



Dysautonomia Foundation, Inc.

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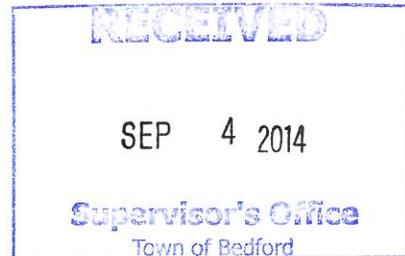
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September 2, 2014

Mrs. Lee V. A. Roberts, Supervisor
Town of Bedford, Town House
321 Bedford Road
Bedford Hills, NY 10507



Dear Mrs. Roberts:

Thank you for supporting our 10th Annual Tour de Foliage, Familial Dysautonomia (FD) Cycle Tour last year. **Our 11th Annual Tour de Foliage will be held on Sunday, September 28, 2014.** The cycle tour will feature two routes, a 15 and 40-mile course. We anticipate approximately 100 riders for the two courses. The tour will start and finish at Pace University in Pleasantville. The 15-mile route will tour through Ossining and Yorktown Heights. The 40-mile route will tour through Ossining, Yorktown Heights, Millwood, Golden's Bridge, Katonah, Lewisboro and Somers. (See enclosed cue sheets.)

We have changed the rest stops this year. There will be only two: one at Brookside Elementary School in Ossining, the other at the cross section of Route 100 and 118 in Yorktown Heights. Both rest stops will be equipped with toilet facilities and the portable ones will be removed after the ride. Attached are the two designated course routes. We have taken every means to provide a safe bicycle tour by enlisting many volunteers to help monitor the roads including Dutchess/Putnam REACT. The rest stops will be stocked with plenty of food and beverages and SAG wagons will be available to escort broken down riders. In addition, there will be a crew to remove the garbage from all the rest stops along the two courses.

FD is a devastating Jewish genetic disease, which affects the autonomic and sensory nervous system. Babies born with FD can't feel pain, which makes undiagnosed broken bones quite common; they don't cry tears, which causes serious eye problems; their blood pressure, digestive system and heart don't function like yours or mine, which can lead to many other life-threatening consequences. The funds raised from this ride will be provided to the Dysautonomia Foundation, Inc. and will be used for research and clinical care purposes for the FD disease. The Dysautonomia Foundation Inc. is a not-for-profit organization, which supports medical research and clinical care of FD patients.

Please contact me at 212.279.1066 for more details. Please feel free to share any information about the Tour de Foliage with your staff or the public. Thank you in advance for your cooperation for this very important cause.

Sincerely yours,


Lina Aguilon
Assistant Executive Director

2014 Tour de Foliage, FD Cycle Tour 15-mile Route

Go X Miles	Then Turn	At or Onto	Mileage at Turn
0.0	R	Ryder Rd/Pines Bridge Rd	0.0
3.9	R	Rte 134	3.9
0.5	L	Route 100 North, T at turn	4.4
1.6	ON LEFT SIDE	Rest Stop 100/118 Cross Section	6.0
		TURN AROUND- Route 100 South	6.0
1.7	R	Rte 134	7.7
1.3	L	Chadeayne Rd	9.0
0.6	R	Pines Bridge Rd/Ryder Rd. T at turn	9.6
3.2	L	Brookside Lane	12.8
0.1	R	Brookside Elementary School Finish	12.9
	<i>Legend: R = Right, L = Left, S = Straight, Br R = Bear Right, Br L = Bear Left</i>		
	Safety Tips		
	Obey all traffic laws		
	Always wear your helmet, wristband and number		
	Signal all road hazards and turns		
	Keep single file on busy roads		
	Make left-hand turns to allow motorist to flow around you:		
	<i>From middle of road on 2-lane road</i>		
	<i>From the right side of left turning lanes</i>		
	Watch ORANGE arrows for turns to stay on course		
	FOR A MEDICAL EMERGENCY, CALL 911		
	If you have a problem on the ride,		
	or lost and off route, call Melissa @ 914.261.5905		

