighbors, & park hop with us & enjoy the magic of the summer!

The Mulligan's

JUNE 18 BEDFORD VILLAGE MEMORIAL PARK

Rock on Bedford and join "The Mulligan's Band" as they perform high-energy classic and contemporary dance rock hits from the Stones, Springsteen, U2, Talking Heads, Counting Crows, and the Chili Peppers - as well as some very funky Funk. This five piece band has been bringing out big crowds on the local music scene for years. Their energy and enthusiasm is electric and will have you rockin' all evening long.

DAY/DATE: SATURDAY, JUNE 18
TIME: 7 - 8:30 pm
LOCATION: C&M Gazebo & field area

Mario the Magician

JUNE 24 BEDFORD HILLS MEMORIAL PARK

Abra-cadabra! Part retro, part rock & roll, Mario "the Magician" Marchese is an artist, inventor & magic maker with a great following among the young & young at heart! Mario uses cutting edge technology along with old school slapstick to bring you a spell-binding show to delight all ages! To his credit, Mario has appeared on Sesame Street, Lincoln Center, American Museum of Natural History and FAO Schwartz.

DAY/DATE: FRIDAY, JUNE 24
TIME: 7:00 pm
LOCATION: Sammarco Soccer Field

The Trashcan Poets Band

JULY 8 KATONAH MEMORIAL PARK

Sponsored by Katonah Memorial Park Association

Katonah Memorial Park Association in cooperation with Bedford Recreation is pleased to present "The Trashcan Poets Band"! Local musicians form a tribute band bringing you alternative music from then to now. It is modern rock you can dance to. Bring your friends, family, chairs, blankets and join us for this exciting evening of entertainment!

DAY/DATE: FRIDAY, JULY 8
TIME: 6:30 - 8:30 pm
LOCATION: Stage/field area behind pool

Movie in the Park

JULY 15 BEDFORD VILLAGE MEMORIAL PARK

Sponsored by the Bedford Village Chowder & Marching Club

Lights, camera, action! Once again the Bedford Village Chowder & Marching Club will be sponsoring a "Movie in the Park" this summer at the Bedford Village Memorial Park. Light refreshments will be on sale and families are encouraged to bring their chairs, blankets, family and friends and come out to watch the "Stars under the stars" Details on the movie will be available at the pools!

DAY/DATE: FRIDAY, JULY 15
TIME: 8:30 pm
LOCATION: C&M Gazebo & field area



Blonde Ambition

JULY 22 BEDFORD HILLS MEMORIAL PARK

Get your groove on and join "Blonde Ambition" as they perform a variety of well-known Pop, Rock and Motown songs. This local six piece band has a loyal following and brings great enthusiasm to the local music scene.

DAY/DATE: FRIDAY, JULY 22
TIME: 7 - 8:30 pm
LOCATION: Sammarco Soccer Field



Island Soul

AUGUST 5 KATONAH MEMORIAL PARK

Island Soul plays music from the Caribbean Islands (Reggae, Calypso, Soca) and the United States (Soul, Funk, Rock). The sounds of the Steel Drums from Trinidad along with vocals Guitar, Bass Guitar and Drumset make for a very happy and strong grooving sound that always gets people moving or just feelin good. We play many concerts and private engagements throughout the year in addition to our summer Sunday residence at the Half Moon Restaurant in Dobbs Ferry NY. ENJOY!!

DAY/DATE: FRIDAY, AUGUST 5
TIME: 6:30 - 8:30 pm
LOCATION: Stage/field area behind pool

Sizzling Sundays at the Pools!

Pool Side Sunday Fun Nights for Pool Members & Their Guests

Dive In! The Recreation and Parks Department along with our pool staff are pleased to host Sizzling Sunday Pool Fun Nights this summer. Come enjoy the pool for the day and stay for an early evening of good music and games. We invite you to take advantage of dinner and snack specials that will be available at the concession stand. The Sizzling Sunday specials menu will be posted at each pool 2 weeks prior to each party! Bring a friend or two to enjoy our beautiful pool facilities with discounted guest fees offered starting at 4:00pm. Mark your calendar and save the dates...

DJ Music • Fun Games • Fun Prizes
Discounted Guest Fees starting at 4:00pm
Discounted Food & Specials Menu from 5:00 - 7:00pm

LOCATIONS & DATES (5:00PM - 7:30PM)

BEDFORD VILLAGE MEMORIAL PARK POOLSUNDAY, JULY 10

KATONAH MEMORIAL PARK POOL.....SUNDAY, JULY 24

BEDFORD HILLS MEMORIAL PARK POOL.....SUNDAY, AUGUST 7

**MORE DETAILS ON ALL THESE
SPECIAL EVENTS WILL BE
AVAILABLE AND POSTED AT THE POOLS!**

Bedford Free Library



Truck Day

FREE FOR ALL AGES

Saturday, June 18th

10:00 am – 1:00 pm

Parking Lot of Bedford Presbyterian Church
Village Green – Bedford, NY

In case of inclement weather check website www.bedfordfreelibrary.org

**SUMMER PROGRAMS
THAT START IN JUNE**

**On Your Mark,
Get Set...
READ!**

Visit our website for information
and to sign up for email alerts
www.bedfordfreelibrary.org

Bedford Free Library Summer Reading 2016

- Summer Reading Kickoff
Wednesday, June 8th
- Storytime at the Bedford
Village Pool
- Craft Programs
- Best in Bedford Dog Show
- Live Animal Visits
- Book Buddies
- Online Summer Reading Games
for Grades K-12
- Knitting Classes
- Stuffed Animal Sleepover
- Truck Day and More

914-234-3570
32 Village Green, Bedford, NY



BEDFORD VILLAGE CHOWDER & MARCHING CLUB

SPRING CLEAN-UP AND TAG SALE

FRIDAY & SATURDAY **April 29 & 30**

8:30 am - 3:00 pm

The Bedford Village Chowder & Marching Club is a community group in Bedford, NY that raises funds to help provide support for local youth programs and projects focusing on arts and music, club and school sports, scouts, athletics, youth outreach, scholarships and community service.

www.chowderandmarching.org

BEDFORD VILLAGE BUSINESS ASSOCIATION

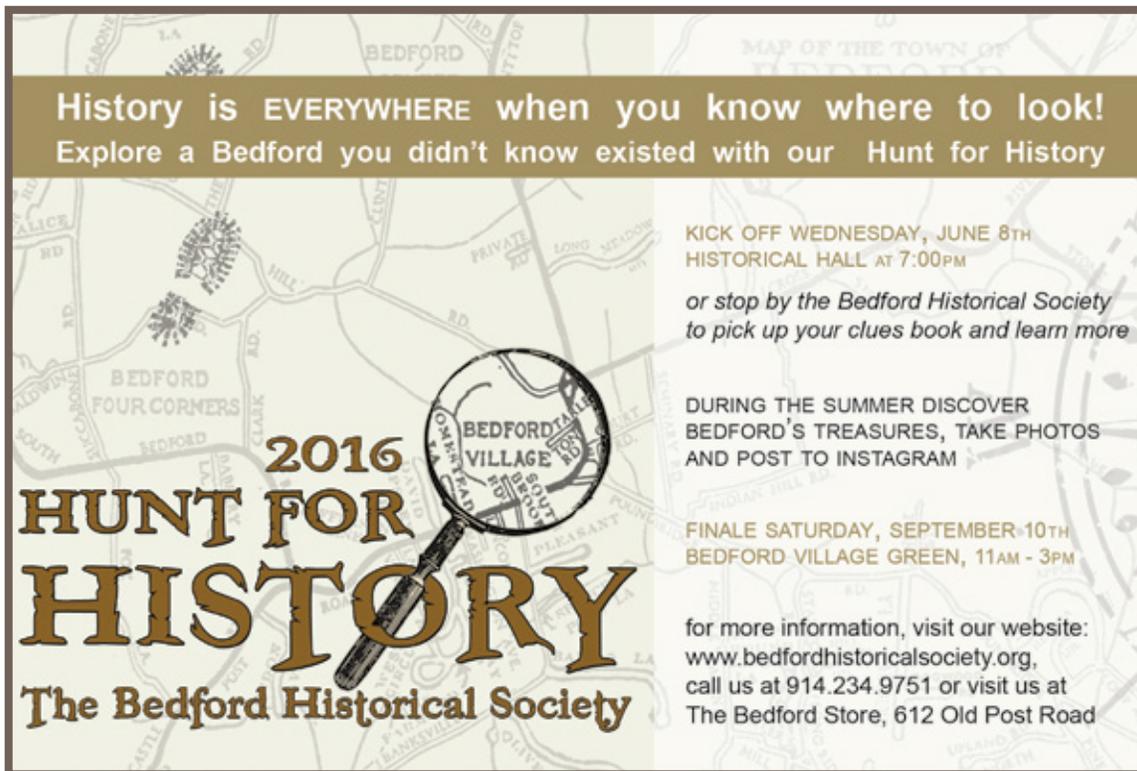
Sidewalk SALE

FRIDAY, JUNE 10 & SATURDAY, JUNE 11

rain or shine

Discounts and selection vary by store. Shop early for the best selection.

Visit our website at www.bedfordvillagebusiness.com



History is EVERYWHERE when you know where to look!
Explore a Bedford you didn't know existed with our Hunt for History

2016 HUNT FOR HISTORY
The Bedford Historical Society

KICK OFF WEDNESDAY, JUNE 8TH
HISTORICAL HALL AT 7:00PM
*or stop by the Bedford Historical Society
to pick up your clues book and learn more*

DURING THE SUMMER DISCOVER
BEDFORD'S TREASURES, TAKE PHOTOS
AND POST TO INSTAGRAM

FINALE SATURDAY, SEPTEMBER 10TH
BEDFORD VILLAGE GREEN, 11AM - 3PM

for more information, visit our website:
www.bedfordhistoricalsociety.org,
call us at 914.234.9751 or visit us at
The Bedford Store, 612 Old Post Road



Free
SQUARE DANCING
FUN NIGHTS

SEPTEMBER 12TH AND SEPTEMBER 19TH
7:30 -9:30 PM

Katonah Methodist Church Parish Hall
44 Edgemont Rd, Katonah, NY
(914) 433-2919

Singles-Couples-Families-Welcome



The Bedford Hills Neighborhood Association is a charitable community-based organization seeking to enhance the overall quality of life for its residents, promote community cohesiveness, and create a safe, healthy environment for all. We plan events that bring the community together, promote volunteerism to help those in need and donate to local charitable initiatives.

For More information check out our website: BHNA10507.com or like us on facebook: Bedford Hills Neighborhood Association.

Join us on APRIL 9TH for our 7th Annual Run for the Hills - 5k online registration: http://www.lightboxreg.com/run-for-the-hills-5k?mobile=0 or call 914-318-6937



The Lions Club of Bedford Hills

The Lions Club of Bedford Hills was founded in 1939 with one goal – COMMUNITY SERVICE....

Since then, we have supported dozens of projects and causes *that give back to our local community*, including the Bedford Hills Free Library, Bedford Recreation and Parks programs, Citizenship Awards at Bedford Hills Elementary and College Scholarships for Fox Lane graduates.

We also sponsor exciting events throughout the year including our signature **CUSTOM & CLASSIC CAR SHOW, SUNDAY, JUNE 5TH**

Go to www.bedfordhillslions.org for our upcoming events!

Facebook: Lion-Club-of-Bedford-Hills, Twitter: @bhllions, YouTube: bhllions. Includes a cartoon lion and the slogan "We Serve".

We meet once a month on the 1st Wednesday at 7 pm at the Bedford Hills Community House.

We always welcome men and women who share our spirit of fellowship & community service - come see what we're all about!



Katonah Spring Clean-up Day and Plant Sale

Saturday, April 30th, 9am to 2pm (Rain or Shine)

Meet in front of the library.

Disposable gloves, garbage bags, vests, route maps, and refreshments provided.

Prizes for the Kids!

For more information visit:

KatonahVIS.com



SPONSORED BY



KATONAH VILLAGE
IMPROVEMENT SOCIETY

KVIS CHANGING SEASONS IN COMMUNITY

Spring Equinox Yoga Celebration

Sunday, March 20, 4-5:30

John Jay Homestead

Summer Solstice Yoga Celebration

Saturday, June 25, 10-11:30

John Jay Homestead



KVIS
katonahinspired
Promoting Healthy Living



KATONAH VILLAGE
IMPROVEMENT SOCIETY

Contact:

KVIS board member,
Deirdre Breen
914-486-6480

KIDDY KORNER JAMBOREE

Co-Directors: Michelle Cabera & Jackie Love

Take a break Mom! In this popular pre-school program your child will learn, play and develop new social skills interacting with their peers in a safe and nurturing environment. Each day our caring and devoted instructors will lead the class through a variety of favorite activities including story time, games, singing, art and more.

FOR: AGES 3 – 4
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
DAYS: MONDAY – FRIDAY
TIME: 9:30 am – 12:30 pm



SPRING REGISTRATION OPTIONS:

- 5 DAYS, MON. – FRI. (50 sessions) – \$700.00** (\$875.00 – Non-Residents)
- 3 DAYS, MON., WED., FRI. (30 sessions) – \$495.00** (\$619.00 – Non-Residents)
- 2 DAYS, TUES. & THURS. (20 sessions) – \$350.00** (\$438.00 – Non-Residents)
- 1 DAY*, (SEE BELOW) (10 sessions) – \$210.00** (\$263.00 – Non-Residents)

*Special Note: Registrations for a single day will not be accepted until one week prior to the start of the program.

- MONDAYS** – APR. 4, 11, 18, 25, MAY 2, 9, 16, 23, JUNE 6, 13
- TUESDAYS** – APR. 5, 12, 19, 26, MAY 3, 10, 17, 24, 31, JUNE 7
- WEDNESDAYS** – APR. 6, 13, 20, 27, MAY 4, 11, 18, 25, JUNE 1, 8
- THURSDAYS** – APR. 7, 14, 21, 28, MAY 5, 12, 19, 26, JUNE 2, 9
- FRIDAYS** – APR. 8, 15, 22, 29, MAY 6, 13, 20, 27, JUNE 3, 10

ALL DAYS HAVE 10 MEETINGS

K.K.J. WILL NOT MEET ON 5/30 MEMORIAL DAY

ELIGIBILITY: PARTICIPANT MUST BE AGE 3 BY JUNE 30, 2016 (NO EXCEPTIONS).

A copy of the child's birth certificate must be provided at registration. Children must be fully toilet trained–no diapers, pull-ups, etc.



Westmoreland Sanctuary

NATURE CENTER & WILDLIFE PRESERVE

NATURE EXPLORATION

Take some time with your child to discover the great outdoors. Jump into spring with this fun, educational and interactive program with enjoyable activities like exploring wetlands, seeking out little creatures and going on a "Stream Stomp". Discover something new each week!

FOR: AGES 3 – 5 (w/parent or guardian)
DAY: TUESDAYS
DATES: MAY 3, 10, 17, 24, 31 JUNE 7
TIME: 1:30 – 2:15 pm
LOCATION: WESTMORELAND SANCTUARY
ACTIVITY #: 151900-A
FEE: \$ 90.00 – Residents
 \$112.00 – Non-Residents

NOTE: Classes are held outdoors, so please be sure to dress for the weather. Rain gear for rainy days please. A bottle of water is also a good idea to bring along. (Children must turn three prior to the start of class.)



TUMBLING TODDLERS



Conducted by: LeapSmart

The first years of a child's development are the most important. The connection between parent and child, physical and cognitive development can all be enhanced with hands-on movement activities. Enjoy and have fun with your young one as your LeapSmart instructor guides you through songs and movement activities you do together. These activities safely develop their bodies while challenging their minds as they find their physical limits.

FOR: AGES 2 – 4 (w/parent or guardian)

DAY: THURSDAYS

DATE: APRIL 14, 21, 28
MAY 5, 12, 19, 26 JUNE 2

TIME: 10:00 – 10:45 am

LOCATION: LEONARD PARK (Mt. Kisco)

ACTIVITY #: 131801

FEE: \$150.00 – Residents
\$187.00 – Non-Residents

NOTE: *Please note that a waiver will need to be signed for all participants on the first day of the program.*



SPRING AND SUMMER PROGRAM

TINY DRAGONS

Conducted by: WMMAF

The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to martial arts. Here they are taught basic martial arts in a fun and friendly environment.

The instructors work on building confidence in a safe and friendly manner.

The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment.

The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

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The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. A uniform is included in the price of the program.

FOR: AGES 3 – 4

DAY: THURSDAYS

TIME: 1:30 – 2:00 pm

LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS
(333 North Bedford Rd. Mt. Kisco, NY)

SPRING: APRIL 14, 21, 28, MAY 5, 12, 19, 26 JUNE 2

ACTIVITY #: 161900-A

SUMMER: JUNE 23, 30, JULY 7, 14, 21, 28 AUGUST 4, 11

ACTIVITY #: 261900-A

FEE: \$150.00 – Residents
\$187.00 – Non-Residents



Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE





Registration for ALL U.S. Sports Institute Programs done directly through the organization. You can register Online: www.ussportsinstitute.com
Or call (866) 345-BALL

TOTAL SPORTS SQUIRTS

Conducted by: U.S. Sports Institute

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

FOR: AGES 3 – 5
 DAY: THURSDAYS
 DATES: APRIL 21, 28
 MAY 5, 12, 19, 26
 JUNE 2, 9
 TIME: 12:00 – 1:00pm **or**
 1:00 – 2:00 pm
 LOCATION: BEDFORD VILLAGE
 MEMORIAL PARK
 FEE: \$140.00



LACROSSE SQUIRTS



Conducted by: U.S. Sports Institute

Players will learn how to cradle, shoot, catch and scoop. Throughout the program participants will have fun developing their knowledge and understanding of scrimmaging in lacrosse.

FOR: AGES 3 – 5
 DAY: TUESDAYS
 DATES: APRIL 19, 26,
 MAY 3, 10, 17, 24, 31
 JUNE 7
 TIME: 9:30 – 10:30am
 LOCATION: BEDFORD VILLAGE MEMORIAL PARK
 FEE: \$140.00



SOCCER SQUIRTS

Conducted by: U.S. Sports Institute

Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games and scrimmages.

FOR: AGES 3 – 5
 DAY: MONDAYS
 DATES: APRIL 18, 25, MAY 2, 9, 16, 23, JUNE 6
 TIME: 12:00 – 1:00 pm
or
 1:00 – 2:00 pm
 LOCATION: BEDFORD VILLAGE MEMORIAL PARK
 FEE: \$120.00



AFTER SCHOOL DRAMA CLUB FOR GRADES 4 - 8



Instructor: Carolyn Nielsen a Bedford resident who has a Masters degree in teaching and has been active in local Community Theatre for over 10 years.

This program is an inclusive gathering of up to 15 participants. Children will learn the entire process of theatrical production from preparing for an audition, developing character, movement, costuming, set design, staging and publicity. We will present a short, student-driven performance during the last class!



FOR: GRADES 4 AND UP
DAY: TUESDAYS
DATES: APRIL 12, 19, 26 MAY 3, 10, 24, 31 JUNE 7
 (NO CLASS MAY 17)
TIME: 4:30 – 5:45 pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 142100
FEE (8 Sessions): \$160.00 – Residents
 \$200.00 – Non-Residents
QUESTIONS: Contact Carolyn at dramamamas@gmail.com

BEHIND THE MAGIC!



Conducted by: Seth Dale

Taught by Seth Dale, a full-time professional magician, this course gives children an up-close encounter with magic. In each lesson, a new magic trick is presented and taught (all props provided), covering the arts of sleight-of-hand, mind reading, and more. Students also catch impromptu performances and learn the history of magic. The class is very interactive and hands-on, and designed to boost every child's creativity, confidence and coordination.

FOR: GRADES 1 – 5
DAY: MONDAYS
DATES: APRIL 11, 18, 25, MAY 2, 9, 16, 23, JUNE 6
 (NO CLASS MAY 30)
TIME: 5:00 – 6:00 pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 132102-A
FEE: \$200.00 – Residents
 \$250.00 – Non-Residents



COOKING CREATIONS

Instructor: Kimberly O'Brien

This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation. Each week the children will prepare and enjoy their own scrumptious treats.

FOR: GRADES 2 – 7
DAY: THURSDAYS
DATE: APRIL 21, 28
 MAY 5, 12, 19, 26
 JUNE 2
TIME: 4:15 – 6:00 pm
LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
ACTIVITY #: 132100-A
FEE: \$140.00 – Residents
 \$175.00 – Non-Residents





BABY-SITTING TRAINING COURSE

**Instructor: Diane Stonis,
Certified Red Cross Instructor**

The Babysitter's Training course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants. Through hands on activities, interactive video and lively discussions, the course teaches young people how to care for children and infants, be good leaders and role models, make good decisions and solve problems, keep the children they baby-sit and themselves safe, handle emergencies such as injuries, illnesses, and household accidents; and write resumes and interview for jobs.

FOR: AGES 11 – 15
DAY/DATE: SATURDAY JUNE 4
TIME: 9:00 am – 5:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 152101-A
FEE: \$75.00 – Residents
 \$95.00 – Non-Residents

NOTE: *Must be 11 by the first class & attend all classes. Bring a pen, notebook, lunch, drink, snack & baby doll*

SPRING RECESS FUN

Supervisor: Kimberly O'Brien

Looking for something fun to do with your child(ren) over the spring break? Well look no further! This program will keep the kids busy with various activities, like arts and crafts, active play, cooking and more.

FOR: GRADES K – 5
DAY/DATE: MONDAY MARCH 21 *and /or* WEDNESDAY MARCH 23
TIME: 9:00 am – 2:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
FEE: \$35.00 – Residents PER DAY
 \$44.00 – Non-Residents PER DAY
ACTIVITY#: 192108-A (MON.)
ACTIVITY#: 192108-C (WED.)

EXTENDED DAY

TIME: 2:00 - 6:00 pm
FEE: \$25.00 – Residents PER DAY
 \$31.00 – Non-Residents PER DAY
ACTIVITY#: 192108-B (MON. EXTENDED)
ACTIVITY#: 192108-D (WED. EXTENDED)

Note: *Bring your lunch or buy pizza the morning you attend. You must attend morning program in order to use extended day.*



UKULELE LESSONS

Instructor: Patti Hupp

Let's play the Ukulele! Chords, strumming and FUN will be the focus in this class. The great thing about the Ukulele is that it is easy to play. Compared to the guitar, the Ukulele is easy. You will be able to play hundreds of 3 chord songs by the end of the session.

FOR: GRADES 1 – 5
DAY: WEDNESDAYS
DATE: APRIL 13, 20, 27, MAY 4, 11, 18, 25, JUNE 1
TIME: 4:45 – 5:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 142103-A
FEE: \$150.00 – Residents
 \$187.00 – Non-Residents

NOTE: *Participants must provide their own ukulele.*

Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE



TECH AFTER HOURS



QUALITY TECHNICAL PROGRAMS FOR 12-15 YR. OLDS

Instructor: PNW BOCES STAFF

Bedford Recreation in partnership with Putnam/Northern Westchester BOCES will be offering a program for 12-15 year olds that will introduce your child to trade and technical careers in a fun and safe environment! This is a great way to test the waters and learn a skill, make friends, and have fun! The program features a variety of classes offered for six sessions on either Monday or Wednesday, or four sessions on Saturday.

All classes will be held at the PNW BOCES Career & Technical Center (200 BOCES Drive, Yorktown Heights, NY) **Transportation will be provided for an additional fee (Monday/Wednesday only)

MONDAY PROGRAM \$145.00**
SESSION I: 4:00 – 6:00 pm / APRIL 4, 11, 18, 25, MAY 2, 9

WEDNESDAY PROGRAM \$145.00**
SESSION II: 4:00 – 6:00 pm / APRIL 6, 13, 20, 27, MAY 4, 11

SATURDAY PROGRAM \$145.00
SESSION III: 9:00 – 11:00 am / APRIL 9, 16, 23, 30

SESSION I: (MONDAYS)

BEAUTY – Learn basic blow dry, flat iron, curling iron, and wand techniques; how to create basic up-do's and braids; the art of nail design and make-up application.

EXPLORING CARPENTRY – Learn shop safety and how to use basic hand and power tools. Students will design and build a toolbox and choose an additional project.

SESSION II: (WEDNESDAYS)

ANIMATION – Learn 2D and 3D animation to create the illusion of movement on paper. Model your own designs using Autodesk Maya, Adobe Flash and more.

COOKING AND BAKING AROUND THE WORLD – Learn how to cook popular dishes and desserts from different countries around the world. Each week will focus on a different country including China, Italy, Mexico and Morocco.

SKINCARE/ESTHETICS – This class will focus on skincare and make-up. Topics covered will include Skincare and Esthetics; products and techniques; treatments, such as facials and peels, tailored to your clients; and aromatherapy and hair removal basics. Basic make-up knowledge includes products, tools and application, and make-up techniques for day, evening, special occasions, and theatre.

SESSION III: (SATURDAYS)

ARCHITECTURAL DESIGN – Learn how to draw with Revit and Auto CADD, and design your own car and dream house.

FASHION DESIGN – Learn about the fashion industry. This program will provide an introduction to the world of fashion. Sketch your own designs and start a mini fashion portfolio; read through the latest fashion magazines and predict the upcoming trends; create a mood board based on your predictions; learn basic sewing skills by creating a pillow and reversible tote bag; learn how to read a commercial pattern and make pajama pants.

LAW ENFORCEMENT – Learn about New York State laws, basic first aid, fingerprinting, internet safety, handcuffing techniques, bullying, crime scenes, and more

METAL WORKING – Learn metal working skills to create your own copper and steel projects. Design your own copper artwork and build a mini robot

For additional information call Gerry Battista at 914-248-2220
For exact class schedule & to register online www.pnwboces.org/tech
or <http://register.asapconnected.com/Courses.aspx?CourseGroupID=10250>

GOLF INSTRUCTIONAL



Instructor: Kevin Dudleston

Under the direction of GlenArbor GC Pro, Brian Crowell, Kevin & Staff will conduct this excellent and affordable instructional golf program. Participants will learn all the basic elements of golf including grip, stroke, club selection and game strategy.

FOR: GRADES 4 – 8
DAY: MONDAYS
DATE: APRIL 18, 25, MAY 2, 9, 16
TIME: 5:00 – 6:30pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
ACTIVITY #: 162400-A
FEE: \$ 85.00 – Residents
 \$106.00 – Non-Residents



Space is limited, so sign up early!

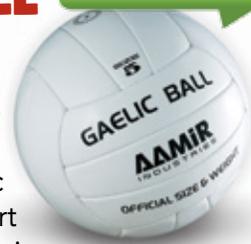
SPRING AND SUMMER PROGRAM

WMMAF MARTIAL ARTS

Conducted by: WMMAF

Westchester Mixed Martial Arts and Fitness offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow. Gear package is included in the price of the class (uniform, gloves & shins).

GAELIC FOOTBALL



Instructor: Simon Gillespie, New York Gaelic Athletic Association
 Gaelic Football is one of the oldest sports in the world originating in Ireland in Celtic Times. Gaelic Football is the most popular sport in Ireland and is currently being played in over 30 countries throughout the world. Gaelic Football is a game that combines multiple sports in a safe enjoyable manner. The game itself is a combination of Basketball and Soccer and has many easily transferable skills from other sports. The lessons are for beginners to the sport, and participants will enhance their Fundamental Movement Skills, develop their hand and foot-eye coordination as well as giving them 60 minutes of quality physical activity as they learn skills in a game based environment. We strive to put the FUN in Fundamental Skills as well as developing the children's knowledge of Gaelic Sport and enjoyment of physical activity.

FOR: GRADES 1 – 4
DAY: WEDNESDAYS
DATE: APRIL 20, 27
 MAY 4, 11, 18, 25, JUNE 1, 8
TIME: 5:00 – 6:00pm
LOCATION: BEDFORD VILLAGE MEMORIAL PARK
ACTIVITY #: 162402-A
FEE: \$ 85.00 – Residents
 \$106.00 – Non-Residents

DAY: THURSDAYS
SPRING DATES: APRIL 14, 21, 28, MAY 5, 12, 19, 26
 JUNE 2
SUMMER DATES: JUNE 23, 30, JULY 7, 14, 21, 28
 AUGUST 4, 11
LOCATION: WESTCHESTER MIXED MARTIAL ARTS & FITNESS (333 North Bedford Rd., Mt. Kisco)
FEE: \$190.00 – Resident
 \$220.00 – Non-Resident
FOR: **AGES 5 – 7 "LITTLE CHAMPS"**
TIME: 4:15 – 5:00 pm
ACTIVITY # 162900-A (SPRING)
 262900-A (SUMMER)
FOR: **AGES 8 – 12 "YOUTH"**
TIME: 5:15 – 6:00 pm
ACTIVITY # 162900-B (SPRING)
 262900-B (SUMMER)

JUNE "TUNE UP" FIELD HOCKEY CLINIC

GIRLS 7- 12 (in the fall of 2016)

Coaches Ridgely Biddle, Cathy Cousin and Debbie Walsh are offering a pre-season "tune up" program for girls who are preparing for fall field hockey. The program is geared for those players who want to focus on stick skills, offensive and defensive skills, game strategies and conditioning. The practices will include a dynamic warm up, individual stick work, drills that focus on offensive and defensive strategy and game play. This program is open to players of all levels, though focused more on the modified and JV players. Players must provide their own stick, shin guards, mouth guard and eye guard and water bottle(s).

FOR: GIRLS ENTERING GRADES 7 THROUGH 12 IN THE FALL OF 2016 (residents of Bedford Central School District or Katonah / Lewisboro School District only)

DAY/DATE: MONDAY THRU THURSDAY, JUNE 27 – 30 (RAINDATE FRIDAY, JULY 1)

TIME: 4:30 – 6:30 pm

LOCATION: KATONAH MEMORIAL PARK FIELD – LOCATED BEHIND THE POOL

ACTIVITY #: 262601-A

FEES: \$100.00

NOTE: *Equipment required by the players: Eyewear, mouth guard, stick, shin guards, water bottle(s)*

GOALIES: Specialized Goalie training will be made available with Goalie Coach Alex Holowach. Alex is currently a goalkeeper specialist for the Convent of the Sacred Heart School and works with the USA Field Hockey Futures program. Alex was a member of the Ithaca College Field Hockey Team and was a 5 year member of the Briarcliff HS Field Hockey team where she received all league, section and State recognition for her play.

COACHES:

Ridgely Biddle – Is a Katonah resident, MAT in PE, JV Field Hockey Coach for Convent of the Sacred Heart, former player at Boston University and rated field hockey and lacrosse official.

Cathy Cousin – Varsity Field Hockey coach at Ossining High School 1986-1994, played for SUNY Cortland 1982-86 and is in her seventh season with the program.

Debbie Walsh – Is a former field hockey player at Fairfield University, is a JJMS modified Field Hockey Coach and has been a coach in the field hockey program for five years.

FREE YOUTH FIELD HOCKEY CLINIC FOR BEGINNERS

Are you ready to try a new sport? Field hockey might be the sport for you! Join us on **Thursday, June 30th at 5:30pm** on the playing fields of **Katonah Memorial Park**. You will be able to see middle school and high school girls playing a game while also learning how to play yourself. We will provide the equipment. You need to come with just sneakers and a water bottle. Bring a friend!

This FREE clinic is sponsored through the Town of Bedford Recreation and Parks Department. Pre registration is not required.

FOR: GIRLS ENTERING GRADES 2 – 8 IN THE FALL

DAY/DATE: THURSDAY, JUNE 30

TIME: 5:30 – 6:30 pm

LOCATION: KATONAH MEMORIAL PARK FIELD

QUESTIONS? Please contact the Recreation Office at 666-7004 or contact program coordinator/Head Coach, Coach Ridgely Biddle, at Ridgelybiddle@bedfordfieldhockey.org or call 914-232-5106. The field hockey website is www.bedfordfieldhockey.org





TRAVEL SOCCER TRYOUTS

Castleford Rovers Soccer Club is a joint venture between Bedford Youth Soccer Club and Armonk United Soccer Club.

-  All teams train 2x per week with professional soccer coaches (who also coach the team in a weekly game)
-  Tryouts for Fall 2016/Spring 2017 travel teams will be held May 21 - June 11, 2016
-  Tryout registration (required) will open in late April
-  Visit www.castlefordrovers.org for more information and to register for tryouts

BEDFORD YOUTH SOCCER CLUB



Bedford Youth Soccer Club offers instructional In-House and competitive Travel programs for children ages 4-13+. BYSC Programs are offered throughout the year - Winter, Spring, Summer and Fall.

For more information please visit our website at www.bedfordyouthsoccerclub.org



FLYL OFFERS YOUTH LACROSSE FOR BOYS AND GIRLS IN GRADES K THROUGH 8TH WHO ARE RESIDENTS OF BEDFORD, POUND RIDGE AND MOUNT KISCO.



For program details please visit the FLYL website at www.foxlaneyouthlacrosse.com

To contact FLYL please email them at foxlaneyouthlacrosse@gmail.com



KATONAH-LEWISBORO BEDFORD GIRLS SOFTBALL
THE PREMIER SOFTBALL LEAGUE FOR GIRLS
FOR OVER 30 YEARS!

SPRING REGISTRATION NOW OPEN AT
WWW.KBGS.LEAG1.COM

DIVISIONS: K, 1-2, 3-4, 5-6, 7-9

- SEASON BEGINS APRIL 16TH & CONCLUDES IN JUNE JUST BEFORE SCHOOL ENDS
- UNIFORMS PROVIDED
- QUALIFIED INSTRUCTION AT EVERY LEVEL
- SEE OUR WEBSITE FOR MORE DETAILS



**Opening Day is
April 16th!**

WWW.BPRBA.COM



**F.C. BEDFORD
SOCCER CLUB**

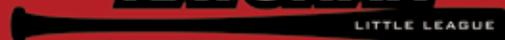
**IN-HOUSE SOCCER PROGRAM
FOR BOYS & GIRLS AGES 4-11**

-  **SOCCER BASED TRAINING CLINICS**
-  **LOCAL IN-HOUSE PROGRAM –
NO TRAVEL GAMES INVOLVED**
-  **HELD AT BEDFORD HILLS MEMORIAL PARK**
-  **TUESDAY EVENINGS – 6:30-7:30PM**
-  **SPRING 2016 – April 12, 19, 26,
May 3, 10, 17, 24, 31**

FOR MORE INFORMATION CALL: 914-666-2271

**MAKE SURE TO
CHECK-IN WITH
YOUR FAVORITE
SPORTS PROGRAM
FOR SPRING/SUMMER
REGISTRATION
INFORMATION!**

**BEDFORD HILLS
KATONAH**



PLAY BASEBALL



**WE WANT
YOU
ON OUR TEAM**

JOIN US AT

BHKLL.ORG

BEDFORD SUMMER STAGE

Director: Debbie Feinstein of The Actors Studio of Westchester
 Catch the acting bug during this one week theater workshop. Participants will have fun using their creativity while learning about theater. Students will learn basic stage directions, voice projection and being comfortable onstage through theater games and improvisation. This program fosters self-confidence and team building as we work on short monologues, scenes and a group song to be presented at the end of the week. This is perfect for kids just starting out or those who have previous theater experience.

FOR: GRADES 3 – 6 IN THE FALL
DATE: JUNE 27 – JULY 1
TIME: 10:00 am – 3:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292104-A
FEE: \$250.00 – Residents
 \$312.00 – Non-Residents

MINING AND CRAFTING

Conducted by: Bricks 4 Kidz

Minecraft® is a game about placing blocks to build anything you can imagine. Experience the world of Minecraft® with LEGO® Bricks in this fun camp! Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® Bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft® game.

FOR: GRADES 1 – 5
DATE: AUGUST 15 – 19
TIME: 9:00 am – 12:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292101-A
FEE: \$200.00 – Residents
 \$250.00 – Non-Residents



THE AMAZING RACE

Instructor: Engineering for Kids
 111 years ago airplanes had not even made their first flight, yet today we can fly to the other side of the world in 12 hours! It is thanks to advances in technology that we are able to explore so much of the world. Over the five days teams will have to work together to see who is able to travel the farthest around the world. This trek around the world will require students to design their very own boat, plane, and even a rocket!

FOR: GRADES 3 – 7
DATE: AUGUST 22 – 26
TIME: 9:00 am – 12:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292102-A
FEE: \$270.00 – Residents
 \$310.00 – Non-Residents

IT'S A SHARK ATTACK! INVADER DEFENSE

Instructor: Engineering for Kids

In Shark Attack, we will create our own version of an invader defense game that will allow us to protect a coral reef from hungry sharks. We will use the Engineering Design Process to create a storyboard and outline the rules of play for our game. Then we will use Clickteam Fusion 2.5® to bring our storyboard to life with programming. At the end of the class, everyone takes home a working Windows-compatible game (Clickteam Fusion 2.5® does not support Mac or Android operating systems).

FOR: GRADES 3 – 7
DATE: AUGUST 22 – 26
TIME: 1:00 – 4:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292102-B
FEE: \$270.00 – Residents
 \$310.00 – Non-Residents

ENGINEERING FOR KIDS FULL DAY CAMP (COMBO AMAZING RACE/SHARK ATTACK)

ACTIVITY: 292102-C • **FEE:** \$420.00 – Residents / \$480.00 – Non-Residents

LET'S MAKE TOYS (JR. CHEMICAL ENGINEERING)

This program is designed to introduce our youngest students to the field of mechanical engineering through the investigation of basic concepts of physics, motion and energy. Students will learn these principles as they construct an assortment of toys such as a Spinner, Wind-Up Whirligig and a Good Vibrations Guitar.

FOR: GRADES K – 2 IN THE FALL
DATE: AUGUST 22 – 26
TIME: 9:00 am – 12:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292103-A
FEE: \$270.00 – Residents
 \$310.00 – Non-Residents

CRAZY CONCOCTIONS (JR. CHEMICAL ENGINEERING)

The Junior Chemical Engineering classes introduce our youngest engineers to fundamental concepts of solids, liquids, and solutions. Prepare to make a mess! Students will investigate chemical reactions, create concoctions that are neither liquid nor solid, and will make their own play dough.

FOR: GRADES K – 2 IN THE FALL
DATE: AUGUST 22 – 26
TIME: 1:00 am – 4:00 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 292103-B
FEE: \$270.00 – Residents
 \$310.00 – Non-Residents

ENGINEERING FOR KIDS FULL DAY CAMP (COMBO LETS MAKE TOYS/CRAZY CONCOCTIONS)

ACTIVITY: 292103-C • **FEE:** \$420.00 – Residents / \$480.00 – Non-Residents

TOTAL SPORTS SQUIRTS

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Hockey & Flag Football. All sports are taught in a safe, structured and fun learning environment.

FOR: AGES 3 – 5
DATE: **AUGUST 22 – 26** at BEDFORD HILLS MEMORIAL PARK
TIME: 4:30 – 5:30 pm
FEE: \$95.00
REGISTRATION: Online at www.UnitedSoccerAcademy.com

SOCCER SQUIRTS

Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games and scrimmages.

FOR: AGES 3 – 5
DATE: **AUGUST 15 – 19** at BEDFORD VILLAGE MEMORIAL PARK
DATE: **AUGUST 15 – 19** at BEDFORD HILLS MEMORIAL PARK
DATE: **AUGUST 22 – 26** at KATONAH MEMORIAL PARK
TIME: 4:30 – 5:30 pm
FEE: \$95.00
REGISTRATION: Online at www.UnitedSoccerAcademy.com



TOTAL PLAY MULTI SPORTS

Players will have the opportunity to experience up to 4 different sports each day like Baseball, Basketball, Cricket, Flag Football, Hockey, Handball, Lacrosse, Soccer, Rugby and more! During the morning players will develop technique and skills within each sport and gain an understanding of playing a scrimmage. The afternoon will focus on small scrimmages that encourage good sportsmanship and teamwork.

FOR: AGES 5 – 11
DATE: **AUGUST 15 – 19** at BEDFORD VILLAGE MEMORIAL PARK
DATE: **AUGUST 22 – 26** at BEDFORD HILLS MEMORIAL PARK
TIME: 9:00 am – 12:30 pm
 9:00 am – 4:00 pm
 1:00 pm – 4:00 pm
FEE: \$180.00 Half day morning
 \$210.00 Full day (must be 6 or older)
 \$140.00 Half Day Afternoon
REGISTRATION: Online at www.UnitedSoccerAcademy.com

SOCCER CAMP

Players receive soccer instruction at a level that will both challenge them and ensure they have a fantastic experience at camp. Our professional, qualified coaches will cover different topics each day. Ample scrimmage time will ensure they have the opportunity to put new skills into practice.

FOR: AGES 5 – 11
DATE: **AUGUST 15 – 19** at BEDFORD HILLS MEMORIAL PARK
DATE: **AUGUST 22 – 26** at KATONAH MEMORIAL PARK
LOCATION: KATONAH MEMORIAL PARK
TIME: 9:00 am – 12:30 pm
 9:00 am – 4:00 pm
 1:00 pm – 4:00 pm
FEE: \$180.00 Half day morning
 \$210.00 Full day (must be 6 or older)
 \$140.00 Half Day Afternoon
REGISTRATION: Online at www.UnitedSoccerAcademy.com

BASKETBALL SHOOT AROUND & PICK UP GAMES

MEET & GREET WITH BACKYARD SPORTS

Come and meet the staff from Backyard Sports while they organize some old fashioned pick up games. This is an open, casual night at the courts for free play and some friendly competition. Meet Backyard Sports Head Coach, Danny Bernstein and play some hoops!

FOR: BOYS & GIRLS
 GRADES 4 – 9 IN THE FALL
DAY/DATE: **WEDNESDAY, MAY 25**
TIME: 7:00 – 8:30 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
 BASKETBALL COURTS
FEE: FREE

SUMMER BASKETBALL CAMP

Instructor: Backyard Sports

We are pleased to offer this 4-day mini-camp in partnership with Backyard Sports, one of Westchester's leading sports program providers featuring a staff & curriculum which can appeal to an aspiring high school player as well as the recreational player. This program consists of both clinical instruction, fun drills and league play.

FOR: GRADES 4 – 9 IN THE FALL
DATE: **JUNE 27 – JUNE 30**
RAINDATE: FRIDAY, JULY 1
TIME: 9:30 am – 12:30 pm
LOCATION: BEDFORD HILLS MEMORIAL PARK
 BASKETBALL COURTS
ACTIVITY #: 292511-A
FEE: \$135.00
NOTE: Water and a light snack provided each day

see page 37 **FOR SUMMER TENNIS CAMP INFORMATION**

TOWN DAY CAMP (for children in grades 1-7)

Get outside and play! The theme of the camp is good old-fashioned summer camp fun. The camp experience offers an organized, supervised program of structured activities for 6 weeks during the summer. The daily schedule includes swimming lessons along with an ever-changing mix of activities such as sports, outdoor games, board games, science, and arts & crafts. Additional features of the day camp are the special theme days, fun entertainers and the ever popular All Camp Carnival held at the Bedford Village Memorial Park.

Campers are grouped by grade and gender. The town Day Camp is available for kids entering first through seventh grade. Please note that camp trips are an additional charge and all permission slips are due by Thursday, July 7.

Parent Handbooks and Calendars will be available online starting in May.

DAY: MONDAY THRU FRIDAY
 FULL SESSION: JULY 6 – AUGUST 12
 SESSION I: JULY 6 – JULY 25
 SESSION II: JULY 26 – AUGUST 12
 TIME: 9:00 am – 3:00 pm
 LOCATIONS: BEDFORD HILLS MEMORIAL PARK
 BEDFORD VILLAGE MEMORIAL PARK
 KATONAH MEMORIAL PARK

NOTE: *Eligibility is determined by grade entering in the fall. Children must be entering First Grade in the fall to be eligible and may participate through entering grade 7.*



2016 TOWN DAY CAMP FEE

DISCOUNTED RATE
MARCH 14 - MAY 8

REGULAR RATE
BEGINNING MAY 9

SCHOOL DISTRICT
NON-RESIDENTS
BEGINNING MARCH 14

	DISCOUNTED RATE MARCH 14 - MAY 8	REGULAR RATE BEGINNING MAY 9	SCHOOL DISTRICT NON-RESIDENTS BEGINNING MARCH 14
1 ST CHILD IN A FAMILY (FULL SESSION)	\$475.00	\$672.00	\$1,092.00
EACH ADDITIONAL CHILD (FULL SESSION)	\$400.00	\$557.00	N/A
1 ST CHILD IN A FAMILY (SESSION I OR II)	\$395.00	\$562.00	N/A
EACH ADDITIONAL CHILD (SESSION I OR II)	\$330.00	\$462.00	N/A

***Registration will not be accepted July 1 – July 6**



DAY CAMP AND TINY TOT REFUND POLICY

- Refunds are given only if requested before the first day of camp
- No refund after camp is in session, unless a medical reason is provided with appropriate documentation.
- There are NO refunds for trips.
- All requests must be submitted in writing.
- There is a \$25.00 processing fee per child request.

School District Residents are children who attend the Bedford Central or the Katonah Lewisboro School Districts but are not Town of Bedford residents. In order to register your child as a School District Resident you must bring a copy of your child's school records with you to registration. There are a limited number of spaces for School District Residents and it is a first come first serve starting March 14.

TOWN TINY TOTS (for children ages 3½-5)

Get ready for summer fun! This half day camp is designed for preschoolers' age 3½ to 5 years old. Counselors guide children through traditional camp experiences including coloring, manipulative, dramatic play, music, story time, group games, craft projects and more. In addition, entertainers and special events enrich the program. All activities are designed to excite campers, teach new skills, encourage cooperative play, and inspire smiling faces. Tiny Tots is structured with a 15 minute arrival period, followed by four 30-minute activity periods, with a snack break in the middle, we end the day with a 15 minute dismissal period, which often includes announcements and distribution of flyers, and parent pick up. The counselor/ camper ratio is planned at 1:8. Please make sure you review the parent handbook and calendar on-line in May for more information and special events.



DAY: MONDAY THRU FRIDAY
 FULL SESSION: JULY 6 – AUGUST 7
 SESSION I: JULY 6 – JULY 25
 SESSION II: JULY 26 – AUGUST 12
 TIME: 9:00 am – 11:40 am
 LOCATIONS: ST. PATRICK'S SCHOOL
 KATONAH ELEMENTARY SCHOOL

NOTE: Children must be age 4 by Dec. 31, 2016 and potty trained (no Pull-Ups).

2016 TOWN TINY TOTS FEE

DISCOUNTED RATE
MARCH 14 - MAY 8

REGULAR RATE
BEGINNING MAY 9

SCHOOL DISTRICT
NON-RESIDENTS
BEGINNING MARCH 14

	DISCOUNTED RATE MARCH 14 - MAY 8	REGULAR RATE BEGINNING MAY 9	SCHOOL DISTRICT NON-RESIDENTS BEGINNING MARCH 14
1 ST CHILD IN A FAMILY (FULL SESSION)	\$385.00	\$557.00	\$830.00
EACH ADDITIONAL CHILD (FULL SESSION)	\$330.00	\$462.00	N/A
1 ST CHILD IN A FAMILY (SESSION I OR II)	\$327.00	\$467.00	N/A
EACH ADDITIONAL CHILD (SESSION I OR II)	\$278.00	\$394.00	N/A

***Registration will not be accepted July 1 – July 6**

DAY CAMP AND TINY TOT REGISTRATION INFORMATION

To register children for **DAY CAMPS** or **TINY TOTS** parents must

- Bring a copy of child's immunization Records (parents must write dates on camp form or have a current letter of exemption)
- Have two emergency contacts with names and daytime phone numbers (other than parent)
- Show proof of Health Insurance
- Present the child's Pool ID Card (Day Camp only)
- Present a copy of child Birth Certificate (Tiny Tots only)

No incomplete registration forms will be accepted. All paperwork must be submitted at the time of registration to secure official registration for your child.



FREQUENTLY ASKED QUESTIONS

What ages are the counselors?

Our Senior Counselors are high school graduates and older usually 18 year and older, Junior Counselors have just completed 10th or 11th grade and are 16 or 17 years of age and Counselors in Training have completed 9th grade and are usually 15 years old.

What is the camper to counselor ratios?

The mandated ratio according to the Department of Health is a 12:1 ratio and the counselor is considered anyone over age 16. The Town of Bedford exceeds the Department of Health in trying to keep our ratios low at 8:1.

What other supervisory staff are at the camp locations?

In addition to the counselors all locations have a Director and an Assistant Director. The supervisors at the camps are all Educational professionals working in schools or obtaining degrees to work in schools. Our Specialists are also adults looking to work in schools or with our youth.

What Certifications do the directors have?

All Directors and Specialists are certified in RTE (Responding to Emergencies) or equivalent and CPR for the Professional Rescuer or equivalent.

What do the Day Campers do during the day?

The morning is broken up into five - 30 minute periods, during that time the campers will participate in swimming lessons, athletics, arts and crafts, sports and games, playground visits, board games, snack time and more. In the afternoon the campers will have free swim and more fun and games with their counselors.

What does my Tiny Tot Camper do during the day?

The tiny tot program is broken up into four 30 minute periods plus a snack time. During their day, campers will participate in arts and crafts, plus games and activities. The counselors run three periods to keep the campers entertained and active. Campers may play group games, with running and movement or have creative play with building blocks, manipulative and dramatic play.

How are the children grouped?

At the Day Camp the children are grouped by grade and gender. At the Tiny Tot level the campers are grouped by age. We do try to group kids entering kindergarten together.

Will my child have swimming lessons?

As part of the camp day, the day campers will participant in swimming lessons. For Tiny Tots we have a program called Little Dolphins that is separate from the camp program. There is an additional fee and parent must provide transportation to and from Little Dolphins swim lessons. You must have valid pool ID card to take Little Dolphins.

My child will need to take medication while at camp what do I need to do?

Any camper needing to take/ have medication at the campsite will need to have a parent and doctor signed approval form available at the recreation office.

What should my child wear to camp?

Campers should be in summer clothing (short and t-shirt) or appropriate clothing for the current weather conditions. All shoes should be closed toe. We recommend sneakers be worn everyday. There are times campers will need to sit out of activities if they are not wearing appropriate shoes.

Is there water to drink at camp?

All the camps/pools have water fountains, however we recommend sending your camper with a labeled water bottle or thermos everyday.

Can my child purchase lunch at day camp?

Yes, our food concession stand has a set camper lunch where children can purchase lunch every day.

Does the town provide transportation to and from camp?

No, it is the parent's responsibility to provide transportation.

What happens when it rains?

The day camp has three scenarios for rain.

1. If it is raining in the morning and camp is moved to the rain location drop off and pick up will be at the rain location. If we start at the rain location we are never moved back to the campsite.
2. If it starts to rain mid morning (before 12 noon) and it is expected to continue raining the rest of the day. We will bus the kids to the rain location. Pick up will be at school location.
3. If it starts raining after 12 noon and it is expected to continue camp will be cancelled.

How will I be notified of the rain day locations/ cancellations?

The Recreation Department will send out an e-mail blast to the e-mail you provided at registration time. We do our best to send the e-mail out in a timely manner, but there are times it is delayed do to unexpected weather patterns.



Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE



CHARTER BUS TRIPS

The Town of Bedford will be offering a series of Day Trips to all adult residents. In conjunction with our senior trip program, we will be reserving a fixed number of seats for non-senior adults who would enjoy a day out. We have plenty of extra seats to accommodate those who wish to take advantage of these attractive destinations. Please feel free to call the recreation office for more details about these great trip offerings.

You must submit a registration form to reserve your spot!

METROPOLITAN MUSEUM OF ART

DATE: THURSDAY, MARCH 31, 2016
 TIME: 9:00 am (Bus departs Katonah Memorial House)
 FEE: \$45.00 *Lunch NOT included*
 SENIOR DISCOUNT FEE: \$35.00

WESTCHESTER BROADWAY THEATER "Man of LaMancha"

DATE: WEDNESDAY, APRIL 27, 2016
 TIME: 10:00 am (Bus departs Katonah Memorial House)
 FEE: \$65.00
 SENIOR DISCOUNT FEE: \$55.00

EMPIRE GAMES CASINO

DATE: WEDNESDAY, JUNE 15, 2016
 TIME: 9:30 am (Bus departs Katonah Memorial House)
 FEE: \$35.00
 SENIOR DISCOUNT FEE: \$25.00

MAGIC WINGS BUTTERFLY CONSERVATORY & GARDENS with LUNCH @ CHANDLER'S

DATE: THURSDAY, SEPTEMBER 22, 2016
 TIME: 8:30 am (Bus departs Katonah Memorial House)
 FEE: \$72.00
 SENIOR DISCOUNT FEE: \$62.00

MOHEGAN SUN CASINO

DATE: THURSDAY, NOVEMBER 3, 2016
 TIME: 8:00 am (Bus departs Katonah Memorial House)
 FEE: \$45.00
 SENIOR DISCOUNT FEE: \$35.00



**Please note a \$2.00 gratuity for the driver will be collected on the bus for all trips.
 Make checks payable to the "Town of Bedford"
 For additional information or to get a form call the Recreation Office at 666-7004.**

PAINT ESCAPE

Instructor: Nando Amico

Escape with your friends, date or spouse and let the artist in you out! Join Paint Escapes for a creatively fun experience! Paint Escape supplies all the materials you will need to create your "masterpiece" with the help of our art instructor. Bring your favorite beverage and snack and be prepared for an exciting social adventure. Whether it's an escape from chores or the kids we have an art party for you! No artistic ability required! We will have coffee available at the end of class while you admire everyone's work.

FOR: AGES 21+
 LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
 DAY: FRIDAY
 DATE: JUNE 10
 TIME: 7:00 – 10:00pm
 ACTIVITY #: 123101-A
 FEE: \$25.00 – Residents
 \$30.00 – Non-Residents



CREATE A GARDEN PLANTER



Conducted by: Lynn Becker,

Certified Landscape Designer and Horticulturalist

Come learn the basic principals of how to create and design planters, hanging baskets and window boxes. Learn what plants work best in this environment and work well together. This will be a lecture presentation.

Lynn Becker is the founder of Trout Lily Garden Design, a Katonah based landscape design company focusing on using native plants and sustainable design practices in the creation of beautiful gardens.



FOR: ADULTS 18+
 DAY: THURSDAY
 DATE: APRIL 28
 TIME: 7:00 – 8:30pm
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE
 ACTIVITY #: 113105-A
 FEE: \$20.00 – Residents
 \$25.00 – Non-Residents

DEFENSIVE DRIVING

Instructor: Bedford Police

Learn to drive defensively! After completing this course, motorists may be eligible for a reduction on their insurance premiums and up to a 4-point reduction on their driving record. Participants must be on time and complete the full 6 hours of instruction to satisfactorily complete the class.

FOR: AGES 16+
 DAYS: WED. & THUS.
 DATE: MAY 11 & 12
 TIME: 7:00 – 10:00pm
 LOCATION: BEDFORD HILLS
 COMMUNITY HOUSE
 ACTIVITY #: 123100-A
 FEE: \$19.00 Town of Bedford
 \$11.00 National Safety Council

NOTE: Participants must attend both nights



MAXIMUM BURN

Instructor: Robin McCaine,
Certified Exercise Instructor & Fitness Coach

Put on a few pounds this winter and ready to go "all in" with your workout? Join Robin as he works with you to help you achieve your exercise goals! Maximum Burn is a cardio intense workout that uses short strenuous/high intensity workouts followed by intervals of short rests. Target areas include your core; abs; legs; glutes and back! Robin will help design an exercise routine to meet all fitness levels! Robin McCaine is a Katonah resident who is a certified exercise instructor. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Fitness Coach who helps and inspires others to successfully complete workout programs.

FOR: ADULTS 18+
DAY: TUESDAYS
DATE: APRIL 12, 19, 26
MAY 3, 10, 17, 24, 31, JUNE 7, 14
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD VILLAGE
ELEMENTARY SCHOOL
(45 Court Road, Bedford, NY)
ACTIVITY #: 113200-A
FEE: \$ 90.00 – Residents
\$ 45.00 – Resident Seniors (65+)
\$113.00 – Non-Residents

ZUMBA CO-ED

Instructor: Peggy Raiskums,
Licensed Zumba Gold instructor

Zumba's® goal is simple: We want you to want to work out, to love working out, to get hooked. Achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring easy to follow movements. Dance, laugh, smile, sweat to this fun, aerobic, one-of-a-kind fitness program. Move at your own pace. For all fitness levels. Please wear comfortable exercise clothing and sneakers, bring water and a towel.

FOR: ADULTS 18+
DAY: TUESDAY
DATE: APRIL 12, 19, 26
MAY 3, 10, 17, 24, 31
JUNE 7, 14
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS
ELEMENTARY SCHOOL
ACTIVITY #: 113301-A
FEE: \$ 90.00 – Residents
\$ 45.00 – Resident Seniors (65+)
\$113.00 – Non-Residents



TOTAL BODY WORKOUT

Instructor: Anne-Marie Pasquale

Total Body Workout incorporates lightweights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 23 years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!



FOR: ADULTS 18+
DAYS: MONDAYS & WEDNESDAYS
DATE: APRIL 11, 13, 18, 20, 25, 27
MAY 2, 4, 9, 11, 16, 18, 23, 25,
JUNE 1, 6, 8, 13, 15
(NO CLASS MAY 30)
TIME: 7:00 – 8:00 pm
LOCATION: BEDFORD HILLS
ELEMENTARY SCHOOL
ACTIVITY #: 113300-A (BOTH MON. & WED)
113300-B (MONDAYS ONLY)
113300-C (WEDNESDAYS ONLY)
FEE (1 DAY WEEK): \$ 86.00 – Residents
\$ 43.00 – Resident Seniors (65+)
\$108.00 – Non-Residents
FEE (2 DAYS WEEK): \$171.00 – Residents
\$ 86.00 – Resident Seniors (65+)
\$214.00 – Non-Residents
NOTE: **Maximum 30 participants**

CARDIO "CIRCUIT" WORKOUT

Instructor: Peggy Raiskums

This fun and age-appropriate circuit training program for active, older adults allows participants to experience a variety of exercises and equipment at whatever intensity one chooses. No need to be in sync or compete with others. The format, set to music, alternates between body core exercise with brief intervals of cardio-inspired movements travelling from one station to another. Intensity levels can be modified to address individual needs.

FOR: ADULTS 18+
DAY: TUESDAYS
TIME: 11:30 am – 12:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE

SPRING SESSION I:

ACTIVITY #: 113103-A
DATE: APRIL 12, 19, 26, MAY 3, 10

SPRING SESSION II:

ACTIVITY #: 113103-B
DATE: MAY 17, 24, 31, JUNE 7, 14

SUMMER SESSION:

ACTIVITY #: 213103-A
DATE: JUNE 28, JULY 5, 12, 19, 26

FEE: \$ 40.00 – PER SESSION

- NOTE:**
- **There is no senior discount**
 - **Wear comfortable clothes and sneakers**
 - **Bring a towel and water**



Instructor: Peggy Raiskums Certified PoundPro

POUND is a full-body cardio jam session, combining light resistance with constant simulated drumming. The workout fuses cardio, Pilates, plyometrics, isometric movements and poses into a 45-minute series. Burn calories, strengthen and sculpt muscles, using lightly weighted drumsticks called Ripstix™. "Pound" your way to a leaner, slimmer body – all while rocking out to great music!

FOR: ADULTS 18+
DAY: FRIDAYS
DATE: APRIL 15, 22, 29
 MAY 6, 13, 20, 27
 JUNE 3, 10
TIME: 9:30 – 10:15 am
LOCATION: BEDFORD HILLS COMMUNITY HOUSE

ACTIVITY #: 113101-A
FEE: \$ 81.00 – Residents
 \$101.00 – Non-Residents

- NOTE:**
- **Ripstix \$20 Can be purchased from instructor**
 - **There is no senior discount**



SUMMER SWEAT AEROBICS

Instructor: Peggy Raiskums – Mondays

Instructor: Robin McCaine – Wednesdays

For those who want to continue on a regular workout routine or want to start one, this high-low aerobics, core and strength program is for you. This workout is specifically geared to adults who may not be exercising regularly and would like to get into a healthy program that meets their needs!

- NOTE:**
- **Bring a mat or large towel**
 - **Hand weights suggested/preferred.**

FOR: ADULTS 18+
DAYS: MONDAYS & WEDNESDAYS
DATE: JUNE 20, 22, 27, 29
 JULY 6, 11, 13, 18, 20, 25, 27
 AUGUST 1, 3, 8, 10, 15
 (NO CLASS JULY 4)
TIME: 6:30 – 7:30 pm
LOCATION: BEDFORD HILLS COMMUNITY HOUSE
ACTIVITY #: 213100-A
FEE: \$144.00 – Residents
 \$ 72.00 – Resident Seniors (65+)
 \$180.00 – Non-Residents

YOGA

**Instructor: Kim Jones,
Registered Yoga Instructor**

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels welcome. Please bring a mat and dress comfortably. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and holds the Yoga Alliance designation of RYT 200.

FOR: ADULTS 18+
DAY: THURSDAYS
DATE: APRIL 14, 21, 28
 MAY 5, 12, 19, 26
 JUNE 2, 9, 16
TIME: 7:00 – 8:15 pm
LOCATION: BEDFORD HILLS
 ELEMENTARY SCHOOL
ACTIVITY #: 113302-A
FEE: \$ 90.00 – Residents
 \$ 45.00 – Resident Seniors 65+
 \$113.00 – Non-Residents
NOTE:

- **Wear comfortable clothes**
- **Bring a mat**



PILATES

**Instructor: APOGEE Fitness
& Wellness of Bedford Hills**

This 10 week Pilates Series will highlight Power Pilates in the form of an Open Mat class. You will be empowered to discover your inner strength, transform your mind and body, increase your stamina, improve your health and achieve a new and exciting physical well being. Space is limited so reserve your spot today. Voted Best of Westchester - Pilates 2012 we encourage you to come give it a try!

FOR: ADULT WOMEN 18+
DAY: THURSDAYS
DATE: APRIL 14, 21, 28
 MAY 5, 12, 19, 26, JUNE 2, 9, 16
TIME: 7:00 – 8:00 pm
LOCATION: APOGEE FITNESS & WELLNESS
 (170 Harris Road, Bedford Hills)
ACTIVITY #: 113900-A
FEE: \$100.00 – Residents
 \$125.00 – Non-Residents
NOTE:

- **Maximum 15 participants – For women only**
- **There is no senior discount**
- **All supplies/other equipment will be provided**
- **Close fit clothing; loose shorts or tops can catch & tangle. No shoes or socks are required.**



INDOROW

**Instructor: APOGEE Fitness
& Wellness of Bedford Hills**

Ladies! Join the crew! This interactive low-impact high sweat cardio class calls on your legs and core to produce powerful strokes on the rowing machines: a phenomenal calorie burner. No rowing experience needed!

FOR: ADULT WOMEN 18+
DAY: SATURDAYS
DATE: APRIL 9, 16, 23, 30
 MAY 7, 14, 21, JUNE 4, 11, 18
 (NO CLASS MAY 28)
TIME: 7:30 – 8:25 am
LOCATION: APOGEE FITNESS & WELLNESS
 (170 Harris Road, Bedford Hills)
ACTIVITY #: 113901
FEE: \$100.00 – Residents
 \$125.00 – Non-Residents

NOTE:

- **Maximum 5 participants – For women only**
- **There is no senior discount**
- **All supplies/other equipment will be provided**
- **Close fit clothing; loose shorts or tops can catch and tangle**



Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE



SENIOR ADULT NEWSLETTERS

Stay informed of current senior programs, trips and special events by receiving our calendar/newsletter which is mailed out every two months. To receive the newsletter, contact the recreation office at 666-7203. We will add your name to the mailing list.

SENIOR MEETINGS

Come and join us! Weekly meetings are offered to all residents ages 60 and older. Meetings will include a variety of activities, informational presentations, crafts, games, exercise, special events and more. Coffee, tea and light refreshments will be available at all meetings. We meet every **Mon., Wed. and Fri. from 10:00 am - 2:00 pm at the Bedford Hills Community House**. Transportation to the meetings can be arranged by calling the recreation office at 666-7203 one day in advance.

SEASON HIGHLIGHTS

The long winter is finally over, but our seniors have kept busy with a variety of exciting activities. We had a great trip to the 911 Memorial in lower Manhattan followed by lunch at Carmine's Restaurant. Other activities have included Chair Yoga, crafts, cooking demos, local outings and guest speakers. Video bowling is very popular on our big screen TV, along with in-house movies & nature films. We have also travelled to popular sites like The Christmas Tree Shop, Trader Joe's and more.

VISITING NURSE & GUEST NUTRITIONIST

The first Wednesday of each month our seniors are treated with a visit by health care specialists generously provided by Northern Westchester Hospital. Our visiting nurse conducts blood pressure checks along with health discussions, while our guest nutritionist gives tips on healthy eating and will demonstrate how to prepare nutritious easy-to-make snacks.

REFUSE PROGRAM

Senior Adults (60 years of age and older) can come to the Town Clerks Office at 321 Bedford Road, Bedford Hills, to purchase discount coupons for trash disposal, Monday - Friday, 8:30 am - 4:30 pm. The program allows for disposal of plastic bagged, non-recyclable refuse at Town of Bedford Recycling Center, Adams Street, Bedford Hills, 241-2671, Tues., Thurs. and Sat., 8:00 am - 3:00 pm.

Senior Adult Directors:
Angela Brown & Carin Roth
Bedford Senior Bus Driver:
Marty Bailey
Senior Adults: 666-7203

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Avenue. Hot lunches are available daily, Monday through Friday with a \$3.00 contribution. Reservations must be made a day in advance by calling 666-8931

HOME-DELIVERED-MEALS PROGRAM

Seniors who are homebound or recovering from a hospital stay and are unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal delivered by caring volunteers. Call Jim Whiting at 666-7203 for more information.

SHOPPING

The recreation bus runs local shopping trips on Tuesday mornings (ShopRite, CVS and more). Reservations must be made at least one day in advance by calling 666-7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first come first served basis.

AGED PERSON'S PROPERTY TAX EXEMPTION

For information on eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

SENIOR IDENTIFICATION CARDS

Residents age 60 and over are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00 am-4:00 pm. For more information, call (914) 813-6400 or (914) 813-6300 or visit www.westchestergov.com.

HOUSING

The Blue Mountain Housing Agency is accepting applications for prospective vacancies in one bedroom rental units at Bedford Lake (age 55 and over) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications can be obtained through the Town Supervisor's Office at 666-6530.

DRIVER SAFETY PROGRAM

Learn to improve skills and prevent accidents. After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Bring a copy of your driver's license to class. Participants must be age 50 or older.

Please make checks payable to AARP.

FOR: AGES 50+
 DATE/DAY: TUESDAY, APRIL 19
 TIME: 9:00 am – 3:30 pm
 (Please bring a bag lunch for a 1/2 hour lunch break)
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE
 FEE: \$20.00 AARP Member's
 \$25.00 Non-Members

NOTE: You must pre-register at the Town of Bedford Recreation Office or call 666-7004.

MAH JONGG CLUB

Coordinator: Caren Roth

Come join us! Our Mah Jongg Club is going strong. This traditional Chinese game of skill & luck is fun, challenging, and a great opportunity for social interaction. Whether you are just starting out or have been playing for years, don't hesitate to join in.

DAY: MONDAYS
 DATES: ONGOING
 TIME: 2:00 – 3:30 pm
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE

NOTE: This NOT an instructional program. You must have some knowledge of the game and supply your own board & tiles.

FREE ST. PATRICK'S DAY CELEBRATION & LUNCHEON

SAVE THE DATE! MARK YOUR CALENDAR

Corned beef, cabbage, potatoes, Irish soda bread, dessert, beverage, coffee and tea served by our friendly Recreation and Parks staff! Seniors must phone in their reservations to the office at 666-7203 no later than Friday, March 11.

Wednesday, March 16
11:00 am – 2:00 pm

BEDFORD HILLS COMMUNITY HOUSE
FREE LUNCH WILL BE SERVED AT 12 PM

FREE SENIOR ADULT "END OF SUMMER" PICNIC BY THE POOL

Come one, come all! Town of Bedford Seniors are invited to this "End of Summer" Picnic by the Pool. We will have music, games, swimming & FREE lunch. Our pool concessionaire, Bob DiBuono of Westchester Food Services, has graciously offered to supply our seniors with a delicious, free picnic lunch. We will also have a D.J. and lifeguards on hand, so bring your bathing suit, towel, and your appetite and friends. A good time is sure to be had by all! You MUST make a reservation by Friday, September 2nd in order to attend. Transportation is available, so please indicate this when you call.

Thursday, SEPTEMBER 8
11:00 am – 2:00 pm

BEDFORD HILLS MEMORIAL PARK POOL COMPLEX
FREE PICNIC LUNCH WILL BE SERVED

SENIOR ADULTS CHARTER BUS TRIPS

You must submit a trip registration form to reserve your spot. For additional information or to get a form call the recreation office at 666-7004. Make checks payable to the "Town of Bedford"

METROPOLITAN MUSEUM OF ART

DATE: THURSDAY, MARCH 31, 2016
 TIME: 10:00 am (Bus departs Katonah Memorial House)
 FEE: \$35.00 – Lunch NOT included

WESTCHESTER BROADWAY THEATER "Man of LaMancha"

DATE: WEDNESDAY, APRIL 27, 2016
 TIME: 10:00 am (Bus departs Katonah Memorial House)
 FEE: \$55.00

EMPIRE GAMES CASINO

DATE: WEDNESDAY, JUNE 15, 2016
 TIME: 9:30 am (Bus departs Katonah Memorial House)
 FEE: \$25.00

MAGIC WINGS BUTTERFLY CONSERVATORY & GARDENS with LUNCH @ CHANDLER'S

DATE: THURSDAY, SEPTEMBER 22, 2016
 TIME: 8:30 am (Bus departs Katonah Memorial House)
 FEE: \$62.00

MOHEGAN SUN CASINO

DATE: THURSDAY, NOVEMBER 3, 2016
 TIME: 8:00 am (Bus departs Katonah Memorial House)
 FEE: \$35.00

Please note a \$2.00 gratuity for the driver will be collected on the bus for all trips.



TENNIS ANYONE?

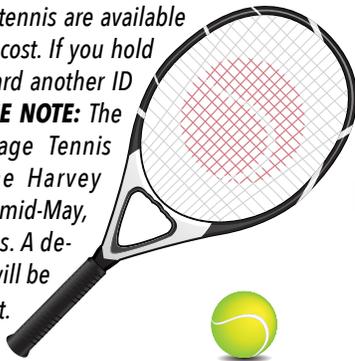
The Town of Bedford Recreation and Parks Department is pleased to continue the partnership with the Saw Mill Club to offer a wide variety of public tennis lesson opportunities to the residents of Bedford this spring and summer. Tennis Director Bob Bull and staff member Charles Lacy Thompson will be coordinating the program offerings with assistance from the Bedford Recreation staff.



All instructors are provided by the Saw Mill Club and are USPTA certified.

NOTE: The Town is pleased to announce that a new **Premier Court** surface was installed at the Bedford Village courts last fall. The new court has a softer cushioned feel to it. New perimeter fencing was installed as part of the project.

ID cards for tennis & paddle tennis are available at our office at no additional cost. If you hold a valid/paid Pool Photo ID card another ID card is not necessary. **PLEASE NOTE:** The Katonah and Bedford Village Tennis Courts are utilized by the Harvey School from April through mid-May, 3:30 - 5:00 pm for practices. A detailed schedule of court use will be posted at each site on April 1st.



SPRING 2016 tennis lessons

BEDFORD HILLS MEMORIAL PARK

YOUTH TENNIS TUESDAYS

DATE: MAY 3, 10, 17, 24, 31, JUNE 7 (RAINDATE JUNE 14)
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

AGES 4,5,6

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 182500-A

AGES 7,8,9

TIME: 5:30 – 6:30 pm
 ACTIVITY#: 182500-B

JUNIOR TENNIS THURSDAYS

DATE: MAY 5, 12, 19, 26, JUNE 2, 9 (RAINDATE JUNE 16)
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

AGES 10 – 14 (BEGINNER)

For individuals just starting tennis and those with limited tennis experience.

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 182501-A

TENNIS FACILITIES



BEDFORD HILLS MEMORIAL PARK

Located behind the Bedford Hills Little League Field. An access path is located to the rear of the parking area between the baseball/softball fields.



KATONAH MEMORIAL PARK

Located at the end of North Street next to the main parking area.



BEDFORD VILLAGE MEMORIAL PARK

Located on the right side of the main parking lot on Greenwich Road.



ATTENTION – Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

AGES 10 – 14 (ADV. BEGINNER)

For individuals who can hit the ball over the net with some success and need to develop on court experience.

TIME: 5:30 – 6:30 pm
 ACTIVITY#: 182502-A

ADULT TENNIS (BEGINNER) TUESDAYS

DATE: MAY 3, 10, 17, 24, 31, JUNE 7 (RAINDATE JUNE 14)
 TIME: 6:30 – 7:30 pm
 ACTIVITY#: 183501-A
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

ADULT TENNIS (ADV. BEGINNER/INTERMEDIATE) THURSDAYS

DATE: MAY 5, 12, 19, 26, JUNE 2, 9 (RAINDATE JUNE 16)
 TIME: 6:30 – 7:30 pm
 ACTIVITY#: 183502-A
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

BEDFORD VILLAGE MEMORIAL PARK

YOUTH TENNIS SATURDAYS

DATE: APRIL 30, MAY 7, 14, 21, JUNE 4, 11 (RAINDATE JUNE 18)
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents
 Add \$15.00 to purchase a junior racquet

AGES 4,5,6

TIME: 10:00 – 11:00 am
 ACTIVITY#: 182400-A

AGES 7,8,9

TIME: 11:00 am – 12:00 pm
 ACTIVITY#: 182400-B

JUNIOR TENNIS FRIDAYS

DATE: APRIL 29, MAY 6, 13, 20, JUNE 3, 10 (RAINDATE JUNE 19)
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

AGES 10 – 14 (BEGINNER)

For individuals just starting tennis and those with limited tennis experience.

TIME: 4:30 – 5:30 pm
 ACTIVITY#: 182401-A

AGES 10 – 14 (ADV. BEGINNER)

For individuals who can hit the ball over the net with some success and need to develop on court experience.

AGES 10 – 14 (ADV. BEGINNER) CONTINUED

TIME: 5:30 – 6:30 pm
ACTIVITY#: 182402-A

ADULT TENNIS (BEGINNER/ADV. BEGINNER) SATURDAYS

DATE: APRIL 30, MAY 7, 14, 21, JUNE 4, 11 (RAINDATE JUNE 18)
TIME: 9:00 – 10:00 am
ACTIVITY#: 183401-A
FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

KATONAH MEMORIAL PARK

YOUTH TENNIS

MONDAYS

DATE: MAY 2, 9, 16, 23, JUNE 6, 13 (RAINDATE JUNE 20)
FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

AGES 5,6,7

TIME: 4:30 – 5:30 pm
ACTIVITY#: 182600-A
TIME: 5:30 – 6:30 pm
ACTIVITY#: 182600-C

AGES 8,9,10

TIME: 6:30 – 7:30 pm
ACTIVITY#: 182600-E

WEDNESDAYS

DATE: MAY 4, 11, 18, 25 JUNE 1, 8 (RAINDATE JUNE 15)
FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

AGES 5,6,7

TIME: 4:30 – 5:30 pm
ACTIVITY#: 182600-B

AGES 8,9,10

TIME: 5:30 – 6:30 pm
ACTIVITY#: 182600-D
TIME: 6:30 – 7:30 pm
ACTIVITY#: 182600-F

ADULT TENNIS

MONDAYS

DATE: APRIL 25, MAY 2, 9, 16, 23, JUNE 6, 13 (RAINDATE JUNE 20)
FEE: \$155.00 – Residents/ \$194.00 – Non-Residents

BEGINNER

TIME: 9:30 – 10:30 am
ACTIVITY#: 183601-A

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
ACTIVITY#: 183602-A
TIME: 11:30 am – 12:30 pm
ACTIVITY#: 183602-B

TUESDAYS

DATE: APRIL 26, MAY 3, 10, 17, 24, 31, JUNE 7 (RAINDATE JUNE 14)
FEE: \$155.00 – Residents/ \$194.00 – Non-Residents

BEGINNER

TIME: 9:30 – 10:30 am
ACTIVITY#: 183601-B

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
ACTIVITY#: 183602-C
TIME: 11:30 am – 12:30 pm
ACTIVITY#: 183602-D

SUMMER TENNIS CAMP

Instructor: Saw Mill Club

The staff of the Saw Mill Club will be running this **one-week mini camp**. All basic elements of tennis will be covered in a format that is fun, challenging & interactive.

FOR: GRADES 1– 5
DATE: JUNE 27 – 30
(RAINDATE JULY 1)
FEE: \$135.00 – Each half day session
LOCATION: BEDFORD HILLS MEMORIAL PARK
TIME: 9:00 am – 12:00 pm
ACTIVITY #: 292512-A

WEDNESDAYS

DATE: APRIL 27, MAY 4, 11, 18, 25 JUNE 1, 8 (RAINDATE JUNE 15)
FEE: \$155.00 – Residents/ \$194.00 – Non-Residents

BEGINNER

TIME: 9:30 – 10:30 am
ACTIVITY#: 183601-C

ADVANCED BEGINNER

TIME: 10:30 – 11:30 am
ACTIVITY#: 183602-E
TIME: 11:30 am – 12:30 pm
ACTIVITY#: 183602-F

SUMMER 2016 tennis lessons

BEDFORD HILLS MEMORIAL PARK

TUESDAYS & THURSDAYS

SESSION I: JUNE 28, JULY 5, 7, 12, 14 (RAINDATE JULY 19)
SESSION II: JULY 21, 26, 28, AUG. 2, 4, 9 (RAINDATE AUG. 11)
FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

YOUTH TENNIS

AGES 4,5,6

TIME: 3:15 – 4:15 pm
SESSION I ACT.#: 282500-A
SESSION II ACT.#: 282500-B

AGES 7,8,9

TIME: 4:15 – 5:15 pm
SESSION I ACT.#: 282500-C
SESSION II ACT.#: 282500-D

JUNIOR TENNIS (AGES 10-14)

TIME: 5:15 – 6:15 pm
SESSION I ACT.#: 282501-A
SESSION II ACT.#: 282501-B

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

TIME: 6:30 – 7:30 pm
SESSION I ACT.#: 283501-A
SESSION II ACT.#: 283501-B

BEDFORD VILLAGE MEMORIAL PARK

SATURDAYS

SESSION I: JUNE 25, JULY 9, 16, 23, 30, AUG. 6 (RAINDATE AUG. 13)
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

YOUTH TENNIS

AGES 4,5,6

TIME: 10:00 – 11:00 am
 ACTIVITY#: 282400-A

AGES 7,8,9

TIME: 11:00 am – 12:00 pm
 ACTIVITY#: 282400-B

ADULT TENNIS (BEGINNER/ADV. BEGINNER)

TIME: 9:00 – 10:00 am
 ACTIVITY#: 283401-A

KATONAH MEMORIAL PARK

MONDAYS & WEDNESDAYS

SESSION I: JUNE 27, 29, JULY 6, 11, 13, 18 (RAINDATE JULY 20)
 SESSION II: JULY 25, 27, AUG. 1, 3, 8, 10 (RAINDATE AUG.15)
 FEE: \$135.00 – Residents/ \$169.00 – Non-Residents

YOUTH TENNIS

AGES 5,6,7

TIME: 3:15 – 4:15 pm
 SESSION I ACT.#: 282600-A
 SESSION II ACT.#: 282600-B

AGES 8,9,10

TIME: 4:15 – 5:15 pm
 SESSION I ACT.#: 282600-C
 SESSION II ACT.#: 282600-D

ADULT TENNIS (BEGINNER)

TIME: 9:30 – 10:30 am
 SESSION I ACT.#: 283601-A
 SESSION II ACT.#: 283601-B

ADULT TENNIS (ADV. BEGINNER)

TIME: 10:30 – 11:30 am
 SESSION I ACT.#: 283602-A
 SESSION II ACT.#: 283602-B

ADULT TENNIS (EXPERIENCED)

TIME: 11:30 am – 12:30 pm
 SESSION I ACT.#: 283603-A
 SESSION II ACT.#: 283603-B

PRIVATE TENNIS LESSONS

In Partnership with the Saw Mill Club

All 3 park courts can be scheduled by contacting the Saw Mill Club - Tennis Director Bob Bull at 241-0797 ext 3007 or by email at bbull@sawmillclub.com

RATES: 1/2HR \$40.00 or 1 HR \$70.00

ATTENTION: Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.



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www.sawmillclub.com

JUMP INTO SUMMER at the BEDFORD POOLS!

Welcome to the summer of 2016! We hope you are ready to get your feet wet and jump into summer fun! The Town of

Bedford is extremely fortunate to have 3 beautiful hamlet pools! Once you are a member of one hamlet pool you belong to all three! We encourage you to take the time to venture out of your hamlet and enjoy all of our beautiful facilities and events this summer! Special event programming at our parks can be found on page 8 of this brochure! Read on for detailed information on pool memberships, fees, hours, etc. Enjoy the pools!

Pool News

RETURNING MEMBERS REGISTRATION

If you were a member last summer and have a valid 2015 Pool membership I.D. card, you will be receiving a separate mailing regarding renewing your pool membership this summer.

You can renew one of 3 ways:

1. In-Person at our office
2. Mail in registration
3. Online registration - Only for returning member's who had valid passes in 2015. Details will be coming in the mail with your pool membership.

Please note that ALL on-line registrations will incur a 2.5% transaction fee

If you are a **RETURNING MEMBER** from 2015 and are renewing in person or by mail and you have retained your pool ID cards please send/bring in your pool permit application, payment & 2 proofs of residency. There is no need to mail in your cards. We will update your membership in our computer and your cards will automatically be activated and ready for use this summer. If you have a child who now requires a photo ID card (age 2 & above), you will need to bring him/her into the office to have their photo taken (at no additional cost).

REPLACEMENT CARDS

If you have misplaced your cards/lost your cards and had your photo taken and need a new card(s) issued, please indicate that on your registration form and enclose a \$15.00 replacement card fee with payment. We will mail the replacement card(s) once the replacement fee has been received.

NEW MEMBERS OR THOSE WHO HAD PASSES PRIOR TO 2015

For those new to the area, who are interested in joining the pool or who had passes prior to 2015 registration is **IN-PERSON only**. Please see the registration information below.

PLEASE NOTE: If you purchase a family membership and a member of your family does not/has not come in for their photo ID card, they will not be able to enter the pool facility until they have been issued a card unless you bring them in as your guest AND pay the guest fee.

POOL REGISTRATION

- Office hours are Monday-Friday, 8:30am-4:30pm. Registrations are accepted up until 4:00pm. (Extended Hours: Wed., April 27, 4:30 am - 7:00 pm and Sat., May 7, 9:00 - 12:00pm)
- Payment in full is required at the time of registration.

- Two forms of residency are required. Proof of residency can include: utility bills, vehicle insurance card, or a vehicle registration card.
NOTE: A driver's license and PO Boxes will not be accepted as proof of residency.
- All members of the family age 2 (by 12/31/16) and above require photo ID's.
- We encourage you to register early to take advantage of the discount rate.
- A separate registration form & check is required for pool registration.

POOL MEMBERSHIP ELIGIBILITY, ID CARDS & FEES

ELIGIBILITY: In order to use any of the Town of Bedford's three pool facilities you must be a Town of Bedford Resident and you must purchase a pool membership.

RESIDENTS: Residency is defined as owning and living in or renting and living in a home/dwelling within the Town of Bedford. **Owning land is not considered residency.** Proof of residency/ rental is required each year of enrollment.

POOL I.D. CARDS:

- All members age 2 and above are required to have computerized photo ID cards to gain access into each pool facility.
- Your membership ID card allows you to utilize any hamlet pool.
- You must bring your ID card each time you go to the pool facility; present it to the gate attendant who will scan it & return it to you.
- Residents who do not purchase a membership may only enter as a guest of a pool member and must pay the daily guest fee.



2016 POOL MEMBERSHIP FEES

	DISCOUNT RATE (thru 5/8)	REGULAR RATE (begins 5/9)
Family:	\$300.00	\$346.00
Adult (21+):	\$148.00	\$170.00
Child (2-20yrs):	\$ 52.00	\$ 66.00
Senior Citizen (65+):	\$ 45.00	\$ 45.00
Child Care Provider:	\$329.00	\$346.00
Adult Pay Tag:	\$ 81.00	\$ 81.00
	+ \$ 10.00@gate	+ \$ 10.00@gate
Card Replacement Fee:	\$ 15.00	\$ 15.00
Daily Guest Fees		
Adults (18+):	\$ 10.00	\$ 10.00
Child (2-17) & Senior (65+):	\$ 8.00	\$ 8.00
Adult Guest Discount Card (18+):		\$80.00/10 visits
Child (2-17)/Senior (65+) Guest Discount Card:		\$50.00/10 visits

GUEST DISCOUNT CARD

- Pool permit holders, age 12 and older, can purchase a guest discount card that will allow you 10 guest visits (adult or child) at a reduced rate. This transaction can only be done at the RECREATION OFFICE. Pricing details are listed under pool memberships.
- You will be issued a separate card that will be loaded with 10 pre-paid visits.
- If you purchased a discount card last season, any balance on the card has expired.
- If you still have your card from last season it can be re-loaded with 10 pre-paid visits for the 2016 season, similar to updating your pool membership card.
- If you have discarded your guest discount card or never received one, please let us know/mark your registration form, and we will re-issue you a new one.

PLEASE NOTE:

- You cannot purchase the guest discount card at the pool gate
- Guest Discount Cards can ONLY be purchased at the RECREATION OFFICE
- Purchases are valid for the 2016 season only. Money left on account is NON-TRANSFERABLE and NON-REFUNDABLE.

2016 POOL SCHEDULE

All Town of Bedford pools will open on Saturday, May 28 thru Monday, September 5. Pools will be open on a limited schedule, Thursday thru Sunday up through June 19. Beginning on Monday, June 20 we will be open 7 days a week thru Labor Day. There may be times throughout the summer when a pool will be closed due to a swim meet. Swim meet schedules are determined by the Northern Westchester Swim Conference. Pool closure information will be posted at the respective pools. In addition e-mail alerts will be sent out for pool closings due to swim meets and weather events, therefore we encourage you to provide us with your e-mail address when you obtain your membership. Remember that as a pool member you are entitled to use all three hamlet pools therefore, if your hamlet pool is closed for any reason, we encourage you to visit another pool. Please refer to the schedule below for hours of operation.

POOL PHONE NUMBERS ARE SEASONAL ONLY (MAY 28 - SEPTEMBER 5)

BEDFORD VILLAGE PARK POOL.....	234-3246
KATONAH MEMORIAL PARK POOL.....	232-9349
BEDFORD HILLS MEMORIAL PARK POOL.....	666-7150

MEMBERSHIP TYPES & DEFINITIONS

FAMILY: A family is defined as one or two parents and their unmarried children residing at home who are not yet age 21. Grandchildren, grandparents, married children or others living at the same residence are not considered part of the family however they may be eligible for their own permit provided they can provide proof of residency.

ADULT: An adult is defined as a person age 21 or over residing within the Town.

CHILD: A child is defined as a person ages 2-20 residing within the Town. Children age 2 by 12/31/16 will require passes. Children under age 2 do not require pool passes.

SENIOR: A senior is defined as a person age 65 or older residing within the Town.

CHILDCARE PROVIDER: A childcare provider is one who cannot document full-time residency. They can only use the hamlet swimming pool while working in their child care capacity. Childcare providers must fill out a separate registration form and indicate the household/family whom they work for under - "family name"



POLICIES REGARDING POOL MEMBERSHIPS

GUEST POLICY: Members may bring up to 6 guests per visit. Guests must enter/exit with the pool member and the appropriate daily guest fee, if not using a guest discount card, must be paid upon entrance. Members age 12 and older are only allowed guest privileges.

SWIM & DIVE TEAM/DAY CAMP: In order to participate in any of our swim & dive teams or day camps each participant must have a pool membership.

LOST POOL ID CARD: The replacement fee for a lost pool ID is \$15.00 therefore it is important to retain your cards year to year.

POOL ID CARDS/USE: You must have a valid 2016 Pool ID card to enter the pool facility. This includes camp counselors and campers going to the pool after the camp day. If you are a resident who has not purchased a membership you may go as a guest of a pool member and pay the guest fee. Members may use all three hamlet swimming pools.

PRE-SEASON HOURS~ MAY 28 thru JUNE 19

OPENING DAY: SATURDAY, MAY 28.....	12:00pm-7:00pm
WEEKENDS: MAY 29, JUNE 4, 5, 11, 12, 18, 19.....	10:00am-7:00pm
THURSDAY/FRIDAY: JUNE 2, 3, 9, 10, 16, 17.....	3:30pm-7:30pm
MEMORIAL DAY: MONDAY, MAY 30.....	10:00am-6:00pm

REGULAR SEASON HOURS~ JUNE 20 thru AUGUST 14

MONDAY-FRIDAY: JUNE 20 - AUGUST 12.....	1:00-8:00pm
MONDAY-FRIDAY: JUNE 27 - JULY 1.....	11:00-8:00pm
WEEKENDS: JUNE 25 - AUGUST 14.....	10:00am-8:00pm
MONDAY: JULY 4.....	10:00am-8:00pm

END OF SEASON HOURS~ AUGUST 15 thru AUGUST 28

MONDAY-FRIDAY: AUGUST 15 - AUGUST 26.....	12:00-7:30pm
WEEKENDS: AUGUST 20 - AUGUST 28.....	10:00am-7:30pm

LAST WEEK OF SEASON HOURS~ AUGUST 29 thru SEPTEMBER 5

MONDAY-FRIDAY: AUGUST 29 - SEPTEMBER 2.....	12:00-6:00pm
WEEKENDS: SEPTEMBER 3, 4.....	10:00am-6:00pm
LABOR DAY: SEPTEMBER 5.....	11:00am-6:00pm

Back by Popular Demand

BIRTHDAY PARTIES

Looking for a place for your child's birthday party? How about your hamlet pool? Pool members take a look at this affordable & fun party idea!



POOL PARTY PERKS

- Reserved area of pool facility for your party
- Two 6' long tables/Two picnic tables with umbrella
- Swimming for all in attendance at a discounted rate
- "Eats & Treats" Birthday Party Menu Packages available provided by our pool concessionaire, Westchester Food Services
- A place to keep your cake/dessert item (limited freezer/refrigerator space available)

NOTE: Pool birthday parties are on a space available/first come/first served basis. Birthday party reservations available to pool members only.

PRICING:

POOL FACILITY PARTY AREA.....\$50.00
NON-MEMBERS (per person adult or child)..... \$ 5.00

No cost for entrance to the pool for pool members

GUIDELINES:

- "Eats & Treats" Menu's will be available at the Recreation Office beginning May 1st
- Outside food and drinks cannot be brought into the facility
- Participants are responsible for set up & clean up of their reserved area
- The applicant is responsible for the conduct of all participants
- Entertainment of any kind is not permitted inside the pool area
- Wristbands will be given to non-member guests of the party and must be worn at all times
- The pool facility will be open to the public and a spirit of cooperation by all pool participants is appreciated.

For application or more information please call our office at 666-7004 or download an application on the Town's website at www.bedfordny.gov

DEEP WATER WORKOUTS

Instructor: Carol Migliorelli, Certified AEA, ACE Instructor

A challenging cardio workout (non-impact joint friendly) that strengthens and tones your body by using the waters resistance and buoyancy. Participants wear a floatation belt and through CORE stabilization remain vertical and progress through a calorie burning workout that consists of interval running and isolation (Pilates based) exercises.

Participants need not know how to swim but must feel comfortable being suspended in deep water. Carol Migliorelli has over sixteen years experience with aquatic fitness and therapy!

FOR: ADULTS 18+ WITH VALID 2016 POOL MEMBERSHIP
LOCATION: BEDFORD HILLS MEMORIAL PARK POOL
DAYS: TUESDAYS
DATES: JUNE 21, 28, 26, JULY 5, 12, 26
TIME: 12:00 - 12:45 pm
ACTIVITY #: 213501-A
FEE: \$65.00 PER PERSON

NOTE: Registration limited • Floatation belts will be provided
Must pre-register and pay at the Recreation Office - Deep Water Workout is for pool members only.

ADULT EARLY MORNING SWIM

The Town of Bedford offers an Adult Early Morning Swim program at the Katonah Memorial Pool. Adults with a valid 2016 pool membership/ID card, will have the opportunity to do lap swimming and to get an early morning workout four days a week. Pool members must pre-register for this program at the Recreation Office prior to participating in any adult early morning swim.

FOR: ADULTS 18+ WITH VALID 2016 POOL MEMBERSHIP
LOCATION: KATONAH MEMORIAL PARK POOL
DAYS: MONDAYS THRU THURSDAYS
DATES: JUNE 20 - AUGUST 11
(NO CLASS MONDAY 7/4; MAKE-UP DAY FRIDAY 7/8)
TIME: 6:30 - 7:30 am
ACTIVITY #: 213600-A
FEE: \$70.00 PER PERSON

Must pre-register and pay at the Recreation Office - Adult Early Morning Swim is for pool members only.

ADULT SWIMS

Adult swims are held at each hamlet pool. The pool director in charge has the authority to call or not call adult swims based on weather; number of bathers; requests; make up of bathers; etc. The director in charge will also determine, during adult swims, whether the entire pool will be adult only or only certain sections of the pool.

- Weekdays every hour on the hour for 15 minute intervals beginning at approximately 3:00 pm.
- Adult swim will be held at all 3 hamlet pools on Sundays from 10:00am-12:00 pm as follows:

KATONAH: Adult swim for adults 18+. The entire pool complex will be closed to those under age 18.

BEDFORD HILLS & BEDFORD VILLAGE POOLS: Adult swim for adults 18+ in the main pool. The wading pool and shallow end of the pool only will be open to persons under age 18 accompanied by a parent or guardian.

LITTLE DOLPHINS SWIM LESSONS

These group lessons are designed for children (without parents) who will be 4 by December 31, 2016 or have just turned 5 but not yet in kindergarten. These lessons are given at each hamlet pool in two sessions, 9 days per session. Lessons are held on Mondays, Tuesdays, Thursdays, and Fridays, July 11 through August 11. **Lessons are not held on Wednesday.** Class size is limited, all registration is on a first come, first served basis. **Child must have a valid 2016 pool ID.**

SESSION ONE: JULY 11 - JULY 25

CLASS A: 12:00 - 12:30 pm
ACTIVITY #: 261401-A

CLASS B: 12:30 - 1:00 pm
ACTIVITY #: 261401-B

NOTE: NO CLASS THURSDAY JULY 21,
CLASS WILL MEET MON.; TUES.; WED. **;
FRI. (JULY 18, 19, 20**, 22) THIS WEEK

SESSION TWO: JULY 28 - AUGUST 11

CLASS A: 12:00 - 12:30 pm
ACTIVITY #: 261401-C

CLASS B: 12:30 - 1:00 pm
ACTIVITY #: 261401-D

FEE: \$56.00 Per Session

PRIVATE SWIM LESSONS

Information on private swim lessons will be posted at each pool. Pool members interested in private swim lessons should contact the individual pool directors/assistant directors and leave their name, child(s) name, ages, and availability. Each director will establish a list of qualified lifeguard instructors who are interested in teaching. Private lessons will be held only during set days/times and only if staff is available. Private swim lessons are not guaranteed. Members taking private lessons should note that swim instructors are working as independent contractors and not with the Town of Bedford however both the instructor and client will be required to fill out a Town of Bedford waiver prior to any lesson beginning.

NOTE: Private swim lessons are for pool members only.

LUNCH BUNCH AT BEDFORD VILLAGE POOL

Provided by: Bedford Village Library

Pool Telephone number: 234-3246

Meet at the picnic area for a lunchtime story time. Listen to stories while you enjoy your brown bag lunch. A perfect way to start the afternoon at the pool or to refuel after your Little Dolphin lesson! Bring your lunch and a volunteer from the Bedford Free Library will provide the stories and a dessert.

DATES: TUESDAYS-JULY 5, 12, 19, 26

TIME: 1:15 pm

NOTE: You must be a pool member to attend.

BOOK CART & SWAP AT BEDFORD VILLAGE POOL

Provided by: Bedford Village Library

Got books? Looking for that perfect summer read? Check out the book cart at the Bedford Village Pool! The Bedford Free Library has graciously provided the Bedford Village Pool with a book cart for book swapping. The library will stock the cart with books throughout the summer and pool members can take a new book and leave one they are finished with for swapping. Mystery or history? Suspense or romance? It's all waiting for you at the Bedford Village Pool!

STORY TIME AT KATONAH WADING POOL

Provided by: Miss Stephanie from the Katonah Library

Pool Telephone number: 232-9349

Once upon a time... so the story goes...what happens next, no one knows... unless you bring your child to the Katonah pool to hear the stories that are sure to be very cool! Bedford Recreation is happy to be a partner with the Katonah Library to bring you Story Time at the Katonah Pool. So gather your child and towel and meet us at the wading pool where Story Time rules!

DAY/DATE: WEDNESDAYS - JULY 6, 13, 20, 27 AUGUST 3

TIME: 2:00 pm

NOTE: You must be a pool member to attend.

BOOK CART AT BEDFORD HILLS POOL

Provided by: Bedford Hills Free Library

A book cart offering books and magazines for children, teens, and adults will be offered daily by the Bedford Hills Free Library for summertime enjoyment!

STORY TIME AT THE BEDFORD HILLS POOL

Provided by: Bedford Hills Library

Pool Telephone number: 666-7150

The Bedford Hills Library is once again pleased to bring you story time at the Bedford Hills Pool! So bring a towel and grab some shade near the children's pool...it's time to dive into some great stories!

DAY/DATE: TUESDAYS - JULY 12, 19, 26, AUGUST 2, 9

TIME: 2:00 pm

NOTE: You must be a pool member to attend.

LIFEGUARD TRAINING COURSE

Instructor: Christine Grey

The Town of Bedford is offering a Lifeguard Training Course this summer for persons age 15 (by 7/22/16) and older at the Bedford Hills Memorial Park Pool. This course includes lifeguard training, first aid and CPR for the professional rescuer. All certifications mentioned above are valid for two years.* The course is for those who would like to become certified for the first time or those whose certification has expired. This course prepares candidates with the necessary skills needed to prevent and respond to aquatic emergencies at the pool. Candidates who successfully complete the course may have the opportunity to work as a lifeguard with us beginning mid-August through Labor Day.

NOTE: *Per Westchester County Department of Health regulations you must renew CPR annually if you will be working at a municipal pool or camp in Westchester County.

- **Course participants must attend all dates & times.**
- **Course participants must attend and pass the pre-test on Wednesday, July 13. Those who do not pass the pre-test will be refunded their monies less \$50.00.**

DAY/DATES & TIMES:

WEDNESDAY, JULY 13 4:00 PM - 8:00 pm

(PRE-TEST BEGINS AT 4:00pm)

FRIDAY, JULY 15 4:00 PM - 8:00 pm

SATURDAY, JULY 16 8:00 AM - 4:00 pm

(AT BEDFORD HILLS COMMUNITY HOUSE)

SUNDAY, JULY 17 8:00 AM - 4:00 pm

MONDAY, JULY 18 4:00 PM - 8:00 pm

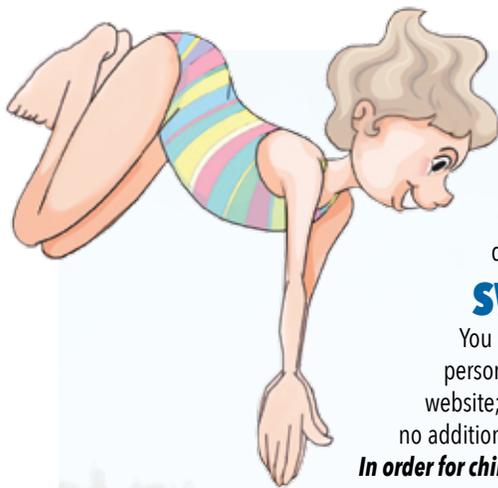
WEDNESDAY, JULY 20 4:00 PM - 8:00 pm

FRIDAY, JULY 22 4:00 PM - 8:00 pm

All course participants must pass a skills test which includes: an untimed swim of 300 yards continuously, demonstrating breath control and rhythmic breathing.

- Participants may swim using front crawl, breaststroke or a combination of both.
 - Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7-10 feet, retrieve a 10 pound object, return to surface, and swim 20 yards back to the starting point with the object & exit the water without using a ladder or steps within 1 minute, 40 seconds. When returning to the starting point you must hold the 10 pound object with both hands and must keep your face above water.
 - Participants must tread water for two minutes using only their legs.
- FEE: \$350.00 (includes book, pocket mask, certification cards)**

NOTE: A minimum of 4 is required to run the course/Maximum 10



SWIM AND DIVE TEAMS

Each hamlet pool has its own competitive Swim & Dive team which participates in the Northern Westchester Swim Conference. Our swim & dive teams are for children ages 6-18 who know how to swim. **THIS IS NOT A SWIM LESSON PROGRAM.** The Recreation and Parks Department is a partner with each of our teams and is proud of the involvement each team has in the NWSC summer swim and dive season. Registration deadline is Friday, June 10.

SWIM & DIVE TEAM REGISTRATION

You can register for the swim & dive team program in person, via mail or online. If you are registering in person or mailing in your form, registration forms are available at the Recreation Office, on each team's website; or by downloading the form on the Towns website, www.bedfordny.gov. If you are registering on-line no additional form needs to be completed - please remember all on-line registrations will incur a 2.5% surcharge.

In order for children to register for any of the swim & dive teams they must meet the following pre-requisites:

1. Be between the ages of 6 - 18 (children turning 6 on or before 12/1/16 - no exceptions)
2. Be able to swim free style the length of the pool / 25 meters without assistance (NOTE: Coaches reserve the right to determine if child is not ready for the program.)
3. Be a resident of the hamlet team they are joining
4. Have a valid 2016 pool/park I.D. card

1ST CHILD IN THE FAMILY	\$125.00
2ND CHILD IN THE FAMILY	\$120.00
3RD CHILD IN THE FAMILY	\$115.00
4TH CHILD IN THE FAMILYAGE 15+ BY 12/1/16 -	FREE

SWIM AND DIVE TEAMS CALL FOR PARENT VOLUNTEERS

Like most of the youth sports programs found in the Town of Bedford the success of the swim and dive teams requires the involvement of many volunteer parents. Being organized and having the appropriate number of volunteers to perform a variety of committee assignments before, during and after the season enhances the positive experience we hope to achieve for our young swimmers and divers. The Recreation and Parks Department strongly encourages parents to be a partner in their child / children's summer recreational swimming and diving experience. Please help us with our swim and dive teams.

VOLUNTEERS ARE ALWAYS NEEDED!! There is a lot of coordination that goes into the swim & dive team program - volunteers are always needed to help out at meets (scorers; ribbon writers; etc) and behind the scenes (ordering ribbons; trophies; planning team dinners; etc).

Please reach out to your team's rep & PAY IT FORWARD!

KATONAH SWIM AND DIVE TEAM: DIVISION II - NWSC

Contact: Mary Gaza - GoKSDT@hotmail.com
Erin O'Donnell - kelleherw@aol.com
KSDT website: www.katonahswimanddive.com

BEDFORD VILLAGE SWIM AND DIVE TEAM: DIVISION II - NWSC

Contact: Mellissa Peckman - mellisapeckham@gmail.com; 203-359-8410
BVSdT website: www.bedfordvillageswimanddive.org

BEDFORD HILLS SWIM AND DIVE TEAM: DIVISION IV - NWSC

HEAD PARENT REP NEEDED - Contact Daryl Sudlow at dsudlow@bedfordny.gov or 914-666-7004.

Questions can also be directed to the team's email account at: bhswimdive@gmail.com
BHSDT website: www.bhswimdive.org

To learn more about the Northern Westchester Swim Conference that our teams participate in, for meet schedule or to find directions to meets/pools log onto their website @ <http://nwsc.usswim.net>



SWIM & DIVE TEAM'S KICK OFF THE SEASON

Each team offers a day and time to come to the pool to meet or re-connect with fellow teammates; meet the parent reps and coaches, order their team swim suits, purchase team apparel and other products and get re-acquainted and psyched for a new summer season! The tentative dates and times for each team are listed below. Since each team operates individually please check your team's website beginning in May for updates on events and festivities.

BEDFORD HILLS BARRACUDAS SWIM & DIVE TEAM: SATURDAY - JUNE 4, 1:00 - 3:00 pm

BEDFORD VILLAGE SWIM & DIVE: SUNDAY - JUNE 5, 4:00 - 6:00 pm

KATONAH SWIM & DIVE: SUNDAY - JUNE 5, 12:30 - 2:30 pm

Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE





POOL RULES AND REGULATIONS

1. All persons must present their pool ID card each time they enter the pool.
2. Guests must be accompanied by a pool member; enter/exit with the pool member and pay a guest fee. Only members age 12+ are allowed guest privileges.
3. All persons are requested to shower before entering the pool.
4. Unauthorized persons are not permitted in the pool office or gate house.
5. Kiddy pool use is for children 6 years, of age and under. Children in the kiddy pool area must be supervised by an adult at all times.
6. Regular everyday diapers are not permitted in either pool. Non-toilet trained children must wear swim diapers with rubber swim pants over the swim diaper and are only allowed in the wading pool.
7. Our pools are family friendly environments. As such, appropriate swim suits must be worn by all swimmers. In addition, cut-offs are not allowed.
8. Chairs, blankets, towels, etc. may not be placed on the concrete deck or walkways.
9. Disruptive behavior is prohibited in the pool complex, i.e.:
 - NO SMOKING**
 - NO RUNNING**
 - NO DUNKING or HORSEPLAY**
 - NO THROWING OF OBJECTS**
 - NO TRICK JUMPS from POOLSIDE**
 - NO PROFANITY**
 - NO DISTURBING FELLOW POOL PATRONS**
10. Flotation devices, masks, or fins are not permitted in the pool. The only exception are approved Type III PFD's.
11. Visiting or talking with on-duty lifeguards is prohibited.
12. Children will be required to pass a swim test to use the deep end/dive boards.

13. Diving Board Regulations:
 - Swimmers/Divers will be required to pass a swim test to use the diving boards
 - Only one diver on the board at a time
 - No running on the boards
 - Only one bounce on the board
 - Divers should swim directly to the nearest ladder to exit the pool
 - Divers should not enter the water until the person ahead of you has reached the ladder/exited the pool
14. Alcoholic beverages, glass containers or pets are not permitted in the pool complex, with the exception of service animals.
15. The Town of Bedford is not responsible for items lost or stolen from the pool area.
16. In the event of an electrical storm, the pool must be vacated. The pool cannot re-open until 20 minutes after the last sound of thunder/sign of lightning.
17. Pollution of pool is prohibited. Urinating, discharge of fecal matter, spitting and nose blowing, in any pool is prohibited.
18. Children under the age of 10 must be accompanied by a person 14 years of age or older. Children under 5 must be accompanied by a person 18 years of age or older.
19. The Director-in-Charge has the right to implement or enforce rules and policies which are not posted in the best interest of the public and public safety.

PARENTAL RESPONSIBILITY

Parents are responsible for the supervision of their children within the pool complex. Actions of improperly supervised children put the children at risk and can distract the lifeguards from their primary responsibilities. Pool rules state that children under age 10 must be accompanied by a person age 14 or older. Although children 10 and over are permitted to attend unaccompanied, parents are still responsible for seeing that the child knows and abides by pool rules and regulations.

FLOATATION DEVICES

Only US Coast Guard approved Type III lifesaving devices are allowed at our Town pools. All other floatation devices (inflatable swimmies, one-piece suits with styrofoam inserts, etc) are swim aides and not permissible. Each pool has a limited number of approved Type III vests for patrons to borrow when they attend our pools. **Although US Coast Guard approved Type III devices are allowable this does not replace the role of parental supervision of their child.** All parents must directly supervise their child in and around the water, particularly when the child is being supported by a Type III PFD. Inner tubes, kickboards and/or noodles during special events/adult swim are permissible with approval by the pool director.



EVACUATION PROCEDURE

During the summer season there is always the possibility of severe weather. When a storm approaches at our pools it is extremely important to take immediate action for the safety of our patrons and staff. Below details the emergency evacuation procedure at our pools:

1. At the sound of the first thunderclap, staff will blow their whistle and an announcement will be made over the PA system for all patrons to evacuate the pools and seek shelter.
2. Patrons may be instructed to seek shelter in the breezeway/locker room area or depending on the anticipated severity, directed to seek shelter in their cars.
3. Patrons will not be allowed back into the water until 20 minutes after the last sound of thunder is heard or sign of lightning

KEEP IT CLEAN

Our parks staff does an outstanding job keeping our facilities safe and clean. The Town of Bedford encourages recycling at all our facilities and has placed the appropriate receptacles throughout our parks and pools. We ask our patrons to help us to keep your town parks beautiful by following a few simple guidelines:

1. Dispose of trash/recyclables in the proper receptacles
2. No glass containers allowed in the pool facilities
3. No alcoholic beverages allowed in the pool/park facilities
4. No smoking in the pool facilities or within 50' of pool entrances and in most other areas of the park
5. When using the bathrooms, dispose diapers, sanitary products in the receptacles provided

NOTE: During the 6 week camp season, the men's and ladies bathrooms will be closed between the hours of 2:45-3:00pm for cleaning. The family restrooms will remain open for your use at that time.

KEEP IT SANITARY

Regular everyday diapers are not permitted in any pool. They expand and fall apart causing an unsanitary condition in the water. Non-toilet trained children must wear swim diapers with rubber swim pants worn over the swim diaper and are only allowed in the wading pool. Parents should change the swim diaper frequently/toilet their children frequently to prevent any accidents from happening. Should a fecal or vomit incident occur in the pool, the pool must be closed for a minimum of 30 minutes and, depending on the severity of the incident, can be closed for the entire day. Therefore we encourage all parents of young children to please remember to be cognizant of bathroom breaks. In addition, please keep your youngster (and yourself) hydrated, watch out for extreme heat conditions and food intake that could result in upset stomachs.

CONCESSION STAND

The Town of Bedford has a contractual agreement with an outside vendor for the concession stands at each pool facility. Therefore, outside food from other vendors/other means is prohibited within the pool facility. (ie; pizza/food delivery, bringing large roller type coolers). Persons will be permitted to bring small hand-held coolers into the facility. Concession hours, menu, and prices will be posted near each concession stand.

LAP LANES

Many of our patrons enjoy lap swimming at our town pools. We ask that you keep these rules and courtesies in mind when swimming laps:



1. No swimmer is granted exclusive use of a lap lane
2. Swimmers entering an occupied lane must wait and notify the swimmer in the lane
3. Swimmers are not to rest at the end of the pool when there are multiple swimmers in a lane
4. When there is only one person per lane, swim normally
5. When there are two people per lane, split the lane with one swimmer on each side of the black line
6. When there are three or more swimmers per lane, circle swim to the right only
7. Please do not cut across or allow children to cut across lap lanes

SUNSCREEN PROTECTION/APPLICATION

Shade and effective use of sunscreen are your best protection against the harmful rays of the sun that can cause skin cancer. Though you may love that tan you should take precautions when sunbathing. For your protection you should use a broad spectrum sunscreen that protects against both UVA & UVB rays with a skin protection factor (spf) of at least 15, preferably 30. Sunscreen must be applied properly in order to be effective. Sunscreen should be applied 30 minutes before exposure to the sun and should be applied liberally. It should be reapplied after swimming/sweating/towel off. You should check your products label for how often to re-apply as it varies based on water resistant or water proof, generally anywhere from 40-80 minutes. Always remember that the "triangle of danger", the nose, eyes and mouth should be given special attention. Wearing a wide brimmed hat to protect your face; neck and ears and using sunglasses with 100 percent UVA/UVB protection will also help to protect you from the sun's harmful rays. When using a sunscreen spray it should be applied in a well-ventilated area and you should keep your eyes & mouth closed. When applying sunscreen spray outdoors please be cognizant of those around you. Be careful not to spray where the residual spray will affect a neighboring patron. When possible please step away and spray.

INCLEMENT WEATHER POLICY

In the event of an emergency closing due to weather or other unforeseen circumstances, pool members who have brought guests will be entitled to a **credit voucher** for future admission if they were at the pool less than one hour AND if the pool stays closed for the rest of the day.

The time of admission is tracked through our pass management system. Admission time will be compared with the time of the pool closure. If they are less than one hour apart the pool member is entitled to a credit voucher. To receive the credit voucher the pool member must come to the Recreation and Parks Office no sooner than the following day (Monday-Friday, 8:30am-4:30pm). Credit vouchers will only be issued to the pool member regardless of who pays the guest fee.

No refunds will be given at any time.

A Message from BDOG

Bedford Dog Owners Group (BDOG) is an all-volunteer, non-profit organization dedicated to enriching the lives and recreational opportunities of dogs and their people.

We encourage your participation....attend a meeting, come up with a suggestion or new idea for the dog park, or help us plan a fundraiser to enhance the dog park. Anyone can join BDOG. Membership is currently \$1.00 per year. That's all! A Board of Directors is elected to lead BDOG. The Board meets one Wednesday a month at the Bedford Hills Community House. Town residents and guests are welcome to attend these meetings. We work cooperatively with the town for a better dog park experience.

To become a member, or to inquire about Board openings, please contact us at: BedfordDogPark@gmail.com • Visit our website at: <http://www.bedforddog.org/>



A Message from the TOWN CLERK

As a friendly reminder, all permits for Canine Commons Dog Park MUST be renewed as of January 1, 2016. Permits are available to Town of Bedford residents for a fee. A limited number of non-resident permits are issued every year for the dog park. As of late January all non resident permits have been sold. To get on a wait list for 2017 please contact the Town Clerk's office by email at Townclerk@Bedfordny.gov Dogs using the Canine Commons area must have a New York State license and a valid dog park permit issued through the Town Clerks office.

PLEASE NOTE: The park is checked on a regular basis by the Bedford Police Department and Dog Control Officer. Fines for non permit holders can be as high as \$250.00. Permit holders are reminded to display their valid permit in the designated drivers side, side windows.

The Town Clerks office is located at the Town House, 321 Bedford Road in Bedford Hills. The office hours are Monday through Friday 8:30 am to 4:30 pm (and for residents after hours by appointment). The telephone number for the Town Clerks office is 666-4534.

2016 DOG PARK PERMIT FEES

Resident – Number of Dogs / Fee

1 – \$45.00

2 – \$25.00

3 – \$20.00

Guest Pass per dog/day \$ 10.00

Note: Guest dogs must have a current state license. No dog park permit will be issued unless the dog is properly licensed through New York State.

CORRECT PERMIT PLACEMENT



ENJOY YOUR PARKS

HELP KEEP PARKS CLEAN and GREEN!

BEAVER DAM PARK HOME OF THE CANINE COMMONS

Beaver Dam Road off of Harris Road Bedford Hills
 Located on Beaver Dam Road off of Harris Road in Bedford Hills. It features the Canine Commons Dog area that officially opened in the spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing. There is a small dog area (under 30 lbs), large dog area (over 30 lbs) and an agility area. Use of the Canine Commons area is open to Town of Bedford residents who are licensed and have a valid dog park permit.

USE OF THE AGILITY ENCLOSURE

Last spring the Agility Training area was unlocked and open for individual use except during times when Agility classes are being conducted. The "open" time in the agility area is first come first served with one person/dog permitted at a time. This separated area offers an option for permit holders in addition to the very social small and large dog enclosures. Agility use guidelines will be posted at the bulletin board and entrance to the agility enclosure. Use of the equipment is not permitted.



DOG AGILITY TRAINING Beginner, Advanced Beginner & Advanced Classes

Instructor: Kate Connick

Kate Connick, has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Masters degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

FOR: TOWN OF BEDFORD RESIDENTS
 (Dogs **MUST** have a current New York State license that are issued through the Town Clerk's Office located at 321 Bedford Road)

DAY: SATURDAYS

DATE: APRIL 16, 23, 30
 MAY 7, 14, 21
 JUNE 4, 11
 (MAKE-UP DATE: JUNE 18)

LOCATION: CANINE COMMONS AGILITY AREA

FEE (8 SESSIONS): \$100.00 (owner and dog)

TIMES/ACTIVITY #:

- ACT. #123001-A BEGINNER CLASS**
 3:45 – 4:45 pm
 Prerequisite: Basic obedience & control around other dogs
- ACT. #123001-B ADVANCED BEGINNER CLASS**
 2:30 – 3:30 pm
 Prerequisite: Instructor Approval required
- ACT. #123001-C ADVANCED CLASS**
 5:00 – 6:00 pm
 Prerequisite: Instructor Approval required

NOTE: If space is available one week prior to the start of the program non-residents can enroll in the course at a 25% higher rate (\$125.00)

Register Online Today!

PLEASE NOTE ALL CREDIT/DEBIT TRANSACTIONS WILL BE CHARGED A 2.5% TRANSACTION FEE





**ALDO'S
BARBER SHOP**

**14 Main Street
Bedford Hills, NY 10507
914-666-2256**

MONDAY: 8am - 5:30pm
TUESDAY: 8am - 5:30pm
THURSDAY: 8am - 5:30pm
FRIDAY: 8am - 5:30pm
SATURDAY: 7am - 5:00pm

CLOSED
Wednesday & Sunday



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TUESDAY	10-4
WEDNESDAY	10-4
FRIDAY	10-4
SATURDAY	10-1

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Located under Katonah Memorial House next to the Katonah Fire Dept.



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One Bedford resident stops making excuses and starts her energy assessment

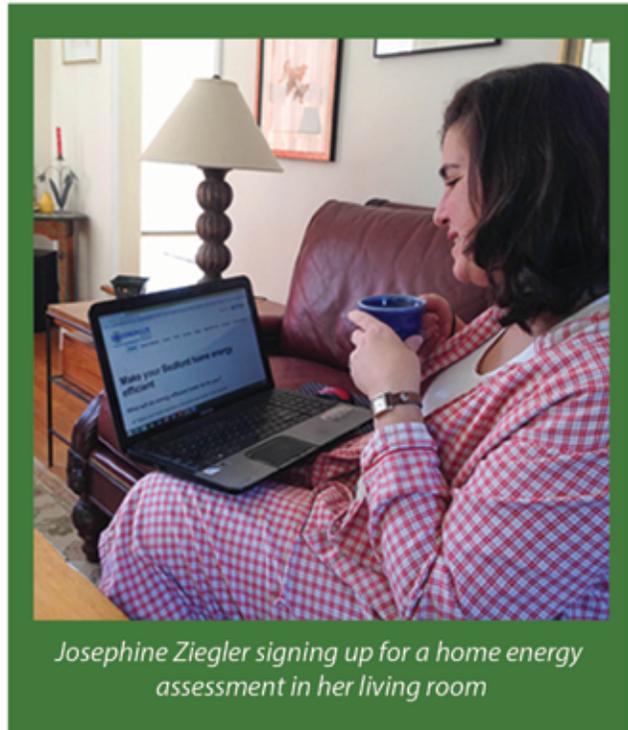
by Josephine Ziegler, for Energize Bedford

I've finally decided to take the plunge and schedule an energy assessment with Energize Bedford. I've used every excuse in the book to put it off: "I just have to clean out the attic first," and "I wouldn't know where to begin."

My husband and I are your typical Katonah residents. We moved to Katonah in 2000 after falling in love with our old 1920's cottage in the heart of the village, just a short walk to the elementary school and town. The original part of our house was built in 1926 with a second floor addition built in 2003 so the result is that half our house is cozy and warm, and the other half has a constant breeze blowing through it from October to March.

We are chronic "do-it-yourself-er's" and procrastinators which inevitably leads to a pile of unfinished projects. In fact, we've perfected the "Apology Tour" when friends come over. "Pay no attention to the half-done crown molding and partially painted ceiling." A little handyman self-deprecating humor goes a long way.

So you can imagine that making the decision to bring a contractor through our house for a "warts and all" tour is a bit hard to swallow. But with winter around the corner we knew it was time to seal up the drafts, lower our heating bills, and make sure our home was working as efficiently as possible. Besides, do we really want our insecurities to stand in the way of saving money and a more comfortable home?



Josephine Ziegler signing up for a home energy assessment in her living room

We've decided to suck it up and put on our big boy pants and move ahead with having our assessment done. My first step was to go online at EnergizeNY.org and click on sign up. In all of ten minutes I was done with my application! That was it; my coffee didn't have a chance to get cold. No paperwork, nothing to sign. Honestly, signing my kids up for summer camp took longer. I'm keeping my eye out for my official approval. Stay tuned.



Join your Bedford neighbors as they navigate making their homes more energy efficient through the Energize Bedford program. Follow along each step of the way from the application process to the home energy assessment and beyond. Check for regular updates on www.Bedford2020.org

Sign up for your home energy assessment today!
Visit EnergizeNY.org • Call (914) 302-7300 • Email info@energizeny.org



Join KBHVAC in celebrating EMS Week!

Open House
May 15, 2016
10:00-4:00

Event Activities include:

- Ambulance tours with equipment displays
- Inauguration of our newest ambulance
 - CPR Demonstrations
 - Vitals Check Station
 - Extrication Drill
- EMS - Themed fun for kids
 - Bouncy House
 - Ice Cream Truck
- Complimentary Food served from 11:30 to 2:30
 - Door Prizes every hour
- Event to be held rain or shine

kbhvac.org



TUPPERWARE

vera v thompson
consultant

11 robinson ave
bedford hills, ny 10507

914 841 4914

vthomps@att.net
my.tupperware.com/verathompson



Michael P. Berardino

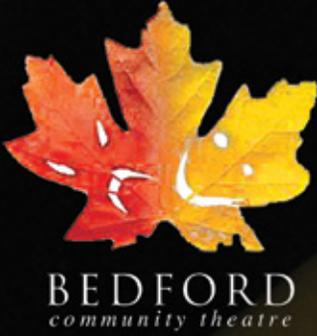
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914-232-7444
www.mikeberardino.com
mike.berardino.bt87@statefarm.com

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Following another successful production of *The Wizard of Oz* this past fall, BCT anticipates producing another great show in the fall of 2016. The show selection will be announced at a later date. For information on the show selected and auditions please check out our website for news and updates at

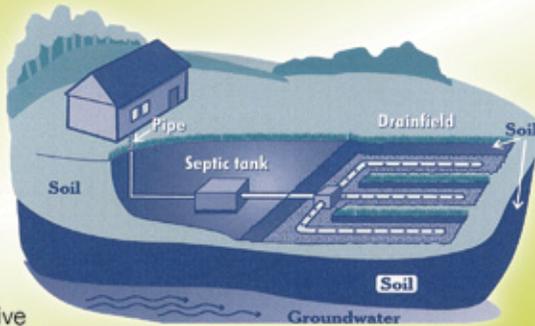
www.bedfordcommunitytheatre.org
Feel free to email us at bctonline@optonline.net

NEW SEPTIC INSPECTION LAW & NEW REIMBURSEMENT PROGRAM

To protect the quality of the drinking water for Bedford and New York City, the NYS Department of Environmental Conservation and Westchester County have developed a new Septic Inspection Ordinance.

This law requires that you have a Westchester County licensed service provider pump your tank and inspect your system at least once every five years. The contractor is required to file a "Septic System Data Form" with the County and should give you a copy. The Town will review the County's information and determine compliance with the new law.

If the County Department of Health has issued you a Notice of Non-Compliance that your system is failing, you should also go to the Town's website or call 666-4434 to find out about Bedford's septic system repair or replacement reimbursement program. You may be eligible for reimbursement up to 50% of the cost of your system's repair or replacement provided you meet certain conditions, including Department of Health approval for the work performed.



TOWN OF BEDFORD PLANNING DEPARTMENT: P: 666-4434 • E-MAIL: PLANNING@BEDFORDNY.GOV
ONLINE RESOURCES: WWW.EPA.GOV/OWM/SEPTIC • WWW.NESC.WVU.EDU • WWW.RCAP.ORG • WWW.NOWRA.ORG

What can RESIDENTS DO **TO REDUCE** phosphorus loads?

The majority of the Town of Bedford is within the New York City Watershed, which provides drinking water to New York City and approximately 85% of Westchester County. Reservoirs in this area have been found to have a higher amount of phosphorus than desired, resulting in increased algae growth. Excessive algae growth causes water quality problems such as low oxygen levels and increased levels of metals and organic chemicals. This impacts drinking water quality, reduces life-sustaining oxygen to fish and other aquatic life, and impacts reservoir aesthetics.

● **Do Not Use Detergents Containing Phosphate**

Septic systems can leach phosphorus into the environment. Using detergents containing no phosphate can substantially reduce phosphorus loads from your home. This applies to both clothes and dish detergents.

● **Be Smart About Fertilizer Use**

Phosphorus fertilizer washes off lawns and gardens and flows into streams and reservoirs. Best practices include:

- Perform annual soil test and seasonal pH test before applying any fertilizer product. Ninety percent of the lawns in Westchester have adequate levels of phosphorous so it is very likely that you won't need to apply extra phosphorous in order to get a healthy, green lawn.
- Apply only the amount of fertilizer deemed necessary as a result of soil tests.
- Apply only slow-release fertilizers.
- Use products containing low concentrations of nitrogen, and no phosphorus where possible.
- Don't apply any fertilizer between December 1st and April 1st to avoid runoff issues associated with snowmelt or rains on frozen ground.
- Don't apply fertilizer to any impervious surfaces, such as pavement and sidewalks. If applied accidentally, clean it up immediately to ensure it won't be washed into streets, storm drains and/or water bodies. Do not hose down fertilizer spills on impervious surfaces.
- Avoid application within 24 hours of an anticipated rain event .
- Avoid heavy watering or irrigation for 24 hours after fertilizer application.

● **Phosphorus concerns with grass clippings and leaves**

When rainwater carries leaves and grass clippings down streets and into lakes and ponds, they harm water quality.

When leaves and grass decay, they release phosphorus.

It is suggested that residents use lawn mowers that chop up grass clippings and leave them on the lawn. These mulching mowers reduce the need for fertilizers. Place leaves along the edge of your property only in designated hamlet leaf collection areas, and only between October 1 and November 15. **Please note that state regulators have placed more stringent requirements on the amount of time that leaves can be left curbside due to phosphorus concerns. As a results of this, the Town will strictly adhere to the October 1 - November 15 period mentioned above.** At any other time, all leaves must be bagged.

● **Construction Sites as a Source of Phosphorus**

Phosphorus attached to sediment leaving construction sites is a major source of stormwater phosphorus. Contractors must comply with the Town's Erosion and Sediment Control standards, which can be obtained by contacting the Building Department.

**CALL THE BEDFORD DEPARTMENT
OF PUBLIC WORKS AT 666-7669
WITH ANY QUESTIONS
REGARDING LEAF COLLECTION.**

BEDFORD HILLS COMMUNITY HOUSE.....

RENTAL SPACE INFORMATION

74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, please contact the Recreation Office at 666-7004. The facility application form can be found online at www.Bedfordny.gov under Town forms.

The following rooms are available to rent –

MAIN ROOM

The main floor room accommodates **100 - 125 people**. Tables & chairs are available for use. Use of the lounge room and kitchen are included in the rental fee.

NEW! – *The Town Board is pleased to announce air conditioning has been installed in the main room and will be in operation starting this spring.*

***2016 Rental rate is \$420.00 for a 6 hour block of time. (1 hour set up; 4 hour event; 1 hour clean up) This includes an on site building supervisor. A security deposit of \$250.00 is required.**

LOWER LEVEL LEGION ROOM

Located in the basement / lower level, the Legion Room accommodates **50 people for a meeting or 40-45 for parties**. Tables & chairs. Use of the kitchen is included in the rental fee.

***2016 Rental rate is \$55.00 per hour and can be booked in ½ or 1 hour blocks of time. A building supervisor is not provided. Security deposit of \$100.00 is required.**

LOUNGE MEETING ROOM

Located on the main floor, the Lounge Meeting Room accommodates up to **16 people**. Features a 35" TV and a DVD player and is air conditioned.

BOARD MEETING ROOM

Located on the main floor, the Board Meeting Room accommodates up to **16 people**. Features a wall mounted 52" flat screen TV with DVD player. Connects to sun room for dual room use if desired. Air conditioned.



SUN MEETING ROOM

Located on the main floor, the Sun Meeting Room accommodates up to **14 people**. The room is accessible through exterior side doors or through the Board Room. Air conditioned.

***2016 Rental Rates for any of the meeting rooms is \$35.00 per hour.**

BEDFORD VILLAGE MEMORIAL PARK

Greenwich Road (off Rt. 22/172), Bedford Village

Tennis & Paddle Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Two Picnic Shelters, Soccer Fields.

KATONAH MEMORIAL PARK

North Street (off Bedford Rd./Park Pl.), Katonah

Tennis & Paddle Tennis Court, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Picnic Shelter with Fireplace.

BEDFORD HILLS MEMORIAL PARK

Haines Road (off Rt. 117), Bedford Hills

Tennis Court, Lighted Baseball/Softball/Little League Field, Basketball Court, Swimming Pool, Playground, Picnicking, Picnic Shelter, Soccer Field, Ice Skating and Fishing, Baseball/ Softball Fields
We need your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese that are at the park.



BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts feature new glass backboards and sports lighting for evening use.

STARTING APRIL 1ST (WEATHER PERMITTING) THRU JUNE 10TH

the light poles will be energized at dusk and will turn off automatically at

**9:00 pm Sunday – Wednesday
10:00 pm on Thursday, Friday & Saturday nights.**

BEGINNING JUNE 11TH THRU SEPTEMBER 11TH

the light poles will be energized daily from dusk and will turn off automatically at 10:00 pm.

FROM SEPTEMBER 12TH THRU OCTOBER 31ST

the lights poles will be energized at dusk and will turn off automatically at

**9:00 pm Sunday – Wednesday
10:00 pm on Thursday, Friday & Saturday nights.**

Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

BASKETBALL ONLY PLEASE - The basketball courts are for basketball only. Riding tricycles, bicycles, skateboards and roller blading are NOT permitted on the courts.

RECYCLING IN THE PARKS

Working in concert with **BEDFORD2020** and with the support of the Town Board, the Recreation and Parks Department purchased new recycling container tops for all of our Park facilities.

NEW FOR 2016 – the Park recyclable items collected will include **cans, plastic & glass bottles** as well as **news and clean paper**. The recycling containers compliment the green trash containers which are conveniently placed through out our parks. Recycled items will be collected on a regular basis by the Parks staff and disposed of in a separate recycling dumpsters located at BVMP and at 425 Cherry Street. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

LIBRARIES

Each of Bedford’s hamlet communities, Bedford Hills, Katonah and Bedford Village, have public libraries offering a variety of interesting programs for both children and adults. For information call:

BEDFORD HILLS LIBRARY
666-6472 • www.bedfordhillsfreelibrary.org

KATONAH LIBRARY
232-3508 • www.katonahlibrary.org

BEDFORD VILLAGE LIBRARY
234-3570 • www.bedfordfreelibrary.org

PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park.





ON-LINE REGISTRATION INFORMATION

- If you are in our database, you have a household ID and are ready to register on-line! We will email you your household ID in early March (or you can call us for it) so you can get started.
- If you've already enrolled on-line there's no need to do anything.
- If you are not in our database or you do not get an email from us then you can go on-line by logging into our website at www.bedfordny.gov and go to the Recreation & Parks page and click on the online registration button to get started. You will enter your household information to begin setting up your account and request on-line enrollment. You will be notified within 2 business days.

**NOTE: ALL CREDIT/DEBIT
TRANSACTIONS WILL
BE CHARGED A 2.5%
TRANSACTION FEE**

PROGRAM REGISTRATION

Registration, both on-line registration and in person, will begin on the same date, at the same time and will occur simultaneously. Registrations by mail will be processed upon receipt but not before the first date of registration. Please note we do not confirm program registration nor can we be responsible for lost or misdirected mail. Mail in/office location is: Bedford Recreation, 425 Cherry St., Bedford Hills, NY 10507.

NON-RESIDENT REGISTRATION

Non-residents are eligible to enroll in most general recreation programs the Town offers at a 25% surcharge. Not all programs are open to non-residents.

PAYMENT OPTIONS / CREDIT CARD TRANSACTIONS

Payment can be made by cash, money order, check (payable to Town of Bedford) or credit card. Credit card payment can be done in person or on-line. Please be advised that all credit card or affiliated debit card charges will incur an additional 2.5% charge that is passed onto the user/card holder. This includes ALL ON-LINE & IN PERSON TRANSACTIONS using your credit/debit card. This fee is not reflected on your Town of Bedford receipt but will appear on your credit card or bank statement.

REFUNDS

The Town of Bedford refunds under the following conditions:

- A full refund will be given if the program is cancelled by the Recreation & Parks Department prior to the start of the program.
- If the program participant moves from the Town, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation must be presented.
- If a participant becomes ill or injured, a full or prorated refund will be made based on the number of sessions the participant attended. A doctor's note must accompany the request.

There is a \$10.00 processing fee for all refunds that are approved except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation & Parks.

*Teen-Get-Away Camp and Tiny Tots/Day Camps have separate refund policies.

RETURNED CHECKS

There is a \$35.00 fee for any returned checks.

SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts* is age 65. This is for all Recreation and Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

*Not all programs offer discounts.

*Discounts are for TOB resident seniors only

SCHOLARSHIPS

No Town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004

E-Z Pass New York Service Center

Easy Pass is now available in the Town Clerk's office, Monday - Friday, 8:30 am to 4:30 pm. It's as easy as 1-2-3! This is an innovative program to obtain an E-Z Pass tag which allows the busy traveler to open an E-Z Pass account without waiting for it to come in the mail or wait on a line. Just come to the Clerk's office with \$25.00 and you will be able to use it when you leave. Stop by or call 666-4534 for more information.

INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

PROGRAM CANCELLATIONS

Notification on program cancellations are made via email alerts. If you haven't provided us with an email please do so upon registering or call us at 666-7004 to make sure we have it on file. Notification will also be made on our hotline number 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session if time allows.

HOW TO WATCH A GOOD PROGRAM DIE

Please register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.

FIELD AND FACILITY PERMITS

Permits are required for group use of our fields/facilities. You must be a Town of Bedford resident to reserve a field/facility. For a facility use application with fee schedule please call our office at 666-7004 or download an application from the "Forms and Applications" section on the Town website, www.bedfordny.gov Applications must be submitted at least two weeks prior to the scheduled activity.

COMMUNITY SERVICE OPPORTUNITIES

Looking to get involved or need required community service hours? Contact Jim Whiting at 666-7004 to see what opportunities may await you.

NORTHEAST WESTCHESTER SPECIAL RECREATION

Executive Director: Janet Riley
NorthEast Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The NorthEast program offers a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

MEALS ON WHEELS VOLUNTEERS NEEDED

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering to this very important program please call Jim Whiting at 666-7004 for more information.

TOWN WIDE ALERT SYSTEM

Stay connected with what is going on in your community through e-mail alerts. You can remove your name from the list at any time by following the same procedure for enrollment. Go to our web site:

www.bedfordny.gov/html/email_alerts.html to add your email. For trusted, neighborhood-level public safety and up to date community information at no cost by text, email and the web sign up today at www.nixle.com and click.

Get Connected
with your
Community



Visit our website: www.BedfordPoliceNY.org

Receive up-to-date information affecting your neighborhood by e-mail & text message!



Follow Bedford Police on Twitter
[@BedfordTownPD](https://twitter.com/BedfordTownPD)



Sign up now
www.nixle.com



Like Us on Facebook
www.facebook.com/bedfordny.police



Submit an anonymous tip to the Bedford Police Department by texting BPD TIP and your tip to 847411

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM REGISTRATION FORM

COMPLETE ENTIRE FORM - PLEASE PRINT

Household Name _____ Date _____

Full Address _____ Zip Code _____

Home Phone _____ Cell Phone _____ E-Mail _____

EMERGENCY Name _____ **Telephone** _____

Participant Name (Last, First)	Sex	Grade	DOB	Program Day	Activity #	Activity Name	Fee

Form of Payment Cash Check Credit Card **Total Fee \$** _____

General Release The undersigned hereby releases the Town Of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during events unless I notify them in writing.

Participant's Signature (Parent/Guardian, if under age 18) _____

Mail or bring form with fee to: Town of Bedford Recreation and Parks Dept.,
425 Cherry St., Bedford Hills, NY 10507
914-666-7004

Single-Stream Recycling



Metal



All Plastic

No need to look at numbers!



Paper and Cardboard



Mixed Material

wrappers and containers,
like juice cartons with
plastic tops



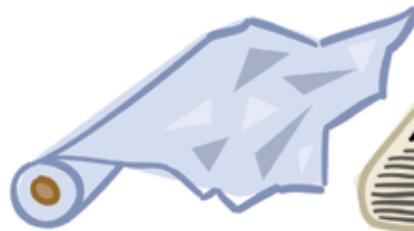
Glass



Take-Out Containers
plastic, cardboard and
aluminum



Paper Bags



Aluminum Foil



Newspaper

It's easy!

All recycling in one
big container, and all
non-recyclable waste
in a separate
container.



How to Recycle

- Place *all* recycling together in one bin or clear plastic bag.
- All containers should be empty of food or liquid.
- Rinse food containers, but no need to wash!
- Items like pizza boxes are recyclable but must be free of food.
- Don't include Styrofoam.
- Shredded paper must be put in closed bag (of any kind).

mark your calendars.....

for these upcoming special events!

March 14

**pool, camp, tennis & spring
program registration**

March 22

spring egg hunt

March 23

flashlight egg hunt

March 31

**Metropolitan
Museum of Art**

Park It in **BEDFORD!**

June 18, Saturday at 7:00pm

BEDFORD VILLAGE MEMORIAL PARK

The Mulligans

June 24, Friday at 7:00pm

BEDFORD HILLS MEMORIAL PARK

Mario the Magician

July 8, Friday at 7:00pm

KATONAH MEMORIAL PARK

The Trashcan Poets Band

July 10, Sunday at 5:00pm

BEDFORD VILLAGE MEMORIAL PARK

Sizziling Sunday

July 15, Friday at 8:30pm

BEDFORD VILLAGE MEMORIAL PARK

Movie in the Park

July 22, Friday at 7:00pm

BEDFORD HILLS MEMORIAL PARK

Blonde Ambition

July 24, Sunday at 5:00pm

KATONAH MEMORIAL PARK

Sizziling Sunday

August 5, Friday at 6:30pm

KATONAH MEMORIAL PARK

Island Soul

August 7, Sunday at 5:00pm

BEDFORD HILLS MEMORIAL PARK

Sizziling Sunday

here is a sneak peak at some of our **fall 2016 programs**

KIDDIE KORNER JAMBOREE

Ages 3 - 4 Weekday mornings beginning September. Call (914) 666-7004 after June 19th to reserve your spot!

GIRLS FIELD HOCKEY

Grades 2-8 A skills based program that will introduce athletes to the game of field hockey and provide additional skill development and field time for those who already play the game. The program starts September 12th and runs through November 12th.

FLAG FOOTBALL

Grades 3 - 6 This fun-filled, action oriented program is a perennial favorite introducing young athletes to the game of football in a safe non-contact format. Scrimmage games will be played each week.